

For the week of
July 26 - August 1, 2026

Jeffrey Dean Morgan and Lauren Cohan
in "The Walking Dead: Dead City"



Neggie is back!

- Story on page 3 -

Broadcast Channel Numbers		Charter Communications	Time Warner Cable Malone, Chateaugay	Time Warner Cable Rouses Point, Chazy Champlain	Keene Valley Video Keene Valley	Time Warner Cable Saranac Lake	Time Warner Cable Ticonderoga, Hague/Crown Point, Port Henry	Time Warner Cable Scones Lake	Cable Communication Willsboro	Dish Network	DIRECT TV
3	WCAX Burlington	8	3	3	3	3	3	3	2	3	3
5	WPTZ NBC Plattsburgh	2	5	5	5	5	5	5	9	5	4
6	CBMT CBC Montreal	6	23	23	-	6	-	1238	20	-	-
10	CFTM TVA Montreal	-	-	-	-	-	-	-	10	-	-
12	CFCF CTV Montreal	13	-	11	-	15	-	-	21	-	-
22	WVNY ABC Burlington	4	4	4	4	4	4	4	4	22	22
27	WWBI ION Plattsburgh	16	125	-	-	-	-	-	11	-	-
33	WETK PBS Burlington	3	-	12	2	-	7	7	13	33	33
33.3	WETK CREATE Burlington	183	-	-	95	-	-	-	-	-	-
33.4	WETK KIDS Burlington	-	-	-	38	-	1276	1276	-	-	-
44	WFFF FOX Plattsburgh	9	2	2	13	7	8	8	12	44	44
57	WCCE PBS Plattsburgh	7	8	8	-	14	11	11	7	57	57
A&E	Arts & Entertainment	60	38/102	38/102	22	11/102	38/102	38/102	18	118	265
AMC	American Movie Classics	57	28/105	28/105	7	44/105	29/105	29/105	34	131	254
ANPL	Animal Planet	51	40/132	132	-	132	132	132	44	184	282
BRAVO	Bravo	87	59/167	59/167	-	42/167	59/167	59/167	54	129	237
CMT	Country Music Television	64	25/293	73/293	32	60/293	84/293	84/293	16	166	327
CNBC	CNBC	40	43/205	43/205	-	34/205	48/205	48/205	52	208	355
CNN	CNN	39	17/201	17/201	9	12/201	46/201	46/201	19	200	202
COM	Comedy Central	61	66/113	66/113	-	65/113	36/113	36/113	56	107	249
DISC	Discovery Channel	50	32/106	32/106	19	46/106	37/106	37/106	24	182	278
DISN	Disney Channel	54	20/251	20/251	11	40/251	34/251	34/251	46	172	290
DIY	Do It Yourself Network	105	161	161	-	161	161	161	-	111	230
EI	Entertainment!	47	60/168	60/168	-	33/168	60/168	60/168	217	114	236
ESPN	Sports Network	25	21/300	21/300	8	13/300	24/300	24/300	29	140	206
ESPN2	Sports Network 2	26	51/301	51/301	27	25/301	25/301	25/301	28	143	209
FNC	Fox News Channel	42	56/202	56/202	24	38/202	70/202	70/202	48	205	360
FOOD	Food Network	45	53/162	53/162	-	62/162	42/162	42/162	50	110	231
FREE	Freeform Channel	49	14/122	14/122	18	52/122	122	122	47	180	311
FS1	Fox Sports 1	29	400	400	29	400	73/400	73/400	289	150	219
FX	FX Networks	70	49/108	49/108	-	51/108	31/108	31/108	53	125	248
HALL	Hallmark Channel	72	26/123	26/123	45	37/123	77/123	77/123	49	185	312
HGTV	Home & Garden Television	44	48/160	48/160	28	61/160	41/160	41/160	40	112	229
HIST	History Channel	59	55/107	55/107	23	54/107	39/107	39/107	36	120	269
IFC	International Film Channel	142	627	627	42	627	627	627	241	133	333
INSP	Inspiration Network	95	461	461	-	461	81/461	81/461	-	259	364
LIFE	Lifetime Network	46	41/170	41/170	21	41/170	30/170	30/170	42	108	252
MSG	Madison Square Gardens	28	27/318	27/318	-	27/318	54/318	54/318	-	-	634
MSGPL	Madison Square Gardens Plus	27	42/319	42/319	-	30/319	26/319	26/319	-	-	635
MTV	Music Television	66	16/118	16/118	34	26/118	57/118	57/118	43	160	331
NBCSN	NBC Sports Network	30	69/314	69/314	-	314	44/314	4/314	288	159	220
NEWSN	NewsNation	84	13/126	13/126	-	126	87/126	87/126	5	239	307
NICK	Nickelodeon Network	52	34/258	34/258	12	47/258	33/258	33/258	33	170	299
OXY	Oxygen Channel	73	90/171	90/171	-	90/171	94/171	94/171	-	127	251
PARMT	Paramount Network	63	33/116	33/116	20	48/116	55/116	5/116	23	241	241
SYFY	Sci-Fi Network	62	67/111	67/111	-	49/111	53/111	53/111	51	122	244
TBS	WTBS Atlanta	32	7/104	7/104	10	23/104	10/104	10/104	30	139	247
TCM	Turner Classic Movies	58	57/631	57/631	-	45/631	58/631	58/631	39	132	256
TLC	TLC Network	43	50/166	50/166	14	55/166	40/166	40/166	45	183	280
TNT	Turner Network Television	33	37/103	37/103	16	32/103	27/103	27/103	31	138	245
TOON	Cartoon Network	55	52/264	52/264	-	36/264	32/264	32/264	55	176	296
TRAV	Travel Channel	41	61/165	61/165	-	64/165	85/165	85/165	-	196	277
TRUTV	TRU Television Network	69	47/112	47/112	-	71/112	71/112	71/112	-	242	246
TVLAND	TVLand	56	45/121	45/121	30	50/121	63/121	63/121	37	106	304
USA	USA Network	34	15/101	15/101	15	24/101	28/101	28/101	25	105	242
VH1	VH1	65	39/117	39/117	33	35/117	56/117	56/117	15	162	335
WPIX	WPIX 11 New York	11	-	-	-	-	-	-	26	-	-
YES	YES Network	24	54/321	54/321	-	28/321	52/321	52/321	-	-	631
HBO	Home Box Office	501	511	6/511	-	511	511	511	17/330	300	501
MAX	Cinemax	531	531	531	-	531	531	531	14/300	310	515
SHOW	Showtime	561	551	551	-	551	551	551	350	318	545
STZ ENC	Starz Encore	631	602	602	-	602	602	602	310	340	535
TMC	The Movie Channel	591	571	571	-	571	571	571	380	327	553

Charter Communications includes Plattsburgh, Jay, Black Brook, Wilmington, Elizabethtown and Westport

Late Laughs

The Tonight Show Starring Jimmy Fallon

Apparently, bars in Boston are running out of beer because of all the Scottish soccer fans in town for the World Cup. It's a bit of a wake-up call when people from Boston are like, "You drink too much."

The FAA wants to use AI to reduce flight delays and manage air traffic. Meanwhile, Southwest said they're going to keep guiding their planes by having the pilots shout "Marco" and then shouting back "Polo."

World Cup fans are taking bottles of ranch dressing home as souvenirs, and the TSA had to issue a reminder you can't pack them in your carry-ons. It's tough seeing someone at security having to quickly chug a bottle of Hidden Valley.

I saw that there's a record heat wave hitting Europe. So, you know that ranch dressing is keeping real well.

Jimmy Kimmel Live!

We have no time for nonsense, folks. We got a lot to get to, not the least of which was the best five-game NBA Finals series ever, probably. New York came back again to win their first title in 53 years. They did it in San Antonio. That didn't stop the fans of New York from making merry. They had a huge celebration. One shooting, four stabbings, 63 arrests, relatively low-key. You know, it's funny. People were worried Mayor Mamdani was going to destroy New York. No one would have guessed it would be fans of the [New York] Knicks.

Then we have what should be the easiest of all of Blob Vila's construction projects, this reflecting pool. You know, Trump spent reportedly \$14 million updating the reflecting pool of the National Mall. He set out to resurface and repaint it because he didn't like the way it looked. He wanted to paint it American flag blue. That was the color. So, the project was completed last week and now, not even a week later, it's already completely green. It's Mexican flag green. ... You know, he promised he would drain the swamp. Instead, he spent 14 million of our dollars building a new one. I mean, his next step is to move St. Patrick's Day to July and claim it's green on purpose.

Late Night With Seth Meyers

A painting that a woman purchased at a thrift store for \$100 sold this month at auction for over a quarter-million dollars. It turns out the frame was just stuffed with cocaine.

The vacation rental platform Airbnb announced last week that it is giving away more than 1,300 tickets to the FIFA World Cup to hosts and guests. But if you don't strip your bed at the end of your stay, they send you to the [New York] Mets game instead.

A zoo in Wisconsin has warned the public about an escaped skunk. Probably a good idea to steer clear of all the other ones, too.

The founder of the LGBTQ dating app Grindr recently listed his Hollywood Hills home for nearly \$15 million. But the photo in the listing is what the house looked like 10 years ago.

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'Dead City' finds new life: Spinoff welcomes new showrunner for Season 3

By Dana Simpson
TV Media

From the Marvel Cinematic Universe's roughly 37 completed films and 17 television series (as of writing) to popular crime drama procedurals belonging to the Law & Order, CSI and One Chicago worlds, on-screen franchises are getting difficult to stay on top of. Although each series typically averages one or fewer seasons each year, sequels, prequels and spinoffs make for lots of content to keep viewers not just interested but immersed.

Amid all the available options across cable and streaming, AMC is home to a franchise that has been particularly hard to keep up with — which is especially surprising given that it is walking.

"The Walking Dead: Dead City," the fifth series in the Walking Dead franchise created by Frank Darabont ("The Mist," 2007) from source material by graphic novelist Robert Kirkman ("Invincible") and artists Tony Moore and Charlie Adlard, premieres its third season Sunday, July 26, on AMC and AMC+.

As a graphic novel series, The Walking Dead franchise lived its first life from October 2003 to July 2019. Its second life, meanwhile, began a decade before its source material concluded when AMC acquired television adaptation rights directly from Kirkman in 2009. By 2010, "The Walking Dead" show was off and running (so to speak); its premiere raking in a then AMC-record-breaking 5.3 million viewers for the pilot.

"It's a good day to be dead," AMC president Charlie Collier said at the time of the premiere. "We are so proud of this series, its depth of storytelling and the remarkable talent attached."

Even with the overwhelming feedback, it would have been hard to tell just how far AMC's dead would go on to walk over the next couple decades.

"The Walking Dead: Dead City" follows "Fear the Walking Dead," "The Walking Dead: World Beyond" and the 2022 anthology series "Tales of the Walking Dead." Launched by series creator Eli Jorne ("Wilfred") mid-June 2023, "Dead City" is the first sequel, chronologically, to the original AMC "Walking Dead" series.

Beginning five or six years after the events of "The Walking Dead," "Dead

Saturday, July 25, 2026



Jeffrey Dean Morgan and Jimmi Simpson in "The Walking Dead: Dead City"

City" follows Maggie (Lauren Cohan, "The Boy," 2016) and Negan (Jeffrey Dean Morgan, "Supernatural") as they venture onto New York's Manhattan island to rescue Maggie's son (Logan Kim, "Ghostbusters: Afterlife," 2021), who was kidnapped and presumed taken into the heart of the once-thriving city. Still surrounded by the undead, however, the pair must repeatedly put aside their differences to conquer the Walkers and survive in a dangerous changing world.

In Season 3, AMC reports that Maggie and Negan "finally put aside their differences to build the first thriving community in Manhattan since the apocalypse, but when chaos in the city begins to arise, they are forced to question: have they learned from their old wounds or will their dark past spell doom for the entire city?"

"I think we played as much hate as we could over the last 10 years," Morgan told Deadline following "Dead City" Season 3's Monte Carlo premiere. "[W]e've now known each other lon-

ger than probably anyone else alive in this world, and for these characters to realize that to survive they need each other was a big revelation, and then [we get] to do that with a bit of a sense of humor at times as well."

It is possible that the moderate tonal shift is due to Seth Hoffman ("Prison Break") taking on the showrunner duties previously ascribed to series creator Jorne, but Hoffman is the first to recognize that the show — and Season 3, in particular — is bigger than any one person or single idea.

"This is a season that is about immigration," Hoffman told Deadline when asked about the series' relevance to the world today. "This is a world where people are afraid of other people, and in this season, we absolutely are asking the question: 'Do you need to be afraid of other people?' As the season progresses, people will have different opinions on that, as people in the world have different opinions. I think it's important to give voice to different people feeling different things."

He continued: "[T]his is a show that, even though it's not set in present day, wants you after watching it to consider the present-day world."

AMC has remained fairly tight-lipped about which actors/characters would be returning alongside Cohan and Morgan this season, but Hoffman told Radio Times that a major part to his approach was considering that "one thing that fans would want to see in this spinoff is characters that maybe we haven't seen for a long time."

Although he stated he is "not at liberty to confirm or deny" who from the past is returning, he did acknowledge that "there are probably some super fans who have some ideas" about it.

A few faces fans can expect to see, however, are those of Jimmi Simpson ("Westworld"), Aimee Garcia ("Lucifer"), Raúl Castillo ("Smile 2," 2024) and Michael Emery ("Sebastian," 2025).

Season 3 of "The Walking Dead: Dead City" premieres Sunday, July 26, on AMC and AMC+.

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Get in the ring: Disgraced boxer comes for what is his in 'Fightland'

By Sarah Passingham
TV Media

There are few things more human than hand-to-hand combat. We have been settling grievances and making entertainment from fight sport for as long as our species has walked upright. Boxing in one form or another has evolved throughout human history in every corner of the world, sometimes in especially dangerous ways. In a brand-new drama, one enterprising man running a crime syndicate in London, England, ruins the life of a boxing champion, the star of his promotional firm, just as he reaches the peak of his career in the ring.

In "Fightland," premiering Friday, July 31, on Starz, Maduka "Duke" Kilroy (Howard Charles, "The Red Line") is released from prison and sets off on a risky path of vengeance that leads to his former promoter, Kingsley Marshall (Nicholas Pinnock, "For Life"). After eight years behind bars, Duke gambles his newfound freedom in order to avenge the death of his brother. Working with a power-hungry cartel in order to get close to Kingsley's operation, Duke hunts down the man who pulled the rug out from under him almost a decade ago.

There is one problem, though, aside from Duke jumping headfirst into criminal activity straight after his release. No one has seen Kingsley in months. He is in the wind and has left the operation of his empire to his family. Like any good drama, the lives of the characters in "Fightland" weave a complicated web. Joy Marshall (Deborah Ayorinde, "Them"), Kingsley's wife, is the love of Duke's life. Now that she, along with Kingsley's grown children Cebella "Cece" Marshall (Anita-Joy Uwajeh, "Vampire Academy") and Ezekiel "Zeek" Marshall (Charles Babalola, "The Outlaws"), are running Kingsley's boxing, gambling and drug enterprises, every facet of Duke's emotional core is tied up in his revenge plot.

Also starring in "Fightland" are Tahira Sharif ("The Tower") as Kim Harper, a ring girl for Marshall Productions who befriends Duke; Tyler Conti ("Hollyoaks") as Justin "Jay" Hall, Duke's childhood friend; and Richard Pepple ("Beasts of No Nation," 2015) as Gary "Gazzer" Kilroy, Duke's father, a former fighter who now runs a gym.



Deborah Ayorinde and Nicholas Pinnock in "Fightland"

The upcoming eight-episode series is the latest show to come out of the collaboration between Starz and Curtis "50 Cent" Jackson's ("Get Rich or Die Tryin'," 2005) G-Unit Films and Television Inc. Set and filmed in England, this series is a co-production with British broadcaster Sky Atlantic. Jackson also serves as executive producer for the series. "Fightland" was created by Daniel Fajemisin-Duncan ("Save Me"), Marlon Smith ("New Blood"), Damione Macedon ("Power") and Raphael Jackson Jr. ("Survivor's Remorse").

The long road to the top of the boxing world suddenly ended for Duke the night he was crowned world heavyweight champion. When he witnesses his brother's fatal assault that same night, Duke loses his way. As a result, the British-born boxer spends eight years in a Nevada prison. Duke's time inside passes slowly while the lives of everyone he knows continue thousands of miles away. Before his release, he learns a devas-

tating truth that sets him off on a warpath as soon as he sets foot on the other side of the prison gates.

In order to get to Kingsley, Duke starts up with a rival cartel that is clawing its way to the top of London's illegal drug market. That role will inevitably put Duke face-to-face with Cece and Zeek, who are already at the top of the food chain that's the city's drug trade. If he must knock down the rest of Kingsley's family, Duke is prepared to do it if it means he can finally face the kingpin who derailed his life.

Trying to fill their father's shoes, Cece and Zeek think they know who they must trust. In the official trailer for the series, Cece very earnestly tells her brother, "with Dad gone, we're all we've got." United they may be, they are not expecting what is coming when Duke returns to London. The trailer highlights a montage of Duke setting up a job that seems to result in a massive loss for the Marshalls — a £3.5 million loss, to be exact.

Jackson spoke to Deadline last June about his connection to London, saying, "You know, everybody loves London. If you're from New York, or you're a recording artist from America in general, the first stop and your first dose of

international love is London."

The "Power Book II: Ghost" star also explained the reasoning behind his expanding television ventures, saying, "my audience, my core audience — the people that were enjoying my music in the very beginning — is at home," he said. "They're older. They'll understand the entertainment choices that I make creatively. I've used music to merge with entertainment."

Don't miss the premiere of "Fightland," Friday, July 31, on Starz.

DO YOU HAVE AN IDEA FOR FEATURES?

If you have a story idea or information you would like to see reported in the feature pages of the Press-Republican, email news@pressrepublican.com

The feature schedule is as follows:

- Monday: Home and Garden
- Tuesday: Health and Fitness
- Wednesday: After 50
- Thursday: Out & About
- Friday: Faith and Spirituality
- Saturday: Family



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SUNDAY

8:00 AM

ESPN SportsCenter *Live*
ESPN2 30 for 30 The New York Sack Exchange
FS1 LIV Golf League United Kingdom, Round 4
LIV Golf League *Live*

8:30 AM

YES Talkin' Yanks

9:00 AM

ESPN SportsCenter *Live*
ESPN2 ESPN Films
MSG USL League One Soccer Westchester SC at AV Alta FC
YES MLB Baseball New York Yankees at Philadelphia Phillies

10:00 AM

ESPN 2026 NFL Flag Championships Boys 14U Semifinals
ESPN2 SportsCenter *Live*
MSGPL INTENNSE Pro Tennis Smash vs. Sting

11:00 AM

ESPN 2026 NFL Flag Championships Boys 14U Semifinals
ESPN2 SportsCenter
MSG Major League Pickleball MLP Chicago *Live*

11:30 AM

(44) Around the Track

12:00 PM

(3) PBR Teams 2026 Series Preview Show
 (5) 2026 Senior Open Championship Final Round *Live*
ESPN 2026 NFL Flag Championships High School Girls Division Semifinals *Live*
MSGPL INTENNSE Pro Tennis Rips vs. Inferno

12:30 PM

YES MLB Baseball New York Yankees at Philadelphia Phillies

1:00 PM

(3) BIG3 Basketball Week 6: Houston BIG3 Basketball *Live*
 (6) FIVB Volleyball Women's Nations League Teams TBA

ESPN 2026 NFL Flag Championships High School Girls Division Semifinals *Live*

FS1 Horse Racing Saratoga *Live* *Live*
TNT TRUTV NASCAR Nation Pre-Race *Live*

2:00 PM

(5) 2026 Tour de France Stage 21
 (22) X Games New Orleans 2026 *Live*
 (44) The Basketball Tournament Alumni Bracket Tournament, Semifinal: Teams TBA *Live*

ESPN Athletes Unlimited Softball League Championship Series, Game 2: Teams TBA
 Athletes Unlimited Softball League *Live*

ESPN2 E60 28 Outs: An Imperfect Story
MSGPL Best of Islanders 2025: San Jose Sharks at New York Islanders

TNT TRUTV NASCAR Cup Series Brickyard 400 *Live*

2:30 PM

FS1 NHRA Drag Racing Northwest Nationals, Qualifying 2

3:00 PM

(3) PGA Tour Golf 3M Open, Final Round *Live*
 (6) 2026 Commonwealth Games Day 3
A&E WWE's Greatest Moments Royal Rumble in the 2000s
ESPN2 Darts PDC World Matchplay: Final *Live*

3:30 PM

A&E WWE's Greatest Moments Smackdown: The First Decade

4:00 PM

(5) Track and Field USATF Outdoor Championships, Day 2 *Live*
 (22) **DISN** 2026 NFL Flag Championships Boys Championships *Live*
 (44) NHRA Drag Racing Northwest Nationals *Live*

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A&E WWE's Greatest Moments Andre the Giant
ESPN Banana Ball World Tour Firefighters vs. Savannah Bananas Banana Ball World Tour *Live*

MSGPL FanDuel Racing *Live*FS1 Horse Racing Saratoga *Live* *Live*

YES Yankees Classics David Cone's Perfect Game

4:30 PM

A&E WWE's Greatest Moments Championship Matches of the 90s

5:00 PM

(22) **DISN** 2026 NFL Flag Championships Girls Championships *Live*

A&E WWE's Greatest Moments Elimination Chamber

ESPN2 Life in the W

5:30 PM

A&E WWE's Greatest Moments Raw in the '90s

ESPN2 Life in the W

TNT TRUTV NASCAR Nation Post Race *Live*

8:00 PM

A&E WWE's Greatest Moments nWo
ESPN2 Women's Sports Sundays *Live* *Live*
MSG Tennis INTENNSE: Rips vs. Inferno
YES The Story of My Number Joe Girardi

8:30 PM

A&E WWE's Greatest Moments Saturday Night's Main Event
YES The Story of My Number Ottis Anderson

9:00 PM

A&E WWE's Greatest Moments WrestleMania in the 80s
ESPN NWSL Soccer Racing Louisville FC at Angel City FC *Live*

ESPN2 WSL: Inside Pro Surfing Rio Pro
FS1 The Basketball Tournament Alumni Bracket Tournament, Semifinal: Teams TBA
YES The Story of My Number Gerrit Cole

9:30 PM

A&E WWE's Greatest Moments Survivor Series in the 2000s
YES The Story of My Number Jorge Posada

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10:00 PM

ESPN2 2026 World Series of Poker
MSG USL League One Soccer Westchester SC at AV Alta FC
MSGPL Poker PokerGo: High Stakes Poker Season 13
YES New York Yankees Postgame *Live*
A&E WWE LFG The Kam Hendrix Experience

10:30 PM

YES Homegrown: The Path to Pinstripes

MONDAY

8:00 AM

ESPN Get Up *Live*
ESPN2 SportsCenter *Live*
MSG VSIN by the Books *Live*
FS1 Wake Up Barstool *Live*
YES New York Yankees Postgame

8:30 AM

YES New York Yankees Postgame

9:00 AM

ESPN2 SportsCenter
MSG Best of Rangers 2025: Nashville Predators at New York Rangers
YES New York Yankees Postgame

9:30 AM

MSGPL Giants Access Blue
YES New York Yankees Postgame

10:00 AM

ESPN First Take *Live*
ESPN2 Get Up *Live*
MSGPL Best of Devils 2025: Florida Panthers at New Jersey Devils
FS1 Wake Up Barstool
YES New York Yankees Postgame

10:30 AM

YES New York Yankees Postgame

11:00 AM

MSG Club 30 Mike Richter

YES New York Yankees Postgame

11:30 AM

YES New York Yankees Postgame

12:00 PM

ESPN The Pat McAfee Show *Live*
ESPN2 First Take *Live*

FS1 First Things First *Live*
VH1 Basketball Wives
YES Brooklyn Nets Magazine

3:30 PM

ESPN2 College Football *Live*
YES Bronx Beat Best of Season 1

4:00 PM

ESPN NFL *Live* *Live*
ESPN2 NBA Today
MSGPL Poker PokerGo: High Stakes Poker Season 13
VH1 Basketball Wives
YES Pinstripe Plates

4:30 PM

YES Home Plate New York Omar and Justin Minaya

5:00 PM

ESPN SportsCenter *Live*
ESPN2 NFL *Live*
MSGPL Poker PokerGo: High Stakes Poker Season 13
FS1 First Things First: OT *Live*
YES Home Plate New York Manny Pacquiao

5:30 PM

ESPN Pardon the Interruption *Live*
YES Yankees Rewind *Live*

6:00 PM

ESPN SportsCenter *Live*
ESPN2 Pardon the Interruption
MSGPL Fight Sports: Boxing Jamie Munguia vs. Sadam Ali
FS1 LIV Golf Highlights United Kingdom
YES Yankees Lineup *Live*

6:30 PM

ESPN2 Baseball Tonight with Buster Olney
YES Yankees Batting Practice Today *Live*

7:00 PM

ESPN MLB Baseball Teams TBA *Live*
ESPN2 Athletes Unlimited Softball League Championship Series, Game 3: Teams TBA Athletes Unlimited Softball League *Live*

FS1 The Basketball Tournament *Live*
TRUTV Super Bowl XX Champions: The 1985 Chicago Bears

YES New York Yankees Pregame *Live*

7:30 PM

YES MLB Baseball New York Yankees at Chicago White Sox *Live*

8:00 PM

(5) American Ninja Warrior Central Regional Qualifying 2
MSGPL Fight Sports MMA
WPIX All American No More Hiding

8:15 PM

TRUTV Super Bowl XXI Champions: The 1986 New York Giants

9:00 PM

(12) American Ninja Warrior Central Regional Qualifying 2
ESPN2 The 2026 ESPYS
MSGPL Fight Sports: World Championship Kickboxing
FS1 The Basketball Tournament Alumni Bracket Tournament, Semifinal: Teams TBA *Live*

9:30 PM

TRUTV Super Bowl XXII Champions: The 1987 Washington Redskins

10:00 PM

ESPN SportsCenter *Live*
MSG Fight Sports: Boxing Jamie Munguia vs. Sadam Ali
MSGPL Best of Devils 2025: Edmonton Oilers at New Jersey Devils

10:30 PM

TRUTV Dunkman Group Stage A
YES New York Yankees Postgame *Live*

TUESDAY

8:00 AM

ESPN Get Up *Live*
ESPN2 SportsCenter *Live*
MSG VSIN by the Books *Live*
FS1 Wake Up Barstool *Live*

9:00 AM

ESPN2 SportsCenter
MSG Best of the Knicks 2025-2026: Boston Celtics at New York Knicks

9:30 AM

MSGPL Golf Life

10:00 AM

ESPN First Take *Live*
ESPN2 Get Up *Live*
MSGPL Best of Islanders 2025: Detroit Red Wings at New York Islanders
FS1 Wake Up Barstool

10:30 AM

YES MLB Baseball New York Yankees at Chicago White Sox

11:00 AM

MSG Knicks Shorts

11:30 AM

MSG Knicks Shorts

12:00 PM

ESPN The Pat McAfee Show *Live*
ESPN2 First Take *Live*
MSG SEC State of Mind
MSGPL Fight Sports: Boxing Jamie Munguia vs. Saddam Ali
FS1 The Herd With Colin Cowherd *Live*

12:30 PM

MSG Simms Complete

1:00 PM

MSG Best of the Knicks 2026: Toronto Raptors at New York Knicks

2:00 PM

© 2026 Commonwealth Games Day 5
ESPN SportsCenter *Live*
ESPN2 Fantasy Focus
MSGPL Best of Islanders 2025: New York Islanders at Washington Capitals
VH1 Basketball Wives
YES Yankees Classics Aaron Judge

3:00 PM

ESPN NBA Today *Live*
ESPN2 College Football Live *Live*
MSG Club 30 Patrick Ewing
FS1 First Things First *Live*
VH1 Basketball Wives
YES Yankeeography: Moments of Glory Derek Jeter

3:30 PM

ESPN2 College Football Live
YES MLS Soccer Chicago Fire FC at New York City FC

4:00 PM

ESPN NFL Live *Live*
ESPN2 NBA Today
MSG Fight Sports: Boxing Jamie Munguia vs. Saddam Ali
MSGPL Fight Sports MMA
VH1 Basketball Wives
5:00 PM
ESPN SportsCenter *Live*
ESPN2 NFL Live
MSG New York Knicks 2026 Championship Parade
MSGPL Fight Sports: World Championship Kickboxing
FS1 First Things First: OT *Live*

5:30 PM

ESPN Pardon the Interruption *Live*
YES Yankees Rewind *Live*
6:00 PM
ESPN SportsCenter *Live*

ESPN2 Pardon the Interruption
MSGPL Poker PokerGo: High Stakes Poker Season 13
FS1 Kevin Harvick's Happy Hour Indianapolis Recap
TRUTV Dunkman Group Stage A
YES Yankees Lineup *Live*

6:30 PM

YES Yankees Batting Practice Today *Live*

7:00 PM

ESPN WWE SummerSlam Special
ESPN2 International Dance League
MSGPL Poker PokerGo: High Stakes Poker Season 13
FS1 The Basketball Tournament *Live*
TBS TRUTV MLB on TBS: Leadoff *Live*
TNT Dunkman Group Stage A
YES New York Yankees Pregame *Live*

7:30 PM

TBS TRUTV MLB Baseball Chicago Cubs at St. Louis Cardinals *Live*
YES MLB Baseball New York Yankees at Chicago White Sox *Live*

8:00 PM

ESPN SummerSlam 2026 Kickoff
ESPN2 2026 World Series of Poker *Live*
MSG Knicks Shorts
MSGPL United Fight Alliance Clan Wars 54, Part 1
TNT Dunkman Group Stage B
WPIX WWE NXT *Live*

8:30 PM

MSG Knicks Shorts

9:00 PM

ESPN WNBA Countdown *Live*
ESPN2 2026 World Series of Poker *Live*
MSG Best of the Knicks 2026: Toronto Raptors at New York Knicks
MSGPL United Fight Alliance Clan Wars 54, Part 2
FS1 The Basketball Tournament *Live*

9:30 PM

ESPN WNBA Basketball Indiana Fever at Seattle Storm *Live*

10:00 PM

ESPN2 WWE SummerSlam Special
MSGPL Best of Islanders 2025: Detroit Red Wings at New York Islanders

10:30 PM

TBS TRUTV MLB on TBS: Closer *Live*
YES New York Yankees Postgame *Live*

WEDNESDAY

8:00 AM

ESPN Get Up *Live*
ESPN2 SportsCenter *Live*
MSG VSIN by the Books *Live*
FS1 Wake Up Barstool *Live*

9:00 AM

ESPN SportsCenter
MSG Best of Rangers 2025: St. Louis Blues at New York Rangers

9:30 AM

MSGPL NY Giants Chronicles '25 Monday Night Football Greatest Games

10:00 AM

ESPN First Take *Live*
ESPN2 Get Up *Live*
MSGPL Best of Devils 2025: New Jersey Devils at Toronto Maple Leafs
FS1 Wake Up Barstool

10:30 AM

YES MLB Baseball New York Yankees at Chicago White Sox

11:00 AM

MSG Up & Adams *Live*

12:00 PM

ESPN The Pat McAfee Show *Live*
ESPN2 First Take *Live*

Letters & Numbers Sudoku

0					6	7		5						B
E								A		B	F	C		1
	1		C	D				9	F			8	4	3
A	6		F					3					5	E
	A	5				2		F	B				9	1
4	9			5		6							F	0
			E							0		A		
	8		1		B		E	5	7					2
							C		8		6		3	
8	F		4				3			9		B	0	
		1	3	0		A				7	B			
						F		1	C	A		D	8	
	4		5			1	D							F
6	3			9				C	0			5		8
						C	E						A	
		0		2		5	4					3		D

Fill in the grid so that every row, every column, and every 4x4 box contains the digits 1 through 9 AND the letters A through F.

Solution on page 22.

MSG 3ICE Teams TBA

MSGPL United Fight Alliance Clan Wars 54, Part 1

FS1 The Herd With Colin Cowherd *Live*

1:00 PM

MSG Best of Rangers 2025: New York Rangers at Carolina Hurricanes

MSGPL United Fight Alliance Clan Wars 54, Part 2

2:00 PM

© 2026 Commonwealth Games Day 6

ESPN SportsCenter *Live*

MSGPL Poker PokerGo: High Stakes Poker Season 13

VH1 Basketball Wives

YES MLS Soccer Chicago Fire FC at New York City FC

3:00 PM

ESPN NBA Today *Live*

ESPN2 College Football Live *Live*

MSG 18 Holes With Natalie Gulbis and Jimmy Hanlin

MSGPL Poker PokerGo: High Stakes Poker Season 13

FS1 First Things First *Live*

VH1 Basketball Wives

3:30 PM

ESPN2 College Football Live

4:00 PM

ESPN NFL Live *Live*

ESPN2 NBA Today

MSG Golf Life

MSGPL Poker PokerGo: High Stakes Poker Season 13

VH1 Basketball Wives

YES Yankees Classics Best of Old-Timers' Day

4:30 PM

MSG United Fight Alliance Up Next Fighting 17, Part 1

5:00 PM

ESPN SportsCenter *Live*

ESPN2 NFL Live

MSGPL Best of Devils 2025: Minnesota Wild at New Jersey Devils

FS1 First Things First: OT *Live*

5:30 PM

ESPN Pardon the Interruption *Live*

MSG United Fight Alliance Dynamite Fighting Show: Best of Part 1

6:00 PM

ESPN SportsCenter *Live*

FS1 The Clay Travis Show

TRUTV Dunkman Group Stage A

YES Yankees Magazine

6:30 PM

ESPN2 4th and Goal

MSG United Fight Alliance Clan Wars 54, Part 1

FS1 Wild World of Western Sports First Nations Rodeo & Relay Races

YES Yankees Batting Practice Today *Live*

7:00 PM

ESPN Baseball Tonight *Live*

ESPN2 NFL Live

MSGPL 4th & Forever

FS1 The Basketball Tournament Alumni Bracket Tournament, Championship: Teams TBA *Live*

TRUTV Dunkman Group Stage B

YES The Story of My Number Joe Girardi

7:30 PM

ESPN MLB Baseball Teams TBA *Live*

MSG New York Knicks 2026 Championship Parade

MSGPL 4th & Forever

USA WNBA Wednesdays on USA - Pregame *Live*

YES The Story of My Number Willie Randolph

8:00 PM

ESPN2 Peyton's Places The Bills Mafia

MSGPL 4th & Forever

TBS All Elite Wrestling: Dynamite *Live*

USA WNBA Basketball Atlanta Dream at Dallas Wings *Live*

YES The Story of My Number Gerrit Cole

8:30 PM

ESPN2 Peyton's Places Sneak Attack!

MSGPL 4th & Forever

YES MLS Soccer Chicago Fire FC at New York City FC

9:00 PM

ESPN2 Peyton's Places The Harbaugh Files

MSGPL Best of Devils 2025: New Jersey Devils at Toronto Maple Leafs

FS1 Horse Racing America's Day At the Races *Live*

9:30 PM

ESPN2 Peyton's Places Lies, Damned Lies and Football Statistics

10:00 PM

⑫ The Rebuild: Inside the Montreal Canadiens Tough Choices

CNBC USA WNBA Basketball Golden State Valkyries at Phoenix Mercury *Live*

ESPN2 Peyton's Places Football's Holy Grail

10:30 PM

ESPN SportsCenter *Live*

ESPN2 Peyton's Places Who Makes the Call?

MSG Knicks Shorts

FS1 TMZ Sports

YES New York Yankees Postgame *Live*

THURSDAY

8:00 AM

ESPN Get Up *Live*

ESPN2 SportsCenter *Live*

MSG MSG Shorts Summer Edition - MSG Summer Eats

FS1 Wake Up Barstool *Live*

USA 2026 AIG Women's Open First Round

8:30 AM

MSG MSG Shorts Summer Edition - MSG Summer Eats

9:00 AM

ESPN2 SportsCenter

MSG Knicks Classics 2024: Philadelphia 76ers at New York Knicks

9:30 AM

MSGPL MSG Shorts Summer Edition - MSG Summer Eats

10:00 AM

ESPN First Take *Live*

ESPN2 Get Up *Live*

MSGPL Devils Classic Games 1995: New Jersey Devils at Boston Bruins

FS1 Wake Up Barstool

YES MLB Baseball New York Yankees at Chicago White Sox

11:00 AM

MSG Up & Adams *Live*

12:00 PM

ESPN The Pat McAfee Show *Live*

ESPN2 First Take *Live*

MSGPL Devils Classic Games 1995: New Jersey Devils at Pittsburgh Penguins

FS1 The Herd With Colin Cowherd *Live*

1:00 PM

MSG Knicks Classics 2024: New York Knicks at Philadelphia 76ers

1:30 PM

YES New York Yankees Pregame *Live*

2:00 PM

(6) 2026 Commonwealth Games Day 7
ESPN SportsCenter *Live*
ESPN2 The Mina Kimes Show Featuring Lenny
MSGPL Fairways of Life With Matt Adams
VH1 Basketball Wives
YES MLB Baseball New York Yankees at Chicago White Sox *Live*

3:00 PM

ESPN NBA Today *Live*
ESPN2 College Football Live *Live*
MSG A New York Knicks Podcast: Garden Party The 2010's
MSGPL Golf Life
FS1 First Things First *Live*
VH1 Basketball Wives Reunion

3:30 PM

ESPN2 College Football Live
MSGPL MSG Shorts Summer Edition - MSG Summer Eats

4:00 PM

ESPN NFL Live *Live*
ESPN2 NBA Today
MSG Fight Sports: Boxing Jamie Munguia vs. Sadam Ali
MSGPL FanDuel Racing *Live*
VH1 Basketball Wives Back in the Building!

5:00 PM

ESPN SportsCenter *Live*
ESPN2 NFL Live
FS1 First Things First: OT *Live*
YES New York Yankees Postgame *Live*

5:30 PM

ESPN Pardon the Interruption *Live*
TRUTV Dunkman Group Stage B
YES Yankees Extra Innings Postgame *Live*

6:00 PM

ESPN SportsCenter *Live*
ESPN2 Cornhole ACL World Championships: Trick Shot Challenge *Live*
MSG Fight Sports MMA
FS1 Kevin Harvick's Happy Hour
YES Yankees Magazine

6:30 PM

FS1 SPEED With Harvick & Buxton
TRUTV Savannah Bananas Pre-Game *Live*
YES Minor League Baseball Richmond Flying Squirrels at Somerset Patriots *Live*

7:00 PM

ESPN MLB Baseball Teams TBA *Live*
ESPN2 NFL Live
MSG Simms Complete
FS1 The Basketball Tournament Non-Alumni Bracket Tournament, Championship: Teams TBA *Live*

TRUTV Banana Ball World Tour Savannah Bananas vs. Firefighters Banana Ball World Tour *Live*

7:30 PM

MSG SEC State of Mind

8:00 PM

ESPN2 Women's Sports Now
MSG Fight Sports: Boxing Jamie Munguia vs. Sadam Ali
TNT All Elite Wrestling: Collision Detroit *Live*

9:00 PM

AMC TNA iMPACT! *Live*
ESPN2 WWE SummerSlam Special
MSG New York Knicks 2026 Championship Parade
MSGPL Devils Classic Games 1995: New Jersey Devils at Boston Bruins
FS1 The Clay Travis Show
TRUTV Dunkman Group Stage B
YES Homegrown: The Path to Pinstripes

9:30 PM

FS1 Kevin Harvick's Happy Hour
YES MLB Baseball New York Yankees at Chicago White Sox

Saturday, July 25, 2026

10:00 PM

ESPN SportsCenter *Live*
ESPN2 E60
FS1 SPEED With Harvick & Buxton
10:30 PM
FS1 NHRA Drag Racing Northwest Nationals

FRIDAY

8:00 AM

ESPN Get Up *Live*
ESPN2 SportsCenter *Live*
MSG Best of Rangers 2025: New York Rangers at Columbus Blue Jackets
FS1 Wake Up Barstool *Live*
USA 2026 AIG Women's Open Second Round

9:00 AM

ESPN2 SportsCenter

9:30 AM

MSGPL Golf Life

10:00 AM

ESPN First Take *Live*
ESPN2 Get Up *Live*
MSG Club 30 Sam Rosen
MSGPL Best of Devils 2025: Florida Panthers at New Jersey Devils
FS1 Wake Up Barstool
YES MLB Baseball New York Yankees at Chicago White Sox

11:00 AM

MSG Up & Adams *Live*

12:00 PM

ESPN The Pat McAfee Show *Live*
ESPN2 First Take *Live*
MSG Coaches Corner World Cup Recap & Future of Team USA
MSGPL Best of Islanders 2025: New York Islanders at Washington Capitals
FS1 The Herd With Colin Cowherd *Live*

1:00 PM

MSG Best of Rangers 2025: St. Louis Blues at New York Rangers

1:30 PM

YES New York Yankees Pregame *Live*

2:00 PM

(6) 2026 Commonwealth Games Day 8
ESPN SportsCenter *Live*
ESPN2 WWE SummerSlam Special
MSGPL Best of Devils 2025: Edmonton Oilers at New Jersey Devils
VH1 Basketball Wives Homewreckers
YES MLB Baseball New York Yankees at Chicago Cubs *Live*

3:00 PM

ESPN NBA Today *Live*
ESPN2 College Football Live *Live*
MSG Club 30 Kenny Albert
FS1 First Things First *Live*
VH1 Basketball Wives Ice Queens

3:30 PM

ESPN2 College Football Live

4:00 PM

ESPN NFL Live *Live*
MSG 3ICE
MSGPL The Wager Golden Tate and Eric Decker
VH1 Basketball Wives Who Are You, Where Did You Come From?

4:30 PM

ESPN2 4th and Goal
MSGPL The Wager Shawn Johnson and Andrew East

5:00 PM

ESPN SportsCenter *Live*
ESPN2 4th and Goal
MSGPL INTENNSE Pro Tennis Western Conference Final *Live*
FS1 First Things First: OT *Live*
YES New York Yankees Postgame *Live*

5:30 PM

ESPN Pardon the Interruption *Live*
ESPN2 4th and Goal
YES Yankees Extra Innings Postgame *Live*
6:00 PM
ESPN SportsCenter *Live*
ESPN2 The Ufi: 4th And Goal
FS1 Major League Pickleball MLP Orlando: Friday *Live*
YES Talkin' Yanks

6:30 PM

TRUTV Savannah Bananas Pre-Game *Live*
YES Sportico Sports Business

7:00 PM

ESPN Professional Fighters League PFL New York Professional Fighters League *Live*
ESPN2 NFL Live
ION WNBA on ION Pregame Show *Live*
MSG 3ICE
MSGPL INTENNSE Pro Tennis Eastern Conference Final *Live*
TRUTV Banana Ball World Tour Savannah Bananas vs. Firefighters Banana Ball World Tour *Live*
YES Home Plate New York Manny Pacquiao

7:30 PM

ION WNBA Basketball Dallas Wings at Washington Mystics *Live*
YES Yankees Magazine

8:00 PM

ESPN2 College Football Live
USA WWE Friday Night SmackDown *Live*
YES MLB Baseball New York Yankees at Chicago Cubs

8:30 PM

ESPN2 Banana Ball Live *Live*

9:00 PM

ESPN Banana Ball World Tour Party Animals vs. Texas Tailgaters Banana Ball World Tour *Live*
ESPN2 Life in the W
MSGPL Poker PokerGo: High Stakes Poker Season 13

9:30 PM

ESPN2 Life in the W
ION WNBA On ION Game Break Show *Live*

10:00 PM

ESPN2 Life in the W
ION WNBA Basketball Indiana Fever at Portland Fire *Live*
MSG 3ICE Teams TBA
MSGPL Poker PokerGo: High Stakes Poker Season 13

FS1 The Clay Travis Show

10:30 PM

ESPN2 Life in the W
FS1 Pokerstars Big Game on Tour

SATURDAY

7:30 AM

(22) The Champion's Edge with Bonnie Bernstein Elissa Kalver: Finding Your Support System
ESPN2 30 for 30 Elway to Marino
FS1 SPEED With Harvick & Buxton
YES SportsMoney

8:00 AM

ESPN SportsCenter *Live*
MSG 2024 Mutua Madrid Open Tennis
FS1 Kevin Harvick's Happy Hour
YES Beat the Odds

8:30 AM

ESPN2 NFL Live
FS1 The Clay Travis Show

9:00 AM

ESPN NFL Live Back Together Weekend *Live*
ESPN2 SportsCenter *Live*
FS1 The 500: Immortality at Indy

10:00 AM

ESPN2 SportsCenter *Live*
MSGPL Fairways of Life With Matt Adams
FS1 The Climbing Post
YES Yankees Classics

10:30 AM

(10) Phil tout-terrain Découvertes inattendues à Parent

11:00 AM

ESPN2 SportsCenter
MSGPL Giants Access Blue
FS1 GT4 America Season Review

11:30 AM

MSGPL Giants Access Blue

12:00 PM

(5) 2026 AIG Women's Open Third Round *Live*
ESPN 30 for 30 The Philly Special
ESPN2 ESPN Films
MSG Giants Access Blue
MSGPL FanDuel Racing *Live*
FS1 Horse Racing Saratoga Live *Live*
YES Beat the Odds

12:30 PM

(22) Premier Lacrosse League Denver Outlaws vs. Maryland Whipsnakes Premier Lacrosse League *Live*
MSG The Eli Manning Show
YES College Football

1:00 PM

(3) WNBA Basketball Las Vegas Aces at Chicago Sky *Live*
ESPN SummerSlam 2026 Kickoff
MSG Poker

2:00 PM

(5) Swimming Toyota National Championships *Live*
(6) FIVB Volleyball Men's Nations League
ESPN WWE SummerSlam Special
ESPN2 2026 AKC Agility Premier Cup
MSG Poker

2:30 PM

(22) WNBA Countdown *Live*

3:00 PM

(3) PGA Tour Golf Rocket Classic, Third Round *Live*
(12) CFL Football Calgary Stampeders at Hamilton Tiger-Cats *Live*
(22) WNBA Basketball New York Liberty at Phoenix Mercury *Live*
(44) Horse Racing Saratoga Saturday *Live*
CNBC CNBC Sport: On the Record The C-Suite

ESPN Countdown to SummerSlam Saturday 2026 *Live*
MSG PWHL Hockey PWHL Hockey
FS1 The 110th Running of the Indianapolis 500

3:30 PM

CNBC CNBC Sport: On the Record The MVPs

4:00 PM

(6) 2026 Commonwealth Games Day 9

ESPN2 ESPN Films
FS1 MLB Baseball Minnesota Twins at Seattle Mariners *Live*
YES Yankees Classics

5:30 PM

MSG MSG Shorts

6:00 PM

ESPN ESPN Films
ESPN2 Cornhole ACL World Championships: Pro Doubles Finals & Women's Doubles Finals
ION NWSL On ION Pre Match Show *Live*
MSG PWHL Hockey PWHL Hockey

6:30 PM

ION NWSL Soccer Angel City FC at Kansas City Current *Live*

MSGPL On The Island

7:00 PM

(44) MLB Baseball New York Yankees at Chicago Cubs *Live*
MSGPL On The Island
FS1 Major League Pickleball MLP Orlando: Saturday *Live*

7:30 PM

ESPN Banana Ball Live

MSGPL Islanders Shorts

8:00 PM

(5) American Ninja Warrior Central Regional Qualifying 2
ESPN Banana Ball World Tour Party Animals vs. Texas Tailgaters Banana Ball World Tour *Live*
ESPN2 USL Championship Soccer Louisville City FC at Tampa Bay Rowdies *Live*

MSG 2024 Mutua Madrid Open Tennis

TNT TRUTV Boxing *Live*

WPIX PBR Team Series Wildcatter Days *Live*

8:30 PM

ION NWSL On ION Match Break Show *Live*

8:45 PM

ION NWSL Soccer Seattle Reign FC at Bay FC *Live*

9:00 PM

FS1 STIHL Timbersports Individual World Championship

9:30 PM

FS1 FIFA World Cup 2026 Final: Spain vs. Argentina FIFA Soccer

10:00 PM

ESPN SportsCenter Professional Fighters League *Live*

ESPN2 30 for 30 The Minister of Defense

MSGPL On The Island

10:30 PM

MSGPL On The Island

FS1 MLS Soccer Seattle Sounders FC at Portland Timbers *Live*

YES NBA Basketball

10:45 PM

ION NWSL On ION Post Match Show *Live*



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Ex 'Vanderpump' star spotlights growth and vulnerability in 'House of Stassi'

By **Caroline Collacutt**
TV Media

House of glass: Former "Vanderpump Rules" star Stassi Schroeder returns to the world of reality television with the two-episode premiere of "House of Stassi," airing Wednesday, July 29, on Freeform. The entirety of Season 1 will be available to stream on Hulu and Disney+ the following day, Thursday, July 30.

"House of Stassi" will see the 37-year-old podcast host, model and author "stepping back into the spotlight to redefine her place in pop culture" after being fired from "Vanderpump Rules" in June 2020 alongside co-star Kristen Doute ("The Valley"). Schroeder — who was dismissed following reports of racist behavior towards fellow "Vanderpump" cast member Faith Stowers — hopes to "[confront the ghosts of her past]," according to the series' synopsis, with Schroeder herself promising more "vulnerability" in this next endeavor.

"[We're] at a place where we have so much more to lose," Schroeder explained during the Disney 2026 Up-front event. "So it's not the same type of backhandy fights. No one's throwing drinks on each other."

"It's like nothing anyone's ever seen," she continued. "It's way more real and nuanced and layered and, you know, I think the audience has grown up with us. So I think the audience will understand that."

Marie Claire noted that "[even] the show's name — a change from the previously announced 'Stassi Says' — signals a departure from the self-absorbed persona that once defined her." "It's not just about me. It's about my family and my chosen friends ... the people in my home that make up the

house," Schroeder promises, with "House of Stassi's" first season featuring appearances from Katie Maloney ("2009: A True Story"), Beau Clark ("The Revenant," 2009), Kristina Kelly ("Vanderpump Rules"), Taylor Strecker, Georgianna Aubin, Rob Evors ("Project X," 2012), Taylor "Teddy" Donohue and more.

"The last time people saw me, I was this crazy girl ... crashing out, dark passengering," the star says. "I work really hard. I try really hard and I'm constantly trying to build the most for my family, and I'm proud of what I've done in the last five years."

From executive producers Erin Foye ("Vanderpump Rules"), Jenna Moshell Rosenfeld ("Married at First Sight"), David Collins ("Queer Eye"), Simone Hilliard ("The Real Housewives of Salt Lake City"), Eric Korsh ("Southern Fried Lies"), Renata Lombardo ("Legendary"), David Marker ("To Tell the Truth"), newcomer Michael Williams and Schroeder herself, "House of Stassi" premieres Wednesday, July 29, on Freeform, before the entirety of Season 1 streams on Hulu and Disney+ the following day.

Swimming with stars: Shark Week returns for its 38th year on air, delivering seven days of biting new content starting Sunday, July 26, on Discovery.

"The ocean's most formidable apex predators are back and bigger, bolder and more thrilling than ever," the network promises. "This highly anticipated, weeklong celebration delivers 20 jaw-dropping, blockbuster premieres across every night, packed with pulse-pounding action, epic breaches and high-stakes encounters. Featuring pioneering technology, groundbreaking investigations and unbelievable stunts, each special dives into the mysterious worlds of these apex predators, bringing audiences closer to their raw power and untamed nature like never before."

"As the original and longest-running programming event, Shark Week is an unmatched legacy built on bold storytelling, pioneering science and must-see cultural moments," says Joseph Boyle, head of content for the Discovery Channel. "This year, we continue to raise the bar with a lineup that delivers glowing sharks, Jurassic giants, record-setting stunts ... and even K-Pop."



Stassi Schroeder stars in "House of Stassi"

The week's festivities begin with a Sunday night premiere of a brand-new special, "K-Pop Shark Heroes," which sees the Discovery Channel getting in on the "K-Pop Demon Hunters" craze, as two actors from the film — Ken Jeong ("Crazy Rich Asians," 2018) and Rei Ami, the "Golden" singing voice of Zoey — team up for a genre-bending adventure. Together, the duo are said to "[use] the power of K-Pop to transform the perception of sharks in East Asia and across the globe" (per Warner Bros. Discovery).

Shark Week's epic debut continues with "Air Jaws: Red, White and Breach" — a new installment of the "Air Jaws" documentary series — airing immediately afterwards. Filmmaker Jeff Kurr ("Shark House"), marine biologist Alison Towner and cinematographer Andy Casagrande ("Shark Night," 2011) venture off the coast of California to investigate an unprecedented spectacle, which sees great whites breaching waters like a whale or a dolphin.

Finally, the evening concludes with the all-new "Invasion of the Mega

Sharks," which sees Shark Week expert Paul de Gelder ("Fighting Season") leading a team on a high-risk mission to track down "Big Rose," a record-breaking great white that tips the scales as one of the largest predators in the North Atlantic. With cutting-

edge tagging technology in hand, they venture to a newly discovered shark hotspot off Nova Scotia.

Kicking off with K-Pop, crashing Californian waves and gigantic great whites, Shark Week 2026 begins Sunday, July 26, on Discovery.

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The cast of "Hannibal"

By Kimberly Tremblay
TV Media

"Hannibal" – Seasons 1-3

The hunt for a killer is about to take an unexpected turn when all three seasons of "Hannibal" arrive Monday, July 27, on Netflix. When a serial killer's crimes leave the FBI puzzled and the city shaken with fear, criminal profiler Will Graham (Hugh Dancy, "Law & Order") takes the case, enlisting help from the brilliant psychiatrist Hannibal Lecter (Mads Mikkelsen, "Casino Royale," 2006). The only problem is Hannibal is the killer he's been hunting all along, and it's only a matter of time before he realizes it. Across three seasons, the bond between Will and Hannibal deepens into something far more dangerous than either can control. Created for television by Bryan Fuller ("Star Trek: Voyager") and also starring Laurence Fishburne ("The Matrix," 1999), Caroline Dhavernas ("Wonderfalls"), Gillian Anderson ("The X-Files"), Hettienne Park ("Blindspot"), Aaron Abrams ("Blindspot"), Lara Jean Chorosteki ("Designated Survivor") and Raul Esparza ("Law & Order: SVU"), the series is based on the characters from Thomas Harris' novel, "Red Dragon."

"A Toxic Love Story"

A shocking case reveals no one is as innocent as they seem in Netflix's latest true-crime documentary, "A Toxic Love Story" — available now on the streamer. Police are called to a Califor-

nia suburb, where a young woman is arrested for an alleged violent plot against her ex-boyfriend's new wife. The case ignites a media firestorm, but as investigators dig deeper, layer after layer of betrayal comes undone, and it becomes harder to tell who the real victim is and who is pulling the strings in a twisted game where everyone is playing a part. Directed by Alexandra Lacey ("The Twister: Caught in the Storm," 2025), with Dov Freedman ("Lover Stalker Killer," 2024), Sam Hobkinson ("Misha and the Wolves," 2021) and Charlie Russell ("Chris Packham: Asperger's & Me") serving as executive producers.

"Desire" (2026)

In her directorial debut, Teresa Simone's Mexican thriller, "Desire," is available now to stream on Netflix. From executive producers Juana Garcia Blaya ("The Good Intentions," 2019) and Julieta Bernabo ("A Fisherman's Tale," 2024), Ludwika Paleta ("All the Silence," 2023) stars as Lucero, "a successful lawyer with an apparently perfect life," according to Netflix, who allows herself to be swept up in a love affair with her daughter's swimming coach. But when the affair puts her family in harm's way, Lucero must decide how far she's willing to go to protect her own. Starring Jose Maria Yazpik ("Beverly Hills Chihuahua," 2008), Oscar Casas ("The Orphanage," 2007), Leonardo Ortizgris ("My Tender Mator," 2020), Giovanni Florido ("Daughter from Another Mother") and Pilar Pascual ("Secrets of Summer").



Michelle Hadley in "A Toxic Love Story"

"The Bombing of Pan Am 103"

A tragedy that shattered a small Scottish town becomes a yearslong hunt for justice when "The Bombing of Pan Am 103" premieres Thursday, July 30, on Netflix. On Dec. 21, 1988, Pan Am Flight 103 explodes over the small Scottish town of Lockerbie, killing 270 people in the deadliest act of terrorism ever committed on British soil. As de-

bris and grief blanket the town, Scottish police detective Ed McCusker (Connor Swindells, "Sex Education") and FBI special agent Dick Marquise (Patrick J. Adams, "Suits") are thrown into an uneasy alliance, piecing together evidence scattered across hundreds of miles of countryside. Alongside DCI Harry Bell (Tony Curran, "Outlander") and forensic explosives expert Tom

Thurman (Eddie Marsan, "Ray Donovan"), they follow a trail that stretches from the Scottish Highlands to Washington, D.C., while Kathryn Turman (Merritt Wever, "Severance") works to support grieving families demanding answers. The series is created by Jonathan Lee ("Who Killed Jill Dando?") and Adam Morane-Griffiths ("Nanny McPhee," 2005).



A scene in "Desire"



Tayme Thapthimthong and Kathryn Newton star in "The Devil's Mouth"

By Kimberly Tremblay
TV Media

"The Devil's Mouth" (2026)

A dream dive into paradise turns into a fight to stay alive in "The Devil's Mouth," premiering this Wednesday, July 29, on Prime Video. When five friends set off on a guided swim through a hidden cave tucked along Thailand's stunning coastline, their trip curdles into terror when a bloodthirsty shark emerges, killing each of them one by one. Trapped in a cave and far from help, they're left to fight off a predator that knows these waters better than they ever could. Starring Kathryn Newton ("Big Little Lies"), Tayme Thapthimthong ("The White Lotus"), Gavin Casalegno ("The Summer I Turned Pretty") and Lana Condor ("To All the Boys I've Loved Before," 2018), "The Devil's Mouth" is directed by Jeff Wadlow ("Bates Motel").

"Lucky"

Every move she makes will either bring her closer to freedom or straight into their trap, in this new episode of "Lucky," streaming on Prime Video this Wednesday, July 29, via the Apple TV channel. The series stars Anya Taylor-Joy ("The Queen's Gambit") as Lucky, a young woman who left behind the life of crime she was raised in by her father (played by Timothy Olyphant, "Justified"). But after a multi-million-dollar heist goes sideways, Lucky is pulled back in and left with no other option but to embrace her darker, criminal side one final time in a desperate attempt to save herself. Pursued by both the FBI and a ruthless crime boss, Lucky must fight for her life and find a way out before it's too late. Created by Jonathan Tropper ("Your Friends and Neighbors") and co-showrun with Cassie Pappas ("Silo"), the seven-episode series is based on Marissa Stapley's bestselling novel, with Annette Bening ("The Kids Are All Right," 2010), Aunjanue Ellis-Taylor ("Undercover Brother," 2002), Drew Starkey ("Outer Banks"), Clifton Collins Jr. ("Star Trek," 2009), William Fichtner ("Black Hawk Down," 2001), Mo'Nique ("A Lot of Nothing," 2022) and Matthew Rauch ("Your Friends and Neighbors") rounding out the cast.

"Batman: Caped Crusader" – Season 2

A dark knight begins his war on crime when Season 2 of "Batman: Caped Crusader" arrives on Prime Video this Friday, July 31. Hamish Linklater ("Magic in the Moonlight," 2014) voice stars as the fearsome vigilante Bruce Wayne, who was transformed last season into The Batman in the aftermath of a family tragedy. Night after night, against overwhelming odds, he wages his relentless one-man war on crime to protect Gotham City. From the visionary lens of executive producers J.J. Abrams ("Lost"), Matt Reeves ("Dawn of the Planet of the Apes," 2014) and Bruce Timm ("The New Batman Adventures"), the series' voice cast includes Jason Watkins ("The Crown") as Alfred Pennyworth, Diedrich Bader ("Office Space," 1999) as Harvey Dent, John DiMaggio ("Futurama") as Harvey Bullock and Krystal Joy Brown ("Power Book III: Raising Kanan") as Barbara Gordon.



Anya Taylor-Joy stars in "Lucky"
Saturday, July 25, 2026

SUNDAY EVENING JULY 26

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
WCAX ③	Channel 3	CBS-News	60 Minutes (N)		Big Broth. "Episode 10" (N)		Tracker "Alaskan Wild"		Marshals "In Low Places"		Channel 3	Invest. (N)
WPTZ ⑤	NBC5 News	NBC News	MLB Baseball From Citizens Bank Park in Philadelphia.						Password	Password	NBC5 News	In Depth
CBMT ⑥	Heartland "Risk Everything"		Junior "Heat A: Pastry Day"		British Baking "Biscuit Week"		Locals		The National		CBC News	Maamuitaau
CFTM ⑩	Nouvelles (N)	Les gags	Vlog	☞ Stillwater ★★ ('21) Camille Cottin, Abigail Breslin, Matt Damon. (P)					:15 Prochaine "Athènes"		:15 Nouvelles	:45 ☞ Chef
CFCF ⑫	CTV News Montreal (L) (N)		The Amazing Race Canada		Battle Generat "Battle 27"		The Traitors		Children		CTV (N)	CTV News
WVNY ②②	World News	ABC22 News	Funniest Home Videos		☞ True Lies ★★★ A man lives the double life of a spy and a family man.						ABC22 News	Bensinger
WWBI ②⑦	NCIS "The Tie That Binds"		NCIS "Willoughby"		NCIS "Off the Grid"		NCIS "Keep Going"		NCIS "Nonstop"		NCIS	
WETK ③③	Inside the Tower		Midsomer Murders		Patience (N)		Grantchester (N)		Downton Abbey "Christmas at Downton Abbey"			
CREATE ③③③	How She	Simply Ming	To Dine For	Cook	Antiques Roadshow		Milk Street	Milk Street	Confucius Was "Salt"		People	Joanne
WORLD ③③④	Wild Kratts	Weather	Acoustic Rooster		Wowsabout	Elinor Wonders Why	Ready Jet		Super Why!	Xavier Riddle	Molly	Alma's Way
WFFF ④④	4:00 NHRA Drag Racing		Kitchen Nightmares		Simpsons	Animal	Universal	Grimsburg	News at 10	Matters	Empire	Family Feud
WCFE ⑤⑦	Grantchester		Death in Paradise		Patience (N)		Grantchester (N)		Downton Abbey "Christmas at Downton Abbey"			
CABLE CHANNELS												
A&E	WWE's	WWE's	WWE's	WWE's	WWE's	WWE's	WWE's	WWE's	WWE LFG (N)		:05 WWE's	:35 WWE's
AMC	Movie	☞ The Day After Tomorrow ★★ ('04) Jake Gyllenhaal, Dennis Quaid.					Walking "Trillium" (SP) (N)		:15 Walking Dead "Trillium"		Walking	
ANPL	Yellowstone Wardens		Yellowstone Wardens		Yellowstone Wardens "Poaching Games"				Yellowstone Wardens "Unlawful Undertakings"			
BRAVO	5:45 The Real Housewives		Housewives Atlanta		Housewives Atlanta (N)	Watch What	The Real Housewives		:45 Housewives/OC		Housewives	
CMT	5:30 ☞ The Goonies ★★★ ('85) Josh Brolin, Sean Astin.				To Be Announced Programming to be announced.						To Be Announced	
CNBC	Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank	
CNN	CNN Newsroom (N)		CNN Newsroom (N)		CNN Special Program		CNN Special Program		CNN Special Program		CNN Special Program	
COM	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy
DISC	Great White Assassins		Air Jaws: The		K-Pop Shark Heroes (N)		Air Jaws: Red, White (N)		Invasion of the (N)		In the Eye "Shark Storm"	
DISN	☞ Descendants: Wicked Wonderland		:45 ☞ Incredibles 2 ★★ ('18) Craig T. Nelson.		:50 Dragon		:20 Place	:50 Mirac	:55 Ladybug		Ladybug	
E!	5:30 ☞ Pretty Woman ★★ ('90) Richard Gere.		☞ Pretty Woman ★★★ ('90) Julia Roberts, Ralph Bellamy, Richard Gere.		☞ 27 Dresses ★★ ('08) Katherine Heigl.							
ESPN	X Games New Orleans 2026 (L) (N)				WSL Soccer From BMO Stadium in Los Angeles.				SportsCenter (L) (N)			
ESPN2	Life in the W	Life in the W	Life (N)	Life in the W	Sports Live (L) (N)		WSL: Inside Rio Pro (N)		2026 World Series of Poker		2026 World Series of Poker	
FNC	Weekend (L) (N)		Weekend (L) (N)		Life, Liberty & Levin (L) (N)		Sunday Night (L) (N)		One Nation With (L) (N)		Life, Liberty & Levin	
FOOD	Flavortown "Seafood Day"		Flavortown "Meat Lovers"		Flavortown "Egg Day"		Food Truck Tyler Florence hosts a food truck contest in Nashvill..		Beat Bobby		Beat Bobby	
FREE	4:40 ☞ Ralph Breaks the Int...		:15 ☞ Monsters, Inc. ★★★ ('01) John Goodman.		:20 ☞ Monsters University ★★★ ('13) Billy Crystal.						Movie	
FS1	4:00 HorseRace	Wild World	The Basketball Tournament (L) (N)		TBT Alumni Bracket Tournament, Semifinal: Teams TBA				NHRA Northwest Nationals			
FX	4:00 ☞ Spider-Man: No Way...	King/Hill	King/Hill	King/Hill	King/Hill	King/Hill	☞ Captain America: The First Avenger ★★ ('11) Chris Evans.					
HALL	☞ Love Under the Mistletoe ('26) Jen Lilley.		☞ A Veteran's Christmas ('18) Eloise Mumford.		☞ Crown for Christmas ('15) Danica McKellar.							
HGTV	Love It or List It		Love It or List It		Holmes on Homes (N)		Maine Cabin Masters (N)		Hunters (N)	Hunters	Roast My	Hunters
HIST	Hazardous History		Hazardous History		Hazardous History		Hazardous History (N)		:05 Built America (N)		:05 Built America	
IFC	4:30 ☞ American Pie 2 ★★	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond
INSP	Gunsmoke	Gunsmoke	Gunsmoke	Gunsmoke	☞ Gunsmoke: One Man's Justice ('94) James Arness.		Blue Ridge: The Series (N)		Have Gun ...		Have Gun ...	
LIFE	☞ Girl in Room 13 ('22) Larissa Dias, Anne Heche.		☞ What She Didn't Tell Me ('26) Genelle Williams. (P)		:05 ☞ Girl in the Coffin ('26) Tahirah Sharif.							
MAGN	Beachfront Bargain Hunt		Beachfront Bargain Hunt		Beachfront Bargain Hunt		Beachfront Bargain Hunt		Beachfront Bargain Hunt		Beachfront Bargain Hunt	
MSG	Tennis INTENNSE: Smash vs. Sting		Tennis INTENNSE: Rips vs. Inferno		USL 1 From Lancaster Municipal Stadium in Lancaster, Calif.							
MSGPL	4:00 FanDuel Racing (L) (N)				Poker		Poker					
MTV	Big Bang	Big Bang	☞ Next Friday ★★ ('00) Mike Epps, Ice Cube.		☞ Friday After Next ★ ('02) Mike Epps, Ice Cube.				Ridiculous		Ridiculous	
NEWSN	NewsNation Live (L) (N)		NewsNation Live (L) (N)		NewsNation Prime (L) (N)		NewsNation Prime (L) (N)		NewsNation Prime (L) (N)		NewsNation Prime (L) (N)	
NICK	SpongeBob	SpongeBob	Friends	Friends	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang
OXY	Snapped (N)		The Killer Among Us (N)		Snapped "Angel Sawyer"		Snapped		The Killer Among Us		The Killer Among Us	
PARMT	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue	
SYFY	5:00 ☞ Holes ★★★ Sigourney Weaver.		☞ The Da Vinci Code ★★ A religious mystery could rock foundations of Christianity.		☞ Angels & Demons ★★ ('09) Tom Hanks.							
TBS	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	The Office
TCM	5:30 ☞ The Spirit of St. Louis ★★★★★ James Stewart.		☞ The Kid ★★★★★		☞ Baby Boom ★★★ ('87) Harold Ramis, Diane Keaton.		☞ Bachelor Mother ★★★					
TLC	90 Day Fiancé (N)		90 Day Fiancé (N)		90 Day Fiancé "So Help Me God" (N)		90 Day Diaries (N)		Jay & Pamela			
TNT	Librarians :05 ☞ Speed ★★ ('94) Dennis Hopper, Keanu Reeves.		☞ Road House ('24) Daniela Melchior, Billy Magnussen, Jake Gyllenhaal.		☞ Speed ★★							
TOON	Burgers	Burgers	Burgers	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Rick Morty	Rick Morty	President (N)
TRAV	Unexplained: C		Unexplained: C		Mysteries at the Museum		Mysteries at the Museum		Mysteries at the Museum		Mysteries at the Museum	
TRUTV	☞ Aquaman and the Lost Kingdom ★★ ('23) Jason Momoa.		☞ Black Adam ★★ ('22) Aldis Hodge, Pierce Brosnan, Dwayne Johnson.		☞ Joker ★★							
TVLAND	Raymond	Raymond	Raymond	:35 Raymond	:10 Raymond	:45 Raymond	:20 Raymond "Counseling"		:55 Raymond	Raymond	Seinfeld	Seinfeld
USA	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU	
VH1	☞ In Too Deep ★★ ('99) LL Cool J, Nia Long, Omar Epps.		☞ Takers ★★ (2010, Action) Paul Walker, Idris Elba, Matt Dillon.		☞ In Too Deep ★★ ('99) Omar Epps.							
WPIX	5:00 TBA	Paid Prog.	☞ The Fugitive ★★ An innocent man must evade the law as he pursues a killer. (P)		PIX11 News at Ten (N)		New York (N)		Yankees			
YES	Yanks Mag.	Talkin'	The Story of	The Story of	The Story of	The Story of	The Story of	The Story of	Postgame	Homegrown	Talkin'	Behind
PREMIUM CHANNELS												
HBO	5:50 House Dg	:45 House Dg	"Tumbleton"	:50 House of the Dragon			House of the Dragon (N)		:05 House of the Dragon		:15 Last Week To. (N)	
MAX	5:20 ☞ Sucker Punch ★★		:10 ☞ Abraham Lincoln: Vampire Hunter ★		:55 ☞ The Wolfman ★★ Anthony Hopkins.		:40 ☞ Final Destination ★★ Devon Sawa.					
SHOW	The Chi		The Chi		The Chi (N)		☞ The Dutchman ('25) André Holland.		:35 The Chi			
STZ ENC	5:10 ☞ Runaway Bride ★★		:10 ☞ Shelter ★★ ('26) Jason Statham.		☞ Unstoppable ★★ Denzel Washington.		:40 ☞ Flight ★★ Denzel Washington.					
TMC	:10 ☞ Sky Captain and the World of Tomorrow ★★		☞ The Aviator ★★ Howard Hughes produces movies and flies airplanes.		☞ The Terminal ★★							

Sunday Best Bets



Ella Maisy Purvis and Jordan Mahr in "Patience"

Patience

③③ ⑤⑦ 8:00 PM

A monk turns up dead in a chapel, still kneeling as if caught mid-prayer. Said puzzle draws criminal archivist Patience Evans (Ella Maisy Purvis) and DI Frankie Monroe (Jessica Hynes) deep into a monastery’s guarded secrets, where foul play lurks.

K-Pop Shark Heroes

disc 8:00 PM

Comedian Ken Jeong teams with singer REIAMI on an unlikely mission: re-branding sharks across East Asia. Together they tackle decades of fear and misinformation, hoping to turn misunderstood ocean predators into unlikely, lovable heroes at last.

What She Didn’t Tell Me

life 8:00 PM

An overdose jolts her quiet new town, and a grieving pharmacist (Genelle Williams) refuses to look away. Determined to trace the threads, she chases a link between a swelling teenage drug crisis and a cryptic grief website hiding more than comfort.

The Walking Dead: Dead City

amc 9:00 PM

Ahh, the Big Apple. Cut off from the mainland, the ruined sprawl of Manhattan still teems with the dead. Maggie (Lauren Cohan) and Negan (Jeffrey Dean Morgan) return to its shattered streets as their uneasy alliance is tested in this Season 3 opener.

Sweet and savory stakes

'The Great Food Truck Race' returns for Season 19

By Dana Simpson
TV Media

From Miami's famous Cubano trucks to the Oscar Mayer company's iconic 1930s-era Weiner-mobile, food trucks are a tell-tale sign of summer in North America. Reportedly designed by American rancher and frontiersman Charles Goodnight in 1866 as a means to feed cowboys and working-class men on the move across Texas, the mobile kitchen, aka chuck wagon, had evolved into the motorized ice cream truck by the 1920s and, during the Second World War, into the more modern fast-food truck.

Now, some 160 years after their original form, food trucks have become a staple of North American gastronomy. Although particularly popular near its roots in the southern United States, the food truck lifestyle is ever-burgeoning, often making heavy use of social media, outdoor festival schedules and niche, kitschy pop-ups to drive business and stand out from the competition.

Speaking of competition, Food Network has been driving food truck content for the past 16 years with its flagship food truck-centered series "The Great Food Truck Race" having first launched in August 2010. This summer marks the 19th season of "The Great Food Truck Race." Don't miss the premiere Sunday, July 26.



Tyler Florence with contestants of "The Great Food Truck Race"

Hosted by chef, restaurateur and author Tyler Florence ("Tyler's Ultimate"), Season 19 of "The Great Food Truck Race" represents two flavors of the mobile dining experience.

"With four trucks that specialize in savory dishes and four sweet-themed trucks, the eight competing teams each represent a dynamic mix of flavors, strategies and culinary creativity in their quest for the win," reads the Food Network description. "Host Tyler Florence will lead the route starting in Nashville, Tennessee, and through the Great Smoky Mountains, stopping in cities with vibrant food scenes — all while adding unexpected twists and turns from the very first mile."

This season's teams — each of which contains three representatives — are Bug & Bear's Cannoli (Los Angeles); Hele Rolls (Kapolei, Hawaii); Grounds Donut House (The Bronx, New York); Waffadilla (Hampshire, Illinois); DeadProof Pizza Co. (Derry, New Hampshire); Jollof Bowls (Baltimore); Cason Funnel Cakes (Richmond, Virginia); and Stuph'd Beignets & Burgers (New Orleans).

Don't miss the perfect balance of sweet and savory when Season 19 of "The Great Food Truck Race" premieres Sunday, July 26, on Food Network. Episodes will also be available to stream the next day on discovery+ and HBO Max.

Cooking this week

SUNDAY

12:00 PM (33.3) Milk Street's My Family Recipe
FOOD The Kitchen
HIST The Food That Built America
12:30 PM (33.3) Milk Street's My Family Recipe
1:00 PM (33.3) Milk Street's My Family Recipe
FOOD Guy's Grocery Games
HIST The Food That Built America
1:30 PM (33.3) Milk Street's My Family Recipe
2:00 PM (33.3) Milk Street's My Family Recipe
FOOD Guy's Grocery Games
HIST The Food That Built America
2:30 PM (33.3) Milk Street's My Family Recipe

3:00 PM (33.3) Milk Street's My Family Recipe
FOOD Guy's Grocery Games
HIST The Food That Built America
3:30 PM (33.3) Milk Street's My Family Recipe
4:00 PM (33.3) Milk Street's My Family Recipe
FOOD Guy's Grocery Games
4:30 PM (33.3) Milk Street's My Family Recipe
5:00 PM (33.3) Indian as Apple Pie
(6) The Great Canadian Baking Show
6:00 PM (33.3) How She Rolls
FOOD Flavortown Food Fight
6:30 PM (33.3) Simply Ming
7:00 PM (33.3) To Dine For With Kate Sullivan
(6) Junior Baking Show
(44) Kitchen Nightmares
FOOD Flavortown Food Fight

7:30 PM (33.3) Cook's Country
8:00 PM **FOOD** Flavortown Food Fight
9:00 PM (33.3) Milk Street's My Family Recipe
FOOD The Great Food Truck Race
9:30 PM (33.3) Milk Street's My Family Recipe
10:00 PM (33.3) Confucius Was a Foodie
10:05 PM **HIST** The Food That Built America

MONDAY

3:00 PM **FOOD** 100 Cooks
3:30 PM (33.3) America's Test Kitchen
From Cook's Illustrated
4:00 PM (33.3) Flavor of Poland
4:30 PM (33.3) Homemade Live!
FOOD Beat Bobby Flay
5:00 PM (6) Jamie's Quick & Easy Food
FOOD Beat Bobby Flay

5:30 PM (6) Jamie's Quick & Easy Food
FOOD Beat Bobby Flay
6:00 PM **FOOD** Beat Bobby Flay
6:30 PM (33.3) Indian as Apple Pie
FOOD Beat Bobby Flay
7:00 PM **FOOD** Beat Bobby Flay
7:30 PM (33.3) Cook's Country
FOOD Pitmasters
8:00 PM (33.3) America's Test Kitchen
From Cook's Illustrated
(10) Coups de food
8:30 PM (33.3) Indian as Apple Pie
9:00 PM (33.3) Milk Street's My Family Recipe
FOOD Pitmasters
9:30 PM (33.3) Milk Street's My Family Recipe
10:00 PM **FOOD** Beat Bobby Flay
10:30 PM **FOOD** Beat Bobby Flay

TUESDAY

3:00 PM **FOOD** Chopped
3:30 PM (33.3) Cook's Country
4:00 PM (33.3) Pati's Mexican Table
FOOD Chopped
4:30 PM (33.3) Joanne Weir's Plates and Places
5:00 PM (6) Jamie's Quick & Easy Food
FOOD Chopped
5:30 PM (6) Jamie's Quick & Easy Food
6:00 PM **FOOD** Chopped
6:30 PM (33.3) Indian as Apple Pie
7:00 PM (33.3) Kitchen Curious With Vivian Howard
FOOD Chopped
7:30 PM (33.3) Moveable Feast
8:00 PM (33.3) Christopher Kimball's Milk Street Television
(44) Kitchen Nightmares
FOOD Beat Bobby Flay
8:30 PM (33.3) Indian as Apple Pie
FOOD Beat Bobby Flay
9:00 PM (33.3) Milk Street's My Family Recipe
9:30 PM (33.3) Milk Street's My Family Recipe
10:00 PM **FOOD** Beat Bobby Flay
10:30 PM **FOOD** Beat Bobby Flay

WEDNESDAY

3:00 PM (33) Dining With the Chef
FOOD Guy's Grocery Games
3:30 PM (33.3) America's Test Kitchen
From Cook's Illustrated
4:00 PM (33.3) Cook's Country
FOOD Guy's Grocery Games
4:30 PM (33.3) America's Test Kitchen
From Cook's Illustrated
5:00 PM (6) Jamie's Quick & Easy Food
FOOD Guy's Grocery Games
5:30 PM (6) Jamie's Quick & Easy Food
6:00 PM **FOOD** Guy's Grocery Games
6:30 PM (33.3) Indian as Apple Pie
7:00 PM (33.3) Lidia's Kitchen
FOOD Guy's Grocery Games
7:30 PM (33.3) Cook's Country
8:00 PM (33.3) Simply Ming
(12) (44) MasterChef
FOOD Guy's Grocery Games
8:30 PM (33.3) Indian as Apple Pie
9:00 PM (33.3) Milk Street's My Family Recipe
9:30 PM (33.3) Milk Street's My Family Recipe
10:00 PM **FOOD** Kitchen Chaos
10:30 PM **FOOD** Kitchen Chaos

THURSDAY

3:00 PM **FOOD** Beat Bobby Flay
3:30 PM (33.3) Cook's Country
FOOD Beat Bobby Flay
4:00 PM (33.3) The Farmer and the Foodie
FOOD Beat Bobby Flay
4:30 PM (33.3) Christopher Kimball's Milk Street Television
FOOD Beat Bobby Flay
5:00 PM (6) Jamie's Quick & Easy Food
FOOD Beat Bobby Flay
5:30 PM (6) Jamie's Quick & Easy Food
FOOD Beat Bobby Flay
6:00 PM **FOOD** Beat Bobby Flay
6:30 PM (33.3) Indian as Apple Pie
FOOD Beat Bobby Flay
7:00 PM (10) Dans le feu de l'action
(33.3) Steven Raichlen's Project Smoke
FOOD Beat Bobby Flay
7:30 PM (33.3) Pati's Mexican Table
FOOD Beat Bobby Flay

8:00 PM (33.3) Christopher Kimball's Milk Street Television
8:30 PM (33.3) Indian as Apple Pie
9:00 PM (33.3) Milk Street's My Family Recipe
FOOD Gordon Ramsay's Secret Service
9:30 PM (33.3) Milk Street's My Family Recipe
10:00 PM **FOOD** Gordon Ramsay's Secret Service

FRIDAY

3:00 PM **FOOD** Diners, Drive-Ins and Dives
3:30 PM (33.3) America's Test Kitchen
From Cook's Illustrated
FOOD Diners, Drive-Ins and Dives
4:00 PM (33.3) Lucky Chow
FOOD Diners, Drive-Ins and Dives
4:30 PM (33.3) America's Test Kitchen
From Cook's Illustrated
FOOD Diners, Drive-Ins and Dives
5:00 PM (6) Jamie's Super Food Family Classics
FOOD Diners, Drive-Ins and Dives
5:30 PM **FOOD** Diners, Drive-Ins and Dives
6:00 PM **FOOD** Diners, Drive-Ins and Dives
6:30 PM (33.3) Indian as Apple Pie
FOOD Diners, Drive-Ins and Dives
7:00 PM (33.3) Milk Street's My Family Recipe
FOOD Diners, Drive-Ins and Dives
7:30 PM (33.3) Cook's Country
FOOD Diners, Drive-Ins and Dives
USA Everything on the Menu With Braun Strowman
8:00 PM (33.3) America's Test Kitchen
From Cook's Illustrated
(44) MasterChef
FOOD Diners, Drive-Ins and Dives
8:30 PM (33.3) Indian as Apple Pie
9:00 PM **FOOD** Diners, Drive-Ins and Dives
9:30 PM **FOOD** Kitchen Chaos
10:00 PM **FOOD** Kitchen Chaos
USA Everything on the Menu With Braun Strowman
10:30 PM **FOOD** Diners, Drive-Ins and Dives

SATURDAY

12:00 PM (33) America's Test Kitchen
(57) Jacques Pépin: Heart & Soul
FOOD Cooking with Choi
12:30 PM (33) Cook's Country
FOOD Nick's Kitchen
1:00 PM (57) Steven Raichlen's Project Fire
FOOD Kitchen Chaos
1:30 PM (57) The Dooky Chase Kitchen: Leah's Legacy
2:00 PM **FOOD** Kitchen Chaos
2:30 PM (57) Cook's Country
FOOD Kitchen Chaos
3:00 PM (57) America's Test Kitchen
FOOD Diners, Drive-Ins and Dives
3:30 PM (57) Lidia's Kitchen
FOOD Diners, Drive-Ins and Dives
4:00 PM (33.3) America's Test Kitchen
From Cook's Illustrated
FOOD Diners, Drive-Ins and Dives
4:30 PM (33.3) Cook's Country
FOOD Diners, Drive-Ins and Dives
5:00 PM **FOOD** Diners, Drive-Ins and Dives
5:30 PM **FOOD** Diners, Drive-Ins and Dives
6:00 PM **FOOD** Diners, Drive-Ins and Dives
6:30 PM (33.3) Christopher Kimball's Milk Street Television
FOOD Diners, Drive-Ins and Dives
7:00 PM **FOOD** Diners, Drive-Ins and Dives
7:30 PM (33.3) Pati's Mexican Table
FOOD Diners, Drive-Ins and Dives
8:00 PM **FOOD** Diners, Drive-Ins and Dives
8:30 PM **FOOD** Diners, Drive-Ins and Dives
9:00 PM **FOOD** Diners, Drive-Ins and Dives
9:30 PM **FOOD** Diners, Drive-Ins and Dives
10:00 PM **FOOD** Diners, Drive-Ins and Dives
10:30 PM **FOOD** Diners, Drive-Ins and Dives

Family favorites

Sunday

FREEFORM 9:00 AM

Mr. Popper's Penguins

After unexpectedly inheriting six penguins, successful real estate developer Mr. Popper (Jim Carrey) finds his orderly life turned upside down. As he forms a bond with the penguins, they in return help him reconnect with his family.

DISN 11:20 AM

Toy Story 2

After saving Wheezy from being sold at a yard sale, Woody is stolen by a greedy toy dealer, prompting Buzz and the gang to embark on a daring rescue mission. However, a reunion with toys from the same playset causes Woody to rethink what he wants in life.

Monday

33 11:00 AM

Donkey Hodie

When Donkey's cousin comes over for a playdate, she notices they now have different interests, causing Donkey to worry if they can ever have fun together again. Meanwhile, Panda struggles with feeling different from other pandas.

Tuesday

TOON 10:00 AM

The Looney Tunes Show

In the first episode of this animated series, Bugs and Daffy go on a game show designed that awards the best of best friends. Despite Daffy's outlandish attempts to prove the strength of his bond with Bugs, the two perform terribly at almost every task.

Wednesday

33 9:30 AM 57 10:30 AM

Phoebe & Jay

A splash of paint turns the mail into a puzzle, sending Phoebe and Jay on a mission to decode smudged addresses one by one. Later, the twins open an old box and uncover a keepsake that belonged to their parents, which causes memories to rush back.

Saturday, July 25, 2026



Jim Carrey stars in "Mr. Popper's Penguins"

Friday

DISN 7:00 AM

Magicampers

A simple gardening lesson spirals into chaos on Melody Mountain when the magic gets out of hand. Amid the mess, Darly, Loomis and Dragoon stumble upon a glowing gem buried in the dirt, crackling with more power than any of them expected.

FREEFORM 11:00 AM

Oz the Great and Powerful

Oscar Diggs (James Franco), a shady circus magician, crashes his hot air balloon in the magical Land of Oz, where he leads a battle between good and evil. However, the three witches aren't convinced he's the right wizard to lead them.

Entertainment Extra

Saturday

57 6:30 AM

Arthur

When the Tibbles pretend that they have superpowers, they soon start playing a little too rough. D.W., meanwhile, tries to prove she has a superpower of her own by persuading the Tooth Fairy into giving her a little more money for a lost tooth.

FREEFORM 8:25 PM

Cruella

This 2021 live-action film takes place long before Pongo and Perdita came into the mix, when Cruella de Vil (Emma Stone) was simply Estella, a young, stylish and clever grifter who's determined to make a name for herself in the fashion world.

13



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Video Releases

Pressure

In the tense days leading up to the D-Day invasion of Normandy, Gen. Dwight D. Eisenhower (Fraser) must decide whether to launch the largest amphibious invasion in history or delay the operation in the face of increasingly volatile weather. At the center of the crisis is Gp Capt. James Stagg (Scott), a reserved but brilliant meteorologist whose storm forecast clashes with more optimistic predictions. Under mounting pressure from military leaders, political expectations and the ticking clock of war, Stagg must stand by his scientific judgment while Eisenhower weighs the enormous consequences of a single decision.

Director: Anthony Maras. **Stars:** Andrew Scott, Brendan Fraser, Kerry Condon, Chris Messina, Damian Lewis. 2026. 100 min. Drama.

Mortal Kombat II

After narrowly surviving the events of the first film, Earth's greatest warriors are called on to compete in the legendary Mortal Kombat tournament, a brutal



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COASTAL VILLAGE
COMEDY
CURSE
DEMON

contest that will decide the fate of Earthrealm. As the ruthless emperor Shao Kahn (Ford) prepares to conquer Earthrealm, Lord Raiden (Asano) assembles a team of seasoned warriors and new allies to face Outworld's deadliest fighters in a series of brutal battles. As alliances are tested and rivalries reignite, familiar heroes including Liu Kang (Lin), Sonya Blade (McNamee), Jax (Brooks) and Scorpion (Sanada) are joined by newcomer Johnny Cage (Urban), along with Kitana (Rudolph), Jade (Gabrielle), Baraka (Bloomfield) and Sindel (Nguyen) among other legendary fighters from the video game franchise. Each warrior must overcome personal challenges while battling increasingly dangerous enemies in a series of high-stakes, action-packed confrontations.

Director: Simon McQuoid. **Stars:** Karl Urban, Adeline Rudolph, Jessica McNamee, Ludi Lin, Mehcad Brooks, Tati Gabrielle, Lewis Tan, Damon Herriman, Tadanobu Asano, Hiroyuki Sanada, Ana Thu Nguyen, CJ Bloomfield, Martyn Ford. 2026. 116 min. Action Fantasy.

Tornado

Set against the rugged landscape of late 18th-century Scotland, Tornado (Koki) is a young Japanese woman traveling the countryside with her father, Fujin (Hira), a former samurai swordsman-turned-puppeteer whose performances celebrate the traditions of the samurai. Their quiet life is shattered when they cross paths with a ruthless gang of outlaws led by the merciless Sugarman (Roth) and his ambitious son, Little Sugar (Lowden). After a devastating betrayal leaves her fighting for survival, Tornado is forced to draw upon the skills and discipline her father instilled in her. Armed with her knowledge of samurai traditions, she sets out to escape her pursuers while seeking justice for the wrong committed against her. As the pursuit intensifies across the windswept countryside, every encounter becomes a test of her resolve and resourcefulness.

Director: John Maclean. **Stars:** Koki, Tim Roth, Jack Lowden, Takehiro Hira, Joanne Whalley. 2025. 91 min. Action Drama.

EVAN
FOLKLORE
GENEALOGY
HARBOR
HORROR
ISLAND TOWN
LOFTIS

TV Search

From the list, find each word and circle its letters in the puzzle to reveal the message relating to this week's theme.

Widow's Bay

M Y M R O T S L E N N U T N C
R O B R A H G E N E A L O G Y
B E N W O T D N A L S I U H R
B E C H I R I L T D T R R E A
R N L I R I R H V I E D I C M
Y O F L F O R O T N R N S U E
C H F L S I Y S H A N E M R S
E T I Y L S R A H J E R W S O
R U R L U E I C M V R E E E R
O R E S P C I T A H R V H A N
L R H U T R M N F S A E T H O
K M S Y D E M O C O W R T A M
L C O A S T A L V I L L A G E
O E Y T T S Y R E T S Y M S D
F N E W E N G L A N D T H E M

MATTHEW
MAYOR
MYSTERY
NEW ENGLAND
REVEREND
RHYS
RICHARD
ROSEMARY
RUTH
SACRIFICE
SARAH
SEA HAG
SECRETS
SHERIFF
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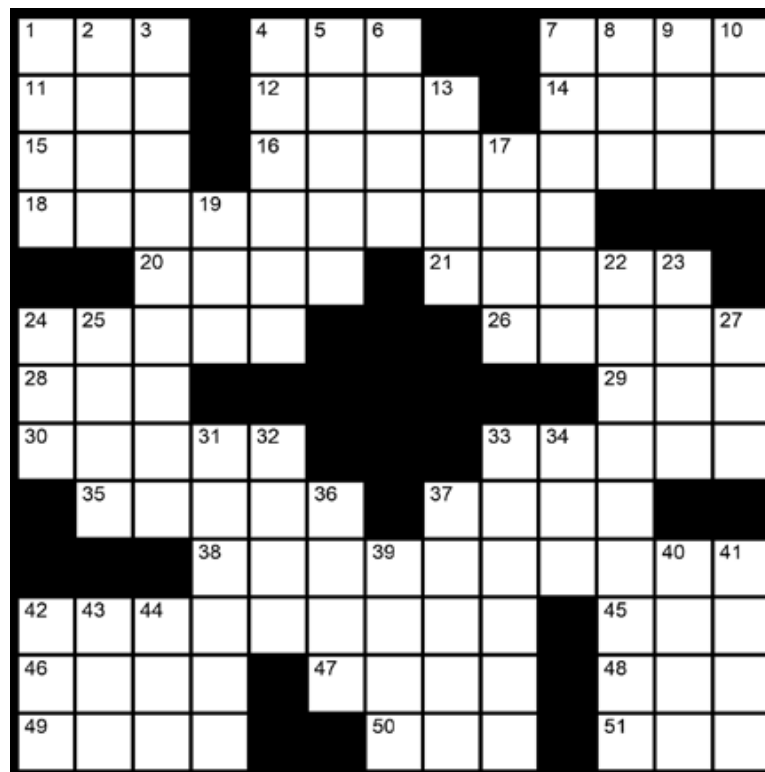
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1. Tofu base
4. Dated
7. Drunk in Mayberry
11. Mom-and-pop org.
12. Pedal pushers
14. Sword handle
15. Hunky-dory
16. Hayden Panettiere series
18. Sitcom whose theme song begins "Here we come, walking down the street"
20. Makes lace
21. Baby Girl, to Bernie Mac
24. Oprah's best friend
26. India's first P.M.
28. Coolers, briefly

Television Crossword



260726

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Down

29. Hegelian article
30. ____ apso (dog)
33. "SNL" specialty
35. Demand
37. Place for a firing
38. TV family living in the year 2062
42. Ron Howard series
45. Sitcom costar of Betty and Estelle
46. Zone
47. Roman teen's age
48. Big, fat mouth
49. Crux
50. Author Beattie
51. CD predecessors
1. Falling-out
2. Texter's "however"
3. Music heard on "The Benny Hill Show"
4. Distinguished
5. Depends (on)
6. Education station
7. "Makes sense now"
8. Up to, for short
9. Poorly
10. ____ Anne de Beaupré
13. Consequently
17. Style

19. ____ de mer
22. Craig Mazin historical drama
23. One of the "South Park" kids
24. Hoedown participant
25. Long
27. A abroad
31. Took no action
32. In need of a massage
33. Has a sense of belonging
34. Hirt and Hirschfeld
36. "Ideas worth spreading" spinoff
37. Enter, as data
39. Diner cuppa
40. Half-moon tide
41. Weakens
42. Lunch meat
43. "We ____ Family"
44. ____ green

Solution on page 22



meat • groceries • deli
fresh produce • cookies
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Monday

Best Bets



Greta Onieogou in a scene from "All American"

Dancing With the Stars: The Next Pro

(22) 8:00 PM

Hosted by Robert Irwin, this new series sees 12 exceptional dancers living together as they take part in the grueling process of auditioning for a coveted spot as a pro for Season 35 of "DWTS." This time, the dancers do group work with Britt Stewart.

All American

WPix 8:00 PM

Secrets put a spotlight on Amina (Alexis Chikaeze) and KJ (Nathaniel Logan McIntyre). Meanwhile, Layla (Greta Onieogou) seeks help from her father (Ray Campbell). However, their exchange goes in a much different direction than either of them expected.

The McBee Dynasty: Real American Cowboys

BRAV 9:00 PM

A business-related disagreement threatens to destroy the friendship between Kacie and Steven. And it doesn't stop there — relationship issues pile up for Steven as he and his new girlfriend, Allie, start to accept there might be trouble in paradise.

Maine Cabin Masters: All Inn

MAGN 9:00 PM

The Masters take on their biggest build yet in this new series converting the former Rise and Shine B&B into a sprawling 12-acre lakeside inn. But rot hidden behind the library fireplace threatens the schedule, as Ashley rescues its historic tiles.

MONDAY EVENING JULY 27

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
WCAX (3)	Channel 3 News at Six (N)		CBS-News	ET (N)	Neighbor	Neighbor	FBI "Manifest"		CIA "Bridge of Lies"		Channel 3	:35 Comics	
WPTZ (5)	NBC5 News	NBC News	Jeopardy!	Wheel	Ninja Ninjas from the central region continue in the qualifiers.				The Wall (N)		NBC5 News	:35 J. Fallon	
CBMT (6)	CBC News	Kim	Coronation	Gags	Murdoch Mysteries		Saint "The Mouth of Hell"		The National (N)		CBC News	Maamuitaau	
CFTM (10)	Nouvelles (N)	Sucré salé	Planter	Papa (N)	Coups de food (N)		La recrue (N)		Nouvelles (N)	Sucré salé	✱ Opération Hunter-Killer		
CFCF (12)	CTV News Montreal (L) (N)		etalk (N)	Big Bang	Quiz-Balls "Extracted" (N)			Ninja Ninjas from the central region continue in the qualifiers.		News-Omar	CTV News		
WVNY (22)	ABC22 News	World News	ABC22 News	Inside (N)	Dancing With-Stars (N)		Who Wants to Be		Celebrity Family Feud		ABC22 News	:35 J. Kimmel	
WWBI (27)	Chicago "On the Warpath"		Chicago "Care Under Fire"		Chicago P.D. "Politics"		Chicago P.D. "Monster"		Chicago P.D. "Rabbit Hole"		Chicago "Confidential"		
WETK (33)	PBS News Hour (N)		Context	Old House	Antiques Roadshow		Antiques Roadshow		POV "For Venida, For Kalief" (N)			Amanpour	
CREATE(33)	R. Steves	Indian	Table	Cook	Test Kitchen	Indian	Milk Street	Milk Street	R. Steves	Weekends	Rudy Maxa	Joy/Painting	
WORLD(33)	Wild Kratts	Weather	Lyla	Arthur	Nature Cat	Elementary	Cyberchase	Go Luna	Phoebe	Xavier Riddle	Molly	Alma's Way	
WFFF (44)	Sheldon	Sheldon	Big Bang	Big Bang	1% Club "Ladies Night" (N)		Quiz-Balls "Extracted" (N)		FOX44 News at 10 (N)		The Connors	The Connors	
WCFE (57)	BBC World	BBC News	PBS News Hour (N)		Antiques Roadshow		Antiques Roadshow		POV "For Venida, For Kalief" (N)			Amanpour	
CABLE CHANNELS													
A&E	Late Night Law		Late Night Law		Late Night Law		Late Night Law		Late Night Law (N)		:05 Late Night Law		
AMC	✱ Happy Gilmore ★★ ('96)		Adam Sandler.		✱ Beverly Hills Cop ★★★ ('84)		Eddie Murphy.		:15 ✱ Beverly Hills Cop II ★★ ('87)		Eddie Murphy.		
ANPL	Alaskan "Back to the Bush"		Alaskan "Breaking Ground"		Alaskan Bush People		Alaskan "Call to Duty"		Alaskan Bush People		Alaskan "Family First"		
BRAVO	Below Deck Mediterranean		Below Deck Mediterranean		Below Deck (N)		McBee "Boiling Points" (N)		Watch What	The Real Housewives		:45 McBee	
CMT	Mama's	Mama's	Mama's	Mama's	Reba	:35 Reba	:10 Reba	:40 Reba	:15 Reba	:50 Reba	:25 Gold Girls		
CNBC	Mad Money (N)		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		
CNN	Jake Tapper (L) (N)		E. B. OutFront (L) (N)		Cooper 360 (L) (N)		The Source With (L) (N)		CNN NewsNight (L) (N)		Laura Coates Live (L) (N)		
COM	The Office	The Office	The Office	:35 Office	:10 Office	:45 Office	:20 The Office		:55 Office	The Office	The Daily Show (N)		
DISC	Black Mako of the Abyss		Air Jaws: Red, White and		Bull Shark Dinner Bell (N)		House of Sharks (N)		Biggest Mako on Earth (N)		Caught! Sharks Strike Back		
DISN	Bluey	Big City	Big City	Big City	Phineas	Phineas	Vampirina	Phineas	Phineas	Kiff	Ladybug	Ladybug	
E!	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	
ESPN	SportsCenter (L) (N)		MLB Baseball Teams TBA (L) (N)						SportsCenter (L) (N)		SportsCenter (L) (N)		
ESPN2	Pardon (N)	Baseball (N)	Athletes Unlimited Softball League (If necessary)			The 2026 ESPYS			SummerSlam 2026 Kickoff				
FNC	With Bret Baier (L) (N)		The Ingraham Angle (L) (N)		Jesse Watters (L) (N)		Hannity (L) (N)		Gutfeld! (N)		Fox News at Night (L) (N)		
FOOD	Beat Bobby	Beat Bobby	Beat Bobby	Pitmasters (N)			Pitmasters (N)		Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	
FREE	✱ Freaky Friday ★★★ ('03)		Jamie Lee Curtis.		King/Hill	:35 King/Hill	:10 King/Hill	:50 King/Hill	:25 King of the Hill		The 700 Club (N)		
FS1	LIV Golf United Kingdom		The Basketball Tournament (L) (N)				TBT Alumni Bracket Tournament, Semifinal: Teams TBA			SPEED With Harvick (N)			
FX	5:00 ✱ Guardians of the Galaxy ★★★			✱ Guardians of the Galaxy Vol. 2 The team unravels the mystery of Peter Quill's parentage.						✱ Indiana Jones & the Temple of Doom			
HALL	✱ Snowbound for the Holidays ('26) Vanessa Lengies.			✱ Christmas Wishes & Mistletoe Kisses Jill Wagner.			Golden Girls		Golden Girls	Golden Girls	Golden Girls	Golden Girls	
HGTV	Hunters	Hunters	Hunters	Roast My	Ugliest House in America		Ugliest House (N)		Crashers (N)		Extreme Buyers Club		
HIST	World War "No Surrender"		World War II		World War "Endgame" (N)		World War II "Fall Out" (N)		:05 Modern (N)		:05 World War II		
IFC	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	
INSP	Cheyenne "Cross Purpose"		Have Gun ...		Have Gun ...		Gunsmoke		Gunsmoke "The Legend"		Gunsmoke "Trafton"		
LIFE	Dr. Pimple Popper		Dr. Pimple Popper		Dr. Pimple Popper		Dr. Pimple Popper (N)		:05 Dr. Pimple Popper		:05 Dr. Pimple Popper		
MAGN	Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters (N)		Maine Cabin Masters		Maine Cabin Masters		
MSG	3:00 Major League Pickleball MLP Chicago							Fight Sports: Boxing		TBL Team Boxing League			
MSGPL	Fight Sports: Boxing Jamie Munguia vs. Sadam Ali (N)				Fight Sports MMA		Champ. Kickboxing		Best of Devils From Oct. 18, 2025.				
MTV	Big Bang	Big Bang	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	
NEWSN	The Hill with Blake (N)		Vargas Report (N)		Cuomo (N)		On Balance (N)		Katie Pavlich Tonight (N)		Jesse Weber Live (N)		
NICK	SpongeBob	SpongeBob	Friends	Friends	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang	
OXY	Snapped		Snapped "Natalie Cochran"		Snapped		The Killer Among Us		Snapped "Sonia Mitchell"		Snapped "Kimberly Ross"		
PARMT	✱ Jack Reacher ★★ ('12) Rosamund Pike, Tom Cruise. An investigator probes a random sniper attack.												
SYFY	5:00 ✱ Angels & Demons ★★ ('09) Tom Hanks.				✱ Journey to the Center of the Earth ★★				✱ Men in Black ★★★ ('97) Will Smith, Tommy Lee Jones				
TBS	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	The Office	The Office	The Office	
TCM	Movie	:45 ✱ I Was Framed ★ ('42) Tod Andrews.	✱ Moonstruck ★★★ ('87) Nicolas Cage, Cher.			✱ Six Degrees of Separation ★★★ Stockard Channing.							
TLC	90 Day: The Last Resort		90 Day: The Last Resort		90 Day: The Last Resort (N)		Little Singles (N)		:05 Last Resort (N)		:05 90 Day Diaries		
TNT	5:15 ✱ Father of the Bride Part II ★★			✱ Just Go With It ★★ ('11) Jennifer Aniston, Adam Sandler.					✱ Couples Retreat ★★ ('09) Vince Vaughn.				
TOON	Burgers	Burgers	Burgers	Burgers	Burgers	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Rick Morty	Rick Morty	
TRAV	Mysteries of the Unknown				Mysteries A bitter rivalry between an Egyptian queen & her br..				Mysteries A boxing upset; a race of bizarre creatures; a mutt h..				
TRUTV	Imp. Jokers	Imp. Jokers	Super Bowl XX (N)		:15 Super Bowl XXI Champ (N)			Super Bowl XXII Cha (N)		Dunkman Group Stage A		Movie	
TVLAND	Andy Griffith	Andy Griffith	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	
USA	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		
VH1	5:00 ✱ Just Wright ★★ Queen Latifah.			✱ Nobody's Fool ★ ('18) Tika Sumpter, Tiffany Haddish.					✱ Just Wright ★★ ('10) Common, Queen Latifah.				
WPIX	PIX11 News	PIX11 News	NY-10 Democratic (N)		All American (N)		Penn & Teller: Fool Us		PIX11 News at Ten (N)		New York	Seinfeld	
YES	Yankees (N)	Yankees BP	Pregame (N)	MLB Baseball New York Yankees at Chicago White Sox (L) (N)						Postgame (N)	Extra (N)	MLS Soccer	
PREMIUM CHANNELS													
HBO	To Be Announced		:05 Last Week	:45 House of the Dragon	:55 Life, Larry and			✱ The Meg ★★ ('18) Li Bingbing, Jason Statham.			Movie		
MAX	Movie	:35 ✱ Blood Father ★★★ Mel Gibson.	✱ Red Sparrow ★★ ('18) Jennifer Lawrence.			:25 ✱ The Watchers ★★ ('24) Dakota Fanning.							
SHOW	5:30 ✱ Out of the Furnace ★★★			✱ The Perfect Gamble David Arquette.			The Chi		✱ The Foreigner ★★ ('17) Pierce Brosnan, Jackie Chan.				
STZ ENC	5:25 ✱ What Men Want ★★			:25 ✱ The Strangers: Chapter 3 ★			✱ Django Unchained ★★★ ('12) Christoph Waltz, Jamie Foxx.			Movie			
TMC	:05 ✱ The Gambler ★★ ('14) Mark Wahlberg.				✱ Maniac ★★ ('12) Elijah Wood.			✱ The Infernal Machine ('22) Alice Eve, Guy Pearce.			Movie		

TUESDAY EVENING JULY 28

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
WCAX ③	Channel 3 News at Six (N)		CBS-News	ET (N)	NCIS "Heaven and Nature"		NCIS: Origins		NCIS: Sydney "Ticker"		Channel 3	:35 Comics
WPTZ ⑤	NBC5 News	NBC News	Jeopardy!	Wheel	Got Talent The acts moving on to the live shows are revealed.			Password (N)		NBC5 News :35 J. Fallon		
CBMT ⑥	CBC News	Kim	Coronation	Gags	Standing	Son of a	North of	Small	The National (N)		CBC News	22 Minutes
CFTM ⑩	Nouvelles (N)	Sucré salé	Un zoo pas	Chantier	9-1-1 (N)		Passez	Le bonheur	Nouvelles (N)	Sucré salé	🔴 Qu'est-ce qu'on a fait au ...	
CFCF ⑫	CTV News Montreal (L) (N)	etalk (N)	Big Bang	Big Bang	Big Bang	Big Bang	Amazing Race (N)		Password (N)		News-Omar	CTV News
WVNY ②②	ABC22 News	World News	ABC22 News	Inside (N)	R.J. "Brenner's Back"		Will Trent "He Lives!"		Will Trent		ABC22 News	:35 J. Kimmel
WWBI ②⑦	Chicago "Scorched Earth"		Chicago Fire		Chicago "I Held Her Hand"		Chicago Fire "That Day"		Chicago "Lift Each Other"		Chicago "One Hundred"	
WETK ③③	PBS News Hour (N)		Context	Old House	Roots "The Road We Took"		Once Upon a (N)		Breaking the Deadlock		Amanpour (N)	
CREATE ③③.3	R. Steves	Indian	Kitchen	Moveable	Milk Street	Indian	Milk Street	Milk Street	R. Steves	Rosendo	Darley	Joy/Painting
WORLD ③③.4	Wild Kratts	Weather	Lyla	Arthur	Nature Cat	Elementary	Cyberchase	Go Luna	Phoebe	Xavier Riddle	Molly	Alma's Way
WFFF ④④	Sheldon	Sheldon	Big Bang	Big Bang	Kitchen Nightmares (N)		Beat Shazam (N)		FOX44 News at 10 (N)		The Conners	The Conners
WCFE ⑤⑦	BBC World	BBC News	PBS News Hour (N)		Roots "The Road We Took"		Once Upon a (N)		Breaking the Deadlock		BBC News	Amanpour

CABLE CHANNELS

A&E	Squatters	Squatters	Squatters	Squatters	Squatters	Squatters	Squatters	Squatters	Squatters	Hider "Buried Secrets"	:05 Hider in My House			
AMC	5:00 🟴 White House Down ★★ ('13) Channing Tatum.				🟴 Shawshank Redemption A banker is sent to prison for murders he didn't commit.				🟴 The Fugitive ★★★					
ANPL	Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law			
BRAVO	In the City		In the Cit "Reunion Part 1"		In the City (N)		The Real Housewives (N)		:15 Watch What (N)		:15 Housewives/OC			
CMT	Mama's	Mama's	Mama's	Mama's	Reba	Reba	Reba	Reba	Reba	Reba	Golden Girls	Golden Girls		
CNBC	Mad Money (N)		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank			
CNN	Jake Tapper (L) (N)		E. B. OutFront (L) (N)		Cooper 360 (L) (N)		The Source With (L) (N)		CNN NewsNight (L) (N)		Laura Coates Live (L) (N)			
COM	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Daily Show	:35 FamilyGuy		
DISC	Jaws vs. Mega Croc		Biggest Mako on Earth		Jurassic Sharks (N)		Jaws vs. Orca (N)		Chum Island (N)		Invasion of the			
DISN	Bluey	Big City	Big City	Big City	Phineas	Phineas	Vampirina	Phineas	Phineas	Kiff	Ladybug	Ladybug		
E!	How I Met	How I Met	How I Met	How I Met	How I Met	How I Met	How I Met	How I Met	How I Met	How I Met	How I Met	How I Met		
ESPN	SportsCenter (L) (N)		WWE SummerSlam Special		SummerSlam 2026 Kickoff		Countdown		WNBA Basketball From Climate Pledge Arena in Seattle.				SportCtr (N)	
ESPN2	Pardon (N)	Chiney (N)	Dance League		2026 WSOP (L) (N)		2026 WSOP (L) (N)		WWE SummerSlam Special		SummerSlam 2026 Kickoff			
FNC	With Bret Baier (L) (N)		The Ingraham Angle (L) (N)		Jesse Watters (L) (N)		Hannity (L) (N)		Gutfeld! (N)		Fox News at Night (L) (N)			
FOOD	Chopped		Chopped		Beat Bobby	Beat Bobby	Kitchen "True Grit" (N)		Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby		
FREE	5:20 🟴 Beauty and the Beast ★★★ ('17) Dan Stevens, Emma Watson.				:25 🟴 Cinderella ★★★ ('15) Lily James, Cate Blanchett.				The 700 Club (N)					
FS1	Kevin H Hour		The Basketball Tournament (L) (N)				The Basketball Tournament (L) (N)				Kevin H Hour			
FX	🟴 Indiana Jones & the Kingdom of the Crystal Skull Indy & a deadly Soviet agent vie for a po..						🟴 The Day After Tomorrow ★★ ('04) Jake Gyllenhaal, Dennis Quaid.				Movie			
HALL	🟴 Christmas Above the Clouds ('25) Tyler Hynes.				🟴 Santa Tell Me ('24) Daniel		Lissing, Erin Krakow.		Golden Girls	Golden Girls	Golden Girls	Golden Girls		
HGTV	Hunters	Roast My	Love It or List It		Love It or List It (N)		Extreme Buyers Club (N)		House (N)	House Hunt	House Hunt	House		
HIST	Skinwalker "Rocket Men"		Skinwalker "Up in Smoke"		Skinwalker Ranch		Skinwalker Ranch (N)		:05 Skinwalker	The Proof Is (N)		:35 Proof		
IFC	Raymond	Raymond	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men		
INSP	Cheyenne		Have Gun ...	Have Gun ...	Gunsmoke	Gunsmoke	Gunsmoke "Lynott"		Gunsmoke "Lijah"		Wagon Train			
LIFE	Castle		Castle "Demons"		Castle "Cops & Robbers"		Castle "Heartbreak Hotel"		:05 Castle "Kill Shot"	:05 Castle "Cuffed"				
MAGN	Beachfront Bargain Hunt		Beachfront Bargain Hunt		Lakefront Barg		Lakefront Barg (N)		Lakefront Barg		Lakefront Barg			
MSG	5:00 New York Knicks 2026		Championship Parade		Knicks	Knicks	Best of the Knicks From April 10, 2026.				Fight Sports MMA			
MSGPL	Poker		Poker		United Clan Wars 54, Part 1		United Clan Wars 54, Part 2		Best of Islanders From Oct. 23, 2025.					
MTV	Big Bang	Big Bang	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office		
NEWSN	The Hill with Blake (N)		Vargas Report (N)		Cuomo (N)		On Balance (N)		Katie Pavlich Tonight (N)		Jesse Weber Live (N)			
NICK	SpongeBob	SpongeBob	Friends	Friends	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang		
OXY	Dateline: Unforgettable "Deadly Entanglement"				Forensic	Forensic	Forensic	Forensic	Forensic	Forensic	Forensic	Forensic		
PARMT	🟴 Top Gun ★★★ ('86) Kelly McGillis, Anthony Edwards, Tom Cruise.					🟴 Top Gun: Maverick ★★★ Pete Mitchell trains a new generation of fighter pilots.					Movie			
SYFY	5:00 🟴 Men in Black ★★★		🟴 Men in Black 2 ★★ ('02) Will Smith, Tommy Lee Jones.			🟴 Men in Black 3 ★★ ('12) Tommy Lee Jones, Josh Brolin, Will Smith.					Movie			
TBS	Big Bang	Big Bang	Leadoff (N)	Baseball Chicago Cubs at St. Louis Cardinals	From Busch Stadium in St. Louis, Mi. (N)				MLB Close	The Office	The Office			
TCM	Movie	:45 🟴 Alibi lke ★★ ('35) Joe E. Brown.	🟴 Matewan ★★★ ('87) Will		Oldham, James Earl Jones, Chris Cooper.				🟴 Slacker ★★★ ('91) Rudy Basquez.					
TLC	Baylen Out Loud		Baylen Out Loud		Baylen Out Loud (N)		Baylen Out Loud (N)		Jay & Pamela (N)		Little Singles			
TNT	4:30 🟴 Just Go With It ★★		Dunkman Group Stage A		Dunkman Group Stage B (N)		🟴 Girls Trip ★★★ ('17) Queen Latifah, Jada Pinkett Smith, Regina Hall.				🟴 Barbie			
TOON	Burgers	Burgers	Burgers	Burgers	Burgers	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Rick Morty	Rick Morty		
TRAV	Hometown "The Pigman"		Hometown Horror		Hometown Horror		Hometown Horror		Hometown Horror		Hometown Horror			
TRUTV	Dunkman Group Stage A		Leadoff (N)	Baseball Chicago Cubs at St. Louis Cardinals	From Busch Stadium in St. Louis, Mi. (N)				MLB Close	🟴 For Love of the Game				
TVLAND	:25 The Andy Griffith Show		Raymond	:35 Raymond	:10 Raymond	:45 Raymond	:20 Everybody Raymond		:55 Raymond	Raymond	King	King		
USA	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU			
VH1	My Wife	My Wife	My Wife	My Wife	🟴 RV ★★ ('06) Jeff Daniels, Cheryl Hines, Robin Williams.							🟴 Jumanji ★★ ('95) Jonathan Hyde, Robin Williams.		
WPIX	PIX11 News	PIX11 News	Seinfeld	Big Bang	WWE NXT (L) (N)					PIX11 News at Ten (N)		New York	Seinfeld	
YES	Yankees (N)	Yankees BP	Pregame (N)	Baseball New York Yankees at Chicago White Sox From Rate Field in Chicago. (L) (N)								Postgame (N)	Extra (N)	Sportico

PREMIUM CHANNELS

HBO	:15 Life	:50 House of the Dragon	🟴 Open Water ★★★		:20 The Man Will Burn	:20 Life, Larry and	House of the Dragon
MAX	5:40 🟴 Blue Beetle ★★ Xolo Maridueña.		:45 🟴 The Hitman's Bodyguard ★★ ('17) Ryan Reynolds.	:45 🟴 The Hitman's Wife's Bodyguard ★ Ryan Reynolds.		Movie	
SHOW	5:15 🟴 The Commuter ★★		🟴 The Expendables ★★		:45 🟴 The Expendables 2 ★★ ('12) Sylvester Stallone.		🟴 The Expendables 3 ★★
STZ ENC	5:40 🟴 You Again ★★ ('10) Kristen Bell.		:25 🟴 Billy Madison ★ Adam Sandler.		🟴 The Distinguished Gentleman ★★ Eddie Murphy.		:55 🟴 The Housemaid ★★
TMC	:15 🟴 Noah's Arc: Jumping the Broom Darryl Stephens.		🟴 Lilies Not for Me ('25) Fionn O'Shea.		:40 🟴 The Talented Mr. Ripley ★★★ ('99) Matt Damon.		

Saturday, July 25, 2026

Tuesday
Best Bets



Host Jamie Foxx and DJ Corinne Foxx of "Beat Shazam"

In the City

BRAV 8:00 PM

After years spent chasing crazy Hamp-tons summers, Amanda and Kyle finally shut the door on Summer House for good, stepping into a messier chapter defined by career pivots, shifting relationships and the looming possibility of adding to their family.

Love It or List It

HGTV 8:00 PM

When their century old home starts showing its age, a couple debates whether or not it's time to move on to something newer and more spacious. While she doubts they can work with the current floorplan, he's ready to tackle a massive renovation.

Kitchen Undercover

FOOD 9:00 PM

Chef Antonia Lofaso slips into disguise with her sous chef, infiltrating a struggling restaurant to uncover exactly what's driving customers away. Posing as regular staff, the duo digs for root causes before recommending a fix that could save the place.

Beat Shazam

④④ 9:00 PM

Two-player teams race the clock to name some of the biggest hit songs ever recorded, banking cash with every correct call. The top squad then squares off against Shazam itself for a shot at \$1 million in this season premiere. Jamie Foxx hosts.

Wednesday

Best Bets



Jimmy Kimmel hosts "Who Wants to Be a Millionaire"

MasterChef

(12) (44) 8:00 PM

The 12 top cooks head to a grand castle, where they'll cater the wedding of "MasterChef" Season 15 winners Jesse and Jessica. Before the festivities, both teams must deliver a feast fit for royalty — and one team finds themselves at risk of elimination.

Who Wants to Be a Millionaire

(22) 8:00 PM

During this all-new season, host Jimmy Kimmel welcomes celebrity contestants and a hot seat guest of their choosing to answer increasingly difficult questions in hopes of winning big for a charity of their choice.

Pride and Prejudice

TCM 8:00 PM

When wealthy bachelors descend on a sleepy English village, families with marriageable daughters scramble to make matches. The spirited Elizabeth Bennet (Greer Garson) butts heads with the proud, aloof Mr. Darcy (Laurence Olivier) at every turn.

Kitchen Chaos

FOOD 10:00 PM

Professional chefs sit back and let their jaws drop as viral food clips flood the screen, from hibachi tricks gone spectacularly wrong to ice cream pranks nobody saw coming. Expect sharp commentary, real reactions and plenty of second-hand embarrassment.

The Ark

SYFY 10:00 PM

Disaster cripples the Ark One as it races to give humanity a future. With supplies dwindling, leadership gone and over a year still separating them from their target world, the battered survivors must hold together in this Season 3 premiere.

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WEDNESDAY EVENING JULY 29

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
WCAX (3)	Channel 3 News at Six (N)	CBS-News	ET (N)	Big Brother "Episode 11" (N)	Survivor "Knife to the Heart"				Channel 3	:35 Comics		
WPTZ (5)	NBC5 News	NBC News	Jeopardy!	Wheel	Chicago Med	Chicago "Reckoning, Part I"	Chicago P.D.	NBC5 News	:35 J. Fallon			
CBMT (6)	CBC News	Kim	Coronation	Gags	Wild Cards "Dead Weight"	Allegiance "Nakhra"	The National (N)	CBC News	Land			
CFTM (10)	Nouvelles (N)	Sucré salé	Le vrai du	Notre pre (N)	Haut potentiel (N)	Famille de criminel (N)	Nouvelles (N)	Sucré salé	✖ Mauvais garçons pour la ...			
CFCF (12)	CTV News Montreal (L) (N)	etalk (N)	Big Bang	MasterChef (N)	Rainmaker "Episode 6" (N)	The Rebuilt Tough Choices	News-Omar	CTV News				
WVNY (22)	ABC22 News	World News	ABC22 News	Inside (N)	Who Wants to Be (N)	Shifting	Shifting	Shifting	Shifting	ABC22 News	:35 J. Kimmel	
WWBI (27)	Blue Bloods	Blue Blood "The Forgotten"	Blue Bloods "Brushed Off"	Blue Bloods	Blue Bloods				Blue Bloods	Blue Bloods "Pain Killers"		
WETK (33)	PBS News Hour (N)	Context	Museum	Nature	NOVA "Pluto and Beyond"				Bugs "Eat or Be Eaten"	Amanpour (N)		
CREATE(33,34)	R. Steves	Indian	Lidia	Cook	Simply Ming	Indian	Milk Street	Milk Street	R. Steves	Samantha	Islands	Joy/Painting
WORLD(33,34)	Wild Kratts	Weather	Lyla	Arthur	Nature Cat	Elementary	Cyberchase	Go Luna	Phoebe	Xavier Riddle	Molly	Alma's Way
WFFF (44)	Sheldon	Sheldon	Big Bang	Big Bang	MasterChef (N)	Nation's "Duel of Fools" (N)	FOX44 News at 10 (N)	The Conners	The Conners			
WCFE (57)	BBC World	BBC News	PBS News Hour (N)	Nature	NOVA "Pluto and Beyond"				Bugs "Eat or Be Eaten"	BBC News	Amanpour	

CABLE CHANNELS

A&E	Arrest	Arrest	Arrest	Arrest	Arrest	Arrest	Arrest (N)	Arrest (N)	Swamp (N)	Swamp (N)	:05 Swamp	:35 Swamp	
AMC	5:00 ✖ The Shawshank Redemption ★★★★★				✖ Saving Private Ryan ★★★★★ ('98) Tom Hanks. U.S. troops look for a missing comrade during World War II.								
ANPL	Afraid "Next Gen Survival"		Naked and Afraid		Afraid Surviving 21 days in Limpokwena, South Africa.				Afraid The frigid Montana wilderness pushes the survivalists.				
BRAVO	The Valley "Balls Voyage"		The Valley "Guilt Tripping"		The Valley (N)		Next Gen NYC (N)		Watch What	The Valley "The Valley of the Damned"			
CMT	Mama's	Mama's	Mama's	Mama's	Reba	Reba	Reba	Reba	Reba	Reba	Golden Girls	Golden Girls	
CNBC	Mad Money (N)		Shark Tank		Shark Tank		Shark Tank		Basketball From Mortgage Matchup Center in Phoenix.				
CNN	Jake Tapper (L) (N)		E. B. OutFront (L) (N)		Cooper 360 (L) (N)		The Source With (L) (N)		CNN NewsNight (L) (N)		Laura Coates Live (L) (N)		
COM	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Daily Show	:35 FamilyGuy	
DISC	Expedition X		Expedition Unknown		Expedition X (N)		Expedition Unknown (N)		Alien Sharks: Untame (N)		Jaws vs. Orca		
DISN	Bluey	Big City	Big City	Big City	Phineas	Phineas	Place	Phineas	Phineas	Kiff	Ladybug	Ladybug	
E!	How I Met	How I Met	How I Met	How I Met	How I Met	How I Met	How I Met	How I Met	How I Met	How I Met	How I Met	How I Met	
ESPN	SportsCenter (L) (N)		Baseball (N)	MLB Baseball	Teams TBA (L) (N)					SportsCenter (L) (N)		SportCtr (N)	
ESPN2	4th and Goal	4th and Goal	NFL Live		Peyton's	Peyton's	Peyton's	Peyton's	Peyton's	Peyton's	Peyton's	Peyton's	
FNC	With Bret Baier (L) (N)		The Ingraham Angle (L) (N)		Jesse Watters (L) (N)		Hannity (L) (N)		Gutfeld! (N)		Fox News at Night (L) (N)		
FOOD	Grocery "DDD Seafood"		Grocery "GGG New Stars"		Guy's Grocery Games		Guy's Grocery Games (N)		Kitchen (N)	Kitchen	Guy's Grocery Games		
FREE	Movie	✖ The Devil Wears Prada ★★ ('06) Anne Hathaway, Meryl Streep.		House of Stassi (N)				House of Stassi (N)		The 700 Club (N)			
FS1	Travis (N)	Wild World	The Basketball Tournament				Horse Racing		Travis	TMZ Sports	Indianapolis 500		
FX	4:30 ✖ There's Something A...		✖ The Proposal ★★ ('09) Ryan Reynolds, Sandra Bullock.					✖ The Other Woman ★★ ('14) Leslie Mann, Kate Upton, Cameron Diaz.					
HALL	✖ Christmas on My Mind ('19) Ashley Greene.				✖ Love Under the Mistletoe ('26) Jen Lilley.				Golden Girls	Golden Girls	Golden Girls	Golden Girls	
HGTV	Dream Home Dream Home		Dream Home Dream Home		Dream Home Dream Home		Renovation Resort (N)		Worst (N)	Worst (N)	Hunters	Hunters	
HIST	Alone "Cold Omen"		Alone "Thin Margins"		Alone "Balancing Act"		Alone "Natural Order" (N)		:35 Forged in Fire (N)		:35 Alone		
IFC	Raymond	Raymond	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	
INSP	Cheyenne "Day's Pay"		Have Gun ... Have Gun ...		Gunsmoke Gunsmoke		Gunsmoke		Elkhorn "The Roundup"		Wagon Train		
LIFE	Rizzoli "Born to Run"		Rizzoli & Isles		Rizzoli "The Beast in Me"		Rizzoli & Isles		:05 Rizzoli & Isles		:05 Rizzoli "Living Proof"		
MAGN	Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		
MSG	5:30 United	United Clan Wars 54, Part 1	Knicks Parade		Fans celebrate the New York Knicks' NBA Championship.					Knicks	Knicks	3ICE	
MSGPL	5:00 Best of Devils		4th &	4th &	4th &	4th &	Best of Devils From Oct. 21, 2025.			Best of Devils			
MTV	Big Bang	Big Bang	The Office		The Office		The Office		The Office	The Office	The Office	The Office	
NEWSN	The Hill with Blake (N)		Vargas Report (N)		Cuomo (N)		On Balance (N)		Katie Pavlich Tonight (N)		Jesse Weber Live (N)		
NICK	SpongeBob	SpongeBob	Friends	Friends	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang	
OXY	Dateline: Secrets Uncovered		"The Last Walk"		Dateline "The Ruse" (N)		The Killer Among Us		Dateline: Secrets		Dateline "The Ruse"		
PARMT	✖ Top Gun: Maverick ★★ Pete Mitchell trains a new generation of fighter pilots.				✖ F9 The Fast Saga ★★ Dom and his crew join forces to battle his deadly brother.								
SYFY	5:00 ✖ Men in Black: International ★★		✖ Twister ★★ (1996, Action) Bill Paxton, Cary Elwes, Helen Hunt.		The Ark (N)				✖ Renfield ★★				
TBS	Big Bang	Big Bang	Big Bang	Big Bang	All Elite Wrestling: Dynamite (L) (N)				Imp. Jokers	Imp. Jokers	The Office	The Office	
TCM	Movie	:45 ✖ The Little Shop of Horrors ★★		✖ Pride and Prejudice ★★ ('40) Greer Garson.		:15 ✖ Somewhere in Time ★★ ('80) Christopher Reeve.							
TLC	Most Ext. "Face to Face"		Most Extreme Humans		Most Extreme Humans		Most Extreme Humans (N)		Save My Skin (N)		Save My Skin		
TNT	5:15 ✖ Bad Teacher ★★		✖ Central Intelligence ★★ ('16) Dwayne Johnson.				✖ Bad Teacher ★★ ('11) Cameron Diaz.		:45 ✖ Beetlejuice Beetlejuice ★★				
TOON	Burgers	Burgers	Burgers	Burgers	Burgers	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Rick Morty	Rick Morty	
TRAV	Paranormal Cam.		Paranormal Cam.		Paranormal Cam.		Paranormal Cam.		Paranormal Cam.		Paranormal Cam.		
TRUTV	Dunkman Group Stage A		Dunkman Group Stage B (N)		✖ For Love of the Game An aging pitcher thinks back on his life's momentous events.							✖ Victory ★★	
TVLAND	:25 The Andy Griffith Show		Raymond	:35 Raymond	:10 Raymond	:45 Raymond	:20 Everybody Raymond		:55 Raymond	Raymond	King	King	
USA	5:30 9-1-1		9-1-1 "Monsters"		WNBA Pre.		Basketball From College Park Center in Arlington, Tex.				Basketball From Mortgage Matchup Center in Phoenix.		
VH1	My Wife		My Wife		My Wife		✖ Jumanji ★★ ('95) Jonathan Hyde, Kirsten Dunst, Robin Williams.				✖ Kicking & Screaming ★★		
WPIX	PIX11 News		PIX11 News		Seinfeld	Big Bang	Police 24/7 "Hot Calls"		Police 24/7		PIX11 News at Ten (N)	New York	Seinfeld
YES	Yanks Mag.	Yankees BP	The Story of	The Story of	The Story of	MLS Soccer From Yankee Stadium in the Bronx, N.Y.				Postgame (N)	Sportico	Home Plate	

PREMIUM CHANNELS

HBO	:15 House of the Dragon	:20 The Man Will Burn	:20 ✖ Mortal Kombat ★★ ('21) Lewis Tan.	:10 To Be Announced
MAX	✖ The Whistlers ('19) Vlad Ivanov. (P)	:35 ✖ Disobedience ★★ ('17) Rachel Weisz.	✖ The Usual Suspects ★★	:20 ✖ Joker ★★
SHOW	5:35 ✖ Defiance ★★ ('08) Liev Schreiber, Daniel Craig.	✖ Quantum of Solace ★★ Daniel Craig.		:50 ✖ Flags of Our Fathers ★★ ('06) Jesse Bradford, Ryan Phillippe.
STZ ENC	:10 ✖ Shelter ★★ ('26) Jason Statham.	✖ Neighbors 2: Sorority Rising ★★		:35 ✖ I Love You, Man ★★ Paul Rudd.
TMC	Movie	:25 ✖ Middle School: Worst Years of My Life	✖ Everybody Wants Some!! ★★ ('16) Will Brittain.	✖ Jackass: The Movie ★★ ('02, Comedy) Movie

THURSDAY EVENING JULY 30												
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
WCAX ③	Channel 3 News at Six (N)	CBS-News	ET (N)	Big Brother (N)		Georgie	Ghosts	Georgie	Ghosts	Channel 3	:35 Comics	
WPTZ ⑤	NBC5 News	NBC News	Jeopardy!	Wheel	Surviving Earth (N)		The Americas (N)		Law & Order: SVU "Vivid"	NBC5 News	:35 J. Fallon	
CBMT ⑥	CBC News	Kim	Coronation	Gags	Dragons' Den		The Passionate Eye		The National (N)		CBC News	Canadian (N)
CFTM ⑩	Nouvelles (N)	Sucré salé	Dans, feu (N)	Les murs (N)	🌟 Miss Daisy et son chauffeur ★★ ★★				Nouvelles (N)	Sucré salé	🌟 Ne respire pas 2 ★ ★	
CFCF ⑫	CTV News Montreal (L) (N)	etalk (N)	Big Bang	Big Bang	Big Bang	Big Bang	Children	Children	The Traitors Canada		News-Omar	CTV News
WVNY ⑫	ABC22 News	World News	ABC22 News	Inside (N)	Celebrity Family Feud (N)		Press Your Luck (N)		The Greatest		ABC22 News	:35 J. Kimmel
WWBI ⑫	FBI "Short Squeeze"		FBI "Trigger Effect"		FBI "Straight Flush"		FBI "All That Glitters"		FBI "Hacktivist"		FBI "Trauma"	
WETK ⑫	PBS News Hour (N)		Context	R. Steves	Brian and Maggie		George Gently "Gently Among Friends"		View Finders	Amanpour (N)		
CREATE ⑫	R. Steves	Indian	Project	Mexican	Milk Street	Indian	Milk Street	Milk Street	R. Steves	Rosendo	Crossing	Joy/Painting
WORLD ⑫	Wild Kratts	Weather	Lyla	Arthur	Nature Cat	Elementary	Cyberchase	Go Luna	Phoebe	Xavier Riddle	Molly	Alma's Way
WFFF ⑫	Sheldon	Sheldon	Big Bang	Big Bang	1% Club "Singles Night"		Best Med "The Bogfather"		FOX44 News at 10 (N)		The Conners	The Conners
WCFC ⑫	BBC World	BBC News	PBS News Hour (N)		Death in Paradise		Murder Myster.		Astrid		BBC News	Amanpour
CABLE CHANNELS												
A&E	The First 48		First 48 "Shared Blood"		First 48 "Rumors Kill" (N)		Accused: Guilty (SP) (N)		Accused: Guilty (N)		:05 Accused: Guilty	
AMC	5:45 🌟 The Martian ★★ ★★		Matt Damon. A stranded astronaut tries to survive on Mars.			iMPACT! Santino Marella looks for revenge against Stacks!				Walking Dead "Trillium"		
ANPL	Pit Bulls and Parolees		Pit Bulls and Parolees		Pit Bulls A couple wants a dog that will be comfortable in the ..				Pit Bulls Mariah pitches a fundraising idea to the parolees.			
BRAVO	Housewives "Bling Bling"		Housewives/OC		Housewives/OC (N)				The Real Housewives		:45 Housewives/OC	:45 In the Cit
CMT	Mama's	Mama's	Mama's	Mama's	Reba	Reba	Reba	Reba	Reba	Reba	Golden Girls	Golden Girls
CNBC	Mad Money (N)		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank	
CNN	Jake Tapper (L) (N)		E. B. OutFront (L) (N)		Cooper 360 (L) (N)		The Source With (L) (N)		CNN NewsNight (L) (N)		Laura Coates Live (L) (N)	
COM	The Office	The Office	The Office	:35 Office	:10 Office	:45 Office	:20 The Office	:55 Office	The Office	Daily Show	:35 FamilyGuy	
DISC	Expedition Unknown		Alien Sharks: Untame		What Shark Attacked? (N)		How to Train (N)		Ultimate Shark Dive (N)		Chum Island	
DISN	Bluey	Big City	Big City	Big City	Phineas	Phineas	Place	Phineas	Phineas	Kiff	Ladybug	Ladybug
E!	5:00 🌟 Ocean's Eleven ★★ ★★			🌟 Ocean's Twelve ★★ ★★ Indebted criminals plan an elaborate heist in Europe.					🌟 Ocean's Thirteen ★★ ★★			
ESPN	SportsCenter (L) (N)		MLB Baseball Teams TBA (L) (N)				SportsCenter (L) (N)		SportsCenter (L) (N)			
ESPN2	Cornhole		NFL Live		Women's Sports Now		WWE SummerSlam Special		E60		E60	
FNC	With Bret Baier (L) (N)		The Ingraham Angle (L) (N)		Jesse Watters (L) (N)		Hannity (L) (N)		Gutfeld! (N)		Fox News at Night (L) (N)	
FOOD	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Restaurant Im. (N)		Secret Service (N)		Secret Service (N)		Nightmares "Bel Aire"	
FREE	5:30 🌟 Turning Red ★★ ★★		Rosalie Chiang.		:35 🌟 Coco ★★ ★★ ('17) Voices of Gael García Bernal, Anthony Gonzalez.		Project Runway (N)		The 700 Club (N)			
FS1	K Harvick (N)	SPEED With	The Basketball Tournament				Travis	Kevin H Hour	SPEED With	NHRA Drag Racing Northwest Nationals		
FX	5:30 🌟 Ford v Ferrari ★★ ★★		A designer builds a car to race against the Ferrari in 1966.				The Bear "Caramel" (N)		🌟 Jason Bourne ★★ ('16) Matt Damon.			
HALL	🌟 She's Making a List ('25) Lacey Chabert.			🌟 Haul Out the Holly ('22) Wes Brown, Lacey Chabert.			Golden Girls		Golden Girls	Golden Girls	Golden Girls	
HGTV	Crashers		Ugliest House in America		Ugliest House in America		Roast My	House	House (N)	House	House	House
HIST	Secrets "Mind Games"		Secrets "Rogue Missions"		Secrets "Hidden Bases"		Secrets "Spy Gadgets" (N)		:05 Ancient Aliens (N)		:05 Ancient Aliens	
IFC	Raymond	Raymond	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men
INSP	Cheyenne "Retaliation"		Have Gun ...		Have Gun ...		Gunsmoke		Gunsmoke "The Bullet"		Wagon Train	
LIFE	NCIS		NCIS "Endgame"		NCIS "Power Down"		NCIS "Child's Play"		:05 NCIS "Faith"		:05 NCIS "Ignition"	
MAGN	Building Outside the Lines		Building Outside the Lines		Insane "Lake It or Not?"		Insane Pools		Insane "Lazin' by the Pool"		Insane "Fiesta de Laguna"	
MSG	Fight Sports MMA		Simms (N)	SEC State	Fight Sports: Boxing		Knicks Parade Fans celebrate the New York Knicks' NBA Championship.					
MSGPL	4:00 FanDuel Racing (L) (N)						Devils Classic Games From May 14, 1995.				The Stanley Pup	
MTV	Ridiculous	Ridiculous	Jersey Shore		Jersey Shore (N)		Jersey Shore		🌟 Friday ★★ ★★ ('95) Chris Tucker, Nia Long, Ice Cube.			
NEWSN	The Hill with Blake (N)		Vargas Report (N)		Cuomo (N)		On Balance (N)		Katie Pavlich Tonight (N)		Jesse Weber Live (N)	
NICK	SpongeBob	SpongeBob	🌟 The Boss Baby 2: Family		Business ★★ Alec Baldwin.		Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang
OXY	Dateline: Unforgettable "The Footprint at the Lake"				Dateline: Unforgettable "Wrong Turns" (N)				Dateline "Good & Evil"		Dateline "Wrong Turns"	
PARMT	🌟 Pitch Perfect ★★ ★★ ('12) Skylar Astin, Rebel Wilson, Anna Kendrick.				🌟 Pitch Perfect 2 ★★ ('15) Rebel Wilson, Anna Kendrick.				🌟 Pitch Perfect ★★ ★★			
SYFY	4:30 🌟 Twister ★★ ★★		🌟 Red ★★ ('10, Action) Morgan Freeman, John Malkovich, Bruce Willis.				🌟 Red 2 ★★ ('13, Act) John Malkovich, Mary-Louise Parker, Bruce Willis.					
TBS	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Jokers (N)	Imp. Jokers	Jokes (N)	Imp. Jokers
TCM	:15 🌟 The Cincinnati Kid ★★ ★★ ('65) Steve McQueen.				🌟 Easy to Love ★★ ★★ Esther Williams.		:45 🌟 Flipper ★★ ('63) Luke Halpin, Chuck Connors.		Movie			
TLC	90 Day: The Last Resort		90 Day: The Last Resort		90 Day: The Last Resort (N)		Little Singles (N)		Jay & Pamela (N)		Baylen Out Loud	
TNT	🌟 Rush Hour ★★ ★★ ('98) Chris Tucker, Jackie Chan.				All Elite Wrestling: Collision				Detroit (L) (N)		🌟 Rush Hour 2 ★★ ('01) Chris Tucker, Jackie Chan.	
TOON	Burgers	Burgers	Burgers	Burgers	Burgers	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Rick Morty	Rick Morty
TRAV	Osbournes- Bel.		Osbournes- Bel.		Osbournes- Bel.		Osbournes- Bel.		Osbournes- Bel.		Osbournes- Bel.	
TRUTV	5:30 Dunkman	Savannah (N)	Banana Ball From Grayson Stadium in Savannah, Ga.				Dunkman Group Stage B		🌟 Victory ★★ ('81) Michael Caine, Sylvester Stallone.			
TVLAND	Andy Griffith	Andy Griffith	Raymond	:35 Raymond	:10 Raymond	:45 Raymond	:20 Everybody Raymond		:55 Raymond	Raymond	King	King
USA	Law & Order: SVU		Law & Order: SVU		🌟 Cast Away ★★ ★★ A courier company executive is marooned on a remote island.				🌟 Cast Away ★★ ★★			
VH1	My Wife	My Wife	My Wife	My Wife	🌟 Boomerang ★★ Eddie Murphy. A sexist marketing executive gets his comeuppance.				🌟 Maid in Manhattan ★★			
WPIX	PIX11 News	PIX11 News	Seinfeld	Big Bang	Trivial Pursuit		Scrabble "Thread Lightly"		PIX11 News at Ten (N)		New York	Seinfeld
YES	Yanks Mag.	MLB Baseball	Richmond Flying Squirrels at Somerset Patriots (L) (N)				Homegrown	MLB Baseball	From Rate Field in Chicago.			
PREMIUM CHANNELS												
HBO	House of the Dragon		:05 🌟 Ocean's Eight ★★ ('18) Sandra Bullock.				The Man Will Burn (N)		The Man Will Burn		House of the Dragon	
MAX	5:15 🌟 Pacific Rim Uprising		:05 🌟 Happy Death Day ★★			:45 🌟 The House ★ ('17) Will Ferrell.		:10 🌟 Red Riding Hood ★		Movie		
SHOW	5:50 🌟 Hacksaw Ridge ★★ ★★ ('16) Andrew Garfield.				:10 🌟 Ghost in the Shell ★★ ('17) Scarlett Johansson.			The Chi		🌟 Kiss the Girls ★★		
STZ ENC	5:20 🌟 1992 ★★		🌟 Ray ★★ ★★ (2004, History)		Kerry Washington, Regina King, Jamie Foxx.		:35 🌟 Malcolm X ★★ ★★ ('92) Angela Bassett, Denzel Washington.					
TMC	:15 🌟 John Carpenter's Escape From L.A. ★★				🌟 Total Recall ★★ ★★ ('90) Arnold Schwarzenegger.			🌟 Terminator 2: Judgment Day ★★ ★★				

Thursday Best Bets



Julie Chen Moonves hosts “Big Brother”

Big Brother

③ 8:00 PM

A live eviction scrambles houseguests during this next episode. Following an interview with the evicted, the remaining players are left to compete for power as the next Head of Household. Even those at the top of the popularity pyramid might fall.

The Bear

෪ 9:00 PM

A ferocious food critic’s visit collides with a busted stove and a dropped entree, testing Carmy’s (Jeremy Allen White) cool during the toughest service yet. Sydney (Ayo Edebiri) saves the night as the clock ticks down in the next to last episode.

The Man Will Burn

HBO 9:00 PM

A cultural event that draws in thousands of people year after year, Burning Man has come a long way from its countercultural roots in San Francisco. This docuseries discusses how this desert gathering became the epitome of artistic self-expression.

Project Runway

FREEFORM 10:00 PM

Animal instincts take over the workroom as designers face off in head-to-head battles inspired by the wild kingdom. Special guest models pulled straight from Hulu’s Get Real lineup bring every bold, untamed creation roaring to life on the runway.

Friday Best Bets



Jackie Chan in "Rush Hour 3" Sweet Smell of Success

TNT 8:00 PM

J.J. Hunsecker (Burt Lancaster) wields outsized power over New York opinion, but can't control his sister's (Susan Harrison) romance with a jazz musician (Martin Milner). He enlists slippery press agent Sidney Falco (Tony Curtis) to torpedo the couple.

Rush Hour 3

TNT 8:00 PM

Ambassador Han's (Tzi Ma) assassination reunites Lee (Jackie Chan) and Carter (Chris Tucker) for one more round. Paris delivers gangsters and Lee's childhood friend (Hiroyuki Sanada), who holds the key to a powerful crime lord's closely guarded identity.

Banana Ball World Tour

ESPN 9:00 PM

The barnstorming Savannah Bananas bring their fast-paced, rule-bending brand of baseball to Albertsons Stadium in Boise, Idaho, as the Party Animals square off against the Texas Tailgaters. Expect trick plays, dancing players and absolute nonsense.

The Dutchman

Show 9:00 PM

A crumbling marriage and simmering identity crisis leave businessman Clay (Andre Holland) dangerously vulnerable when a mysterious stranger named Lula (Kate Mara) locks eyes with him on a subway, drawing him into an unsettling game of cat and mouse.

FRIDAY EVENING JULY 31

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
WCAX (3)	Channel 3 News at Six (N)		CBS-News	ET (N)	Sheriff "Glory Days"		Fire "Elite of the Elite"		Boston "Blood Chemistry"		Channel 3	:35 Comics	
WPTZ (5)	NBC5 News	NBC News	Jeopardy!	Wheel	Got Talent The acts moving on to the live shows are revealed.			Dateline NBC (N)		NBC5 News	:35 J. Fallon		
CBMT (6)	CBC News	Kim	Coronation	Gags	Marketplace	About That	Estate "Smash & Grab"		The National (N)		CBC News	Baroness	
CFTM (10)	Nouvelles (N)	Sucré salé	S.W.A.T. "Sur le départ"		✂ Rapides et dangereux 3 ★★ ('06) Lucas Black.				Nouvelles (N)	Sucré salé	✂ 13 Minutes Amy Smart.		
CFCF (12)	CTV News Montreal (L) (N)		etalk (N)	Big Bang	Spring Break Murders (N)		To Be Announced		Crime Scene Investigators		CTV (N)	CTV News	
WVNY (22)	ABC22 News	World News	ABC22 News	Inside (N)	Celebrity Jeopardy!		20/20 (N)				ABC22 News	:35 J. Kimmel	
WWBI (27)	S.W.A.T. "Vanished"		WNBA (N)	Basketball	From CareFirst Arena in Washington, D.C.				WNBA- Game	WNBA Basketball From Moda Center in Portland, Ore.			
WETK (33)	PBS News Hour (N)		Context	VT-Week (N)	Week (N)	Hoover (N)	Experience Exploring the Apollo 1 and Apollo 8 missions.				Amanpour (N)		
CREATE(33.3)	R. Steves	Indian	Milk Street	Cook	Test Kitchen	Indian	Life in Bloom	Life in Bloom	Life in Bloom	Life in Bloom	Life in Bloom	Life in Bloom	
WORLD(33.4)	Wild Kratts	Weather	Lyla	Arthur	Nature Cat	Elementary	Cyberchase	Go Luna	Phoebe	Xavier Riddle	Molly	Alma's Way	
WFFF (44)	Sheldon	Sheldon	Big Bang	Big Bang	MasterChef		Nation's "Duel of Fools"		FOX44 News at 10 (N)		The Conners		
WCFE (57)	BBC World	BBC News	PBS News Hour (N)		Journal (N)	NY Now (N)	Experience Exploring the Apollo 1 and Apollo 8 missions.				BBC News	Amanpour	
CABLE CHANNELS													
A&E	Raw "A Mother's Touch"		Raw "Test of Faith"		Raw "Polyamorous Murder"		Raw "Where's Bethany?"		Interrogation Raw		:05 Raw "Gone Girl"		
AMC	Movie	:45 ✂ The Beekkeeper ★★ ('24) Emmy Raver-Lampman, Jason Statham.				:15 ✂ Wrath of Man ★★ A security guard for a cash truck tries to settle a score.							
ANPL	Treehouse Masters		Treehouse Masters		Treehouse Masters		Treehouse Masters		Treehouse Masters		Treehouse Masters		
BRAVO	Housewives Atlanta		✂ The Super Mario Bros. Movie ★★ ('23) Chris Pratt.				✂ The Super Mario Bros. Movie ★★ ('23) Chris Pratt.				✂ The Croods: A New Age		
CMT	Mama's	Mama's	Mama's	Mama's	Reba	Reba	Reba	Reba	Reba	Reba	Golden Girls	Golden Girls	
CNBC	Mad Money (N)		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		
CNN	Jake Tapper (L) (N)		E. B. OutFront (L) (N)		Cooper 360 (L) (N)		The Source With (L) (N)		CNN NewsNight (L) (N)		Laura Coates Live (L) (N)		
COM	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	✂ 50 First Dates ★★		
DISC	Serial Killer Re		What Shark Attacked?		Secrets of the (N)		Sharkzilla Takes New (N)		My Strange Shark Add (N)		Jaws vs the Meg		
DISN	5:00 Big City Greens		:15 Bluey "Beacchhh!"		✂ Elemental ★★ ('23) Leah Lewis.		:45 Kiff		:10 Kiff	:35 Kiff	Ladybug	Ladybug	
E!	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	How I Met	How I Met	
ESPN	SportsCenter (L) (N)		PFL PFL New York From UBS Arena in Elmont, N.Y. (N)		Banana Ball From Albertsons Stadium in Boise, Idaho.		SportsCenter (L) (N)						
ESPN2	The Ufl: 4th And Goal (N)		NFL Live		Football	Banana (N)	Life in the W	Life in the W	Life in the W	Life in the W	SummerSlam 2026 Kickoff		
FNC	With Bret Baier (L) (N)		The Ingraham Angle (L) (N)		Jesse Watters (L) (N)		Hannity (L) (N)		Gutfeld! (N)		Fox News at Night (L) (N)		
FOOD	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Kitchen	Kitchen	Diners, Drive	Diners, Drive	Diners, Drive	
FREE	5:00 ✂ Spider-Man: Far From Home ★★ Tom Holland.				:55 ✂ Spider-Man: No Way Home Peter Parker discovers what it truly means to be Spider-Man.								
FS1	Major League Pickleball MLP Orlando: Friday (L) (N)				To Be Announced		To Be Announced		Travis	Pokerstars		Pokerstars	
FX	5:00 ✂ Iron Man 3 ★★ ('13) Robert Downey Jr..				✂ Avengers: Endgame ★★ ('19) Robert Downey Jr.. The Avengers prepare for an epic showdown with Thanos.								
HALL	✂ Love Under the Mistletoe ('26) Jen Lilley.				✂ A Bramble House Christmas ('17) Autumn Reeser.				Golden Girls	Golden Girls	Golden Girls	Golden Girls	
HGTV	Dream Home	Dream Home	Dream Home	Dream Home	Dream Home	Dream Home	Dream Home	Zillow (N)	Roast My	Hunters	Hunters	Hunters	
HIST	The UnXplained		UnXplained "Satan's Army"		The UnXplained		The UnXplained (N)		:05 Mysteries (N)		:05 Mysteries From Above		
IFC	5:45 ✂ Black Sheep ★ ('96) Chris Farley.		:45 ✂ Tommy Boy ★★ ('95) David Spade, Brian Dennehy, Chris Farley.						✂ Happy Gilmore ★★ ('96) Adam Sandler.				
INSP	Cheyenne "Storm Center"		Gunsmoke		Gunsmoke		✂ Man in the Saddle ★★ ('51) Randolph Scott.		Gunsmoke "The Bullet"		Wagon Train		
LIFE	NCIS "Borderland"		NCIS "Patriot Down"		NCIS "Rule Fifty-One"		NCIS "Spider and the Fly"		:05 NCIS		:05 NCIS "Short Fuse"		
MAGN	Maine "The Dixie Dog Den"		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine "Love Yurts"		Maine Cabin Masters		
MSG	4:00 3ICE		3ICE						3ICE Teams TBA		Rangers		
MSGPL	5:00 INTENSE Pro Tennis		INTENSE Pro Tennis Eastern Conference Final (L) (N)				Poker		Poker		INTENSE Pro Tennis		
MTV	Big Bang	Big Bang	✂ Friday ★★ ('95) Chris Tucker, Nia Long, Ice Cube.				✂ Next Friday ★★ ('00) Mike Epps, Ice Cube.				✂ Friday After Next ★		
NEWSN	The Hill with Blake (N)		Vargas Report (N)		Cuomo (N)		On Balance (N)		Katie Pavlich Tonight (N)		Jesse Weber Live (N)		
NICK	4:30 ✂ Movie		✂ Movie		Friends				Friends	Friends	Friends	Friends	
OXY	Dateline: Secrets "On the Hunt for The Zombie Hunter"				Snapped The B.T.K. killer reveals what drove him to do it.				Snapped Aileen Wuornos becomes America's first female serial..				
PARMT	✂ The School of Rock ★★ ('03) Joan Cusack, Mike White, Jack Black.				✂ We're the Millers ★★ ('13) Jason Sudeikis, Jennifer Aniston.				✂ The School of Rock				
SYFY	4:30 ✂ Red ★★		✂ Red 2 ★★ ('13, Act) John Malkovich, Mary-Louise Parker, Bruce Willis.				✂ The Mask ★★ ('94) Cameron Diaz, Jim Carrey.				The Ark		
TBS	Big Bang	Big Bang	Big Bang	Big Bang	✂ Road House ('24) Jake Gyllenhaal. (P)				:20 ✂ The Accountant ★★ ('16) Ben Affleck.				
TCM	Movie	✂ The Mouthpiece ★★ Warren William.				✂ Sweet Smell of Success ★★ ('57) Burt Lancaster.				✂ Touch of Evil ★★ ('58) Charlton Heston.			
TLC	90 Day Fiancé		90 Day Fiancé		90 Day Fiancé "More to Love: So Help Me God" (N)				90 Day (N)	90 Day: The Last Resort		90 Day	
TNT	✂ Rush Hour 2 ★★ ('01) Chris Tucker, Jackie Chan.				✂ Rush Hour 3 ★ ('07) Chris Tucker, Jackie Chan.				✂ Wonder Woman ★★ ('17) Chris Pine, Gal Gadot.				
TOON	Burgers	Burgers	Burgers	Burgers	Burgers	Family Guy	Family Guy	Family Guy	Family Guy	Rick Morty	President	Rick Morty	
TRAV	Dead Files "Head Games"		Dead Files "Killer Smile"		Dead Files "The Butcher"		The Dead Files		The Dead Files		Dead Files "Imprisoned"		
TRUTV	Movie	Savannah (N)	Banana Ball From Grayson Stadium in Savannah, Ga.				✂ Moneyball ★★ Brad Pitt. A baseball manager challenges old-school traditions.						
TVLAND	Andy Griffith	Andy Griffith	Raymond	:35 Raymond	:10 Raymond	:45 Raymond	:20 Everybody Raymond		:55 Raymond	Raymond	King	King	
USA	Chicago "Leaders Lead"		Everything	Everything	WWE Friday Night SmackDown (L) (N)				Everything	Everything	Two Men	Two Men	
VH1	My Wife	My Wife	My Wife	My Wife	✂ Maid in Manhattan ★★ ('02) Ralph Fiennes, Jennifer Lopez.				✂ Breakin' All the Rules ★★ Jamie Foxx.				
WPIX	PIX11 News	Politics (N)	Seinfeld	Big Bang	Penn & Teller: Fool Us		Animals (N)	Animals (N)	PIX11 News at Ten (N)		New York	Seinfeld	
YES	Talkin'	Sportico	Home Plate	Yanks Mag.	MLB Baseball New York Yankees at Chicago Cubs From Wrigley Field in Chicago.								Baseball
PREMIUM CHANNELS													
HBO	:15 The Man Will Burn		:10 ✂ Dumb Money ★★ ('23) Paul Dano.				Life (N)	:35 Life	:10 Real Time With (N)		:10 Life	:50 Real Time	
MAX	5:20 ✂ The Town ★★		:25 Fantastic Bea				:20 ✂ Godzilla x Kong: The New Empire ★★		:15 ✂ The Watchers ★★ ('24) Dakota Fanning.				
SHOW	:05 ✂ The Foreigner ★★ ('17) Jackie Chan.				The Chi		✂ The Dutchman ('25) André Holland.		:35 ✂ Flight ★★ Denzel Washington.				
STZ ENC	:05 ✂ The School of Rock ★★ ('03) Jack Black.				✂ Grown Ups ★ ('10) Adam Sandler.			:45 ✂ Grown Ups 2 ★ ('13) Kevin James, Adam Sandler.		Movie			
TMC	:05 ✂ Stop-Loss ★★ ('08) Abbie Cornish, Ryan Phillippe.				✂ Piranha ★★ ('10) Elisabeth Shue.			✂ The Beldham ('24) Patricia Heaton.		✂ The English Patient			

By **Kimberly Tremblay**
TV Media

"Slingshot" (2024)

Some fears are darker than space itself in director Mikael Hafstrom's ("1408," 2007) sci-fi mystery that asks who — or what — can be trusted, when three astronauts in space begin to question each other's loyalty to their mission. Produced by Richard Saperstein ("The Mist," 2007), 2024's "Slingshot" arrives Wednesday, July 29, on Hulu, with the film set somewhere between Earth and Saturn's moon Titan, as three astronauts run out of reasons to trust each other. John (Casey Affleck, "Manchester by the Sea," 2016), Captain Franks (Laurence Fishburne, "The Matrix," 1999) and aeronautics expert Nash (Tomer Kapon, "Fauda") are years into a mission to haul precious methane back home, surviving the journey through repeated cycles of hibernation — waking every 90 days just long enough to check the ship, run repairs and relay mission updates back to Earth before going under again. But when a malfunction occurs, Nash pushes to abort the mission to safely return to Earth, while Captain Franks forces them to stay. Caught between them, John notices things that don't add up, from glitches in the hull to gaps in his memory and the strange voices he keeps hearing. As the mission continues, John can no longer tell whether the real threat is the ship, his crewmates or his own mind.

"Here" (2024)

Time sure does fly, doesn't it? From director Robert Zemeckis ("Back to the Future," 1985) comes a sweeping journey through time in "Here" (2024), a coming-of-age story that unfolds Thursday, July 30, on Hulu. Spanning thousands of years on a single stretch of land, "Here" traces the lives, loves and losses of everyone who ever called it home. From dinosaurs roaming the land to their extinction, the land many centuries later becomes a home to William Franklin, before passing through generations of families over time. Eventually, the home is bought by newlyweds Richard (Tom Hanks, "Forrest Gump," 1994) and Margaret (Robin Wright, "The Princess Bride," 1987), who build a life there over several decades before the home begins its next chapter with a new family. Starring Paul Bettany ("WandaVision"), Kelly Reilly ("Sherlock Holmes," 2009), Daniel Betts ("Truth & Treason," 2025), Lauren McQueen ("Robin Hood"), Harry Marcus ("Beauty and the Beast," 2017) and Zsa Zsa Zemeckis ("Through Your Eyes," 2025). Based on Richard McGuire's graphic novel, the screenplay is written by Eric Roth ("Dune: Part One," 2021).

"Land of Bad" (2024)

Directed by William Eubank ("House of the Rising Sun," 2011), the high-octane action flick, "Land of Bad," will be available to stream on Netflix as of this Friday, July 31. When



Casey Affleck in "Slingshot"

a Delta Force operation goes haywire in the Philippines, Sgt. JJ Kinney (Liam Hemsworth, "The Hunger Games," 2012) is stranded in hostile territory. With enemies approaching from all sides, his only assistance comes from Capt. Eddie Grimm (Russell Crowe, "A Beautiful Mind," 2001), a veteran

drone pilot flying thousands of miles away. Reaper must lead Kinney to his extraction point — without either team being compromised in the process. With a screenplay written by Eubank and David Frigerio ("Muzzle: City of Wolves," 2025), 2024's "Land of Bad" also stars Luke Hemsworth

("Westworld"), Ricky Whittle ("Hollyoaks"), Milo Ventimiglia ("This Is Us"), Chika Ikogwe ("Godzilla X Kong: The New Empire," 2024), Daniel MacPherson ("Beast," 2026), Robert Rabiah ("Badland Rising," 2025) and Jack Finsterer ("Home and Away") also star.



Tom Hanks and Robin Wright star in "Here"

Saturday, July 25, 2026



Liam Hemsworth and Luke Hemsworth in "Land of Bad"

Entertainment Extra

SUNDAY

2:15 PM
IFC "American Pie" ★★★ (Comedy,1999) (2h15)
TCM "Raintree County" ★★★ (Drama,1957) (3h15)

3:30 PM
(10) "L'extraordinaire Spider-Man" ★★★ (Action,2012) (2h30)

4:00 PM
FX "Spider-Man: No Way Home" ★★★ (Action,2021) (3h)

4:40 PM
FREEFORM "Ralph Breaks the Internet" ★★★ (Animated,2018) (2h35)

5:00 PM
SYFY "Holes" ★★★ (Children,2003) (2h30)

5:30 PM
CMT "The Goonies" ★★★ (Children,1985) (2h30)
E! "Pretty Woman" ★★★ (Romance,1990) (2h30)

6:05 PM
TNT "Speed" ★★★ (Action,1994) (2h24)

6:10 PM
TMC "Sky Captain and the World of Tomorrow" ★★★ (Adventure,2004) (1h50)

7:00 PM
WPIX "The Fugitive" ★★★ (Thriller,1993) (3h)

7:15 PM
FREEFORM "Monsters, Inc." ★★★ (Animated,2001) (2h05)

7:45 PM
DISN "Incredibles 2" ★★★ (Animated,2018) (2h05)

8:00 PM
E! "Pretty Woman" ★★★ (Romance,1990) (2h30)
(22) "True Lies" ★★★ (Action,1994) (2h59)

9:00 PM
TCM "Baby Boom" ★★★ (Comedy,1987) (2h)
STZ ENC "Unstoppable" ★★★ (Action,2010) (1h42)

9:20 PM
FREEFORM "Monsters University" ★★★ (Animated,2013) (2h30)

9:30 PM
FX "Captain America: The First Avenger" ★★★ (Action,2011) (2h30)

MONDAY

2:30 PM
FX "Raiders of the Lost Ark" ★★★★ (Adventure,1981) An archaeologist races Nazis to find a powerful relic. (2h30)

3:00 PM
FREEFORM "The Parent Trap" ★★★ (Children,1998) (3h)

3:30 PM
SHOW "Deepwater Horizon" ★★★ (Thriller,2016) (2h)



4:05 PM
TMC "Steel Magnolias" ★★★ (Comedy Drama,1989) (2h)

4:10 PM
HBO "Dumb Money" ★★★ (Comedy Drama,2023) (1h48)

5:00 PM
FX "Guardians of the Galaxy" ★★★ (Sci-Fi,2014) (2h30)

5:30 PM
SHOW "Out of the Furnace" ★★★ (Thriller,2013) (2h)

6:00 PM
FREEFORM "Freaky Friday" ★★★ (Children,2003) (2h)

6:35 PM
MAX "Blood Father" ★★★ (Action,2016) (1h29)

7:30 PM
FX "Guardians of the Galaxy Vol. 2" ★★★ (Sci-Fi,2017) (3h)

8:00 PM
AMC "Beverly Hills Cop" ★★★ (Comedy,1984) (2h15)

9:00 PM
STZ ENC "Django Unchained" ★★★ (Western,2012) (2h49)

TUESDAY

3:00 PM
FX "Indiana Jones and the Last Crusade" ★★★ (Adventure,1989) (3h)

4:10 PM
TMC "Pride" ★★★ (Comedy Drama,2014) (2h05)

5:00 PM
SYFY "Men in Black" ★★★ (Action,1997) (2h)

5:20 PM
FREEFORM "Beauty and the Beast" ★★★ (Children,2017) (3h05)

5:30 PM
TCM "Elmer the Great" ★★★ (Comedy,1933) (1h15)

6:00 PM
PARMT "Top Gun" ★★★ (Action,1986) (2h30)

8:00 PM
AMC "The Shawshank Redemption" ★★★★ (Drama,1994) A banker is sent to prison for murders he didn't commit. (3h)

8:25 PM
FREEFORM "Cinderella" ★★★ (Children,2015) (2h35)

8:30 PM
PARMT "Top Gun: Maverick" ★★★ (Action,2022) (3h)

9:00 PM
TNT "Girls Trip" ★★★ (Comedy,2017) (2h30)

9:40 PM
TMC "The Talented Mr. Ripley" ★★★ (Thriller,1999) (2h20)



WEDNESDAY

2:00 PM
AMC "The Fugitive" ★★★ (Thriller,1993) (3h)

3:05 PM
HBO "The Long Walk" ★★★ (Horror,2025) (1h50)

3:15 PM
TCM "The Maltese Falcon" ★★★★★ (Crime Story,1941) Detective Sam Spade searches for a jewel-encrusted statue. (2h)

4:20 PM
TMC "Shakespeare in Love" ★★★ (Romance,1998) (2h05)

4:30 PM
FX "There's Something About Mary" ★★★ (Romance,1998) (2h30)

5:00 PM
AMC "The Shawshank Redemption" ★★★★★ (Drama,1994) A banker is sent to prison for murders he didn't commit. (3h)

6:00 PM
PARMT "Top Gun: Maverick" ★★★ (Action,2022) (3h)

6:30 PM
FREEFORM "The Devil Wears Prada" ★★★ (Comedy Drama,2006) (2h30)

6:45 PM
TCM "The Little Shop of Horrors" ★★★ (Comedy,1960) (1h15)

7:30 PM
SYFY "Twister" ★★★ (Action,1996) (2h30)

7:35 PM
MAX "Disobedience" ★★★ (Romance,2017) (1h55)

8:00 PM
TMC "Everybody Wants Some!!" ★★★ (Comedy,2016) (2h)

TCM "Pride and Prejudice" ★★★ (Romance,1940) (2h15)

9:30 PM
MAX "The Usual Suspects" ★★★ (Thriller,1995) (1h47)

9:35 PM
STZ ENC "I Love You, Man" ★★★ (Comedy,2009) (1h48)

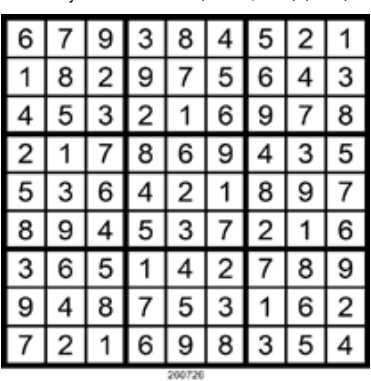
9:50 PM
SHOW "Flags of Our Fathers" ★★★ (War,2006) (2h15)

THURSDAY

2:00 PM
TCM "Confessions of a Nazi Spy" ★★★ (Thriller,1939) (2h)

2:30 PM
E! "Ocean's Thirteen" ★★★ (Comedy Drama,2007) (2h30)

2:40 PM
TMC "City of Men" ★★★ (Drama,2007) (1h50)



3:25 PM
FREEFORM "Encanto" ★★★ (Animated,2021) (2h05)

3:50 PM
SHOW "The King's Speech" ★★★ (History,2010) (2h)

4:00 PM
TCM "The Prize" ★★★ (Thriller,1963) (2h15)

4:30 PM
SYFY "Twister" ★★★ (Action,1996) (2h30)

5:00 PM
E! "Ocean's Eleven" ★★★ (Comedy Drama,2001) (2h30)

5:30 PM
FREEFORM "Turning Red" ★★★ (Animated,2022) (2h05)

FX "Ford v Ferrari" ★★★ (History,2019) (3h30)

5:45 PM
AMC "The Martian" ★★★ (Sci-Fi,2015) (3h15)

5:50 PM
SHOW "Hacksaw Ridge" ★★★ (War,2016) (2h20)

6:00 PM
PARMT "Pitch Perfect" ★★★ (Romance,2012) (2h30)

TNT "Rush Hour" ★★★ (Action,1998) (2h)

6:15 PM
TCM "The Cincinnati Kid" ★★★ (Drama,1965) (1h45)

7:30 PM
E! "Ocean's Twelve" ★★★ (Comedy Drama,2004) (3h)

7:35 PM
FREEFORM "Coco" ★★★ (Animated,2017) (2h25)

8:00 PM
TMC "Total Recall" ★★★ (Sci-Fi,1990) (2h)

9:35 PM
STZ ENC "Malcolm X" ★★★ (History,1992) (3h25)

FRIDAY

2:00 PM
FREEFORM "Spider-Man: Homecoming" ★★★ (Action,2017) (3h)

2:10 PM
HBO "Spider-Man: Across the Spider-Verse" ★★★ (Animated,2023) (2h21)

2:15 PM
TCM "Three on a Match" ★★★ (Drama,1932) (1h15)

2:30 PM
SYFY "The Mask" ★★★ (Comedy,1994) (2h)

3:30 PM
TCM "The Beast of the City" ★★★ (Crime Story,1932) (1h30)

STZ ENC "Ray" ★★★ (History,2004) (2h36)
AMC "Live Free or Die Hard" ★★★ (Action,2007) (3h)

4:00 PM
TNT "Rush Hour" ★★★ (Action,1998) (2h)

4:05 PM
TMC "Trading Places" ★★★ (Comedy,1983) (2h)

5:00 PM
FREEFORM "Spider-Man: Far From Home" ★★★ (Action,2019) (2h55)

FX "Iron Man 3" ★★★ (Action,2013) (3h)

5:20 PM
MAX "The Town" ★★★ (Thriller,2010) (2h05)

6:00 PM
PARMT "The School of Rock" ★★★ (Comedy,2003) (2h30)

6:05 PM
STZ ENC "The School of Rock" ★★★ (Comedy,2003) (1h53)

7:00 PM
MTV "Friday" ★★★ (Comedy,1995) (2h)

7:10 PM
HBO "Dumb Money" ★★★ (Comedy Drama,2023) (1h48)

7:55 PM
FREEFORM "Spider-Man: No Way Home" ★★★ (Action,2021) (3h05)

8:00 PM
FX "Avengers: Endgame" ★★★ (Action,2019) (4h)

TCM "Sweet Smell of Success" ★★★ (Drama,1957) (2h)

9:00 PM
TRUTV "Moneyball" ★★★ (Drama,2011) (3h)

9:30 PM
SYFY "The Mask" ★★★ (Comedy,1994) (2h)

SATURDAY

2:00 PM
TNT "Wonder Woman" ★★★ (Action,2017) (3h)

2:10 PM
FREEFORM "Spider-Man: No Way Home" ★★★ (Action,2021) (3h10)

2:25 PM
SHOW "Forrest Gump" ★★★★★ (Comedy Drama,1994) A slow-witted Southerner experiences 30 years of history. (2h25)

3:30 PM
PARMT "Forrest Gump" ★★★★★ (Comedy Drama,1994) A slow-witted Southerner experiences 30 years of history. (3h30)

3:45 PM
TCM "Teacher's Pet" ★★★ (Comedy,1958) (2h15)

4:30 PM
TMC "Out of the Furnace" ★★★ (Thriller,2013) (2h)

4:50 PM
SHOW "The Untouchables" ★★★★★ (Crime Story,1987) Incorruptible government agents move against Al Capone. (2h)

5:00 PM
CMT "A League of Their Own" ★★★ (Comedy Drama,1992) (3h)

5:30 PM
BRAV "Twister" ★★★ (Action,1996) (2h30)
SYFY "Predator" ★★★ (Action,1987) (2h30)

5:35 PM
MAX "Wonka" ★★★ (Comedy,2023) (1h57)

6:00 PM
IFC "Superbad" ★★★ (Comedy,2007) (2h30)
TCM "Please Don't Eat the Daisies" ★★★ (Comedy,1960) (2h)

6:15 PM
HBO "Blockers" ★★★ (Comedy,2018) (1h45)

7:00 PM
PARMT "Cast Away" ★★★ (Drama,2000) (3h30)
AMC "John Wick" ★★★ (Action,2014) (2h15)
STZ ENC "Back to the Future" ★★★ (Comedy,1985) (1h59)

7:30 PM
MAX "Batman" ★★★ (Action,1989) (2h07)

8:00 PM
CMT "Top Gun" ★★★ (Action,1986) (2h30)
TCM "Lover Come Back" ★★★ (Romance,1961) (2h)

HBO "The Drama" ★★★ (Comedy,2026) (1h50)

8:30 PM
IFC "This Is the End" ★★★ (Comedy,2013) (2h30)

9:00 PM
STZ ENC "Back to the Future Part II" ★★★ (Comedy,1989) (1h51)

9:15 PM
AMC "John Wick: Chapter 2" ★★★ (Action,2017) (2h45)

SATURDAY EVENING AUGUST 1													
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
WCAX ③	TBA	CBS-News	Entertainment Tonight (N)		Harlan "No Sign of Nancy"		48 Hours "The Footprint"		48 Hours		Channel 3	The Song	
WPTZ ⑤	NBC5 News	NBC News	Jeopardy!	Wheel	Ninja Ninjas from the central region continue in the qualifiers.				Dateline NBC		NBC5 News	SNL	
CBMT ⑥	CBC News	Land	The Nature of Things		Absolutely Canadian		🦁 Monkey Beach ('20) Nathaniel Arcand, Adam Beach.				🦁 Through Black Spruce		
CFTM ⑩	Nouvelles (N)	🦁 Mise à l'épreuve ★★ ('14) Kevin Hart, Ice Cube.			🦁 Ben-Hur ★★ ('16) Toby Kebbell, Morgan Freeman, Jack Huston.					Nouvelles (N)	Cinéma		
CFCF ⑫	CTV News Montreal	🦁 Reality Bites: A Hannah Swensen Mystery			East "Open Season"			East "Claws For Concern"		CTV (N)	CTV News		
WVNY ②②	World News	ABC22 News	Extra (N)		The Rookie "Spy Games"		The Rookie "The Thinker"		The Rookie "Tiger Bear"		News (N)	Nashville	
WWBI ②⑦	NWSL- Pre	NWSL Soccer	Angel City FC at Kansas City Current (L) (N)		NWSL- Show :45 NWSL From PayPal Park in San Jose, Calif.		NWSL-Post				Law & Order: SVU		
WETK ③③	Time/By	Keep-Appea	StiOpn Hrs	Served?	Sister Boniface Mysteries		Death in Paradise		RFDS: Royal "Sieve & Sort"		Austin "Finneas"		
CREATE ③③.3	R. Steves	Milk Street	Milk Street	Mexican	Antiques Roadshow		Joy/Painting	Joy/Painting	Rick Steves		Poland	Mexican	
WORLD ③③.4	Wild Kratts	Weather	Rosie's Rules		Rosie's Rules		Cyberchase		Ready Jet	Wild Kratts	Wild Kratts	Wild Kratts	
WFFF ④④	Sheldon	Sheldon	Baseball New York Yankees at Chicago Cubs From Wrigley Field in Chicago. (L) (N)					News at 10		Big Bang	Fear Factor: House of Fear		
WCFE ⑤⑦	The Capitol Pressroom		Journal		Asia Insight		Midsomer Murders		Grantchester		Murder in "Vintage Love"		Austin "Finneas"
CABLE CHANNELS													
A&E	Storage Wars		Storage Wars		Storage Wars		Storage Wars		Storage Wars		:05 Storage Wars		
AMC	4:30 🦁 The Book of Eli ★★		🦁 John Wick ★★ ★ ('14) Michael Nyqvist, Keanu Reeves.			:15 🦁 John Wick: Chapter 2		Legendary hit man John Wick takes on deadly killers in Rome.					
ANPL	Dr. Jeff: RMV "Hero Dog"		Dr. Jeff "Healing Farm"		Dr. Jeff "Full Speed Ahead"		Dr. Jeff: RMV		Dr. Dee: Alaska Vet		Dr. Dee "Battling FIV"		
BRAVO	5:30 🦁 Twister ★★ ★ ('96) Bill Paxton, Helen Hunt.				🦁 F9 The Fast Saga ★★ Dom and his crew join forces to battle his deadly brother.				🦁 Twister ★★ ★				
CMT	5:00 🦁 A League of Their Own ★★ ★ ('92) Tom Hanks.				🦁 Top Gun ★★ ★ ('86) Kelly McGillis, Anthony Edwards, Tom Cruise.				🦁 Days of Thunder ★★ ('90) Tom Cruise.				
CNBC	American Greed		American Greed		American Greed		American Greed		Greed "A Legacy of Fraud"		Greed "The Surfer Slayer?"		
CNN	CNN Newsroom (N)		CNN Newsroom (N)		Real Time With (N)		CNN Special Program		CNN Special Program		Real Time With Bill Maher		
COM	The Office	🦁 Dirty Grandpa ★ ('16, Com) Zac Efron, Aubrey Plaza, Robert De Niro.			🦁 Billy Madison ★ ('95) Darren McGavin, Adam Sandler.				🦁 Step Brothers ★★				
DISC	Expedition X		Biggest Mako on Earth		Great White Highway (N)		Thresher Shark: Stun (N)		Air Jaws: Red, White and		Belly of the		
DISN	1:00 🦁 Alvin & the Chipmun...		🦁 Descendants: Wicked Wonderland ('26) Kylie Cantrall. Red and Chloe return from their time-traveling adventures.								Ladybug	Ladybug	
E!	5:30 🦁 Grown Ups 2 ★ ('13) Kevin James, Adam Sandler.				🦁 Grown Ups ★ ('10) Kevin James, Adam Sandler.				🦁 Grown Ups 2 ★ ('13) Kevin James, Adam Sandler.				
ESPN	ESPN Films			Banana	Banana Ball From Albertsons Stadium in Boise, Idaho.				SportsCenter (N)		SportsCenter (L) (N)		
ESPN2	Cornhole			USL Soccer From Al Lang Stadium in St. Petersburg, Fla.				30 for 30 Chronicling Reggie White's life.					
FNC	Weekend (L) (N)		Weekend (L) (N)		Life, Liberty & Levin (L) (N)		My View With (L) (N)		Saturday Night (L) (N)		Gutfeld!		
FOOD	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive
FREE	5:20 🦁 Jungle Cruise ★★ ('21) Emily Blunt, Dwayne Johnson.					:25 🦁 Cruella ★★ Emma Stone. A grifter embraces her wicked side to become Cruella.			Movie				
FS1	4:00 MLB Baseball		Major League Pickleball MLP Orlando: Saturday (L) (N)			STIHL		FIFA World Cup 2026		MLS Soccer			
FX	3:30 🦁 Indiana Jones & the ...		🦁 National Treasure ★★ A man tries to steal the Declaration of Independence.						🦁 National Treasure: Book of Secrets ★★ Nicolas Cage.				
HALL	🦁 Love, Romance & Chocolate ('19) Lacey Chabert.				🦁 Toast to Italy (2026, Romance) Will Kemp. (P)				🦁 Royal Matchmaker ('18) Will Kemp, Bethany Joy Lenz.				
HGTV	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters (N)	Hunters	Roast My	Roast My	
HIST	The Curse of Oak Island		The Curse of Oak Island		Curse Island "Road Trip"		The Curse of Oak Island		:05 Curse Island		:05 Oak Island "Pure Gold"		
IFC	🦁 Superbad ★★ ★ ('07) Michael Cera, Jonah Hill.					🦁 This Is the End ★★ ★ (2013, Comedy) (P)			Walking "Trillium" (SP) (N)				
INSP	Have Gun ...		Have Gun ...		Maverick "Stampede"		🦁 The Shadow Riders ★★ ('82) Sam Elliott, Tom Selleck.		Gunsmoke	Gunsmoke	Have Gun ...	Have Gun ...	
LIFE	🦁 Kidnapped by a Killer: The Heather Robinson Story				🦁 Killer Clown ('26) David Cubitt, Sara Paxton. (P)				:05 🦁 Girl Who Survived: Alina Thompson Story				
MAGN	Lakefront Barg		Lakefront Barg		Lakefront Barg		Lakefront Barg		Lakefront Barg		Lakefront Barg		
MSG	PWWL Hockey PWWL Hockey				2024 Mutua Madrid Open Tennis								
MSGPL	TBA	The Island	The Island	Islanders	To Be Announced				The Island	The Island	To Be Announced		
MTV	Big Bang	Big Bang	MTV Special					MTV Special					
NEWSN	NewsNation Live (L) (N)		Batyá (N)		NewsNation Prime (L) (N)		NewsNation Prime (L) (N)		NewsNation Prime (L) (N)		Batyá		
NICK	5:00 🦁 Movie		🦁 Movie				Friends	Friends	Friends	Friends	Friends	Friends	
OXY	Real Murders		Murders "The Star Recruit"		Real Murders (N)		Snapped		Snapped "Natalie Cochran"		Real Murders		
PARMT	3:30 🦁 Forrest Gump		🦁 Cast Away ★★ ★ ('00) Tom Hanks. A courier company executive is marooned on a remote island.										
SYFY	5:30 🦁 Predator ★★ ★ ('87) Arnold Schwarzenegger.				🦁 Wrath of the Titans ★ ('12) Sam Worthington.				🦁 Deep Blue Sea ★★ ('99) Thomas Jane.				
TBS	5:30 🦁 Road House ('24) Jake Gyllenhaal.				🦁 The Equalizer 2 ★★ ('18) Denzel Washington.				:20 🦁 The Equalizer ★★ ('14) Denzel Washington.				
TCM	🦁 Please Don't Eat the Daisies ★★ ★ ('60) Doris Day.				🦁 Lover Come Back ★★ ★ ('61) Doris Day, Rock Hudson.				🦁 Midnight Lace ★★ ★ ('60) Rex Harrison, Doris Day.				
TLC	Jay & Pamela		Jay & Pamela		Baylen Out Loud		Baylen Out Loud		Baylen Out Loud		Baylen Out Loud		
TNT	5:00 🦁 Jurassic World ★★			Chris Pratt. (P)	Ringside (N)		Boxing (L) (N)						
TOON	Burgers	Burgers	Burgers	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Rick Morty	Rick Morty	Rick Morty	
TRAV	Ghost Adventures		Ghost Adventures		Ghost Adventures (N)		Ghost Adventures (N)		Ghost Adv "Crescent Hotel"		Ghost Adventures		
TRUTV	5:30 🦁 Central Intelligence ★★			Ringside (N)		Boxing (L) (N)							
TVLAND	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	King	King	
USA	Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		:05 Chicago P.D.		Chicago P.D.		
VH1	🦁 30 Minutes or Less ★★ ('11) Jesse Eisenberg. (P)				🦁 Accepted ★★ ('06) Jonah Hill, Justin Long.				🦁 Ace Ventura: Pet Detective ★★ ('94) Jim Carrey.				
WPIX	5:00 To Be Announced		To Be Announced		PBR Team Series From Paycom Center in Oklahoma City.				PIX11 News at Ten (N)		Seinfeld	Seinfeld	
YES	4:00 Yankees Classics									NBA Basketball			
PREMIUM CHANNELS													
HBO	:15 🦁 Blockers ★★ ★ ('18) Ike Barinholtz, Leslie Mann.				🦁 The Drama ★★ ★ ('26) Zendaya. (P)			:50 House of the Dragon			:55 Life	🦁 Mickey 17	
MAX	5:35 🦁 Wonka ★★ ★ Timothée Chalamet.			🦁 Batman ★★ ★ ('89) Michael Keaton, Jack Nicholson.			:40 🦁 Batman Returns ★★ ('92) Michael Keaton.			Movie			
SHOW	Movie		:50 🦁 The Bodyguard ★★ ('92) Whitney Houston, Kevin Costner.				🦁 You're Dating a Narcissist! (P)			🦁 He's Just Not That Into You ★★			
STZ ENC	5:10 🦁 Click ★★		🦁 Back to the Future ★★ ★ ('85) Michael J. Fox.			🦁 Back to the Future Part II ★★ ★			:50 🦁 Back to the Future Part III ★★ ★				
TMC	Movie		🦁 Friday the 13th, Part VI: Jason Lives			🦁 The Foreigner ★★ ('17) Pierce Brosnan, Jackie Chan.			🦁 Killerman ('19) Emory Cohen, Liam Hemsworth.				

Saturday Best Bets



Robert Pattinson and Zendaya star in “The Drama”

The Book of Eli

AMC 4:30 PM

Thirty years after war scorched the Earth, a lone wanderer named Eli (Denzel Washington) treks across the ruins guarding a sacred book that could rebuild civilization. A power-hungry tyrant (Gary Oldman) covets it, but Eli will die before giving it up.

Toast to Italy

HALL 8:00 PM

Jenny (Torrey DeVitto) crosses an ocean chasing a rare bottle of wine meant to make her sister's wedding perfect, only to find fellow searcher Ar-rigo (Will Kemp) hunting the same vin-tage. Their rival quest for the Love Wine uncorks something unexpected.

Killer Clown

LIFE 8:00 PM

Decades after her mother's murder by a costumed killer, Elizabeth Helmer (Sara Paxton) reopens the case herself and becomes a copycat stalker's next target. Father Reed (David Cubitt) and husband Dan (Hamza Haq) stand by as buried secrets resurface.



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Hollywood Q&A

By Adam Thomlison
TV Media

Q: I saw a movie a long time ago with Jeff Goldblum and Emma Thompson as the romantic leads. I loved it, but haven't been able to find it since. Can you help?

A: Quirky but not enough to be considered a cult classic and star-studded

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Emma Thompson and Jeff Goldblum in "The Tall Guy"

but not with typical headliners, "The Tall Guy" (1989) probably deserves more love than it ever really got.

Dating all the way back to 1989, the British comedy film featured, as you say, Jeff Goldblum ("The Fly," 1986) as an American actor working in England as a sidekick to an awful but successful British stage comedian (played by another notable name, Rowan Atkinson, "Johnny English," 2003).

Goldblum's character eventually falls for a nurse (Emma Thompson, "Sense and Sensibility," 1995) he meets shortly before landing his big break: the lead role in a stage-musical adaptation of "The Elephant Man." (Like I said, quirky.)

Even with all that on-screen talent, it's perhaps more notable for the star who wrote the script: Richard Curtis, who at the time was still a TV guy, best known for writing the "Blackadder" series with Atkinson in the lead.

"The Tall Guy" came just a couple of years before Curtis and Atkinson would team up again, with even greater success, for the "Mr. Bean" series. And it was Curtis's first big-screen film — his second, 1994's "Four Weddings and a

Funeral," would establish him as a romantic-comedy icon.

Knowing the name of "The Tall Guy" is one thing, but finding it isn't so easy. None of the major streaming or video-on-demand services are carrying it at the moment, and the DVD (if you even still have a player) seems to be out of print. Used copies are available if you're desperate, or you could wait to see if it shows up on streaming. It's apparently available on Amazon Prime in Italy and Spain, so perhaps it's just a matter of time.

Q: Is Christopher Lambert still making movies?

A: Christopher Lambert ("Highlander," 1986) is still making movies but not really for us. But to be fair, North America was only ever really borrowing him.

Most of his work has been in Europe, where he hails from (though, interestingly, he was actually born in the U.S. — his father was a French diplomat). That was true even during the mid-'80s and early '90s, when he was also doing American films, starting with "Greystoke: The Legend of Tarzan, Lord of the Apes" (1984) and then his real breakout role in 1986's "Highlander" and its sequels, "The Quickening" (1991), "The Gathering" (1993) and "The Final Dimension" (1994).

It was during all that American activity that he also did his best-known French film, the deeply odd thriller "Subway" (1985), about a thief who hides out among a subculture of weirdos who live in Paris's subway tunnels.

He's continued that pattern since, peppering American gigs in between

Sudoku

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Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9.

Solution on page 22

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Euro ones. His most recent project you might have seen (assuming you're not French yourself) was a brief arc in the sixth season of the NBC drama "The Blacklist" in 2019, playing a top-notch international assassin. Before that, he had a small part in the big-screen ensemble comedy "Hail, Caesar" in 2016.

His upcoming projects are all very European: his next is the Croatian

crime-thriller "A Man Worth Killing," due out later this year. He's also attached to a French noir thriller, titled "Red Gecko," but that's still in the early stages of development and may not actually happen.

Have a question? Email us at questions@tvtabloid.com. Please include your name and town. Personal replies will not be provided.