

March 7, Friday, 5-7 PM – Reverence and Reverie Exhibit

Opening reception of *Reverence and Reverie* on March 7th. This exhibit explores the intersection of nature and memory, capturing a sense of reverence for the natural world and the dreamlike reverie it inspires. Featured artists include Ali Della Bitta, Sarah Knobel, Randi Renate, and Winosha Steele. The exhibit runs through March 26th.

March 13, Thursday, 6-7 PM – Women’s Drum Circle

A gathering for women to connect through rhythmic drumming and a full moon, guided by Cathy Bonville. Cost: \$15

March 14, Friday 5-7 PM – NCCC Exhibit and Opening

Opening reception for the *Women’s Voices* exhibit at NCCC, showcasing artwork by women artists from the community, students, faculty, and staff. The exhibit runs through April 11. The exhibit, held at NCCC’s Malone Campus in the mezzanine of the Mills Building. Sponsored by NCPR.

March 16, Sunday, 1-3 PM – Pelvic Yoga Workshop with Kari Lauzon | RYT200 | PT

A gentle Hatha yoga session focusing on pelvic floor health, anatomy, and benefits, welcoming all levels and genders. Cost: \$30.

March 20, Thursday, 7-8:30 PM – Poetry @ DAC

An evening of poetry readings featuring local writers, including Kayla Riley, Erica Kelso, and Stephanie Coyne DeGhett, with an open-mic session to follow.

March 25, Tuesday, 6-7 PM – Sound Bath

A soothing session using sound vibrations to promote relaxation and healing, led by Cathy Bonville. Cost: \$15

March 28, Friday – Judy Chicago Reinvented Opening Reception

Opening Reception of *Judy Chicago Reinvented*, with SLC Arts, honoring 9 influential women from the region, inspired by Judy Chicago’s *The Dinner Party*. The exhibit runs through April 11 and includes a donation drive for STOP Domestic & Sexual Violence, supporting survivors with essential services.