

## Evan Uddin

### *Stillwater Track & Field*

Evan Uddin, Stillwater senior, won the shot put with 58-1 1/2 and placed fourth in discus with 141-8 at a 10-team White Bear Lake outdoor meet. He also won two indoor meets, with 56-5 3/4 at Mankato State University and 56-10 at University of Wisconsin-River Falls. He placed seventh at state in shot put last year with 52-3 3/4. Uddin also played defensive end on the Pony football team.



## Sylvia Boyum

### *Stillwater Track & Field*

Sylvia Boyum, Stillwater senior, is the reigning state champion in shot put, with a winning throw of 41-2 last June. In this year's first event, Boyum won the StillView Throwdown with 42-7 1/2 and took second in discus with 119-5. Her personal best so far is 42-8 at section last year.



## Avery Muellner

### *Forest Lake Softball*

Avery Muellner, Forest Lake senior, has been a starting varsity pitcher for the Rangers since seventh grade, and has played in the state tournament all five seasons so far with one state champion team and two runners-up. A two-time all-state pick, Muellner is off to a good start in 2026, pitching nine shutout innings with 14 strikeouts in two wins while going 3-for-7 at the plate with five runs-batted-in.



\*Athletes chosen by press staff