A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

CRYPTO FUN

Determine the code to reveal the answer!

Solve the code to discover words related to nutrition.
Each number corresponds to a letter.
(Hint: 7 = i)

A. 14 8 4 3 2 7 20 1

Clue: Units of energy

B. 11 7 24 8 22 7 16 1

Clue: Essential organic compounds

C. 22 7 16 20 2 8 4 1

Clue: Inorganic substances

D. 9 7 6 20 1 24 7 3 16

Clue: Breaking down food

Answers: A. calories B. vitamins C. minerals D. digestion

WORD SCRAMBLE

Rearrange the letters to spell
something pertaining to nutrition.

O D O F S

Answer: Foods

Guess Who?

I am a singer born in New York on March 13, 1973. I was a health care administrator before I got into the music industry. I have since been a nu-metal vocalist with my band. I owe much inspiration to Metallica's James Hetfield.

Answer: David Draiman

NUTRITION LABEL WORD SEARCH

R	A	G	U	S	O	E	Z	O	T	I	Z	U	U	A	T	E	P	E	C
U	S	B	O	V	L	Z	R	R	N	R	E	B	I	F	Y	D	P	A	P
F	Z	H	B	I	S	O	U	G	S	F	V	V	T	N	A	V	R	R	S
B	M	U	I	T	U	T	R	L	N	O	Z	M	Z	I	S	B	O	F	D
H	B	T	C	A	S	E	E	E	V	D	U	U	L	U	O	T	D	C	N
V	Z	A	R	M	D	H	Y	P	T	I	O	Y	E	H	E	N	L	G	O
A	F	V	F	I	Z	P	E	E	S	S	V	U	Y	I	E	C	R	A	D
N	R	A	E	N	V	D	L	S	B	A	E	D	N	G	A	A	P	A	V
U	L	N	R	S	P	A	A	E	L	E	R	L	R	L	R	F	I	D	M
Y	T	I	R	O	O	T	N	U	P	A	S	E	O	H	N	A	G	Z	M
S	G	M	O	F	O	R	E	M	T	B	L	R	G	H	U	T	B	V	L
N	Y	V	L	P	I	D	V	E	G	L	I	N	M	A	C	S	I	C	C
H	M	Z	B	C	O	A	S	P	A	E	D	G	F	U	B	O	G	G	C
P	C	L	H	L	L	D	I	L	S	C	O	R	N	S	Y	R	U	P	O
V	H	E	I	U	V	B	A	N	F	C	A	H	I	S	U	U	S	U	N
E	D	D	E	T	A	N	E	G	O	R	D	Y	H	Z	A	M	R	L	T
B	E	G	N	R	M	Y	S	E	R	V	I	N	G	S	I	Z	E	G	E
V	S	O	T	C	C	A	L	C	I	U	M	L	L	E	B	A	L	F	N
A	R	B	U	L	B	D	E	I	F	I	T	R	O	F	R	H	A	H	T
I	G	Y	S	M	O	A	L	F	N	U	T	R	I	T	I	O	N	D	F

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

ALLERGEN
CALCIUM
CALORIES
CARBOHYDRATES
CHOLESTEROL
CONTENT
CORN SYRUP
DAILY VALUE
ENRICHED
FACTS
FATS
FIBER
FORTIFIED
HYDROGENATED
INGREDIENTS
IRON
LABEL
NUTRITION
POTASSIUM
PROTEIN
SERVING SIZE
SUGAR
VALUE
VITAMINS

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7012 S. Daisy Ln
Idaho Falls, ID 83402
(208) 529-4753
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