

Against Abuse, Inc. FY 2025-2026

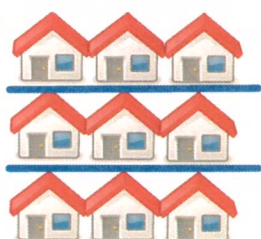


**Providing Domestic and Sexual Violence
services for Women, Children and Men**

For 45 years



**2 Emergency Shelters provided
9,884 bednights for 198 Survivors
(105 Adults, 93 Children)**



**Transitional Living services provided
5,861 Bednights for 37 Survivors
(20 Adults, 17 Children)**



**285 families received 14,820 Hours of
Supervised Visitation**



**Volunteers: 523.5 Hours of: Adult
Groups, Children's Groups, Pro-Bono
Legal Services, Advocacy, Community
Awareness, Community Gardening**



**312 Survivors received 8,166.25 Hours of
Mobile and Community-Based
Domestic and Sexual Violence
Services and Supports.**

**4,086 people received 107.25 hours of
outreach and education at 36 events**

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In January of 2026, I had the honor of stepping into the role of Chief Executive Officer at Against Abuse, Inc. It has been my privilege to have been working at Against Abuse, Inc. since 2014. With many years of leadership experience in survivor-centered, trauma-informed work, I am excited to continue to work alongside our dedicated staff, board, community partners, and supporters as we make a meaningful difference in the lives of survivors.



For 45 years, Against Abuse, Inc. (AAI) has served survivors of domestic and sexual violence. Our community partners are vigilant and are vested in making sure survivors are safe and have options. Over the years, we have been fortunate to work with dedicated community partners to establish a strong referral safety network. Our referrals came from a wide variety of sources, such as: former clients, family, friends, coworkers; a variety of social media; law enforcement; lawyers; the medical community; Family Advocacy Centers; schools; behavioral health providers; faith based and nonprofit organizations; and a variety of government agencies such as Adult Protection Services, Department of Child Safety, the Arizona Housing Authority.

When we receive referrals, we provide an array of trauma informed, responsive services that are person and family centered, strength based, and choice driven. Our programs include: Emergency/Crisis shelters, Transitional Housing, Mobile & Community-Based Services, Sexual Violence Services, and Supervised Visitation. Thanks to our local motel partners we provide motel-based crisis services when there isn't room in our shelters. Survivors receive personalized supports and services they need from case managers, educators and advocates.

Survivors routinely provide feedback to let us know that our services and supports truly made an impact on their lives. They have shared with us that: Their level of safety improved; They have a much better understanding of their domestic and/or sexual violence experience; They feel believed and not alone; They feel emotionally supported; Their support system improved; They have a stronger awareness as to how to plan for their safety; They are regaining control over their lives; They have an increased feeling of wellbeing; and They have much more knowledge about the information and resources available to them.

These life-changing, positive results are rooted in the unwavering caring and commitment on the part of staff and volunteers. They are also the result of thoughtful and generous members of our community who donate money, time, work, furniture, quilts, toys, food, gift cards for food, gas, travel and vehicle repair, sundries, school supplies, holiday gifts and more. Together we help victims become survivors, so they can heal and venture forward, into their new life, free from abuse.

In gratitude,
Maria-Elena Ochoa, MBA
Chief Executive Officer