

# Print your own wallet-friendly healthcare proxy cards

## Instructions:

1. Print out this sheet.
2. Cut around the dotted lines.
3. Fold each cutout in half to have your new wallet-sized healthcare proxy card.
4. Repeat: Share these cards with people in your life. Healthcare planning is for everyone!

These cards are designed for healthcare proxies, offering supportive phrasing and guided reminders as they advocate for others. For more end-of-life planning resources — including tips for selecting your healthcare proxy — visit [CandC.org](http://CandC.org).

I am \_\_\_\_\_'s  
healthcare proxy.

I am committed to ensuring the person I am representing gets the care that reflects their wants and needs.



1. Assess the situation in the context of the individual's wishes
2. State your intention to support the individual
3. Ask healthcare providers questions when you don't understand
4. Evaluate the individual's wishes against the proposed treatments
5. Decide on treatment and inform providers

cut along the dotted line

fold  
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