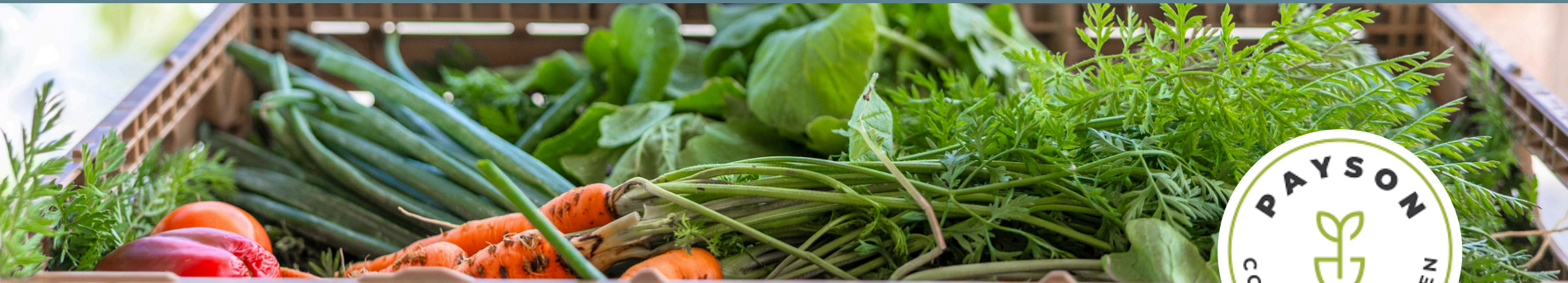


# COMMUNITY WELLNESS & EDUCATION

PRESENTED BY MHA FOUNDATION



## A HARVEST THAT REACHES FAR BEYOND THE GARDEN

The Payson Community Garden is much more than a place to grow fresh vegetables, it is a place where neighbors connect, volunteers give back, and generosity flourishes. With 201 garden plots, the garden provides local residents with the opportunity to grow their own food while fostering a strong sense of community and stewardship.

Every gardener contributes to that mission by completing at least five volunteer hours each season, helping maintain the garden and ensuring it remains a welcoming space for everyone. The garden is also entirely self-sustaining, with water costs covered through plot rentals, donations, and T-shirt sales.

Beyond serving its gardeners, the Payson Community Garden plays an important role in supporting families throughout our community. So far this year, approximately 250 pounds of fresh lettuce, radishes, and beets have been donated to the Presbyterian Church and St. Vincent de Paul food banks. During the peak summer harvest, donations often reach between 500 pounds per month and as much as 1,000 pounds per week. Over the past several years, the garden has averaged nearly 10,000 pounds of fresh produce donated annually. The Payson Community Garden is a reminder that when a community grows together, everyone benefits.

