

YOU KNOW WHAT'S SCARY?

Not getting your annual exams/screenings!

Annual check-ups and screenings are essential when it comes to your ongoing health. Besides assessing your overall health, annual screenings allow your provider to identify health issues such as chronic diseases, cancers, and other illnesses that might not have obvious symptoms and helps them create the best treatment plan to help you live a healthier life.

- Well-checks
- Dental
- Colonoscopy
- Mammogram/Pap smear
- Vision



Don't be afraid — schedule your appointment today.



Visit www.NorthShoreHealth.org or call 219-763-8112