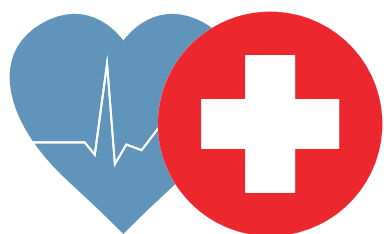
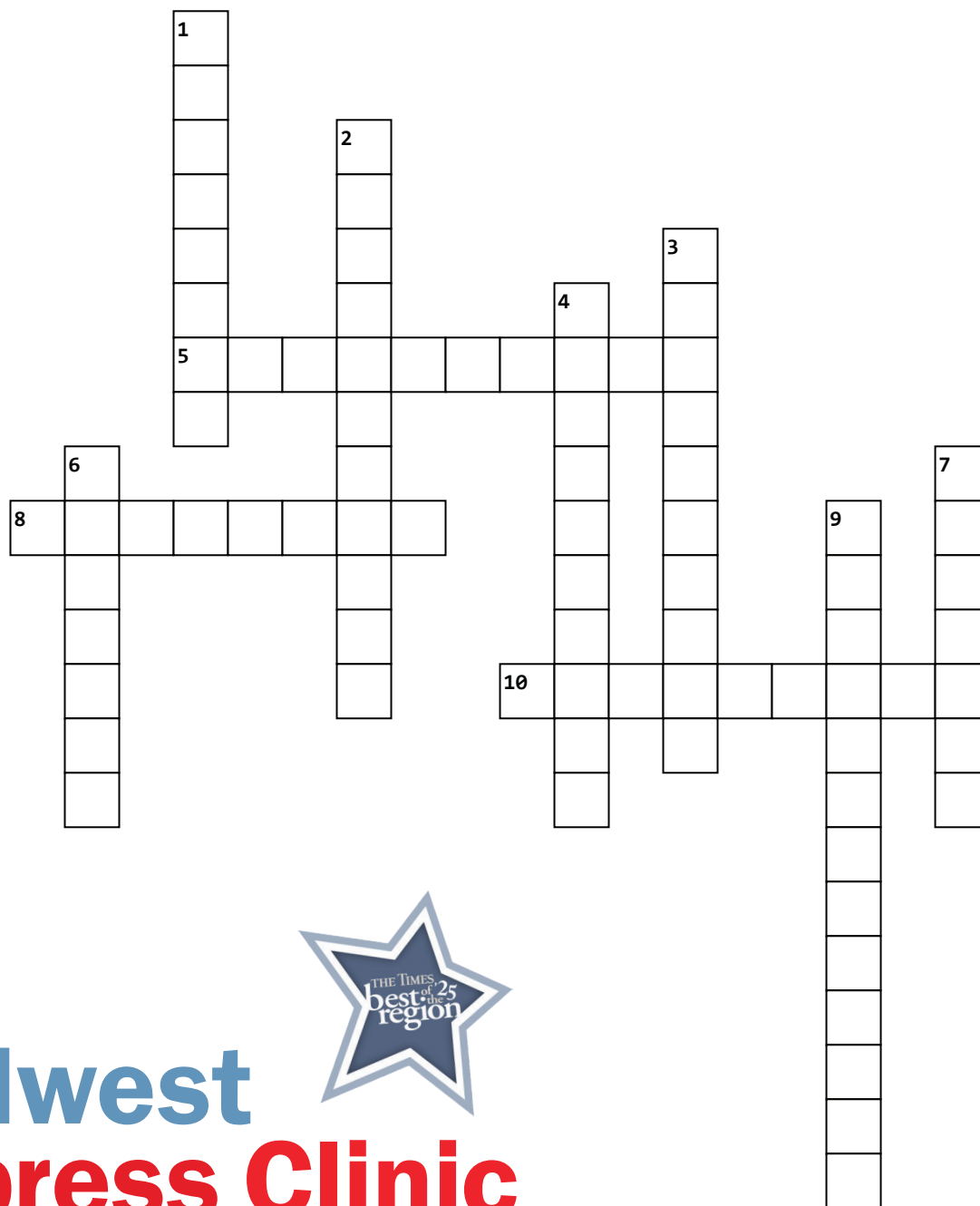


### Across

- 5. Care you can walk into when you need help fast.
- 8. Shots that help your immune system fight off disease.
- 10. Lab tests that taking a blood sample.

### Down

- 1. A check-in after your visit to keep you on track.
- 2. A key heart number—good, bad, or time for a change.
- 3. Catching health problems before they start.
- 4. The numbers you get after your visit—your health snapshot.
- 6. Skipping food before labs for accurate results.
- 7. Your yearly visit to stay ahead of health issues.
- 9. A “silent” reading that says a lot about heart health.



**Midwest  
Express Clinic**



**Annual Physicals: Easier Than a Puzzle.**



✓ **Open Daily** ✓ **Walk-ins Welcome** ✓ **Convenient Locations**

**FIND A LOCATION  
NEAR YOU**

ACROSS: 5. URGENT CARE, 8. VACCINES, 10. BLOODWORK DOWN: 1. FOLLOW UP, 2. CHOLESTEROL, 3. PREVENTION, 4. LAB RESULTS, 6. FASTING, 7. CHECK UP, 9. BLOOD PRESSURE