



**Everybody
deserves quality
healthcare....**

Everybody!

Who We Are

NorthShore Health Centers is a non-profit Federally Qualified Health Center dedicated to providing quality, affordable healthcare to everyone including the uninsured and underinsured in Porter and Lake Counties. At NorthShore, we are dedicated to providing accessible and continuous healthcare and a medical/dental home for every family regardless of ability to pay. We emphasize illness prevention and education to help our patients achieve their potential and improve their lives.

Mission

Our mission is to ensure that each individual has a medical home and access to the highest quality healthcare, regardless of sex, age, race, social or cultural standing and/or ability to pay.

Our Services

Our dedicated and patient-focused medical staff provides a wide-range of health care services for acute and chronic conditions:

- ❖ OB/GYN
- ❖ Pediatrics
- ❖ Family Practice

- ❖ Urgent Care
- ❖ Dental Care
- ❖ Vision Center
- ❖ Behavioral Health
- ❖ 3D/4D Ultrasound
- ❖ Diagnostic Ultrasound
- ❖ Mammogram
- ❖ Bone Density (Osteoporosis) Screenings
- ❖ DEXA Scan
- ❖ Diagnostic X-Ray
- ❖ Full Laboratory Services
- ❖ 340B Pharmacy (Discounted medications available to our patients)

Who We Service

NorthShore Health Centers offer services to individuals of all ages in these primary categories:

- Medicaid and Hoosier Healthwise recipients who request to see our Medicaid-approved physicians as their primary health care providers.
- Medicare recipients, with sliding fees for co-pays.
- Privately insured individuals who choose NorthShore Health Centers as their healthcare provider and medical home.
- Uninsured individuals using self-pay options. Self-pay charges for healthcare are determined on a sliding scale based on income and will require a minimum charge per visit.

Additional Services

Insurance Assistance

Certified Navigators are available at each location to educate and assist uninsured patients with enrolling in an insurance plan including Medicaid and Medicare. Enrollment services are available Monday through Friday on both an appointment and walk-in basis including bilingual employees to assist Spanish speaking patients

Prenatal/Family Care Services

NorthShore also takes patient care one step

farther by offering a free Prenatal/Family Care program which allows pregnant women and families monthly interactions with our coordinators in order to receive additional support and resources throughout their pregnancy and up to baby's first two years. Services include:

- Pregnancy Test Verification
- Breast Pump Assistance
- Car Seat Education, Inspection, and Installation
- Lactation Consultations
- Non-Stress Test for High Risk Pregnant Patients
- Pack-N-Play Assistance
- Perinatal Loss Program
- "NWI Family Support" Facebook Page.

Patient Care Coordination

NorthShore also has Patient Care Coordinators who assist patients with chronic needs such as diabetes and high blood pressure by establishing healthcare goals and creating action plans to achieve them. They also assist with social issues such as homelessness and other obstacles which hinder patients from achieving optimal health. Services include:

- One-on-one consults about diabetes from a diabetic paraprofessional
- Nutrition health information for chronic conditions
- Case management services

Free Health and Education Classes

NorthShore offers a variety of health and education classes to assist our patients in achieving optimal health. Our list of classes include:

- Breastfeeding Classes
- Baby Basics Classes
- Big Brother/Big Sister Sibling Classes
- Family Food Fun Story Time
- Diabetic Education Group
- Nutrition and Health Classes

