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*Elegant Lifestyles
Magazine*

April-May 2017

What's Inside:

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FASHION

SUMMER FUN

GOLF

MANSION IN MAY

AROUND TOWN

GARDENING

TRAVEL

RECIPES

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On the Cover
 Alnwick Entry, 11" x 14" oil on linen
 by Gerry Heydt: The 2017
 Mansion in May

Letter from the Editor

Dear Readers,

Spring is in full bloom and it reminds us to savor the beauty all around us. Our thoughts easily turn to green sprouts, emerging buds...and Mansion in May.

Returning for its 18th iteration, the Women's Association for Morristown Medical Center has chosen Alnwick Hall "The Abbey" in Morris Township as the site of this year's Mansion in May Designer Showhouse and Gardens.

Join the thousands who will tour the 20,000-square-foot brick mansion that was once the residence of Edward Peter Meany and his wife, Rosalie Behr. The manse, designed for the Meanys by architect, Percy Griffin, was modeled after various 15th and 16th-century English prototypes, including Alnwick Castle in Northumberland, England.

Marvel at the exquisite detail and avant garde imaginings of the nearly 70 interior and landscape designers tasked with transforming Alnwick Hall. And, at the same time, support a worthy cause: proceeds from the event will contribute to establishing the new Center for Nursing Innovation and Research at the Morristown Medical Center.

Go forth and explore!

- Roberta Burkhart, Editor

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Private Schools

North and central New Jersey have an abundance of sterling private schools for parents to choose from when searching for the perfect educational setting for their children. From Montessori to religious-based instruction, from music-concentrated academies to college preparatory schools, you're bound to find the perfect fit for any child. Keep reading to learn about new developments at a few of our area schools.



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Founded in 1766, Rutgers Preparatory School is New Jersey's first independent school. Sustaining a remarkable tradition of college preparation,

academic excellence, direct student involvement in learning, multiculturalism and engagement with real world issues throughout its history, these strengths continue to be celebrated. A coeducational day school, Rutgers Prep offers programs for 3-year-olds through grade 12 and enrolls about 650 students. The class of 2016 matriculated at many of the most selective colleges and universities in the country. As we celebrate more than 250 years, we take pride in a tradition of outstanding scholarship and college preparation characterized by active participation and enthusiastic engagement with real world ideas and challenges. We embrace the opportunities offered by technology, diversity, global-

ization and sustainability, honoring the past and creating the future. Through excellence in education, we inspire students to discover and pursue their passions, embrace intellectual curiosity and creativity, and lead with confidence. Personal tours and interviews are available upon request. Admission is rolling. For more information, visit www.rutgersprep.org.

Learning at Newark Academy

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Rutgers Prep

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Far Hills Country Day School Teacher Awarded as 2017 PCA Double-Goal Coach National Winner

Linda Houghland, a physical education teacher at Far Hills Country Day School (Far Hills), has been selected from a pool of 2,000 nominees as one of fifty national winners, and only winner from the state of New Jersey, for the 2017 Positive Coaching Alliance (PCA) Double-Goal Coach Award. A panel of judges selected fifty national winners from across the United States.

Linda began her career at Far Hills in 1981. She has coached a variety of sports including Cross Country, Dance, Field Hockey, Gymnastics, Softball, Strength Training, Tennis, Track and Field and Volleyball. She resides in Califon, NJ with her husband Gary.

“Linda Houghland embodies the true spirit of the Far Hills mission. She teaches sportsmanship, integrity, perseverance and compassion to her young athletes, while also giving them the tools to perform at their highest level. She truly focuses on the whole development of her students, not just the will to win. We are lucky that she has served Far Hills for 35 years,” said Director of the Upper School, Georgia Zaiser.

PCA's Double-Goal Coach Award is awarded to youth and high school sports coaches from the U.S. who embody the ideals of the Double-Goal Coach, striving to win, while also pursuing the more important goal of teaching life lessons through sports. We want to congratulate Linda on being awarded one of PCA's 2017 Positive Coaching Alliance (PCA) Double-Goal Coach National Winners.

CONGRATULATIONS CLASS OF 2017

Didi
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Far Hills Country Day School is honored to share with you the list of secondary schools to which the 38 members of the eighth grade class earned admission:

- | | | |
|----------------------------|--------------------------------|-------------------------------|
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Linda Houghland

Far Hills is a PreK-grade eight private school in New Jersey that teaches students how to learn, not what to learn, through an innovative curriculum emphasizing personalization, differentiation, and individualization in instruction. Through solid academics plus life skills, Far Hills graduates lifelong learners who possess a can-do attitude that they carry into secondary school and life.

For additional information about the school, please visit our website at www.fhcads.org or contact Megan Collyer, Director of Strategic Marketing & Communications at mcollyer@fhcads.org or 908.766.0622 x1427.

Positive Coaching Alliance (PCA) develops BETTER ATHLETES, BETTER PEOPLE through resources for youth and high school sports coaches, parents, administrators and student-athletes. In addition to 1,000+ free audio-video and printable tips and tools at www.PCAdDevZone.org, PCA has partnered with roughly 3,500 schools and youth sports organizations nationwide to deliver live group workshops, online courses and books by PCA Founder Jim Thompson that help those involved in youth and high school sports create a positive, character-building youth sports culture.

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Private Schools

Cont. from page 4

studying material, completing homework, participating in class; in other words, academic engagement. We expect those who enroll at Newark Academy to be academically engaged, good students. Our task — and our joy — is lighting the fire of intellectual engagement: grappling with ideas, finding intrinsic motivation, and seeking ways to apply knowledge and skills to solve problems in our world. The level of challenge is also important: we don't want students to be either bored or anxious, but find the right balance that encourages engagement in their own learning.

St. Vincent Martyr School


is the oldest Roman Catholic elementary school in the Paterson Diocese. Established in 1848, the school has grown to just over 450 PreK3 - 8th grade students.

A new state-of-the-art wing to house the middle school opened in the fall of 2016.


The school is a beehive of activity offering middle school students a variety of electives from coding, yoga, Chinese culture, as well as a plethora of after-school activities which currently include; street hockey, basketball, cross country, forensics club, music and choir, to name a few.

Younger students delight in seeing their siblings in the hall during passing times. Sr. Noreen Holly has been at the helm for the last six years, helping to shape a positive school culture where students thrive. The curriculum at SVMS emphasizes a strong foundation in faith, academics and life-long learning.

St. Vincent Martyr School is located at 26 Green Village Road, Madison.



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Summer Fashion Trends 2017

By Nita Crighton

With so many great summer styles to choose from, it is hard to go wrong this season. Whether your wardrobe needs a punch of color or a complete overhaul, you won't have to search far for fabulous fashion finds this summer.

Staying stylish when temperatures soar can be a challenge, but one of this year's most popular trends will help you

keep your cool. Whether you're headed down the shore or enjoying a night out – go sheer. From barely there overlays to ultra sheer shirts over strappy camisoles, all the major designers are incorporating a little sheer into their summer line-ups.

Bold & beautiful

Color will be big, bright and bold this season, predicts Faina Shapiro, owner of Diamond Dream Jewelry & Apparel in downtown Bernardsville. "We're definitely going to be seeing brighter colors for summer.

Blue is always popular, but other colors are also bursting on the scene including a variety of vivid reds, pinks, corals and greens all designed to be mixed and matched."

The Issey Miyake collection at Diamond Dream is a customer favorite. The artistic line combines traditional Japanese techniques with innovative technologies to create clothing that is colorful and wears

beautifully. "The pieces are perfect for travel," says Shapiro. "They are hand washable, don't wrinkle and are seasonless. Most of the pieces can be worn year round."

Menswear designers are making a colorful statement this season, too. Color blocking is in with a focus on rich blues and aquas and bold solids are prevalent. When adding color to your wardrobe, it is best to use caution. Pair a bright shirt with neutral pants or slip in a splash of color with a pair of purple shoelaces, tinted soles or a great patterned belt or tie.

Bang for the buck

Across the board, today's consumers are looking for value. The good news is staying up-to-date doesn't have to break the budget. "My goal is always to find items women can wear at least three seasons," says Shapiro. "If you have pants that are appropriate to wear 24/7, 365 days of the year, and you calculate the cost of each time you wear them – it turns out to be a really good deal."

What's hot?

Statement sleeves are a fun trend this year. Add to the allure of a basic blouse with an interest-generating bell sleeve. Romance is also in with soft fabrics and poufy poet sleeves making a comeback. Voluminous ruffled, flounced and flared sleeves are trending too, along with open shoulder peek-a-boo styles and split sleeves.

Every well-dressed woman should own at least one white shirt this season, and the white shirt collection by Carlisle truly has something for everyone. The Carlisle Collection is the newest line at Sabine's Boutique in Warren, and owner Sabine Barrett says the quality of the tops is unparalleled.

"The blouses were inspired by Blanc de Blancs champagne, the finest champagne in the world. Crafted from the most luxurious silks, cotton stretch and linen, they are the ultimate fashion staple."

Barrett has dedicated her career to helping women achieve their style potential with quality fashion lines that are the perfect mix of modern and classic.

"Every well-dressed woman should own at least one white shirt.."



The Carlisle Collection is no exception. "Carlisle Collection is on the pulse of style with attention to unsurpassed fabrics, couture quality craftsmanship and attention to detail," says Barrett. The collection will be available by appointment only starting Saturday, May 13. To schedule an appointment, call (908) 872-1559.

Sleek & chic summer hair

Great clothes aren't the only way to elevate your summer look. Why not also update your hair?

"For women, beachy hair is still in style," says Frank Musolino owner of Craft Hair Studio in Bernardsville. To achieve the casual, textured look, Musolino recommends SAIL soft wave spray by R+Co, a Craft Hair Studio favorite.

"The current look for men is the 1920s comb over"

At the other end of the spectrum, he is also seeing a return to very smooth sleek hairstyles. "Flat hair is in again. If you watched the award shows this year, you saw a lot of straight styles." For these looks, Musolino suggests R+Co's HIGH DIVE moisture and shine crème.

But the great hair products at Craft Hair Studio aren't just for women. "The current look for men is the 1920s comb over," says Musolino. "George Clooney has been wearing this style for awhile. It features a severe side part with a brush over." Guys can achieve the retro look with an updated product. Oribe's Rough Luxury Molding Wax is a modern approach to pomade and holds hair in place without being stiff or sticky.

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The Breakers

The historic "town by the sea," Spring Lake in Monmouth County, welcomes guests from around the world and residents alike with its small-village graciousness and relaxed atmosphere.

Nestled within the family-friendly "Jewel of the Jersey Shore," Spring Lake's shopping district provides fashionable boutiques, unparalleled customer service, unique galleries, casual outdoor eateries and fine dining experiences, according to officials at the Spring Lake Business Improvement District.

Cultural events, including the many fine performances at the historic Community Theater as well as downtown festivals and events, enhance the Spring Lake experience. The magical atmosphere of Spring Lake makes it ideal for a memorable wedding, summer vacation, romantic weekend, or short retreat.

Downtown is a short tree-lined walk from the soothing ocean waves and non-commercial boardwalk, charming B&Bs and hotels, and an enchanting park surrounding a spring-fed lake.

The Breakers on the Ocean has the distinction of being the only full-service hotel located on the ocean in Spring Lake.

Originally built in the late 1800s when it was known as the Wilburton, it was later renamed in 1905. The Hotel has since been through numerous renovations that both preserved the integrity of the past while updating the interior to incorporate 21st century amenities. The serene ocean atmosphere, the unique feeling of the Hotel and the charm of Spring Lake all come together to create the special environment that is The Breakers on the Ocean.

Upon entering the lobby, guests will experience an ambiance and style unique to the Jersey Shore. Sparkling chandeliers, etched glass windows, granite floors and custom-woven carpeting are reminiscent of European resort properties. Soothing and complimentary hues of coral and teal exuding a comfortable elegance, welcome you.

The Hotel is situated just a few steps from the ocean. It features an outdoor swimming pool and large wrap-around porch. In front of the Hotel is a 2.5-mile non-commercial boardwalk, perfect for a leisurely stroll or exhilarating jog. The gazebo, directly in front of the Hotel and on the boardwalk, is a welcoming spot to sit and relax or read a book.

Classic Italian cuisine, fresh seafood specialties and prime steaks are offered in the

Seashell Dining Room overlooking the ocean. The sunny Veranda Restaurant serves an extensive breakfast and lunch, offering daily specials as well as homemade pizza.

The Breakers on the Ocean offers beautiful accommodations — many with an ocean view, a beach and private pool, with golf, tennis and fishing nearby. Nearby attractions include Monmouth Park Race-track and Six Flags Great Adventure, and the Atlantic City casinos are just a short ride away. Come enjoy it all! Whether for a Spring adventure, a Summer vacation, or a Fall or Winter escape, The Breakers on the Ocean is the perfect year-round destination.

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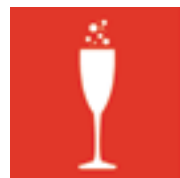
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"La Petite Rose" Mansion in May 2014 at Blairsdon

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SIMPLY ELEGANT INTERIORS



ALNWICK HALL - THE ABBEY



Mansion in May returns to highlight Gilded Age gem, Alnwick Hall

By Roberta Burkhart

The 2017 Mansion in May Designer Showhouse and Gardens will take place at the historic Alnwick Hall – referred to as “The Abbey” in recent years – located along “Millionaires’ Row,” a stretch of Madison Avenue in Morris Township that features a series of large and elegant estate houses built during the area’s Gilded Age.

Proceeds from the event, which is hosted by the Women’s Association for Morristown Medical Center, will contribute to establishing the new

Center for Nursing Innovation and Research at the Morristown Medical Center.

Alnwick Hall, located at 355 Madison Ave. and Canfield Road, is a 20,000-square-foot brick mansion built between 1903-1904. Alnwick Hall was once the residence of Edward Peter Meany and his wife, Rosalie Behr.

The brick and stone mansion, designed for the Meany family by architect, Percy Griffin, was modeled after various 15th and 16th-century English prototypes,

including Alnwick Castle in Northumberland, England.

It is now a rare and largely unaltered survivor of “Millionaires’ Row.”

“The historic significance and urban location of The Abbey attracted particular designer interest this year,” said Megan Cassie Schubiger, co-chair of this year’s Mansion in May.

Working with Schubiger are interior design chairs Susan Kiernan, Katherine Sheeleigh, and Louetta Shileno.

— Cont. on page 23



Evelyn Cucchiara
The Toy Tamer
 245 Madison Av,
 Madison



Victor A. Aprea
FiftyFive Garden
 210 Mount Harmony Road
 Bernardsville

partnered with

Karen Waldron
Classic Home & Garden

49 Rt. 202, Far Hills

Victor Aprea of FiftyFive Garden and Karen Waldron of Classic Home & Garden will present their vision of gardens and container planting that “reflect and enhance one’s lifestyle.” The duo are working together to bring to life the elegance of the Gilded Age – with a classic influence that respects the history of the architecture and its many intricate features – to the garden area surrounding the entrance and exit of Alnwick Hall. “Our goal was to incorporate florals, foliage, texture and color in our plantings and containers to set a romantic historic exterior experience for the mansion,” Waldron explains. Seasonal ground plantings surround The Abbey’s impressive lion statues, while English garden troughs, planters and trellises illustrate the many design elements of the mansion. Color and textural plantings – complementing the earth tones of the mansion – display through vigorous blooms, fresh herbs, ferns and shrubbery. FiftyFive Garden and Classic Home & Garden bring a strong sense of the environment, gardening and aesthetic details to every project. Classic Home & Garden, a unique home and garden shop, is also participating in the exclusive Mansion in May boutique.

Sagri Frieber, Associate ASID
Accents By Design
 325 Main Street, Bedminster



Accents by Design’s seventh Mansion in May entry is titled, “The Believer’s War Room, Room 18” and is located on the second floor. “The Believer’s War Room is intended for spiritual reflection, exploration, and prayer. It is designed to still the soul through the use of consistent blues and cream colors. My hope is that this room will be the ideal place to meditate, pray, and seek spiritual fulfillment,” according to Frieber. She says she drew inspiration for the design from her own life. “On the ground floor of my home, I have a room with windows that look out onto some gorgeous trees in my backyard. Every morning, I kneel in front of these windows, and I pray. This daily ritual is incredibly meaningful and rewarding for me. Perhaps this room will inspire visitors to stake out a similar space in their own homes, and my hope is that they find it to be similarly enriching.”

Participating in her first Mansion in May, Evelyn Cucchiara – The Toy Tamer – will present “The Purposeful Playroom, Room 35,” which is located on the garden level next to the art studio and craft room. “The Purposeful Playroom’ showcases exactly what can be done to a playroom to not only get rid of the mess, but also make it a fun, affordable destination space for the entire family. Using mostly items sourced from IKEA, we show how to turn a messy, disorganized toy dumping area into an organized play space that not only makes a family’s day to day life easier, but also makes it better,” Cucchiara says. “We showcase the best of what can be created in a small area – within 75 square feet is everything a child could desire: a dress-up area, a reading nook, custom wall-mounted Matchbox/Hot Wheels car storage racks, labeled toy cubbies and a unique stuffed animal storage system that is more like a carnival game.” Plus, built into the design is a unique method that teaches the children how to put away the toys. “In fact, it makes them want to put away the toys,” Cucchiara says. The result? The space is always neat, clean and ready for fun, all without the adults lifting a finger to keep it that way.



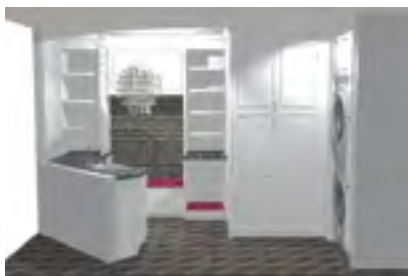
Kathleen Palmer, Studio 7 Fine Art Gallery, 5 Morristown Rd., Bernardsville

Participating in its sixth Mansion in May, Studio 7 Fine Art Gallery in Bernardsville will provide visitors with an art gallery experience, encouraging them to slow their pace and pause to examine the beauty all around. “The Gallery” – located in the second floor gallery – is a “celebration of the beauty of New Jersey with its rolling hills, light filled forests, fertile farm fields, rushing rivers and coastal beaches,” says Kathleen Palmer, Studio 7 owner and director. “As visitors rush through Alnwick Hall, in search of the next exciting designer creation, ‘The Gallery’ invites them to pause, appreciate the beauty in each painting and reflect on man’s impact on our world.” The artist, Geraldine Heydt, chose Elephant Gray, by Benjamin Moore, a soft lavender hued gray, as the backdrop for the paintings, marrying the colors in her art with the dark moldings of the room. Heydt is a master of light and movement who loves to paint plein air, says Palmer, adding that each painting represents conservation efforts to preserve local farms and land for future generations, and “the responsibility that we all feel to protect our natural resources.” Studio 7 partnered with William Santoriello of Plainfield, who brings his craftsmanship to restore this makeshift hallway into a passageway of beauty. The ornate ceiling in the entryway and hand-crafted crystal chandeliers by American Brass & Crystal in Union add elegance to the atmosphere.

Debbie Kerr / John Gasper
Jaeger Kitchens
 1238 Valley Road, Stirling



Despite being their first time participating in Mansion in May, Stirling's Jaeger Kitchens' up-and-coming designs were rewarded with not one - but two - spaces in the majestic Alnwick Hall. They are "Lucky Lady's Laundry Room, Room 40A" and "Country Club Locker Room, Room 40B," located across the hall from each other on the first floor. "Each room has its own theme," according to Jaeger designer Debbie Kerr. "The idea behind the laundry room was trying to make the laundry room more than just a laundry room, but a space to relax. Not only is there laundry facilities, but there is an information command center for all the family's activities, a small bed so your pet can keep you company and a reading nook so you can relax while the wash is going. The concept behind the locker room was to give the busy family a space to put all their stuff away while getting ready for their next activity. There is storage for gear, a place to put your shoes on. You can grab a water bottle and watch the news, it's really a great spot to stop before you join the house." Jaeger's challenge came in converting two very small bathrooms into functional spaces for the family on-the-go, Kerr said.



Kristin Badolato
Kristin Ashley Interiors
 40 Old Colony Road,
 Bernardsville



Returning for a second Mansion in May, Kristin Ashley Interiors in Bernardsville will bring a Mediterranean vibe to a garden level casual dining room and lounge space titled "Café Hyacinth," says owner and designer Kristin Badolato. This room was inspired by one of the fabrics used in the design. The large-scale floral by Schumacher is called "Indian Arbre" in colorway Hyacinth and includes all of the purples, periwinkles and blues typically seen in hyacinth blooms. "These fragrant spring flowers usually pop up in May, which is especially fitting for the Mansion in May showhouse," says Badolato. "I've chosen a diptych by photographer Gray Malin from his 'La Dolce Vita' series called 'La Fontelina, Capri.' This piece exudes tranquility and creates the impression of a window overlooking the sparkling waters of Carpi, Italy."

Karla Trincanello
Interior Decisions
 140 Columbia Turnpike, Florham Park



Returning to design a fifth Mansion in May space, Florham Park's Interior Decisions will present, "Precious X Two, Room 12," located on the second floor, facing the rear of the manse. A nursery for twin baby girls, the aqua-hued space is adorned with angels and butterflies. The room is accented with pink and purple as an alternative to the typical all-pink feminine theme, according to owner and designer Karla Trincanello. "The fireplace will be accented with angels and fairies to remind the babies that their sweet angel is always around them. We chose a whimsical and beautiful butterfly pattern fabric to line the crib canopies and also used it to fabricate sheer roman shades for the bay window that will appear like butterflies are fluttering on the windows and above the cribs," Trincanello says. "A daybed between the alcoves creates a sitting area or a place for mother to rest with a baby on those difficult nights when baby is up all night. Two gliders are in the bay window for mother and helper to feed the babies and rock them to sleep amid sumptuous drapery flanking the bay area." As elegant as this room appears, it is important to note that the fabrics have been carefully selected to be washable and stain resistant for practicality, because after all, it is a baby's room, she says. Linger awhile and feel the sweetness of babies all around in this special feminine room prepared for precious cargo.



Gail Whiting
Design Consultants
 262 Route 202 North, Bedminster



Returning for a fifth Mansion in May, Design Consultants of Bedminster will present "Le Parc Central Voigt, Room 19" - or "Central Park View" - located on the second floor directly opposite the staircase at the front of the mansion. The vision is for a home office that speaks of today's wireless and paperless technology, explains Gail Whiting, owner and designer. "The inspiration for this room is the Jim Thompson's fabric, "Central Park," which I used for the window treatment, along with a client's beautiful Central Park West apartment that I designed in Manhattan. It inspired me to bring Central Park to New Jersey for a special home office environment," Whiting says. She describes the room as a very sophisticated and of-the-moment place to focus while in beautiful surroundings. The drapery is a vision of Central Park in sepia colors. A backless lounge in a mossy green geometric velvet is accented with a lambs wool kidney pillow in dark mocha. The table desk is goat skin with mahogany legs and 14k gold detailing. The desk chair fabric is an elegant taupe satin with gold and beige embroidery. The black, hand-carved guest chair has an unexpected contemporary polka dot-cut velvet fabric, while the diamond benches are in black and white houndstooth leather. Fun fabrics are balanced with the taupe gray abstract Nepal rug. The walls are washed in a similar color and the Asian expandable bookcase with storage is complimented with collectible accessories. Completing the space is a walnut pedestal with a bronze bust and an Asian painting.





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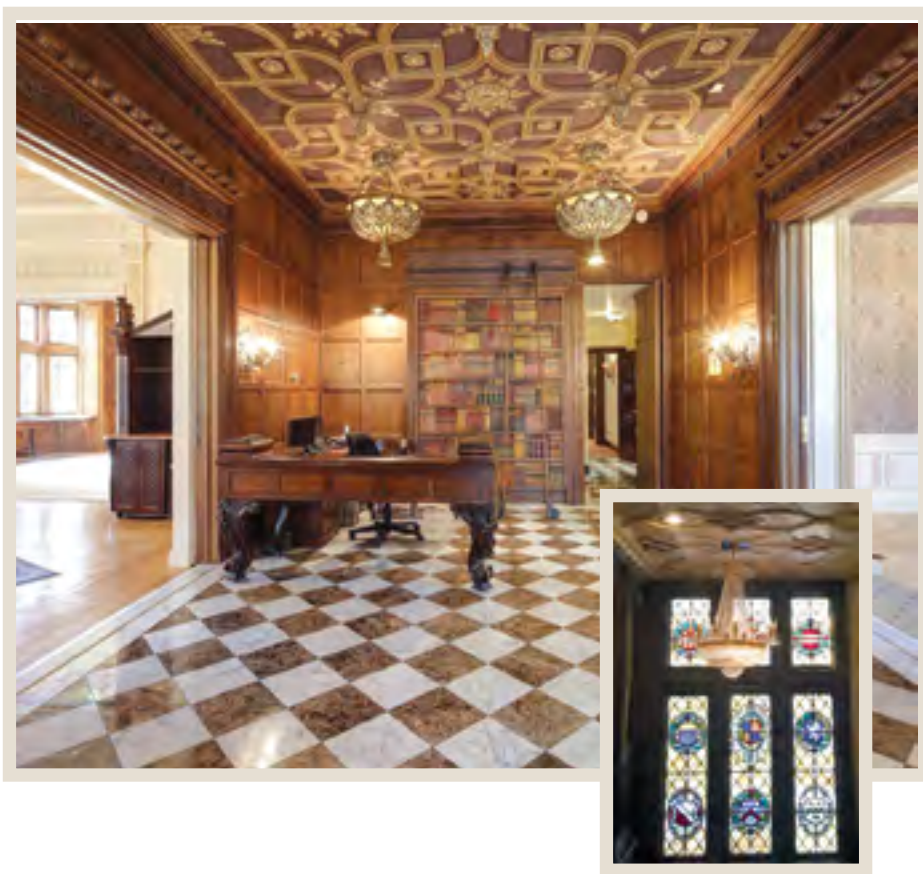


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Mansion in May



Cont. from page 19

“With over 20,000 square feet of house and 42 interior spaces, our designers have submitted unique and exquisite proposals; many of them gleaned from their personal experiences, including their travels throughout the world, their design work in all sizes and types of residences, and their backgrounds of using color, texture, and design elements to create new concepts. This year’s Abbey will be truly exceptional,” said Sheeleigh.

In addition, landscape designers will provide their landscaping, architectural, and artistic experience to cultivate 17 outdoor spaces of the magnificent historic estate.

“The Abbey’s city location and proximity to main thoroughfares gives this year’s landscape designers great exposure,” said Katie Nolle, general co-chair of Mansion in May 2017. “Each day a large number of pedestrians and passengers will be able to view and enjoy the landscape aesthetics.”

— Cont. on page 24

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Mansion in May

Cont. from page 23

Working with Nolle are landscape design co-chairs Jeanne Finn and Corinne Nallet.

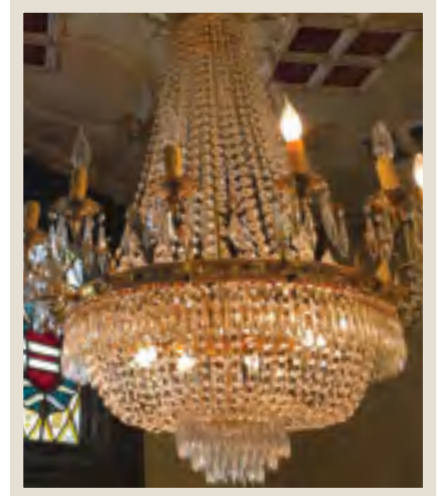
“Our landscape designers have shown such passion incorporating both beauty and function into their inspirational proposals. They include vibrant flower-



ing plants, unusual water features, novel outside seating, and colorful sculpture and artwork. These spaces will be truly elegant and usable,” Nallet said.

Mansion in May is the pre-eminent designer showhouse in the New Jersey-New York area, attracting more than 33,000 visitors and typically held every two years. The Abbey will be open to the public for Mansion in May from Monday, May 1, through Wednesday, May 31, and will be available for

both public and private tours and events. For more information, to become a sponsor, or to purchase advance tickets, visit www.mansioninmay.org.



Founded in March 1893 to provide financial support to Morristown Medical Center, part of the Atlantic Health System, the Women’s Association for Morristown Medical Center (WAMMC) helps enable the hospital to respond to the changing health-care needs of the community. With a volunteer base of over 700 members, WAMMC hosts a number of fundraising events, anchored by the flagship event, Mansion in May Designer Showhouse and Gardens open to the public every two years. WAMMC also operates the hospital’s gift shops and The Bargain Box Thrift Boutique. WAMMC, is an integral part of the hospital’s ability to continue bringing cutting-edge technology and superior health services to the community, and has raised nearly \$25 million to date to support this mission. For more information about WAMMC, visit www.wammc.org.



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ANDREA GIANCHIGLIA Home: Rustic & Rural

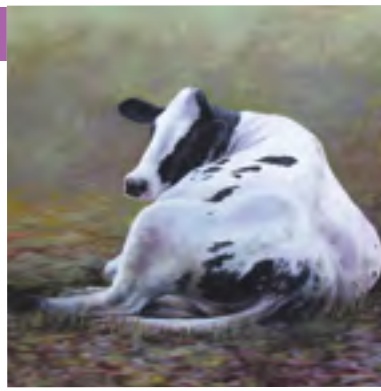
Andrea Gianchiglia, lives in Califon, New Jersey, surrounded by the things she loves to paint; horses, cows, barns and farmland vistas. She is a graduate of Bernards High and Hartford Art school receiving her BEA in illustration, with a minor in art history. Andrea works as a full-time artist doing private commissions and freelance illustration, as well as an art instructor at various art facilities throughout New Jersey. She teaches both adults and children at the Visual Art Center of New Jersey, The Center for Contemporary Art, Hunterdon Art Museum and also conducts private lessons at her private studio. She works mostly in oil but creates and teaches in all mediums including watercolor, pastels, acrylics, graphite, charcoal, scratchboard, and

colored pencils.

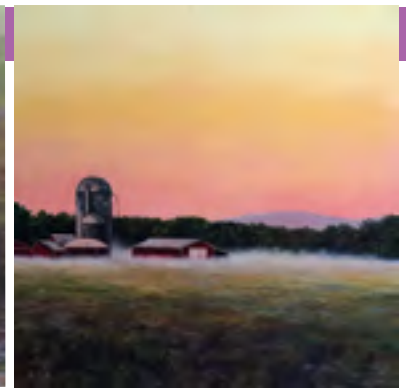
She is a member of the Society of Animal Artists, the Pastel Society of America, the Salmagundi Club, and the Catherine Lorillard Wolfe Art Club.

In 2015 Andrea was honored to be chosen by Craftsby.com Studios to create an online teaching film, in Denver, Colorado. Her online class "The Art of Painting Horses" can be viewed at Craftsby.com. For real time inspiration, just friend her on Facebook or follow her on Instagram and you can watch her painting every day.

She has an uncanny ability to capture the personality of any animal with her



What Are You Looking At?, oil 124" x 24"



The Day Begins, oil 30" x 30"

unpretentious style of realism. Her passion for animals can be seen in each painting she creates of our cherished furry family members.

Her "Vision" statement tells it all.

"Every animal portrait I paint comes from the love and compassion I have for them, and in a way it commemorates them and how much they do for us physically, mentally and spiritually. Working in a realistic style, I'm able to capture every nuance that makes a pet unique and special. From the fur, specific markings, and to the eyes, I'm able to recreate the animal's soul looking back at you. Creating a portrait of an animal is more than just painting a pretty picture. Painting animals, especially pets are my passion, because after all they aren't just pets, they are family! Meeting the animal and getting to know their personality, along with any subtle details only a visit in person can see is one of my favorite steps in portraiture. I am not always able to meet the animal in person (distance, animal has passed to the Rainbow Bridge), so having the pets family share stories about their animal helps me know them just a little better before I begin a painting to honor them forever. After all, a portrait can keep a pet with us for a lifetime." *Andrea Gianchiglia*

She has had both individual and group shows throughout New Jersey and the tri-state area, along with various national juried shows where she has won several awards for her specialty, animal portraiture. This will be her first one-woman show at Studio 7 Fine Art Gallery, 5 Morristown Road, Bernardsville, NJ 07924. The exhibit, Home: Rustic & Rural, which runs from March 29 through May 27, will feature cows, barns, and landscapes as well as a number of commissioned paintings, on loan from their owners. Soñador, a 30" x 40", an oil painting of a black Andalusian mare, is an incredible painting that everyone who loves horses must see in person. Commissions are available through Studio 7.

The first artist's reception will be on April 7th at the BernARTSville Art walk, First Friday, 6-9pm. In May, a second Art Walk opening reception will be held in conjunction with Sounds Around Town, weather permitting, on May 5, 6-9pm.

For More information, contact Kathleen Palmer, Director at (908) 963-0365. www.studio7artgallery.com

Home: Rustic & Rural

ANDREA GIANCHIGLIA

MARCH 29 - MAY 27, 2017



Soñador, Oil, 30" x 40"

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Conscientious Gardening

By Nita Crighton

If the warmer weather has you itching to get your hands in the dirt, you're not alone. The National Gardening Association estimates one out of every three households grow some type of food product. But today's vegetable garden doesn't necessarily resemble the backyard patch your grandparents tended.

Current home gardeners are less focused on stocking the larder than on providing an opportunity for quality family time, fresher produce and safer foods. Many see gardening as a respite from today's fast-paced, high tech world.

Edibles with curb appeal

Though traditionally relegated to a corner of the backyard, vegetables and other edibles are now standing proud in front lawn spaces. Parterre gardens – think Palace of Versailles – are a formal and impactful way to display plants just steps from the front door. Featuring a series of planter beds filled with kale, mustard, lettuces and herbs, the beds are sectioned off with dwarf hedge plants or raised stone borders

and separated by pathways.

Colorful walkway plantings can also pack a curb appeal punch. Guide guests to your door with a colorful walkway border brimming with bold pepper plants, edible nasturtiums, and eye-popping Swiss chard. Opt for veggie varieties that offer both beauty and good taste and mix them with ornamental border plants.

Short on space? Many plants thrive in small places. Position lettuce greens in window boxes or fill patio containers with tasty fruits and veggies. Several plant varieties do well in pots and planter boxes including tomatoes, strawberries, blueberries, onions, eggplant, peppers, radishes and squash.

Cont. on page 29

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Responsible gardening

It stands to reason that water-loving plants wouldn't do well in desert conditions, yet many novice gardeners unintentionally choose plants with no regard to the local environment. Matching plants to your plant hardiness zone helps ensure their success and avoids wasting valuable water resources.

Much of northern New Jersey falls into plant hardiness zones 6A and 6B, with some areas along the shore designated as zone 7. The lower the zone, the more cold-hardy your plant choice should be. Structure your garden to your climate by selecting only plants that can endure local temperature extremes. Some plants, such as lilacs, come in multiple varieties designed to thrive in specific zones.

Native plants fare well in most landscapes. A few examples of New Jersey native plants and trees include the red

Cont. on page 30



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and silver maples, gray alder, Jack in the pulpit, blue sedge grass, sheep laurel, wood lily, brown-eyed Susan and giant goldenrod. Drought tolerant, low maintenance perennials such as sedum, coreopsis and lantana are also easy-to-manage selections that don't require a green thumb.

Both flowering plants and vegetables need pollinators to survive. As many as 80 percent of the food crops in the U.S. are pollinated by honeybees, but over the past two decades, these insects have declined dramatically in number. Due to their diminishing population, honeybees are protected under New Jersey law. In January of this year, the rusty patch bumblebee was also added to the list.

Providing a safe haven for pollinators is not only good for the bee population - it helps plants, too. Bees, butterflies, hummingbirds and other pollinators in the state do best in their natural surroundings and are



most attracted to native plants as their primary food source.

Ugly food movement

Surprisingly, when it comes to produce - looks matter. A staggering 30 percent of all produce is discarded simply because it is misshapen or unattractive. Many consumers are shunning genetically modified "perfect" produce and joining the no waste food movement.

The appearance of fruits and vegetables rarely impacts their nutritional value. By consuming fruits and vegetables of all shapes and sizes, home gardeners can reduce waste and stretch the food budget.

This summer, aim to make your garden more sustainable, more appealing and more fun by employing eco-friendly gardening techniques.

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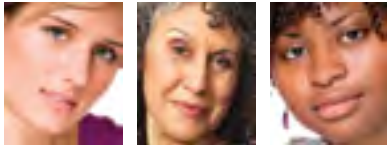
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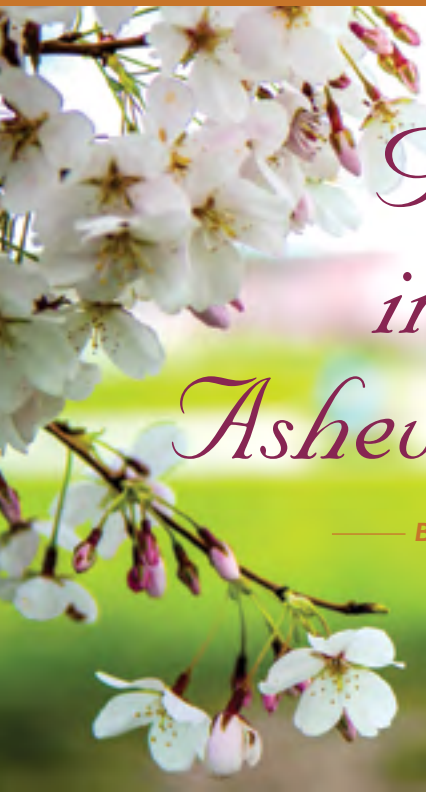
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Getting into the Asheville Groove

— By Nicholas Crown —

Asheville is an enclave of cool surrounded by North Carolina's picturesque Blue Ridge Mountains: not really a relative of the buttoned-up, Charlotte, rather a younger sister of Nashville - the sister who went to art school, traveled the world, ended up dating a member of The Who, and cooks a signature pork chop.

Asheville is a major stop on the touring trail for up-and-coming artists due to the fervent, eclectic, pro-art population. There are a surprising number of real microbreweries here too, with memorable beer, in chic industrial surroundings.

Nose-to-tail cooking isn't just for the Brooklynites, either, Asheville boasts some serious cuisine, all drawing from plentiful local sources. But it's not all fussy; this will involve barbecue at some point after a serious gallery crawl.

Asheville is about mixing the high with the low, the Vanderbilts with the rockers, from shellfish towers to fried okra. It's not really Southern, it's definitely not Northern, it's just Asheville.

Lodging

Before we get carried away with the modern charms of Asheville, we need to mention the 10-square-mile elephant in the room, The Biltmore Estate. The Vanderbilts, intending the estate to be entirely self-sufficient and economically sustainable, are a major employer of Asheville and driver to the tourism with over one million visitors per annum, a likely explanation for a city with an ever-growing artist community. There's good reason to visit: it's the largest estate in the United States, and houses more history than any other home by a long shot. Formal gardens, Châteauesque architecture extending on forever, views of the Blue Ridge Mountains, Old Master paintings, and limitless period décor and furnishings.

It's romantic and seemingly impossible in the days of glass and concrete. If you like the Gilded Age feel, you may as well

stay the night. The Inn at Biltmore opened in 2001 and is the choice for those looking for a luxurious, transporting experience, without the need to leave the property - a resort feel with various dining options and planned tours and activities.

The Antler Village is an on-property collection of shops to explore, beyond which lays the Biltmore Winery. The



Photo : Explore Asheville



Photo : The Bull & Beggar



Photo : The Biltmore Company

winery offers daily tours of the facilities (the historic Biltmore Dairy Barn) and wine tastings.

The author, however, will be staying at the Grand Bohemian Hotel Asheville. Styled after a European hunting lodge, with eccentric flair and a thoroughly inspirational experience. Think antler chandeliers, and oil paintings of the hunt, tapestries and taxidermy. Dark woods may line the lobby but a softer touch adorns the room with a lighter palette and modern plushness. The in-house restaurant, Red Stag Grill, was Open Table's Customer Choice Award Winner this year.

Expect a variety of game – elk and pheasant alongside excellent chops with trout and halibut rounding things out from the sea. This is where you crack into a good bottle of red and discuss what kind of pop art you'll be hunting down later. From both the Biltmore and the Grand Bohemian, plan about 20 minutes taxi into downtown Asheville.

Drinking

Microbreweries are getting to be old hat, with too many commercially-minded folks trying to squeeze as much profit out of base-ment-grade suds as possible and pair them up with frozen chicken wings. This isn't Asheville's style.

With the most breweries per capita in the U.S., there's stiff competition to make the good stuff. Burial Beer Co., Wicked Weed, Hi Wire Brewing, and the Green Man Brewery are all along a barhop route.

It's fun to make an evening out of trying the local brews and pairing with the elevated bar food. Salt&Smoke on the patio of Burial Beer Co. is particularly cool, with house charcuterie, roasted

bone marrow, and, of course, hush puppies. Buxton Hall is also a great stop adjoining Catawba Brewing Co. for barbecue in a beautifully re-fabricated roller skating rink.

The Orange Peel

The secret sauce to any Asheville jaunt is timing your trip along with a great musical performance at the legendary Orange Peel. The Peel, named a top five



Photos : Grand Bohemian Hotel



Photos : Salt & Smoke



to house artists and their studios over a two-mile radius along the French Broad River. The Odyssey Center for Ceramic Arts offers drop-in classes for an offbeat afternoon activity, and Wedge Studios (above the Wedge Brewery) has multiple artists showing works cooperatively in mixed media, sculpture, illustration, and painting.

Pattiy Torno is a stop for those looking for a handmade quilt; her studio has become a must-hit for many visitors.

For something special, and a loft-lovers dream, The Bull and Beggar, is the finest option for New European in the RAD, also inside the Wedge Studios building. Fried duck eggs with truffles, towering shellfish presentations, and a monster cote de boeuf are the right ways to end the afternoon.

Barbecue was promised too, 12 Bones Smokehouse, legendary in its execution of the North Carolina, vinegar-based style is right in the mix of the warehouses.

No matter your politics – President Obama is a frequent visitor for their amazing pulled pork and ribs – you'll find something you love. As a fair warning,

you'll need plenty of napkins.

The Prepared Asheville Tourist

While you'll need something dressy when dining and lounging at your hotel outside of downtown, bring a flannel and comfortable walking shoes and dig into the town like a local.

There's little pretension (unless you get to talking about vinyl record collecting) and a lot of exciting food, drink, and sights to enjoy. Don't plan too much in advance and approach the day like a "tapas crawl". Wandering in Asheville is rewarded.

venue in America by Rolling Stone, has seen Bob Dylan to The Black Keys.

Similarly, The Grey Eagle, Asheville's longest running all-ages venue, is also of great interest to rock and blues aficionados. Ten thousand different bands and artists, including Ralph Stanley, Avett Brothers, Band of Horses, Richie Havens, Frank Black, Deen Ween, Slick Rick, Nathaniel Ratcliff, have rocked The Grey Eagle.

Art Touring the RAD

The River Arts District, or simply RAD, is a collection of warehouses re-fabricated



Photos : Wedge Brewing

Welcome warmer weather with fresh flavors

Greet the warm weather with fresh dishes filled with fruits and vegetables.

Start your meal with a tasty appetizer. Baked from scratch, easy Artisan Style Wheat Bread smeared with roasted garlic then topped with an Asparagus puree. Different flours have been incorporated into this beautiful loaf for a healthier bread, but you may use white flour in their place. Toast the slices, brushing them with a hint of oil, prior to topping for a crisp crostini or just serve the bread fresh out of the oven!

Artisan Style Wheat Bread

1 1/2 cup warm water (100 degrees)
1 packet instant/rapid rise yeast
3 teaspoons coarse sea salt
1 1/2 cups flour*
3/4 cup bread flour
3/4 cup wheat flour
1/2 cup wheat bran

*3 1/2 cups of all-purpose flour can be used if the others are not available.

Sprinkle yeast and salt over water in a bowl. Allow to proof for five minutes.

Add flour and stir until flour is fully mixed into a wet dough. Dough will be wet! Don't worry. Cover and rise for 2-5 hours.

Take out a small baking pan and line with parchment and corn meal.

Scrape bowl down and gather dough gently with floured hands. Shape on a floured surface by creating a smooth round top through pulling dough to underneath. Lay on baking sheet and allow to rest for a half hour.

Pureed Asparagus

1 bunch asparagus, washed and trimmed
1 1/2 tablespoons butter
3-4 cups boiling water
1/4 cup toasted pecans
1/4 cup grated Parmesan
1 tablespoon fresh lemon juice
salt and pepper

My Zucchini and Tomato Tart may be one of the healthier tarts for the warm weather. Made strictly with veggies and cheese, the base of this savory pastry is a cauliflower puree flavored with Dijon and Parmesan cheese. It is then layered with fresh zucchini slices, tomato and sharp white cheddar. Perfect for any occasion!

Make your guests green with envy over a Pea Pesto with Vegetable Spaghetti or pasta of choice. So many delicious ingredients go into this delectable pesto: peas, lemon, garlic, toasted pine nuts, parsley and parmesan. Light and savory!

End your meal with sweet and decadent Pavlovas! A heavenly Nutella cream peaks these crunchy meringues along with freshly sliced strawberries or any berry of choice. Do not forget an espresso!

By Claire Nines



Preheat oven to 450 degrees.

Sprinkle with seeds if desired, slash three times along the top of dough.

Fill a small, deep pan with boiling water and place on bottom rack of preheated oven.

Put bread on top rack and bake for 30-35 minutes.

Cool or serve warm with an Asparagus Puree.

Melt butter in a large sauté pan.

Add asparagus and seasoning of choice and sauté for two minutes.

Add boiling water to cover asparagus and simmer for 10-15 minutes until tender.

Remove asparagus and puree with pecans, Parmesan and lemon juice. Season again to taste.

Recipes

Roasted Garlic

2 bulbs garlic
1/2 tablespoon olive oil

Preheat oven to 400 degrees.

Remove paper casing around garlic. Slice the top of the bulbs and brush with olive oil. Wrap loosely in foil and roast for 20-30 minutes until soft. Cool bulbs until ready to use for Asparagus Puree Appetizer.

Zucchini and Tomato Tart

1 sheet puff pastry, thawed
4 small garlic cloves, minced
3 tablespoons olive oil, divided
1/4 onion, sliced 1/8th inch thick
1 cup cauliflower florets, steamed and chopped
2 tablespoons Dijon mustard
1/4 cup Parmesan
salt and pepper
1 medium zucchini, sliced 1/8-inch thick
6-8 cherry tomatoes, sliced
1 cup sharp white cheddar

Preheat oven to 400 degrees. Line a pan with parchment and place puff pastry sheet on pan. Set aside.

Sauté garlic in two tablespoons of oil for two minutes and strain oil from garlic. Set garlic aside. Put oil back into pan and sauté onions for 6 minutes until tender. Set aside.

Puree cauliflower with Parmesan and Dijon mustard into a paste. Stir in garlic with a spoon. Season to taste with salt and pepper.

Line the bottom of the puff pastry with the cauliflower

paste. Line onions then zucchini along the top. Brush zucchini with a tablespoon of olive oil and salt and pepper. Spread cheddar over vegetables and then lay tomato slices on top.

Sprinkle remainder of cheddar and bake for 20-25 minutes until puff is golden. Serve warm.



Pea Pesto with Vegetable Spaghetti

1 box pasta of choice
12 ounces sweet peas, fresh or frozen
3 tablespoons pine nuts, toasted
2 large garlic cloves, minced
zest of 1 lemon
2 tablespoons fresh parsley
4 tablespoons fresh lemon juice
5 tablespoons grated Parmesan
1/4 cup plus 2 tablespoons extra virgin olive oil
salt and pepper
chopped parsley for garnish

Preheat oven to 350 degrees. Toast pine nuts in a pan for seven minutes. Remove and cool.

Proceed to boil spaghetti as directed on package. Reserve 1/3 cup of pasta water when pasta is done.

In the meantime, reserve a 1/2 cup of peas and set aside. In the bowl of a food processor, place remaining peas, pine nuts, garlic, lemon zest, parsley, lemon juice, Parmesan and

olive oil. Puree until smooth. Season to taste. After straining pasta, place spaghetti back into pot. Pour in the reserved pasta liquid along with pea pesto and reserved peas. Stir to combine and plate. Top with parsley garnish or more Parmesan if desired and serve.



Strawberry Pavlovas

Pavlovas

4 egg whites, room temperature
1/4 teaspoon cream of tartar
pinch of salt
2 teaspoons hazelnut extract
3/4 cup sugar
1/4 cup powdered sugar

Preheat oven to 225 degrees. Line two baking sheets with parchment paper.

Whisk egg whites, cream of tartar and salt on low until soft peaks begin to form.

Mix sugars together and add gradually while whisking on medium.

After adding sugar, add extract and whisk on high until very stiff peaks form and meringue is glossy. Scoop meringue into a piping bag and proceed to pipe onto parchment into desired shapes.

*Be sure to indent the center of meringue with the back of a spoon so the cream has a well to sit in.

Bake for 1 1/2 to 2 hours in oven. Shut off oven and leave meringue in with door slightly ajar for another hour or two. Meringue can then sit on counter overnight on the baking sheets to dry out.

Nutella Cream

1/2 cup Nutella
3 ounces mascarpone
4 tablespoons heavy cream
1 teaspoon hazelnut extract

Whip ingredients on high until smooth and creamy.

Assembly

cream
pavlovas
1 pint strawberries
washed, hulled and sliced

Place pavlova on a plate.
Scoop cream into center.
Decorate with sliced strawberries.
Serve.



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Benitos Trattoria might be located in the heart of Chester, but a lunchtime visit to the cozy eatery confirms its roots are firmly planted in northern Italy. Nestled in a quiet location just steps from busy Main Street, Benitos serves fresh, tasty Italian dishes in a casual, yet elegant, setting.

For a starter salad, you won't go wrong with the Insalata di Pere, a fresh bed of baby greens sprinkled with a generous blend of walnuts, feta cheese and sliced pears and drizzled with a tasty, savory sweet honey mustard dressing.

Appetizer choices were equally appealing and I selected both the Asparagi Parmigiano and the baked stuffed tomato. The tender roasted asparagus spears packed a punch of fresh flavor. Tossed in olive oil and topped with tasty Parmesan, this dish was so delicious even the most avid veggie hater would have difficulty resisting.

Enjoy Authentic Italian food in Chester

By Nita Crighton

The crab stuffed baked tomato was delivered warm from the oven. The scooped center of the slightly sweet, acidic fruit was replaced with a generous helping of fresh crab meat, spinach and roasted peppers. Topped with a lovely Dijon mustard sauce, the colorful dish was a feast for both the eyes and the palate.

I confess to sampling a trio of entrées, starting with a delightful chicken cutlet crowned with eggplant and tomato and finished with a delectable brandy cognac sauce sprinkled with nutty fontina.

The second entrée arriving at my table was a wonderful veal scaloppini. The melt-in-your-mouth veal was topped



with the same savory brandy cognac sauce this time, dotted with shrimp, asparagus bits, and Shiitake mushrooms.

The Grande finale was an impressive pan-seared striped bass fillet resting on a bed of creamy Risotto with a traditional Italian red sauce on the side. The exquisitely prepared fillet was perfectly crispy on one side, while the center remained tender and flaky.

The winning combination of great food and impeccable service makes this trattoria a must-try.

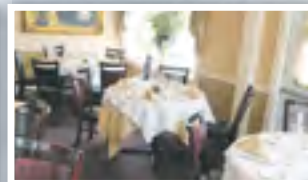


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ADAM WELCH: BRICK – Welch makes his own bricks by hand encouraging viewers to consider them as an art form while challenging their perceptions and preconceptions of art, ceramics and bricks.

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