

A Guide To Summer Camps

January 19, 2017

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FACT:

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Summer 2017!

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- Pre - K children ages 3 - 5
- Ready for September Enrichment
- Experienced Instruction Staff
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More Than Fun, Camp Expands The World

Camp is not just recreation and fun. It is more than teaching skills, such as archery or swimming. It is about understanding the beauty of discovery that can lead to emotional growth and maturation.

It is the expansion of one's world, a sharpening of one's vision that invites the acquisition of lifelong lessons, according to the American Camp Association (ACA).

Camp professionals are not just teachers or counselors; they are coaches and mentors. They influence, advocate, shape, love, and protect. And it is true, both young and old do learn lessons from the camp experience. However, those lessons come after experiences that are real, relevant, and personal.

"Who will care when I'm not there?" It's every parent's question when they leave their children in the hands of strangers. Who will take the time to appreciate basic child development, as well as the unique qualities of their personalities? Who will ensure that my children have fun and, at the same time, learn important life lessons? Who will help my children understand how they can work as a team, contributing and succeeding? Who will help my children understand the importance of a community and the responsibilities that lie within? Who will keep my children safe and guard their tender feelings while they are acting invincible? Who will care when I'm not there?

The answer to these questions is the camp professional. They offer children the opportunity to explore, discover, and learn about the best things life has to offer. They are willing to laugh, talk and cry with children, creating an understanding of so-

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cial bonding. These are the people who are willing to care when I am not there.

ACA offers a variety of tips on how to choose the right summer camp for your child:

When beginning the camp selection process, consider your child's interests. It's important to know a child's personality and identify what camp programs will benefit him or her most. With a variety of programs and activities, summer camp offers fun and meaningful adventures to match a child's interests and maturity level.

Be certain to include your child in the decision-making

process. Together with your child, explore the camp options and examine the materials the camps provide. In addition, many camps have web sites that include photos, maps or virtual tours of the camp facility, sample daily schedules and menus, and information about the directors and key staff. As children become better acquainted with the camp experience and more involved in the decision-making process, they will have less anxiety about going away to camp.

The camp experience is a win-win for everyone. Parents win because their children grow and learn. Children win because

they have fun and collect lifelong friends and memories. Society wins because the camp experience helps make healthy, productive adults. Camp professionals win because they have made a positive difference in a child's life.

Camp is an equal opportunity life-changer. By sending a child to camp, families are truly giving a gift that lasts a lifetime.

The pages in this booklet provide a listing of camps of all types in the area. Whether it be academics, music, theater, sports, or other types of interests, you'll find it here.

Happy camping.

Explore Summer Opportunities at Rutgers Prep



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Call the Summer Programs Office at (732) 545-5600 for more information, or

www.rutgersprep.org

DAY AND RESIDENT CAMPS

ALL CHILDREN'S THEATRE SUMMER PERFORMING ARTS DAY CAMPS

Summer Address: P.O. Box
6328, Parsippany, NJ 07054

Summer phone: (973) 335-5328

Fax: (843) 796-2005

E-mail: allchildrensth@aol.com

Website: www.allchildrenstheatre.org

Director: Alex Kramer, Doug Dale

Co-ed programs for ages six to 17. Sessions are one-two weeks long, from 8 a.m. to 5 p.m. Mondays through Fridays, and cost \$350 to \$695 depending on program. Sibling and multiple camp discounts are available.

All campsites are air-conditioned and supervised by state-certified teachers with experience in children's theatre. Campers become involved with acting, singing, dancing, dramatics, scenery painting, rehearsals,

dress rehearsal and culminating performance for family and friends on the evening of the last camp day.

"Broadway Kids" and "Creative Dramatics" camps are offered in Clinton, Metuchen, Parsippany and Watchung. No prior theatre experience is required to register. "Where Every Child Is A Star!"

CAMP RIVERBEND

Summer Address: 116 Hillcrest Rd., Warren, NJ 07059

Summer phone: (908) 580-

CAMP Fax: (908) 647-2435

E-mail: info@campriverbend.com

Website: www.campriverbend.com

Director: The Breene Family

Co-ed programs for ages 3 to 14. Half and 3/4-day for 3 and 4 year olds, full-day for 4 year olds and up. Teen day trip program for rising 7th to 9th grad-

ers. Fees vary depending on weeks and program options. Visit www.campriverbend.com/parents/registration for details. Sessions are from two to seven weeks.

Camp Riverbend — where the fun never ends! At Camp Riverbend Day Camp, your child can experience the most memorable summer ever — in a safe, nurturing and caring environment dedicated to growth, friendship and fun. A full range of sports, crafts, swimming, nature and more! At Riverbend, we applaud effort and enthusiasm, fun and camaraderie and camp spirit.

The Breene Family welcomes you to our camp family! For boys and girls, ages 3-14. New for 2017: Lunch included! Door-to-door transportation is provided from parts of Essex, Morris, Middlesex, Somerset and Union counties. Camp Riverbend is accredited by the American Camp

Association and the State of New Jersey.

THE CENTER FOR CONTEMPORARY ART

Summer Address: 2020 Burnt Mills Road

Bedminster, NJ 07921

Summer phone: (908) 234-2345

Fax: (908) 275-8828

E-mail: info@ccabedminster.org


Website: www.ccabedminster.org

Director: Elie Porter Trubert

Co-ed programs are available for three age groups: 5 to 8, 9 to 11 and 12 to 15. Also offering Saturday camps for Special Needs students. Fees vary depending on program. Half- and full-day camp sessions are available. Projects change weekly.


Weekly summer art camps at The Center are designed to stimulate creative expression through

CONTINUED ON PAGE 8



**THEATER
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CENTER**

**Training Dancers
and Performers
for over 25 years!**



**Fun Summer Camps!!
Starting July 10th - 28th**

- Hip Hop Camps ages 3-6
- Princess Ballerina Camps ages 3-6
- Hip Hop Crump Camp ages 7-12
- Contemporary Improv Camps ages 8-12

Master Class Series

All Summer long for Intermediate and Advanced Dancers every Tuesday and Thursday starting July 11th.


Ages 10 and UP. Teachers from NYC, LA and across the country... All Genre's

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Musical Theater Workshops
for ages 8 & up**

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Ages 2½ and up**

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SUMMER ART CAMPS



Weekly half-day, and all day art camps that stimulate and encourage self expression in a safe, welcoming environment.

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Code: RSC17**



THE CENTER
FOR CONTEMPORARY ART



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(908) 234-2345 • www.ccabedminster.org

DON'T READ THIS

Unless, you're looking for an unforgettable sports camp experience for your children this summer. If you think this ad was innovative, imagine how much thought goes into our camps!

ACT NOW!
 Register by Feb 15
 and save 15%!
 Use code: PSNJ1715Z
 at checkout



FIND OUT MORE AT:
PULSECAMPS.COM



A FUN INTRODUCTION TO SPORTS FOR BOYS & GIRLS AGES 2-8

What is Sports Squirts?

Squirts programs are designed to introduce children aged 2-8 to a variety of sports in a safe and structured environment.

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8 SPORTS OPTIONS 100s OF CLASSES

- ▶ Parent & Me
- ▶ Total Sports
- ▶ Soccer
- ▶ T-Ball
- ▶ Tennis
- ▶ Basketball
- ▶ Lacrosse
- ▶ Track & Field

DAY AND RESIDENT CAMPS

FROM PAGE 6

projects and activities that change each week. All sessions are led by professional teaching artists, tailored to a specific age group, and designed to deepen a child's appreciation and understanding of the visual arts. Parents and caregivers are invited to view their child's artistic creations at the end of each week.

Each morning students engage in lively two-and three-dimensional creative exploration through painting, drawing, ceramics, sculpture, mixed media, and more. New projects are introduced each week so that students may register for as many weeks as they would like without repetition.

Full-day campers should bring a bag lunch for a supervised lunch period from 12:30 to 1:30 p.m. at no extra charge. Register by April 1 and receive \$25

off per registration per child. Use coupon code CAMP17 when registering.

HI-HILLS DAY CAMP

Summer Address: 25 St. Bernard's Road, Gladstone, NJ 07934

Summer phone: (908) 234-0067

Fax: (908) 234-0045

E-mail: info@hihills.com

Website: www.hihills.com

Director: Cindy S. Wyatt

Coed camp programs are available for ages 3 to 15, including Kinder Camp, Traditional Day Camp, Teen Travel, Leaders of Tomorrow, Academic Courses, Enrichments and Sports Specialty Programs. Fees vary from approximately \$400 to \$1,000 per week. Sessions vary and are flexible by the day, week or for the entire summer (11 weeks)

A spectacular 51st summer at Hi-Hills Camp on the 208-acre campus of Gill St. Bernard's is

awaiting your child. Hi-Hills offers families flexibility and opportunities to create a memorable summer that enhances their children's growing interests with academic courses and enrichment programs alongside a partnership of day camp choices. More than 50 learning options will be available during Summer 2017 for pre-k, elementary, middle, and high school students.

Weekly offerings range from performing and creative arts, sewing and design, science and technology, STEAM and STEM, cooking and gardening, reading, creative and essay writing, mathematics, study skills and leadership along with sport-specialty camps, water safety and lifeguarding. Students increase their knowledge as well as furthering their advancement in accredited core classes within small class settings led by GSB faculty.

Camp facilities include an in-ground swimming pool, splash pad, tennis courts, basketball courts, outdoor sport court, lacrosse, softball, and soccer fields, gaga pit, and a low ropes course. Campers explore the Home Winds expansive 108-acre property, home to a sustainable working farm-to-garden table, beehives and a large pond for daily fishing and paddleboats.

Additional great outdoors activities include archery, nature, and color war challenges. Hot and cold lunches are served daily in air-conditioned facilities. Transportation from community sites as well as door-to-door pick up is available for full-day campers.

Set your sights on a memorable journey for your child with our amazing staff and experience firsthand the Best Summer

CONTINUED ON PAGE 9

Teach your child the value of golf.



HALF-DAY AND FULL DAY SUMMER GOLF CAMP

SPRING & SUMMER
3 DAY CLINICS
FOR AGES SIX & UP
INDIVIDUAL LESSONS
ALL LEVELS WELCOME

WEEKDAY AND
WEEKEND SESSIONS
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GOLF ACADEMY

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(908) 766-8200 EXT. 2



Register online at: www.baskingridgecc.com

Camp Discovery

June 26 – August 4, 2017

Florham Campus (Madison, NJ) • Metropolitan Campus (Teaneck, NJ)

Camp Discovery

For children entering 1st thru 7th grade

• Programs and activities include:

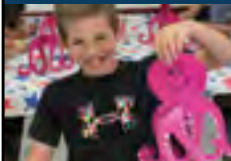
- Science & Nature
- Arts & Crafts
- Outdoor Sports & Recreation
- Swimming (Madison location)
- Dance & Musical Performances
- World Discovery & Games
- Weekly Trips

• Certified teachers and experienced college-level counselors

• Extended care available

Leader in Training Camp

For children entering 8th & 9th grades



Register today! Space is limited.

201-692-6500

fdu.edu/campdiscovery

**FAIRLEIGH
DICKINSON
UNIVERSITY**

DAY AND RESIDENT CAMPS

FROM PAGE 8

Ever at Hi-Hills. Summer 2017 session begins June 12 and runs through Aug. 18.

INTERNATIONAL IVY SUMMER ENRICHMENT PROGRAMS

Summer Addresses: The Pin-gry School, 50 Country Day Dr. in Short Hills; Chatham Day School, 700 Shunpike Rd. in Chatham, Caldwell College, 120 Bloomfield Ave. in Caldwell, Far Hills Coun-try Day School, 697 Rt. 202 in Far Hills, French American Acade-my, 209 3rd Street in Jersey City; Joseph Kushner Hebrew Acad-emy, 110 S. Orange Ave. in Liv-ingston; French American Acade-my, 131 Mountain Way in Morris Plains; Academies at Gerrard Ber-man Day School, 45 Spruce St. in Oakland; Ridgewood Montessori School, 70 Eisenhower Dr. in Para-

mus; Chapin School, 4101 Prince-ton Pike in Princeton; Language and Enrichment Center, 551 Park Ave. in Scotch Plains; Rutgers Pre-paratory School, 1345 Easton Ave. in Somerset; Kent Place School, 42 Norwood Ave. in Summit; and Primoris Academy, 120 Washing-ton Ave. in Westwood.

Summer phone: (908) 899-1338
Fax: (908) 363-1016

E-mail: info@iisummer.com
Website: www.iisummer.com
Director: Lily Wong

Co-ed programs for ages 5 to 15. Fees are \$390 per week for half-day programs, which run 9 a.m. to 12:30 p.m. or 1:30 to 5 p.m., or \$780 per week for full-day programs, which run from 9 a.m. to 5 p.m. Weekly sessions are available from June 26 to Aug. 18.

International Ivy Summer En-richment Program provides fun and intellectually-stimulating experiences to fuel young people's

interest and creativity. Kids de-sign video games, build robots, tinker with the engineering of gadgets, conduct experiments and make films. Kids learn best by doing. There are many class-es in STEAM – Science, Technol-ogy, Engineering, Arts and Math.

JCC CAMP RUACH

Summer Address: 775 Talamini Road, Bridgewater, NJ 08807

Summer phone: (908) 725-6994
Fax: (908) 725-9753

E-mail: Sherman@ssbjcc.org
Website: jccampruach.org

Director: Stacey Herman
Co-ed programs for ages 15 months through grade 9. Fees vary based on schedule. Ses-sions of four to nine weeks are available in addition to one-week specialty camps. Camp Season runs from June 26 to Aug. 25.

Located on 14 acres with pro-grams for campers ages 15

months through ninth grade. Busing included. Lunches avail-able. Camp Ruach offers a nine-week program with a four-week minimum.

Many activities are offered, including sports, swim (indoor and outdoor pools), low and high ropes course, karate, the-ater, art, cooking, dance, ten-nis, nature, game room, zip line, mini-golf, music, musical the-atre, cooking, archery, week-ly entertainment and so much more! Preschool and kindergar-ten campers have half- and full-day options. Fourth through sixth grade programs consist of three days onsite and two days of offsite trips per week. Road Rulz Teen Travel for grades 7 to 9 offers day trips and two week-long trips. Sababa for 7th to 9th grade campers offering two day trips per week and three days at

CONTINUED ON PAGE 10

INTERNATIONAL IVY SUMMER ENRICHMENT PROGRAMS







ENROLLMENT NOW OPEN!

JUNE 26 - AUGUST 18

Weekly Sessions Full or Half Day

NEW CLASSES FOR 2017

- App Design
- SNAP! Programming
- Electrical Engineering
- Interior Design
- Spy Skills
- Canvas Painting
- Comic Creation

Learn more about all our classes at www.iisummer.com or call 908-899-1338.

MAKE YOUR SUMMER AWESOME!

International Ivy offers students (ages of 5-15) fun-filled classes in a variety of subjects like Robotics, Video Game Creation, Computer Programming, Science, Engineering, Math, Language Arts, Performing Arts, Visual Arts and more.

LOCATIONS: CALDWELL | CHATHAM | FAR HILLS | JERSEY CITY | LIVINGSTON | MORRIS PLAINS | OAKLAND | PARAMUS | PRINCETON | SCOTCH PLAINS | SHORT HILLS | SOMERSET | SUMMIT | WESTWOOD

DAY AND RESIDENT CAMPS

FROM PAGE 9

camp. *LIT (Leadership in Training)* for Grades 8 and 9. *Special Needs Camp. Specialty camps offered throughout the summer. Post-Camp week Aug. 21 to 25 for children in grades K to 6, offering numerous specialty options. Age appropriate post-camp program available for campers ages 3 to 5 from Aug. 21 to 25.*

LAKELAND HILLS FAMILY YMCA

Summer Address: 100 Fanny Road, Mountain Lakes, NJ 07046
Summer phone: (973) 334-2820
Fax: (973) 334-2820
E-mail: shannonb@lhymca.com
Website: www.lakelandhillsymca.com

Director: Shannon Bujoreanu
 Co-ed programs serving ages 2.5 years to 16 years. There is a special needs program for campers called SKOR (Special Kids

Organized Recreation). Fees vary and depend on type of program. A YMCA membership is not required. There are four 2-week sessions.

The Y has developed a comprehensive summer camp program that delivers age-appropriate fun and discovery for kids age 2.5 to 16 years old. Our camp grows with your child, offering campers a place where friendships are forged, memories are made, and the sense of security to take risks and express their true selves is found. We focus on individuality, creativity, socialization, and fun!

MADISON AREA YMCA SUMMER DAY CAMPS

Summer Address: Madison Area YMCA: 111 Kings Road; 54 East Street, Madison, NJ 07940

Summer phone: Family Center: (973) 822-9622 and F.M. Kirby Children's Center: (973) 377-4945

E-mail: abardon@madisonymca.org; radamo@madisonymca.org

Website: www.madisonareaymca.org/camp

Director: Allison Bardon (Family Center) and Rosemary Adamo (Kirby Center)

Summer day camp programs serving children entering kindergarten through 11th grade with one- to 10-week long sessions.

Journey on with us this summer! The Madison Area YMCA offers summer day camps for children entering kindergarten through grade 11. From Camp Wantago at the F.M. Kirby Children's Center to Camp KidsQuest, Camp SummerQuest and our new Leader in Training program at the Family Center, the Madison Area YMCA offers something for every child.

The Y believes that every child should have the opportunity to

enjoy a summer camp experience. As a 501(c)(3) charitable organization, the Madison Area YMCA offers a financial assistance program that provides help to families who cannot afford the full price of camp. The Madison Area YMCA is inclusive of all people, provides quality programs that develop a healthy spirit, mind and body, and promotes the Y's Core Values of Caring, Honesty, Respect and Responsibility.

MEADOWBROOK COUNTRY DAY CAMP

Summer Address: 73 East Valley Brook Road, Long Valley, NJ 07853

Summer phone: (908) 876-3429

Fax: (908) 876-4635

E-mail: info@meadowbrook-daycamp.com

Website: www.meadowbrook-

CONTINUED ON PAGE 11



**THEY SEE TUG-OF-WAR.
YOU SEE TEAMWORK.**

WE SEE ONE HAPPY CAMPER.
 Plan for Camp 2017
 Free, expert guidance
Get up to \$1,000 off

FOUNDATION FOR SUMMER CAMP
one happy camper
 A FOUNDATION OF THE YMCAs OF NEW JERSEY

OneHappyCamperNJ.org
973-929-2970



the **Y**
 FOR YOUTH DEVELOPMENT
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

**DISCOVER
THE BEST SUMMER EVER.**

Y Summer Camp

- 20+ traditional & specialty camps
- 1 & 2 week sessions for ages 3-15
- Extended hours
- Financial assistance is available

REGISTER FEBRUARY 4

SOMERSET HILLS YMCA
 www.somersetcountyyymca.org/camp

DAY AND RESIDENT CAMPS

FROM PAGE 10

daycamp.com

Director: George Stein and Dan Millman

Co-ed camps available for ages 3 to 15. Fees vary based on session lengths, which include 4-, 5-, 6-, 7-, or 8-week options.

Meadowbrook is located in scenic Morris County on a private 50-plus acre campus. Our goal at Meadowbrook is to create the best possible camp community in which children can thrive.

We believe camp is a place where children have the opportunity to try new activities, learn valuable life skills, take on new challenges, increase their self-esteem and grow socially and emotionally in a safe, nurturing, fun environment. We accomplish this through our intentional program emphasizing exciting, age and developmentally appropriate activities.

Our staff members reinforce our signature T.I.G.E.R. Values Program on a daily basis with our campers. Every staff member knows that it is his or her job to find the greatness in every camper and help create positive "indelible" memories for each member of our Meadowbrook Family.

ONE HAPPY CAMPER NJ: A free resource to find the right sleepaway camp

Summer Address: 901 Route 10, Whippany, NJ 07981

Summer phone: (973) 929-2970

E-mail: Tracy@OneHappyCamperNJ.org

Website: www.OneHappyCamperNJ.org

Director: Tracy Levine

Free resource to help families find the right sleepaway camp, as well as day camps and teen programs. Serving families for whom a Jewish-affiliated program would be an option.

Interfaith families are welcome. Co-ed programs serve ages 7 to 17 and individuals of all abilities. Fee: None. Session lengths vary from short-stay/introductory programs to full summer.

One Happy Camper NJ of Jewish Federation of Greater MetroWest is a free resource for families that connects children with the perfect overnight camp. With more than 150 camps — from traditional to every specialty imaginable — there is sure to be a great Jewish camp for every child.

First-time campers may be eligible for a gift of up to \$1,000 One Happy Camper grant. Information also is available about day camps and teen programs. Visit www.OneHappyCampernj.org, email tracy@onehappycamper-NJ.org, or call (973) 929-2970 for free expert guidance and more information.

RANDOLPH YMCA SUMMER CAMPS

Summer Address: 14 Dover Chester Road, Randolph; and Schooley's Mountain Park, Long Valley

Summer phone: Randolph Camps: (973) 366-1120; Long Valley Camps: (908) 689-9312

Fax: (973) 366-8025

E-mail: Randolph Camps: Lynn@randolphymca.org; Long Valley Camps: Cindy@randolphymca.org

Website: www.randolphymca.org

Director: Randolph Camps: Lynn Molitoris; Long Valley Camps: Cindy Smith

Fees for Randolph Camps: \$160 to \$285 per week; Long Valley Camps: \$170 to \$370 per week. Sessions run from June 26 through Aug. 25.

The Randolph YMCA day

CONTINUED ON PAGE 12

ST. JOSEPH SCHOOL

Where faith, education and family come together!



The highest academic standards



A tradition of faith



We are a family

Come see what we're all about!

OPEN HOUSE
Sunday, January 29
11:30 - 2:00



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973.543.7474 • www.sjsmendham.org



A traditional day camp for 3-14 year olds

Where the fun never ends!

• Part days for 3 & 4 year olds

• Teen Day Trip Program

• 2-7 week sessions

New for 2017: Lunch included

908-580-CAMP

CampRiverbend.com

Open Houses Jan. 22nd & Feb. 25th

DAY AND RESIDENT CAMPS

FROM PAGE 11

camps offer a mix of fun and educational activities aimed at improving kids' well-being. The Y's program centers on three areas proven to impact kids' development: friendship, accomplishment and belonging, all in a well-supervised and caring environment.

Camps at Randolph and Long Valley offer before- and after-care and include exciting activities such as sports, gymnastics, arts and crafts, and field trips. Swim instruction and/or water free play are part of each session. All activities are designed for each age group.

Camps located in Randolph include We, Me, You Summer Fun Club for 3- to 5-year olds; Camp Wide Horizons for children entering first to fourth grades adds themed weeks, archery, karate, dance, and core values activities. Youth Adventure Camp is held at Hedden Park and offers two field trips each week, hiking, and other adventures for 'twens and teens in fifth through ninth grades.

Long Valley Camp is held at Schooley's Mountain Park and offer free pick up and drop off at convenient locations in Mount Olive, Hackettstown and

Allamuchy. Long Valley Camps include Sunshine Club for 3- to 5-year olds. Camp Washington for first through third graders adds nature/environmental studies, hiking, fishing, and theme days. Youth Adventure Camp for children in fourth through eighth grades offers weekly themes and two field trips each week. Travel Club provides daily adventures and field trips for campers entering seventh through ninth grades. Both camp locations offer a Counselor-in-Training program for high schoolers entering ninth and tenth grades.

Financial assistance may be available for all camps.

SEE CAMP

Summer Address: Mountain Lakes and Summit

Summer phone: (973) 831-7779

E-mail: seecamp@horizonsinlearning.org

Website: www.seecamps.com

Director: Chris Patrick
Co-ed programs available for children in grades 1 to 8. Fees are \$385 per week and sessions are two weeks long.

SEE Camp kids have been enjoying a superb mix of academ-

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HI HILLS SUMMER ACADEMICS

Throughout the 11-week summer session, Hi Hills offers more than 50 academic and enrichment programs along with core classes for advancement directed at pre-K through high school students. These summer learning options are offered to inspire, engage, and foster growth in small class settings taught by Gill St. Bernard's faculty. See the camp listing on page 8.

PERFORMING ARTS DAY CAMPS

BROADWAY • CREATIVE DRAMATICS • COMEDY

Boys and Girls Ages 6-17 • 8:00AM-5:00PM

5 One or Two-Week Sessions • Air Conditioned Sites

Clinton, Metuchen, Parsippany, Watchung

July 17 - August 25

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DAY AND RESIDENT CAMPS

FROM PAGE 12

ic, creative, and recreational activities since 1994. At SEE Camp we encourage kids to do all the things they love. With an assortment of intriguing and hands-on activities in science, STEM, art, theater, and recreational activities such as fencing, yoga, and swimming, campers want to return year after year. Curriculum-related field trips are included.

SMART FUN CAMPS AT FAR HILLS

Summer Address: 697 US-202, Far Hills, NJ 07931

Summer phone: (908) 766-0622

E-mail: bjunger@fhcds.org

Website: www.fhcds.org/camp

Director: Brian Junger

Smart Fun Camps offer eight theme-based weeks of activities for students in PreK to grade 1. Using a daycamp model, students will participate in arts, music, movement, games and summer fun! Athletic and performing arts options are also available. Two full weeks of hands-on STEAM programming for students in grades 2 to 5 is offered, as well. Individual classes run for one week with a total of eight weeks. (No camp on July 4.)

Smart Fun Camps focus on STEAM activities and allow families to customize their children's camp time with family summer plans by providing flexible programs one-week in length and by offering before and aftercare options for busy parents. Camp begins June 19 and runs until Aug. 11. Both half- and full-day camp options are available.

Camps are held on the campus of Far Hills Country Day School, which is situated on 54 acres in Far Hills. The campus includes learning gardens, labs, media centers, a state-of-the-art performing arts center, a large athletics center including a climbing wall, outdoor fields and tennis courts, a ropes course, meadows, ponds, and woodlands.

PINGRY BIG BLUE SUMMER

Register Now!
www.pingry.org/bigbluesummer

- Full & Half Day Options!
- Day Camp with Daily Swimming Lessons
 - Pingry Academic Camp
 - Mini Camp for 3's and 4's
 - Hi-Tech Camp
 - Squash & Sports Camps
 - Performing Arts Camp
 - Travel Camps
- Needle Arts & Fashion Camp



Give your child the summer to remember at the Randolph Community School Summer Camps!



We offer eight one-week sessions June 26-August 18

Summer Kids (Grades K-1)
 Summer Stars (Grades 2-5)
 Camp Discovery Travel (Grades 5-8)

For Information, Visit
rtnj.org and select channel bar on right for Community School

To Register, Visit
<https://register.capturepoint.com/RandolphCommunitySchool>

Call 973-361-0808 ext. 8603 or email CommunitySchool@rtnj.org
New and exciting trips and activities planned!

Basking Ridge Campus • 131 Martinsville Road, Basking Ridge, NJ 07920
Short Hills Campus • 50 Country Day Drive, Short Hills, NJ 07078

SCHOOL AND SPORTS PROGRAMS

THE ALBROOK SCHOOL SUMMER CAMP

Summer Address: 361 Somerville Road, Basking Ridge, NJ 07920

Summer phone: (908) 580-0661
Fax: (908) 580-0785

E-mail: jhicks@albrookschoo.org
pmacneill@albrookschoo.org
Website: www.albrookschoo.org

Director: Pauline MacNeill, Jean Hicks

Co-ed programs for ages 4 to 9. Fees range from \$500 to \$4,035. There are four 2-week sessions, with an 8-week discount available.

The Albrook School, nestled on 6 1/2 acres, has air-conditioned rooms, two heated inground pools, extensive playgrounds, and is staffed with Montessori trained teachers and experienced lifeguards and swim instructors. Each camper has a swim lesson

each morning and full-day campers have a free swim in the afternoon.

Sessions are offered in engineering, drama, Montessori, writing, mathematics, cooking and explore the world.

APPLE MONTESSORI SCHOOLS

E-mail: info@applemontessorischools.com

Website: www.applemontessorischools.com

Session Lengths include 8 weeks.

Apple Montessori Summer Camps have been loved by children for more than 40 years. Not only is our camp schedule truly jam-packed with summer fun, our uniquely designed program infuses exciting lessons into our exploration and activities. Children love moving from one thrilling adventure to the next within beautiful air-conditioned facili-

ties, on outdoor playgrounds and off-site zoos, trampoline playgrounds, mini golf courses and more. Most schools offer unique swimming pools which have been designed to help children develop their individual skills and abilities while promoting safety and fun. Daily swim lessons are designed to enhance individual skill levels.

Our highly-trained staff is adept at teaching proper technique, as well as how to be safe in the water. Our curriculum covers six levels of swimming from Level One, Acclimation to the Water to Level Six, Advanced Aquatic Skills and Stroke Proficiency.

CHATHAM METHODIST PRESCHOOL

Summer Address: 460 main Street

Town: Chatham State: NJ 07928
Summer phone: (973) 563-8301

E-mail: cmpdirector@optonline.net

Website: www.chathammethodistpreschool.org

Director: Amy Crandall

Co-ed programs serving students 18 months to age 6.

EXCELLENT PHYSICAL THERAPY SUMMER SPORTS TRAINING AND CONDITIONING CAMP

Summer Address: 2460 Lamington Road, Bedminster, NJ 07921

Summer phone: (908) 234-2488

Fax: (908) 234-0344

E-mail: Plee@excellentphysicaltherapy.com

Website: www.excellentphysicaltherapy.com

Director: Phil Lee

Programs serving high school and middle school athletes. Fees are \$300 and sessions include

CONTINUED ON PAGE 16



SLIDE

INTO SUMMER AT FAR HILLS

- Science
- Engineering
- Visual Arts
- Outdoor Activities
- Athletics
- Performing Arts

8 Weeks of Smart Fun at fhcds.org/camp



SMART FUN CAMPS @ FAR HILLS



SUMMER CAMP JAM-PACKED WITH FUN AND LEARNING

At Apple Montessori Summer Camp, every day is a new adventure. Your child will get the most out of summer and make memories for life.

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- In-house events like carnival day
- Field trips
- Arts and crafts, science & nature, music, dance, drama, cooking, games & sports
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What does Gentle Shepherd offer?

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- The Creative Curriculum is written and researched with theories of Piaget, Maslow, Erikson and more...
- The Creative Curriculum uses the appropriate practices issued by the National Association for the Education of Young Children.
- Enrichment Opportunities to extend the day with Lunch Bunch, Stretch-N-Grow, Amazing Athletes, Wee Little Art, Cooking , Science and more...
- Up-to-date, self-contained playground to enjoy the out-doors, and bright sunny classrooms in which to learn.
- Enrichment Opportunities in class with a Penguin Visit, Egg hatching, Dinosaur Man, a Planetarium Experience and more...

What Programs does Gentle Shepherd offer?

- A 2 ½ Year Old Program, a variety of 3's programs , and a 4's program.
- Childcare from 6:30 AM until 4 PM , five days a week-ages 6 weeks to 6 years.
 - Drop off babysitting available 5 days a week.



Gentle Shepherd Christian Preschool
350 Lake Road • Basking Ridge, NJ
(908) 766-1430 • gscp@shlc.net

SCHOOL AND SPORTS PROGRAMS

FROM PAGE 14

six, one-hour sessions.

Our camp will provide personal and/or group programs to enhance the fitness of the athlete. Through an evidence-based approach, our program will work to improve strength, flexibility, speed and agility.

With the combined use of our outdoor training fields and sports conditioning zone, the athletes will be able to have potential to enhance their performance while teaching young athletes how to ready themselves for recreational and sport activities.

Our staff is highly qualified with certified strength and conditioning coach credentials and will be closely monitored by our Licensed Athletic Trainer. For more information or questions, contact our office at (908) 234-2488.

THE GOLF ACADEMY AT BASKING RIDGE COUNTRY CLUB

**Summer Address: 185 Madisonville Road,
Basking Ridge, NJ 07920
Summer phone: (908) 766-8200
ext. 2**

**Fax: (908) 953-8097
E-mail: academy@baskingridgecc.com
Website: www.baskingridgecc.com**

Director: Doug deMarrais
Co-ed, ages 6 to 16, all levels: beginners to advanced. Fee: Golf Camps: \$425 to \$795. Session Lengths: Half-Day and Full-Day Junior Golf Camps.

Our half-day Junior Golf Camps are designed to teach the golfer all aspects of the golf swing and its application to the course. Grouped by abilities, PGA Professionals will teach putting, chipping, full swing and

specialty shots. full-day Junior Golf Camps are designed for the more eager golfers who desire a comprehensive golf program. A team of PGA Professionals will cover everything from short game swing, full swing and putting mechanics to reading greens and golf course management.

Fundamental movement drills, similar swing mechanics, history of the game, as well as rules and regulations and golf etiquette will be taught through games that will inspire your golfer. Lunch at the pool snack bar is available and afternoon swim break is included during lunch break.

JCC BLAUSTEIN EARLY CHILDHOOD CENTER

**Address: 775 Talamini Road,
Bridgewater, NJ 08807
phone: (908) 725-6994 Fax:
(908) 725-9753**

E-mail: swasserman@ssbjcc.org

Website: www.ssbjcc.org/pre-school

Early Childhood Director: Sara Wasserman

Co-ed programs for ages 6 weeks through kindergarten. Fees are based on schedule. Sessions are 10-month or 12-month registration.

Register now for 2017-2018 school year! Year-round infant (ages 6 weeks and older) and toddler programs. Half- and full-day school programs for 2, 3 and 4 year olds with nurturing, licensed, professional staff who promote academic learning in a developmentally appropriate, child-centered environment.


Early drop off (starting at 7 a.m.) and late stay hours (until 6 p.m.) are available. Morning and afternoon half-day kindergarten enrichment programs available with busing from select

CONTINUED ON PAGE 17

JCC Blaustein Early Childhood Center OPEN HOUSE

**Tuesday, January 31
5:00-7:30pm**






Learn. Love. Grow.

We encourage a love of learning in a warm and nurturing environment.

- Programs for infants through Kindergarten Enrichment
- Open Enrollment for the 2016-2017 School Year
- Half Day & Full Day Programs with Before & Aftercare
- Swimming, Physical Education, Music & Yoga Included
- After School Activities include Dance School, Karate, Tumbling, Swim Lessons & More
- Flexible Schedules, Summer Camp and Vacation Camp

Contact Early Childhood Director Sara Wasserman
908-725-6994; SWasserman@ssbjcc.org



**Save \$100/child
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Offer expires 1/31/17.
Cannot be combined with any other offer.



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SCHOOL AND SPORTS PROGRAMS

FROM PAGE 16

Bridgewater schools. Children enjoy weekly swimming instruction in our heated indoor pool along with yoga and music as a regular part of our program. Additional enrichment programs include karate, swim lessons, gymnastics, dance, basketball and more! Our flexible programs accommodate your schedule.

Fun-filled days at summer camp and vacation camp programs enhance our well-rounded, quality program. J-Crew After School Program for grades kindergarten through six. Call for a personal tour and information. Open enrollment. Reserve your child's space now!

NEWARK ACADEMY SUMMER PROGRAMS – ACADEMICS

Summer Address: 91 South

Orange Avenue, Livingston, NJ 07039

Summer phone: (973) 992-7000 ext. 217

Fax: (973) 992-8962

E-mail: summer@newarka.edu

Website: <http://www.newarka.edu/summer-academics>

Director: Robert Mallalieu

Academic courses are available for grades 3 to 12; Jump Start is available for grades 1 and 2; Arts Experience, STEAM and Sports Experiences are available for grades 3 to 8; and Specialized Workshops are available for grades 7 to 12. Fees for each course is listed in the course description, which can be found online at <http://www.newarka.edu/page/summer/summer-academics/course-offerings>. There is a separate enrollment fee of \$50, which should be mailed with the summer session application to Newark Academy Summer Ses-

sion. Students may be required to purchase a textbook or other instructional materials. The cost for books ranges from \$25 to \$150 and can be paid by check, cash or money order upon registration. Classes meet each day, Monday through Friday. Dates and meeting times for all classes are listed in the course descriptions online.

Advance credit courses, preview courses, and writing and literature courses meet June 26 through Aug. 4. Students may enroll in Arts Experience, STEAM, Sports Experience, Enrichment courses and Jump Start for the full six weeks or select a three-week enrollment only. Specialized Workshops are one- and two-week workshops and run only once during the summer. There are no classes scheduled on July 4. The full session runs June 26 to Aug. 4 with session A from June 26 to

July 14 and session B from July 17 to Aug. 4.

For more than 30 years, Newark Academy has been the premier source in northern New Jersey for educational summer programming. The highly respected Summer Session provides students with an unparalleled summer academic experience including advanced credit, enrichment and skill development courses. Located on 68 acres in Livingston, Newark Academy offers students a full campus experience. An Upper School Academic Center Certified LEED Gold, the McGraw Arts Center and the Hawkes Memorial Library combine to provide students with ample spaces for transformative academic work.

The Summer Program is designed to meet a wide range of needs – from the student desiring

CONTINUED ON PAGE 18

SEATON HACKNEY STABLES SUMMER DAY CAMP THE PERFECT PLACE TO BE THIS SUMMER FOR YOUNG ASPIRING EQUESTRIANS!

Weekly From June 19th Through September 8th

Come and experience what interacting with horses and ponies can do for your child's self-confidence and team spirit: Join the Seaton Hackney family this Summer!



- * Beautiful 35+ acres County facility in the heart of Morristown
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- * PEP Program (Petite Equestrian Program) for 3yr-5yr
- * Field trips to our 125+ acres sister facility in Flanders for Advanced X-country training
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"There is something about the outside of a horse that's good for the inside of a man"

-unknown

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- * Pot Luck horse-related activities
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- * Extended hours available
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- * Free Optional swimming hour at adjacent Ginty pool

SEATON HACKNEY STABLES

8 a.m. to 6 p.m. daily

Financial Incentives - Must bring this ad in when registering! 10% Early Bird Discount *5% Sibling Discount Multiple weeks discount *CIT and Volunteering programs for 13 Yrs & older who actually earn Barn Bucks!

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More Information And Forms to Download: www.seatonhackney.com



SCHOOL AND SPORTS PROGRAMS

FROM PAGE 17

a single course to students and families seeking a full day of programming. All Summer Session classrooms are air conditioned.

NEWARK ACADEMY SUMMER PROGRAMS – SPORTS

Summer Address: 91 South Orange Avenue, Livingston, NJ 07039

Summer phone: (973) 992-7000 ext. 212

Fax: (973) 992-8962

E-mail: summersports@newarka.edu

Website: <http://www.newarka.edu/page/summer/summer-sports>

Director: Liz Bona

The following programs are available: Mott-Leeney Base-

CONTINUED ON PAGE 19



PULSE PREMIER SPORTS CAMPS

The success of Pulse Premier Sports Camps is attributed on following key factors: outstanding facilities – a training experience parallel to professional athletes in professional settings within the best venues around, plus daily swim; high-profile professional coaches – superior mentoring, support and developmental training through the latest coaching methods; multi-level curriculums – cater to the specific needs of each individual athlete and provide the ideal developmental setting for all players to reach their highest potential. See the camp listing on page 21.

2017 Villa Walsh Academy

Summer Camp Girls Entering Grades 4-9

Week 1 June 26-June 30 | Week 2 July 10-July 14

Morning Session 9am-12pm

Choose from : Basketball, Soccer, Softball or Track/Cross Country, Art



Afternoon Session 1pm-4pm

Choose from : Volleyball, Tennis, Lacrosse or Spirit & Dance, Drama



OR, JOIN US FOR BOTH SESSIONS AND PARTICIPATE IN OUR SUPERVISED LUNCH FROM 12PM TO 1PM

Evening Session times TBA

For high school athletes entering 9-12

Choose from : Basketball, Tennis, Lacrosse, Volleyball

Call or Email Camp Director, Denise Wendorff with any questions or summercamp@villawalsh.org



Visit our website at www.villawalsh.org under athletics tab.

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SCHOOL AND SPORTS PROGRAMS

FROM PAGE 18

ball Camp for ages 3 to 13; Girls Volleyball Camp for ages 13 to 17; Boys and Girls Stroke and Turn Swim Camp for ages 12 to 17; Girls Field Hockey, Boys Basketball and Girls Basketball Camps for ages 8 to 14; Boys and Girls Fencing Camp for ages 7 to 14; and Boys and Girls Soccer Camp for ages 6 to 14. Fees are as follows: Mott-Leeney Baseball Camp Session I, III, IV, V: \$395 Session II: \$350; Girls Volleyball Camp: \$200; Boys & Girls Stroke and Turn Swim Camp: \$150 Girls Basketball Camp: \$325; Boys Basketball: \$325; Boys and Girls Fencing Camp: \$325; Boys and Girls Soccer Camp: \$325; and Girls Field Hockey Camp: \$325. Session Lengths are: Mott-Lee-

ney Baseball Camp: Session I: June 26-30, Session II: July 3 -7, Session III: July 10-14, Session IV: July 17- 21, Session V: July 24 -28; Girls Volleyball Camp: July 10-14; Boys and Girls Stroke and Turn Swim Camp: July 10-14; Girls Basketball Camps: July 17-21; Boys Basketball Camp: July 24-28; Boys and Girls Fencing Camp: July 24-28; Boys and Girls Soccer Camp: July 31- Aug. 4; and Girls Field Hockey: July 31- Aug. 4.

Newark Academy's sports camps combine the values of teamwork with sports-specific programming to take students to the next level in their athletic career. Newark Academy programs are designed and managed by

CONTINUED ON PAGE 21



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June 26, through August 4, 2017

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Full time students enjoy an 8-period day following a schedule based on their preferences! Half-day six-week and full-day three-week sessions are available and before and after care hours can be scheduled.

Phone for a brochure (973-292-2063) or go online at www.msdcommunityschool.org.

Morris School District Community School
Frelinghuysen Middle School, Morris Township, NJ



SOO BAHK DO KARATE OF GILLETTE

Students of Soo Bahk Do Karate of Gillette pose with their proud parents after competing in a recent tournament. See the camp listing on page 25.



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www.chathammethodistpreschool.org

SCHOOL AND SPORTS PROGRAMS

FROM PAGE 19

our top-tier coaches in state-of-the-art facilities, including newly installed basketball courts, designated fencing rooms, modern fitness center, six-lane swimming pool and vast outdoor athletic fields. Newark Academy athletic facilities are second to none!

THE PINGRY SCHOOL – BIG BLUE SUMMER CAMPS

Summer Address: 131 Martinsville Road
Basking Ridge NJ 07920
Summer phone: (908) 647-5555 ext. 1642
E-mail: cmcarthur@pingry.org
Website: www.pingry.org/big-bluesummer
Director: Cindy McArthur
Co-ed programs for ages 3 to 19 with one- to 11-week sessions. Fees range from \$325 to \$780.

Pingry prides itself on a pursuit of excellence and Pingry's Big Blue Summer Camp is no exception. Campers can choose from our signature programs in the following areas: Day camp, Travel camp, Academics courses, Hi-Tech classes, and Sports including Squash camps with eight brand new courts in our new air-conditioned athletics center. Summer 2017 will also include our own Mini Camp for campers ages 3 to 5. Pingry's Big Blue Summer will continue to offer our small staff-to-camper ratios, excellent facilities and a wide variety of full- and half-day programs with before and after care to round out a perfect camper experience. In addition to our signature programs, campers can take advantage of our spectacular partnerships with Elefante Summer Music Theater program, Pulse Sports Camp, International Ivy, Handworks Stu-

dio and Sum It Up – just to name a few. Pingry's Big Blue Summer has something for everyone ages 3 to 18. Camps run from June 12 through Aug. 25.

PULSE PREMIER SPORTS CAMPS

Summer Address: Pulse programs are hosted at the following state-of-the-art facilities: The Pingry School in Basking Ridge; Fairleigh Dickinson University in Madison; The Kent Place School in Summit; The Peddie School in Highstown; The Wardlaw Hartridge School in Edison; and the Essex County Country Club in West Orange.
Phone: (732) 653-2526
E-mail: pulsepremierSports-camps@gmail.com
Website: www.pulsecamps.com
Director: Jack Dinwiddy
Official Nike Partner Camp: The Ultimate Coaching Expe-

rience. Co-ed sports camps for ages 5 to 18, all skill levels welcome.

Pulse Premier Sports Camps deliver best-in-class sports education to young athletes of all skill levels at the finest facilities in New Jersey. The success of Pulse Camps is attributed on following key factors: outstanding facilities – a training experience parallel to professional athletes in professional settings within the best venues around, plus daily swim; high-profile professional coaches – superior mentoring, support and developmental training through the latest coaching methods; multi-level curriculums – cater to the specific needs of each individual athlete and provide the ideal developmental setting for all players to reach their highest potential. All curriculums adapted by age, gen-

CONTINUED ON PAGE 22

GILL ST. BERNARD'S

Learn about the difference an education at GSB can make in your child's life.

ALL SCHOOL TOUR

Tuesday, February 7
9:00 a.m.

Schedule a tour by calling 908-234-1611, ext 245.
Gladstone, NJ • Primary - Grade 12 • gsbschool.org

Like us on Facebook

Gill St. Bernard's is an independent, nonsectarian, coeducational, college preparatory day school.

SCHOOL AND SPORTS PROGRAMS

FROM PAGE 21

der and ability; coaching philosophy – low coach-to-player ratio guarantees advanced learning and individualized feedback and evaluation. Plus, Pulse Sports Camps deliver: daily swim, multiple week options, extended day and half-day programs, cafeteria lunch and snack daily, air-conditioned indoor facilities and more. For more information on this superior training experience, visit www.pulsecamps.com or call (732) 563-2526.

RANDOLPH COMMUNITY SCHOOL SUMMER CAMPS: Camp Discovery, Summer Stars and Summer Kids

Summer Address: Randolph Community School, 25 School

CONTINUED ON PAGE 23



HI HILLS TEEN TRAVEL CAMP

Hi-Hills offers a variety of day options for ages 3 to 16 during the camp's 11 weeks. Teen Travel Camp for middle school students provides a mix of traditional day camp activities with two days onsite on the 208-acre campus combined with three days reserved for day trip outings to such adventures as tubing on the Delaware River, outdoor laser tag and water park fun. See the camp listing on page 8.

JCC CAMP RUACH OPEN HOUSE
TUESDAY, JANUARY 31
5:00-7:30PM

Save \$100/camper on New Registrations!
 Offer expires 1/31/17.
 Cannot be combined with any other offer.

TRADITIONAL DAY CAMP
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 ages 2^{1/2} -6

camp@chathamdayschool.org
www.chathamdayschool.org

SCHOOL AND SPORTS PROGRAMS

FROM PAGE 22

House Road, Randolph, NJ 07869
Summer phone: (973) 361-0808
ext. 8603
Fax: (973) 361-2405
E-mail: communityschool@rtnj.org
Website: www.rtnj.org
Director: Allison Freeman, Community School Supervisor

Co-ed programs available for children in grades K to 8. Fees are as follows: Camp Summer Kids: \$275 per week for grades K to 1 if enrolled by March 15; Camp Summer Stars: \$305 per week for grades 2 to 5 if enrolled by March 15; Camp Discovery Travel: \$350 per week for grades 5 to 8 if enrolled by March 15. Sessions include eight one-week sessions.

The Randolph Community School offers children a summer to remember with three fun-filled day camp programs for children

in grades K to 8 that are staffed by teachers and students. Daily activities include arts and crafts, cooking, science, music and movement, nature, science and technology and sports. Children enjoy special trips to water and amusement parks, baseball games, zoos, etc. Camp Summer Kids enjoy one trip per week, Camp Summer Stars two trips and Camp Discovery Travel three trips.

The Community School is part of Randolph Township Schools is approved and sponsored by the Randolph Board of Education. The camps take place in Fernbrook Elementary School and Randolph Middle School. The Community School also offers summer Young Rembrandts art classes, Super Science workshops and a Summer Strings, Piano and Guitar program.

RUTGERS PREPARATORY

SCHOOL

Camp name: Rutgers Prep offers over 40 different camps geared towards children of all ages, specializing in sports, gaming, and technology to name a few.

Summer Address: 1345 Easton Avenue, Somerset, NJ 08873
Summer phone: (732) 545-5600
ext. 218 Fax: (732) 214-1819
E-mail: msantowasso@rutgersprep.org
Website: www.rutgersprep.org

Director: Meredith Santowasso
 Co-ed programs available for ages 3 through those in grade 12. Fees and session lengths vary based on camp program. See our website for more details.

During the summer of 2017, you can find the perfect program for children of every age at Rutgers Preparatory School. Our outstanding academic Summer School offers advanced

credit, review credit, and enrichment opportunities in every discipline.

Our Summer Camps offer campers a variety of options from which to choose — we have more than 40 camps for children of all ages. For more information, see our website, where you can also register online. Our professional staff can make this the best summer ever for your children. Please join us and be a part of the fun, learning and growth.

ST. JOSEPH SCHOOL

Address: Mendham, NJ
St. Joseph School is a Catholic School located in Mendham and was named a National Blue Ribbon School of Excellence in 2012. Offering academic excellence for students in grades kindergarten through eighth grade, St. Joseph School is accredited by AdvancEd

CONTINUED ON PAGE 25



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SCHOOL AND SPORTS PROGRAMS

FROM PAGE 23

and follows the curriculum as outlined by the Diocese of Paterson, which is based on the New Jersey Core Curriculum and Common Core Standards. Additionally, a STEM curriculum is integrated at all grade levels.

St. Joseph School also offers a wide range of service based projects throughout the year; teaching our students to value the people and the community in which they live. The school also offers its students a wide variety of extra-curricular activities including sports, robotics, chess and fine arts. St. Joseph School is dedicated to educating the whole child, mind, body and spirit. School hours are 7:30 a.m. to 2:10 p.m. and extended care is offered daily until 6 p.m.

RARITAN VALLEY COMMUNITY COLLEGE

Summer Address: 118 Lamington Rd., Branchburg, NJ 08876
Summer phone: (908) 526-1200 ext. 8404
Fax: (908) 725-2831
E-mail: youth@raritanval.edu
Website: www.raritanval.edu/youth

Director: Ralph Dunham
 Co-ed programs available for ages 6 to 17. Fees range from \$108 to \$375 and session lengths are one or two weeks.

Raritan Valley Community College Youth Program is intended to be an educational, fun experience for children. Students may choose from a wide variety of half-day and full-day classes. There are Before Care, Lunch Care and After Care options for working parents. The Youth Program is located on the main campus in North Branch.

SOO BAHK DO KARATE OF GILLETTE

Summer Address: 630 Valley Road, Gillette, NJ 07933
Summer phone: (908) 647-4194
E-mail: info@karate4peace.com
Website: www.karate4peace.com

Director: Michelle Cavett
 Co-ed programs available for ages three through adult. Fees can be found by calling or visiting www.karate4peace.com. Special summer program pricing is available for the three month session.

Soo Bahk Do Karate is a martial arts studio for students of all ages. The art we practice emphasizes the virtues of endurance, honesty, modesty and courage. We teach the mechanics of concentration, and encourage students to achieve self-development. Your child's karate school is not just a place to learn to kick and punch as a sport.

At Soo Bahk Do Karate, we devote much attention to mar-

tial art tradition, where self-improvement is practiced for the sake of human development. If we are to learn a powerful method of focusing energy, we then must take (and teach) responsibility for that knowledge. Parents are responsible for imparting their value systems to their children, but there are obstacles to the process – advertising, social media, and peer pressure to name only a few.

At Soo Bahk Do Karate, we want what you want for your children – to see them learn to live by our values and morals in order to achieve a more peaceful existence.

TDC DANCE CAMPS

Summer Address: 230 US Highway 206 Building 4 Suite 3 Flanders, NJ 07836
Summer phone: (973) 584-5020

CONTINUED ON PAGE 26



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- Sports Camps

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 www.kentplace.org/summertimecamp

SCHOOL AND SPORTS PROGRAMS

FROM PAGE 25

E-mail: theaterdance@mind-spring.com

Website: www.theaterdance-center.com

Director: Millene Michel and Mary Ellen Volz

Programs serving children ages 18 months through adults. Fee: Summer camp fees apply. Session Lengths: Kids Dance Camps, including Hip Hop, Jazz, Ballet, Tumbling, Crafts and Fun for ages 3 to 10 run one week each, with three weekly sessions starting July 10 to 28; Tuesday and Thursday Master Classes for Intermediate and Advanced Dancers for ages 10 and up, starting July 11 and continuing all summer; and Musical Theater Dance Camps for thespians ages 11 and up, with dates to be determined.

Theater Dance Center prides itself on a fun and well round-

ed dance and theatrical education. For more than 25 years, TDC has been training dancers of all ages. Our philosophy is to expose our dancers to a wide variety of dance styles and train them so that they may continue to have dance in their lives as adults.

Our Dance Camps for younger dancers are all about fun! Kids learn several different genres during our weekly camps and finish the week out with a little show. Our Master Class Series, brings NYC and LA to TDC every Tuesday and Thursday night all summer long for the serious dancer. Dancers can sign up for all the classes or come as a walk-in as a guest.

New this past summer was our Musical Theater Workshops for Thespians ages 11 and up. This is a great program for young actors and singers who wish to improve their dance skills and learn

timeless routines from great musicals. TDC welcomes dancers of all ages and levels to come and see why TDC has been training dancers for more than 25 years, and they love it!

VILLA WALSH SUMMER CAMP

Summer Address: 455 Western Ave., Morristown, NJ 07960

Summer phone: (973) 538-3680 ext. 170

Fax: (973) 538-6733

E-mail: dwendorff9@gmail.com

Website: www.villawalsh.org under Athletics Tab

Director: Denise Wendorff

All-girl summer camp program with full- and half-day options for girls entering fourth to ninth grades. Programs run from 9 a.m. to noon and 1 to 4 p.m., with a supervised lunch from noon to 1 p.m. for full-day campers. Fees: Half-day pro-

gram costs \$200 per session and full-day is \$375. Sessions are from June 26 to 30 or July 10 to 14.

Villa Walsh Academy summer camp is an all-girls sport specific, art and drama summer camp. The camp emphasizes sportsmanship, learning a new skill, improving sport skill level and having fun!

The coaches and teachers at VWA summer camp create an inviting environment for campers to make new friendships while participating in activities in a fun summer camp atmosphere. Camp is held on Villa Walsh Academy's beautiful 120-acre campus located in Morristown. Campus facilities used for summer camp are The Sister Doris Lavinthal Athletic field, Cunningham Field (turf), McEwan Softball Field, VWA tennis courts (6) and Campo field (grass).




AMERICAN CAMP ASSOCIATION PROVIDES PRESCRIPTION FOR HOMESICKNESS

This summer, millions of children will get their first taste of independence at a summer resident camp. For many, it will also be their first experience with homesickness. But parents don't have to feel helpless when homesickness strikes. The prescription for camper homesickness is a simple solution of preparation and patience.

University of California Psychologist Chris Thurber studied homesickness in 329 boys between the ages of 8 and 16 at resident camp. According to his results, homesickness is the norm rather than the exception. A whopping 83 percent of the campers studied reported homesickness on at least one day of camp.

Thurber and the American Camping Association (ACA)

suggest the following tips for parents to help their child deal with homesickness at camp:

Encourage your child's independence throughout the year. Practice separations, such as sleep-overs at a friend's house, can simulate the camp environment.

Involve your child in the process of choosing a camp. The more that the child owns the decision, the more comfortable the child will feel being at camp.

Discuss what camp will be like before your child leaves. Consider role-playing anticipated situations, such as using a flashlight to find the bathroom.

Reach an agreement ahead of time on calling each other. If your child's camp has a no phone calls policy, honor it.

Send a note or care package

ahead of time to arrive the first day of camp. Acknowledge, in a positive way, that you will miss your child. For example, you can say "I am going to miss you, but I know that you will have a good time at camp."

Don't use bribery. Linking a successful stay at camp to a material object sends the wrong message. The reward should be your child's new found confidence and independence.

Pack a personal item from home, such as a stuffed animal.

When a "rescue call" comes from the child, offer calm reassurance and put the time frame into perspective. Avoid the temptation to take the child home early.

Talk candidly with the camp director to obtain his/her perspective on your child's adjust-

ment.

Don't feel guilty about encouraging your child to stay at camp. For many children, camp is a first step toward independence and plays an important role in their growth and development.

Trust your instincts. While most incidents of homesickness will pass in a day or two, Thurber's research shows that approximately seven percent of the cases are severe. If your child is not eating or sleeping because of anxiety or depression, it is time to go home. However, don't make your child feel like a failure if their stay at camp is cut short. Focus on the positive and encourage your child to try camp again next year.

For more information, visit www.ACA-camps.org.

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TEAM SPORTS SHAPE KIDS, 'TEENS' VALUES ON AND OFF THE FIELD

The following article is provided by Brandpoint.

2016 will be remembered for its exciting and emotional highlights of sports teams working together to achieve new heights, from hometown heroes to some of sports history's greatest athletes.

Whether it's a neighborhood scrimmage or a national championship, experts agree that the benefits of belonging to a team are significant, and they can range well beyond just physical exercise.

These important experiences teach lessons that help shape kids and teens' outlooks about themselves, working with others and the

world around them.

Boys & Girls Clubs of America, through its national partnership with Buffalo Wild Wings, has introduced tens of thousands of kids and teens to various sports through its popular ALL STARS program.

ALL STARS is Boys & Girls Clubs of America's leading team sports program, offering opportunities for Clubs around the country to organize football, basketball, cheer, dance and step programs.

Based on observations from participating Clubs around the country, here are the top life lessons instilled

PLEASE SEE SPORTS, PAGE 30



Whether it's a neighborhood pick up game or a national championship, experts agree that the benefits of belonging to a team are significant, and they range well beyond physical exercise.

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DO'S AND DON'TS OF KEEPING IN TOUCH WITH CAMPERS

Many directors encourage their campers to write home regularly to their parents, brothers, and sisters.

According to the American Camp Association (ACA), a more than 100-year-old camp accreditation organization, there are a variety of right and wrong ways to keep in touch with both seasoned and first-time campers.

Here are some suggested Do's:

Give your child pre-addressed, stamped envelopes or postcards so that they can keep you informed of camp activities.

Ask the camp director if electronic communications are available for campers' use. If so, remind your child that you can stay connected with him or her

through home e-mail, fax, or the camp's website. Some camps post photos of campers online so parents can get a glimpse of their children without intruding.

Send a note or postcard in advance to the camp so there will be a personalized touch of home when your child arrives. This lets young campers know that the family has not forgotten them. In your correspondence, assure the camper that you know he or she is having a good time and express enthusiasm for the camp's activities.

And some Don'ts:

Although there are benefits in keeping youngsters informed of what's going on at home, don't go into great detail since the young adventurers might feel

they're missing something back home. Directors advise parents not to mention how much they miss their children or "that the dog and cat miss them."

Don't worry. Your natural reaction is to call on the first day just about bedtime to see how your camper is doing. Remember, counselors are trained to recognize and deal with symptoms of homesickness.

As one experienced camp director noted, "We have few homesick children, but we have homesick parents by the dozens."

About the ACA:

The American Camp Association is a community of camp professionals who, for over 100

years, have joined together to share our knowledge and experience and to ensure the quality of camp programs. Because of our diverse 11,000 plus membership and our exceptional programs, children and adults have the opportunity to learn powerful lessons in community, character-building, skill development, and healthy living — lessons that can be learned nowhere else. As a leading authority in youth development, ACA works to preserve, promote, and improve the camp experience. ACA accredits over 2,400 camps. ACA-Accredited camps meet up to 300 standards for health, safety, and program quality (Safety Tips/Accreditation).

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SPORTS: Team sports shape kids on, off field

FROM PAGE 28

by being part of a team and how participation can help kids and teens feel a sense of belonging and acceptance.

Teamwork: By working together on a team, kids and teens can learn not only how to lead, but also how to follow directions. The ability to work well with others will help them at home, at school and at game time.

Young people also experience the satisfaction of working together toward a common goal, which is an essential skill to learn for successes down the road.

Sportsmanship: Whether in sports, with family and friends, or at the workplace, it's important to know how to properly handle winning and losing.

Kids and teens who learn that it's okay to lose – and how to act when they do, gain an important skill to help them throughout their life. Through sports,

they can learn to play fair, act with humility and handle both victory and defeat with grace, style and dignity.

Strong character: By mastering athletic skills, players gain self-confidence that carries through to the real world. By practicing regularly they learn discipline and responsibility. By playing in a fast-paced game, kids and teens learn to handle stressful situations and make quick decisions.

By being part of a team, young people experience a sense of belonging while building valuable friendships.

What's more, when parents and caregivers gather to watch games, it can strengthen communities and provide a sense of unity.

Healthy lifestyles: Three out of 10 youth are overweight or obese, according to the Centers for Disease Control and Prevention. Finding fun ways to keep kids and teens active will help

fight this growing epidemic. Team sports provide a great opportunity for young people to get moving.

Because it's fun, they often don't even realize its exercise. By promoting an active lifestyle from an early age, caregivers can help today's youth learn healthy habits that can have a lifelong impact.

Practice makes perfect: No one throws a perfect spiral or hits a three-pointer the first time they try. To improve at sports, you need to practice. Sports teach kids and teens that if they want something, they have to work for it.

Practice and proper preparation are key skills throughout life – whether for a big game, big test at school or any of life's big challenges.

Want to help encourage kids and teens in your community to play team sports and learn these important life lessons? It can be as easy as visiting a local restau-

rant.


Through its Team Up for Kids initiative, Buffalo Wild Wings supports ALL STARS, helping to teach sportsmanship, promote positive self-image, build character and encourage healthy, active lifestyles of our nation's young people.

Buffalo Wild Wings' guests can support this important cause with the purchase of sauce and seasoning bottles sold in-store or online, with \$1 from each purchase going directly to Boys & Girls Clubs of America.

By 2020, Buffalo Wild Wings will have donated more than \$16 million to fund football, basketball, cheer, dance and step programs, as well as facility renovations at local Boys & Girls Clubs through ALL STARS grants.

To learn more about Boys & Girls Clubs and to find a local chapter, visit www.bgca.org.

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