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NOVEMBER 6-19, 2019

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Dorothy Day tenant Ralph Burras makes breakfast in his new efficiency apartment while visiting with Catholic Charities' senior project manager Christine Michels. PHOTO BY BRAD STAUFFER

Dorothy Day Place opens new pathway out of poverty for homeless in St. Paul

BY ANNE MURPHY

Social justice advocate Dorothy Day was fond of quoting Fyodor Dostoyevsky: "The world will be saved by beauty." That concept is at the heart of the new Dorothy Day Place, if the concept of beauty includes ensuring that people have a brighter future. It is certainly in keeping with the empathetic spirit of St. Paul, according to Christine Michels, senior program manager of the Dorothy Day campus on the edge of downtown.

Michels, a resident of Macalester-Groveland, has worked for the past 10 years for Catholic

Charities of St. Paul and Minneapolis, the organization behind Dorothy Day Place. "I've always had the opportunity to work at a job that helps people realize their full potential," said Michels, and according to her, that will be more possible than ever at Dorothy Day Place, which replaces the Dorothy Day Center that provided daytime services and an overnight shelter for homeless people for 36 years.

"This corner of St. Paul is a special place for us," said Catholic Charities' spokesperson Therese Gales. "Catholic Charities was found-

DOROTHY DAY PLACE ▶2

JCC exhibit is a singular if horrific story of survival

BY CAROLYN WALKUP

As the 75th anniversary of the end of World War II approaches, a photo exhibit is telling the stories of 45 Minnesotans who survived the Nazi Holocaust. The exhibit, "Transfer of Memory," will be on display from November 7 through December 31 in the gallery of the Jewish Community Center, 1375 St. Paul Ave.

David Sherman, who photographed the survivors in their homes, initiated the project in

collaboration with writer Lili Chester, the Jewish Community Relations Council of Minnesota and the Dakotas and JCRC co-curators Laura Zelle of Highland Park and Susie Greenberg of Minneapolis. While the profiles included in the exhibit often mention the atrocities the survivors endured during the war, they also illustrate "the value of freedom and the enduring human spirit," according to Robyn Awend, the JCC's cultural arts director.

"I've wanted to do this project since I was a kid," said Sherman, who attended many of the

Mayor pushes for more public safety spending

Rampant gunfire has made this year St. Paul's deadliest in almost three decades

BY JANE MCCLURE

A supplemental budget to provide more funding for public safety in St. Paul was proposed by Mayor Melvin Carter on October 21 just 14 hours after a shootout near University Avenue and Pascal Street left two men injured. The shooting occurred less than two blocks from Allianz Field where 20,000 soccer fans were watching a Minnesota United playoff game.

The supplemental budget is Carter's response to a surge in gun violence in the city. Through the first 10 months of 2019, St. Paul had logged 26 homicides, 23 of them by gunfire, and another 130 shooting incidents that caused injuries. The 11 month got off to bad start with two more homicides in the first two days, both by gunfire.

The 27th homicide happened in the early morning hours of November 1 when a man was fatally shot and his female passenger wounded in the front seat of their SUV near the intersection of Davern Street and Munster Avenue. The 28th homicide was also a double shooting with one man killed and a second wounded in the evening of November 2 on the city's East Side. The last year in which St. Paul had nearly as many homicides was 1996 when it tallied 26. The city's deadliest year on record was 1992 with 33 homicides.

"St. Paul is a relatively safe city for its size," Carter said, "but we'll never be safe enough. One shot fired is too many. One life lost is too many."

PUBLIC SAFETY BUDGET ▶3

JCRC's annual Holocaust remembrance services over the years and observed the group of elderly survivors growing smaller over the years. In fact, 27 of the survivors he photographed have died since the project began in 2010. Sherman's late mother-in-law survived Nazi Germany, "but most of my relatives from that time were murdered in the camps," he said. "I wanted to do this to help us remember."

Zelle's late mother, Mary Ackos Calof, and

HOLOCAUST SURVIVORS ▶4

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Plan to convert Ayd Mill Road to two lanes continues to generate debate ▶3

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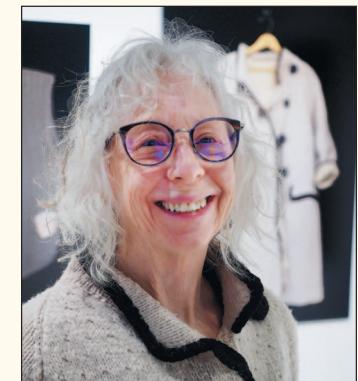


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County's winter safe space becomes year-round homeless shelter

BY JANE MCCLURE

A once temporary winter safe space for homeless people at 160 E. Kellogg Blvd. is now a permanent 64-bed shelter. The Ramsey County Board on October 22 allocated \$1.18 million to operate the overnight shelter for a year under a contract with Model Cities of St. Paul. That vote followed a decision by the St. Paul City Council to allow overnight shelters in both of the city's downtown zoning districts.

However, city and county officials agree, much more needs to be done to stem the growing tide of homelessness in St. Paul. The needs are daunting and have become more urgent with the onset of winter weather.

St. Paul has between 300 and 400 homeless people without shelter on any given night. More than 60 homeless families are on a shelter waiting list. More than 1,100 homeless people have been assessed and are waiting for services through a federally funded coordinated access program.

"We're lacking capacity in all areas of shel-

ter—overnight shelters, affordable housing, transitional housing," said Max Holdhusen, Ramsey County's interim manager of housing stability programs. That is even after 356 emergency shelter beds and 193 permanent housing units opened in 2017 at Catholic Charities' Higher Ground St. Paul and 177 permanent housing units opened this October at Catholic Charities' Dorothy Day Residence.

Additional steps are being taken, Holdhusen said. Local officials are working with an array of nonprofit partners to address homelessness. Union Gospel Mission, for example, is hoping to add space for 20 more floor mats, increasing its overnight capacity to over 200.

Ramsey County officials will soon open bids and select a new operator for the county's family day shelter. The Family Place had provided those services at downtown's First Baptist Church since 2001, but that nonprofit closed in August. Interfaith Action of Greater St. Paul, which operates the Project Home overnight shelter for homeless families at local churches and schools, has stepped in to

operate the family day shelter until the end of the year.

When it opened in the winter of 2017-18, the winter safe space in the former Ramsey County Government Center on Kellogg was expected to be an interim solution. But by the end of that first winter, city and county officials were already discussing the need to reopen the space for the winter of 2018-19. Catholic Charities assisted with the operation of the shelter for the first two years, but with its new Higher Ground St. Paul, Dorothy Day Residence and St. Paul Opportunity Center, it has its hands full.

Model Cities CEO Kizzy Downey said that running the 64-bed shelter on Kellogg is in line with the social service agency's mission. "It's what we do," she said.

The homeless shelter, which serves both men and women, has received some recent improvements, according to Ramsey County Board chairman Jim McDonough. Showers and laundry facilities are now provided, and cots will replace the floor mats for sleeping this winter.

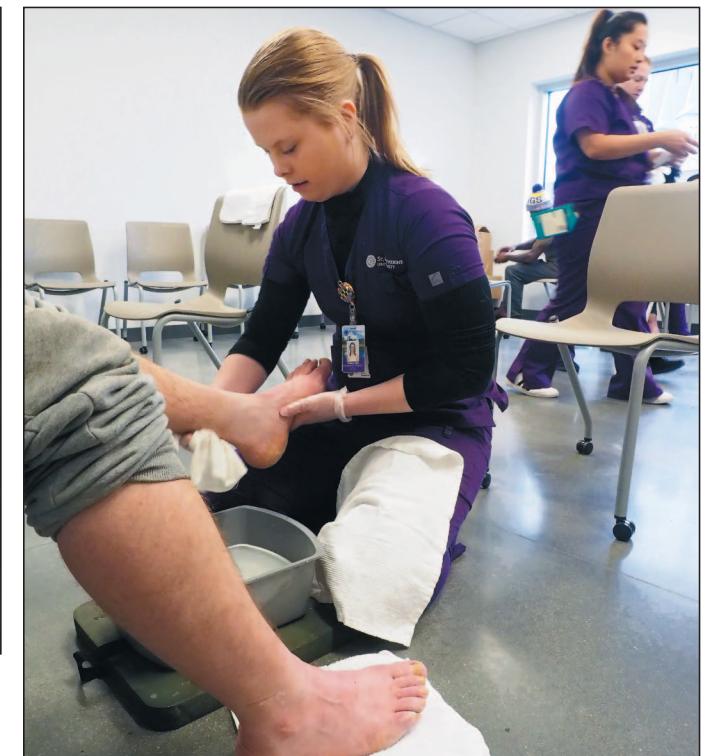
Downtown is not the only area of St. Paul coping with an increase in the homeless population. According to city statistics, the West End has more than a dozen homeless encampments in small parks, on railroad rights-of-way, along the Mississippi River and at the base of the Ramsey Hill bluff.

The West End's proximity to the Dorothy Day Place and Higher Ground St. Paul complex and other food and clothing programs that serve the poor and homeless has caused some friction with local residents. When the West 7th/Fort Road Federation discussed these issues in October, some West Enders urged compassion while others said they were tired of the behavior problems related to the homeless population, such as pan-handling, theft and loitering.

A city-led task force oversees the homeless encampments and is working on ways to get the people housing and other services. The conditions in the camps are often unsafe, and many of the people struggle with mental health or chemical dependency problems.



Breakfast is served in the cafeteria of the St. Paul Opportunity Center (above). Meanwhile, St. Catherine nursing student Ashley Johs (right) cares for a homeless man's feet thanks to a partnership with the university at Catholic Charities' new facility on Dorothy Day Place in downtown St. Paul. PHOTOS BY BRAD STAUFFER



1 DOROTHY DAY PLACE

ed at nearby Assumption Church nearly 150 years ago. In partnership, we'll continue the tradition, building a community where all residents feel welcome. We're so grateful for the many people who were part of completing Dorothy Day Place. The project will transform lives for decades to come. And if you look at where the campus is located, it's on St. Paul's front porch. This speaks volumes about the city."

Dorothy Day Place represents the largest public-private partnership in state history to expand housing services for the poor, according to Gales. It involved \$40 million in private funding from more than 500 individuals and organizations and \$60 million in public funding from the state of Minnesota, Ramsey County, the city of St. Paul and other sources.

Dorothy Day Place comprises two buildings. Higher Ground St. Paul, which opened in 2017, includes a 356-bed emergency shelter and 193 units of permanent single-room-occupancy housing with shared restrooms and a shared kitchen on each floor. Across the street is the just-completed Dorothy Day Residence and Richard M. Schulze Family Foundation St. Paul Opportunity Center.

The Dorothy Day Residence offers 177 permanent affordable and supportive homes, including 100 single-room-occupancy units and 77 efficiency apartments. The Opportunity Center links people with various services provided by Catholic Charities and 15 partner organizations—everything from career training to dental care to hair-styling.

University of St. Thomas adjunct professor and Dorothy Day scholar Anne Klejment be-

lieves that Day, who died in 1980, would be happy with the focus on kindness and support evidenced in all corners of the campus that bears her name. "Dorothy Day believed that if you truly loved your neighbor, it would result in major societal change," Klejment said.

Ralph Burras, 56, has experienced the love of neighbors at Dorothy Day. Injured and unable to work, Burras was homeless for five years. After staying at the Dorothy Day Center shelter for a time, he moved into an apartment only to end up homeless again and living in encampments. At one point, he worked at a car wash and took his tent and belongings to work with him every day.

While staying in a tent along I-35W, he learned that his son had died. Following his son's funeral, he returned to the homeless camp and was assaulted. He was placed in medical respite at Dorothy Day's Higher Ground St. Paul facility and with the help of caseworkers moved into an apartment in the Dorothy Day Residence where he pays 30 percent of his income in rent.

"This place is beautiful," Burras said. "I'm grateful for a roof over my head, and I now have a book since I moved in here. I learned to read when I was 33, but do you know how long it has been since I read a book?"

Today, Burras, who must avoid manual labor due to a new injury, is considering returning to school, possibly to become a barber.

"The Dorothy Day Place model focuses on three components—dignified shelter, permanent homes, and services that create pathways out of poverty and homelessness," Gales said. "At Dorothy Day Place, our staff is able to connect people to job training, health care and other critical services, fostering stability and

opportunity in the lives of some of our most vulnerable neighbors. Because so many other service providers will be located on site, we'll be able to work together more effectively and incorporate a more holistic approach."

Higher Ground's emergency shelter and permanent housing have been consistently full since they opened almost three years ago. The new Dorothy Day Residence will likely have a waiting list before long, according to Gales.

"Since Higher Ground St. Paul opened, we've worked with six partners to find permanent homes for 115 of the top users of homeless shelters in Ramsey County," Gales said. "This collaboration—called RUSH or Redirecting Users of Shelter to Housing—has involved Ramsey County, Catholic Charities, Guild Incorporated, RADIAS Health, People Incorporated, Union Gospel Mission and Listening House."

For the permanent housing at Dorothy Day Place, "the amount each resident pays in rent varies depending on the amenities and the individual's circumstances," Gales said. Monthly rents range from \$375-\$475 and are typically supported by a combination of government benefits, such as Section 8, Housing and Veterans Affairs Supportive Housing vouchers.

"The pay-for-stay shelter at Higher Ground St. Paul allows guests to pay a nominal nightly fee that is deposited into a personal savings account," Gales said. "Residents can use that account to pay rent or a damage deposit on stable housing. In August, 42 of the 54 pay-for-stay residents were employed. The low-cost shelter helps them save money toward a permanent home and provides them with a locker where they can store their belongings

while they work."

Like the former Dorothy Day Center, meals are provided free of charge at Dorothy Day Place. Today, up to 350 people can be served at a time, according to Gales. Catholic Charities serves 1 million meals per year in the Twin Cities at a cost to the organization of about \$2.43 per meal, she said.

"Dorothy Day Center was built as a day center, but there are now growing 24-7 emergency needs," Michels said. "We're looking to meet the needs of every individual experiencing homelessness. Efforts in preventing homelessness need a fresh approach, and the model we have is on the cusp."

"The completion of Dorothy Day Place comes at a critical time," Gales said. "Increasing rents, stagnant wages and a lack of affordable housing have contributed to a housing crisis. While progress has been made in reducing veteran and family homelessness, the number of unsheltered homeless in the Twin Cities is increasing at a rate that is five times higher than the rest of the country and nearly double the rate from 2015-2018."

"This has contributed to an increasing number of people sheltering in cars, under bridges and in other places not meant for human habitation," Gales said. "On a single night in 2018, the U.S. Department of Housing and Urban Development estimated there were 7,243 people in Minnesota without a home or shelter, including 5,062 in the seven-county metro area."

"We invite everyone to become part of the story of Dorothy Day Place," Gales said. "We'd love to engage more volunteers."

For information on volunteering at Dorothy Day, visit cctwincities.org/volunteer.

Plan to narrow Ayd Mill Road continues to generate debate

Lanes to be restricted as Summit bridge is rebuilt

BY JANE MCCLURE

St. Paul Mayor Melvin Carter's \$5.2 million plan to reconfigure Ayd Mill Road continues to produce heated discussion among area district councils, whose requests for a traffic study and a public meeting on the project have been rebuffed.

The mayor's proposed 2020 city budget calls for converting the 1.5-mile roadway from four traffic lanes to two. The plan would put two-way traffic on what is now Ayd Mill Road's two southbound lanes and resurface the two northbound lanes for separated 13-foot bicycle and pedestrian paths. Changes also would be made to traffic signals and off- and on-ramps.

The project's funding would include using \$3.5 million that was originally earmarked for resurfacing the street this year. That, along with additional funding, would enable the city to rebuild Ayd Mill Road in 2020. Engineering and design work are already underway.

Carter and Public Works director Kathy Lantry contend that there have already been years of study on Ayd Mill Road, and that more studies and meetings are not needed. They also point out that the plan to rebuild Ayd Mill Road mirrors a 2009 City Council resolution that called for a two-lane roadway.

A scaled-down street will have fewer main-

tenance costs, according to Carter, and will help the city move toward nonmotorized transportation options as its population continues to grow.

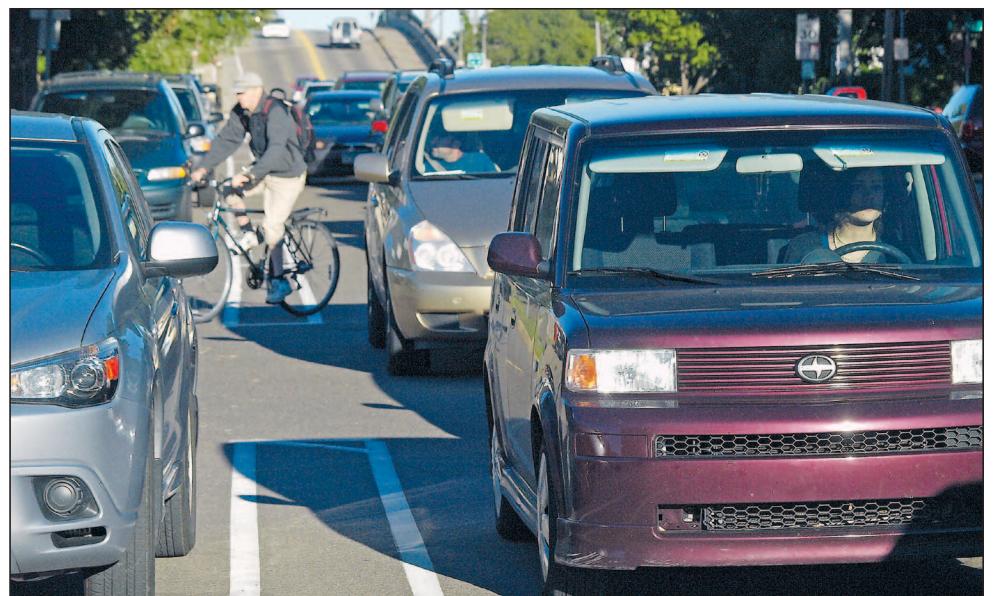
The five district councils that border Ayd Mill Road, meanwhile, have been meeting in recent weeks to discuss the city's plans.

The Summit Hill Association (SHA) and Macalester-Groveland Community Council (MGCC) have asked for a traffic study. They noted that the year-long reconstruction of the Summit Avenue bridge will require Ayd Mill Road to be closed to traffic from Selby to Grand avenues from November 4-10, and then restricted to one lane in each direction beneath the bridge starting November 11.

District council members see that as a rare opportunity to continue the lane restrictions for Ayd Mill Road's entire length and conduct a formal study on how a two-lane roadway would affect traffic patterns there and on surrounding streets, including Snelling, Lexington, Hamline, St. Clair, Randolph, Grand and Summit.

Lantry rejected that request last month. "We wouldn't be able to truly replicate the future condition as existing traffic signals will limit our options, there may be some tangible roadway geometry differences, and we won't have the ped/bike crossing impacts," she stated in an email. "For these reasons, we don't know if we would learn much to help us with our design work."

"I'm disappointed that the city isn't using this year-long opportunity to study a single-



Traffic coming off of Ayd Mill Road backs up on Selby Avenue just east of its intersection with Snelling Avenue. PHOTO BY BRAD STAUFFER

lane Ayd Mill Road configuration," said MGCC president Mike Sonn. "But I'm confident that data would show little impact to the surrounding area, especially once new travel patterns are established."

Both Summit Hill and Macalester-Groveland include Lexington Parkway, which carried heavy traffic in the years before Ayd Mill Road was connected to I-35E at its south end. Residents along Lexington have raised concerns that converting Ayd Mill to a two-lane road will divert more traffic back to their street.

"There have been a number of questions raised, and a study would help address them," said Brian Martinson, chair of the MGCC's Transportation Committee.

Committee member Jack Fei said discuss-

sions of potential traffic issues are already taking place and that studying what would happen with a two-lane roadway would likely ease residents' concerns.

Union Park, meanwhile, is among the district councils asking for a public meeting before the project moves ahead. Its Transportation Committee plans to discuss Ayd Mill Road issues when it meets at 6:30 p.m. Monday, November 11, at the Concordia University Technology Center, 1282 Concordia Ave.

The Union Park District Council has been sharply divided on the issue. Some members support the mayor's plan and others are concerned about spillover traffic at the street's north end, where traffic already backs up during rush hours at the Selby-Snelling intersection.

1 PUBLIC SAFETY BUDGET

Carter will hold three public meetings on the public safety in the coming weeks as his administration continues to work on what that supplemental budget will include. The meetings will be held from 6:30-8 p.m. Thursday, November 7, at Central Baptist Church, 420 N Roy St.; 6:30-8 p.m. Tuesday, November 12, at Rice Recreation Center, 1021 Marion St.; and 1-2:30 p.m. Saturday, November 16, at Arlington Hills Community Center, 1200 Payne Ave.

"We'll never accept violence as the norm," Carter said. "Building the safe city we deserve will require new, proactive approaches to public safety." While the city will continue to invest in its police force, policing alone will not address the violence plaguing St. Paul, he said. Also needed are ways to address the problems

of disengaged youth who lack opportunities, people with mental health and drug abuse issues, and others who are homeless, he added.

Carter released his proposed 2020 city budget in August, and the City Council has already conducted an initial round of departmental reviews. The mayor's 2020 budget includes stepped-up efforts to help people dealing with mental health crises and a program to divert first-time low-level offenders from criminal prosecution. The budget would provide a total of \$105 million for the Police Department, enough for a force of 630 sworn officers, or five fewer officers than in 2018. However, that was before September's rash of gun violence, a month that saw nine murders in the city.

In September the Police Department added extra patrols, established a task force on gang violence and homicide, and made plans to use

advanced technology to change the way surveillance videos are analyzed after gun-related crimes.

"Gun violence in our community is a complex problem, and a complex problem cannot be addressed with a one-dimensional solution," Carter said. "My focus has always been on how we build complex, comprehensive solutions to the public safety challenges we face."

The size of the supplemental budget for public safety may depend on the outcome of St. Paul's November 5 referendum on organized trash collection. The City Council adopted a maximum levy increase of \$35 million for 2020—a 22.3 percent hike. Included in that increase is the \$27.1 million the city may need to cover the annual cost of residential trash collection if a majority of St. Paul voters vote "no" in the referendum.

The mayor has said that if the city's ordi-

nance on organized trash collection is repealed by voters, the city's general fund would be tapped to pay the trash haulers according to the provisions of the city's five-year contract with the haulers' consortium. If the ordinance is not repealed, Carter and several members of the City Council have said, city officials would have more flexibility in financing an increase in the public safety budget.

The \$190.7 million maximum levy for 2020 was approved by the City Council on a 5-2 vote on September 25. According to state law, the levy amount may be reduced before the City Council approves its final budget for 2020 in December, but it may not be increased.

For more information on the public safety meetings, visit stpaul.gov/departments/mayors-office/public-safety-community-meetings.

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1 HOLOCAUST SURVIVORS

her late aunt, Esther Ackos Winthrop, are included in the exhibit. They were Romaniote Jews whose family had lived in Greece for 2,000 years. When the Nazis invaded Greece in 1941, they went into hiding with the help of a Christian friend, but their freedom ended on March 25, 1944, when the Nazis rounded up thousands of Greek Jews and sent them to extermination camps.

Eighty-seven percent of the Jews living in Greece in 1941 were killed during the war, including many members of the Ackos family. Mary, Esther, their mother, sisters and brother escaped with their lives and remained in Greece in poverty until 1951 when they immigrated to the U.S.

Calof was a resident of Highland Park. In fact, many of the survivors in the exhibit are longtime residents of Highland Park, including Edith Goodman, 88; Eva Krause, 94; Lucy Smith, 86; and the late Charles Fodor, Max Goodman, Paula Rubin, Sam Saide and Walter Schwarz.

Saide survived daily beatings and a gunshot wound at Auschwitz, where his job as a teenager was to carry bodies from the gas chambers to the crematorium. After the war, he made his way to St. Paul with \$7.50 in his pocket and founded Sam Saide & Co., an auto parts store on Cleveland Avenue now operated by his son, Isadore.

Schwarz and his family escaped Romania in 1940 and boarded the last ship leaving Italy for the U.S. before the Nazi invasion. In 1942 he was drafted into the U.S. Army and, due to his knowledge of German, was assigned to the Military Intelligence Center at Fort Ritchie, Maryland. He and his fellow "Ritchie Boys," all former refugees, were trained in interrogation techniques and served in Europe during the war.

Smith, who was born in Krakow, and her mother were able to obtain false documents identifying them as Catholics. They moved from city to city in Poland to escape the Nazi occupiers before the country was liberated by the Russians.

Krause was born in Radom, Poland, and lived a peaceful life until age 14 when she was separated from her mother and other family members as the Nazis invaded Poland in 1939. Her family died in the gas chambers at Treblinka. She endured years of hard labor, starvation and disease in Bergen-Belsen, but managed to survive and immigrated to America.

Krause was haunted by horrible memo-

'TRANSFER OF MEMORY' ►5



Among the 45 survivors of the Nazi Holocaust featured in the "Transfer of Memory" exhibit now displayed at the Jewish Community Center are these longtime residents of St. Paul still living or recently deceased (from left to right and top to bottom): Max and Edith Goodman, Inna Turina, Eva Krause, Charles Fodor, sisters Mary Ackos Calof and Esther Ackos Winthrop, Paula Rubin, Lucy Smith, Walter Schwarz and Sam Saide.

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City may ease up on residential design standards in Ward Three

Local homeowners asked to help draft ordinance

BY JANE MCCLURE

Proposed changes to residential design standards for Highland Park and Macalester-Groveland that would provide more flexibility for new home construction and major home renovations will be reviewed in the coming weeks by the two neighborhoods' district councils.

The design standards were first approved by the City Council in 2015 to address the growing number of houses being torn down and replaced with larger homes. Neighbors were complaining about problems with stormwater runoff, the loss of natural light, and architectural designs that were out of character with the rest of the neighborhood.

"Much of this area is established neighborhoods, and new infill housing should fit the context of the neighborhood," said senior city planner Mike Richardson. The current design standards vary by the type of single-family zoning, Richardson said, but they all address the mass and scale of new and remodeled homes, limiting their height, setback and lot coverage and regulating the placement of doors and windows as well as sidewall articulation.

One consequence of the four-year-old standards has been the large number of requests for variances to them. The St. Paul Board of Zoning Appeals has been inundated with variance requests, and the Highland District Council (HDC) and Macalester-Groveland Community Council (MGCC) have spent an inordinate amount of time reviewing and making recommendations on those requests. Homeowners must pay a fee for the variances, and they often have to go through a neighborhood petition process, which can take a lot of time.

"The intent of the proposed changes is to refine the design standards to better match them to what's actually happening," Richardson said. Another goal is to reduce the number of variances being sought and make the home construction or renovation process less cumbersome. However, Richardson added, protections would remain in place for neighbors worried about large new dwellings towering over their homes.

4 « 'TRANSFER OF MEMORY'

ries of the war for years, but eventually began speaking to school groups about her experiences. She told the exhibit organizers, "The blood of our mother, father, sisters and brother is still worn on my soul."

Edith Goodman, who lost her husband Max in September, told Chester how the U.S. bombing of Vietnamese villages during the 1960s brought back memories of her own childhood. "I don't want people to forget what people can do to other people," she said. "They shouldn't forget."

Ben Cohen will recall the experiences of one of the Minnesota survivors, his grandmother Judith Meisel, in "Justice Delayed," a free program beginning at 2 p.m. Sunday, November 17, at the JCC. A meet-and-greet with Meisel will follow.

Meisel was 12 when the Nazis invaded Lithuania in 1941. Following years of enslavement, starvation, beatings and terrorism, she was liberated in 1945 in Denmark weighing only 47 pounds. "The story of her survival, together with her sister Rachel, is an odyssey that defies the imagination," Chester writes.

Meisel eventually immigrated to America and became a civil rights activist after witnessing the injustices committed against her African-American neighbors in Philadelphia. "Racism and bigotry—it's still happening all

The HDC's Community Development Committee will review the proposed changes following a presentation at 6:30 p.m. Tuesday, November 19, at the Highland Park Community Center, 1978 Ford Pkwy. The MGCC's Housing and Land Use Committee will do the same at 6:30 p.m. Wednesday, November 20 or December 4, at the Groveland Recreation Center, 2021 St. Clair Ave.

Area residents may attend either presentation and weigh in on the proposed changes. According to Richardson, the city would like to hear from homeowners and construction contractors before drawing up a final draft of the amendments. For more information, call the HDC at 651-695-4005 or the MGCC at 651-695-4000.

Ward 3 City Council member Chris Tolbert has pushed for a review of the design standards. According to him, the proposed changes would add flexibility while retaining the original intent of the standards.

One of the changes would make accommodations or exceptions for existing structures that do not meet current front, side or rear yard setbacks. That is a nod to cost savings as well as to reusing as much of an existing structure as possible, Richardson said.

Another change involves the design of the sides of new homes and home additions. The current standards require some kind of sidewall articulation on exterior walls that are longer than 35 feet, such as a projecting bay window or a recess. However, that requirement can also affect the interior design of a home and greatly add to construction costs. Some builders have suggested allowing the walls to be broken up with flat windows, second-story dormers or the use of various siding materials.

"Sidewall articulation is the variance request we see all of the time," said HDC executive director Kathy Carruth. "The intent of that requirement could be met in a lot of different ways that aren't allowed now."

Representatives of the local district councils have said they are seeing fewer variance requests of late for new home construction and more requests for rear or second-story additions. Rear additions do not raise as many concerns since they are not visible from the street, Richardson said. However, one issue the city considers with rear and second-story additions is the proper placement of windows to avoid large blank walls, he said.

over the world, and we have to constantly work to see that it doesn't happen here or anywhere," she told Chester.

Sherman said that while the number of Holocaust survivors may be shrinking, any and all other Minnesota survivors who would like to be included in the exhibit are welcome to contact him or the JCRC.

"It's important to educate people about this particular story," Zelle said, "to draw attention to hate, intolerance and anti-Semitism and to welcome refugees. It's a universal story."

Admission to the exhibit is open to the public free of charge. For more information, call 651-698 0751.

Corrections

A letter to the editor in the September 25 issue of the *Vilager* misspelled the last name of Highland Village's "guardian angel" and all-around good deed doer. He is Chuck Nehls.

The Summit Hill Association's Zoning and Land Use Committee indicated at its meeting on October 3 and in letters dated October 7 its support for a parking variance for Bruegger's Bagels and for a sign variance for the Victoria Crossing West Mall. However, as reported in the October 23 *Vilager*, the St. Paul Board of Zoning Appeals had not learned of the SHA's recommendations on the variances prior to its approval of them on October 7.



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News Briefs

Ryan seeks variance to height limit on Ford site development

Ryan Companies, the designated master developer of the 122-acre site of Ford Motor Company's former assembly plant in Highland Park, has requested a variance to the 40-foot height limit in the Mississippi River Corridor Critical Area (MRCCA).

The Ford site is governed by two sets of zoning districts. One was approved as part of the city's master plan for the entire Ford site. The other extends along the river bluff and is part of the MRCCA.

In the application for the height variance, filed in October by Ryan Companies and Ford Motor Company, which still owns the property, Ryan officials state that the 40-foot limit contradicts the master plan approved by the St. Paul City Council in 2017 and amended at Ryan's request earlier this year. That plan calls for varying building heights, some of them higher than the 40-foot maximum in the river corridor zoning district. Ryan has not indicated how high it wants to build in the river corridor, but its variance application states that the request is consistent with the master plan for the Ford site.

Ryan's variance request will be reviewed by the St. Paul Board of Zoning Appeals during a public hearing at 3 p.m. Monday, November 18. BZA decisions on variances are final unless they are appealed to the City Council.

The MRCCA is a joint state, regional and local designation that provides coordinated planning and management for the 72 miles of the Mississippi through the seven-county metropolitan area and 54,000 acres on either side of the river across 30 local jurisdictions. The MRCCA was designated a state critical area in 1976 to protect its natural and cultural resources through development standards and criteria implemented via local land use plans and zoning ordinances.

St. Paul to hire out to improve access at snowy intersections

A small effort that began in St. Paul as a pilot program last winter could continue to make a difference for people with disabilities who have difficulty negotiating mounds of snow at street corners.

The St. Paul Department of Public Works plans to again have the nonprofit Better Fu-



Out for a bite. The Ashton family, (from left) Charlotte, 6, Gage, 1, mom Sarah, twins Ivy and Owen, 3, and dad Justin, settled down for lunch at Tiffany Sports Lounge while dressed in outfits from the popular "Baby Shark" song during Trick or Treat in Highland on October 26. At right, Alexandra Herz, 11, raced down Ford Parkway in a T-Rex costume to put a scare into pedestrians. PHOTOS BY BRAD STAUFFER

tures Minnesota clear snow at 15 intersections to improve access for people with disabilities. The proposed 2020 Public Works budget includes an additional \$75,000 for that work, bringing the city's winter street maintenance budget to \$4.38 million. The additional money comes from city parking ramp revenue.

The pilot program began last winter with a \$50,000 allocation, said Public Works director Kathy Lantry. Under the agreement with Better Futures, snow is shoveled at 15 intersections, or 60 corners, twice during each snowfall. Locally, the intersections include West

Seventh and Maynard streets, Ford Parkway and Finn Street, Snelling and University avenues, and University and Pascal Street. The intersections were selected in collaboration with Metro Mobility.

P.J. Hubbard, vice president of operations for Minneapolis-based Better Futures, said the program not only helps people with mobility issues, but provides jobs for men who struggle to find employment. "It's an important program on both levels," he said.

The program works with men with a history of issues ranging from incarceration and

homelessness to poverty and untreated mental and physical health challenges. St. Paul is the only city Better Futures does shoveling for.

While council members applauded the goal, some questioned if the city is providing a service that private property owners are supposed to deliver. "I question the fairness of asking us to pay," said council member Rebecca Noecker.

St. Paul requires all property owners to clear the public sidewalks adjacent to their properties within 24 hours of a snowfall.

Lantry responded that the intent is not to take the burden off private property owners, but to achieve an outcome that helps people with mobility issues. According to her, working with a nonprofit organization that provides job opportunities is also consistent with the city's focus on racial and economic equity.

DAR to honor more veterans at monument along riverfront

The Minnesota State Society Daughters of the American Revolution has created a new bronze tablet honoring veterans in one of the three empty niches within the existing 36-foot tall octagonal granite Veterans Monument located on Summit Avenue and Mississippi River Boulevard. The tablet will be dedicated at 10:30 a.m. on Veterans Day on Monday, November 11.

The inscription on a recently restored bronze tablet at the base of the monument reads: "In memory of the men and women of St. Paul and Ramsey County who sacrificed their lives in the World War. Greater love hath no man than this. Erected by St. Paul Chapter Daughters of the American Revolution AD 1922."

Nearly 100 years have passed since this monument was erected and the DAR wanted to recognize the many thousands of men and women who have given their lives in defense of America's freedom. Millions more have served in all branches of the military. The ladies of the St. Paul Chapter designed the base with additional space to honor service men and women in the future.

The new marker reads: "A tribute to past and present defenders of our freedoms. The men and women of the United States Armed Forces, Army Marine Corps, Navy, Air Force, Coast Guard. Our grateful appreciation—

NEWS BRIEFS ▶ 7

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An artist's rendering of the six-story Alatus development on the west side of Lexington Parkway a couple blocks south of University Avenue.

Summit-U neighbors plead for more affordable housing in Alatus project

District council asks city to withhold public subsidy without more affordability

BY JANE MCCLURE

Alatus' controversial plan to construct a six-story apartment building on a long-vacant lot near Lexington Parkway and University Avenue is facing another challenge. The Summit-University Planning Council (SUPC) voted unanimously on October 22 to ask the St. Paul Department of Planning and Economic Development (PED) to withdraw Alatus' application for \$1.125 million through the Metropolitan Council's Livable Communities Program.

Developers seeking financial assistance for pollution cleanup or so-called "transit-oriented development" in St. Paul need to apply through the city even if that assistance is from another governmental unit.

SUPC executive director Jens Werner said the district council's request is consistent with the neighborhood's desire for more affordable housing in the project. The potential negative impact from the project also needs to be considered, she said.

According to PED spokesperson Hannah Burchill, the city is "in conversations with the community and the developer about in-

cluding affordable units in the project. We've asked the Metropolitan Council to table their consideration of the grant application until we address community concerns about affordability. We're optimistic about a final outcome that will contribute to the full continuum of housing needs in St. Paul."

Although the project is in the Union Park District Council's Lexington-Hamline area, it is on or near the borders of the Summit-University, Frogtown and Hamline-Midway neighborhoods.

Alatus officials did not respond to requests for comment on their funding request. However, they indicated earlier this fall that they will present new development plans on November 18 to the Union Park District Council's Land Use Committee.

Alatus has presented two alternative plans for the development to date. Both of them were six stories with about 226 apartments ranging from efficiencies to four-bedroom units. A 21,000-square-foot supermarket is planned for the first floor. There would also be about 180 parking spaces underground and on the main level.

One plan called for all of the apartments to have market-rate rents. That plan also had about 5,000 square feet of space for coworking or emerging businesses. Alatus' other plan eliminated the coworking space and included between six and 12 affordable apartments for people who meet income restrictions.

6 NEWS BRIEFS

Minnesota State Society Daughters of the American Revolution 2019."

State regent Dianne Plunkett Latham will preside during the dedication ceremony and special guests have been invited. The Cretin-Derham Hall JROTC will present the colors and the national anthem will be sung by the Falcon Ridge Middle School Festival Choir.

Former state regent Faye Leach, the author of *Historic Markers Monuments and Memorials placed by the Minnesota Daughters of the American Revolution* and restorer of nearly 40 historic DAR markers throughout Minnesota during her term, said: "We had the opportunity to pay tribute to all the service men and women who have served our country and we are proud to have placed this new marker in their honor."

The Minnesota State Society of the Daughters of the American Revolution welcomes the public to share in the dedication event.

To learn more about the work of today's DAR, visit dar.org or email JoinMNDAR@gmail.com.

News Briefs were compiled by Jane McClure and John Wadell.



A new bronze tablet will be added to the Veterans Monument on November 11.



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Viewpoint

Fort is sacred to the memory of those who served there

BY STEPHEN OSMAN

An 1863 St. Paul newspaper editorial called for preserving Fort Snelling as "classical ground, sacred almost" to the nation's history. Citizens should act now, the editorial stated, because "in the War (today's Defense) Department there is neither romance nor sympathy."

That call to action seems timely today, as a private, nonprofit organization heavily funded by taxpayer dollars and charged with protecting the historic site is poised to rename much of the state land it administers (*Vilager*, October 23). The self-righteous arrogance of this taxpayer-funded effort would seem ludicrous were it not so serious.

For many years I had the honor of managing Historic Fort Snelling and its superb cadre of tour guides. We told diverse stories of the Fort's history through living-history programs, special events and exhibits. I also served there in modern uniform. My Reserve unit, a psychological operations battalion, was trained to shape public opinion among occupied populations. Some of the techniques we learned are being used today in an effort to publicly shame Fort Snelling's long and honorable legacy as a regional administrator of U.S. government policy.

I remember feeling pride in soldiering on the same ground where so many figures in our state's history played such important roles. Fort Snelling was home to the first school, first library, first hospital and first protestant congregation in the region. More important, it was a daily and imposing reminder to all, and especially to rival Great Britain, of the power and reach of the young United States into the huge Louisiana Purchase. Our fort anchored a chain of forts on the Upper Mississippi that were manned by nearly 10 percent of the U.S. Army.

Fort Snelling was named in 1824 by



A painting by artist David Geister of Fort Snelling as it appeared in the 1840s.

the United States' premier soldier at the time, General Winfield Scott, who was suitably impressed by what Colonel Josiah Snelling and a few hundred soldiers had accomplished in building it. State and federal leaders were right in preserving and restoring the old stone fortress back in the 1960s and 1970s. However, the frontier role of Fort Snelling was only the beginning.

Fort Snelling is not just the small and mostly reconstructed stone fortress visited by millions of tourists and students over the decades. It is the entire military installation where regulars, volunteers, draftees and reservists added their own imprint to a long and complicated history. Every one of Minnesota's 24,000 Civil War recruits served at Fort Snelling. Over 275,000 men and women were inducted there for World War II service. Nearly 200,000 veterans and family members are buried at Fort Snelling National Cemetery. Two centuries of soldiers and millions of their family members know the

area as Fort Snelling.

The 23-acre area now targeted for renaming was once home to enlisted men of the African American 25th U.S. Infantry, Nisei soldiers of the Military Intelligence Service Language School, and interwar members of the Third U.S. Infantry, the Old Guard. To consider renaming what these young patriots knew as Fort Snelling's Lower Post is presumptuous.

And what of the proposed new name: Fort Snelling at Bdote? Well, that is problematic. Dakota peoples moved south from the Mille Lacs area in the late 1600s, wresting land that would become the Twin Cities from the Iowa and Oto peoples. According to pre-1990s written sources, the junction of the two rivers that would become the Mississippi and Minnesota was known by the Dakota as Mdote—hence Mendota, Mdewakanton and various anglicized derivations including Minnesota. The Bdote spelling and pronunciation appeared recently

as a so-called correction by Dakota language instructors at the University of Minnesota.

There has been surprisingly little public documentation of the proposed renaming by the agency charged with preserving Minnesota's memories. The Minnesota Historical Society's own carefully footnoted publications are now conveniently ignored as newly revealed oral traditions purport that the Dakota lived here from time immemorial. The historical and archaeological record shows otherwise. The military has occupied the site of Fort Snelling longer than the Dakota did.

Some Minnesotans felt back in 1863 that the Fort Snelling grounds should be considered sacred, though the threat back then was development. Today the threat is to the Fort's historical legacy. Fort Snelling is sacred to the memory of all those who served there in uniform and to all for whom it was a symbol of the reach of a young nation into the vast Upper Mississippi River Valley. To take away the name by which so many, for better or worse, have come to know the area is wrong.

Fort Snelling's story and name should continue to inspire future citizens with memories of patriotism and sacrifice. A balanced diversity of stories, always backed by good scholarship, is essential. Fort Snelling's long history should not be presented as a one-dimensional story of victims and victimizers. Generations of men and women who served there with honor would be appalled.

Fort Snelling's pivotal role in the history of the region, state and nation deserves a far richer and more honest telling.

Stephen Osman is a retired senior historian for the Minnesota Historical Society and author of Fort Snelling Then and Now: The World War II Years and Fort Snelling and the Civil War.

Inbox

A nonsensical plan for Ayd Mill

I remain dumbfounded by the idea of reducing Ayd Mill Road from four lanes to two. If this is the wisdom of traffic engineers, then we need new ones, or maybe a rocket scientist or two, as I can't figure out where half of the 20,000-plus cars that travel on Ayd Mill Road each day would go. I can't get onto Lexington Parkway now on most days during morning and afternoon rush hours. Traffic on Lexington is backed up blocks in either direction, so explain to me where another 10,000 cars would go.

I know St. Paul's public works director doesn't think Ayd Mill Road needs to be studied more, and she's right. It's just a dumb idea. Hopefully, common sense will save us. Any rocket scientists out there?

*Julian Loscalzo
Lexington-Hamline*

Snuffing out teen smoking

The St. Paul City Council recently passed an ordinance to raise the tobacco sales age to 21 (*Vilager*, October 23). More than 50 communities across Minnesota have already done so, and it was time for St. Paul to join this common-sense approach to protecting teenagers from a lifetime of tobacco addiction. Almost 95 percent of addicted adult smokers started before age 21, so if we can stop youths from trying tobacco, they likely never will.

I am so happy that my representative, City Council member Chris Tolbert, was such a strong supporter of this ordinance. In addition to cigarettes, cigars and chewing tobacco, vaping has become popular among middle school

and high school students, and the health consequences can be devastating. It was time for action.

As a public health professional, mom and community member who wants the best for all of our kids, I am proud of the steps that our City Council has taken to reduce the accessibility and visibility of commercial tobacco in our community. I hope they continue to think big and be bold in protecting our kids from the tobacco industry.

*Alexis Bylander
Macalester-Groveland*

Robbing liberty of legal adults

Thao, Noecker, Tolbert, Nelson, Brendmoen, Busuri and Prince. Remember these names, St. Paul. Remember the names of the seven individuals who unanimously voted against your liberty. In an attempt to prevent kids from using tobacco products, these seven voted to take away the freedom of legal-age adults by making it unlawful for them to purchase legal goods within the city limits. In order to keep 14-year-olds from smoking, they decided to make it tougher for 20-year-olds to buy tobacco.

Ridiculous. In this city, we recognize that a 20-year-old woman has the right to terminate a pregnancy. But when it comes to tobacco, these seven council members believe that it isn't her choice to decide what goes in her body.

The City Council figured prohibiting the sale of tobacco products to legal adults would be a more effective way to deter underage tobacco use than increasing the penalties on minors illegally possessing tobacco products. They've penalized the innocent, while maintaining that the guilty—

minors who use tobacco—are merely victims.

If these seven council members can so eagerly vote to take away the freedom of some adults, what makes you think they will show restraint when an issue affecting the liberty of all residents lands in front of them?

*Adam McColley
West End*

Density: What's really going on

All urban neighborhoods need to transform with the times, renew and redevelop, but St. Paul Mayor Melvin Carter's office, the City Council and city planning department are embedded with urbanists who sponsor unfettered, high-density development on almost every city block. The biggest example of this mania is the City Council's mandate to super-size the development of the Ford site in Highland Park. This is all part of a national movement that is placing blind ideology ahead of basic economics, long-term population trends and housing cycles.

We are at the lowest homeownership rate in decades, but I don't think St. Paul is ready to become a city of renters that creates no investment for the renter and only makes developers and landlords rich. Housing preferences go in cycles. Young people are beginning to understand what their parents possibly told them: Homeownership is one of the best ways to build wealth and security for you and your family. Nonetheless, developers and special interest groups are still pressuring local governments to zone for as much density as possible, creating a potential economic bubble.

8 INBOX

High-rise apartment living could fall into disfavor during the next housing cycle changeover. The only thing developers care about is build, sell, repeat. Developers want to maximize their investment by stacking people in gigantic postmodern, blocky, cheap, cookie-cutter complexes, crowding out nature and open spaces. Our local city leaders are all too eager to go along with the developers and special interest groups under the guise that denser development is more environmentally friendly and sustainable.

I don't buy into this high-density cover story. Unintended outcomes like traffic gridlock, devaluation of property, overburdened infrastructure and quality-of-life degradation are not the worries of developers, special interest groups or local politicians. We have an out-of-touch, self-serving group of city leaders. We need to influence the next City Council leadership to bring back rational urban development, especially related to the Ford site development.

Bruce Hoppe
Highland Park

Revive downtown with housing

Think about what the various groups around St. Paul want. Some are in the high-density, bikeable city camp. Others are in the St. Small, leave-our-peaceful-tree-lined-neighborhoods-intact group. I think everyone agrees that our city has been offering less and less while becoming far too expensive. What if we stopped trying to redesign our entire city and started working with what we already have in place? What if we could find a win-win that doesn't bankrupt us?

Why is no one looking at reviving the existing properties in downtown St. Paul? Downtown has become a ghost town. What if we focused our energy on converting some of the high-vacancy office spaces into affordable lofts? Revamping existing properties is cost-effective and would result in far more affordable housing. Everything needed would all be within walking distance.

Allow people to have their quiet residential neighborhoods, and let the others seek the high-density lifestyle in an area that was designed for precisely that—downtown.

Ann Dolan
Macalester-Groveland

Another voice on vaccines

Regarding the letter from Diane Smith, "Be discerning about vaccines," and Kristin Heinmets, "CDC hasn't earned our trust," (Villager Inbox, October 23 and August 28): I am not a doctor, nor do I have a nursing degree, but I know what happened to my healthy, happy 22-month-old baby. Giving Connor his MMR vaccine that day was the last day I can remember a true sense of who we can trust.

Only hours after our son received his MMR, he became very ill with a high temperature and flu-like symptoms. That afternoon my husband's car needed to be picked up from the garage. I drove him there with Connor. My husband went into the service station, and within that time Connor, who had never had a seizure, went into a grand mal seizure in the back seat of my car. I ran screaming into the shop and told them to call 911 immediately.

Connor was taken to the hospital by ambulance. The E.R. doctor told us he would be fine. "No this wasn't due to your son's MMR vaccine," he said. "He must have been sick, and this is just a seizure to high fever, a febrile seizure. Take him home, watch his temp and follow up with your pediatrician."

Our son is going to be 28 this month, and is still having seizures. The CDC has not, nor will it ever earn our trust. It has given our son a lifelong disability. Connor is also autistic (diagnosed at 3 years). He has had many serious falls because of the seizures—a dislocated shoulder, a broken arm in 10 places, a broken ankle, a lacerated face, a head that needed staples—the list goes on. There is no drug on the market that I consider a one-size-fits-all.

Kristen and Diane, thank you for being our voices on this issue. It's wonderful to know there are people like you who will help us lead this fight. I have lost family members and friends who think of me as someone who needs to blame something for Connor's situation. I only blame myself for not knowing more about vaccines. I have felt so strongly about this for many years. I have worked hard for our son's recovery and for him to have a happy life.

Deb Sullivan
West St. Paul

Poisonous school zones

School zones at the end of the school day have become highly poisonous. As parents or other relatives pick up their youngsters from school, it has become an overwhelming and apparently irresistible habit to leave their car engines running as they wait for their child to show up, spewing poisons from their engine's exhaust throughout the neighborhood and into the school's entrances.

Car exhaust contains poisonous chemicals, including carbon monoxide, sulfur dioxide, nitrogen oxides, formaldehyde, benzene and soot, all of which can be detrimental to a human. None of these chemicals is appreciated by school neighbors. I'm fortunate not to live across the street from a school, but I live on a corner where school buses stop, and parents and relatives also assemble there with their engines running.

I realize we live in a culture with a drive-thru mentality, but consider that when you leave your engine running and are poisoning the rest of us you are poisoning your youngster as well. Please do us all a favor and turn off your engine.

Gregory Nayman
Highland Park

St. Paul drivers need more chill

As one who gets around primarily by bike and transit, I have noticed over the past several years that those who drive have become increasingly angry and aggressive. Their anger and aggression are often triggered by having to give up a few seconds to allow a person walking or riding a bike to use the road safely. In addition, more folks than ever are driving oversized pickup trucks with 5-foot-high, flat-nose grills approaching the dimensions and aspect of 18-wheelers. Such vehicles have significantly higher "kill-rates" when they strike a pedestrian than do lower-nosed vehicles.

Drivers appear to have bought into the idea sold in motor-vehicle advertisements that they are the only ones out there using the "open road." These are symptoms of a car-dominant culture, the pervasiveness of which seems to far outweigh the extremely modest measures the city is taking to try to improve the safety and comfort of people who walk and ride on our streets. A culture change is needed. I suggest prohibiting motor-vehicle advertisements from depicting unrealistic driving scenarios, much as we have regulated tobacco and alcohol advertisements. Until then, please do not drive angry.

Brian C. Martinson
Macalester-Groveland

VILLAGER

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Maurice F. Mischke, 1920-1991

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County updates agreement for Riversedge project in downtown

Four dramatic towers would rise on old jail, West site along river

BY JANE MCCLURE

The Ramsey County Board of Commissioners approved an updated development agreement on October 22 with AECOM for the proposed \$788 million Riversedge mixed-use development on the former West Publishing and county jail site along downtown St. Paul's waterfront.

AECOM has indicated it would like to start construction as soon as next fall. Two residential towers are proposed on the eastern side of the site during the first phase. One would house a 168-unit hotel, 56 condos and 4,000 square feet of retail space, and the other would have 350 market-rate apartments and 7,500 square feet of retail. The two structures would share 500 parking stalls.

Two more towers would be built later, with 950,000 square feet of office space and 30,000 square feet of retail between them. At least one of the towers could be as high as 40 stories. The site eventually would have 1,600 parking stalls.

The project also calls for construction of a shelf over the Canadian Pacific/Union Pacific railroad tracks at the base of the bluff, increasing the site from 5 acres to about 12.

One big question is a requested



AECOM would like to start construction as soon as next fall on its \$788 million Riversedge mixed-use development along downtown St. Paul's waterfront.

\$80 million subsidy that would pay for 9 acres of public space extending down the bluff from Kellogg Boulevard to Shepard Road and the Mississippi River. The top of the bluff would have public atriums and other gathering spaces with views of the river valley.

The county is seeking half of that \$80 million through the Minnesota Legislature's 2020 bonding bill. The other half could come from the county, the city or federal government.

Commissioners and downtown leaders have butted heads with

AECOM on some aspects of the project. Some downtown leaders and real estate professionals question building so much office space when there is already about a 20 percent vacancy rate for downtown commercial space. County commissioners have pushed for affordable housing as part of the project, while AECOM instead has offered \$5 million for affordable housing to be built elsewhere.

However, the October 22 discussion remained cordial. "At this point it looks good," said commissioner Rafael Ortega, who represents

downtown. "I'm still crossing my fingers. It's been over 20 years that I have been working to get that property developed."

Brian Dusek of AECOM expressed enthusiasm for the work ahead. "We're excited about continuing this effort," he said. "We see it evolving into a catalyst for the entire downtown waterfront."

County Board chair Jim McDonough also expressed enthusiasm for the project, especially the prospect of having a public connection from Kellogg Boulevard to the Mississippi River. He said the con-

nection is worth a public subsidy, which commissioners have yet to approve.

After previous plans for the site stalled, the County Board agreed in November 2014 to have the former West buildings and jail torn down and the bluff stabilized.

AECOM first presented its vision for the site to commissioners in November 2018. Last January, the County Board approved a six-month exclusive agreement with the firm to start due diligence work on its development proposal. In July, AECOM gave the County Board and staff a report on Riversedge's real estate market, regulatory and financial feasibility. At that workshop, commissioners agreed to prepare a second preliminary development agreement with AECOM.

The agreement approved on October 22 extends the exclusive developer relationship with AECOM for another year. During that time, the developer must meet with project stakeholders, work on financing and construction plans, negotiate with railroads and utilities, and work with city officials on approvals for a site plan.

The agreement also starts negotiations of a master development agreement. The County Board is expected to hear an update on that agreement during the first quarter of 2020.

County commissioners are also working with city officials on an ambitious plan for a balcony-style park along the river bluff.

CBD for migraines: Is it worthwhile? What works best?

Much has been made of the lifestyle benefits of cannabidiol, or CBD, but for most the benefits are still less than clear.

One of the main reasons customers have turned to CBD is for their pain issues, and those who have faced them will readily testify that migraines are one of the most painful recurrent events so many deal with. Does CBD work to ease migraines?

Research into CBD has developed rapidly in recent years and is sure to continue in the face of 2018's Farm Bill, which legalized industrial hemp and opened even more doors for scientists.

Still, the development of lab testing so far is limited, mainly to animal test subjects and smaller sample sizes and time periods. However, as you'll see below, those preliminary findings still offer helpful and hopeful notes for those who suffer painful migraines and other problems.

According to U.S. News and World Report, over 39 million Americans report that they suffer from migraines, some of which can reach fever pitches of pain that incapacitate.

That report features the input of experts such as Dr. Kevin Weber. "Typically,

if migraines are frequent (one a week or more), prophylaxis medications are prescribed. CBD can be used with these treatments," Weber told the outlet.

A scientific literature review in 2017 was one of the first comprehensive roundups of available research, and that indicates that there are promising uses for CBD in treating migraine pains and symptoms.

This characteristic of the non-psychoactive relative of THC, the active ingredient in marijuana, is probably due to its attributes as an anti-inflammatory.

Therefore, CBD is best used with over-the-counter NSAID pain relievers many have encountered, like ibuprofen and Advil.

"If you have a lot of neck pain or soreness, it is perfectly reasonable to use

CBD oil. It may even prevent nausea and vomiting," Dr. Stephen Silberstein told the American Migraine Foundation.

Nearly all reports on the effectiveness of CBD advise that prospective users should seek advice from their doctor before trying out the products. Still, the World Health Organization this year released a report claiming that CBD products pose no special health risks.

Knowing enough to get started in the CBD market can be intimidating. That's why Nothing But Hemp has an active mission of reaching new and return CBD customers alike to show them the promises and possibilities of cannabis.

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These possible uses extend beyond migraines and other conditions, but those who have suffered from these report that Nothing But Hemp's helpful service and awesome products like Siskiyou Sungrown Organic CBD are a great option for better living.



District Council News

Highland Park

highlanddistrictcouncil.org • 651-695-4005

Highland Park Turkey Trot—The eighth annual Highland Park Turkey Trot, including a 5K walk/run and a 1K “Gobble Wobble,” will be held on Thanksgiving morning, November 28, at Highland Catholic School, 2017 Bohland Ave. The cost is \$25-\$35 for the 5K; \$10 for the Wobble. Tiffany Sports Lounge will provide free breakfast for all participants. For information and to register, visit highlandparkturkeytrot.com.

Give to the Max Day—The 11th annual Give to the Max Day is Thursday, November 14. Contributions to the Highland District Council will help fund neighborhood events like Tour de Highland, Garage Fest, Movies in the Park, Pool House Music and Movie, and Highland Jazz Fest. Donations may be made at any time by visiting givemn.org.

Upcoming meetings—board of directors, 7 p.m. Thursday November 7; Transportation Committee, 7 p.m. Tuesday, November 12; and Community Development Committee, 6:30 p.m. Tuesday, November 19. All three meetings will be held at the Highland Park Community Center, 1978 Ford Pkwy.

Macalester-Groveland

macgrove.org • 651-695-4000

Transportation Committee—The Macalester-Groveland Community Council's Transportation Committee will hold its next meeting at 6:30 p.m. Monday, November 25, in the Harmon Room on the first floor of the Macalester College library. The meeting is expected to include discussion on students and transit, permit parking and proposed changes to the Route 63 bus line on Grand Avenue. The agenda will be available on the council's website a week prior to the meeting.

Home Improvement Fair—Applications are now being accepted from sponsors and exhibitors for the Macalester-Groveland & Highland Park Home Improvement Fair on March 7. The event will encompass 15 workshops and more than 80 exhibitors to help homeowners take on their next improvement project. For information, visit tinyurl.com/y6p6eorf.

Give to the Max Day—The public is being encouraged to donate to the community council as part of Give to the Max Day on November 14. The council is a nonprofit organization that has worked since 1975 to make the neighborhood a better place to live, work, learn and play. A new option this year is to text “MGCC” to 844-844-6844 to make a donation via GiveMN. For more ways to give, visit macgrove.org/donate.

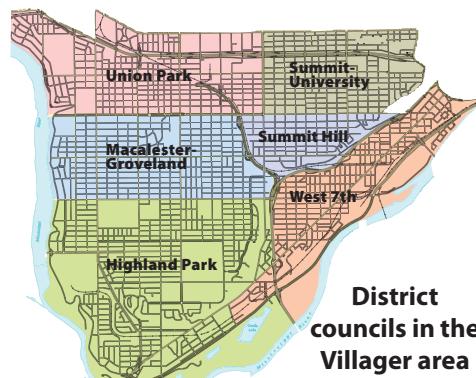
Century Building Project—The owners of homes and commercial buildings in the Macalester-Groveland neighborhood that were built in 1925 or before are eligible to purchase an engraved plaque for those buildings. Learn more at macgrove.org/100years.

Mac-Grove T-shirts—Show your neighborhood spirit by ordering a Macalester-Groveland T-shirt designed by Elizabeth Rozendaal and Wayne Cvrtnik. The shirts cost \$10-\$12 and will be sold at neighborhood events or may be ordered at macgrove.org/2019tshirt.

Getting to know you—The community council would like to talk with those who are interested in adding their skills or voice to local programs and events. Call the council office to meet over coffee.

Get involved—The community council currently has openings on its board for at-large business and student representatives. The board also has three standing committees that meet once a month. Visit macgrove.org/ committees for details.

Upcoming meetings—Community Building Committee, 6:30 p.m. Monday, Novem-



ber 11, Edgcumbe Recreation Center; and Housing and Land Use Committee, 6:30 p.m. Wednesday November 20, Groveland Recreation Center.

Union Park

unionparkdc.org • 651-645-6887

Annual meeting—The Union Park District Council will hold its annual meeting and board elections from 5:30-8:30 p.m. Wednesday, November 6, at the Concordia University Technology Center, 1282 Concordia Ave. Residents can meet their grid representatives, enjoy refreshments and learn more about what has been happening in the neighborhood.

Pop-up meetings—Residents may share their comments about the district council and the neighborhood with community organizer Abdulrahman Wako during pop-up meetings from noon-2 p.m. on the next two Fridays: November 8 in the Starbucks at the Midway Target, 1300 University Ave., and November 15 at the Midway McDonald's, 1570 University Ave.

Skyline's Fall Festival—The annual Skyline Fall Festival will be held from 3-5 p.m. Tuesday, November 12, at Skyline Tower, 1247 St. Anthony Ave. There will be music, fun activities and refreshments.

Upcoming meetings—Transportation Committee, 6:30 p.m. Monday, November 11, Concordia Technology Center, 1282 Concordia Ave.; Committee on Land Use and Economic Development, 6:30 p.m. Monday, November 18, 1821 University Ave., S330; and Environment and Parks Committee, 6:30 p.m. Wednesday, November 20, Merriam Park Recreation Center, 2000 St. Anthony Ave.

Stay in contact—The public is invited to “like” the UPDC on Facebook, follow it on Twitter @UnionParkDC and subscribe to its e-newsletter, “Neighborhood Matters,” by emailing info@unionparkdc.org.

West Seventh

fortroadfederation.org • 651-298-5599

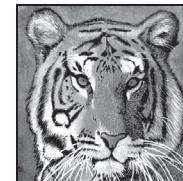
Won't You Be My Neighbor?—The West Seventh/Fort Road Federation will host its inaugural fundraiser at 6 p.m. Tuesday, November 12, in the historic rathskeller building at the former Schmidt Brewery, 882 W. Seventh St. There will be free food and drink, and a chance to explore the space and weigh in on issues facing the neighborhood. Learn more by visiting the website.

Join a committee—The West Seventh/Fort Road Federation has three standing committees: Transportation and Land Use, Fundraising and Development, and Community Engagement and Outreach. For information about joining a committee, call the office or email emily@fortroadfederation.org.

Upcoming meeting—The board of directors will hold its next meeting at 7 p.m. Monday, November 11, at the federation's office, 882 W. Seventh St., Suite 6.

Stay in touch—People are invited to “like” the West Seventh/Fort Road Federation on Facebook and subscribe to its electronic newsletter on its website.

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Back to the drawing board

High costs prompt district to rework plan for school construction projects

BY KEVIN DRISCOLL

Improvements to Obama Elementary School, Ramsey Middle School and the Highland Park Middle and Senior High School complex have been put on hold while the St. Paul Public Schools works to revamp its 10-year Facilities Master Plan (FMP).

Superintendent Joe Gothard made the decision to delay any further work after it was discovered last May that cost estimates for 18 major capital projects had increased by nearly \$179 million between April 2016 and October 2018. Ten of the projects have been completed or nearly completed. The remaining eight were postponed or canceled.

In July, Gothard and the School Board asked Cedrick Baker, the superintendent's chief of staff, to form an external review team to determine what happened. That team reviewed the plan and presented its findings in a 160-page report to the School Board on October 22. According to Baker, the report made several recommendations for refashioning and rebudgeting each project with a funding model that insures that the money is available up front.

Baker has now been tasked with assembling a team to determine what the new plan should look like. "The new team has yet to be formed, but the goal is to have one put together by the end of the year," Baker said. According to him, planning would then begin as soon as possible.

An update on efforts to form a new team will be presented to the School Board at its meeting at 5:30 p.m. Tuesday, November 19.

The FMP was unanimously approved by the School Board in December 2015 with the idea of spending around \$112 million a year for 10 years to improve the district's school buildings. However, the cost of the 18 projects scheduled in the first five years of the plan had

SCHOOL	2016 PLAN	VARIANCE	2018 UPDATE
1 Humboldt HS	26,767,000	21,233,000	48,000,000
2 Highland MS/HS	16,544,000	17,948,004	34,492,004
3 Obama	19,101,000	17,264,000	36,365,000
4 American Indian	23,099,000	15,401,000	38,500,000
5 Como HS	32,448,000	14,390,807	46,838,807
6 Ramsey MS	11,412,000	12,088,000	23,500,000
7 Bruce Vento	13,577,000	11,458,000	25,035,000
8 Farnsworth Lower	17,126,000	9,022,614	26,148,614
9 Frost Lake	16,907,000	8,622,000	25,529,000
10 Linwood-Monroe L	14,974,000	8,549,224	23,523,224
11 Horace Mann	11,363,000	7,554,727	18,917,727
12 Linwood-Monroe U	15,430,000	6,815,124	22,245,124
13 District Service Ctr	8,623,000	6,415,361	15,038,361
14 Adams Sl	17,673,000	6,289,006	23,962,006
15 St. Anthony Park	14,005,000	5,905,000	19,910,000
16 Cherokee Heights	11,686,000	5,314,000	17,000,000
17 Highland Park	17,752,000	2,848,000	20,600,000
18 Phalen Lake	3,717,000	1,784,000	5,501,000
TOTAL	292,204,000	+178,901,867	471,105,867

A chart showing how the estimated costs reportedly had increased for 18 school projects between 2016 and 2018.

grown from around \$292 million to \$471 million in just 2½ years.

According to the report, design work for Obama Elementary, 707 Holly Ave., was set for 2021, with construction to take place in 2022-23 at a cost of \$32.8 million-\$36.4 million. The project was to include renovation of existing classrooms, the gym, auditorium, cafeteria, media center, art room, administration offices and restrooms. The plan also included a new entry, a parent room and a kitchen addition.

Design work for Ramsey Middle School, 1700 Summit Ave., was due to start in 2020, with construction in 2021-22 at a cost of \$23.5 million. The project was to include a new entry and office area, and the renovation of existing classrooms, restrooms, kitchen and audio visual room.

Plans for the Highland Park Middle and Senior High Schools on Snelling and Montreal avenues were not scheduled to be drawn up until 2021, with construction in 2022-23 at a



Principal Nancy Flynn gathered with fifth-grade teacher Jordan Ringquist and students in the new courtyard of the remodeled and expanded Highland Park Elementary School on the second day of the 2018-19 school year. PHOTO BY BRAD STAUFFER

cost of around \$34.5 million. That money was to cover the costs of plans similar to Ramsey's plus the replacement of the gym, lockers, elevator, and fire alarm and fire suppression systems.

All of the schools were to have \$20,000-\$40,000 set aside for communication systems and security cameras.

Improvements to several local schools have already been completed, but at far greater cost than originally projected in the FMP. District spokesman Kevin Burns said no actual deficit was created from the overspending. Instead, money already on hand was shifted to projects for a variety of reasons. They include additional academic and building system needs, higher furniture and equipment costs, and unforeseen conditions such as environmental requirements.

Improvements to Highland Park Elementary School, 1700 Saunders Ave., were mostly completed by the start of the last school year and had a final cost of around \$22.4 million. The work included a two-story addition, renovation of existing classrooms, and a new cafeteria, kitchen and gym.

Horace Mann School, 2001 Eleanor Ave., also was mostly done by the start of the last

school year and cost \$19.3 million. The project included a two-story addition, renovation of existing classrooms, cafeteria and kitchen additions, and the renovation of the administrative offices.

Adams Spanish Immersion School, 615 S. Chatsworth St., was finished within the last year at a cost of \$24.8 million. Work there included a three-story addition, the renovation of existing classrooms, new cafeteria and kitchen additions, and the renovation of administrative space.

Global Arts Plus (formerly Linwood) Upper and Lower Schools at 810 Palace Ave. and 1023 Osceola Ave. also were finished within the last year at a cost of \$22.2 million and \$22.5 million, respectively. The Upper School project included the renovation of classrooms, auditorium and main office, with a new entry, stairs and common areas. The Lower School project included a three-story addition, renovation of classrooms, cafeteria and kitchen additions, gym addition and new restrooms.

Many of the schools also saw exterior improvements, roof replacements, new heating and cooling systems, and electrical and fire system upgrades.

For more information, visit spps.org/fmp.

Business Briefs

Scott Rehovsky, a Lilydale resident and real estate agent with Coldwell Banker Burnet, was named a St. Paul Area Association of Realtors Hero for his ongoing involvement with the First Step Initiative, now known as Saidiana (Swahili for "help one another"). The initiative was started to help women of the Democratic Republic of the Congo break the cycle of oppression, civil war and sexual violence by offering them an opportunity to establish business cooperatives. Rehovsky has been serving on the board and as an advisor for the past nine years.



The Twist Davis Group is donating all of the profits from four food locations on the second Sunday of each month to Walker West Music Academy, 760 Selby Ave. The locations include Revival St. Paul at 525 Selby Ave., Revival Minneapolis at 4257 Nicollet Ave., and Revival Smoked Meats and In Bloom in the Keg & Case Market at 928 W. Seventh St.

Xcel Energy Center and **St. Paul RiverCentre** are celebrating the 10-year anniversary of their campus-wide sustainability program. The facilities have been awarded Platinum Certification by LEED (Leadership in Energy and Environmental Design), developed by the U.S. Green Building Council. The X is the first and only NHL building and RiverCentre is one of only three convention centers in the nation to receive the certification for building operations and maintenance. Since 2009, the X and RiverCentre have recycled more than 4,050 tons of material, composted more than 2,665 tons of food, generated more than 12 million kilowatt hours of renewable energy through solar panels and upgraded more than 8,600 lights.

Amy Monahan and **Andrew Staab** of Macalester-Groveland were honored on September 21 as new fellows by the American College of Employee Benefits Counsel for their contribu-

tions to employee benefits during their careers. Monahan is an associate dean and professor at the University of Minnesota Law School, and Staab is senior corporate counsel for the U.S. Bank National Association.

Wet Paint on Grand Avenue has received the Customer Experience Award from the Minnesota Retailers Association as part of its 2019 Minnesota's Retail Champions program. The store, which has been operating since 1976, was honored for its "unique, welcoming environment and knowledgeable, committed staff."

The St. Paul Farmers' Market is operating inside the Head House at Union Depot, 214 E. Fourth St., from 10 a.m.-1:30 p.m. on Thursdays (except Thanksgiving) this fall and winter. The market is offering fresh produce and artisanal foods, including honey, baked goods, kombucha, micro greens, mushrooms, hot barbecue sandwiches and more. Visit stpaulfarmersmarket.com.

Visit St. Paul recognized five award-winners for supporting travel and tourism in the city during its annual meeting on October 4. The winners included ImageTrend Connect with the Meeting of the Year Award for its annual Connect Conference at St. Paul RiverCentre, Points of Light with the Event of the Year Award for its 2019 conference at RiverCentre, Allianz Field/Minnesota United with the Partner of the Year Award for bringing Men in Blazers to the Ordway, Urban Growler Brewing with the Member of the Year Award for bringing the Chroma Zone Mural & Art Festival to the city's Creative Enterprise Zone, and Craig Cohen with the Hometown Hero Award for developing the Keg & Case West Seventh Market at the former Schmidt Brewery.

The St. Paul Area Association of Realtors Charitable Foundation recently presented \$50,000 grants to Great River Greening and the Rondo Center for Diverse Expression. Great River plans to use the grant to improve Lilydale Regional Park. The

Rondo Center is currently working to turn a former church at 315 Fisk St. into an arts and cultural center next to the new Rondo Plaza in Summit-University.

Gateway Bank, 745 Market St., Mendota Heights, has named Luke Utrie as a loan operations associate and has promoted Anna Sullivan to teller II/deposit operations associate and Lisa Carbone to universal banker.

Do It Green Minnesota will hold its 14th annual Green Gifts Fair from 10 a.m.-5 p.m. Saturday, November 23, at the Midtown Global Market, 920 E. Lake St., Minneapolis. There will be more than 85 vendors, educational passport stations, a family nature zone, green coffee talks and a silent auction. Visit doitgreen.org.

Saji-Ya Restaurant, 695 Grand Ave., will celebrate its 40th anniversary from Sunday through Thursday, November 10-14, with specials, including select items from its original menu, 1979 prices on Kirin beers, a special cocktail, giveaways and more. Visit sajiyacom.

The St. Paul Area Chamber of Commerce will offer the following programs in the coming weeks: the 11th annual Chamber Honors Awards celebrating small businesses and volunteers from 5:30-8:30 p.m. Friday, November 8, at Inwood Oaks, 484 Inwood Ave. N., Oakdale (\$50-\$60); and a program on how employee-owned companies are changing the face of business from 7:30-11:30 a.m. Thursday, November 14, at Sunrise Bank, 2525 Wabash Ave. (\$35). Visit saintpaulchamber.com.

The eighth annual Shop by Candlelight will be held from 5-8 p.m. Thursday, November 14, by dozens of businesses on and around Selby and Snelling avenues. Sidewalks will be illuminated and shops will be offering complimentary refreshments, discounts, raffles and other enticements. The first model unit of the new Harper Apartments on Snelling and Selby will also be open for touring from 5:30-7 p.m.

Capital City Bikeway is still taking shape

By JANE McCCLURE

The Transportation Committee of the St. Paul Planning Commission got a look at options on October 21 for constructing new interim bike routes in downtown St. Paul as part of a design study for the Capital City Bikeway.

Three segments of the bikeway are being considered: 9th Street between Jackson and Broadway streets, 10th Street between Jackson and Dorothy Day Place, and either St. Peter or Wabasha streets between Kellogg and John Ireland boulevards.

The Capital City Bikeway is a planned network of bicycle routes throughout downtown that will eventually connect to existing trails and on-street bikeways. The network was a top priority of the St. Paul Bicycle Plan that was adopted by the City Council in 2015. The first bikeway segment was completed in 2017 on Jackson Street from University Avenue to Kellogg Boulevard, with separated lanes for two-way bike traffic.

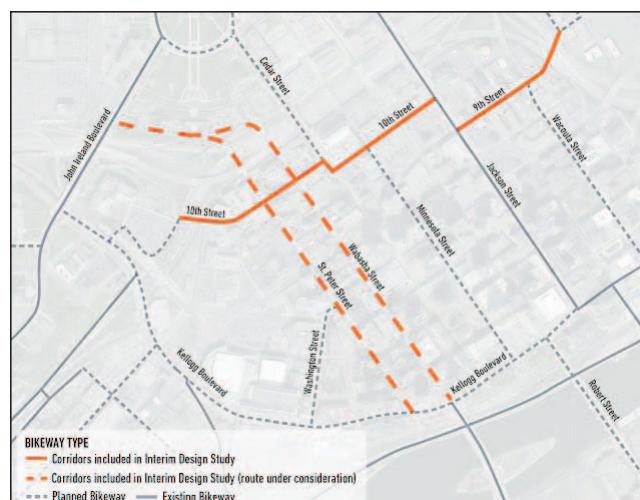
The bikeway project calls for landscaping to separate the paths from streets and sidewalks. Porous asphalt is to be used for the paving to keep the bike lanes dry and improve safety. The project also calls for streetscape improvements, such as benches, street lights, directional signs and public art.

The most recent work on the bikeway has focused on the design of the interim options for the four streets, said St. Paul Public Works traffic engineer Randy Newton. The goal is to have design work finalized this winter.

"We're a bit behind where we'd hoped to be," Newton said.

The bikeway designs are considered interim because they will be at street-level and incorporated into the existing streets' width, Newton said. The long-term plan for each of the segments is to develop protected bikeways, but that will not happen until downtown streets are rebuilt along each project segment. Ninth, 10th, St. Peter and Wabasha are all eyed for resurfacing over the next several years.

The Capital City Bikeway study and design guide approved by the city in 2016 recommended St. Peter as the primary north-south route for the western leg of the bikeway through



Segments of the Capital City Bikeway are being considered on 9th Street, 10th Street and either St. Peter or Wabasha streets in downtown St. Paul.

downtown. However, Wabasha was added to the mix at the behest of business and property owners who had raised concerns about the loss of on-street parking.

Minneapolis-based Toole Associates is helping with the project, which has included a study of traffic volumes and parking. Connor Cox of Toole said the information gathered over the past several months will help in deciding whether to use St. Peter or Wabasha. He said the traffic volume on Wabasha is generally much higher than on St. Peter.

Cox noted that one challenge for the east-west bike route along 9th and 10th streets is how the characteristics of each block change in terms of existing parking, loading zones, and parking ramp and lot access. "We have to consider a lot of things on every block," he said.

For more information on the bikeway project, see stpaul.gov/ccbinterimstudy.

Religious Notes

The Sacred Ground Center for Spirituality is offering Groundings, a series of free lifelong learning programs, from 9:30-11:30 a.m. on the third Tuesday of the month (not in December) at the Carondelet Center, 1890 Randolph Ave. Next up is "The Healing Doll Way" on November 19. Call 651-696-2798 or go to info@sacredgroundspirit.org.

Ruby Rain will discuss *The Gospel of Mary Magdalene* during a meeting of the Theosophical Society at 7 p.m. Monday, November 11, in Conference Room 330 of the Griggs-Midway Building, 1821 University Ave. A \$10 donation is requested. Call 651-235-6645 or visit mntheosociety.org.

Or Emet will sponsor a panel discussion on how African Americans and Jews can work better together from 10 a.m.-12:30 p.m. Sunday, November 17, at the St. Paul Talmud Torah, 768 S. Hamline Ave. The panelists will include Chris Crutchfield with Ramsey County Community Corrections;

Paul Slack, an upper school history teacher at Breck; Caryn Mrotz of Jewish Community Action; and Jessica Kingston, former director of human rights for the city of St. Paul. Contact info@oremet.org or visit oremet.org.

St. Paul's United Church of Christ, 900 Summit Ave., will offer the following: a conversation with Jay Bakker, who is a Minneapolis pastor and the son of televangelists Jim and Tammy Faye Bakker, at 6:30 p.m. Wednesday November 13; and an Evensong service with music by the folk ensemble Lectio Divina at 5:15 p.m. Sunday November 17. Call 651-224-5809.

Dr. Ted Ulrich, a professor of theology, is delivering a free, three-part series on "(Non)Violence and Religion in India's Independence Movement: Mahatma Gandhi and Sri Aurobindo Ghose" at noon on Tuesdays through November 19 in the Anderson Student Center at the University of St. Thomas. Visit tinyurl.com/yy2jvz4q.

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The pan-roasted duck breast with grilled vegetables and chili oil served at Hodges Bend.

PHOTOS BY
BRAD STAUFFER

Coffee, cocktail or meal? Hodges has it all

Before heading to Hodges Bend for the first time, my friend Bo and I consulted its website. Is it a coffee shop? A cocktail bar? A restaurant? It's hard to discern from the website, but we were intrigued by the cocktail-heavy menu and ready to give it a try.

Hodges Bend is located on the first floor of a ritzy condominium complex at 2700 University Ave., just west of the light-rail Green Line's Prospect Park Station. The space is elegant yet casual, with a long bar, tin ceiling and cheery yellow booths surrounding small round tables. A mounted deer head with sunglasses adds a bit of whimsy to the serious wall of spirits rising up behind the bar.

Bo and I tucked ourselves into a yellow booth for dinner. It was cozy and romantic, and while the dim lighting was a bit challenging for our middle-aged eyes, it makes for a great date night. As we perused the drink menu, we wondered how groups of four or more would manage at the little round tables.

Hodges Bend's drink menu is impressive, featuring cocktails, craft beers and wine. The cocktails are divided into Signatures and Classics that are priced to please at \$12 or less. The Hodges Signature "Urban" (\$12) is a delightful blend of scotch, amaro, chai and bitters served over ice and garnished with a slice of dried banana. It strikes just the right balance of smoky, sweet and spicy. The wine list is a well thought-out selection of less commonly seen varietals (\$10-\$20 per glass, \$30-\$100 per bottle). The Ned Rosé from New Zealand (\$11) was creamy, sippable and food-friendly, and the Emendis Cava Rosé (\$11) was light and nuanced, though it lacked character.

Hodges Bend features live music once a month, and Bo and I had unknowingly happened upon live music night. By 8 p.m., just as our first course was arriving, the bar area was packed three people deep. Groups of eight were wedged shoulder to shoulder in the booths or jammed around the little tables on metal stools. Most of the crowd was there for the music and the drinks. Bo and I were among the few eating a meal, but we enjoyed the music and the people watching.

The standout on the small plates menu is also its least expensive item—Steam Buns with Southern Fried Chicken (\$5)—a slider-size portion of expertly fried chicken topped with a fresh, not too funky kimchi and drizzled with honey. The bun, which wasn't as sweet as traditional Asian steamed buns, was grilled to a golden brown.

Bo and I also enjoyed the Eggplant Milanese (\$12) from the small plates menu. Described by our server as "like pizza but better," we thought it tasted like pizza with eggplant parmesan as the crust. Regardless, we enjoyed its elevated junk-food vibe. We enjoyed even more the simple micro-greens salad that was served alongside the eggplant with a zippy lemony vinaigrette dressing.

We were less enthused about our selections from the Dinner and Sweets menus. The Guajillo Spiced Cauliflower (\$13) was woefully cold, bland and lacking in texture. The guajillo chili was undetectable but for the reddish hue. The Shrimp & Grits (\$18) was better with nicely spiced shrimp, but the sauce was too acidic and vinegary. The Candied Fennel Bread Pudding



Tilly's Table

By Tilly Wilson

(\$8) was undercooked with a texture more akin to a gooey toffee pudding. We wanted to try the Lemon Bar with Whipped Cream and Champagne Reduction (\$8), but it wasn't available.

The service at Hodges Bend was friendly and professional throughout the evening, though it became less attentive as the crowd swelled. Unsure of how the crowd affected our first foray, Bo and I decided to return for brunch with Bo's two teenage nieces. During the day, Hodges Bend has a brighter and airier feel with sunlight streaming in the tall windows that run along the entire street side of the restaurant. Some customers pop in for takeout coffee, while others sit at the bar or lounge in the yellow booths.

Bo's nieces were duly impressed by the little touches, like the recycled-bottle chandelier, the gender-neutral bathrooms and the stainless steel drinking straws. Bo and I enjoyed the cheerful 1980s-1990s pop music playing in the background and were tickled when the staff burst out in song to Cher's "Believe." Bo's only complaint was his metal stool, which he found a bit uncomfortable.

The coffee menu is a java aficionado's dream, with coffee brewed to order, espresso drinks and coffee cocktails. Our server patiently described the difference between coffee brewed by Kalita versus Chemex versus Press Pot. We compared a batch brewed by Hodges Blend (\$3 for 10 oz.) to that brewed by Chemex (\$5.50 for 16 oz.). Both coffees were good, but the Chemex was our favorite. The coffee beans from Topica Coffee Roasters, a "seed-to-cup" coffee company in Tulsa, are a delicious nod to Hodges Bend's Tulsa roots. The Vice Flip coffee cocktail with espresso, bourbon, cardamom, egg, cinnamon and bitters (\$13) tasted like boozy coffee ice cream.

The nieces appreciated the Mocktails menu. One tried the raspberry lemonade (\$5), which was refreshing and not overly sweet. Her sister, who considers herself a Twin Cities' chai latte aficionado, was impressed with the homemade chai latte (\$4.61). It was spicy, not too sweet, and dusted with fresh nutmeg.

The brunch menu includes a mix of breakfast and lunch offerings and a nice selection of vegetarian fare. The kitchen was out of several items and had trouble with timing (one meal didn't come out until everyone else was finished), but the food was enjoyable and our server deeply discounted our bill without prompting.

The Sweet Potato Tacos on the menu were replaced with Veggie Carnitas Tacos, a well-seasoned mix of fried brussels

Names in the News

Reynaldo Aligada of St. Paul has been appointed by Governor Tim Walz as district court judge in Minnesota's Second Judicial District, which consists of Ramsey County. He will succeed the Honorable David Higgs and will be chambered in St. Paul. Aligada was the first assistant federal defender at the Office of the Federal Defender in Minneapolis. He has previous work experience in civil litigation and as a judicial law clerk for the U.S. District Court and the Minnesota Court of Appeals.

Pamela Fletcher Bush has been chosen to be the next executive director of *Saint Paul Almanac*. She will succeed founding executive director Kimberly Nightingale in January. Fletcher Bush has been a professor of English since 2016 and a writing director since 2009 at St. Catherine University. She also has held various teaching and advisory positions at Carleton College, Hamline University and the University of Minnesota.

Judith Parr of Summit Hill has been elected president of the board of the Sheltering Arms Foundation for 2019-2020. She has served on the board since 2013 and is a clinical social worker with the Wilder Foundation. **Tracy Sanders** of Summit Hill was also named to the foundation's board. Sanders is a senior product director with UnitedHealth Group. Sheltering Arms is providing \$423,000 in grants this year to benefit Minnesota's at-risk children. For information, call 612-871-9210 or visit sheltering-arms.org.

14 ▲ HODGES BEND

sprouts and cauliflower with a tangy salsa verde on corn tortillas. At \$6 for two, they're a steal. The Breakfast Burrito with Carnitas (\$8) is a traditional breakfast burrito with spicy diced potatoes, shredded pork that was a little fatty and more of the yummy salsa verde. The most unusual item on the brunch menu is the Pistachio Butter Toast (\$13). The thick sourdough toast was a little soggy, but the unique combination of pistachio butter, orange marmalade, micro greens and pomegranate vinaigrette was a winner.

After stopping in for dinner, brunch and a happy-hour glass of wine, Hodges Bend remains a puzzle. Is it a coffee shop, cocktail bar or restaurant? Does it mat-



Bartender Nick Shaw waits on a customer at Hodges Bend at 2700 University Ave.

ter? You can enjoy all three of its natures—or all four if you time your visit for live music night. The concept appears to be working. They just need to iron out a few of the kinks.

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Crime Report

The following crime incidents were compiled from St. Paul and Mendota Heights police department reports and other sources.

Highland Park

Theft—Vehicles were reported stolen on October 21 on the 1300 block of West Maynard Drive and on the 1500 block of Highland Parkway.

Assault—A suspect pulled out a firearm during a road rage incident at 9:55 p.m. Wednesday, October 16, on West Seventh and Davern streets.

Lexington-Hamline

Robbery—A 15-year-old boy was arrested for robbing a woman of her wallet at gunpoint at 3:58 a.m. Tuesday, October 15, on Central Avenue and Dunlap Street.

Theft—At the Midway Target, a 21-year-old man was arrested for trying to steal more than \$1,000 in merchandise on October 19, a 46-year-old man was arrested for trying to steal more than \$500 in merchandise and giving police a false name on October 19, and a 45-year-old woman was stopped for shoplifting and was arrested on a felony warrant on October 20.

—A trailer was stolen on the 1100 block of Laurel Avenue on October 25-26.

Assault—A victim was shot while walking near the tot lot on Hamline and Hague avenues at 5:04 p.m. Saturday, October 19.

—An assault was reported at Central High School at 3 p.m. Friday, October 25.

Miscellaneous—A 47-year-old homeless man was arrested on three outstanding warrants in the parking lot of the Midway Target at 7:07 p.m. Wednesday, October 16. He was with a baby who had earlier been seen wandering alone in the parking lot of nearby LA Fitness. The child was returned to his mother.

Macalester-Groveland

Burglary—A home was burglarized on the 100 block of South Wheeler Street during the evening of October 20-21.

—An occupied residence was burglarized on the 300 block of South Snelling Avenue between 3-6:30 a.m. Thursday, October 24.

Theft—A laptop computer was stolen from a vehicle at Macalester College between October 15-17.

—Vehicles were reported stolen on the 2000 block of Grand Avenue on October 15, the 1800 block of Stanford Avenue between

October 17-20, the 1200 block of Osceola Avenue on October 21-22, the 1200 block of Edgcumbe Road on October 22-23 and the 1700 block of Summit Avenue on October 24.

—A motorcycle was stolen on the 1700 block of Randolph Avenue between 2-10 a.m. Friday, October 18.

—A Bluetooth speaker and checks were reported stolen from a vehicle on the 1800 block of Berkeley Avenue at 6:10 a.m. Sunday, October 20.

Miscellaneous—Police were investigating a \$30,000 incident of wire fraud reported at the Byrne Residence, 60 S. Mississippi River Blvd., at 7:55 a.m. Tuesday, October 22.

Merriam Park

Robbery—A strong-arm robbery was reported at 9 a.m. Friday, October 25, on the 1800 block of University Avenue.

—A man was robbed at gunpoint in a rear parking lot on the 200 block of Fry Street at 4:23 p.m. Sunday, October 27.

Burglary—Bark and the Bite, 2186 Marshall Ave., was broken into between 5:50-8:09 a.m. Friday, October 18.

—Owl Optical, 1589 Selby Ave., was broken into at 12:09 a.m. Sunday, October 27.

Theft—A MacBook Pro, iPad and keys were reported stolen from a vehicle at the Town and Country Club at 10:33 p.m. Tuesday, October 15.

—A laptop computer and external hard drive were stolen from a vehicle at the Health-East Midway Campus, 1700 University Ave., during the evening of October 16-17.

—An iPhone was reported stolen on the 1600 block of Hague Avenue at 10:35 p.m. Friday, October 18. The phone was left in a Lyft vehicle after a ride and police said the driver refused to return it when its owner would not pay him to do so.

—A 58-year-old woman was injured after falling on the pavement while chasing a suspect who stole a pumpkin from her porch at 11:10 a.m. Saturday, October 19, on the 1900 block of Laurel Avenue.

—Vehicles were reported stolen on the 1900 block of Iglesias Avenue between October 20-24, the 2300 block of Marshall Avenue on October 22, the 1600 block of Marshall Avenue between October 23-25, the 300 block of North Cleveland Avenue on October 24 and the 2000 block of Laurel Avenue on October 26.

—A popup camper was stolen on the 200

block of Exeter Place during the evening of October 21-22.

—Two backpacks with soccer equipment were reported stolen from a vehicle on the 100 block of North Snelling Avenue at 9:50 p.m. Wednesday, October 23.

Snelling-Hamline

Burglary—A home break-in was reported on the 1500 block of Marshall Avenue at 10:30 a.m. Tuesday, October 22.

Theft—Vehicles were reported stolen on the 400 block of North Pascal Street on October 19, and the 1500 block of University Avenue on October 19 and 20.

—A laptop computer, calculator and textbooks were stolen from a vehicle on the 400 block of North Snelling Avenue between 5:30-10:30 p.m. Sunday, October 20.

—A 30-year-old man was arrested for felony theft after trying to steal more than \$1,000 in merchandise from T.J. Maxx, 1410 University Ave., at 2:28 p.m. Friday, October 25.

—A purse was reported stolen at Rainbow Clothing, 1474 University Ave., at 4 p.m. Friday, October 25.

Assault—A female assaulted medics after she was found passed out in a restroom on the 1300 block of University Avenue at 7:25 p.m. Friday, October 25.

Miscellaneous—Police responded to a report of a male and female who refused to leave and used pepper spray on a security guard at the Midway McDonald's, 1570 University Ave., at 9:28 a.m. Monday, October 21.

Summit Hill

Burglary—Bruegger's Bagels, 800 Grand Ave., was broken into at 4:29 a.m. Friday, October 25.

Theft—A computer and other items were stolen from a vehicle on Grand Avenue and Grotto Street between 6:15-7:40 p.m. Tuesday, October 15.

—A vehicle was stolen on Grand Avenue and Dale Street on October 26-27.

Summit-University

Robbery—A purse-snatching was reported at Selby and Western avenues at 7:30 p.m. Saturday, October 19.

Burglary—Occupied residences were broken into on the 800 block of Holly Avenue during the evening of October 15-16, and on the 800 block of Ashland Avenue at 4:47 a.m. Thursday, October 17.

—A residence was burglarized on the 800 block of Portland Avenue during the evening of October 24-25.

Theft—Two laptop computers were stolen from a vehicle on the 300 block of Selby Avenue between 6-8:50 p.m. Wednesday, October 16.

—A purse and laptop computer were reported stolen from a vehicle at Sweeney's Saloon, 96 N. Dale St., at 9:48 a.m. Thursday, October 17.

—A wheel was stolen from a vehicle on the 900 block of Ashland Avenue during the evening of October 17-18.

—A vehicle was stolen on the 500 block of Ashland Avenue on October 21-22.

—An Apple MacBook Pro, North Face jacket and other items were stolen from a vehicle on Dayton and Western avenues between 8:15-9:30 p.m. Friday, October 25.

West End

Robbery—A carjacking at gunpoint by two male suspects was reported at 5:11 p.m. Thursday, October 17, on the 300 block of View Street. The suspects fled from officers, and the vehicle was later recovered on the 2200 block of Benson Avenue.

Theft—Vehicles were reported stolen on the 300 block of Bay Street on October 15-16, the 1300 block of Pleasant Avenue on October 16 and the 200 block of West Seventh Street on October 25.

—A laptop computer was stolen from a vehicle at the Downtowner Woodfire Grill, 253 W. Seventh St., between 6-9:24 p.m. Tuesday, October 15.

—An electrical box was broken into and the wires inside were reported stolen from a light pole in the area of Montreal Circle and Montreal Avenue at 10:07 a.m. Thursday, October 17.

—A laptop computer was reported stolen from a vehicle on the 200 block of West Seventh Street at 8:30 p.m. Wednesday, October 23.

—A handgun was stolen from a vehicle in the Holiday Inn parking garage, 234 W. Kellogg Blvd., during the evening of October 26-27.

Sex crime—A rape was reported at 12:20 p.m. Saturday, October 12, on the 900 block of West Seventh Street.

Miscellaneous—A male who was found sleeping in the Holiday Inn parking garage, 234 W. Kellogg Blvd., and refused to leave was arrested for two felony warrants at 7:39 a.m. Friday, October 25.

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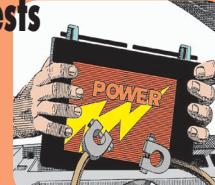
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The Kiosk

Wednesday/November 6

CELEBRATE THE OPENING of the new Vinyl Room from 6-8 p.m. at the Merriam Park Library, 1831 Marshall Ave. The owner of Hymie's Vintage Records will be there with a wealth of knowledge about the Twin Cities' record store scene and some rare albums for spinning. Bring a record of your own to add to the library's 800-plus collection. Or check out the library's 300-album "dig bin" and listening room. Call 651-642-0385.

"FROM NAZIS TO NEO-NAZIS," a program on Nazi sympathizers in 1930s America and neo-Nazism today, will be presented by Holocaust survivor Fred Amram and Ellen Kennedy of World Without Genocide from 7-9 p.m. in the Conservatory at Mitchell Hamline School of Law, 875 Summit Ave. Admission is \$10, \$5 for students and seniors. To register, visit worldwithoutgenocide.org.

Friday/November 8

TRAVEL BACK TO THE 1960s at the Once Upon a Time Gala at Landmark Center. The annual benefit for Landmark Center's programming will open at 5:30 p.m. with a cocktail reception, followed by an elegant dinner at 7 p.m. catered by the St. Paul Hotel. A live auction, fund-a-need and wall of wine and gifts will be featured along with live music from the '60s by the 12-piece Motown band Solomon Parham and Friends. Black tie is optional. Period costumes are encouraged. Tickets are \$150 and available at 651-292-3295 or landmarkcenter.org.

"INSANITY, DISABILITY and Mental Health," how state hospitals have met the needs of Minnesotans for over 150 years, will be addressed by Beth Zabel and Kylene Coyours of the St. Peter Treatment Center from 5:30-7:30 p.m. in the DuPuis House at the Sibley Historic Site, 1357 Highway 13 in Mendota. Admission is \$20, which includes a free beverage. Call 651-452-1596.

Saturday/November 9

FAIRMOUNT AVENUE United Methodist Church, 1523 Fairmount Ave., will serve its annual Harvest Dinner of roast beef, turkey, mashed potatoes and gravy and homemade pumpkin pie with seatings at 5:30 and 6:30 p.m. New this year is a roasted vegetables and chickpea dish (non-dairy, gluten-free and vegetarian) and made-from-scratch mac and cheese for children. Take-out is available. The cost is \$16, \$5 for children ages 5-11, free for children under 5. For reservations, call 651-699-1335.

Sunday/November 10

AN AEBLESKIVE BREAKFAST of Danish doughnuts and strawberry sauce will be served at 10 a.m. at St. Peder's Lutheran Church, 4600 E. 42nd St. in Minneapolis. All are welcome. The meal is free, though donations will be taken.

THE ST. PAUL HIKING CLUB will gather for a five-mile hike along the river roads on either side of the Mississippi beginning at 2:30 p.m. from the parking lot at Baker's Square, 2239 Ford Pkwy. New members are welcome. For more information, call Charlotte at 651-455-0052.



Mother nature's palette. The boulevard lay ankle deep in autumn splendor near the corner of Summit Avenue and Farrington Street on a brisk but bright Halloween afternoon. PHOTO BY BRAD STAUFFER

Monday/November 11

A SUICIDE SURVIVORS' CLUB workshop to help family members ages 18 and older deal with their loss will be held from 6:30-8:30 p.m. at the Family Means Center for Grief & Loss, 1129 Grand Ave. For information, call Cat or Hayley at NAMI Minnesota, 651-645-2948.

Tuesday/November 12

WEST SEVENTH/Fort Road Federation will host its inaugural fundraiser at 6 p.m. in the historic Rathskeller at 882 W. Seventh St. Free food and beverages and rathskeller tours will be featured along with a chance to comment on neighborhood issues and support the federation. Visit fortroadfederation.org.

THE WOMEN'S DRUM CENTER, 2242 University Ave., will offer a class in hand drumming for beginners from 5:30-6:30 p.m. The cost is \$10, and drums are provided. For more information, visit womensdrumcenter.org.

THE WORLD WAR II History Roundtable will present Allies and Adversaries author Mark Stoler discussing the difficulties of coalition warfare at 7 p.m. at the Minnesota History Center, 345 W. Kellogg Blvd. Admission is free and open to the public. Come at 6 p.m. and take part in an informal conversation with the author and local veterans. Visit mn-ww2roundtable.org.

THE FRIENDS OF COLDWATER will lead a walk under the full moon to Coldwater Springs this evening. The walk will begin at 7 p.m. at the park entrance just south of 54th Street and the Highway

55 frontage road in South Minneapolis. All are welcome. For more information, visit friendsofcoldwater.org.

LA LECHE LEAGUE of the Midway-Como area will hold its monthly meeting for pregnant and nursing mothers from 7-8:45 p.m. at Hamline Church United Methodist, 1514 Englewood Ave. Babies, toddlers and support persons are welcome. Breastfeeding, parenting and pregnancy will be discussed. Call Heidi at 651-659-9527.

Wednesday/November 13

"PATH TO A HEALTHY Body and Soul," a presentation on a simple cost-free way to attain healing through the teachings of the late Bruno Groening, will be offered at 7 p.m. in Room 102 of the Carondelet Center, 1890 Randolph Ave. Admission is free, though donations are appreciated. Call Kelly at 651-206-0276.

THE LONGFELLOW GARDEN CLUB will show and share this year's gardening challenges and successes in a meeting at 7 p.m. at Epworth United Methodist Church, 3207 37th Ave. S. in Minneapolis. Martha Duckert will also present a brief travelogue with photos of the Sukiya-style gardens in Kyoto, Japan. All are welcome. Visit tinyurl.com/LGCminnesota.

Thursday/November 14

FARE FOR ALL'S monthly distribution of fresh produce and frozen meat will take place from 4-6 p.m. at the Hallie Q. Brown Community Center, 270 N. Kent St. The food will be available in packages priced from \$10-\$25. Cash, credit and debit cards are accepted. Visit fareforall.org.

Saturday/November 16

A FREE WORKSHOP on mental illnesses, treatments, crisis management, suicide prevention and practical strategies for helping a loved one will be offered from 9 a.m.-3 p.m. at the National Alliance on Mental Illness, 1919 University Ave., Suite 400. The workshop is for the family and friends of one who is living with a mental illness. To register, call 651-645-2948.

Sunday/November 17

"THE STATE of the State Department and American Diplomacy" will be addressed at 1:30 p.m. in the final installment of the 2019 Great Decisions series at the Waters of Highland Park, 678 S. Snelling Ave. Free and open to all, the program will feature a 20-minute film followed by group discussion. Call 651-363-3040.

Monday/November 18

THE GARDEN CLUB of Ramsey County will discuss "Landscape Spaces and Planting Beds: Avoiding the Mistakes Even Professionals Make" from 7:25-8:25 p.m. at St. Luke Lutheran Church, 1807 Field Ave. University of Minnesota horticulturist Jim Calkins will speak. Admission is free and open to all. Visit ramseygardeners.org.

Tuesday/November 19

THE ST. PAUL HIKING CLUB will gather for a hike through the woods of Fort Snelling State Park. The three-mile jaunt will begin at 11:30 a.m. in the lower parking lot just east of Watergate Marina, 2595 Crosby Farm Road. New members are welcome. Call Charlotte at 651-455-0052.

Senior News

The Thompson Park Activity Center, 1200 Stassen Lane in West St. Paul, will offer the following programs in the coming weeks: a British history program on Dunkirk from 1:30-3:30 p.m. Tuesday, November 12 (\$8); music by Frank Sinatra-style singer Tim Patrick at 1 p.m. Wednesday, November 13 (\$7, includes dessert); a discussion on "Hook'Em Cows: Immigrants and Labor in the South St. Paul Stockyards" from 9:30-11 a.m. Monday, November 18 (\$12); a TED Talk on what humans will look like in 100 years from 1-2:30 p.m. Tuesday, November 19; making desserts for one person or two from 10:30 a.m.-12:30 p.m. Thursday, November 21 (\$24); and what people need to know about Brexit, the United Kingdom's proposed departure from the European Union, from 1-2:30 p.m. Monday, December 2 (\$8). Call 651-403-8300 to register.

Medicare changes for 2020 will be presented by the Thompson Park Activity Center and DARTS from 11:30 a.m.-1:30 p.m. Tuesday, November 12, at Augustana Lutheran Church, 1400 S. Robert St., West St. Paul. The cost is \$5 and includes a hot lunch. Call 651-403-8300 to register.

Eugénie de Rosier, 71, a longtime Macalester-Groveland resident who now lives on the West Side, won two gold medals in the 70-74 age bracket during the 2019 Minnesota Senior Games in St. Cloud in August. She won the 1,500-meter (0.93 mile) event in 12:40 and also took gold in the 5,000-meter (3.1 miles) with a time of 44:11.

Sholom's senior care facilities in St. Paul and St. Louis Park have been recognized as Five Star facilities for overall quality by the federal Centers for Medicare & Medicaid Services. The rating followed a regularly scheduled review of the facilities. Sholom is offering a free eight-session educational series during 2019-20 for adults with aging parents. For information, visit sholom.com or call Christine Kellogg at 952-939-1578.

The Twin Cities Senior Housing Guide, a comprehensive list of housing options for older adults in the 11-county metro area, is now available. The guide includes tips on where to start, how to declutter and downsize, and information on everything from condos and cooperatives to assisted living and memory care residences. There also is a section on resources

for people who want to stay in their present home, including information on reverse mortgages. The guides are available online at seniorhousingguide.us. Printed copies can be found locally at the BMO and Associated banks on Snelling Avenue, Burnet Realty's Highland Park office and the Highland Park Library. For information, call Bonnie Clark at 651-690-3141.

The Minneapolis Television Network, in partnership with other organizations, is offering training for qualified older adults to learn video production and media technology so they can help others produce their own shows. Visit mtn.org or call 612-331-8575 for more information.

A driver discount refresher class for those age 55 and older will be conducted from noon-4 p.m. Thursday, November 21, at the Thompson Park Activity Center, 1200 Stassen Lane in West St. Paul. The \$22 course is for those who have taken the full eight-hour class and qualify for a refresher every three years. Completion of the course can save people up to 10 percent on their auto insurance. For information, call 1-888-234-1294 or visit mnsafetycenter.org.

Volunteers

VFW Joe Smith Post 468 is seeking new members. Meetings are held at 6 p.m. every second Wednesday of the month at Seventh Street Social, 2176 W. Seventh St. The post raises funds to help other veterans in need. For information, contact Marc at 651-224-1592, Wanda at 651-434-3124 or joesmith468@outlook.com.

The Minnesota Department of Natural Resources is seeking volunteers to assist wildlife staff with a variety of office functions, such as assembling testing kits for the field biologists, sorting and scanning historical files, and assisting with mass mailings and the printing of publications. Most of the work is done in the DNR Central Office, 500 Lafayette Road,

St. Paul. Hours are between 9 a.m.-3 p.m. on weekdays. Contact Lindsey Peterson at Lindsey.peterson@state.mn.us or 651-259-5203.

The Union Gospel Mission is registering families in need to receive free groceries to prepare a Thanksgiving meal. In-person registration will continue from 9 a.m.-6:30 p.m. November 7 and from 10 a.m.-2 p.m. November 9 at its men's campus, 435 University Ave. Individuals need to bring photo identification and a piece of mail showing their current address. Each household will receive a bag of groceries that includes a turkey, vegetables, stuffing mix, potatoes, rice and dessert to feed a family of five. The groceries can be picked up at the same location on November 25-26.

School Notes

Cretin-Derham Hall senior William Burke was named Cadet Colonel, the highest rank in the school's JROTC program, during a Diamond Promotion ceremony on October 25. Fifteen other seniors were also promoted to diamond ranks to lead the corps this school year. CDH's JROTC program was founded in 1917 and is reportedly one of the oldest in the nation.

John Couchman, a Highland Park resident and 1969 graduate of the University of Dubuque, recently received the Alumnus of Distinction Award from his alma mater. Couchman earned a master's degree in social work at the University of Minnesota in 1971, followed by 17 years working in the mental

health field and the next 25 years in the field of philanthropy for a group of four foundations led by the St. Paul Foundation. He also led the creation of several foundation initiatives, including the Central Corridor Funders Collaborative, and helped secure the funds needed to build Prior Crossing for homeless youths on University and Prior avenues.

Upper Mississippi Academy, 19 E. Exchange St., will host an open house from 5-7 p.m. Thursday, November 7. Visitors will be able to tour the building, meet staff and sample refreshments made by the school's culinary students. The academy is a public charter school serving grades 6-12. Call 651-528-8091.

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On the Town

Objects of artisans

Photos capture four generations in a family of female craftspeople

BY ANNE MURPHY

A new exhibit by St. Paul photographer Linda Brooks in the Catherine G. Murphy Gallery at St. Catherine University features a collection of images of everyday items that embody the importance of the women in her family. Titled "lifecycles objects," the exhibit encourages viewers to contemplate the importance of their own mothers and grandmothers and speaks to the value of keeping those impressions alive.

"What I find most remarkable about Linda's work is the automatic, multisensory reaction I have to her images," said gallery director Nicole M. Watson. "When I look at her photos, I can almost smell my grandmother's house and feel the soft yarn of the mittens she used to knit for me. Though the objects Linda photographs are personal to her, they reference a time and generation that feels familiar."

Taken over the past four decades, the 57 photographs in the exhibit are of utilitarian items, garments and other possessions created and used by four generations of women in Brooks' family beginning with her grandparents, who immigrated from Russia in the early 1900s. They offer a vivid illustration of how her ancestors lived

"These women were inventive and serious makers who cared deeply about the quality of their craft. They represent a collective history of making shared by generations of Native, immigrant and (African American) women."

about the quality of their craft," she wrote in her artist's statement. "They represent a collective history of making shared by generations of Native, immigrant and (African American) women."

Brooks' interest in family objects dates to her childhood. "I remember playing with my grandmother's scarves and jewelry," she said. "In the late 1970s, when I first started to acquire things, I wanted my grandparents' objects because they were important to me in keeping hold of my family history."

Asked if she had any favorite items, Brooks said, "I love the hand-beaded buttons and the hand-knitted coats and purses made with silky, tactile linings, the color palette of yarns, the patterns, the details, the imagination. I also connect with the

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Photographer Linda Brooks models a coat that was handmade by an ancestor and included in her new exhibit at St. Catherine University. PHOTOS BY BRAD STAUFFER

collecting and storing of materials and tools used to make the objects. In particular, the reuse of bottles, buttons and zippers, and the saving and sorting of threads, beads, crystals and sequins. The objects reveal the thinking involved in the creative process and the artistic decisions that were made."

Describing her method for photographing each object, Brooks said, "the lighting and arranging of the objects needed to have a special quality, movement or energy. In some images, the maker left traces of the hand or there's a sense of the making, saving or wearing of the item." She hopes viewers will gain an appreciation for the handcrafted items' utility, quality and beauty and how they were made to last, "in contrast with our current culture where almost everything is disposable," she said.

"It's obvious Linda took much care with these portraits," Watson said. "The objects are pristine in their photographic presentation, inviting us to intimately inspect them. Coats are photographed inside out so we can see the handmade stitching. An afghan sits

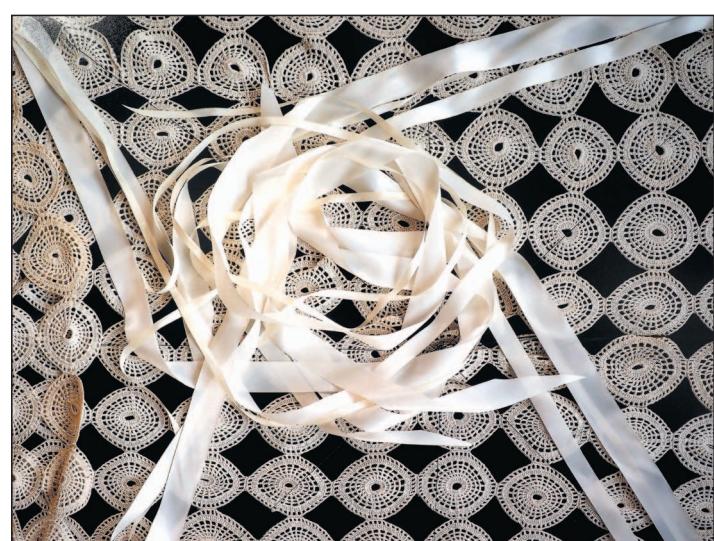
swirled rather than folded as if the wearer just got up from the couch."

"Linda is a visual archivist of her family's history," said fellow St. Paul photographer Linda Gammell. "In 'lifecycles objects,' she honors their lives through her exquisite care in making these images. This is especially poignant in a culture where minimalism and personal connections to the past seem to be losing meaning."

Brooks' photographs will remain on view through December 14. They are being presented in conjunction with a collection of portraits of the local Hmong-American community by St. Paul photographer Pao Houa Her.

Her will discuss her photography in the gallery at 7 p.m. Thursday, November 14. Brooks will discuss her connections with the women in her family and how she has come to appreciate them more as artists in a gallery talk at 7 p.m. Thursday, December 5.

Admission to the gallery and the lectures is free and open to the public. For more information, call 651-690-6644.



Linda Brooks' archival pigment print, "Sarah's Hand-Made Circles, Ana's Wedding Chuppah."

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On the Town Briefly

Theater

Journey's End, playwright R.C. Sherriff's classic drama of 1925 about the ravages of war, is playing through November 10 at Gremlin Theatre, 500 N. Vandalia St. Directed by Bain Boehlke, the play is set in the trenches of World War I among a company of British infantry as they await the outbreak of battle. Show times are 7:30 p.m. Wednesday through Saturday and 3 p.m. Sunday. Tickets are \$28 with discounts for seniors and anyone under age 30. Call 888-718-4253 or visit gremlintheatre.org.

A psychologist and single mother gets a visit from a new patient, God, and as He comes to terms with His feelings about humanity and how the world has evolved, she re-examines her long-lost faith in **O My God!** The drama by Israeli playwright Anat Gov is playing through November 17 on the Minnesota Jewish Theater Company's stage at the Highland Park Community Center, 1978 Ford Pkwy. Directed by Robert Dorfman, it stars James A. Williams as God, Laura Stearns as the psychologist and Sean Carroll as her autistic son. Show times are 7:30 p.m. Wednesdays and Thursdays, 8 p.m. Saturdays and 1 p.m. Sundays. Tickets are \$23-\$38. Call 651-647-4315 or visit mnjewishttheatre.org.

The Macalester College Theater and Dance Department will stage Richard O'Brien's **The Rocky Horror Show** at 7:30 p.m. Thursday, 7:30 p.m. and midnight on Friday, and 7:30 p.m. on Saturday, November 7-9, in the Janet Wallace Fine Arts Center on campus. Directed by Professor Harry Waters Jr., the musical is filled with elaborate dancing, wild singing and other surprises. Theater-goers are invited to come in costume. Tickets are \$10. Call 651-696-6359.

A classic mix of absurdist humor and traditional Broadway comedy, the 1965 Tony Award nominee **Luv** is being performed through November 17 in Weyerhaeuser Auditorium at Landmark Center. The Passport Stages production tells of two college buddies who run into each other three decades later on a bridge in New York City where one is contemplating suicide and the other the end of an unhappy marriage. The curtain rises at 7 p.m. Fridays and Saturdays and 2 p.m. Sundays. Tickets are \$22, \$18 for seniors and students. Call 612-438-6233.



Into the Darkness. Two dark and dreamy one-acts that explore the transformational power of love will be performed by Collective Unconscious from November 15-24 at the Shakespearean Youth Theatre, 550 N. Vandalia St., Suite 306. The plays are directed by David Hanzal with music by Daniel Bonespur. The first tells of a princess and her pursuit of a husband, though her radiant beauty blinds anyone who would look upon her. The second is about a young woman who travels east of the sun and west of the moon in hopes of rescuing her best friend. Anna Hashizume, Heather Stone and Leif Jurgensen star. The curtain rises at 7:30 p.m. Thursday through Saturday, 2 p.m. Sunday and 7:30 p.m. Monday. Tickets are \$15-30 with discounts for students. Visit intothedarkness.brownpapertickets.com.

Big city idealism runs up against small town realities in **In a Stand of Dying Trees**, opening Friday, November 8, at Off Leash Art Box, 4200 E. 54th St. in Minneapolis. The new play by Uprising Theatre Company tells of Ben and Amanda, who love their home town but find it threatened when Ben's old college buddy visits on a campaign to get people to vote "blue." Written by artistic director Shannon T.L. Kearns, the play is directed by Emily England. Show times are 7:30 p.m. Fridays and Mondays and 1:30 and 7:30 p.m. Saturdays through November 23. Tickets are \$20. Call 612-520-1230.

Beyond the Rainbow: Garland at Carnegie Hall, playwright William Randall Beard's musical tribute to Judy Garland featuring Ivey Award-winner Jody Briskey as the Minnesota-born singer and actress, will open on November 16 at the History Theatre, 30 E. 10th St. The drama is set in 1961, when Garland played Carnegie Hall to a packed house. It tells her story through her music. Show times are 7:30 p.m. Thursdays through Saturdays and 2 p.m. Sundays through December 26 with no show on Thanksgiving but a 1 p.m. matinee on Tuesday, November 26. Tickets are \$15-\$60. Call 651-292-4323.

Pride and Prejudice, a clever comedy adapted for the stage by Kate Hamill from the 19th-century novel by Jane Austen, will open on November 22 on the proscenium stage at Park Square Theatre, 20 W. Seventh Place. Directed by Lisa Channer, the play offers a decidedly progressive take on Austen, whom many consider to be an early feminist. Sara Richardson, China Brickey, Kiara Jackson, Paul Rutledge, McKenna Kelly-Eiding and Neal Beckman star. Following previews from November 15-21, 19 performances are scheduled through December 22. For show times and tickets, call 651-291-7005.

Books

Next Chapter Booksellers, 38 S. Snelling Ave., will play host to free readings with authors Jack El-Hai and his book, **The Lost Brothers: A Family's Decades-Long Search**, on November 6; Ben Orlin and his book, **Change Is the Only Constant**, an exploration of the intersection between calculus and daily life, November 12; and Jeanne Lutz, Lia Rivamonte, Isadora Gruye, Sharon Chmielarz and Isela Xitlali Gómez in a Cracked Walnut Bridges Reading, 6:30 p.m.

November 14. The readings are free and begin at 7 p.m. unless otherwise indicated. Call 651-225-8989.

SubText Books, 6 W. Fifth St., will play host to free readings with authors Martha Bordwell and her memoir, **Missing Mothers**, November 6; Shannon Gibney and Kao Kalia Yang and the anthology, **What God Is Honored Here?**, November 7; David Hamilton and his essay collection, **A Certain Arc**, November 12; Allen Eskens and his mystery, **Nothing More Dangerous**, November 13; and Laurie Allmann and her poetry collection, **An Hour From Now**, November 20. The programs begin at 7 p.m. at SubText. Call 651-493-2791.

Resistance and Resilience, a new collection of essays, memoirs, poems and imagery from St. Paul Almanac, will be featured in a series of readings by contributing writers. The schedule includes Ellen Fee, Frank M. White, Erica Wallace and Lucas Scheekl at 6 p.m. Tuesday November 12, at Tillie's Farmhouse, 232 N. Cleveland Ave.

Local poets Donna Isaac and Margaret Hasse will read from their latest verse in a free program at 7 p.m. Wednesday, November 20, at Tillie's Farmhouse, 232 N. Cleveland Ave.

Exhibits

"History Is Not Here," paintings, drawings, photography, sculpture, book art, installation and video by 17 artists who reject history as a fixed category and look to alternative imagery to examine social, cultural and political issues, is on view through January 5 in the Main Gallery of the Minnesota Museum of American Art, 350 N. Robert St. The exhibit is presented in collaboration with the local Arab cultural organization Mizna. Admission is free. Call 651-204-0700.

Experience nature's most toxic flora at the Bell Museum of Natural History, 2088 Larpenteur Ave. "Wicked Plants" introduces more than 100 species with interactive displays for a comprehensive overview of an obscure corner of the natural world. Produced by the North Carolina Arboretum, the exhibit will remain on view through January 5. Visit bellmuseum.umn.edu.

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clothing and accessories to home decor and gifts, is being displayed for show and sale through December 24 at the Minnesota Textile Center's Holiday Gallery Shop, 3000 University Ave. SE. in Minneapolis. Books, art supplies, fiber craft kits and other textile products may also be found in the shop. Artist trunk shows and demonstrations and hands-on activities will be offered at Meet the Maker Fests from 11 a.m.-4 p.m. every Saturday. The schedule includes a Dye & Print Fest on November 9; Weave Fest on November 16; Stitch Fest, November 23; Upcycle Fest, Friday, November 29; Needle Felting Fest, November 30; and Eco Fest, December 14. For shop hours, call 612-436-0464 or visit textilecentermn.org.

Raymond Avenue Gallery, 761 Raymond Ave., will present its sixth annual Yunomi Invitational from November 8 through December 20. Thirty-eight ceramicists will display their take on the traditional Japanese handleless teacups. An opening reception will be held from 6-8 p.m. Friday, November 8. For gallery hours, call 651-644-9200.

"Do the Dow." Eighteen artists will open their studios on November 8 and 9 for this annual show and sale of original art. The art crawl will run from 5-10 p.m. Friday and noon-8 p.m. Saturday in the Dow Building, 2242 University Ave. The Dow Gallery will also be open with the works of 40 other artists. Call 651-644-6300 or visit thedowbuilding.com.

"Caravan," 13 pieces by 31 international artists working collaboratively to address the humanitarian and political issues of immigration and the refugee crisis as a whole, will open with a public reception from 5-8 p.m. Thursday, November 21, in the galleries of the Art Center at Concordia University, 1301 Marshall Ave. Free and open to the public, the exhibit will remain on view from 10 a.m.-4 p.m. Monday through Friday through December 13 or by appointment (email hunder@csp.edu).

Family

Red Balloon Bookshop, 891 Grand Ave., will play host to the following free programs: Kiersten White discussing her young adult novel, *The Guinevere Deception*, 6:30 p.m. November 7; Debbie Reese discussing her book, *An Indigenous Peoples' History of the United States for Young People* (ages 12 and up), 6:30 p.m. November 8; and Hena Khan reading from middle-grade novel, *More to the Story*, 6:30 p.m. November 12. Call 651-224-8320.

Highland Park Library, 1974 Ford Pkwy., will offer the following free programs: Baby Storytime at 10:15 and 11:15 a.m. Wednesdays; Nature Smart, a trading post in natural science, 4 p.m. Wednesdays; Createch, high-tech fun for teens, 3:30 p.m. Thursdays; Yarn Night, fiber therapy for all ages and abilities, 6:15 p.m. November 7; Children's Storytime, 11 a.m. Saturdays and 10:30 a.m. Mondays; Amharic storytime, 6 p.m. Tuesdays; Kid-Create Studio, a children's introduction to new concepts and materials in art, 11 a.m. November 18; and Read Brave Storytime with St. Paul Mayor Melvin Carter, 10 a.m. November 20. Call 651-695-3700.

Merriam Park Library, 1831 Marshall Ave., will offer the following free programs: board game competition for all comers, 2-4:30 p.m. Wednesdays; Family Storytime, 10:30 a.m. Fridays; and You Can Make It STEM crafts and activities, 3-4:30 p.m. Mondays. Call 651-642-0385.

"Night Trains" has returned from 6-9 p.m. Saturdays, now through February, at the Twin City Model Railroad Museum, 668 Transfer Road, Suite 8. This holiday tradition turns the museum into a winter wonderland with the miniature villages buried in snow and the shops, streets and vintage passenger

trains aglow in Christmas lights and decorations. Santa will appear at the museum on December 14 and 21. Admission is \$15, free for children age 4 and under. Visit tcmrm.org or call 651-647-9628.

The Minnesota Veterans Home, 5101 Minnehaha Ave. S. in Minneapolis, will host an Intergenerational Story and Play Hour for children of all ages beginning at 10:30 a.m. Tuesday, November 19, in the Community Room of Building 19. Resident veterans will read books and lead children in song during the first half hour. Play and crafts with a recreational therapist will follow. All are welcome. Call 612-548-5751.

Music

The lives and music of Russian composers Mussorgsky, Borodin and Rimsky-Korsakov are explored in a four-week lecture series that continues from 10 a.m.-noon on Wednesdays, November 6 and 13, at House of Hope Presbyterian Church, 797 Summit Ave. Sponsored by the Friends of the St. Paul Chamber Orchestra, the classes are taught by Dr. Daniel Freeman. The cost is \$35 each. Visit friendsofthespco.org.

The Gewandhaus Woodwind Quintet of Leipzig will celebrate the 30th anniversary of the fall of the Berlin Wall in concert at 7 p.m. Friday, November 8, at St. Paul's United Church of Christ, 900 Summit Ave. Compositions by Bach, Mozart and others will be performed in the hour-long show, which will open with remarks by Wolfgang Mössinger, consul general for the Federal Republic of Germany in Chicago. A wine and cheese reception will follow. Admission is free, but reservations are requested at gai-mn.org.

Studio Z, 275 E. Fourth St., Suite 200, will play host to percussionists Allen Otte and John Lane in concerts at 7:30 p.m. Friday and 2 p.m. Sunday, November 8 and 10 (tickets are \$15, \$10 for students); a New Ruckus Composers Night with new music by Sarah Larsson, Ryan Johnston and Alex Conwell, 7 p.m. Wednesday, November 13 (free); trombonist Riley Leitch and clarinetist Alex Hecker performing works by Alvin Lucier, Noah Jenkins and others, 7 p.m. Friday, November 15 (\$10); the Zacc Harris Group in a jazz concert, 7 p.m. Saturday, November 16 (\$12 and \$15); and pianist Richard Tostenson performing the music of Liszt, Mozart, Schoenberg, Muhly, Debussy and Messiaen, 3 p.m. Sunday, November 17 (\$25, \$15 for ages 18 and under). Call 651-755-1600 or visit studiozstpaul.com.

"A Bagpipe Hallelujah," the world premiere of Handel's Hallelujah Chorus for bagpipe trio, choir and chamber orchestra, will be performed as part of the Macalester College Pipe Band's fall concert at 7 p.m. Saturday, November 9, in the Concert Hall of the Fine Arts Center at Mac. Admission is by donation with \$5 suggested.

A Holocaust Memorial Oratorio written by the late Stephen Paulus and librettist Michael Dennis Browne will be performed by the University of Minnesota Singers, Chamber Singers, Women's and Men's Choruses and Symphony Orchestra at 7:30 p.m. Saturday, November 9, at Ted Mann Concert Hall, 2128 Fourth St. S. in Minneapolis. The oratorio was commissioned by the Basilica of St. Mary as a gift to the Twin Cities Jewish community. Joining the university musicians will be cantor Barry Abelson of Temple Israel and singers from Project Opera and the Ragazzi and Giovanni ensembles. The oratorio will be accompanied by photographs from Roman Vishniac's "Children of a Vanished World" collection, portraying Jewish life in Eastern Europe before the Holocaust. Tickets are \$20, \$5 for children age 12 and under. Call 612-624-2345.

Pianist Michael Brown, winner of the 2018 Emerging Artist Award from Lincoln Center,



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will perform his own compositions and those of Haydn, Mendelssohn, Chopin, Bartok, Ravel and Liszt in a Chopin Society recital at 3 p.m. Sunday, November 10, in the Concert Hall of the Fine Arts Center at Macalester College. Tickets are \$35, \$15 for full-time students. Call 612-822-0123.

Arlo Guthrie will mark the 50th anniversary of the movie Alice's Restaurant, based on his song by the same name, in concert at 7 p.m. Sunday, November 10, in the O'Shaughnessy at St. Catherine University. Joining him on stage will be longtime collaborators Terry "a la Berry" Hall on drums, Steve Ide on guitar and Carol Ide on percussion. His daughter, singer-songwriter Sarah Lee Guthrie, will open the show. Tickets are \$45-\$75. Call 651-690-6700.

Support community radio. KFAI 90.3 FM is hosting a musical fundraiser to help it keep the lights on. The Von Tramps, Natalie Fideler, Weather Check and The Smokes will perform at 9 p.m. Friday, November 15, at the Seward Cafe, 2129 E. Franklin Ave., Minneapolis. Admission is \$5-10.

Band Together, live music, storytelling and political activism to benefit Climate Generation: A Will Steger Legacy, will be held from 7-9:30 p.m. Saturday, November 16, in the O'Shaughnessy at St. Catherine University. Sharing their personal climate stories and music will be Astralblak, Strong Buffalo, Chastity Brown, Chris Koza, Lazerbeak, Eric Mayson, Jeremy Messersmith, Lucy Michelle, Ben Weaver, Aby Wolf and Xiuhtezcatl. Tickets are \$55 and \$125. Visit oshag.stkate.edu or call 651-690-6700.

Korean-born classical guitarist Bokyung Byun will make her Minnesota debut in a Minnesota Guitar Society concert at 7:30 p.m. Saturday, November 16, in Sundin Music Hall, 1531 Hewitt Ave. Her diverse program will include works by C.P.E. Bach, Mario Castelnuovo-Tedesco, William Wal-

ton, Manuel Maria Ponce, Roberto Gerhard, Roberto Sierra and others. Tickets are \$10-\$25. Visit mnguitar.org.

Sephardic and Spanish romances of the 15th and 16th centuries will be performed by the international ensemble Me La Amargates Tú in concert at 4 p.m. Sunday, November 17, at Mount Olive Lutheran Church, 3045 Chicago Ave. S. in Minneapolis. Admission is free, though donations will be accepted. A reception will follow in the church's Chapel Lounge. Call 612-827-5919.

Soprano Maria Jette will join Artaria String Quartet in a performance of Twin Cities composer David Evan Thomas' "To Live in This World: Three Poems of Mary Oliver" on November 17 and 18. The concerts will also feature Mozart's Quartet in D Major and Brahms' Quartet in A Minor. The music begins at 3 p.m. Sunday in Sundin Music Hall, 1531 Hewitt Ave., and at 7:30 p.m. Monday in Antonello Hall at the MacPhail Center for Music, 501 Second St. S. in Minneapolis. Tickets are \$20, \$15 for seniors, free for students. Visit artariaquartet.com.

Highland Park pianist Larry McDonough and his quartet with guest flutist Carol Bergquist will perform the classic jazz fusion of Chick Corea and Return to Forever in concert from 7-9 p.m. Sunday, November 17, at Black Dog Cafe, 308 E. Prince St. The second set will feature jazz fusion off the Larry McDonough Quartet's



More than OK. The OK Factor, the classical crossover duo of cellist Olivia Diercks and violinist Karla Colahan, will perform their genre-bending compositions at 8 p.m. Friday, November 15, in Weyerhaeuser Auditorium at Landmark Center. Opening the concert will be bluesy singer-songwriter Kashimana. A cocktail hour with cash bar precedes the show at 7 p.m. Tickets are \$25, \$20 in advance at landmarkcenter.org.

two-CD set "Alice in Stonehenge and other AcoustElectric Adventures." Tickets are by donation with \$10 suggested. For reservations, call 651-228-9274.

Mozart's soaring Requiem will serve as the centerpiece of the St. Catherine University Choral Society's concert "Tuba

Mirum!" at 3 p.m. Sunday, November 17, at Holy Spirit Catholic Church, 515 S. Albert St. The Choral Society will be joined by a professional orchestra and soloists Kristie Tigges, Christina Christensen, John deCausmeaker and Mark Billy in a program that also includes "Blow Ye the Trumpet" by Kirke Mechem and "God is Gone Up With a Merry Noise" by James McCray. Admission is \$15, \$10 for seniors and students.

Dance

Traditional Samoan dancing with modern influences will be performed by the New Zealand troupe Black Grace at 7:30 p.m. Thursday, November 7, on the Carlson Family Stage at Northrop Auditorium. Black Grace founder and choreographer Neil Jeremia has fused his New Zealand upbringing with his Samoan heritage for a hybrid of old and new dance styles. Faataupati, or Samoan slap dancing, an indigenous dance that evolved from the movements of slapping mosquitoes, is a recurring theme. Tickets are \$21-\$50. Call 612-624-2345 or visit northrop.umn.edu.

Film

Superpower Dogs, a documentary about six working dogs that brave earthquakes and avalanches, protect endangered species and transform the lives of people with special needs, is now being screened in the Science Museum of Minnesota's newly upgraded digital Omnitheater, 120 W. Kellogg Blvd. Viewers will be transported around the world to witness the heroism of dogs, the bond they share with humans, and the science behind their "superpowers." Admission is \$9.95, \$8.95 for children ages 4-12, and concessions will be available. Call 651-221-9444 or visit smm.org.

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Sports



The Wright Call

By Dave Wright

O'Brien has hung in there thru a lot

The 1990s-era movie *Rudy* told the story about a so-so student-athlete at the University of Notre Dame who finally got into a football game near the end of the season. There was nothing wrong with Rudy. He was a nice fellow who simply was a player on a team with a lot of more talented players.

But if Rudy's story was good enough for a movie, Casey O'Brien's story might be worthy of an Oscar.

Think about being 14 years old and being told you have bone cancer in your leg. Think about the next six years of your life being in and out of hospitals for chemotherapy treatments. You have 14 surgeries in all, including three on your lungs. You need a metal rod in your knee just to be able to walk. Your friends want to support you, but the truth is they don't know what to say most of the time except, "Hang in there."

And you do hang in there. Your health improves and your life goes on. You've always liked football—your dad coached it for years—but playing it with those kinds of health issues seems unrealistic at best.

Then comes college. No promises are made, but the coach tells you that if you want, he might—just might—find a way to get you into a game.

All this happened to Casey O'Brien, first during his high school days at Cretin-Derham Hall where he started out playing quarterback as a freshman, and now as a sophomore at the University of Minnesota.

A couple of weeks ago, O'Brien was standing on the sidelines while the Gophers were playing at Rutgers. The Gophers, having their best season in years, were pummeling the Scarlet Knights. Suddenly, coach P.J. Fleck turned to O'Brien and waved him into the game. His task seemed mundane—to be the holder for an extra-point attempt—but there was nothing mundane about it. O'Brien took the snap, held the ball as he had practiced, and the kick sailed through the goalposts. Before the game was over, he did it two more times.

"It meant the world to me," O'Brien said after the game. "There have been so many ups and downs—nights in the hospitals and surgeries and everything like that—that have gone into this moment. This is what I dreamed about, and tonight it got to come true."

The Big Ten thought so much of it that the conference named O'Brien its Special Teams Player of the Week. His dad, Dan, is now the head football coach and athletic director at St. Thomas Academy. As was the case last year, Dan has one of the best teams in the state. The Cadets, who took second at

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PRESCHOOL — 8TH GRADE

Making a statement—Central takes third for second year in state boys' soccer

BY BILL WAGNER

Central High School won its first and third games in the Class AA state boys' soccer tournament last month—4-1 over Eastview in the opener and 1-0 over Minneapolis Washburn in the third-place game. In between was a crushing loss in a shootout to East Ridge in a game that featured 100 minutes of scoreless soccer before it was decided.

The Minutemen, who finished the season 20-2, had entered state on an 18-game winning streak. It was the second straight and third overall appearance at state for Central, which also finished third last year.

Though it was disappointing to fall short of a state title, coach David Albornoz said the Minutemen succeeded in bringing some long overdue respect to inner-city soccer in Minnesota. Central also appears to be in good shape to continue its string of success in the future.

"I've always said that I don't coach a team, I coach a program," Albornoz said. "This is what I've been working to build. I'm just super-proud of our kids. There's no shame in losing the way we did."

Albornoz was gracious to the fourth-ranked Washburn team that his squad beat. The third-place game, he noted, was one of the first times that two Twin Cities inner-city teams had faced each other in the state tournament.

"It was a great game, back and forth," he said. "Washburn is a super team. I have such respect for them."

The third-place game was decided with just two minutes to play in regulation on a goal by Central junior Assem Elsayad. Until then, it was anybody's contest to win.

Central senior goalie Owen Brooks made some great stops, as he had done throughout the season. The Minutemen were outshot 16-6 by Washburn, the



Central senior Maktar Yarrow gets a leg up on Minneapolis Washburn senior William Collins during the Minutemen's 1-0 win to take third place in the Class AA state boys' soccer tournament on October 31. PHOTO BY BRAD STAUFFER

first time Central didn't lead in that category all season.

The opening game of state was big for unranked Central as it bounced second-seeded Eastview. There was added incentive in that game for the Minutemen, Albornoz said, since they felt they should have been seeded higher.

"As an inner-city program, we were disrespected," he said after the game. "We used it to fuel the kids and made a pretty strong statement."

Central got off to a quick start against Eastview. Senior Riaz Kelly scored on a header off a corner kick with barely five minutes elapsed in the game. Senior Maktar Yarrow then made it 2-0 with 27:36 left in the half.

The Lightning cut the deficit to 2-1 by scoring seven minutes later. Then the Minutemen made it 3-1 on another score by Kelly on a redirected pass from

a corner kick. The final score came from Central senior Max Hand, who connected on a breakaway.

Once again, a big save by Brooks was key. With Eastview starting to put pressure on early in the second half, he made a great lunging save on a shot that would have tied the score. Right after that, the Minutemen pushed the ball the other direction and scored their third goal.

The game against third-seeded East Ridge was a heartbreaker. The teams were tied 4-4 in the shootout after each had gone through five shooters. East Ridge scored the next time up and then the Raptors' goalie dove to stop Central's shooter for the win.

Albornoz was already looking forward to next season. "We're losing some good seniors," he said, "but we should have enough guys back to have another good season."



Wolfpack, Cadets head back to state football tournament

BY BILL WAGNER

The SMB Wolfpack, which is composed of players from St. Paul Academy, MInnehaha Academy and Blake, rode four touchdown passes from senior quarterback Jalen Suggs to overcome top-seeded Benilde-St. Margaret's 36-30 in the Section 5AAAA title game on November 1.

Suggs sealed the win on defense by intercepting a pass late in the fourth quarter. It was the 23rd straight victory for SMB, which won last year's title in its first-ever trip to state.

The Wolfpack (10-0) will face Chisago Lakes (5-6) in the first round of this year's state tournament at 1 p.m. Saturday, November 9, at Centennial High School. The semi-finals and final will be played on November 14-15 and 29 at U.S. Bank Stadium.

In the section final, SMB scored in the first quarter on an 11-yard run by sophomore Sanjay Redd and a 47-yard scoring strike from Suggs to senior Terry Lockett. Benilde controlled most of the play thereafter until the fourth quarter. That's when Suggs fired touchdown passes of 18 and 17 yards to Lockett to rally from behind.

Suggs' other touchdown pass was to senior Kaden Johnson from 15 yards out in the third quarter. Johnson also scored on a two-point conversion pass from Suggs, and senior Theo Crosby kicked four extra points.

For SMB coach Chris Goodwin, the game was only somewhat of a departure from what he expected. "I thought it would be a lower-scoring game, but it was back-and-forth throughout," he said. "We got those two quick scores and all of a sudden—boom—it's all tied up. The longer the game went on, the more it looked like it would come down to whoever had the ball last."

"(Benilde) had a great running game," he continued. "That was by far the most yards we've given up."

Goodwin marveled at a play Suggs made in the final two minutes of the game, when the

Wolfpack drove down the field with no timeouts to post the winning score.

"He had a 61-yard scramble play," Goodwin said. "He saw the opportunity and he took it. It was a big-time play made by a big-time player."

According to Goodwin, Chisago Lakes is an option team that sometimes presents unique defensive challenges. "They're AAAA, but they play mostly AAAAA schools," Goodwin said. "This is a trap game for sure."

STA tops Apple Valley

Top-seeded St. Thomas Academy defeated Apple Valley 28-7 on November 1 in the Section 3AAAAA championship game. The Cadets (9-1) will face Owatonna (10-0) in the first round of state at noon Saturday, November 9, at Woodbury High School. The semi-finals and final will be played on November 15-16 and 30 at U.S. Bank Stadium.

The opening round of state represents an opportunity for some revenge for STA, which lost to Owatonna 14-3 in the championship game in the 2018 state tourney.

STA coach Dan O'Brien was happy with his team's convincing pasting of Apple Valley and knows his squad will need a stout effort against Owatonna, which is currently on a 29-game winning streak.

"They're probably a little more balanced this year," said O'Brien about the Huskies. "They throw the ball a bit more this year. There's a reason why they're going in (to state) as the favorite. We have to come ready to play and give it everything we've got."

Although the Cadets enjoyed a three-touchdown margin of victory against Apple Valley, O'Brien was quick to point out that appearances can be deceiving. "I didn't think the final score was indicative of what kind of game it was," he said.

The Cadets were actually back on their heels after the Eagles rang up a 63-yard running play and conversion kick to lead 7-0 after the first quarter. "They got us on that one,"



SMB quarterback Jalen Suggs eludes a sack while looking for an open receiver in the second half of the Wolfpack's 36-30 win over Benilde-St. Margaret's for the Section 5AAAA title on November 1. PHOTO BY BRAD STAUFFER

O'Brien said, "but we were able to bounce back after that."

Owatonna only threatened offensively one other time, when it had a first-and-goal from the STA 8-yard line. But the Cadets stopped three runs and a pass by the Eagles to take over on downs. "That was a good goal-line stand for us," O'Brien said.

The STA coach had all kinds of praise for his defensive players and their clutch performance. O'Brien pointed to senior safety Stephen Betts, who led the team in tackles; junior defensive lineman Garrison Solliday, who he said "has been disruptive" all year; and senior linebacker Ben Reppenhagen, who is so consistent that he could be handed the game ball after every contest.

Offensively, it was largely the Dan McFadden Show for the Cadets. The junior running back logged more than 200 yards and scored

three touchdowns. He hit pay dirt with runs from 4, 40 and 94 yards out. The latter was a thing of beauty as he showed he wanted it more than the Eagles did.

The fourth and final Cadet touchdown came late in the third quarter when freshman running back Love Adebayo pushed it in from 7 yards out. Senior Gabe Sirek kicked all the extra points for STA in the game.

O'Brien also liked the way the Cadets responded on the offensive line. They were shorthanded there because senior starters Tommy Brandt and Sully Bluhm were both injured and out for the season.

However, their replacements met the challenge and then some. "The entire offensive line played well," O'Brien said. "It was the next guy up for us, but we were confident about our depth."

Sports Shorts

Henry Sibley High School seniors Jaelyn Orth and Madeline Smith competed in doubles during the Class AA state girls' tennis tournament on October 24 at the University of Minnesota. They were eliminated in matches against teams from Buffalo and Mounds View.

The Minnesota High School All-Star Prospects Game will be played at 3:30 p.m. Saturday, November 9, at TRIA Rink, 400 N. Wabasha St. The second annual event is designed to give the best high school hockey players in the state a chance to show their skills in front of scouts from all levels. Local play-

ers will include Matthew Gleason of Cretin-Derham Hall and Jackson Hallum of St. Thomas Academy. Admission is \$10 for adults and free for those age 18 and younger. For more information, visit stateofhockey.com.

Cretin-Derham Hall senior forward Paige Peltier has been named Ms. Soccer Minnesota for 2019 in Class AA. The University of Notre Dame commit had 41 goals and 13 assists while leading the Raiders to the state Class AA girls' soccer tournament, where they lost 1-0 on October 22 in the first round to third-seeded Rosemount.

Co-Motion Center for Movement, 655 N. Fairview Ave., is offering a chance to try mini-sessions in CrossFit, dance, yoga, drumming, boxing and exercise during an open house from 4-10 p.m. Friday, November 8. Visit comotioncenter.org.

The Cinch World's Toughest Rodeo will return to Xcel Energy Center with shows at 7:30 p.m. Friday and Saturday, January 24-25. The rodeo will feature bareback riding, saddle bronc riding, bull riding, women's barrel racing and more. Tickets start at \$20 for adults and are half price for kids age 12 and younger. Visit ticketmaster.com.

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state a year ago, played Apple Valley last Friday for the section championship.

Dan has a lot on his plate these days. "This might sound odd, but I know I have a lot fewer bad days because of what I watched Casey go through," he said recently.

The game at Rutgers was obviously a high point in Casey O'Brien's recovery. Dan was asked about the low point. "He went in for a two-year checkup," he recalled. "They told us the cancer had come back and was in his lungs. He had to go back for chemo. Seeing him laying on that table with ports in him was a picture I'll never forget."

O'Brien's battle with cancer will never be truly over. Any of us who've ever had a relative or friend who has battled cancer knows that. Even if it gets knocked out of your system, it's always in the back of your head somewhere. With each little hurt—whether it's stubbing your toe, hitting your funny bone or just waking up with a stiff neck—the mind wanders and a tiny bit of apprehension seeps in.

But O'Brien will always have those moments at Rutgers to reflect on. That can never be taken away from him and can serve as an inspiration to the next Casey O'Brien who's

wondering what may happen.

"We have not journeyed all this way...because we are made of sugar candy," Winston Churchill once said during the depths of World War II.

The same could be said of Casey O'Brien.

A whale of a World Series

Around these parts, the 1991 Minnesota Twins' World Series win is still remembered fondly. They and the team they conquered, the Atlanta Braves, had been in last place in their respective divisions the year before. It turned out to be a terrific series with dramatic game endings in both cities, including the riveting final two games played at the Metrodome.

There have been some entertaining World Series since then, but the one that concluded last week might have been the most intriguing series played since the Twins beat the Braves.

In one way, it was the reverse of that 1991 series. For the first time in the history of any sport that plays a best of seven series for the championship, the road team won every game. However, there weren't the dramatic finishes the Twins and

Braves were part of.

Even so, the most recent series had something special. It had Houston, the best team in baseball with 107 regular-season wins, going against Washington, which was dead last in its division at one point during the regular season with a 10-21 record. It had a team that won the World Series two years ago against a team that hadn't won a World Series in 95 years. One of the Nationals' best pitchers had to bow out of an assignment hours before Game 5 due to injury, only to come back a couple of days later and pitch solidly in the deciding game.

It had a controversial play that ended with the ejection of the Washington manager—the first such action taken in 23 years.

In a year where home runs flew out of ballparks at a record pace, the most recent World Series was decided the way most of them are—with good, old-fashioned starting pitching.

With so much going on in sports these days, the World Series has, at times, become just another run-of-the-mill sporting event. However, this one reminded us how special baseball can be.

Dave Wright can be contacted at dwright53@msn.com.

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LEGAL NOTICES

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The filing of an assumed name does not provide a user with exclusive rights to that name. The filing is required for consumer protection in order to enable consumers to be able to identify the true owner of a business. ASSUMED NAME: Betty & Earl's Biscuit Kitchen. PRINCIPAL PLACE OF BUSINESS: 3427 Pierce Street NE Minneapolis MN 55418 USA. NAMEHOLDER(S): Betty & Earl's Biscuit Kitchen, LLC 3427 Pierce Street NE Minneapolis MN 55418. I, the undersigned, certify that I am signing this document as the person whose signature is required, or as agent of the person(s) whose signature would be required who has authorized me to sign this document on his/her behalf, or in both capacities. I further certify that I have completed all required fields, and that the information in this document is true and correct and in compliance with the applicable chapter of Minnesota Statutes. I understand that by signing this document I am subject to the penalties of perjury as set forth in Section 609.48 as if I had signed this document under oath. Date filed: October 8, 2019. Signed by: Chris E. Royal

NOTICE AND ORDER FOR HEARING ON PETITION FOR DESCENT OF PROPERTY. STATE OF MINNESOTA, COUNTY OF RAMSEY, DISTRICT COURT, PROBATE DIVISION, SECOND JUDICIAL DISTRICT. Court File No. 62-PR-19-225. Estate of Thomas Hallis Vellieux, Decedent. A Petition for Determination of Descent has been filed with this Court. The Petition represents that the Decedent died more than three years ago, leaving property in Minnesota and requests

the probate of Decedents last will, if any, and the descent of such property be determined and assigned by this Court to the persons entitled to the property. Any objections to the Petition must be filed with the Court prior to or raised at the hearing. If proper, and no objections are filed or raised, the Petition may be granted. IT IS ORDERED and Notice is further given, that the Petition will be heard on November 12, 2019, at 10:00 a.m., by this Court on Room 1670, 15 West Kellogg Boulevard, St. Paul, Minnesota. 1. Notice shall be given to all interested persons (Minn. Stat § 524.1-401) and persons who have filed a demand for notice pursuant to Minnesota Statutes section 524.3-204. 2. Notice shall be given by publishing this Notice and Order as provided by law and by: Mailing a copy of this Notice and Order at least 14 days prior to the hearing date. Dated: September 24, 2019. /s/ Kimberly Smith, Deputy Court Administrator. Petitioner: Name: Christine Ann Toupal. Street: 311 2nd Street NW, City, State, Zip: Renville, MN 56284.

OFFICE OF THE MINNESOTA SECRETARY OF STATE, CERTIFICATE OF EXISTENCE AND REGISTRATION I. Steve Simon, Secretary of State of Minnesota, do certify that: The entity listed below was filed under the chapter of Minnesota Statutes listed below with the Office of the Secretary of State on the date listed below and that this entity or filing is registered at the time this certificate has been issued. Name: Cascade Therapy Group, LLC. Date Filed: 05/20/2019. File Number: 1085703000023. Minnesota Statutes, Chapter: 333 Home Jurisdiction: Minnesota. This certificate has been issued on: 10/21/2019.

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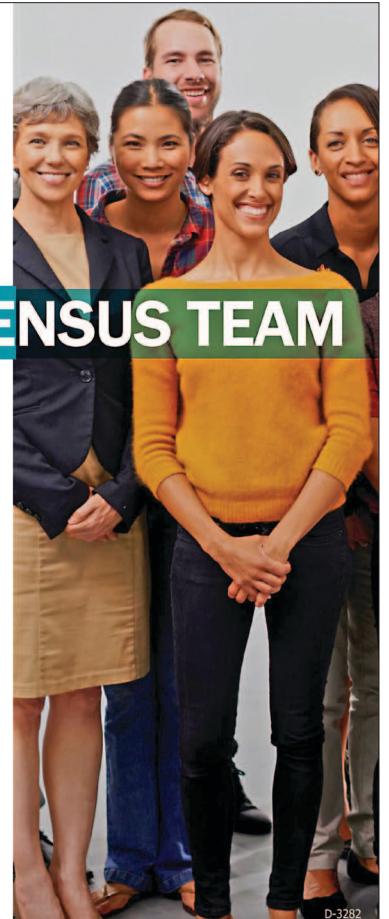
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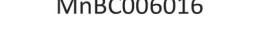
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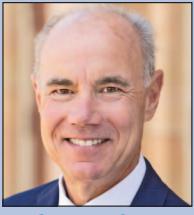
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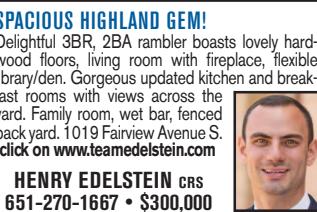
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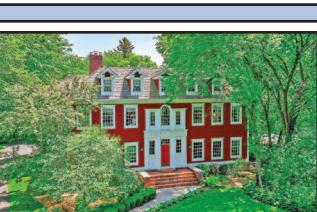
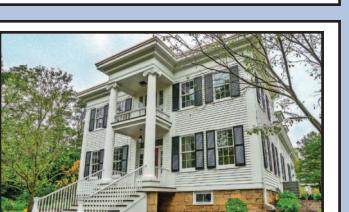
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