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# VILLAGER

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## Ayd Mill faithful anxiously await release of environmental study

by Jane McClure

Coming soon to a St. Paul Public Library near you: the 3-inch thick draft of the environmental impact statement (EIS) for Ayd Mill Road. The St. Paul Planning Commission is expected to approve the release of the study when it meets on January 8 at City Hall. The commission will be acting on the recommendation of its Neighborhood Planning Committee, which unanimously approved the release of the EIS on December 22.

After the Planning Commission vote, the

document will go to Mayor Norm Coleman and the City Council. The council vote to release the EIS could come as early as January 20. The document will then be available for public review. It is already undergoing review by state and federal highway officials.

Following a public hearing on the EIS, the document will go back to the Ayd Mill Road Task Force, a group composed of district council members, business owners and neighborhood residents who have been re-

Ayd Mill/see page 5

## Conflict of interest charge is latest salvo in St. Paul's billboard battle

Committee formed to sort out contradictory recommendations

by Jane McClure

The war of words continues over the city of St. Paul's proposed billboard regulations.

Brian Bates, director of the anti-billboard group Scenic Minnesota, is challenging a December 18 Planning Commission decision to set up its own subcommittee to recommend new billboard regulations rather than act on the recommendations approved last August by the City Council-appointed Legislative Advisory Committee on Advertising Signs.

Bates, a member of that advisory committee, has also accused the commission of a conflict of interest. Litton Field, a planning commissioner who also sat on the advisory committee is part owner of a downtown building with a billboard on it. He has abstained from voting on some billboard issues

that have come before the Planning Commission, but he said he was cleared for serving on the advisory committee by the City Attorney's Office.

"I have a one-sixth interest in a building with a billboard that pays about \$2,500 a year in rent," Field said. "The City Attorney's Office told me that there was no conflict of interest."

In the letter to the Planning Commission, Bates called it a "mistake" that Field represented the commission on the advisory committee. Bates asked that Field not be allowed to participate in any Planning Commission discussions or vote on any issues having to do with billboards.

Rather than take Bates' advice, the Planning Commission responded by agreeing that

Billboard/see page 2



**Gone but not forgotten.** Jennifer Eilers adds a moss agate to the shrine that was erected in the area where seven houses once stood along Riverview Road in South Minneapolis. The houses were razed following a predawn raid by 600 officers on December 20. Police arrested 37 people who had been camping out at the site to protest the realignment of Highway 55. Called Operation Coldsnap, it was the largest law enforcement action in state history. Below is a campfire that protesters had set up on the spot where the houses stood. Photos by Terry Faust.



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## Review of the stories that made 1998 memorable

by John Wadell

Whew, glad that one's over. After surviving 1998's roller coaster of events, riding through the final year to the new millennium should be a piece of cake. Over the course of the last 12 months, we pulled for home run hitters Mark McGwire and Sammy Sosa, watched Senator John Glenn return to space, held our breath during the bombing of Iraq and shook our heads at the follies in the Oval Office. (Not many parents likely will be naming their children William or Monica for a while.)

On the local level, we elected a former wrestler to the governor's mansion, survived spring storms that made kindling out of Highland's arbor-lined avenues, complained about airport noise and train whistles, voiced concerns about sexual offenders moving into the neighborhood, watched environmentalists chain themselves to trees and tepees to protest the realignment of Highway 55, and

were shocked by the cold-blooded murder of an elderly Longfellow resident. We also were subjected to a traffic jam of discussions relating to transportation, whether they involved Ayd Mill Road, light-rail transit or expansion of the Ford and I-35E bridges.

The following is a look at some of the top Villager stories that made 1998 a year to remember:

**January**—Members of the Metropolitan Airports Commission got an earful from residents on both sides of the Mississippi River on plans for extending two airport runways.

—An advisory committee began work on a plan for using Metro Transit buses to transport Twin Cities high school students to class. School parents and staff denounced the plan, expressing concerns about the safety of teenagers taking public transportation.

—St. Paul's use of civil defense sirens to announce snow emergencies received mixed reviews from area residents. The city decided

not to repeat the experiment this winter.

**February**—The St. Paul City Council adopted a limited moratorium on new billboards in the city. By summer, more than half of the city's 19 district councils had asked for special sign district status to ban or restrict new billboards.

—A broken water main under Lexington Parkway created a cascade of troubles for area residents, commuters and city workers. A large sinkhole was created and sewage backed up into nearby homes.

**March**—The state broke ground for a new two-story, \$6.7 million training center at the Ford Motor Company's Twin Cities Assembly Plant in Highland Park.

—Ramsey County unveiled its newly expanded Highland Ice Arena. The \$2.8 million facility is only the second of the county's 11 ice rinks equipped to be open year-round.

Review/see page 11

# Neighbors appeal lot split for Summit Hill townhouse project

## Residents also want to see plans before variance is approved

by Jane McClure

The neighbors aren't putting out the welcome mat for a proposed 10-unit townhouse development in Summit Hill. In fact, some have appealed to the St. Paul City Council to block the project.

A public hearing on an appeal of the Board of Zoning Appeals' (BZA) approval of a lot split and setback variance at 5 Crocus Hill is tentatively set for 5:30 p.m. Wednesday, January 13, before the City Council. Neighbors have also filed a request for a site plan review before the St. Paul Planning Commission. The commission is expected to rule on the request when it meets at 8:30 a.m. Friday, January 8.

John Hardwick of the BZA staff said the City Council hearing may be postponed until after the site plan review, if the Planning Commission chooses to do one. That way a combined hearing could be held on the lot split, variance and site plan.

The BZA unanimously approved the lot split and setback variance after a long and sometimes heated public hearing on December 14. Mendota Homes is proposing to build the townhouses on a 136,000-square-foot, irregularly shaped lot that slopes down from the bluff to Grand Avenue. A lot split is

needed to build on the eastern part of the property, which is vacant and zoned for multi-family residential use. The variance is needed for the single-family home that currently exists at 5 Crocus Hill.

The house is required to have a 25-foot setback from its rear lot line. The lot split would bring the house within 6 feet of the property line, meaning a 19-foot setback variance is required. Hardwick recommended approval of the lot split and setback variance on the condition that the townhouses be built at least 25 feet from the single-family home.

Mendota Homes is now in the process of building another townhouse development in the Summit Hill neighborhood. That project, near the corner of Lexington Parkway and St. Clair Avenue, prompted a lawsuit by neighbors. Their attempt to block construction was rejected last fall in Ramsey County District Court.

Mendota Homes owner John Mathern said he is willing to show the new Summit Hill site plan to residents at a future meeting. "We can address a lot of the concerns when we're ready to bring our plans forward," he said.

However, neighborhood residents want to see the plans before the lot split and variance are approved. The Summit Hill Association also asked that the two requests be delayed until more is known about the project.

"We're concerned that you're creating a non-conforming structure without knowing the details about the total project," said SHA executive director Ellen Biales. "The information is too limited for us to make a decision."

Biales said the SHA's executive committee has seen a preliminary site plan and is aware that other variances will be sought in the future. She questioned why the city would approve one variance now and then wait to approve others.

Bob Bisanz, who lives at 5 Crocus Hill, was among the neighbors who raised concerns about the project. Bisanz said he knew of the intent to split the lot and build on the vacant parcel and agreed to it when he bought his home several months ago.

"But I'm concerned because things have changed since my cooperation was sought," Bisanz said. According to him, the original plans called for nine townhouses, not 10. He

said he was unaware that other variances would be required for the project.

"This would be a detriment," said neighbor Lehan Ryan. "Virtually 100 percent of the neighbors who live within two blocks of this project are opposed to it. Ryan said the neighbors are not against multi-family housing, but they believe the townhomes will be too close to other homes and that the slope is too steep for construction.

Matt Walton, a retired University of Minnesota geology professor who lives in the neighborhood, also raised questions about the slope and soil condition. Walton said soil problems in the area came to light when I-35E was built more than a decade ago. "As I step out my door and look out at the bluff, I see evidence of an unstable slope," he said.

Torrential rains in the summer of 1997 caused dirt slides and a portion of Ramsey Street to collapse near the since completed Ramsey Hill Townhomes. That project also prompted a lawsuit by neighbors, which is still pending in Ramsey County District Court.

BZA chair Joyce Maddox told Walton that his testimony was irrelevant to the issues regarding Mendota Homes' project.

Attorney Robert Hensley, who represents families living near the proposed development, argued that the city was not abiding by its own development standards in approving the lot split and variance. "You're losing control here," he said, "and I don't think you realize it."

# Billboard battle continues to be waged in St. Paul

Field should chair its new subcommittee on billboards.

Planning commissioner Mark Vaught called Bates' letter defamatory and scurrilous. He and other commissioners defended Field, saying they also saw no conflict of interest.

The planning commissioners made it clear that they intend to make changes to the recommendations approved by the advisory committee. "The recommendations are contradictory and they don't make any sense," Vaught said.

The advisory committee, which was made up of anti-billboard activists and representatives of labor, business, the billboard industry and district councils, called for a ban on any new billboards while also recommending a billboard replacement program intended to remove signs from residential areas.

The vote to approve both recommendations was the result of a misunderstanding, according to Larry Soderholm of the St. Paul Department of Planning and Economic Development. The advisory committee then could not agree on which of the contradictory recommendations to strike.

"There is some good work in the advisory committee report, but we'd abdicate our responsibility if we simply sent the report out the way it is," said planning commissioner Stephen Gordon.

In addition to the two major recommenda-

tions, the advisory committee agreed on provisions dealing with billboard maintenance, an inventory of billboards, removal of illegal billboards, the annual inspection of billboards, annual billboard fees and a minimum distance between billboards and residentially zoned areas, churches and schools.

According to Gordon, the recommendations do not make enough of an effort to remove billboards from residential areas. He also believes the proposed billboard replacement program would eventually give a mo-

nopoly to by far the largest billboard company in St. Paul, Eller Media (formerly Universal Outdoor and before that Naegele).

Three smaller billboard companies—Delite, Midwest Outdoor and Adams—have said that the proposed regulations would make it more difficult for them to operate in St. Paul. They have all asked the City Council and Planning Commission to take their concerns into account when the recommendations are considered.

Ward 4 council member Jay Benanav, who authored the resolution that established the advisory committee, said he does not object to the Planning Commission setting up its own billboard subcommittee. His only concern, he said, is that any recommendation be made before December 31, 1999, when a city-wide moratorium on new billboards expires.

**The advisory committee called for a ban on any new billboards while also recommending a billboard replacement program intended to remove signs from residential areas.**

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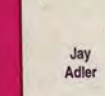
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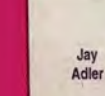
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### Mac-Grove youth program receives partnership grant

The St. Paul City Council approved 28 requests for Civic Organization Partnership Program (COPP) grants on December 23, ending weeks of debate.

The city had received 52 requests for grants worth a total of \$902,965—more than double the \$398,634 available for 1999. The only request in the Villager area that was approved was \$4,000 for the Macalester-Groveland Community Council's youth program. Youth Express, which serves teen-agers in the Lexington-Hamline, Snelling-Hamline and Merriam Park neighborhoods, saw its request for \$5,000 turned down.

The City Council also passed a resolution asking city staff to seek an additional \$69,500 to fulfill eight additional COPP requests. Planning and Economic Development staff will return to the City Council on January 13 to report on the availability of funds.

One of those eight programs provides a variety of services for residents of Sibley Manor Apartments in Highland Park. The program was added to the list of requests at the behest of Ward 3 council member Mike Harris. The request did not go through the original application process because it was only recently learned that the state had cut funding for the program, Harris said.

### Building inspectors won't move onto Grand after all

A house owned by the University of St. Thomas at 2097 Grand Ave. will become the new home of the St. Paul Police Department's Western District bicycle patrol, but St. Paul building inspectors will not be moving in as previously planned. The inspectors will be moving to the Western District police substation at University Avenue and Dale Street instead, according to Mort Bostrom of the St. Paul Police Department, who was recently ap-

# NEWS BRIEFLY

pointed by Mayor Norm Coleman to oversee the inspectors.

A number of factors led to the switch, Bostrom said, including available space and the fact that more building inspections are done in the neighborhoods surrounding the Western District substation. Police Chief William Finney supported the move.

Moving the building inspectors was made necessary with the recent merger of the city and county public health departments. The inspectors had been housed in the old St. Paul Public Health building downtown. That building is now owned by the county.

The Grand Avenue house, which was used as a St. Thomas campus security office until this fall, will continue to serve as a St. Paul Police storefront.

### Council expected to adopt building inspection changes

Changes in how and when building inspections are done are up for final adoption when the St. Paul City Council meets on January 6. The changes were proposed by council members Harris and Kathy Lantry.

The city's certificate of occupancy program currently calls for all commercial buildings and all residential buildings of three or more units to be inspected every two years. The changes would exclude owner-occupied condominiums from the two-year requirement and would give the city more flexibility in setting inspection schedules.

The intent is for the inspectors to concentrate more on older and more hazardous buildings, as determined by age, condition, fire risk and previous history. New guidelines would also be drafted for commercial buildings, and newer buildings erected under more

stringent fire codes would be inspected less frequently.

The Harris-Lantry proposal was drafted with the cooperation of the city fire marshal and building inspection staff.

### With simple nod, ticket may have been Ventura-Ventura

While the political tag team of Jesse Ventura and Mae Schunk climbs into the political ring and officially lays claim to the respective titles of governor and lieutenant governor, few people realize that a Ventura might have claimed both titles.

Last June, Joanne Ventura, principal of Randolph Heights Elementary School and no relation to the governor, received a call from his campaign inquiring about her interest in joining the ticket as the candidate for lieutenant governor. "Initially, I thought it was a joke," Joanne said. "I thought somebody was just playing around and I said, 'Who is this really?' After I talked to the staffer, I knew it was serious."

An article in one of the local daily newspapers brought Joanne to the attention of Jesse's campaign staff. The article piqued the interest of Jesse's campaign manager, Doug Friedline.

"Jesse was looking for a hands-on educator and there was a big article about her in the paper," Friedline said. "I called and said, 'Would you have any interest in speaking about the lieutenant governor's position?' She kind of chuckled and said no."

Joanne doesn't regret the opportunity lost, though she admits to having an interest in politics. "I do think there might be something in the future I'd want to do at the state level," she said. However, for now, she is content to watch from the sidelines. "I think Mae cer-

tainly will be a strong advocate for education," she said. "She knows the picture very well, so she should be a very good spokesperson for the schools and I hear she's having a good time doing it."

Joanne spoke with Jesse's staff one other time, under completely different circumstances. "When I was the principal at Hayden Heights many years ago, he was a wrestler," she said. "I called his people at that time asking if I could get him to come out and talk to the kids because they were all excited about wrestling. The kids thought it was kind of cool that my name was Ventura like his. They (his staff) said, 'Oh, no, Jesse doesn't go out to schools.'"

### Sheriff sues County Board for too stringent budget

The St. Paul School Board and Ramsey County Board of Commissioners on December 15 approved their property tax levies for 1999, but with the ink barely dry, the county budget faced a legal challenge.

Ramsey County Sheriff Bob Fletcher filed suit last week against the County Board, claiming that his \$28.5 million budget for 1999, though more than \$944,000 larger than the budget for 1998, is still \$902,000 short of what he needs to run the department.

State law allows county officials to appeal their budgets if they feel elected officials have acted arbitrarily. In a letter to commissioners, Fletcher called the County Board's budgetary decision "arbitrary and capricious." His case will be assigned to another county to avoid a conflict of interest.

County Board members contend that all county departments were asked to cut or hold the line on their 1999 budgets, and that the sheriff's department should be treated no differently.

News briefs compiled by Jane McClure and Michael Werner.

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## Costs, possible funding sources outlined for Ayd Mill options

by Jane McClure

The six alternatives now being studied for Ayd Mill Road, their possible funding sources and their associated costs are as follows:

- No-build. Ayd Mill Road would eventually be rebuilt under this alternative, but it would look much as it does today, with no connections to the interstates at the north and south ends. Funding would most likely come from St. Paul capital improvement bonds or municipal-state aid. The estimated cost is \$6.6 million.

- Transportation system management/travel demand management. This alternative would provide greater accommodation for buses, along with ramp meters, electronic directional signs and other traffic control measures. Funds would most likely come from municipal-state aid, city capital improvement bonds and the federal government. The estimated cost is \$8 million.

- Removal of the roadway and replacement with a linear park. Funds would most likely come from city capital improvement bonds. Some park proponents, including state Representative Matt En-

tenza, have suggested seeking state funds. The estimated cost is \$9.5 million.

- A two-lane roadway with a direct connection to I-35E on the south and an indirect connection to I-94 on the north by extending Ayd Mill Road along an existing railroad spur. Municipal-state aid, capital improvement bonds and the federal TEA-21 program are all possible funding sources. If state or federal dollars are used, design variances may have to be sought. The estimated cost is \$33.4 million.

- A four-lane roadway with a direct connection to I-94 by extending Ayd Mill Road along the same railroad spur. One lane in each direction could be designated for high-occupancy vehicles (HOVs). Potential funding sources include municipal-state aid, county-state aid, capital improvement bonds and TEA-21. The estimated cost is \$36.5 million.

- A four-lane roadway just as above, but with bridged ramps connecting Ayd Mill Road to I-94. One lane in each direction could be designated for HOVs. Funding sources are the same as above. The estimated cost is \$36.5 million to \$45.8 million.

## Ayd Mill environmental study /from page 1

viewing Ayd Mill Road alternatives since 1993.

The task force will select a preferred alternative from six options. The Planning Commission and the mayor will then select their preferred alternative and send their recommendations to the City Council, which will have the final say on Ayd Mill Road's future. The council's decision, which is not likely to be made until late spring or early summer, will trigger the drafting of a final EIS that will provide a more detailed study and design plans for the preferred option.

The Ayd Mill Road Task Force got the review process rolling on December 15 with its vote to release the draft of the EIS. Over the past few months, task force members have made several changes to the document. Although task force members did not review the entire rewritten document, they did see the final draft of the executive summary.

"I was most impressed with the overall tone of the document," said Hamline-Midway representative Benita Tasselmyer. "I think efforts were made to expunge biases and value judgments."

The lone vote against releasing the EIS came from Jim Bergstrom of Liberty State Bank. Bergstrom said members of the Snelling-Selby Area Business Association could not support the release of the EIS until it addresses the issues of access to and from Selby Avenue. Right now, that access is listed among "unresolved issues."

"It's impossible for our business community to survive without having that access," Bergstrom said.

The business association also wants the city to do more for Concordia University. Concordia could lose part of its baseball field and

other property on its western end if Ayd Mill Road is extended north to I-94. However, Mike Klassen of the St. Paul Public Works Department said it would be inappropriate for the city to discuss compensation for lost property with Concordia while the EIS is in the review process. "It would tend to taint the outcome," he said.

Of the neighborhood groups that have been discussing the Ayd Mill Road alternatives, only the Snelling-Hamline Community Council, the Midway Area Chamber of Commerce and the Snelling-Selby Area Business Association have taken formal positions. The Snelling-Hamline council favors a linear park, while the business groups want some kind of road to remain in place with a direct connection on the south to I-35E and an indirect connection on the north via frontage roads to I-94.

Originally conceived as a link between I-35E and I-94, Ayd Mill Road has been the subject of debate for almost 40 years. Its south end has long been connected to I-35E, but the connection has been barricaded until solutions could be found for what to do with traffic on the north end.

The demand for connecting Ayd Mill Road to the interstate system has grown as traffic on I-35E and neighborhood streets leading to Ayd Mill Road has grown. However, a newly formed group called Neighborhoods First! is now pushing for the roadway to be removed and replaced with a park. That option is opposed by even more recently formed Citizens for Safe Streets, which is concerned that removing Ayd Mill Road will only dump more traffic onto already busy Lexington Parkway and Snelling and Hamline avenues.

## Carnival's Junior Royalty celebrates 50th year

The St. Paul Division of Parks and Recreation is celebrating its golden anniversary of the Winter Carnival Junior Royalty program. Former royalty members are being sought to be part of this year's festivities by helping with judging, playing a role in the coronation pageant, having their children or grandchildren be flower girls or pages at the

coronation or coming to a reunion party that will be held during the carnival at the end of January.

Those interested in participating or who know the whereabouts of any former royalty are asked to call the reunion hotline at 651-266-6466.



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# VIEWPOINT

MISCH-MASCH

MICHAEL MISCHKE

## The new SEAL of the state

**H**oo-yah!" And with that throaty roar—an apparent throwback to his years as a U.S. Navy SEAL—Jesse Ventura stepped out from behind the podium and into Minnesota history as our 38th governor.

Just what sort of historical account the tenure of Jesse "The Guv" Ventura will inspire remains to be written, of course. But if Ventura has listened well to the people who elected him, it's likely to be unique.

If anything, it was Ventura's unconventional approach to campaigning and the public's widespread disaffection for politics as usual—both on the right and on the left—that put him in office. His inaugural address at the State Capitol suggested that the lesson lost on him. Speaking off the cuff rather than from prepared remarks, he vowed to continue doing what he did throughout his gubernatorial campaign—speaking from the heart. "I will not change," he vowed, to the delight of the assembled multitude in the Capitol rotunda.

We'll see. In the period between the election and the inauguration, Ventura misstepped on more than one occasion. The governor's insistence that he is entitled to make money on the side through movie, book and action figure deals, and that running the state of Minnesota can be put on hold to accommodate his personal wants and needs revealed a naiveté that he can't afford to labor under for very long.

On the other hand, I'm with the governor on his suggestion for making Minnesota's First Lady a paid position. Having known what he was getting into financially before he was elected, it might have been more politically prudent to suggest that the change be made for the benefit of future First Families, but that doesn't argue against the merits of the change itself.

It's the times that have changed, as Ventura noted, and it no longer makes any sense for a First Lady (or a First Gentleman when that day inevitably comes) to have to give up a career or business to meet the largely ceremonial but still quite time-consuming demands of that position. Either pay her (or him) or eliminate altogether the responsibilities of the spouse of the governor. I'd suggest we might cover the cost for the post by eliminating the less vital role of the lieutenant governor.

## Into the new millennium

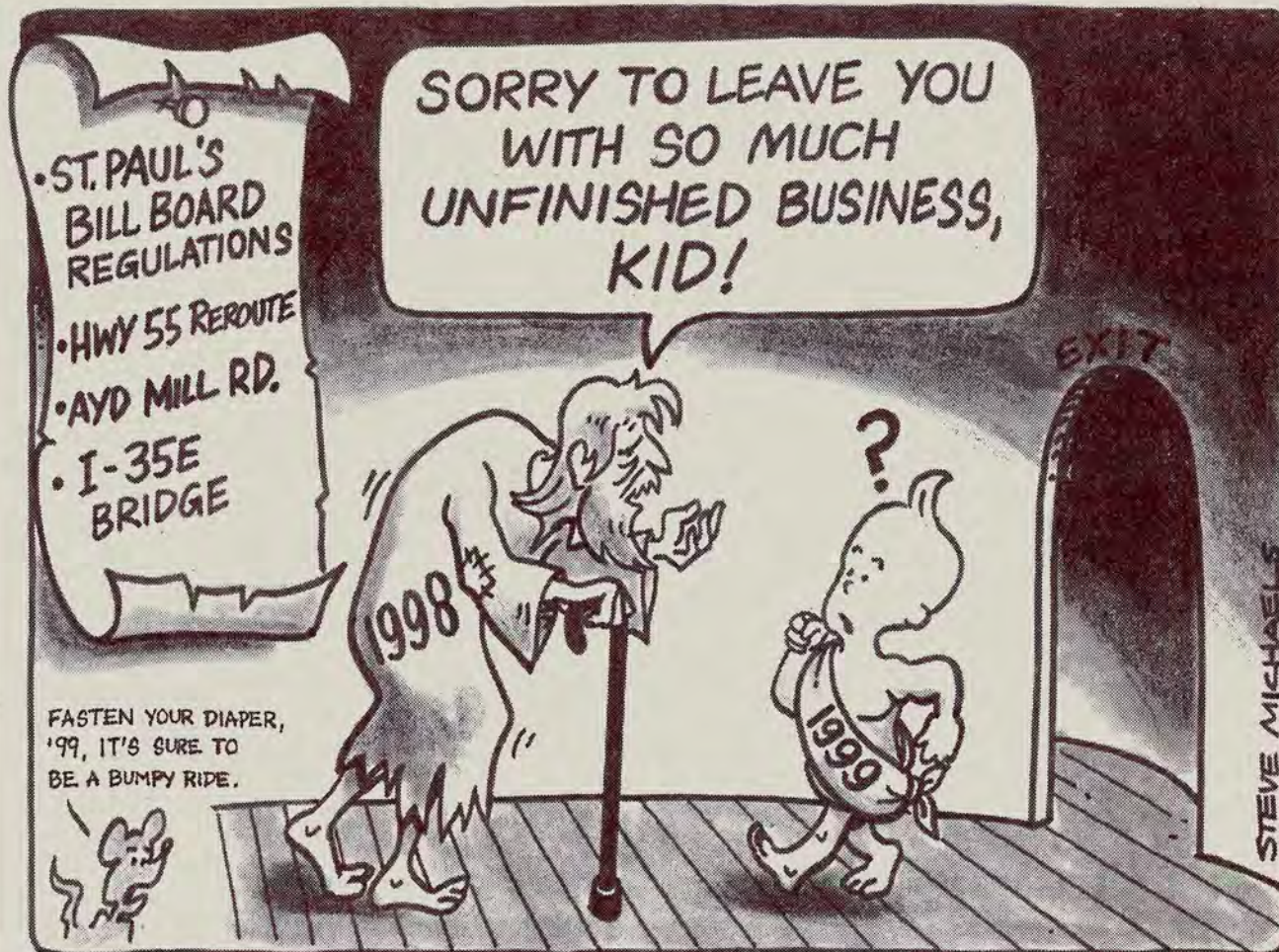
**E**ven as the approaching millennium prompts a flurry of serializing retrospectives about the century just past, more and more people are looking at the century to come and the big changes that are in store for us due to changing demographics. Among the demographic shifts that will most dramatically affect the way we live and do business:

• **The number of Americans age 65 and up will more than double by 2030.** In Minnesota, it is estimated that the number will rise from 592,000 today to 1,173,000 in 2030. At the same time, the number of people under 65 is expected to decline in Minnesota. The result: The ratio of people over 65 to those 65 and under will double from one in eight to one in four.

• **Life expectancy will continue to rise.** Right now, it's 73 for newborn boys, 80 for newborn girls. Men who are 65 are now expected to live another 16 years; women, 19 years. Further advances in life expectancy in the 21st century are likely to include breakthroughs against heart disease, strokes, AIDS, cancer and the aging process itself.

• **More than ever, a diverse makeup of racial and ethnic groups.** As a percentage of the whole U.S. population, there will be fewer whites, more blacks and many more Hispanics and Asians. Soon after 2050, non-Hispanic whites are expected to be a minority in the U.S.

The implications are obvious and far-reaching—in housing, marketing, consumer spending, health care, education, the work force and politics, to name just a few areas that will be affected. We err by not taking the steps now that will be needed to brace ourselves for those changes.



## City's needs in a new parks director run deep

To the editor:

Each and every St. Paul resident uses our parks. Whether you attend your granddaughter's soccer game, train a new puppy at your local recreation center, bike around Lake Phalen, stroll along the Mississippi River, visit Como Zoo or cross a city boulevard, you are touching the park system.

So where were you on December 2 when Mayor Norm Coleman asked for input into the search for a new leader of the St. Paul parks system? That position is up for grabs, but only three district councils and a handful of environmental groups and support organizations attended the meeting.

The vacancy created by the retirement of parks superintendent Bob Piram presents both a dilemma and an opportunity for St. Paul. There are several critical issues that need to be addressed in the search for Piram's replacement.

We need a dynamic leader who is impassioned enough to stand up for parks when budgets are being addressed. Without proper funding and without someone willing to fight for adequate money, the city's parks, recreation centers and maintenance programs are all at risk.

We need someone with a background in park administration, someone with vision, someone willing to invest equally in our parks as well as buildings and recreational programs. We need a person who will see that recreation doesn't stop with booster clubs. We need a person who sees that the growing senior citizen, low-income, ethnic and immigrant populations deserve their share of park opportunities. We need someone who understands that protecting and preserving our natural resources grows more important each day. We need a person who believes blooming boulevards and community gardens have an increasingly important place in our park system, too.

We need someone who can provide supervision over park maintenance. We need someone who is eager to meet park users and is comfortable with the public, someone who can tap the senior citizens, high school and college students and other volunteers who are willing to help their city with a multitude of tasks.

We need someone who will include residents in the conversation when leases and other park privatizing schemes are discussed, such as the proposal for the Highland Golf Course. It is our park land and our taxes that purchased them. Public land should not fall into long-term leases, preventing us from enjoying the open spaces and centers that our ancestors had the foresight to establish. There should be no more clandestine wink-and-a-handshake deals, no cronyism, no inside appointees and no nepotism.

We need a high-quality director for our parks. We need

## VILLAGE POST

Mayor Coleman to search further than the list of current city employees. It's a matter of enormous consequence to St. Paul and will determine whether or not the city has a green future.

Bonnie Lawrence  
Merriam Park

## The process not followed

Dear editor:

The St. Paul City Council has decided to participate in Metro Transit's Metropass plan, which would subsidize bus fares to work for city employees. City employees would pay approximately \$25 for a \$54 monthly pass. This would encourage more employees to ride the bus and free up parking spaces for downtown visitors.

As a frequent visitor to downtown, I can attest to the parking situation. As reported in the *St. Paul Pioneer Press*, Chuck Armstrong, Mayor Norm Coleman's assistant chief of staff, estimates that it would free up a couple of hundred parking spots. "That's a parking ramp," he said, "and that's a lot cheaper than building a parking ramp. It costs about \$15,000 per stall for above-ground ramps."

Only one City Council member voted against this proposal, Mike Harris of Ward 3. Mr. Harris said, "It just seems ludicrous that we are going to pay our employees to ride the bus when they already ride the bus. There are so many better ways (to spend the money)."

What other project would that be, Mr. Harris? A golf course maybe? In December Mr. Harris proposed to spend \$5.5 million to redesign the Highland 18-hole golf course and renovate the clubhouse. This last-minute proposal by Mr. Harris was not supported by the Highland District Council, which in the past has ranked other Capital Improvement Budget (CIB) projects higher than fixing up the golf course. Mr. Harris tried to bypass the CIB process. He wanted the City Council to approve the golf course project without public support and without producing any substance as to how the \$5.5 million would be spent. As a taxpayer, I find his actions to be reckless and troubling.

The Highland golf course project is good, but there is a

Village Post/see next page

# For psychic with a cynical bent, the new year is predictable

by Peter Hammes

I walked up a stairway and into a hallway that looked as if it should have had bas-reliefs of Etruscan slaves harvesting grain on its walls. Then I stepped into an apartment so filled with scents that Shirley MacLaine in any of her lives would have felt right at home.

I'd come to find Madame LaZonga. She is a psychic, someone who communicates with different levels of existence—something on the order of a White House lawyer.

As I entered her apartment, she was sitting at a table gazing into a bowl of Cheerios and milk.

"Damn it," she muttered. "They will not float more than a minute."

"A new year is upon us," I volunteered. "I have a calendar, schmuck."

"Yes, yes," I said. "What I mean is, I've come for your annual New Year predictions. What will happen in 1999?"

"Something good, something bad," she replied.

"That's a trifle vague."

"Sit," she ordered, "and let me see your money. The spirits have to keep a roof over their heads too, you know."

I placed a \$50 bill in her hand. She looked

at it in the light, rubbed it, blew on it and finally put it in a small knit purse.

"I will give you nine predictions," she said. "Not 10?"

"They all give 10, I give nine. You got a problem with that?"

"No."

"My first prediction is that a reporter will die during a national press conference."

"How will that happen?"

"The reporter will ask a serious question and get an answer that is supposed to be serious and he will die laughing."

"I see."

"Number 2. A voice from heaven will call to a man living in a cabin in the hills of West Virginia. The voice will instruct the man to gather one of everything he needs in the coming year: a lump of coal the size of a Harley, a pair of long johns, a 5-gallon can of beans, a toothbrush, a bar of soap, a mule, a packet of seeds, a copy of the *Midnight Globe*, a woman, a bottle of vitamins."

"Then what?"

"The voice will tell him to hide in a cave for 12 months."

"Why? What will happen?"

"The Y2K glitch," she said. "At midnight on December 31 everything will stop, but he and his family will survive."

"Go on," I said.

"Number 3. President Clinton will resign

in order to take a better job."

"And that would be..."

"The casting director for 'Melrose Place.'" "Makes sense."

"Number 4. Auto manufacturers will face a shortage of steel. Production will halt, but the youth of America will save the industry. They will donate their ear and nose rings to GM and Chrysler and Ford. It will mean a lot of holey kids walking the streets, but it will be worth it."

"Amazing."

"Number 5. Colorado will agree to build new stadiums for every professional sports team within its borders. It will use public funds to pay the athletes' enormous salaries and as a bonus it will provide winning lottery tickets to the athletes' family members. It also will decree that if an athlete and his wife cannot have a child, they may have the first pick of any baby born in January to any couple in the state."

"Even I could see that coming."

"Right. Number 6. Chase Manhattan will merge with the Tortellini crime family of Brooklyn. The government will not contest the merger. The reason that will be given is that toy making, sports franchising, the stock market and prostitution are becoming so allied in their marketing techniques and long-range sales strategies that the average consumer will benefit from this blending of

resources.

"Number 7. Sam Donaldson of ABC will lose the toupee in honor of Jesse Ventura."

"Number 8. The space station will run out of money and will be forced to shut down. Disney will buy it and turn it into an amusement park ride."

"Number 9. Mr. Ed will run for Congress. He will win. Animal rights advocates will challenge his election, charging that for Mr. Ed to serve in Congress constitutes cruelty to an animal."

"Exciting stuff," I said.

"And now I will give you a bonus—a free prediction," said Madame LaZonga. "This is long-range stuff—for the year 2050."

"I can hardly wait."

"You know all those little fellows who think it is cool to wear their baseball caps backward? They will all be in nursing homes.

There will be robots to serve them. Human caretakers will have deserted those places long before because of low wages and lack of respect. The robots will think the faces of those men are under the bills of their caps. They will try to push food into the backs of the heads of those men. The food will dribble down their year."

"That's sad."

"Hey, fashion has its price."

## Village Post

from previous page

process that needs to be followed. Having public support, support from the Highland District Council and a sound financial proposal based on facts is the only way the golf course will be renovated.

John Krenik  
Highland Park

## Small thinking

Dear editor:

It is with great interest that I follow your coverage of Ayd Mill Road. As part owner of a small business in the Midway area of St. Paul and a resident of Mendota Heights, I am baffled as to why there should be any conflict on this issue.

Neighborhoods First! has decided it would be in St. Paul's best interest to replace Ayd Mill Road with a linear park. Am I missing something here? When was the last time you saw a park next to a railroad line? Or are they going to move the railroad also?

Moving me and thousands of other travelers who use Ayd

Mill Road to other streets would only further congest Lexington Parkway and Randolph, Snelling and Hamline avenues. We aren't going to start riding bicycles simply because you close Ayd Mill Road. Closing Ayd Mill Road would certainly be inconvenient, but it wouldn't make me move to your city of over-priced, highly taxed, high-crime homes. In moving all of this traffic to other city streets, is Neighborhoods First! thinking about all of St. Paul's neighborhoods, or should the group be renamed My Neighborhood First!?

These people live in a city and elect officials who want to create employment and entertainment opportunities but don't want to make it convenient to get to them. When this is finally resolved, we can move on to bickering over the I-35E bridge for 30 more years.

No wonder Minneapolisians call it "St. Small."

K. Griffin  
Mendota Heights

## The road not taken

To the editor:

The Ayd Mill Road debate represents a turning point for

how St. Paul will look and feel in the future. It is a process that will reveal the capacity of residents to agree on how to sustain healthy and interdependent neighborhoods. The debate is confounded by multiple perspectives, values and interests and has deteriorated into an increasingly polarized discourse. The process is compromised by an overly narrow and short-sighted focus on automobile traffic rather than a broad, coherent vision of city life. This approach has obscured the common ground that exists among residents.

With the sprawling placement of housing and shopping centers, we lose our capacity to foster a sense of community and relatedness. We become increasingly harnessed to automobile transportation and complacent about alternatives. Rather than building more roads that contribute to the dispiriting urban landscape, we should explore mass transit and traffic management options. Connecting Ayd Mill Road to I-35E and I-94 will not eradicate the problem of street congestion. It will only increase the amount of traffic on all roads. Roads beget cars beget more roads in an endless cycle of expansion. As a result, traffic engineers cannot solve this problem in isolation.

We should be engaging in comprehensive planning that

Village Post/see next page

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It's often hard to know when to get treatment for the little things. But together, they can be significant, and especially when we stop and realize that we just don't do things like we used to. Our normal routines are the first things little aches affect. We do things differently. They take longer, and we're more tired when we're done.

You can ask yourself a few simple questions about your aches and pains.

- Do I feel worse in the morning than when I went to bed?
- Do I walk funny for a while when I get up from lying down or sitting?
- Do I have to turn my shoulders as well as my head and neck when I'm in the car?
- Do I lean on the handrails of my stairs more than I used to?
- Am I taking pain relievers more than once a week for my aches?

A "yes" to any of these questions may mean there's an underlying problem with your bones, muscles, or joints. Fortunately, there is often relief available. Even for little, nagging pains.



Jeff Ewald, D.C.  
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**Village Post: More grist for Ayd Mill** / from previous page

will knit neighborhoods into a coherent whole rather than divide them. If we pay attention to the quality of life in our neighborhoods, people will come, stay and do their business in St. Paul. We need our City Council to take a big-picture perspective and use the best of urban design ideas and methodologies. We need them to protect the quality of life in our neighborhoods and to convey to residents that they are indeed working on our behalf for a better urban environment.

George Abrahams and Marty Smith, Members  
Lexington-Hamline Land Use Committee

clear: I care not a wink about this road to nowhere. Second, I fully believe that half or more Highland and Macalester-Groveland citizens care not about this little rat hole. Add another one-third who probably can't spell it or pronounce it, and I have to wonder why you tie up half or more of your opinion pages on an issue like Ayd Mill Road.

Is it because writing about this road is a safe topic since no publisher or editor could possibly be offended by any additional stories on this absurd road? Publishers want local pieces, however bland, that will not offend or alarm the public, i.e., the people who are supposed to simply and peaceably consume the ads, the real purpose of this or any paper.

As for me, why waste your opinion pages on this toy road? It's been done to death. So please, no more Ayd Mill Road trivia. Try covering something more daring, something with substance, like grass decomposition.

Paul Paulos  
Macalester-Groveland

*Editor's note: A milquetoast meter has never been employed in selecting letters to the editor for publication in the Villager. In fact, the letters that the Villager has published on Ayd Mill Road have been anything but bland, and the sheer volume of that correspondence suggests a far greater interest by our readers than the writer suggests.*

**Road to reclaiming our streets**

Dear editor,

One of the best parts of my neighborhood is that it's walkable. My grocery store, bank, church, drug store and other essentials are an easy stroll away. When I reach my destination, the stores aren't big retail boxes surrounded by oceans of asphalt. They are human scale, with display windows to peer into from civilized sidewalks. No suburb can match the pedestrian-friendliness of this old neighborhood. That's why I'm so pleased that St. Paul has taken two important steps toward preserving the integrity of its neighborhoods. Both are helping residents take back the streets.

First, more aggressive enforcement of the crosswalk law lets drivers know they are in a neighborhood, not on a freeway. Requiring cars to stop for pedestrians in the crosswalk helps slow traffic and save lives. It also helps build community. Stopping for a pedestrian acknowledges the rights of another human being who is, at least for the moment, less powerful. It's a 10-second lesson in civil society.

Second, narrowing streets like Fairview and Marshall avenues from four lanes to two lanes with a turn lane in the middle calms traffic that runs past schools, churches, stores and homes. Traffic calming has restored Fairview to its rightful status as a neighborhood street, not a speedway. And life is now less dangerous for students at Concordia University and Central High School.

I look forward to the day when Hamline Avenue and Lexington Parkway can also be reclaimed by their neighborhoods. Freeway traffic can be removed from these streets by connecting Ayd Mill Road to I-35E and I-94. The two-lane and four-lane parkway alternatives for Ayd Mill Road will remove enough traffic from Hamline and Lexington that they can be narrowed from four to two lanes with a center turn lane. It's an opportunity we shouldn't miss.

Neighbors along Lexington have waited 30 years to get their parkway back. At least one pedestrian's life has been lost to the delay. Now is the time to protect neighborhoods by connecting Ayd Mill Road.

Joan Nyberg  
Summit-University

**Please, no more Ayd Mill trivia**

To the editor,

For the entire time that I have lived in St. Paul, I have been subjected to zealots of all diagnoses debating their road-warrior beliefs as concerns Ayd Mill Road. First off, let me be

**Natural born killers**

Dear editor,

This is a response to Ann Gilsdorf's letter about peregrine falcons (Village Post, December 16). Gilsdorf might consider going to the Raptor Center to research what she is suggesting. When my class went to the Raptor Center, I was able to see a live falcon and watch it fly. It is a beautiful creature and a magnificent flyer.

Gilsdorf wrote that peregrine falcons are "nature's murderers" because they kill other birds to eat. But if we should wipe them out, as Gilsdorf suggests, we should also wipe out all other birds that eat bugs and worms, and that is just about all other birds. And what about our national symbol, the bald eagle? Bald eagles kill fish to eat, so let's kill them, too. And if we are to kill falcons for eating birds, we should also kill all humans who eat chicken, geese, turkey, etc. The list could go on forever. Why is it different if humans do it? We would have to kill all carnivores, including dogs and cats that eat meat-based food.

Gilsdorf also wrote that nature tried to kill off peregrine falcons once and humans saved them. If she had done her research on these animals, she would have found out that it was humans who almost killed them off.

I would also like to say that these are animals just like we are. They deserve care. They can't help it if they kill other birds to eat. It is what they were born to do. And what they will always do.

Rachel Kowarski  
Macalester-Groveland

*Editor's note: The writer is a 7th-grade student at Highland Park Junior High School.*

Village Post/see next page

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# Village Post

## Handgun reform carries the day

Editor:

A recent study by professor John R. Lott Jr. demonstrated that concealed handgun carry reform laws produce significant decreases in violent predatory crimes. Because of this and other studies, momentum has been growing for such a law here in Minnesota. However, for the past two years, chair representative Wes Skoglund (DFL-District 62B), chairman of the House Judiciary Committee, has stubbornly refused to allow hearings on a proposed reform bill. Fortunately, the DFL no longer controls the House and Skoglund will be removed from his position of power.

Skoglund laments in the November 18 *Villager*: "As the majority party, the Republican committee chairs will have the ability to deny hearings on any bill they want to." Poor Skoglund. What goes around comes around.

Skoglund attributes Jesse Ventura's victory to his "strong personality and clever advertising," to which I would add a third factor: his steadfast support of concealed handgun carry reform. Exit polls showed that 53 percent of Ventura's supporters wanted to make carrying concealed weapons easier, as did 30 percent of Norm Coleman's supporters.

Skoglund told the *Villager* that he hopes Ventura will be interested in city crime issues and that Skoglund is "going to be open-minded about him." Skoglund open-minded about a supporter of concealed carry reform? It's amazing what a little humility can do!

Jo Janssens  
Minneapolis

## Double standard

Dear editor:

If a U.S. citizen decided that a hostile neighbor with a garage full of weapons and ammunition constituted a threat to his family's well-being and bombed that neighbor's garage, he'd be in a peck of trouble. If by chance an individual were killed as a result of the bombing, he'd be tried for murder. If only the neighbor's garage were destroyed, he could still be charged with endangering life and would have to pay to replace the garage and the weapons and ammunition.

But internationally, when a country has the power and wealth of the United States, it doesn't have to consider any of the laws that govern the behavior of individuals. It doesn't even have to bomb to destroy life. It can destroy life by applying sanctions that deny people needed food, medicine, medical supplies and safe drinking water. Too bad! For if the United States had to abide by such rules, the half million Iraqi children who have died since the sanctions against Iraq were imposed eight years ago would be alive today.

How sad it is that the American public is denied photographs and stories giving us the details of daily life in Iraq. With such reinforcement, I believe the people of this country would demand an end to the sanctions.

Polly Mann  
Highland Park

## Back to 'Funktown'

To the editor,

While I enjoyed the story on producer Stephen Greenberg (December 2 *Villager*), author Dave Page didn't mention one major reason Greenberg's song "Funktown" became a hit in 1979. The searing vocals belonged, and still belong, to St. Paul singer Cynthia Johnson.

Stephen Borer  
Merriam Park

## A parting word

Dear editor,

Thank you for the article on the National Alliance for the Mentally Ill's Family-to-Family Education Program (*Villager*, December 2). Leslie Walters was a skilled interviewer and I was pleased with how quickly and thoroughly she understood and was pleased with how quickly and thoroughly she spread the word to people who need information, understanding and compassion.

My husband and I in retirement will soon be settling in a milder climate, with the possibility of being back in St. Paul during the summers. Meanwhile, the Family-to-Family program will continue with a strong cadre of volunteer teachers across the state. You'll no doubt be hearing more of it.

Reta Lancaster  
Highland Park

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# Classical Cass

## Keepers of Gilbert's legacy on the Hill turn a light on his enduring genius

by Bob Gilbert

Summit Avenue resident Tom Blanck has had a passion for the work of architect Cass Gilbert since his childhood, when his grandmother pointed out one of the homes Gilbert designed in the Ramsey Hill neighborhood.

Blanck went on to become an architect himself. A few years ago, he sold some old bricks to Jean Velleu for the garden of her Ramsey Hill home. When he learned of her address, he immediately knew that Velleu, like him, lived in a home designed by Gilbert. He walked over to her house one Sunday to sell her on the idea of starting a club so that more people could appreciate the work of Gilbert.

"I suspected she had an underlying enthusiasm for the subject," Blanck said. "But Jean took the idea and ran with it like crazy. It's going to go far beyond my expectations."

Velleu, who has lived in her five-bedroom, three-story row house for 30 years, is now president of the Cass Gilbert Society, a group of about 25 local people, many of whom live in homes designed by Gilbert.

Gilbert (1859-1934), the designer of the state Capitol, is one of the most noteworthy men to come out of St. Paul. He moved to the city from Ohio when he was 9. His father, a surveyor, died two years later. Though Gilbert never finished high school, he was admitted to the Massachusetts Institute of Technology to study architecture. Two semesters into the program he dropped out.

He then traveled extensively around New England and Europe, gathering ideas for his future work, then secured an apprenticeship at a New York City architectural firm run by the renowned Stanford White.

Gilbert returned to St. Paul in the early 1880s and laid the groundwork for his future success. His first project was his mother's house at 451 Ashland Ave. He went on to design many other homes in what is now the Historic Hill District using the Queen Anne, Shingle and Colonial revival styles that were popular in New England.

Between 1883 and 1898, Gilbert designed more than 80 buildings in Minnesota, culminating in his commission for the state Capitol. He later moved to New York City, where he designed seven major buildings, including the Federal Courts Building and the 60-story Woolworth Building, once the tallest building in the world. His other works include the Federal Reserve Bank in Minneapolis, a campus plan for the University of Minnesota and the U.S. Supreme Court Building in Washington, D.C.



Cass Gilbert

"Gilbert made 17 trips to Europe in his life, and he imported its architectural idiom and style better than anyone else," Blanck said. "He believed that you had to dig around in man's past if you wanted to create a present and a future that had any meaning. He'd steal something from someone else, study it carefully and

enhance it." The state Capitol is a perfect example. The dome was cribbed directly from St. Peter's in Rome. The steps leading up to it were inspired by the Reichstag in Berlin. The columns were borrowed from ancient Greece and Rome.

Gilbert went on to design the state capitols of Arkansas and West Virginia. A half dozen other capitols across the United States mimic his style. "He felt that public buildings should be magnificent so that people might be inspired and be their best selves," Velleu said.

In the next two years, four books will be published about Gilbert and his work, Blanck said. The New York Historical Society has 35,000 documents chronicling his life, and Gilbert's letters and papers are stored at the Library of Congress and at Oberlin College in Ohio. However, the best collection of his work may be in the Ramsey and Summit Hill neighborhoods where he designed more than 60 residences in addition to St. Clement's Church, Dayton Avenue Presbyterian Church and the Virginia Street Swedenborgian Church, which Blanck calls one of his most significant works because of its stone work and Shingle style.

Velleu said she can recognize a Cass Gilbert house by the exterior. They seem to reach out,



Cass Gilbert Society members Jean Velleu and Tom Blanck stand before a row house at Portland Avenue and Kent Street that was designed by Cass Gilbert. Photo by Mike Long.

welcome you and make you feel comfortable, she said. That quality is what Velleu likes best about her own house. "There's a definite feeling you get when you come into it," she said.

Gilbert had a reputation for being a great networker. He started the Informal Club in St. Paul, which met for more than 40 years at 14 different Gilbert houses in the Hill District. According to Blanck, who has the minutes of those meetings, the membership included local clergy, governors and senators who met to discuss the great issues of the day.

Blanck and Velleu have similar hopes for the Cass Gilbert Society. At a recent meeting, they heard a talk by Professor Geoffrey Blod-

gett of Oberlin College, who has been working on a biography of Gilbert for 18 years. They also plan to meet at Schumacher's, a New Prague restaurant and hotel that Gilbert designed in 1900 while working on the Capitol.

One of the society's goals is to put together a traveling exhibit of Gilbert's work. The group would also like to underwrite some scholarship of Gilbert's work and to draw up a walking tour of Gilbert's homes in the Hill District.

The Cass Gilbert Society will next meet on Tuesday, January 12, at Blanck's home. For information, call 651-244-8455.



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# Review of top news stories / from page 1

—High costs and the potential for disruption of the neighborhood prompted the Riverview Corridor Task Force to shelve plans for a tunnel and new bridge to carry light-rail vehicles through Highland Park.

**April**—The St. Paul School Board presented nine options for transporting students to school if senior high school students were allowed to sleep in an extra hour before classes. Parents, however, complained about any change that would involve having students take city buses to get to school.

—Cities on opposite banks of the Mississippi River found themselves with opposing views of plans to replace the I-35E bridge. St. Paul officials supported a replacement bridge that was as narrow as possible, while those in Mendota Heights and Lilydale recommended doubling the size of the existing overpass.

**May**—Straight line winds reaching 85 mph ravaged Highland Park. Five homes were condemned and many more were damaged. At least 2,700 trees were destroyed in the city and more than 400,000 NSP customers lost power. Some residences were still undergoing repair at year's end.

—Neighborhood residents expressed their fears and a twice-convicted child molester pleaded for a chance to start over during a public meeting that drew about 150 people to Highland Park Senior High School. The woman, who had a history of assaulting young boys, moved out of the area within a few months.

—Real estate developer Jerry Trooien unveiled plans to construct a three-story parking ramp for his RiverBank Business Center at Shepard Road and Davern Street. Site plan and height and setback variances for the project were upheld in November after being challenged by a local apartment owner.

—The St. Paul City Council denied a neighborhood appeal seeking to block construction of the Lexington Commons townhouse development at Lexington Parkway and St. Clair Avenue.

**June**—Parsons Brinckerhoff, the firm that oversaw construction of New York City's subway system, was selected to conduct a \$1.15 million assessment of public transit improvements in the Riverview Corridor through Highland Park. Meanwhile, Congress authorized up to \$120 million for light-rail projects in the Twin Cities, the lion's share of which is earmarked for the Hiawatha Corridor in Minneapolis.

—A potential loss of hundreds of thousands of dollars in state funds sent a shock through St. Paul public schools in the Villager area. Budget cuts were averted, however, when the Legislature passed a \$3 million allocation during a special session.

—Loud, repetitive train whistles at all hours of the day and night prompted hundreds of calls to St. Paul City Hall. The City Council quickly adopted an ordinance to ban engineers from sounding their whistles except as a warning of immediate danger to life and property.

**July**—Less than two weeks after moving into the 1400 block of Ashland Avenue, a convicted sex offender was back in jail after allegedly violating his parole by testing positive to signs of cocaine use. He was reincarcerated the day after a hearing was held to notify neighbors of his whereabouts. The hearing drew the interest of area residents and the television news show "48 Hours."

—St. Paul, Mendota Heights and the rest of the East Metro area started using the new 651 telephone area code. The split from Minneapolis, Fort Snelling and the rest of the West Metro, which will maintain the 612 area code, will become mandatory on January 10.

**August**—Earth First members and neighborhood activists blocked bulldozers from demolishing houses east of Riverview Road in South Minneapolis to make way for the realignment of Highway 55. In late December, 600 officers were called in to arrest the protesters and the homes were leveled.



City workers left a narrow path through the wood to Gordon Glendenning's Pinehurst Avenue home following the May 30 storm. Photo by Mike Long.

—Some 300 South Minneapolis residents gathered at Roosevelt High School to complain about jet noise rattling their windows and drowning out their radios and televisions.

—Developers and preservation advocates alike applauded a plan for reusing Fort Snelling's 141-acre Upper Bluff.

**September**—The Ford Bridge Task Force approved an \$8.7 million plan to widen the bridge and restore some of its original styling.

—An advisory committee reviewing St. Paul's billboard regulations made conflicting recommendations to the City Council: one that would ban all new billboards and another that would allow for the replacement of existing billboards.

**October**—Citizens for Safe Streets was formed by residents interested in seeing Ayd Mill Road linked to the interstate system in order to relieve traffic congestion on local thoroughfares. The Midway and Snelling-Selby area chambers of commerce also came out in favor of connecting the roadway to the freeways.

**November**—An early draft of the Shepard-Davern Small Area Plan called for redesigning major thoroughfares in the area, but failed to impress neighborhood residents.

—Though three local DFLers easily won re-election to the state House of Representatives, having Jesse Ventura of the Reform Party in the governor's office and a Republican majority in the House for the first time in 12 years had them bracing for what undoubtedly will be a most unusual legislative session.

—Neighbors huddled around the spot in the 4100 block of 43rd Avenue South in Minneapolis where 70-year-old Robert Fernlund was gunned down in front of his home.

—The St. Paul School Board agreed to set aside \$2 million for construction of a new field house at Highland Park High School.

**December**—A \$3.5 million proposal by Blackheath Golf Limited to renovate and manage the Highland Park 18-hole golf course was rejected by the St. Paul City Council. A \$5 million proposal to renovate the city-owned course and clubhouse with public funds also was shot down.

—Four teen-age boys were charged with felonies following a weekend vandalism spree that resulted in nearly \$150,000 damage to Somerset Heights Elementary School in Mendota Heights.

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## Highland Area Community COUNCIL CAPSULE

**BOARD MEETINGS**  
Board meetings of the Highland District Council are held the third Thursday of each month at the Hillcrest Recreation Center, 1978 Ford Pkwy. The next meeting will take place at 7:00 p.m. on Thursday, January 21. For information, call the council office at 651-298-5138.

**CHRISTMAS TREES**  
The Highland District Council does not conduct a Christmas tree pickup. Residents can place their trees out with the trash.

**HOME TOUR**  
Homeowners are now being sought to open their residences for public viewing as part of the 1999 Minneapolis-St. Paul Home Tour. Houses of all types are needed. Those who are interested in nominating a home to be included on the tour should send the

name, address and phone number of the homeowner to the Highland District Council, 1978 Ford Pkwy., St. Paul, MN 55116. Nominations also may be faxed to the council office at 651-298-5139. The deadline for nominations is January 15.

- DATES TO REMEMBER**
- January 7: Community Development Committee meeting.
  - January 11: Transportation Committee meeting.
  - January 14: Community Services Committee meeting, 6:30 p.m.
  - January 18: Recycling pickup, 7:00 a.m.
  - January 21: HDC board meeting.
- All meetings will begin at 7:00 p.m. (unless otherwise noted) at the Hillcrest Recreation Center, 1978 Ford Pkwy. For information, call the council office at 651-298-5138.

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## Snelling-Hamline COUNCIL CAPSULE

**BOARD NOTES**  
The next meeting of the Snelling-Hamline Community Council will be held at 7:00 p.m. Thursday, January 7, in Room 103 at Liberty State Bank, 176 N. Snelling Ave. Those who attend are asked to use the Dayton Avenue entrance.

Neighborhood residents are welcome to participate on the council's four committees, which include Neighborhood Issues, Urban Garden Gait, Environment and Safety. Renters are especially encouraged to participate. For more information, call executive director Karen Dalton at 651-644-1085.

**RECYCLING INFORMATION**  
Blue recycling bins, recycling day stickers and Snelling-Hamline's 1999 curbside recycling schedule are now available at the community council's office, located at 1573 Selby Ave. Information also is available on hazardous waste disposal, compost sites, recycling automobiles and other environmental issues.

For information, call recycling coordinator Sherilyn Young at 651-644-1085 or the St. Paul Neighborhood Energy Consortium at 651-644-7678.

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## Macalester-Groveland COUNCIL CAPSULE

**BOARD MEETING SET**  
The board of the Macalester-Groveland Community Council will hold its next meeting at 7:00 p.m. Wednesday, January 21, at the Edgcombe Recreation Center, 320 S. Griggs St. Topping the agenda will be the election of a resident to fill the unexpired term of the representative from Grid 11, bounded by St. Clair, Jefferson, Fairview and Snelling avenues. The meeting also will include an overview of the Ayd Mill Road draft environmental impact statement. For information, call the council office at 651-698-7973.

**HOME IMPROVEMENT LOANS**  
The community council has information on state and local home improvement loan programs. Currently available to Macalester-Groveland residents are the MHFA Community Fix-Up Program and the Macalester-Groveland middle and moderate income fix-up programs. For details, call 651-698-7973.

**KIDSPARK REOPENS**  
KidsPark, the community council's drop-in child-care program, has reopened following a three-week holiday break. KidsPark operates out of the original playground building at the Groveland Recreation Center, 2045 St. Clair Ave. Hours are 9:00 a.m. to 3:00 p.m. on weekdays during the school year.

Families pay \$10 per morning for infant care and \$3.00 an hour for children age 16 months and older in addition to an annual membership fee. That fee has been reduced to \$25 for the remainder of this year. Reservations may be made up to one week in advance by calling KidsPark at 698-7841.

**SNOW SCULPTING CONTEST**  
Assuming there is enough snow, the Macalester-Groveland Community Council will host its sixth annual Teen and Family Snow Sculpting Contest from 10:00 a.m. to 4:00 p.m. on Saturday, February 6, at the Summit Avenue median between Albert and Pascal streets. Prizes will be awarded in both a teen and family category. For more information, call Lee Wallace at 651-698-7973.

**TEEN CONCERT**  
The Macalester-Groveland Teen Council will present a concert featuring three local teen bands on Saturday evening, January 9, at Immaculate Heart of Mary Church on Summit and Snelling avenues. For details, call 651-698-7973.



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# 1999 HEALTH AND FITNESS GUIDE

If you've resolved to improve your health and fitness this year, here's some expert advice on how best to do it.

## Mr. Sandman

Local neurologist marks two decades of helping folks get better night's sleep

by Michael Werner

On a typical day, Mark Mahowald meets several people who, after speaking with him for a few minutes, struggle to pay attention and even start to yawn. He is a thoroughly engaging gentleman, someone you'd hardly consider boring. So what accounts for their apparent disinterest?

Mahowald, a Merriam Park resident, is a neurologist and director of the Minnesota Regional Sleep Disorders Center at Hennepin County Medical Center. Many of the people he meets each day are afflicted with sleep disorders and live in a state of perpetual tiredness.

His patients suffer the gamut of sleep disorders, from apnea, in which they actually stop breathing for extended periods during the night, to sleepwalking. In some of the more severe cases, patients have come to see Mahowald after walking out of second-story windows, driving a car or cooking food while asleep.

One mother contacted Mahowald when her son's high school threatened to expel him the next time he was tardy. Mahowald said the boy would go to bed around 11:00 p.m., but would be nearly impossible to wake up in the morning. After examining him, Mahowald determined that the boy required 12 hours of sleep to function

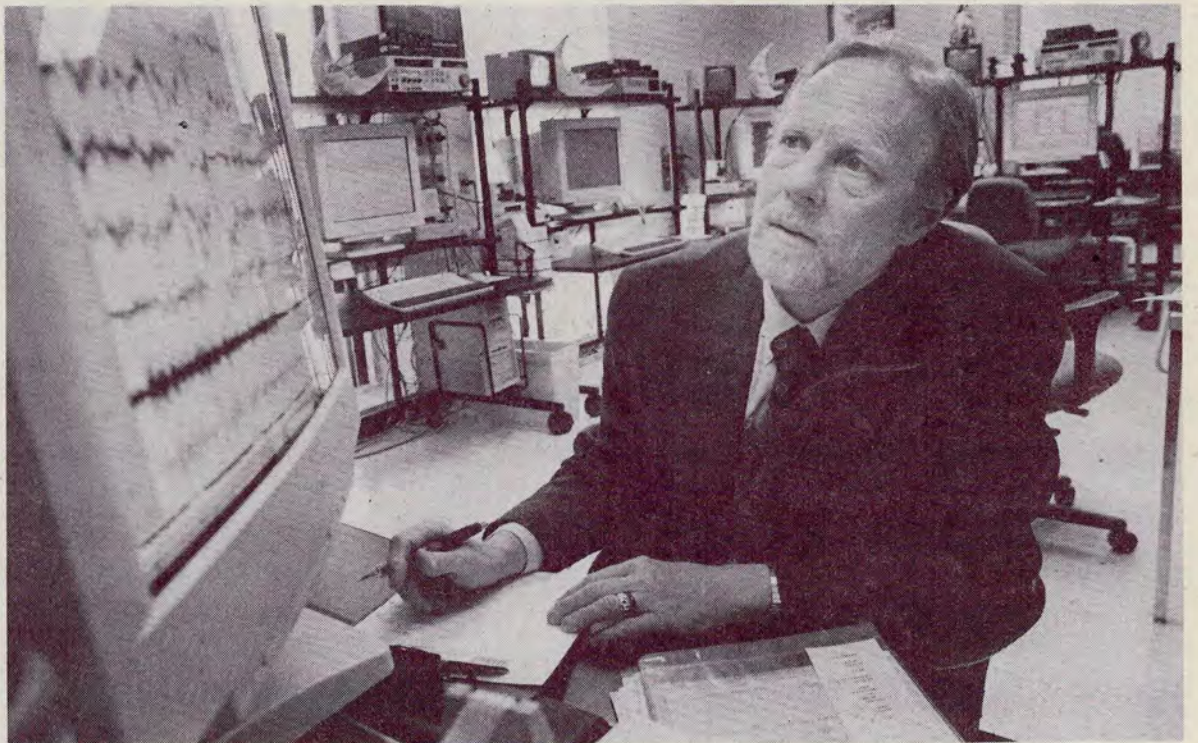
normally.

"If his parents were successful in waking him up, he'd go to school and sleep through his first couple of classes because he was actually in school during the last third of his sleep period," Mahowald said.

The school accommodated the boy's needs by not requiring him to be at school until 11:00 a.m. "He's going to have to go to summer school, but he'll be able to graduate with his class," Mahowald said. "We don't expel kids for having asthma or seizures, but we're willing to expel kids for having sleep disorders and these are medical conditions."

Mahowald said the public's perception of sleep disorders is often clouded by ignorance. "Most of us were raised with the attitude that sleep was negotiable," he said. "We were taught to wear sleep deprivation as a badge of honor. We've drastically cut down on the amount of sleep we get because of social and financial obligations without appreciating the fact that it comes with a price tag. As a society, we're ignoring the fact that sleep is a biological imperative."

Mahowald believes that some of the blame for the public's ignorance lies with the medical profession. "One-third of the medical schools in this country do not mention the word sleep in their entire curricula," he said. "People who go to doctors who've never been taught about



Mark Mahowald monitors a patient's breathing, pulse, brain activity and other movements at the Minnesota Regional Sleep Disorders Clinic that he helped found. Photo by Brad Stauffer.

sleep disorders generally end up not being properly diagnosed and treated."

Lillian Carlson's sleeping problems had been misdiagnosed for years by other doctors until Mahowald determined she had sleep apnea. "I explained to the other doctors the fact that I was always tired," she said. "They tested my thyroid, but that was OK. They told me to go to bed earlier, to not nap during the day and to not drink caffeine, but I wasn't having trouble sleeping. I was having trouble because I wanted to sleep too much."

Cases like Carlson's fuel Mahowald's personal mission to educate the public about sleep disorders. One of the ways he is doing that is by chairing the Medical School 2000 Task Force, whose goal

is to get all medical schools to include sleep disorders in their curricula.

"We have more hours at the University of Minnesota Medical School dedicated to teaching about sleep disorders than any other medical school in the country because of (Mahowald's) leadership role," said sleep center physician Dr. Carlos Schenck.

Mahowald's crusade began in 1978 when he helped found the Minnesota Regional Sleep Disorders Center. He had been running the brainwave laboratory at Hennepin County Medical Center where he saw a lot of patients with serious sleep problems who needed specialized care.

"When we started seeing patients with sleep disorders back in the '70s

there were no sleep facilities except for one in New York and another in California," he said. "We decided to set up our own sleep center. We were the only one in the Midwest for a long time."

Still, Mahowald never suspected the extraordinary number of people who suffer from sleep disorders. Today the center gets more than 2,000 patient visits and performs more than 1,000 sleep studies each year.

It is estimated that approximately 40 million Americans suffer from some sleeping problem. According to Mahowald, sleep apnea alone affects nearly 4 percent of adult men. "Very few things in medicine affect that many people," he said. "Many

Sleep/see page 15

## Ask Dr. Rice

by John D. Rice, M.D., Eye Physician and Surgeon

**Q:** What is glaucoma?

**A:** Glaucoma is a disease in which damage occurs to the nerve of sight — the optic nerve — because of high pressure inside the eye.

There are many forms of glaucoma. The most common is inherited in a person's genes. This form is usually controlled by using drops. It can't be cured.

Sometimes medications don't control glaucoma and laser treatments or surgery are necessary. Some less common forms can be cured by surgery or by lasers.



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# Getting to the root of the problem

When it comes to treating illnesses, naturopaths believe ounce of prevention is always the best cure

by Victoria McCurdy

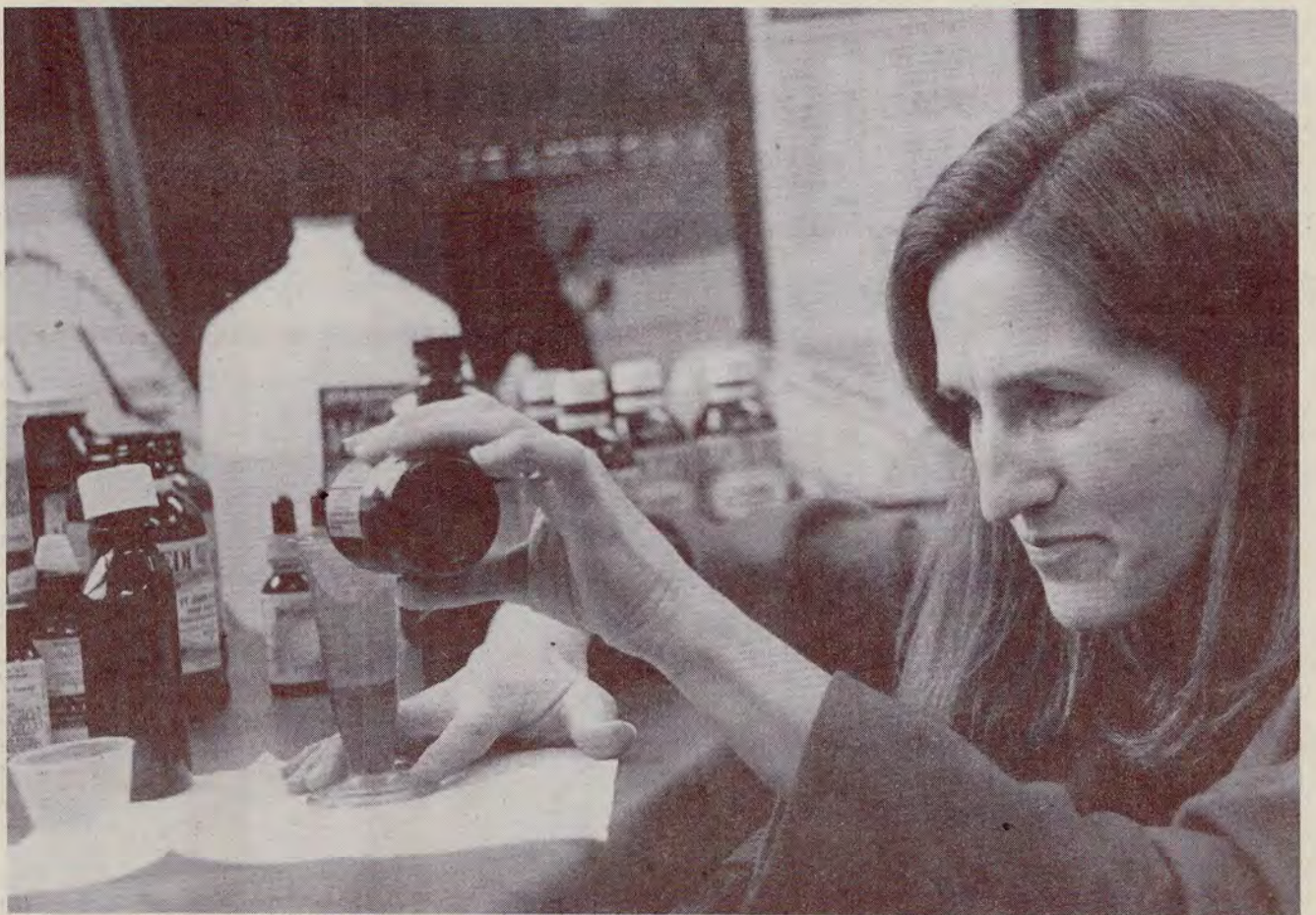
Don't wait until your body is in the throes of a cold or flu to consider your immune system. The time to strengthen it is now, while you're healthy.

That is the advice of Helen Healy, doctor of naturopathy and the sole proprietor of Well-spring Naturopathic Clinic, 905 Jefferson Ave.

"In terms of general immunity, you'd be surprised how beneficial a good multivitamin daily is," Healy said. "Just simple B vitamins and other nutrients are immune modulators, boosting white blood cells to do better surveillance and phagocytosis," which is the gobbling up of dead cells.

Healy's prescription for increased immunity includes regular exercise, rest, a diet that stresses whole grains, a variety of vegetables and protein, and daily doses of flaxseed and fish oils.

Naturopathy is a therapeutic system that employs natural remedies to treat and prevent illness. Naturopaths claim to be able to treat any kind of ailment, from heart disease to depression and infertility. Remedies might include botanical medicine, vitamins, traditional Chinese medicine, homeopathy or clinical nutrition. Trained in interpreting



Helen Healy, a doctor of naturopathy, blends herbs in her Jefferson Avenue clinic. Photo by Brad Stauffer.

## Naturopathic treatment for the common cold

So what if despite your immune-boosting efforts, you still succumb to a cold or flu this season? "Don't reach for the over-the-counter cold medications and tough it out at work," advises Amrit Degvun, St. Paul doctor of naturopathy. "Get the rest you need."

The following, according to Degvun, is the general naturopathic treatment for colds and flu:

- Drink plenty of water. Bacteria and viruses love dry mucous membranes.
- Wash hands frequently to avoid re-infecting yourself.

- Use tissue once and discard.
- Get plenty of rest.
- Eat a light diet of steamed vegetables, broth and fruit. Avoid dairy products, wheat and sugar.
- Eat plenty of onions and garlic to thin congestion.
- Add fresh ginger to foods, soups and a warm bath. Drink ginger tea.
- For adults, take 500 mg. of Vitamin C every two hours and 500 mg. of echinacea every two hours.

X-rays and lab results, naturopathic doctors are able to work with more conventional medical facilities.

"Our primary principle is 'First do no harm,'" said Amrit Degvun, a doctor of naturopathy with an office at 658 Selby Ave. "We try the least invasive techniques to stimulate the body's own healing capacity."

According to Degvun, naturopaths consider the whole body when coming up with a treatment plan. "When dealing with a heart problem, an allopathic (conventional med-

ical) doctor may or may not talk about diet, lifestyle or the back and foot pain a patient is having, whereas a naturopathic doctor sees everything as related and does not just treat the heart," Degvun said.

Naturopathic doctors stress prevention and education. They concentrate on treating the cause of an ailment rather than suppressing the symptoms with medication. "We try to give patients their own repertoire of knowledge so that they can work toward health," Degvun said.

Degvun believes that professional guidance is important when taking certain herbs. "People have this misunderstanding that anything natural is safe," she said. "But herbs may have side effects or may be contra-indicated in combination with certain medications."

Most of the patients seen by naturopaths are people who have seen a physician and either received no diagnosis because of inexplicable symptoms or are unhappy with the diagnosis they received because it offered little hope for a cure. The minority are people who feel great and want to stay that way. "The majority of society is not in a preventative mode," said Degvun. "Those who are are very refreshing."

Both Healy and Degvun moved here from states where naturopaths are licensed. In Minnesota they are not. Initially that was a concern for Degvun, a graduate of the Canadian College of Naturopathic Medicine in Ontario. "I thought, 'Do I really want to move from a province where there are over 300 licensed N.D.'s, where naturopathy is already recognized and officiated?'" Degvun said.

There were just four formally educated naturopaths in the state when Degvun

Naturopathic/see page 17



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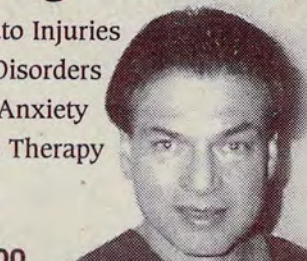
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## Visions of sugar plums still danced despite being totally wired at bedtime

by Michael Werner

That night I dreamt I was a Christmas tree. Different colored wires were strung across my body from my legs to my head and all of them were plugged into a master control box hanging from my neck.

The next morning, I rose from bed only to be yanked back by the jumble of wires clinging to my body. My gaze immediately swung down to my feet to see if I had any neatly wrapped presents lying beneath me.

I rubbed the sleep out of my eyes and it suddenly occurred to me that it wasn't Christmas and I wasn't a tree. I looked up and realized I was lying in bed under the watchful eye of a video camera. Then it all came back to me. I'd spent the night at the Minnesota Regional Sleep Disorders Center for a sleep study.

The previous night a sleep technician had carefully taped electrodes to my body in order to monitor my breathing, pulse, brain activity, muscle activity, blood oxygen level and eye movements while I slept. One electrode was placed on each leg, two on my torso, three under my chin and one alongside each eye. My head posed a problem. My thick shocks of hair prevented the sleep technician from wiring my scalp. When she presented me with the option of shaving my head, I started to sweat. Maybe participatory journalism isn't such a great idea after all, I thought. Fortunately, I could also have the

electrodes fastened to my scalp with super glue, which seemed like a small price to pay.

A few minutes later, I was fully wired and ready to go. But go where? I was wearing pajamas and slippers and had wires streaming from every limb. If I left the sleep center looking like that I would've certainly ended up in a center for disorders of an altogether different kind.

I decided to relax in the center's lounge, which is the only place I know where total strangers can socialize in pajamas and bathrobes and feel perfectly normal. Soon I was overcome by a fit of yawns and it was off to bed.

The sleep technician ran a few final systems checks and within minutes I was tucked in, ready for some shuteye. However, I was convinced that with an interstate of wires stretched across my body, sleep would be a long way off. I laid my head down and began to think about the holidays. The next thing I knew I was awake looking for Christmas presents at my feet.

That morning, the sleep tech showed me my charts, which measured everything from the various sleep stages I'd been in to my sleep efficiency. When the sleep tech told me I was "pretty boring" while asleep, I was glad to hear it.

One final note, especially to my friends and relatives who've tried to claim otherwise: I now have documented proof; I don't snore.

## Sleep disorders treated /from page 13

people haven't heard of (sleep apnea), but it's about as prevalent as asthma or diabetes."

Not nearly as common, but considerably more disturbing, is REM Sleep Behavior Disorder, which in the case of Mel Abel nearly caused him to snap his wife's neck. Abel had been dreaming and did not realize what he was doing until he awoke to his wife's screams. REM Sleep Behavior Disorder, which was first discovered by Mahowald and Schenck in the early 1980s, is a condition in which the normal paralysis associated with REM sleep is absent, allowing the sleeper to act out his or her dreams.

Even more alarming to Mahowald is the number of sleep-related motor vehicle accidents. It has been estimated that as many as 200,000 accidents occur annually as a result of a driver falling asleep at the wheel.

"Fall-asleep motor vehicle accidents kill more young Americans than alcohol-related accidents," Mahowald said. "We teach our kids not to drink and drive, and not to drive without seatbelts. But no one teaches them that driving sleepy is dangerous."

Ironically, Mahowald's vocation often leads him to lose the thing he holds so dear. "The sleep doctor doesn't always get much sleep," said Schenck, noting that Mahowald regularly calls the sleep center at 11:30 p.m. and 5:30 a.m. to check on the status of patients who are being kept overnight for observation.

The sleep center is currently seeking volunteers for two studies: one on a new treatment for insomnia for people age 65 and older, and another on a new drug for people who have trouble getting back to sleep at night. For more information, call 612-347-4031.

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Mella Martin, who is licensed in both skin care and massage therapy, demonstrates her technique on Michelle Henry at Mella Day Spa on Grand Avenue. Photo by Brad Stauffer.

**Show of hands is far from unanimous on bill to regulate massage therapists**

by Catherine Condon

A bill that will be before the Minnesota Legislature this year to establish uniform regulations for massage therapists is rubbing some practitioners the wrong way. The bill would allow massage therapists with two years of experience to register with the state with minimal education requirements, but after a year any new or unregistered massage therapists would need at least 500 hours of massage therapy education and would have to pass a national certification exam to be registered. Massage therapists who don't register would be allowed to practice, but they would not be permitted to use the title massage therapist.

"The bill would protect the title, but not the scope of the practice," said Sheila Sweeney, a Macalester-Groveland resident and vice president of the Minnesota chapter of the American Massage Therapy Association (AMTA), which is lobbying for the bill.

Sweeney, who is a massage therapist in private practice, is also a member of the Coalition for the Regulation of Massage Therapists and Oriental Bodyworkers, which drafted the bill. "We looked for standards that are nationally recognized," she said. "Twenty-eight states and the District of Columbia are regulated with a standard that is at least this tough. Most of them have mandatory licensure."

Proponents of the bill argue that it would give massage therapy more credibility. Currently, "each city has its own massage licensing process," said Mella Martin, owner of Mella Day Spa on Grand Avenue. In St. Paul, a massage therapist must pass either a written and practical exam or a national certification exam and pay a \$66 annual fee. In Mendota Heights massage therapy can only be practiced in a private home. In Minneapolis the practice is unregulated.

However, some massage therapists believe the bill could drive many smaller practitioners out of business. "Most massage therapists do it part time," said Nancy Hone, a former registered nurse who operates Alternative Healing Arts, a homeopathy and naturopathy

service on Grand Avenue. Requiring them to complete a course of study and purchase an annual license might discourage them from starting a practice, Hone said.

One of the founders of the Minnesota Natural Health Coalition, which opposes the bill, Hone called the proposal "an oppressive attempt by a small group of people to secure an economic base for themselves. Some massage therapists have been mentored by people who have done massage for 30 years," Hone said, "and now they can't use the title 'massage therapist' unless they're registered? How is this going to look to the public?"

An education in massage therapy is vital, according to Sister Rosalind Gefre, who oper-

ates two clinics in the Twin Cities, including one in Highland Park. Gefre, who supports state licensing for massage therapists, established her first school for professional massage in 1983 in St. Paul and has since expanded to Rochester, Mankato and Fargo. Her 650-hour program includes a study of anatomy and hands-on training.

"People still have the idea that you just take an overnight workshop and

then go and massage," Gefre said. "We feel that in order to do good work you need background." Gefre believes the new requirements would also better prepare massage therapists to interpret physicians' directions and to keep records for insurance purposes. "We have loads of doctors writing orders for massage," she said.

Until 1993, St. Paul required massage therapists to have a certain number of hours of education, according to Barbara McMonigal-St. Dennis, an environmental health specialist with the city's Office of License Inspections and Environmental Protection. Though the city has dropped that requirement, "we're seeing people coming in with more and more hours of education," McMonigal-St. Dennis said. About 120 people hold massage practitioner licenses in St. Paul, she said, "and I don't know of anybody who's come in that hasn't had education."

Martin has practiced massage therapy for

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Massage/see next page

# Massage therapy

16 years. The four massage therapists on her staff have all been certified through schools like Gefre's. However, Martin isn't completely sold on the bill. "I've got a foot in both camps," she said. "There's nothing wrong with basic guidelines (that ensure that) people are trained properly, but I think there's something wrong with (the guidelines) being driven by just the schools and the associations. They all have personal goals."

"Who says a massage therapist needs to have 500, 600 or 200 hours of education?" Martin asked. "And what happens to independent contractors who don't have the time or money to go back to school. I'm against a bill that's not fair to existing therapists. I know massage therapists who have trained for 40 hours and they're better than people who have 300 hours. It's like any school—it's who you study with, and you always learn more after you leave."

According to Hone, massage is a healing art, not a science, and government should not regulate healers. "It doesn't take a rocket scientist to do body work," she said. "People do this naturally. Put a body down, pretend it's a loaf of bread and start working. You can't hurt anybody. We're not adjusting the body. We're not poking anybody."

Sweeney disagrees. Having a large percentage of massage therapists practicing with little formal education could mean potential harm to consumers, she said.

Besides, "massage therapists who choose not to register can still do exactly what they've been doing," Sweeney said. "They just have to change their title. They could call themselves body workers or touch therapists or whatever they want. It might mean that someone has to pay \$40 for new business cards, but it shouldn't put anyone out of business."

# Naturopathic medicine

opened her practice in 1996, she said. One of them was Healy, who had moved to St. Paul in 1984 after graduating from the National College of Naturopathic Medicine in Portland, Oregon. Healy had passed through the Twin Cities on a cross-country bicycle trek in 1983 and was smitten. "I thought if a city has this much enlightenment about bike trails, it can't be all bad," she said.

Healy joined Wellspring founder Tom Stowell's practice and continued on as sole proprietor after his death in 1994. "Tom graduated from my alma mater in Oregon, one of 12 states in the U.S. that license naturopaths," Healy said. "He knew he'd have to change the law here in Minnesota, and that's why he located in St. Paul—to be near the Legislature."

According to Healy, naturopaths have been trying to get licensed in Minnesota since 1909. Two years ago, they finally received the support of the Minnesota Medical Association, which once had vehemently opposed them, but they still face opposition from others in alternative medical medicine, she said.

"There are naturopaths in the state who have degrees from correspondence courses but who haven't done four years of intensive graduate study at a naturopathic college," she said. "Under the most recent legislative proposal, they would be unable to call themselves naturopathic doctors anymore."

A bill to license naturopaths was defeated by the 1997 Legislature, Healy said. The Minnesota Association of Naturopathic Physicians plans to reintroduce it in the future.

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January 20  
**Deadline:**  
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Next Issue: Jan. 20  
 Deadline: Jan. 13

# After cracking 40, writer discovers a whole lot more of him to go around

by John D. Monto

**Y**ou've seen those T-shirts with "Life Begins at Forty" emblazoned across the front. You may even own one. Anyone who has hit the big four-oh would like to think that all the really good stuff is yet to come—things like senior citizen discounts and priority seating.

It wasn't so long ago that I could smile at attractive women on the street and they'd smile back. Now they stare away clutching their police whistles. Perhaps I'm just imagining it.

Maybe growing older is different for women—liberating even. As their bodies change, do they find men talk to them with greater ease? After 40, do they find they don't have to have their guard up as much? I wonder if they miss it.

I don't know who said it, but youth really is wasted on the young. When you have the energy and enthusiasm of youth, you don't know your gas cap from the back end of a horse. You bounce through the world with a false sense of confidence, leaving a lot of angry horses in your wake.

OK, I know. I'm whining. I've passed 40 and I wouldn't go back. But I could do

without the extra chin. And maybe I'm paranoid, but I swear I can feel my arteries clogging. I picture these cholesterol logs floating through my bloodstream. I'm just days away from a fatal log jam.

I've still got my own teeth, thanks to Allied Aluminum, but I've got to learn a whole new way of moving. I can't stay in bed too long or my back plays hell with me. One too many pancakes and I blow a button off my pants.

And have you noticed how butt cleavage wants to grow once you pass 40? It keeps trying to creep up past your belt line.

It may be handy if you happen to be a carpenter and need a place to stick your pencil, but I'm at war with butt cleavage and I'm not going to give an inch. I'll be wearing my pants up under my armpits before I surrender.

That's why you see old guys with their pants up like that. It's the lesser of two evils.

And what about hair? I've still got plenty on top, but it's starting to show up in other places where it doesn't belong. My wife once asked me if she could braid my ears. I had no idea I had hair in my ears.

That's when I said I needed new glasses. I'm not sure I'm going to do get them, though. I'm afraid of what else I might find in the mirror.

# Remember to drink water during winter

Most of us know that hot weather means we need more water and other fluids for our health. What many people may not realize is that good hydration is equally important for good health in the winter. Cold weather, well-heated homes, illnesses such as colds and flu, and even the soothing warmth of a hot cup of java can all be very dehydrating.

Here are some simple tips on how to ensure good hydration in cold weather months.

- Drink at least eight 8-ounce glasses of water daily.
- Space water consumption throughout the day. Keep a full pitcher or glass handy to re-

mind yourself.

- Increase water consumption if you are dieting or if you have a cold or flu.
- Drink extra water before and after vigorous activity or exercise.
- Drink an extra glass of water for each cup of coffee or tea and for each glass of an alcoholic beverage that you drink.
- Make sure your children, especially very young children, are getting ample fluids, especially if they are heavy consumers of caffeinated soft drinks.

Courtesy of Article Resource Association, [www.aracopy.com](http://www.aracopy.com).

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# THE KIOSK

## Wednesday/January 6

A SUPPORT GROUP for people with depression will be offered from 7:00 to 8:30 this evening and on the first and third Wednesday of each month at the Jewish Community Center, 1375 St. Paul Ave. For information, call 651-698-0751.

"LIVING DURING THE AGE of Titanic," an exhibit of historic photos, travel diaries, letters, brochures and other documents illustrating James J. Hill's involvement with steamship travel, will be exhibited today through April 3 at the Hill House, 240 Summit Ave. Seventy-five minute tours will be offered between 10:00 a.m. and 3:30 p.m. For ticket information, call 651-297-2555.

THE HIGHLAND MAC-GROVELAND Family Center will hold its monthly board meeting from 6:30 to 8:30 this evening at the Jewish Community Center, 1375 St. Paul Ave. For information, call 651-690-1645.

## Thursday/January 7

A PUBLIC HEARING on a new Solid Waste Master Plan for Ramsey County will be held at 5:00 this evening on the lower level of the Maplewood Library, 1670 Beam Ave. Copies of the plan are available at St. Paul public libraries. For information, call 651-773-4444.

"RAISING EMOTIONALLY Competent Children" will conclude with a program on the emotions of pre-adolescent children from 7:00 to 8:30 this evening at the Jewish Community Center, 1375 St. Paul Ave. The cost is \$10. To register, call 651-698-0751.

## Friday/January 8

THE COUPLE TO COUPLE LEAGUE'S four-month class in natural family planning will begin at 7:30 this evening at Bethesda Lutheran Hospital, 559 Capitol Blvd. To register, call 612-721-3791.

## Saturday/January 9

A SHABBAT LUNCH AND LEARN study group will meet today after services at the Temple of Aaron Synagogue, 616 S. Mississippi River Blvd. The group will study the 613 commandments and their rationale. For reservations, call 651-698-8874.

A LEARNER'S MINYAN to develop intellectual and spiritual connections to Sabbath morning prayers will take place from 9:00 to 10:00 this morning in the library of the Temple of Aaron Synagogue, 616 S. Mississippi River Blvd. For information, call 651-698-8874.

SECOND CHANCE ANIMAL RESCUE, a nonprofit, all-volunteer animal rescue organization, will hold an Animal Adoption Day from 11:00 a.m. to 3:00 p.m. today at Petco, 2277 Ford Pkwy. The adoption fee includes a free initial vet exam and ID tag. For information, call 651-771-5662.

## Sunday/January 10

DR. HAROLD KATZ, a specialist in endocrinology at United Hospital, will speak



**Graffiti? No.** The Macalester-Groveland garage of Carole Selin (right) has served to elevate the artistic talents of area teenagers Nick LaPierre (left) and John Stephens. The trio recently toasted the completed mural. Photo by Terry Faust.

on "Navigating the Endocrine Maze" at 10:00 this morning at a women's issues forum at the Jewish Community Center, 1375 St. Paul Ave. The cost is \$7.00, or \$5.00 for JCC members. Call 651-698-0751.

## Monday/January 11

IRISH LANGUAGE CLASSES will be offered by Gaeltacht Minnesota from 7:00 to 9:00 this evening and every Monday in the Hibernian Life Insurance offices, 790 S. Cleveland Ave. This free class offers beginning, intermediate and advanced instruction on an ongoing basis. For information, call 651-690-3888.

## Tuesday/January 12

A NEW PARENTS AND BABIES GROUP will meet from 9:30 to 10:30 this morning and every second Tuesday of each month at the Jewish Community Center, 1375 St. Paul Ave. This month's meeting will focus on bedtime issues. To register, call 651-698-0751.

A FAMILY ISSUES PARENTING GROUP will meet from 7:00 to 8:30 this evening and the second Tuesday of each month from May to September at the Jewish Community Center, 1375 St. Paul Ave. This month's meeting will focus on positive discipline. To register, call 651-698-0751.

## Wednesday/January 13

THE LONGFELLOW GARDEN CLUB will meet at 7:00 this evening at the Mother Earth Garden Center, at 42nd Ave. and 38th St., Minneapolis. The guest speaker will be horticulturist Fred Glasoe who will give a slide show tour of New Zealand.

A FREE SUPPORT GROUP for those caring for an elderly or chronically ill person will meet from 6:30 to 8:30 p.m. on nine Wednesdays beginning today at St. Helena's Church, 3204 E. 43rd St., Minneapolis. To

register, call 612-672-7272.

## Thursday/January 14

A WORLD WAR II ROUNDTABLE discussion on "Marine Operations on Guadalcanal and Bougainville" will take place at 7:00 this evening at Historic Fort Snelling. Admission is free. For information, call 612-726-1171.

A REFRESHER COURSE for elderly drivers will be offered from 10:00 a.m. to 3:00 p.m. today at the Jewish Community Center, 1375 St. Paul Ave. The cost is \$8.00. To register, call 651-698-0751.

"GOVERNOR VENTURA: Minnesota's Gubernatorial Election and its Implications for The Body Politic," a public seminar, will be held from 12:30 to 5:30 p.m. today in Cowles Auditorium of the Humphrey Institute of Public Affairs, 301 S. 19th Ave., Minneapolis. The cost is \$25 or \$10 for students. For information, call 612-625-8330.

## Saturday/January 16

A STAMP BOURSE will be held from 10:00 a.m. to 5:00 p.m. today and from 11:00 a.m. to 4:00 p.m. tomorrow at the Kelly Inn, at I-94 and Marion St. Admission is free. For information, call 612-544-4431.

A LUNCHEON AND CARD PARTY will be held at 1:00 this afternoon in Carolyn Hall at St. Mark's Catholic Church, on the corner of Dayton Ave. and Moore St. The cost is \$6.00. For information, call Jeanette at 651-645-4964.

MICHAEL PAYMAR, state representative from District 64B, will hold a constituent forum from 9:30 to 11:30 this morning in the Village View Room at the Hillcrest Community Center, 1978 Ford Pkwy.

THE JAPAN AMERICA SOCIETY of Minnesota will hold its annual New Year's Celebration and Silent Auction from 5:00 to

8:30 this evening. Proceeding the celebration will be the society's annual meeting from 4:00 to 5:00 p.m. The evening will include a dinner, dance, games, arts and crafts and entertainment by the Kogen Taiko Ensemble. The cost is \$24, \$19 for society members and \$11 for children 12 and under. For information, call 612-627-9357.

## Sunday/January 17

A CZECHOSLOVAKIAN DINNER will be held today at the C.S.P.S. Hall, 383 Michigan St. Dinner will include Jitnice sausage, raised bread dumplings with gravy, sauerkraut, rye bread and dessert. The first seating will take place at 12:30 p.m. and the second will take place at 2:30 p.m. The cost is \$8.50 for adults and \$3.00 for children ages 6-12. For information, call 651-224-6498.

## Monday/January 18

THE TEMPLE OF AARON Women's Rosh Chodesh group will meet from 7:30 to 9:00 this evening at Caffè Con Amore, 917 Grand Ave. The group will study Rebecca Tiktiner, a published wise woman from Prague who lived during the 1500s. For information, call 651-698-8874.

## Tuesday/January 19

A CLASS on "Raising Your Spirited Child" will be led by author Mary Sheedy Kurcinka from noon to 1:00 beginning this afternoon and continuing through April 27 (except Feb. 16 and March 16 and 30) at the Jewish Community Center, 1375 St. Paul Ave. The cost is \$75. To register, call 651-698-0751.

AN ILLUSTRATED LECTURE on "Luxury on the Atlantic: The Hill Yacht" will be given at 7:30 this evening at the James J. Hill House, 240 Summit Ave. Following the lecture, visitors can enjoy light refreshments and tour the house. Admission is free. For reservations, call 651-297-2555.

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by Eric Klein

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## SCHOOL NOTES

The University of St. Thomas is studying the feasibility of bringing back its law school. A likely location for the law school, which closed its doors in 1933, would be on or near UST's downtown Minneapolis campus, according to university officials. The university has formed an advisory board to assist in the study. The board includes 19 lawyers, judges, business executives, community leaders and law school administrators. David Link of the University of Notre Dame Law School is serving as a consultant.

Visitation School in Mendota Heights will hold an Upper school open house at 7:00 p.m. Wednesday, January 13, for prospective families interested in grades 9-12. For information, call the admissions office at 651-683-1707.

The Minnesota Center for Arts Education-Arts High School in Golden Valley will host informational sessions at 11:00 a.m. and 2:00 p.m. on Saturdays, January 9 and 23. The residential, tuition-free public high school is open to 11th- and 12th-graders statewide. Students concentrate in one of six arts areas: visual, literary, media, theater, dance or music. The application deadline is February 1. For information, call 612-591-4710.

The Highland Mac-Groveland Family Center will offer a presentation on "First Step to School Choice" at 6:30 p.m. Thursday, January 14, at the Jewish Community Center, 1375 St. Paul Ave. The event is designed for parents of preschoolers and will include information on elementary school options, different learning styles, public school registration and the St. Paul Public Schools' upcoming Parent Information Fair. For information, call Vicki Katz at 651-690-1645.

Richard Schulze, 57, founder and CEO of Best Buy, was recently awarded an honorary doctor of laws degree by the University of St. Thomas in recognition of his business acumen. Schulze had planned to enroll at St. Thomas after graduating from Central High School in 1958, but service in the Minnesota Air National Guard and work derailed his plans. He opened Sound of Music in 1966 at

the corner of St. Clair and Hamline avenues. The business evolved into the Best Buy Co. in 1983. Last year, Best Buy reported a profit of \$187 million on \$8.4 billion in sales. The chain now has 40,000 employees and 300 outlets in 30 states.

South Suburban Adult Basic Education is offering free classes this winter in math, reading and writing. The classes are held throughout the week in a variety of locations. For information, call 651-457-9441.

Cretin-Derham Hall, 550 S. Albert St., will host a 9th-grade placement test at 8:30 a.m. Saturday, January 16. There is a \$10 fee. All applications for the 1999-2000 school year are also due that day. For details, call Mary Jo Groeller at 651-696-3302.

School District 197 Community Education is offering a slate of winter adult enrichment classes beginning this month. Topics include aqua exercise, lifeguard training, crocheting, knitting, computers, ballroom dancing, karate, weight loss and smoking cessation, aerobics and more. Registration may be made by calling 651-681-2389 or stopping in at the Learning Center, 1300 Mendota Heights Road. For information, call 651-681-1289.

The Germanic-American Institute, 301 Summit Ave., will start its winter session of German language classes on January 11. For information, call 651-222-7027.

Reverend Edward Flahavan, 67, was recently presented with the John A. Ryan Award from the University of St. Thomas. Flahavan, a Portland Avenue resident who was ordained in 1957, was honored for his contributions to social justice. He served for a decade as executive director of the archdiocese's Urban Affairs Commission, ministered at inner-city parishes throughout the Twin Cities and for nine years was chaplain at the Ramsey County Correctional Facility.

Weekend College, the College of St. Catherine's alternative undergraduate program, will be explained to prospective students at 9:30 a.m. Saturday, January 9, on the campus. To register, call 651-690-8828.

## RELIGIOUS NOTES

The Temple of Aaron Synagogue, 616 S. Mississippi River Blvd., will offer a healing service at 7:00 p.m. Friday, January 8. For information, call 651-698-8874.

"Expressive Arts: The Power to Heal" will be offered from 1:00 to 4:00 p.m. Sunday, January 10, at Mount Zion Temple, 1300 Summit Ave. The program is the first in a series of seven monthly workshops that will be held at various Twin Cities synagogues. The series is sponsored by the Twin Cities Jewish Healing Program. For information, call 612-542-4864.

The Church of St. Helena, 3204 E. 43rd St., Minneapolis, will offer a four-part series on "Sacred Time—Celebration of the Jubilee and Sundays" by the Reverend John Zuhlsdorf, at 8:00 p.m. on Wednesdays, January 6-27. The presentations will focus on Pope John Paul II's instructions for celebrating the millennium, along with his recent letter regarding the religious observance of Sundays. The cost is \$3.00 per evening. For complimentary tickets, call 612-729-7321.

Minnehaha United Church of Christ, 4001 S. 38th Ave., Minneapolis, continues to offer a simple living support group at 7:00 p.m. the first Wednesday of each month. Other small groups offered by the church include Dismantling Racism, Prayer-in-Action, Banners and More (for decorators), and Couples and More. For information, call 612-729-7556.

"What Does Judaism Say About Life After Death?" will be offered at 7:30 p.m. Wednesday, January 13, at Mount Zion Temple, 1300 Summit Ave. The event is the latest in a discussion series geared to Jewish singles. For information, call the temple at 651-692-8306.

"Derekh Torah: The Way of Torah" will be offered at 7:00 p.m. on Thursdays, January 14-June 10, at the Jewish Community Center, 1375 St. Paul Ave. The program is geared to adults who want to explore Judaism and define its place in their lives. The sessions will explore Jewish history, theology and the practice of Jewish living. The cost is \$130 for JCC members and \$180 for others. For information, call 651-698-0751.

A "Prayer for Vocations Day" will take place on Monday, January 11, at Cretin-Derham Hall, 550 S. Albert St. Students will join members of the Serra Club of Midway, a fraternal order of Catholics, for a 12-hour prayer vigil that will begin with Mass at 7:15 a.m. in the school chapel. Members of the public are welcome. For information, call Bryan Dan at 651-696-3363.

"What Makes Jewish Ethics Jewish," the second part in a series on Reform Judaism, will be presented at 9:45 a.m. Sunday, January 10, at Mount Zion Temple, 1300 Summit Ave. For information, call 651-698-3881.

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# ON THE TOWN

## Portraits of the Holocaust

### Artist depicts state-sponsored genocide one murder at a time

by Jeff Mores

**H**oward Oransky spent the first 18 years of his life dreaming about becoming a doctor. His mother had always encouraged him to make a positive contribution to society, and medicine was the most appealing way he knew how. But in his 19th year, Oransky discovered another way to contribute. He discovered art.

A Portland Avenue resident, Oransky has spent the past 23 years bringing the events of the Holocaust to life through his painting, effectively lifting that tragic chapter of Jewish history out of the textbook and onto canvas.

Three of his paintings are among 85 works by 21 artists featured in "Absence/Presence: The Artistic Memory of the Holocaust and Contemporary Genocide." The exhibition opens on January 7 in the Katherine E. Nash Gallery at the University of Minnesota.

The show brings together artists with a wide range of ethnic and religious backgrounds. Their art captures images of Jewish, Gypsy, African, Armenian, Native American and Yugoslavian genocide. Included are works by Francis Yellow, a Lakota Indian now living on East Minnehaha Parkway in Minneapolis; Bosnian-born artist Vesna Kittelson of South Minneapolis; and Joyce Lyon of St. Anthony Park, a professor of art at the University of Minnesota.

Having grown up with a history teacher for a mother, Oransky was fascinated by the Holocaust at an early age and spent a great

deal of time researching the topic. However, he was unable to communicate his feelings on the subject until his sophomore year at California State University when he decided to give art a try.

"I had it in mind that I was going to be a doctor until the day I woke up to a screaming teacher in one of my chemistry classes," Oransky said. "I'd fallen asleep in class and

he was yelling at me. Right then I knew I was never going to get through chemistry or into med school."

Looking for a new course of study, Oransky stumbled upon art. "Our teacher told us that for our final project we were supposed to pick a theme or subject important to us," he said. "I knew right away I wanted to do a painting of the Holocaust. It went over so well, I decided to put my dreams of becoming a doctor on hold and see

what I could do as an artist.

"To justify the dramatic change, I gave myself a time line," Oransky said. "If at the end of 10 years I didn't consider myself an artist, I'd give it up."

He didn't have to. Oransky earned a bachelor's degree in art from CSU in 1981 and a master's degree in fine art from the California Institute of Art in 1984. Since then, his oil paintings have been displayed in galleries across the country. The *New York Times* has described Oransky's paintings as "timeless symbols of profound suffering." The *Nashville Scene* wrote that his intensity and application of paint "reveal an artist not seeking to judge humanity's destructiveness, but to capture the inverted beauty of its worst effects."

"My idea was to make a contribution to

**"The thing I love most about being an artist is that I don't have to compromise in my work." The political content is right up front. Oransky said. "I'm not interested in disguising or coding the issues."**



Howard Oransky at work in his Minneapolis studio. Behind him is his painting "A Soup Ration in the Lodz Ghetto," which he will be showing in February at the Touchstone Gallery in Washington, D.C. Photo by Brad Stauffer.

Jewish history through visual art," Oransky said. "I think that's something that was needed. So much art exists dealing with Christianity, but the Jewish culture is a very literary one. I wanted to create that missing picture."

Oransky is known for his use of detail to create a mood for each picture he paints. His triptych "Will These Bones Live?" which is included in the exhibit, is a prime example of this approach.

"I'm into incorporating emotional details,"

said Oransky, who also works as the assistant director of program planning at the Walker Art Center. "It's a way of individualizing the victim. You read in a textbook that 6 million Jews were killed during the Holocaust, but that number is so big it just washes over you. I'm not interested in the victim as a concept. I'm interested in bringing the details in each individual out and telling their stories."

"The thing I love most about being an

Oransky/see page 23

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# Music

**The Richard Paske Trio** will perform their original jazz from 8:00 p.m. to midnight Wednesday, January 6, at the Dakota Bar & Grille in Bandana Square. Call 651-642-1142.

**Soprano Dawn Upshaw** will perform with the Minnesota Orchestra at 8:00 p.m. Wednesday, January 6, and at 8:00 p.m. Friday and Saturday, January 8 and 9, at Orchestra Hall. For tickets, priced from \$18.25 to \$63.50, call 612-371-5656.

**The Westminster Music Series** will present an evening vespers service at 4:30 p.m. Sunday, January 10, at the Basilica of St. Mary. For information, call 612-332-3421.

**The Second Sunday Series** will present organist Kathrine Handford at 3:00 p.m. Sunday, January 10, at the Cathedral of St. Paul. Admission is free, but donations will be accepted. For the singer, call 651-228-1766.

**The Singer's Voice**, an autobiographical music series hosted by Dan Chouinard, will continue at 8:00 p.m. on Sundays at the Dakota Bar & Grille in Bandana Square with the following singers: Ann Reed on January 10. Call 651-642-1442.

**Soprano Renee Fleming** will perform the music of Debussy, Strauss and a series of American songs at 8:00 p.m. Monday, January 11, at Orchestra Hall. For tickets, priced from \$18.25 to \$52, call 612-371-5656.

**"Music Under Glass,"** a series of noontime performances on Thursdays from January 14 through February 18 in the Como Park Conservatory's Sunken Garden, will kick off with Central High School's Con-

cert Choir on January 14. Visitors may bring a bag lunch or order one from Black Bear Coffeehouse (\$6.25) for pickup at the Como Park Conservatory 30 minutes before the performance. Call 651-488-2327 for lunch reservations by noon the day before the performance. Admission is \$1.00, or 50¢ for seniors over age 62 and children ages 6-12. For information, call 651-487-8200.

**Pianist Emanuel Ax** will perform with the Minnesota Orchestra at 11:00 a.m. and 8:00 p.m. Thursday, January 14, at the Ordway Music Theatre and at 8:00 p.m. Friday and Saturday, January 15 and 16, at Orchestra Hall. For tickets, priced from \$19.51 to \$63.50, call 612-371-5656.

**Zeitgeist** will perform Jerome Kitzke's "The Redness of Blood," Eric Stokes "Whittlings," Martin Bresnick's "Pine Eyes" and Stacey Bowers "A Pattern Study" at 8:00 p.m. Saturday, January 16, at Holy Church-Unitarian, 732 Unity Ave. For tickets, priced at \$12 and \$14, call 651-224-7522.

**A Jazz Guitarathon**, featuring several of the best jazz guitarists from the Twin Cities, will take place from 7:00 to 11:00 p.m. Sunday, January 17, at the Dakota Bar & Grille in Bandana Square. Admission is \$8.00.

**"One Upon a Voice and Viol,"** featuring soprano Lisa Habeck and Julie Elhard on viola da gamba, will be performed at 4:00 p.m. Sunday, January 17, at St. Paul's Church on-the-Hill, 1524 Summit Ave. Admission is \$6.00 and \$10. Call 651-698-0371.

**A piano recital** will be given by South American pianist Roberto Buffo at 4:00 p.m. Sunday, January 17, in the Winton Great Hall of Westminster Pres-

# ON THE TOWN briefly



Ross Sutter will perform immigrant folk songs as part of "Scandinavian Sunday" from 2:00 to 4:00 p.m. on January 10 at Landmark Center. Admission is \$3.00 for adults and \$1.00 for children. For information, call 651-292-3225.

byterian Church, at 12th St. and Nicollet Mall, Minneapolis. For information, call 612-332-3421.

## Books

**James Shannon** will read from his book *Reluctant Dissenter* at 8:00 p.m. Friday, January 8, at Macalester-Plymouth Church, 1658 Lincoln Ave. Admission is free.

**The Hungry Mind Bookstore**, 1648 Grand Ave., will host the following readings at 8:00 p.m. (unless otherwise noted): Linda Back McKay will read from her book *Shadow Mothers* on Tues-

day, January 12; Colson Whitehead will read from his novel *The Intuitionist* on Wednesday, January 13; Peter Guralnick will read from his book *Careless Love: The Unmasking of Elvis Presley* on Friday, January 15; Chuck Logan will read from his novel *The Big Law* at 7:00 p.m. Saturday, January 16; and Patrick McCabe will read from his novel *Breakfast on Pluto* at 7:00 p.m. on Wednesday, January 20. Call 651-699-0587.

**Ray Gonzalez** will read from his collection of poetry *Cabato Sentora* at 7:00 p.m. Thursday, January 14, at the Weisman Art Museum, 333 E. River Road, Minneapolis. For information,

call 651-699-0587.

**T.C. Boyle** will read from his book *T.C. Boyle Stories* at 7:00 p.m. on Tuesday, January 19, at Macalester Plymouth Church, 1658 Lincoln Ave. Admission is free. Call 651-699-0587.

## Family

**"Snow Ball! A Winter World of Fun,"** an interactive exhibit bringing outdoor activities inside, has opened at the Minnesota Children's Museum, 10 W. 7th St. Visitors will enter through a giant snowball and spend a Minnesota winter's

evening. Children can visit an ice fishing house, a snow palace, a snow fort and participate in many different activities related to winter. The exhibit will run through February 21. Admission is \$3.95 for toddlers and seniors, \$5.95 for others. Call 651-225-6000.

**The Nokomis Community Library**, 5100 S. 34th Ave., Minneapolis, will offer the following activities throughout January: Toddler Time at 10:30 a.m. on Tuesdays; preschool films including *Harry the Dirty Dog* and *Wonder Dog* at 10:30 and 11:15 a.m. on Wednesday, January 6; preschool storyhours at 10:30 and 11:15 a.m. on Wednesdays beginning January 13; and the family films *Hundred Penny Box* and *Seven Wishes for Joanna Peabody* on Monday, January 25. For information, call 612-630-6700.

**"Theater in the Attic,"** a series of three short plays written by Patty Lynch and Beth Gilleland exploring the joys and stresses that families share, will be given at 12:30, 1:30, 2:30 and 3:30 p.m. on Saturdays and Sundays running through February 14 at the Minnesota History Center, 345 W. Kellogg Blvd. Admission is free. For information, call 651-296-6126.

**On the Road with Bear in the Big House**, starring the cuddly and charismatic bear from Disney Channel's Emmy Award-nominated *Bear in the Big Blue House*, will be performed Friday through Sunday, January 8-10, in the Rotunda at the Mall of America. The 15-minute live show will be performed at 1:00, 3:00 and 5:00 p.m. all three days. Call 612-883-8800.

**History Hijinx** programs for children ages 3-11 will be offered from 1:00 to 4:00 p.m. on

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Sundays at the Minnesota History Center, 345 W. Kellogg Blvd. The line-up includes the following: participate in a series of activities reminiscent of the fur trade era on January 10; and bake your own sweet potato pie on January 17. Admission is free. Call 651-296-6126.

**Young Dance** will perform "January Thaw" at 9:45 and 11:15 a.m. Thursday, January 14, and at 2:00 and 7:30 p.m. Saturday, January 16, in the St. Paul Student Center at the University of Minnesota, 2017 Buford Ave. The cost for Thursday's shows is \$3.00 in advance only. The cost for Saturday's shows is \$10 for adults, \$5.00 for students, seniors and students. Call 612-827-0650.

**Storytimes** for children ages 3-5 will be offered on Fridays from January 15 through February 19 at the Merriam Park Library, 1831 Marshall Ave. A storytime for day care groups will meet at 10:00 a.m. and a session for families will meet at 10:45 a.m. To register, call 651-642-0385.

**A Bright Idea**, the original musical based on the award-winning television series and children's books "The Magic School Bus," will be performed at 11:00 a.m. and 2:00 p.m. Saturday, January 16, at the Historic State Theatre. For tickets, call 612-989-5151. All profits will benefit medical research and education on Crohn's disease and ulcerative colitis.

**The Wizard of Oz**, starring Mickey Rooney as the Wizard, will open at 7:30 p.m. Friday, January 17, at the Historic Orpheum Theatre in Minneapolis. Performances will continue through January 24. For tickets, priced from \$25.50 to \$45.50, call 612-673-0404.

**"America: A Symphonic Portrait"**, a special concert for children, will be performed by the Minnesota Orchestra at 10:00 and 11:30 a.m. Tuesday and Wednesday, January 19 and 20, at Orchestra Hall. For tickets, priced from \$6.75 to \$7.75 for adults and \$5.75 to \$6.75 for children, call 612-371-5656.

Central Touring Theatre will



The Frederic Chopin Society will present pianist Angela Cheng performing the music of Mozart, Prokofiev, Chopin and Schumann at 4:00 p.m. Sunday, January 17, in the Janet Wallace Fine Arts Center at Macalester College. For tickets, priced at \$12 and \$15, call 612-822-0123.

present four original student plays at 7:00 p.m. Thursday, January 21, at Central High School, 275 N. Lexington Pkwy. Using music, dance, rap and poetry, the plays capture young people's impressions of everyday experiences. Tickets are priced at \$4.00 for adults and \$2.00 for children. Group rates are also available. For information, call 651-293-8700.

**Film**

**"Cinema With Passion,"** a festival of Hong Kong films, will take place at midnight on Fridays and 11:00 a.m. on Saturdays at the Riverview Theatre, 3800 S. 42nd Ave., Minneapolis, and at midnight on Saturdays at the Oak Street Cinema, 309 S.E. Oak St., Minneapolis. The festival will include the following: *Bullet in the Head* at midnight on Friday, January 8, at 10:30 a.m. (note time change) on Saturday, January 9, and at midnight on Saturday, January 16; and *Sonatine* at midnight Fri-

day, January 15, and at 11:00 a.m. Saturday, January 16. Admission is \$6.00. Call 612-376-7715.

**Etc.**



**District Auditions** for the Metropolitan Opera will be held at 10:00 a.m. Saturday, January 9, in the Ted Mann Concert Hall on the West Bank of the University of Minnesota. There also will be a master class at 1:00 p.m. in Sundin Hall at Hamline University. Admission is \$5.00.

**Dance**



A special "Swing Night" will take place from 8:00 p.m. to midnight Friday, January 8, at the Wabasha Street Caves, 215 S. Wabasha St. Swing Beat will provide the music for the dance. Lessons will be given at 7:15 p.m. Admission is \$8.00.

The TGIS Singles Social Club will hold the following smoke-

free singles dances at 8:30 p.m. on Saturdays: Canoise will provide the music for a dance on January 9 in the Hall of Tribes at the Thunderbird Hotel, 2201 E. 78th St., Bloomington; and The Classics will provide the music for a dance on January 16 also at the Thunderbird Hotel. Admission is \$10, or \$8.00 for those arriving by 9:00 p.m. Call 651-644-3443.

The Stars of Paris Opera Ballet will perform at 8:00 p.m. Thursday, January 14, at Northrop Auditorium. The evening will open with George Balanchine's *Apollo*. Other selections will include *Lilac Garden*, Argentine Oscar Araiz's *Adagietto* and Act III of *Raymonda*. For tickets, priced from \$25.50 to \$43.50, call 612-624-2345.

"Living the Dream," a dance concert celebrating the life and legacy of Dr. Martin Luther King, Jr., will be performed at 2:00 p.m. Sunday, January 17, in the Ted Mann Concert Hall on the West Bank of the University of Minnesota. Performers will include 10,000 Dances and Battlecats, the CAAM Chinese Dance Theater, the Dancers of Langa, Ragamala Music and Dance Theater, the Southwest High School Dancers, Kathleen Hardy and the Reginald Buckner Memorial Ensemble. For information, call 612-340-1900.

**Theater**



**Tilting At Windmills**, a new theater and arts program focusing on mental health issues and experiences, will open Brian Friel's *Faith Healer* at 7:30 p.m. Thursday, January 7, at the Cedar Riverside People's Center, 425 S. 20th Ave., Minneapolis. Performances will continue at 7:30 p.m. Thursdays through Saturdays and at 2:00 p.m. Sundays until January 30. For tickets, call 612-989-5151.

The Great American History Theatre, 30 E. 10th St., will open *To Kill a Mockingbird* on Saturday, January 16. Performances will continue on Saturdays and Sundays until February 21. For tickets, priced from \$16 to \$20, call 651-292-4323.



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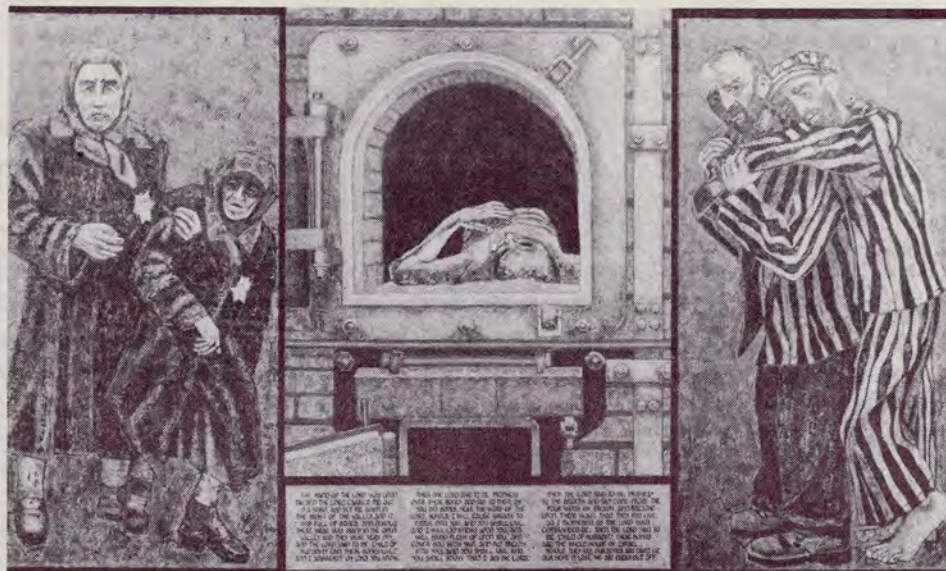
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**Oransky depicts emotions of Holocaust**/from page 21

artist is that I don't have to compromise in my work," Oransky said. "The political content is right up front. I'm not interested in disguising or coding the issues."

"Absence/Presence" will open with a reception from 6:00 to 8:30 p.m. on Thursday, January 7, in the gallery, which is located on the lower level of Willey Hall on the U of M's West Bank. The exhibit will run through February 25. Admission is free. Hours are from 10:00 a.m. to 4:00 p.m. on Monday, Tuesday, Wednesday and Friday; from 10:00 a.m. to 8:00 p.m. on Thursday; and from 11:00 a.m. to 5:00 p.m. on Saturday. To arrange a guided tour, call 612-624-0256.



Howard Oransky has spent 23 years painting images of the Holocaust. This triptych "Will These Bones Live?" is among three works by the Portland Avenue artist included in the exhibit "Absence/Presence." Photo by Petronella Ytsma.

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Park Square Theatre will open the area premiere of Richard Greenberg's *Three Days of Rain* at 8:00 p.m. on Saturday, January 16, in their performance space in the Historic Hamm Building, 20 West Seventh Place. Performances will continue through February 7. For tickets, priced from \$9.00 to \$24, call 651-291-7005.

St. Petersburg State Ice Ballet will present *Romeo and Juliet* at 7:00 p.m. Tuesday, January 19, at the Ordway Music Theatre. This production, featuring 150 costumes and an array of magnificent opera house sets, will

be the first time an ice skating performance has been presented on Ordway's stage. For tickets, priced from \$12.50 to \$35, call 651-224-4222.

## Exhibits



A new exhibit of popular prints and engravings from the 19th century has opened at the James J. Hill House, 240 Summit Ave. The exhibit will be open for viewing from 10:00 a.m. to 4:00 p.m. Wednesdays through Saturdays until March 27. Admis-

sion is \$1.00. For information, call 651-297-2555.

"Minnesota Churches: Just Down the Road," a photo exhibit by Doug Ohman, has opened in the gallery at Lutheran Social Service, 2485 Como Ave. The exhibit will remain on view until January 10. Call 651-969-2286.

"Discover Greatness! An Illustrated History of Negro Leagues Baseball," a new traveling exhibit featuring 100 photos and memorabilia, has gone on display at the Minnesota History Center, 345 W. Kellogg Blvd. The

exhibit will remain on display until March 14. Admission is free. Call 651-296-6126.

"With Two Voices: Selections of Western and American Indian Art from the Harmsen Collection," an exhibit of art from one of the nation's leading collections of Western Americana, has opened in the O'Shaughnessy-Frey Library Center at the University of St. Thomas. Admission is free. For information, call 651-962-5560.

"On the Road with Thomas Hart Benton: Images of a Changing America," an exhibit

of paintings, drawings and lithographs depicting America's transition from a rural agricultural nation to an urban, industrialized world power, has opened at the Minnesota Museum of American Art in Landmark Center. The exhibit will remain on view until February 14. Call 651-292-4355.

"Absence/Presence: the Artistic Memory of the Holocaust and Contemporary Genocide," will open with a reception from 6:00 to 8:30 p.m. Thursday, January 7, in the Katherine E. Nash Gallery at the University of Minnesota. The exhibit will run

until February 25.

"Nocturnes," an exhibit by Mike Lynch, Laura Hampton, Darin D. Anderson, Randy Reeves, Sarah Bowker, Eric Austen Erickson, Mark Horton and Matthew Smith, will open with a reception from 6:00 to 9:00 p.m. Saturday, January 9, at the Groveland Gallery, 25 Groveland Terrace, Minneapolis. Also, an exhibit of new paintings by Greg Graham and Cameron Zebrun will be on display in the Annex of the Groveland Gallery. Both exhibits will remain on view until February 13. Call 612-377-7800.

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# SPORTS

CODY'S CORNER

TOM CODY

## Townley leads Raiders in defense of title

by Bill Wagner

A basketball player of Kate Townley's talent doesn't customarily emerge from a game with welts and bruises. However, the 5-foot-10 junior point guard for Cretin-Derham Hall is not your customary talented player.

For Townley, it isn't nearly enough that she shoots, passes, rebounds and defends better than nearly anyone else on the court. She also dives and scraps for loose balls as if her life depended on it.

Townley's stellar play and 15-point average has helped lead the Raiders to a 6-0 record and a first-place ranking in the metro-area girls basketball poll in the early going of the 1998-99 season. The Macalester-Groveland resident's talents have not gone unnoticed by college scouts. Despite having another year to go as a prep player, she is already being courted by several Division I schools.

Townley was named all-state last year on a Cretin-Derham basketball team that won its section and finished runner-up in the Class AAAA state tournament. She averaged 16 points a game last season and set team marks in steals and assists.

"Her skills put her in the top few in the state," said coach Tom Cody. "She has good strength and good instincts for the game—and she plays really hard."

Time and again, the Raiders look to Townley to come up with the big play when they need it most, and she seldom disappoints. Last year, she helped propel Cretin-Derham into the state tourney with a last-second drive to the basket against Eagan in the section finals. Two years ago, in an early-



Cretin-Derham Hall's Kate Townley. Photo by Terry Faust.

season game against Hill-Murray, she scored 25 points, including eight in overtime, and added eight assists to lead the Raiders to victory. She considers it the best game she has ever played in a Cretin-Derham uniform.

"I was just a freshman then," she said. "It really helped my confidence."

She nearly equalled that performance last week by scoring 22 points to lead the Raiders to a 48-35 win over Roseville in the title game of the Hastings Holiday Shootout.

Townley also has demonstrated her athleticism in other arenas for the Raiders. In softball, she launched the longest home run in Cretin-Derham history. And in soccer, she led her team to the state tournament three years in a row.

Where did she come by

the zeal that sends her diving for loose balls on the court? It turns out she has had a more than capable role model in her brother Brennan, a Raider basketball player who graduated four years ago.

"I'm always competing and a lot of that comes from my brother," she said. "Brennan and I are quite close. He's always looking out for my best interests. He wants me to be successful."

Another role model was Kevin Anderson, a coach who spotted Townley as a Holy Spirit Grade School player and helped hone her raw talent by introducing her to basketball camps and Amateur Athletic Association competition.

"He was the kind of guy who'd never played basketball but knew everything about the game," Townley said. "He knew what he was

talking about and he knew how to teach it."

Earlier this season in a win over Highland Park, Townley hit for 15 points and dished off the ball to great effect. "She's a handful," said Scots coach Lynn Nelson. "When you have someone as strong as she is delivering the ball from the point, you've got a real problem. She can do it all."

"I'd say that she's one of the best point guards I've seen in all my time in Minnesota," said Pat Barrett, who has coached at Fridley for 14 years. "If you were to compare her to someone, it'd probably be Larry Bird. She does everything well. She controls the game. She knows when to dish the ball off and when to take the shot herself."

The Raiders have several other key players who are looking to make a return trip to the state tournament this spring. Senior forward Jackie Bye is averaging 10 points a game and ranks among the metro area's leading rebounders. Senior center Chrissy Melander is another veteran from last year's club and should get even better this season. Senior guard Kate Garvey, who is shooting 70 percent from three-point range, and junior guard Kristin Greenwood also have assumed key roles, and senior forward Brie Valento, who missed last season with a bad ankle, is adding more offensive punch with 11 points an outing.

Townley feels confident that the Raiders are going places this season. "We have good senior leadership on this team," she said. "I think we're playing smart basketball."

And with Townley's nose for the ball—scrappy basket-

## Year in sports didn't lack for local highlights



As yet another calendar is tossed into the recycling bin, it's time once again to look back at the sports highlights of 1998. Last year has to rank among the best ever, but I'm not certain *Sports Illustrated's* claim is warranted. Its editors recently called 1998 the top sporting year of all time. I think we need a little bit more time before we can assess just how great the past year really was.

The Mark McGwire/Sammy Sosa home run race was undeniably the year's—and possibly the decade's—top sports story. However, there were many other shining moments. John Elway and the Denver Broncos exorcised their Super Bowl demons with a hard-fought win over the Packers. The New York Yankees established themselves as the greatest-ever free agent baseball team by winning 125 games and the World Series. The Chicago Bulls' Michael Jordan put together the best 42 seconds of his career, producing yet another storybook finish in his sixth championship season.

On the local scene, the Minnesota Vikings posted their best regular season finish (15-1) in franchise history and ensured that the Randall Cunningham/Randy Moss story will be told for years to come. The Timberwolves enjoyed their most successful season, extending the Seattle Supersonics to five games in the NBA playoffs, though the lockout a few months later ruined the Wolves' hopes for another building season. The Twins had a few bright spots (Paul Molitor, David Ortiz, Todd Walker) in a dismal 1998 campaign. Recently, though, even the most ardent fans' hopes for a contending team were dashed. The Twins' 1999 payroll will approach that of the St. Paul Saints.

I had my share of action as well. I saw an Orioles-Red Sox game in Camden Yards in July from the fifth row behind the dugout. I watched the fourth round of the Masters from the Duke of Kendall pub in downtown London. I attended the College World Series again in Omaha, tailgating with the rabid Louisiana State RV crowd. I broke 80 in golf for the first time in my life, finishing with six consecutive pars at Madden's. I watched the Cretin-Derham Hall baseball team go 29-0 and win a third straight state title. My CDH girls basketball team got a couple of last-second victories in March and advanced all the way to the state championship game.

What a year!

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Cody's Corner/see page 27

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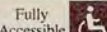
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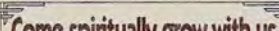
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# State champion Cadets lose star forward Fitzgerald for six weeks

by Tom Cody

Everything was going according to plan for St. Thomas Academy's star forward Kevin Fitzgerald. He already had one state championship medal in his possession and his team was off to a solid start in 1998-99. But that all changed in one split second.

The 6-foot-9 senior co-captain was fouled last week on a breakaway lay-up in the first round of the Catholic Spirit Tournament. He went down hard behind the basket, fracturing his wrist when he hit the floor, and will be lost to the defending Class AAA state champions for at least six weeks.

"I was thinking about dunking it, but I didn't get the ball in time," Fitzgerald said. "I got hit hard on the way up and went down on my left wrist. I had sprained it before, but this time the pain was much worse. I knew something had broken."

"It's a tremendous loss, but that's basketball," said a dejected coach Mike Sjoberg after the game, a 60-54 loss to St. Agnes. "Kevin's offense will be greatly missed, but it's his defensive ability that sets him apart."

Sjoberg does not expect to have Fitzgerald back in the lineup until mid-February at the earliest. "It's a terrible fracture," he said, "through the wrist joint, the radius, up through the elbow. Kevin's a unique talent in that he's such an outstanding defender. He can play against perimeter people or post players. He's got the quickness to play out on the three-point arc, and then get back into action. He blocks a lot of shots and has a knack for rebounding."

Fitzgerald took on Tartan's all-state point guard Jake Sullivan in mid-December. Later this month, he would have been matched up against Hasting's 6-foot-8 all-state center Mike Bauer, who's headed for the Gophers next year. "Kevin has the instincts necessary to play against either guy," Sjoberg said. "He's got the 6-foot-9 wing span and he's got great feet. I think his soccer career has helped him there."

Sjoberg had planned to use Fitzgerald on the perimeter offensively. "We tried Kevin inside for the first three games," he said. "He just didn't look comfortable in there, so we were going to let him go back out on the perimeter, let him shoot and drive from there. It's odd, but our best inside guy is probably (6-foot senior) Nick Schenck, who was the point guard last year. Nick weighs about 235 pounds and can pound away and finish in the lane. Playing him inside al-



Cadets guard Michael Purdy steps in to score two inside during St. Thomas Academy's recent 63-62 overtime victory over Holy Angels. Photo by John Wadell.

lowed us to use Fitzgerald outside."

The Cadets' experienced lineup also includes 6-foot-5 senior center Eric Patterson, 5-foot-11 junior point guard Vern Simmons and 6-foot-2 senior guard Mike Purdy. All will play larger roles in Fitzgerald's absence.

"Patterson's a lefty shooter who can score outside," Sjoberg said. "Simmons has scored well, but needs to be the guy who takes care of the ball for us. Purdy's probably our best pure shooter. He can hit threes in streaks. Two other big factors for us are (seniors) David Raih and Conor Murphy. They're two very athletic players who give us strong minutes off the bench."

The day after the St. Agnes loss, the Cadets rebounded to beat Hill-Murray 67-37 in a consolation bracket semifinal. "That was a big game for us in that we had 13 different kids score," Sjoberg said. "It restored some of our confidence." The next day, STA outlasted Holy Angels 63-62 in overtime to take the consolation championship. "Holy Angels' star scorer (Troy Bell) would have been assigned to Kevin," Sjoberg said. "We had three guys split time on him: Murphy, Simmons and Tom O'Keefe. They did great. He only got 10 points off us in the second half and overtime. We may have to use some special defenses, a box-and-one, against some of the big scorers that we face in our league."

"This is a team that has to build off its defense," Sjoberg said. "We held Edina and Cretin under 50 points each (in two non-conference wins). We had too many fouls at Tartan and they killed us at the line (hitting 34 free throws). We've got solid rebounders at every position.

We've got to create our offense from our defense, score off the fast break as much as we can."

Fitzgerald was the difference in the season-opening, 48-46 win over CDH. He had 17 points and 12 rebounds. "He's a good one," attests CDH coach Bill McKee. "He's not an offensive scoring machine, but he does whatever his team needs to win."

"We've had a lot of big scorers at STA in the past few years," Fitzgerald said, "guys like Paul Kneisl, Javier Collins, Matthew Lee. Those were good teams, but opponents could focus on the one big scoring star. Last year's team had better scoring balance and, more importantly, very unselfish guard play. This year's team has even more senior leadership. We've got 10 seniors on this team, guys who know what it's going to take to win in postseason play."

Sjoberg sees the St. Paul Suburban as a four-team race. "Woodbury, Hastings, Tartan—it's a very strong league this year," he said. "We should be able to get right back into the race (despite the loss to Tartan). The section (3AAA) should come down to us and Highland Park."

"It's really fun to come in to practice every day and look at that (1998 state championship) banner," Fitzgerald said. "We don't have any 'repeat' motto or slogan for this year, but we do have a lot of seniors on the team who know what it takes to build a winner. This injury is tough to deal with, but I'm trying to be positive about it. Maybe I can get back sooner than they think. Maybe my absence will help some other kids develop. Then my return will just be a little bonus before the playoffs."

## 1999 PUBLICATION DATES

S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
<b>JANUARY</b>							<b>FEBRUARY</b>							<b>MARCH</b>						
3	4	5	6	7	8	9	1	2	3	4	5	6	1	2	3	4	5	6		
10	11	12	13	14	15	16	7	8	9	10	11	12	13	7	8	9	10	11	12	13
17	18	19	20	21	22	23	14	15	16	17	18	19	20	14	15	16	17	18	19	20
24	25	26	27	28	29	30	21	22	23	24	25	26	27	21	22	23	24	25	26	27
31							28	29	30	31				28	29	30	31			
<b>APRIL</b>							<b>MAY</b>							<b>JUNE</b>						
4	5	6	7	8	9	10	2	3	4	5	6	7	8	1	2	3	4	5		
11	12	13	14	15	16	17	9	10	11	12	13	14	15	6	7	8	9	10	11	12
18	19	20	21	22	23	24	16	17	18	19	20	21	22	13	14	15	16	17	18	19
25	26	27	28	29	30		23	24	25	26	27	28	29	20	21	22	23	24	25	26
							30	31					27	28	29	30				
<b>JULY</b>							<b>AUGUST</b>							<b>SEPTEMBER</b>						
4	5	6	7	8	9	10	1	2	3	4	5	6	7	5	6	7	8	9	10	11
11	12	13	14	15	16	17	8	9	10	11	12	13	14	12	13	14	15	16	17	18
18	19	20	21	22	23	24	15	16	17	18	19	20	21	19	20	21	22	23	24	25
25	26	27	28	29	30	31	22	23	24	25	26	27	28	26	27	28	29	30		
							29	30	31											
<b>OCTOBER</b>							<b>NOVEMBER</b>							<b>DECEMBER</b>						
3	4	5	6	7	8	9	1	2	3	4	5	6	5	6	7	8	9	10	11	
10	11	12	13	14	15	16	7	8	9	10	11	12	13	12	13	14	15	16	17	18
17	18	19	20	21	22	23	14	15	16	17	18	19	20	19	20	21	22	23	24	25
24	25	26	27	28	29	30	21	22	23	24	25	26	27	26	27	28	29	30	31	
31							28	29	30											

Villager Date

Gazette Date

### VILLAGER DEADLINES

News items — Tuesday (8 days prior)  
Classified ads — Wednesday (7 days prior)  
Employment and Service Directory — Thursday at noon  
Display ads — Thursday at 5:00 p.m.  
Display ads (camera-ready) — Friday at noon

### GAZETTE DEADLINES

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Classified ads — Monday (5 days prior)  
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# Cody's Corner /from page 25

I got a few Christmas gifts that I'm trying to return this week. I'm looking to take back the new ice fishing gear. Looks like El Niño is going to prevail again this winter. My front-row Timberwolves' season tickets were a nice gift, but those will be returned as well. My Miles Tarver "How-to-Shoot" basketball video is also in my return pile. The John Randall face-painting kit was a nice idea, but that's headed back to the racks, too. I'm trying to return my Minnesota Vikings' Super Bowl trip package as well. I'm suffering from a severe bout of Scandinavian angst. I don't hear anybody worrying about an upset this Sunday and that concerns me greatly.

Of course, there will be plenty of others standing in the return line with me. I expect to see the New York Mets trying to return Rickey Henderson. (They gave this 40-year-old has-been a \$1.8 million contract?) Kevin Garnett and Stephon Marbury will be looking to get refunds for their new Minnesota Lynx warmup suits. Carl Pohlad will be right behind them, looking to get rid of Brad Radke's salary. I also expect to see the NFL powers-that-be in line hoping to trade in all their instant replay gear.

Maybe they can get Bill Clinton to install it in the Oval Office.

## BIG TEN FORECAST: 9-9

The Gophers basketball team opens the real season this week with Big Ten games against Northwestern and Purdue. I made the trip to the Barn last month and saw Clem's Crew dismantle Eastern Michigan in a meaningless non-conference game. As usual, the Gophers drilled all of their hapless pre-season patsies. Things will change drastically once conference action begins.

Only two proven scorers are not going to provide enough offensive firepower to seriously contend in the Big Ten. Quincy Lewis and Kevin Clark will be fine, but who else will score in double figures? The rest of the offense is suspect. Miles Tarver will accumulate more fouls than points. Kevin Nathaniel has a ton of talent, but needs a road map to find the hoop. Mitch Ohnstad looks confused and overmatched. Terrence Simmons was supposed to run the point, but he looks more like a 15-minute substitute. Kyle Sanden? No way.

Defensive freshman phenom Joel Przybilla is probably the third-best scoring weapon on the team. Not only is he a terrific shot-blocker and rebounder, but he has tremendous passing skills. He'll key the Gopher's running game with his outlet passes. He's clever enough around the hoop for a bulky 7-footer, but I don't see enough offense out of him to offset this lineup's shooting woes.

I predict a 9-9 record for the Gophers.

## EX-SCOTS GATHER

Highland Park High School recently put together its first alumni hockey game since 1972. Tom Funk (class of '76) organized the successful event, which was played at the Highland Ice Arena on December 26.

"We had 40 guys show up from the classes of 1968 to '87," Funk said. "We had one two-hour game and the quality of play was surprisingly good. Most of the guys are still in pretty good shape. We played the even (graduation) years against the odd years. The score was 12 to 10, but I can't remember which team won."

The fourth period was played at Mitch's on West 7th. Plans are under way to reprise the event annually.

## HIGH SCHOOL HIGHLIGHTS

- Some of the top scorers among local boys basketball players this year include Mark Wingo of Highland (23.5 points per game), Eric Nelson of Sibley (18.8), T.J. Prunty of St. Paul Academy (18.7), Mike Purdy of St. Thomas Academy (17.0), Tom Miley of Highland (16.0), John Dungy of Central (15.5), Terrance Stokes of Highland (13.8) and Angelo Dungy of Central (12.3).

- Top scorers among local girls hoopsters are Maureen Smith of Visitation (16.4 points per game), Laura Haugen of Highland (15.8), Nakia Carlisle of Central (14.1), Kate Townley of CDH (13.0), Brie Valento of CDH (11.5), Venisha Williams of Central (11.0), Shaunte Johnson of Highland (10.8) and Jackie Bye of CDH (10.0).

- Top local boys hockey scorers include Sean Doyle of Sibley (8 goals, 8 assists), Andy Norman of Central-Highland-Humboldt-Arlington (10, 4), Bubba Haugland of Sibley (3, 11), Tyler Montgomery of SPA (8, 5), Mike

- Maracle of Sibley (5, 7) and Mike O'Halloran of SPA (4, 6). Top goalies are Ethan Keller of STA (0.33 goals against average) and Dan Fieberger of CDH (1.00).

- Girls hockey scoring leaders are Alexa Gollinger of St. Paul United (19 goals, 8 assists), Lindsey Rhein of CDH (11, 9), Kim Hayes of United (9, 8), Angie Neska of Sibley (11, 3), Katie Otis of Sibley (5, 9) and Heather Maracle of Sibley (4, 9). Top goalies are Stephanie Seiler of Sibley (1.38 goals against average) and Kerry Rollwagen of United (1.58).

- Top-rated area wrestlers include Desmond Radunz of Sibley (15-0 at 112 pounds), Jafari Vanier of Roosevelt (14-1 at 103), Marcus Leveusser of Roosevelt (15-0 at 135), Cory Vanier of Roosevelt (15-0 at 130)

## Old pucksters never quit.

They just call for a new line a little more frequently. And with 40 former Scots in skates, nobody's ankles went unrested during the Highland Park High School alumni hockey game on December 26 at the Highland Arena. At left, Judd Evans (foreground) and Don Huot cheer on their team. Below, Randy Merchant skates around defenseman Joe Berglund before getting off a shot against goalie Brian Sands. Photos by Terry Faust.





### Nativity School Kindergarten Round-up

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#### Educational attainment of Villager readers\*

Less than 9th grade	1,762	2.7%
9th - 12th grade (no diploma)	3,373	5.1%
High school graduate	12,198	18.6%
Some college, no degree	16,605	25.3%
Associate degree	3,987	6.1%
Bachelor's degree	17,493	26.7%
Graduate or professional degree	10,175	15.5%
<b>Total</b>	<b>65,593</b>	<b>100%</b>

\*Individuals who receive the *Villager* age 18 and over. Source: 1990 U.S. Census

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Conduct telephone surveys from our office. No selling. Hours 5-9 weekday evenings and occasional Saturdays, 10-4, 3+ evenings per week. (612) 729-2306 between 10:30 & 5:00. Apply: 5005 1/2 34th Ave. So. (Office located near Ford Bridge on 22 bus line).

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**Help Wanted**  
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LOWER RENT; working woman live in my home; utilities paid; 651-696-1126. gv

**Help Wanted**  
CUSTOMER SERVICE/office assistant. Sales rep company needs full-time or part-time person with good communication skills, good computer skills, Word, Excel, Powerpoint. Excellent benefit and pay. Call Gary Johnson at 651-699-2380. gv

**Help Wanted**  
MAC NEIGHBORHOOD woman needs help with daily meal prep, groceries, appointments; PT. Please leave message, 651-690-9954. gv

**Help Wanted**  
MYSTERY SHOPPERS needed in the St. Paul area. Call 1-800-570-4497 between 9:00 a.m. to 5:00 p.m. CST Monday-Friday. gv

**Help Wanted**  
SITTER SERVICE needs adults, days, evenings & vacations; \$350/week and up. Car necessary. 651-429-2963. v

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WORK FROM HOME. Direct mail marketing. Excellent pay. Call 985-3291. v

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RECEPTIONIST/COMPUTER entry person - needed part-time at small nonprofit agency. \$10 per hour with pro-rated health, vacation and holiday benefits. Knowledge of general office equipment/procedures and proficiency in MS Word and Access a must. Send resume: Human Resources, LAH/BNP, Inc., 475 Cleveland Ave. N. Suite 322, St. Paul, MN 55104 or fax: 651-649-0318 by Jan. 15. v

**Help Wanted**  
SEASONAL POSITION. Receptionist. Feb. 1 through April 15. 24-27 hours per week, T, W, TH and every other Saturday, if available; St. Anthony Park business. Call Dorothy at 651-644-1074. v

**Help Wanted**  
SEASONAL POSITION. Data Entry, Feb. 5 through Apr. 15. Average 20 hours per week, afternoon and evening hours; St. Anthony Park business. Call Dorothy at 651-644-1074. v

**Help Wanted**  
CUSTOMER SERVICE, full time. Busy, friendly, neighborhood, Grand Ave. and Highland locations; organized, mature person, excellent compensation pay package. Call Holly, 651-699-2703, White Way Cleaners. v

**Help Wanted**  
SMALL ACCREDITED center. Toddler teacher, FT; infant, asst. teacher, teacher or aide, PT. To inquire, please call 651-698-8810, ask for Michelle. v

**Help Wanted**  
PART-TIME PERSON to do PM cleaning; University Ave. near U of M, M-F, \$8.50; phone 612-423-6993. v

**Help Wanted**  
MAINTENANCE/CUSTODIAL, PT or FT flexible hours. Able to lift 100 lbs. Must be good with children. References required. Call 651-698-8807. v

**Help Wanted**  
CRIME PREVENTION Coordinator/Community Organizer. Assume the lead role in crime prevention efforts with St. Paul's progressive Lexington-Hamline Community Council. Work with youth block club leaders from Youth Express. Assist staff with community organizing and administrative duties. Familiarity with Macintosh computers. \$22K-\$25K plus benefits. Send resume by Jan. 15 to Lex-Ham Community Council, 1160 Selby Ave., St. Paul, MN 55104. Minorities encouraged to apply. v

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Humane Society of Ramsey County  
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Open daily 12 - 6, Tuesday & Thursday 12 - 8  
Due to publication deadlines, this particular animal may already have been adopted. Please call the Humane Society for further information.

# SERVICE DIRECTORY

## Help Wanted

**CARETAKER.** PT cleaning person needed for Mpls. condo; daytime hours required. Must be self-motivated and dependable; \$9/hour. Call 612-922-5575, ext. 111. **v**

**OFFICE ASSISTANT.** Excellent communication skills required. Must be computer literate, dependable and willing to do varied tasks. Please call Lisa for appointment, St. Paul College Club, 651-227-4477. **v**

**HIGHLAND CHIROPRACTIC** Center seeks a friendly, service-oriented person to handle front desk tasks and office correspondence. Part-time hours, 2:00-6:00 p.m., M-W-F. Accurate keyboarding skills and some computer experience preferred. Excellent training provided. Please call us at 651-698-6803 between 12:00-2:00 to inquire about an application or you may fax your resume to 651-698-0445. **v**

**PART-TIME CLERICAL** wanted in my home, \$6.50/hour; 651-222-4567. **v**

**CLERICAL.** St. Paul condo association seeks PT person, 10:00 a.m. to 2:00 p.m., Mon.-Fri. for association office. General office support and phones. Call Sharlene at 612-854-8800 or fax resume to 612-854-4434. **v**

**For additional job openings, turn to the Employment Opportunities ad section. For advertising information, call 651-699-1462.**

## Business Opportunity

**SMALL BOOKSTORE** on St. Clair specializing in used books. An inexpensive way to enter the book business on a limited, affordable scale. call 651-699-7105. **v**

## Child Care Wanted

**NANNY/MOTHER'S** helper needed for delightful 7 yo girl, 10-15 hours/week; 3p-6p or 9pm. Own transportation and experience needed; 651-690-5091. **v**

**PART-TIME NANNY.** Great pay and hours. Responsible person with car to watch two children, Feb.-May, Mon.-Fri. (Could extend into summer.) Girls 13 & 14, active in sports. Great job for student. Person needs to be responsible, caring, willing to work with flexible schedule between 3:00 p.m.-6:00 p.m. (M-F) Pat or Cathy after 6:00 p.m. 651-450-5512. **v**

**FT NANNY** for infant and two-year-old; our Mac-Grove home; nonsmoker; 651-690-4188. **v**

## Child Care

Parents are urged to exercise caution in arranging child care. Be sure to investigate references. To obtain a list of licensed day care providers in the area, call 651-641-0332. **gv**

**SITTER SERVICE** has nannies for all occasions; days, evenings, vacations; FT/PT; 651-429-2963. **v**

## Home Health Care Svc.

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## For Rent Residential

All real estate or rental advertising in this newspaper is subject to the Fair Housing Act which makes it illegal to advertise "any preference limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertising for real estate which is in violation of the law. Equal housing opportunity. **gv**

**NEWLY REMODELED.** Upper 2-bedroom duplex near Victoria/Randolph. Sunny windows, eat-in kitchen. Rent includes: heat, water, trash, laundry privileges; \$700; no smoking, no pets. 651-292-8596. **v**

**ONE-BEDROOM** apartment, furnished or unfurnished, \$350-\$380, nonsmoker, no drugs/alcohol, pets negotiable, on busline 14, Randolph/Lexington, utilities paid; avail. Feb.; 651-690-3002, 8-10 a.m. or p.m. **v**

**SOUTH MINNEAPOLIS,** room for rent, female, incl. util., laundry; \$300; 612-721-4983. **v**

**LARGE 1-BEDROOM** apartment; blocks to river; hardwood floors, laundry, off-street parking, NS, no pets, \$435; avail. Feb. 1; 612-619-4718. **v**

**MAC-GROVELAND,** 2-bedroom lower; fireplace, hardwood floors, heated, references; 651-698-5662. **v**

**CLASSIC 1-BEDROOM** apartment. Super clean, quiet, secure, Mac-Groveland, on busline. 651-698-0726 or 651-454-6113. **v**

## For Rent Commercial

**XXX SOUTH SNELLING,** store front, approximately 900 sq. ft. plus basement. 651-698-0726 or 651-454-6113. **v**

**MASSAGE THERAPY** studio, Grand & 35E, 175 sq. ft., \$395. All utilities paid. 651-222-4567. **v**

## Roommates Wanted

**526 GRACE,** near downtown, off-street parking; share house with 3 young men, \$250 includes utilities; no pets; 651-224-2259. **v**

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**GARAGE/NEAR Fairview/Portland,** avail. immediately; \$50; 651-646-0631. **v**

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Highland Office

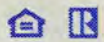
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Located In the Highland Bank Building

**2100 Ford Pkwy.**



*Your Experienced Real Estate Professionals*



**Walk to Cretin!**

Nice 3-BR, 2-bath home just a few blocks to Cretin-Derham Hall. Features include: hardwood floors, eat-in kitchen, fireplace and a lower family room. Flexible possession.

651 696-0879 \$145,000



Scott Brownlee



**Prospect Park**

Spacious 4-BR, 2-story with hardwood floors & bevelled glass. Walk-up, unfinished attic with bannister and hardwood floors. Double lot, 2-1/2 car garage. Numerous updates!

651 696-0856 \$210,000



Beth Johnson



**Back on the Market!**

In wonderful condition, 1958 Field has an updated kitchen and bath, new 2+ car garage, fenced yard, 3 BRs, hardwood floors, quick possession possible.

651 696-0857 \$114,000



Liz Flynn



**Happy New Year!!**

Absolutely mint & totally updated 2-story home loaded w/extras. 3 large BRs, 3 separate baths including master bath, 3 fireplaces, large dbl. gar. In choice Highland Park location.

651 696-0888



Mitch Fink



**\* First Choice Offering \***

You must see this totally mint 3-BR, 2-story home with hardwood floors, double garage and more — all situated close to Highland Village.

651 696-0888



Mitch Fink



**Mississippi River Boulevard**

— watch the changing seasons from the living room. Fabulous views. Well-constructed, 4+ BR multi-level with 4 baths. Features 6-panel doors, oak woodwork.

651 696-0855 \$435,000



Bob Reidell



**Long Admired**

807 Summit Ave. Beautiful, single-family home with 8,400 square feet. Stunning woodwork, massive fireplaces, updated mechanics, situated on 6 city lots. Space for everyone!

651 696-0855 \$895,000



Bob Reidell



**Incredible Charm**

and mint condition, this 4-BR 2-story brick Colonial is ready to move into... Enjoy a beautiful first floor fam. rm., newer kit. & lovely decorating. 1853 Highland Pkwy.

651 699-4269 \$239,900



Gloria Smith



**Fabulous Potential!**

So much space for the money! Kitchen has been totally re-done, 3 BRs and an updated bath in this 2-story home. Ready for some finishing touches.

651 696-0874 \$129,500



John Otteson



**\* Fantastic Setting \***

Gorgeous setting backing to pond and walking trails of Ojibway Park! 3 BRs, new roof in '98, spacious living and dining rooms, new kitchen, finished w/o LL, 2-car attached gar.

651 696-0874 \$134,900



John Otteson



**Why Rent? \$69,900**

Great 2-BR, 2-bath home in nice neighborhood. New siding, new windows, new 2-car garage, fenced-in yard, newer kitchen, separate dining & more. Close to everything.

651 696-0865 \$69,900



Bob Boland



**New Mac-Grove Two-Story**

Impeccably redone 3-BR, 2-bath home. Loads of character & charm, beamed ceilings, FP, French windows, new kit. & baths, 1st flr. laundry, den, hdwd. floors, new 2-car gar.

651 696-0849 \$249,900



John Schneeman

**Nobody in the World Sells More Real Estate**

**The Real Estate Leaders**



**Tudor on Summit**

Large, family-size, 2+ story with unbelievable woodwork! Breakfast room, huge treed lot on historic Summit. \$300,000's (participated in sale). www.st.paul-girl.com

651 696-0846



Lynn O'Hara Ritter

**Too New for Photo**

**Large Lot!**

Cute 1-1/2 story with 3 BRs! All new mechanicals — electric, plumbing, windows, doors. Maintenance-free stucco. On large, double lot!

651 696-0842 \$60,000



Chris Heine



**Price Reduced!**

Very well-maintained home! Family room with brick wall fireplace, sliding glass doors lead to large deck and fenced yard! Large 2-car, insulated garage with workbench.

651 696-0859 \$75,000



Mark Wiebusch



**S-P-A-C-I-O-U-S!**

Extensively remodeled home surrounded by lakes and woods! Four large BRs on one level, fireplace, spacious living room.

651 696-0859 \$179,900



Mark Wiebusch



**Walk-out Rambler Lake View**

Sharp 3-BR, 2+ bath w/scenic views of woods & Lake Carlson in Eagan. Fam. rm. w/fireplace, rec room, updated kit., newer carpets, brick front, 2-1/2 car gar., new roof & more!

651 696-0867 \$179,900



Jon Stromme



**Just Listed**

Classic Cape Cod. Lovely 4-BR, 2-bath home in the heart of Mac/Groveland. Great eat-in kitchen w/bow window, hdwd. floors, FP, lovely yard with loads of perennials.

651 696-0851 \$149,900



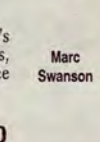
Bob Doffing



**Seller Wants Offer!**

Great Lake Nokomis area. 1930's Tudor boasts 4 bedrooms, 3 baths, fireplace, family room. Must see 5533 13th Ave. So.

651 696-0866 \$154,900



Marc Swanson

**It's a Seller's Market..... Still!**

So, if you're considering selling, call and find out how to take advantage of it while it lasts.



**Kate McGuire & Ray Hoffmann**  
"Bridging the Gap"  
651-222-5541  
MN/WI RE/Source  
www.remax-crossroads-mn.com



**Victorian Holidays!**

This 4-BR is waiting for you on St. Paul's famous Grand. This home is priced to sell. Fenced yard, gas fireplace, recessed lights, stained glass, hdwd. floors. Santa is early this year!

651 696-0845 \$188,000



Mike Brennan

**Sterling Title, Inc.**

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**Phone: 651 452-3145**



**Italian Villa Condo**

of European influence and incredible steel beam construction. Brick and marble beauty features breathtaking interior detail. Spacious & romantic. 5 BRs, 6 baths, 7 fireplaces.

651 696-0850



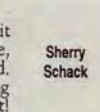
Mary Rogers

**Too New for Photo**

**Minutes from Downtown**

Tastefully decorated, top floor unit with beautiful views of skyline, wooded area, creek and pond. 2 BRs, eat-in kitchen, formal dining area. 1561 Wheelock Ln. Won't last!

651 490-1234 \$69,900



Sherry Schack