

Table with columns for channel (C, CD, S, D*, DTV*), time slots (9 AM, 9:30, 10 AM, 10:30, 11 AM, 11:30, 12 PM, 12:30, 1 PM, 1:30, 2 PM, 2:30, 3 PM, 3:30, 4 PM, 4:30, 5 PM, 5:30), and program titles. Includes channels like KTTU, KVOA, KUAT, KWBA, KGUN, KMSB, KOLD, KUAT-DT3, DISC*, ESPN, ESPN2, FS1, USA*, TNT*, TBS*, CNN, FOXN, MSNBC, CNBC, HIST*, HGTV*, FOOD*, LIFE*, A&E*, AMC*, TRAV*, BRAVO*, EI*, TVLND*, COM*, PARM*, BET, MTV*, VH1*, TRUTV*, NWSNTN, SYFY*, DIS*, TOON*, FREE*, NICK, ANPL*, GOLF, TCM, NGO, INSP, CSPAN, and NBA.



tonight's PICKS

The Oscars KGUN 4 p.m. After successfully hosting last year's Academy Awards, Conan O'Brien returns to the Dolby Theatre at Ovation Hollywood to shine a spotlight on the biggest achievements in film for 2025. "Sinners" leads all nominees with a record 16 nominations.

Tracker KOLD 8 p.m.

When a respected doctor disappears after her shift, Colter (Justin Hartley) is brought on the case. His investigation leads him down a trail of stolen drugs and countless disguises, where he soon uncovers a calculated revenge plot — but who's behind it?

SUNDAY PRIME TIME

MARCH 15, 2026 C-Cox CD-Cox Douglas S-Sparklight D*-Dish DTV*-DirecTV

Table with columns for channel (C, CD, S, D*, DTV*), time slots (6 PM, 6:30, 7 PM, 7:30, 8 PM, 8:30, 9 PM, 9:30, 10 PM, 10:30, 11 PM, 11:30), and program titles. Includes channels like KTTU, KVOA, KUAT, KWBA, KGUN, KMSB, KOLD, KUAT-DT3, DISC*, ESPN, ESPN2, FS1, USA*, TNT*, TBS*, CNN, FOXN, MSNBC, CNBC, HIST*, HGTV*, FOOD*, LIFE*, A&E*, AMC*, TRAV*, BRAVO*, EI*, TVLND*, COM*, PARM*, BET, MTV*, VH1*, TRUTV*, NWSNTN, SYFY*, DIS*, TOON*, FREE*, NICK, ANPL*, GOLF, TCM, NGO, INSP, CSPAN, and NBA.