

We can stop HIV, Iowa— by using the prevention methods that **work best for us!**



Find a healthcare provider
you can talk to openly about
your sexual health.



Make HIV prevention &
testing part of your journey.



Practice safer sex by using
condoms correctly every time.



Get in care. Stay in care.

If you're living with HIV, take your
HIV medicine as prescribed to
protect your health & your partners.

| STOP HIV IOWA

Learn more at
stophiviowa.org