## GONE TOO SOON

WHAT CAN BE DONE TO IMPROVE HEALTH OUTCOMES IN INDIAN COUNTRY?



Photos by Ben Allan Smith, Antonio Ibarra Olivares, Amy Lynn Nelson

**STORIES BY NORA MABIE** 

USCAnnenberg

Center for Health Journalism

## WHY ARE NATIVE AMERICANS IN MONTANA DYING SO YOUNG?

#### LEE MONTANA

fter six months of reporting, more than 3,000 miles traveled in Montana alone and with support from the USC Annenberg Center for Health Journalism's National Fellowship, Lee Montana published "Gone Too Soon," a threepart series that examines the life expectancy gap in Montana.

In Montana, where Native Americans comprise 6.7% of the population, Indigenous people die a generation younger than their white neighbors.

From 2018 to 2022, white Montanans died, on average, at 78, while their Native American neighbors died 17 years sooner at 61. In some places, the gap widens. On the Fort Peck Reservation, for example, Indigenous people typically die at 52 - almost 30 years younger than their white counterparts.

In covering this story, Indigenous Communities Reporter Nora Mabie traveled to the Crow, Fort Peck and Fort Belknap reservations, spending meaningful time in each community.

The first story, set on the Crow Reservation, follows 63-year-old Ursula Rides Horse-Russell who uprooted her life and moved her family from Hardin to Billings to be closer to the care she needs to live.

Our reporting revealed that inadequate care, food deserts, medical discrimination, harmful policies, poverty and rurality are among the factors contributing to the crisis. And while Indigenous people have the lowest life expectancy of any racial or ethnic group in the U.S., they must rely on an overburdened, underfunded system of care.

when countless families lose loved the living.



#### Median age at death

The average age at death for a Native American man in Montana from 2018 to 2022 was 17 years less than white residents.



Native American man

Source: Montana Department of Health

Lee Enterprises graphic

ones too soon. In this community The second story, based on the — where 26 could be considered Fort Peck Reservation, examines middle-aged – a barrage of prewhat happens to a community mature, preventable deaths tear at



Ursula Rides Horse-Russell moved from Hardin to Billings to be closer to health care.

Indigenous parents are dying to grow up unsupported. But some in Wolf Point.



**ANTONIO IBARRA OLIVARES, MISSOULIAN** 

in their 40s and grandparents are The gravesite of Cody James Weeks Combs, Frances Weeks' late son, at dying in their 50s and 60s, leaving a cemetery off of Highway 2 between Wolf Point and Poplar on the Fort too many children and teenagers Peck Reservation. Cody was and shot and killed in 2020 near his home

don't get to grow up, dying young from car crashes, violence, addiction or suicide.

The third story follows Tescha Hawley, who has made it her mission to improve health outcomes in her community. Herself a cancer survivor, she knows death comes too soon for Indigenous people in America and even sooner for people on the Fort Belknap Reservation in north-central Montana where she lives.

Like others who do this work in tribal communities statewide. Hawley faces persistent barriers. While her work isn't easy, she knows her efforts save lives.

Overall, Indigenous people told Lee Montana that solutions must come from within. Each story in the series explores successful initiatives to improve health outcomes and those that have fallen

With support from USC, Mabie crafted and distributed an online and print survey asking Indigenous people for their input on health issues. Mabie also shared several call-outs on Facebook, asking people for their thoughts on the Indian Health Service, life expectancy and solutions.

Mabie visited a Native Studies class and the Indian Club at Aaniiih Nakoda College on the Fort Belknap Reservation, where she spoke with students about how news can better serve them. And on the Crow Reservation, she hosted two listening sessions one with a Native-led nonprofit organization and one with tribal health experts and leaders.

This series would not have been possible without the nearly 300 Indigenous community members, health experts and leaders who graciously provided their time and input.



• READ THIS SERIES ONLINE: To see these stories online all in one place, scan the QR code

and click the link. **NEWSVU** 



**ANTONIO IBARRA OLIVARES.** MISSOULIAN

Jen Medicine Cloud pets her dog Nova at her home in Wolf Point on the Fort Peck Reservation as she recounts the stories of family members who died too soon from preventable deaths.



To make ends meet, Tescha Hawley serves as a mental health therapist at Harlem Public Schools, earning \$42,000 a year. Often, she will take time off work to distribute food across the reservation.

REN ALLAN SMITH MISSOULIAN

#### **NATIONAL CONTEXT**

- Native Americans live 5.5 years less than the general U.S. population.
- In some states, Native Americans die 20 years sooner than non-Natives.
- Native Americans are 3.2 times more likely to die from diabetes than non-Natives.
- Native Americans are 4.6 times more likely to die from chronic liver disease than non-Natives.
- The Indian Health Service is responsible for providing health care to tribes.
- 1 dentist for every 1,645 people in the U.S.
- 1 dentist for every 9,259 **Native Americans served** by IHS.

#### WHAT WENT INTO THIS PROJECT?

- 3,105 miles traveled in Montana alone
- 6 months of reporting
- 72 interviews
- 71 survey responses
- 113 Facebook conversations
- 296 Indigenous people in Montana provided insight
- \$6,575 spent



### THIS SERIES **ONLINE:**

Lee Enterprises newsrooms spent 6 months investigating the life expectancy gap between Natives and non-Natives in Montana. **NEWSVU** 

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# PEOPLE DI LIKE IIIAI

### Native Americans face serious barriers in accessing care

Originally published Jan. 16, 2024

#### **NORA MABIE**

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CROW RESERVATION — When doctors in Billings told Ursula Rides Horse-Russell she had Stage 2 breast cancer, her mind went blank. She had buried her 34-year-old son two days earlier.

She couldn't remember who came to the funeral or who sent condolences. Navigating a new and scary diagnosis felt impossible.

Doctors surgically removed her cancer but told Ursula she'd have to travel to Billings several times a week for chemotherapy — 50 miles each way.

For Ursula and her husband Barry, Ursula's care presented a logistical nightmare.

To drive from their home in Hardin to doctors in Billings, Ursula and Barry would need a reliable vehicle and money for food, gas and possibly a hotel — none of which they had.

And Ursula and Barry's children have health issues of their own. Like many grandparents in tribal communities, they raise their three grandchildren full-time. That means they'd also have to find trustworthy care for the kids when traveling for Ursula's appointments.

Moving to Billings could make things easier, but how would they find affordable housing and good schools for the kids? And could they leave their community behind?

At 63, Ursula is three years older than the average age at which Indigenous women die in her county. When she learned her diagnosis, she knew she'd have to fight more than just the cancer to survive.

"I knew I had to live for my grandchildren," she said. "We're the only parents they know."

Ursula, who is Crow, is one of thousands of Indigenous people in Montana who face serious barriers accessing the health care they need to live.

Native Americans have the lowest life expectancy of any racial or ethnic group in the U.S. In Montana, where Native Americans comprise 6.7% of the population, Indigenous people die a generation younger than their white neighbors.

Experts say inadequate care, food deserts, discrimination at the doctor's office, harmful U.S. policies, poverty and rurality are among the factors contributing to the crisis. And while tribal leaders have raised the issue for years, they say improving health outcomes is not a priority among state and federal leaders.

Indian Health Service, the federal agency responsible for providing health care to federally recognized tribes, is chronically underfunded and doesn't administer specialty care. So, depending on where one lives on the reservation, a person may have to travel hours for things like cancer treatment, behavioral health services or even to deliver a baby.



PROVIDED

Ursula Rides Horse-Russell moved from Hardin to Billings to be closer to health care.



**CASEY PAGE, GAZETTE STAFF** 

The Indian Health Service operates the Crow-Northern Cheyenne Hospital in Crow Agency.

In a place where almost 30% of people live below the poverty level - more than twice that of Montana and the U.S. - traveling for health care comes at significant cost. There's gas money, vehicle maintenance, child care, time off work.

Rurality isn't the only issue -Native Americans in Montana die. on average, 17 years younger than the state's white rural residents. A deep-seated mistrust of the Indian Health Service means community members may avoid getting the care they need. And while Indigenous people are more likely to die from heart disease, cancer, diabetes, liver disease, stroke and suicide than their white neighbors overburdened, underfunded system of care.

Despite these challenges, however, community members fight for solutions to help each other survive.

#### 'Gas is very precious': Distance to care No. 1 challenge

The most significant barrier community members face in accessing care is transportation, according to LeeAnn Bruised Head, director of the Crow Tribal Health Department.

"We live in poverty here," she said. "A lot of people don't own cars, and if they do, gas is very precious."

While several programs offer transportation or financial assistance, they don't come close to meeting community needs. Some organizations distribute gas cards to help people get to appointments. Tribal transit takes people to Billings in the mornings and evenings. And while the tribe can provide limited financial support to members, members must first submit their medical records to people in leadership. In a closeknit community where rumors spread fast, some are hesitant to share their medical records for privacy reasons.

Tribal transit didn't run at appointments. And she didn't her records, so Barry drove her to made the move. Though she's glad most appointments.



PHOTOS BY AMY LYNN NELSON, BILLINGS GAZETTE

in Montana, they must rely on an Levi Black Eagle, secretary of the Crow Tribe, said non-Native health providers often leave the Crow Reservation after a few months or years, contributing to instability in the health care system.

#### CROW RESERVATION: BY THE NUMBERS

- 55.8 Average age at death for Native Americans on Crow Reservation (2003-2019).
- 75.5 Average age at death for white Montanans (2003-2019).
- \$51.250 Median household income on Crow Reservation.
- \$66,341 Median household income in Montana.
- 1:3,340 Ratio of mental health providers to people seeking care on reservation.
- 1:300 Ratio of mental health providers to people in Montana.

"I'm mad at the tribe," Ursula moving was hard on her family. said, adding that she felt like she the support she needed. "We do everything ourselves, and we're doing the best we can."

It didn't take long for their frequent trips from Hardin to Billings to become precarious.

When it snowed, Ursula made Barry promise to drive slow, sometimes making their trips take twice as long. They often brought their grandchildren in tow, but with school and homework, that was difficult, too. With winter temperatures reaching 20 below zero and slick roads, sometimes Ursula and Barry would get Ursula said. stuck in Billings and have to pay for a hotel.

Other times, Ursula couldn't get to her appointments at all.

In October – six months after convenient times for Ursula's her diagnosis - Ursula, Barry and their three grandchildren secured feel comfortable giving the tribe affordable housing in Billings and to be closer to care, Ursula said

"We don't hardly know anyhad to jump through hoops to get body here," she said. "We keep to ourselves. The only ones we know are our doctors, nurses and pharmacy people."

> While she and Barry drained their savings on countless trips to Billings, uprooted their family and left their community to live closer to doctors, they count themselves lucky.

> They both know that if they hadn't been able to travel in the first place, doctors may not have found the cancer in time to safely remove it.

"A lot of people die like that,"

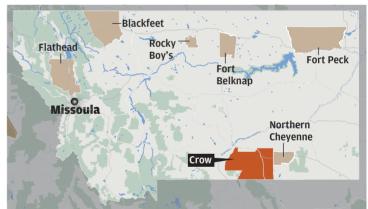
#### 'You'll die': IHS wields bad reputation

Prior to her cancer diagnosis, Ursula regularly made the 50-mile-drive to a hospital in Billings for her persistent chest pain.



Home to fewer than 500 people, the town of Lodge Grass is located on the southeast side of the Crow Reservation. On the reservation, Native American men on average die at 51, and Native women on average die

#### **Montana Indian Reservations**



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Reporting for this story took place on the Crow Agency reservation

she didn't even consider going to the Indian Health Service (IHS) facility 15 miles away because she, like many community members, doesn't trust the federal agency.

Sidney "Chip" Fitzpatrick, who lives on the Crow Reservation, said growing up, his grandfather would tell him not to go to IHS.

"He said, 'They'll get you sick, and then you'll die," Fitzpatrick recalled, adding he avoided IHS for more than 20 years until a knee injury forced him to go.

Tribal leaders have urged members of Congress to increase IHS funding, improve services and enhance staffing for decades to little avail. Frustration is so high that one Montana tribe recently called for the removal of several While chest pain can be urgent, IHS state and national leaders. the state.

Past unethical health abuses at IHS also have far-reaching consequences. A recent federal report cited the forced sterilization of Indigenous women as yet another reason why people remain skeptical of the agency.

It doesn't help that other policy decisions undermine this unique system of care. The unwinding of Medicaid has disproportionately hurt Native Americans nationwide, and a recent sober-living fraud scheme took advantage of Indigenous people in Montana. Last month, the state health department quietly eliminated the tribal relations manager position, sparking outrage among tribal leaders who said improving health outcomes just isn't a priority in

#### 'We accept no for an answer': Cultural differences in care

Tribal health professionals and community members say providers at IHS, an agency established specifically for tribes, need more training on culturally sensitive care.

For cultural reasons, Indigenous people may avoid eye contact with medical providers, which can be misinterpreted as a sign of disinterest. And community members say advocating for themselves in the medical space can feel uncomfortable.

Anna Whiting Sorrell, a citizen of the Confederated Salish and Kootenai Tribes, previously served as director of the Montana Department of Health and Human Services. She was also the IHS Billings Area director and an department on the Flathead Indian Reservation.

When she worked for the state, Whiting Sorrell watched as non-Native families fought insurance companies, sometimes appealing to the governor's office until their issue was resolved.

"I was like, 'Wow. People do that?" Whiting Sorrell recalled. She suspects self-advocacy doesn't come easily for Indigenous families, in part, due to historical trauma.

"We accept 'no' for an answer," she explained. "It's a belief prevalent in our tribal communities because we've been told 'no' to health care through IHS and other systems."

#### 'An uphill battle': The unique problems with IHS

In its last budget report, IHS said it would need nearly \$50 billion to be sufficiently funded. The at the start of each fiscal year in gle, secretary of the Crow Tribe, Biden administration last year allocated \$9.3 billion to the agency - \$40 billion short of the request but still the largest investment in IHS to date.

get referred to bigger hospitals, and IHS will usually cover the cost of care. But that system can be unreliable, as community members know the agency can run out of money. IHS's funding is renewed for working at IHS, Levi Black Ea-



**PHOTOS BY AMY LYNN NELSON, BILLINGS GAZETTE** 

administrator for the tribal health A sign hangs in the Lodge Grass School District building promoting Native American identity.



Lisa Daychild, who works at the Lodge Grass School District, has lost several siblings in premature deaths that she says were preventable. She says the community needs more walking paths and a community center to improve health outcomes.

October, so patients have a better chance of getting a referral at the beginning of the year rather than at the end.

Because IHS doesn't provide attract and retain doctors, nurses most specialty services, patients and behavioral health clinicians – problems that are exacerbated by a lack of housing and employment opportunities on the reservation.

> And despite incentives that repay student loan debt in exchange

said community members see non-Native medical professionals leave time and again.

"Say you have an outsider who The agency also struggles to comes in and wants to make a difference in this community," said Black Eagle. "They get here and it's an uphill battle. They have all these things working against them, and they're going to leave."

> With limited staff at IHS, community members often see a re-



Sidney "Chip" Fitzpatrick works for Messengers for Health, a nonprofit on the Crow Reservation that does health education outreach.

face long wait times to schedule 13, and chronic liver disease was appointments.

Tribal health employees said in November that if someone wanted to receive behavioral health services or counseling, they'd have to wait between six months and one year to get in the door. Without someone to talk to, community members say too many people turn to drugs and alcohol to self-medicate. In 2020, 70% of Crow middle school students revolving door of providers and ported drinking alcohol before age said, shaking her head.

the second-leading cause of death for Crow community members ages 18 to 54 from 2015 to 2019.

Lisa Daychild, who works at the Lodge Grass School District, lost two brothers and one sister - all in their 40s. Two died of addiction and one from suicide. She often wonders whether more resources, behavioral health or otherwise, could've saved them.

"I always think about that," she



**AMY LYNN NELSON**, BILLINGS GAZETTE

Alma McCormick, executive director of Messengers for Health, builds trust and relationships with community members in her health education outreach.

#### 'Someone they trust': **Seeking out solutions**

Caught in a web of government bureaucracy and red tape, Crow residents say solutions are most effective when they come from within the community. When it comes to insufficient staffing at IHS, those community members want to see more pathways for Native Americans to pursue careers in medicine.

Little Big Horn College on the reservation offers a pre-nursing program, but students must leave the community to earn more advanced medical degrees.

Black Eagle, the tribal secretary, said that while non-Native providers often leave after a few months or years, community members, who have established support systems, are more likely to stay.

Tribal leaders say it's imperative all medical and nursing students receive education specifically on providing health care to Indigecare" refers to the idea that people of different backgrounds may face unique barriers in accessing Western health care systems.

Practicing this kind of care can

do most of the talking.

Misty Wilkie, associate professor at the University of Minnesota School of Nursing, helped develop a virtual Ojibwe patient module to educate medical students on cultural differences. While this is a step in the right direction, she said increasing Indigenous faculty and enhancing programs for Native students is a must.

Because Native Americans face high rates of historical and ongoing trauma, Bruised Head, from Crow Tribal Health, said trauma-informed care is another crucial piece to the puzzle. Where culturally sensitive care acknowledges a patient's unique identity, trauma-informed care ad dresses a patient's entire life experience to provide quality care.

When done right, Bruised Head said trauma-informed care can promote healing and disrupt intergenerational cycles of psychological distress.

Crow community members nous people. "Culturally sensitive say grocery stores, walking paths and health education outreach in schools would greatly improve health outcomes on the reservation as well.

Responding to a legacy of mislook different in different con- trust, Alma McCormick - exectexts. It can mean doctors make utive director of Messengers for space for Indigenous patients Health, a nonprofit that provides and their families to smudge. It health education outreach on the can mean a provider understands reservation - said community that it's not uncommon for In- members are more likely to lisdigenous patients' family mem- ten to each other when it comes bers to attend appointments and to important health decisions.



**AMY LYNN NELSON. BILLINGS GAZETTE** 

Crow Tribal Health Director LeeAnn Bruised Head (right) laughs with Crow Legislator Charla Takes Enemy at a meeting on Nov. 15 in Crow Agency.



**LARRY MAYER, GAZETTE STAFF** 

The Indian Health Services' Crow-Northern Cheyenne Hospital is shown in Crow Agency.

It's why she goes door-to-door avoided IHS for 20 years, now encouraging others to go to appointments.

"Our people need someone to reach out to them," she said. "Someone they know. Someone they trust. Someone that loves them and cares about them. That's the key."

Fitzpatrick, the man who once

does education outreach for Messengers for Health.

Fitzpatrick's cousin, who heart attack and another man close noscopy." to him took his own life.

"They should have never died, same.

but they did," Fitzpatrick reflected. "I was just thinking, they had to have had some pain. But they're so proud, they don't go worked as a mechanic, died in his to the hospital. When I hear that, garage at 60. His uncle died on his I say, 'I better go get my blood doorstep. Another uncle died of a pressure checked and get a colo-

And he tells others to do the

### In Fort Peck, death has become part of life

Originally published Jan. 23, 2024

#### NORA MABIE

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WOLF POINT - Two weeks after burying her grandmother in the fall of 2020. Jen Medicine Cloud's brother and sister were both hospitalized with COVID.

Ien's sister was at the Mayo Clinic in Minnesota, and her brother, Scobev Baker, was at a hospital in Billings. She remembers when he called her crying the night before he was put on a ventilator.

"He was so scared," she said through

As an older brother, Scobey had always been Jen's protector. While he'd struggled with alcoholism for decades, he'd been sober for the last two years. For his family, his sobriety felt like a gift.

Scobey died a few weeks later at 44 years old, leaving behind his 10-year-old son. After watching her brother fight to get sober, Jen said his death felt like "a cruel joke."

"We got our brother back, and then he was just gone," she said.

Native Americans have the lowest white residents. And when COVID came ventable deaths tear at the living. Native Americans comprise 6.7% of the population, Indigenous people die neighbors.

Pre-COVID data reveals that, nationally, Native Americans die, on average, at age 71.8.

die, on average, at 61. And on the Fort Peck Reservation, Natives typically die at 52.7.

cancer, unintended injury, diabetes, suicide, kidney disease and the flu than dle-aged – a barrage of premature, pre-



PHOTOS BY ANTONIO IBARRA OLIVARES, MISSOULIAN

At her home in Wolf Point on Oct. 26, 2023, Jen Medicine Cloud, 44, looks at a painting of her late nephew, Scobey John Baker, who died in a car accident at 12. Medicine Cloud raised her nephew since he was an infant, and her life hasn't been the same since his death.

life expectancy of any racial or ethnic to Montana in 2020, Indigenous people group in the U.S. In Montana, where were 11.6 times more likely to die from nerals. On birthdays and graduations, the virus than their white neighbors.

Experts say inadequate care, food a generation younger than their white deserts, discrimination at the doctor's office, poverty and rurality are among the factors contributing to the crisis. And while tribal leaders have raised the issue for years, they say improving health In Montana, Native Americans outcomes simply isn't a priority among state and federal leaders.

Located in the northeast corner of Indigenous people in Montana are Montana and home to about 10,100 peomore likely to die from heart disease, ple, the Fort Peck Reservation stretches 110 miles long and 40 miles wide. There cirrhosis, respiratory disease, stroke, - where 26 could be considered mid-

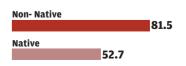
Schools and tribal offices close for fupeople include visits to loved ones' gravesites in their celebrations. Even as residents drive through the reservation on Highway 2, death dominates the landscape. Billboards warn of heart attack, suicide, alcohol, drug use.

Indigenous parents are dying in their 40s. Grandparents, who assume guardianship of their grandchildren, are dying in their 50s and 60s, leaving too many children and teenagers to grow up unsupported.

But some don't get to grow up, dying young from car crashes, violence, addiction or suicide.

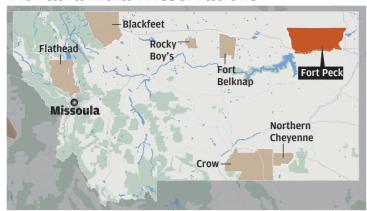
#### **Roosevelt County** average death age

The average life span for Native Americans in Roosevelt County, which overlaps the Fort Peck Reservation, is nearly 30 years less than white residents.



Source: Data from 2011-2013 community health assessmen Lee Enterprises graphic

#### **Montana Indian Reservations**



@Mapcreator.io | OSM.org, Lee Enterprises graphic

Reporting for this story took place on the Fort Peck reservation

The cycle of premature death tears. "Please!" weathers and isolates Indigenous of young people, who, in the abbehavioral health services, may turn to drugs or alcohol to cope.

Experts say these deaths steal to homelessness, perpetuate violence and reinforce economic insecurity.

#### 'Take me!': Premature death hurts families

On the same day as Scobey's funeral service just down the road in Wolf Point, Frances Weeks was her kitchen window when she saw her 28-year-old son, Cody, run by. She didn't see the person chasing him.

an ambulance siren.

She rushed to the hospital and found Cody laying in a bed. Her mind jumped to the days when he'd leap out to scare her in the hallways of her house.

"Let him be messing with me now," she thought.

But then it hit her. Her son who had been invited to four different proms, who had cheered when he was injured, who kept everyone's secrets, who wanted response." to one day work with autistic children - was dead.

cold hospital floor and screamed.

"Take me!" she yelled through

In 2017, homicide was the parents and grandparents on the fourth-leading cause of death Fort Peck Reservation. It disrupts for Native American men ages the health, education and careers 20 to 44. And from 2011-15, Native Americans in Montana were sence of accessible mental and more than four times as likely to die from homicide than white Montanans.

Frances is 5-foot-7 and slenfrom the workforce, contribute der. Her copper hair has streaks of gray, she wears big, cat-eve glasses, and everyone calls her auntie or grandma. When Cody died, she stayed busy. She gathered community members to call for justice in his killing. She planned a funeral. She scrambled to arrange care for Cody's three children.

She didn't realize at the time washing dishes and looking out that Cody's sudden death put her other children at risk, too.

Annie Belcourt, Native American Studies chair at University of Montana, told Lee newspapers in Frances heard a gunshot. Then July that violence, and the trauma and stress associated with it, can have far-reaching consequences, affecting someone's health and quality of life.

"People who experience trauma may struggle with coping strategies," she continued. "Maladaptive things may help them functionally avoid thinking about it. It could be substance abuse, gambling or working a his basketball teammates on ton to help you avoid thinking or feeling a complicated trauma

Cody's death rolled like a wave through the community and Frances fell to her knees on the crashed on his younger brother Ouentin.



Frances Weeks, 55, a mother and grandmother on the Fort Peck Reservation, sits at her home in Wolf Point on Oct. 24, 2023. She wipes away tears while recounting the life stories of six family members who passed away at an early age from health-related complications, accidents and homicide.

#### **FRANCES WEEKS. AGE 55**

- Mother Evelyn died of health issues at 57
- Uncle Dave died of heart attack in his 50s
- Uncle Gerald died in car accident in his 50s
- Son Cody was killed at 28
- Son Quentin died of liver/ kidney failure at 26

star and Homecoming king at Chemawa Indian School in Oregon, returned to the Fort Peck Reservation when a close friend died by suicide.

Frances said Quentin used alcohol to cope with loss, drinking nearly every day in the wake of his brother's death.

Soon, Quentin's liver and kidneys began to fail. Frances took him to a hospital on the reservation and tried to help him detox. While the reservation has a recovery center, it does not provide Quentin, a strapping football inpatient services and struggles derstand that there was no com- Montana.



The gravesite of Cody James Weeks Combs, Frances Weeks' late son, at a cemetery off of Highway 2 between Wolf Point and Poplar on the Fort Peck Reservation. Cody was and shot and killed in 2020 near his home in Wolf Point.

to meet a high demand of needs. ing back from this," she said. Quentin was flown to a hospital by that time, it was too late.

In April, Quentin died at 26 of in Billings, where Frances said his liver and kidney failure. On the condition briefly improved. But reservation, the death rate for chronic liver failure or cirrhosis "It was so hard for him to un- is seven times higher than that in

#### 'We ... needed help now': Mental health resources in short supply

In July, eight months after Jen's grandmother and brother died of COVID, her world was again shattered when her father and 12-year-old nephew were killed in a car accident.

Jen had raised her nephew, Scobey John Baker (son of her late brother Scobey Baker), since he was an infant.

After the deaths of her brother and grandmother, Jen and her family avoided cultural events and stopped powwow dancing, as is customary in some Indigenous cultures.

As the one-year anniversary of their deaths approached, Jen prepared to hold a "wiping of the tears" ceremony, which is meant to bring people out of mourning. After the ceremony, she and her children would be able to dance again.

But Jen didn't get to return to dancing that year. Scobey John's sudden death nearly destroyed her. From a young age, it had always seemed like Scobey John was destined to be a leader. As a child, he would tie strings around his stuffed animals, and, like a puppet master, he'd have the animals mimic sundances.

Scobey John joked often — one time giving out "Indian names" to white girls on the playground - and he cared deeply for others, once found praying for his classmates when he was 8 years old.

His life, too, had been touched by death. His mother died of cirrhosis at 25, and his father, Scobey Sr., died of COVID when Scobey John was 11.

Kai Teague, who was adopted into the Medicine Cloud family, said when Scobey John died, the whole family felt hopeless.

"It sounds bad, but you don't get to just die," Teague said. "I'm pretty sure that as a collective, if we could've, we probably all would've just gone."

Jen's daughter was suicidal ing. That's scary." after her brother's sudden death and decided to leave college in launch a crisis helpline on the North Dakota to move home and reservation, said its not uncombe with family.

"(We'd) go to sleep and pray that turn to drugs and alcohol — after



**PHOTOS BY ANTONIO IBARRA OLIVARES, MISSOULIAN** 

A painting of Scobey John Baker, who died in a car accident when he was 12 years old, leans against the wall at Jen Medicine Cloud's home in Wolf Point. Scobey John was the son of Medicine Cloud's late brother Scobey Baker who died of COVID.

#### **JEN MEDICINE CLOUD, AGE 44**

- Grandmother Viv died of COVID at 84
- Brother Scobey died of COVID at 44
- Father William died in car wreck at 71
- Son/nephew Scobey John died in car wreck at 12

she was breathing the next morn-

Phoebe Blount, who helped mon for family members to expe-"I was scared," Jen recalled. rience suicidal ideation - or to she was OK. And we'd make sure experiencing trauma and loss.



Jen Medicine Cloud, left, and Kai Teague, right, who was adopted into the Medicine Cloud family, recount memories of their late family member, Scobey John. Teague said the whole family felt hopeless after losing Scobey John and other family members.

"It's that hopelessness," she said. "And it's normalized. ... Because it happens so much, (it becomes) just part of the consequences of life."

For many on the reservation, getting help isn't easy. And when people spend significant time and energy surmounting barriers to access health care, experts say they may not have the capacity to work or to contribute to the community.

While several tribal programs provide mental health services, community members say they need more clinicians. According to a 2016 report, for every 1,030 people on the reservation, there is one mental health provider. By comparison, in Montana – a state that recently claimed the second-highest suicide rate in the country - there was one mental health provider for every 399 people.

As the country promotes a national suicide hotline - reachable at 988 - tribal members in Montana say they face barriers in using the service. As of now, when people on the Fort Peck Reservation call 988, someone 350 miles away in Great Falls will likely answer. But whoever answers may not necessarily understand the unique challenges of living in the Fort Peck community or what it's like being Native American in Montana.

It's one reason why the Fort Peck Tribes launched a new crisis helpline on the reservation. Now, when people call 406-653-2000, a fellow community member will be on the other end. Experts say bridging the cultural gap can make all the difference.

At the time, Jen didn't anticipate the far-reaching consequences of a traumatic family event. Vicki Bisbee, former counselor at Southside Elementary School in Wolf Point and the 2019 Montana Counselor of the Year, has seen firsthand how premature death and subsequent trauma and grief can disrupt education for young people.

If a student on the reservation lost a parent, Bisbee said they may move 300 miles south to Billings to live with another relative. And if that relative died, the student may move back to the reservation vear. to live with someone else.



Frances Weeks holds a poster of photos and memories honoring her late son Quentin Weeks Combs, who died at 26 of liver and kidney failure. On the reservation, the death rate for chronic liver failure or cirrhosis is seven times higher than that in other communities in Montana.



Frances Weeks stands in front of her kitchen sink as she recounts a memory from 2020. When she was washing the dishes, she saw her 28-year-old son, Cody, run by. She later learned he was shot to death. In 2017, homicide was the fourth leading cause of death for Native American men ages 20 to 44. and from 2011 to 2015, Native Americans in Montana were more than four times as likely to die from homicide than white Montanans.

traumatic events, like the prema- We've noticed that people living ture death of a family member, can contribute to chronic absenteeism. At the high school level, Bisbee said about 10 students drop out each

This kind of disruption can be years," she reasoned. "And where especially difficult for school-aged do they go? Usually the streets or Health Services, a hospital on the youth, Bisbee said, adding that drugs. And they don't work. ... reservation. Teletherapy felt like

on the streets are getting younger and younger."

Fortunately, Jen's daughter didn't fall through the cracks.

Because Jen had health insur-"So that's 40 kids over four ance through her job, she took her daughter to Northeast Montana

a godsend. Now, Jen's daughter is for back surgery, but with limited substitute teaching and working toward a bachelor's degree.

Jen fears her daughter may have faced a different outcome if she hadn't been able to access appropriate mental health services. About one-third of Fort Peck Reservation residents do not have health insurance. "(Indian Health Service) is so overwhelmed with people," Jen said. "We couldn't wait ... (my daughter) needed help now."

#### 'You don't want to be part of this club': The resounding pain of loss

Nine months after Quentin's death, Frances continues to raise her 7-year-old grandson, who she's cared for since infancy. She's weathered by grief and by persistent back pain from her decades in tribal law enforcement.

After Scobey John and Jen's father were killed, Jen returned to work teaching first graders. While the children brought her solace, Jen felt hollow. She wonders whether she should've been teaching at all while she grieved.

Frances raised money to travel want to be part of this club."

mobility, she can't bring food to people experiencing homelessness or take her grandson to the park like she used to. Jen tracks her loved ones' locations on her phone. She must know where everyone is at all times, fearing something bad will happen to them.

At 55, Frances is 3 1/2 years vounger than the average age at which Native women die on her reservation. At 44, Jen is the same age her brother was when he died. The idea of death haunts her. She's afraid she'll die while her kids still need her. She doesn't know whether she'll be able to survive another loss in the family.

Scobey John's powwow bustle hangs above Jen's mantle in her house. Six blocks away, Frances keeps Cody and Quentin's belongings in a room of her house. Their old clothes, trophies, photos and poster boards are piled so high that they barricade the door shut.

"You don't really move on," Frances said. "For me, it's been eye-opening to know that everybody feels the same way. Everybody has that hurt, but you don't

#### One woman's mission to improve health outcomes on the Fort Belknap Reservation

#### NORA MABIE

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FORT BELKNAP RESERVA-TION - Less than 200 feet from her driveway on a morning in August, the retired cop car Tescha Hawley drives for work began to slow. Hundreds of people lowest life expectancy of any rawaited on the other end.

"Oh no," she said. "No, no,

She pulled into a neighbor's driveway just as the 1988 Crown Victoria died.

"I don't have time for sh- to break down," Hawley said, hitting her hand against the steering wheel. "I have too much to do!"

Life expectancy is Hawley's mission. Herself a cancer survivor, she knows death comes too soon for Indigenous people in America and even sooner for people on the Fort Belknap Reservation in north-central Montana where she lives.

Frustrated by a health care system that consistently fails Indigenous people and elected officials who don't seem to prioritize the issue, individuals like Hawley often work to fill gaps in the system. While her mission isn't easy, Hawley knows her efforts save lives.

That's why on this particular summer morning, Hawley planned to distribute tens of thousands of pounds of fresh tense barriers. She doesn't have produce to her community. It's a proper food storage facility why she drives people to med- or a central distribution point. ical appointments and hands Hawley has no full-time staff.

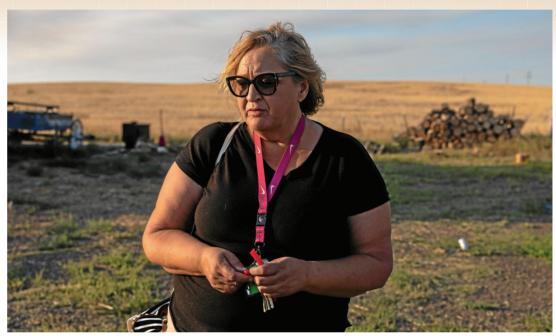
Originally published Jan. 30, 2024 out gas cards. It's why she helps community members navigate a complex medical system and encourages them to seek preventive care. And why she launched her nonprofit, Day Eagle Hope Project, which recently received national recognition.

> Native Americans have the cial or ethnic group in the U.S. And in Montana, where Native Americans comprise 6.7% of the population, Indigenous people die a generation younger than their white neighbors.

> Experts say inadequate care, food deserts, discrimination at the doctor's office, oppressive policies, poverty and rurality are to the crisis. And while tribal leaders have raised the issue for years, they say improving health outcomes simply isn't a priority among state and federal leaders.

> From 2018 to 2022, white Montanans died on average at 78, and Native Americans in the state typically died 17 years sooner at 61. On the Fort Belknap Reservation, the gap widens. The most recent county health assessment reveals that on the reservation, Native men die, on average, at 56. In the same county, white men typically live 27 years longer.

> Hawley – like others who do this work in tribal communities statewide - is up against in-



**PHOTOS BY BEN ALLAN SMITH, MISSOULIAN** 

among the factors contributing Tescha Hawley has made it her life's mission to improve life expectancy on the Fort Belknap Reservation. Through her work with Day Eagle Hope Project, a nonprofit she launched, Hawley aims to provide resources including fresh produce, gas cards and travel for those in need of medical attention across the reservation. "I'm just a gap filler," she said. "But sometimes it feels like I am the filler."

#### Median age at death

The average age at death for a Native American man in Blaine County, which overlaps with the Fort Belknap Reservation, is nearly 30 years less than white residents.





Buster Moore helps distribute boxes of produce to people in Hays, a town 35 miles south of the distribution hub for Day Eagle Project in Fort Belknap Agency. While there are a handful of convenience stores on the reservation, residents often must travel to an Albertsons grocery store just outside the reservation for healthy food. Depending on where one lives on the reservation, a trip to that store could be 40 miles each way.



White Montanans die on average at 78. Native Americans in the state typically die 17 years sooner at 61. On the Fort Belknap Reservation, the gap widens. There, Native men die, on average, at 56. In the same county, white men typically live 27 years longer.

And the people who help her often don't have reliable vehicles.

Limited resources mean Hawley constantly scrambles for funding. Political dynamics bring further complications. And, of course, Hawley must also grapple with her own health issues.

Hawley is the first to admit that individual efforts aren't enough to fix a broken system of care. She alone cannot ensure the federal Indian Health Service is adequately funded. She can't help that some of the closest medical services are hundreds of miles away. She can't change the fact that almost one-third of families on the reservation live below poverty level or have a convenience store — not a grocery store.

"I'm just a gap filler," she said. "But sometimes it feels like I am the filler."

In the driver's seat of the retired cop car, Hawley took a deep breath and sighed as her phone pinged with Facebook messages from community members: "Where is the food distribution going to be? When does it start? Is food distribution today?"

The car was the least of her problems.

Hawley had scrambled to move her food distribution site after one tribal building was condemned for black mold. And she'd recently heard that tribal housing employees, who usually haul food on large trailers, were unavailable.

Hawley, who is Aaniiih, has wavy blonde hair, big brown eyes and isn't afraid to speak her mind. Sitting in her stalled car on the side of the highway, she had to find a different way to distribute 26,000 pounds of fresh produce across the 1,000-square-mile reservation.

She grabbed her phone and opened Facebook.

In a place where there's no local newspaper, where cell service is limited and where there aren't many areas for community members to convene, Facebook – which most specialty services, people requires low bandwidth and is accessible to elders — is a vital tool of communication.

"Good morning," Hawley typed that most towns on the reservation in a post. "We will be delayed this a.m"

#### 'Twenty-six should not be middle-age': IHS struggles to provide quality care

Indian Health Service (IHS) is responsible for providing health care to federally recognized tribes.

While tribal members statewide criticize the agency for being understaffed and underfunded, agency leaders say IHS faces unique challenges in providing

Jessica Windy Boy, former CEO of the Fort Belknap IHS facility, knows firsthand that barriers to care can mean the difference between life and early death on the reservation. Her uncle, a rancher, died at 56 of diabetes.

#### **Montana Indian Reservations**



@Mancreator.io | OSM.org. Lee Enterprises graphic

Reporting for this story took place on the Fort Belknap Reservation, home to the Aaniiih and Nakoda Tribes.

90-year-olds in Montana – just not here on the reservation," she said. "Twenty-six should not be middle-age."

The two hardest things to do in government, according to Windy Boy, are hire someone and buy something.

IHS facilities everywhere face severe staffing shortages. In August, 42 of the roughly 200 positions at the Fort Belknap IHS unit were vacant, which, at the time, was the best vacancy rate of all seven IHS facilities in Montana.

Because the IHS doesn't provide must often drive 200 miles each way to Billings, 160 miles to Great Falls or 50 miles to Havre for things like cancer treatment, a CT scan or dialysis.

The IHS has a van, but it can only comfortably transport three people at a time – limiting its effectiveness.

Of the seven IHS facilities on reservations in Montana, Windy Boy said the Fort Belknap IHS unit is the only one that runs ambulance services.

But transport can also be dangerous. The Fort Belknap IHS does not have a blood bank. Ambulance drivers — who can log thousands of miles a week on unlit, rural roads - often work overtime and face high rates of burnout. Plus, there's the deer problem. Windy Boy said EMS drivers hit so many deer that one seemingly invincible ambulance earned the nickname "Deer Slaver."

"There's tons of 80- and people access care. In August, Windy Boy wasn't optimistic that resource need would be met. IHS funding is appropriated through Congress, and money for each facility is limited.

> "I can't depend on money from IHS if I want to grow a program or service," she explained, "I have to find that through a third party. No other hospital has to think about here!" how to fund EMS."

#### 'Why are we living like this?': Resources are limited

After abandoning her car on the side of the road, Hawley jumped in her personal truck back at her house. On a food distribution day, she could easily log more than 100 miles just driving on the reservation alone, so she typically tries to avoid putting miles on her own vehicle.

Today, however, she had no choice.

Arriving at the community center, Hawley watched as her friend Trisha Blackcrow - a short woman with long brown hair - used a forklift to hoist pallets of food boxes, stacking them like Tetris blocks into the beds of pickup trucks.

With the original food distribution building condemned, the tribes' community center was Hawley's best option. One major problem, though, is that the building doesn't have heating or cooling. In the August heat with no walk-in refrigeration, Hawley An IHS bus would help more figured she had 24 hours before the non-Natives. In Montana, where

lettuce would wilt and the celery would soften.

"Why are we living like this?" she shouted to no one in particular. "There's no damn reason!"

Once they were loaded with boxes of food, truck drivers headed out to towns on the reservation, where there are about three people per square mile. One traveled 25 miles east to Dodson, another 35 miles south to Hays and a third 40 miles southeast to Lodge Pole. Another driver took a truckload of produce to the Rocky Boy Reservation, 70 miles west of Fort Belknap.

In Hays, cars pulled up every few minutes to get boxes filled with lettuce, celery, cauliflower and onions.

A grandmother thanked the group, saying she relies on Hawley's food distribution to feed salads to her grandchildren. A man in a tank top leaned out of his powder blue minivan and shouted, "I love vou guvs!"

Hawley yelled as a red SUV sped past blaring music.

"Hev!" she shouted. "Get over

The car's wheels screeched as the driver spun a U-turn and pulled up. Inside, four young men smiled and joked with each other as Hawley loaded a box in their trunk.

"You can grind that cauliflower up and make rice, you know!" she told them as she closed the trunk door.

While there are a handful of convenience stores on the reservation, residents often must travel to an Albertsons grocery store just outside the reservation for healthy food. Depending on where one lives on the reservation, a trip to that store could be 40 miles each way. In a place where the median household income is \$46,250 about \$20,000 less than Montana's statewide median and about \$28,000 less than the national figure – not everyone has a reliable vehicle or money for gas or for produce, which is typically more expensive than food at a convenience store.

Lack of access to healthy foods, experts say, contributes to poorer health outcomes. Nationally, Native Americans are 3.2 times more likely to die from diabetes than most reservations are considered food deserts, Natives are 4.5 times more likely to die from diabetes than their white neighbors.

Hawley knows she could be more effective if she had more resources. She wants a centrally located building, with a covered loading dock, heating, cooling and walk-in refrigeration for adequate food storage. Reliable vehicles and paid employees would improve food distribution efforts. If Hawley had a bus, she could also transport people to medical appointments across the state. And if she had a reliable car herself, maybe she wouldn't have been late on this August morning.

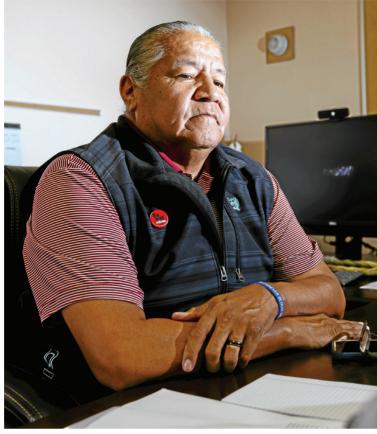
Hawley disburses more than \$20,000 twice a month to buy and ship produce to her community. She doesn't get paid for her nonprofit work, and it's not her fulltime job. To make ends meet, she serves as a mental health therapist at Harlem Public Schools, earning \$42,000 a year. Hawley typically submits grant applications for her nonprofit on nights and weekends, sometimes staying up until 2 a.m., and she takes time off work to distribute food across the reservation.

#### 'Do it yourself': Cracks in the system

While the Fort Belknap Aaniiih and Nakoda Tribes provide financial assistance to members seeking medical care, leaders say the support drains tribal resources.

Mark Azure, former tribal president, said while the tribe budgets for medical assistance, it's impossible to predict how many people will get sick in a given month, so budgets often fluctuate in unpredictable ways. Tribal officials said the tribes distribute between \$60,000 and \$90,000 each month to help members pay for gas, food and hotels to get to medical appointments.

especially burdensome for rural tribes, like the Aaniiih and Nakoda. At a conference with tribal leaders nationwide, Azure relike a tribally-run golf course in coming." Las Vegas, an offshore drilling site in the Gulf of Mexico or a big



**PHOTOS BY BEN ALLAN SMITH, MISSOULIAN** 

Jeffrey Stiffarm, president of the Fort Belknap Aaniiih and Nakoda Tribes. said Hawley would need a majority vote to get more resources for her work. "It's not (that people are) against what she's doing." he elaborated. "It's how she approaches (councilmembers) to get it done. She's very upfront. She's very, maybe sometimes, too pushy for them. ... (But) I do my best to try to help her accomplish the things she's trying to get done."

outside revenue for tribal commuduce, Hawley noticed a group that nities.

Even small tribes can have big revenue streams. Take the Shakopee Mdewakanton Sioux in Minnesota. Profiting largely from casinos and resorts that attract thousands of people each year, the tribal community of 779 people has a net worth of more than \$2 billion.

But tribes on the Fort Belknap Reservation – which is home to less than 3,500 people in rural Montana — don't have the same opportunities.

"There aren't a lot of people Azure said budgeting can be here," Azure said. "The demographics are small. So, I don't know how you could build a huge casino. It's not, 'If you build it, they will come? You can build members people spoke of things it, but that doesn't mean they're

As community members from different tribal programs helped hotel or casino – all of which earn load and unload boxes of pro-

wasn't there - the tribal council.

Hawley isn't afraid to voice her frustration, but being outspoken, she said, comes at a price in the small, tight-knit tribal community.

When asked about the council's apparent lack of support, President Jeffrey Stiffarm said Hawley would need a majority vote to get more resources, and, "If we put it to a vote, I don't think she'd get her way."

"It's not (that people are) against what she's doing," he elaborated. "It's how she approaches (council members) to get it done. She's very upfront. She's very, maybe sometimes, too pushy for them. (But) I do my best to try to help her accomplish the things she's trying to get done."

Hawley knows this is her reality. "If you want to get things done here," she said, "you have to do it vourself."



Bret Kuntz works as a cashier at the Kwik Stop in Fort Belknap Agency. At 54, Kuntz was diagnosed with colon cancer and reached out Tescha Hawley for help with gas cards to get him to and from his appointments in Havre. His surgery was successful and trips have become less frequent. "(Without Hawley), I don't know exactly what I would've done," he said. "I would've found a way, probably, but I just don't know."

#### 'I pray someone would step up': Future uncertain

Hawley knows more than anyone that it's important to stay on top of her own health. But she resents the fact that she must leave her community - and the hundreds of residents who depend on her - to get the care she needs.

While Hawley is cancer-free, she sees a doctor in Billings to ensure her own nutrition levels are stable.

Once food distribution was complete and after Hawley had visited with several cancer patients, after she had counseled students at school and coordinated concessions for the next sports game (advocating for healthy options), Hawley would have to pack a suitcase, and her aunt would drive her three hours to Billings. Together, they'd stay the night in Hawley's niece's basement apartment on a pullout couch and drive home the next day.

At 52, Hawley is nine years younger than the average age at which Native Americans die in Montana.

If she were to die tomorrow, Hawley knows it would be nearly impossible to find someone to fill her unpaid position. She invests almost as much time in her volunteer work as she does her fulltime, paid job.

"I pray that someone would step up," she said. "(But) I know that would be difficult. I had to get a paying job just to feed my own children. (It's) difficult managing two full-time jobs."

#### 'I reached out to Tescha': **Assistance saves lives**

Before leaving town, Hawley pulled into the Kwik Stop gas station to fuel one more truckload of food.

A mug of coffee balanced haphazardly in one cup holder, and a plate of half-eaten strawberries wobbled on her dashboard.

"Need some gas?" Bret Kuntz, a cashier at the Kwik Stop, asked Hawley as she walked in the convenience store.

Kuntz, who's been working at the Kwik Stop for two years, knows firsthand the power of Hawley's work.

Six months earlier, Kuntz, 54, was diagnosed with colon cancer. He took time off work to travel 50 miles each way to Havre for treatment. When he got surgery, he had to take four months off work to recover. He drained his savings in trips to and from appointments.

"I reached out to Tescha," he said. "She helped me out with gas cards and anything financial that I needed. That was a real godsend."

Kuntz's surgery was successful, and his trips to Havre have become less frequent. He prides himself on knowing almost everyone in the small community and is relieved to be back at the Kwik Stop where he enjoys chatting with people as they come and go.

"(Without Hawley), I don't know exactly what I would've done," he said. "I would've found a way, probably, but I just don't know."

### REPORTER'S NOTEBOOK

#### What we learned

Overall, community members told Lee Montana that solutions must come from within. To improve health outcomes, Indigenous people in Montana say they need:

- grocery stores
- behavioral health clinicians
- providers
- community health education
- walking paths
- reliable transit services
- education opportunities in medicine
- housing
- nutritionists
- dentists
- community gathering spaces
- inter-agency communica-
- support from state and federal leaders

#### **Meet Reporter** Nora Mabie

Hi! I'm Nora Mabie, and I cover Indigenous communities for the five Lee Enterprises news outlets in Montana - the Billings Gazette, Missoulian, Helena Independent Record, Montana Standard and Ravalli Republic. I previously covered Indigenous communities at the Great Falls Tribune and earned a master's degree in social justice journalism at Northwestern University's Medill School of Journalism.

I'm based in Missoula and interested in telling stories that authentically portray Indigenous communities in their fullness. That means covering community successes, like high school graduation on the Blackfeet Reservation, a parade of repatriated items on the Fort Peck Reservation or a Crow artist getting his work featured at the New York Metropolitan Museum of Art. I also cover instances of inequity, that targeted Native Americans



**PHOTOS BY AMY LYNN NELSON. BILLINGS GAZETTE** 

Char Old

Bull Hugs,

Program

speaks at

a listening

session hosted

by Lee Montana

in Crow Agency.

Tribal Health

Improvement

coordinator,

Reporter Nora Mabie (right) interviews Latonna Old Elk (left) after a listening session on the Crow Reservation in November 2023.



of a sober-living fraud scheme your voice.

called for justice after her son tive, I'm here to listen, learn, Let's visit! died in a tribal jail or the story earn your trust and amplify

Do you have story ideas? Feedlike the story of a woman who in Montana. While I am not Na-back? Comments? Criticism?

Email: Nora.Mabie@lee.net **Cell:** 406-403-3570 Facebook: Nora.Mabie **X/Twitter:** @NoraMabie

### A NOTE FROM **OUR EDITOR** ABOUT 'GONE TOO SOON'

For six months, Lee Montana reporter Nora Mabie traversed the state to produce this three-part series, "Gone Too Soon" - a project supported through a grant from the USC Annenberg Center for Health Iournalism.

She talked with hundreds of Indigenous people, spending hours with some of them in their homes or cars. She coordinated meetings. She built relationships. She logged some 3,100 miles behind a steering wheel - or the equivalent of driving the some 45 hours from Seattle to Orlando.

She didn't end up at Disney World. Instead, Nora found Montanans with painful stories to tell about inadequate health care, food deserts, poverty, discrimination, and early death. They've implored state and national leaders for help for years but remain unconvinced that their lives are a priority.

This level of journalism, with the power to change policy and lives, comes at a cost — in reporting hours and resources, and in financial backing. The price tag for "Gone Too Soon" was \$6,575. As you read Nora's reporting, I encourage you to dwell on the words of your fellow Montanans and consider how we might all come together to influence our elected officials to take action toward meaningful

And, please, if you value journalism, I hope you'll consider a subscription to support more reporting like this. Local voices matter. So, too, does local journalism.

> - Steve Kiggins, state editor at Lee Montana Newspapers and executive editor at Missoulian



Indigenous communities newsletter, scan the QR code and click the link. **NEWSVU** 

# THANK YOU TO THOSE WHO HELPED SHAPE THIS SERIES...

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