



Are you expecting or new to parenting?

We're here to help.

Expecting and New Parent Classes

Birth Smart Express

sjh-mt.org/childbirtheducation

Spinning Babies®

sjh-mt.org/spinningbabies

Breastfeeding Basics

sjh-mt.org/breastfeeding

Please enter promo code STJHFREE when registering online. For questions, call 406-498-7099.

Breastfeeding and Infant Feeding Support Group

Our lactation consultant is here to help you address any infant feeding concerns both following delivery or prenatally in private 1-on-1 consultations.

To schedule a lactation consultation, call 406-723-2711.

To learn more or to register for our support group, please visit sjh-mt.org/feedingsupport



St. James Hospital