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5B Week for Blaine County Residents

50% off June 17-20 Mighty MAT, South Valley and Cravin' Caves, Hot Springs and Camping Ketchum and Hailey pick up and drop off

Mountain Adventure Tours hopes to provide every child with the opportunity to experience our adventures.

We encourage anyone who is interested to call or email to inquire about scholarships.

www.mountainadventuretours.org

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Up your game with Nito Soccer Camps

Elite and Advanced camps in July

BY ALEJANDRA BUITRAGO
Express Staff Writer

Aspiring soccer stars can set their sights on Nito Soccer Camps this summer. The camp focuses on four components of soccer: technical, mental, physical and tactical. The program is run by Coach Nana, a soccer pro himself who found soccer at an early age and made it his career.

Born in Accra, Ghana, Emmanuel "Nana" Akyen was an orphan by age 5 when he was admitted to the most prestigious soccer academy in Africa, the Right To Dream football academy.

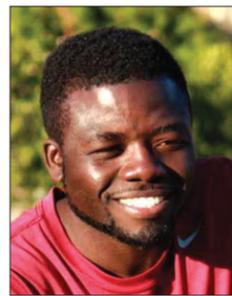
In 2006, Akyen received a full soccer scholarship to attend a college prep school in California. He went on to play college soccer on a full scholarship at

Westmont College, graduating in 2014 with a history degree. Today, Akyen plays professional soccer for Alta California Sol in the competitive United Premier Soccer League.

He created his own soccer camp last year and is bringing it to Sun Valley this summer.

Three camps will be offered, two elite performance day camps and one advanced player academy. The Soccer Academy Elite Performance Day Camps are open to kids of any age up to 18 and will be at Sagewillow Fields in Elkhorn from 8:30 a.m. to 3 p.m. with the option for a half-day

camp. The first camp will take place July 8-12 and the second July 15-19. Half-day programs are \$219.99 and full day programs are \$299.99.



NANA AKYEN

Nito Soccer Academy Advanced Player Night Academy for ages 10-18 will be July 22-26, 5-8 p.m. at Atkinson Park in Ketchum. The program is \$249.99 and people who are serious competitive soccer play-

ers are encouraged to contact Nana at 805-837-9688 to see if this program is right for them.

Visit nitosocceracademy.com for more information and to register for the Elite Performance Day Camps.

Soccer camps keep kids kicking on the pitch

Quality coaches do the training

By EXPRESS STAFF

Summer is a great time for soccer development. The Wood River Valley is the site of some topnotch camps on fields in Hailey and Sun Valley.

"Always training" is a motto of One.Soccer Schools, which provides camps around the U.S., from California to Colorado, Florida and Utah. And One.Soccer returns to the valley once again in 2019.

The Santa Barbara-based One.Soccer Schools directed by Jeff K. Johnson is known for challenging curriculum and dedicated coaches. Players develop the technical, physical and mental skills to become better athletes and players.

The 2019 One.Soccer Schools camp returns to Hailey's Wood River Middle School fields Monday through Friday, July 15-19 with camp selections for ages 9-16, 5-9 and 3-4.

Returning to the valley for the 14th year, local camps are based on age levels—full-day Field Player camps for ages 9-16, a half-day camp for juniors ages 5-9 and, for a sixth year, Jett camp for ages 3-4.

The five-day camp for boys and girls ages 9-16 meets from 8:30 a.m. to 3:30 p.m. Mondays through Thursdays, and 8:30 a.m. to noon Fridays on the Hailey pitch.

Cost is \$299 if paid through May 15 (\$329 from May 16 to July 1, and \$359 in July). A goalkeeper camp is also offered.

Offered during the full-day camp are segments in dribbling, agility, foot volleys, small-sided games, passing and receiving, 1v1s and 4v4s, and themed possession games.

Junior Camp for coed players ages 5-9 meets from 8:30 a.m. to 12:30 p.m. Monday through Friday, July 15-19 in Hailey. Cost is \$199 for early signup. Juniors do many of the segments as full-day campers, working more on 1v1s and 2v2s.

The Jett camp for young ones tries to give the best first



impression of soccer for beginners. It meets mornings for \$109. Kids age 3 gather from 8:45-10 a.m., and those age 4 meet from 10:30 a.m. to noon.

All players receive a uniform and game-quality ball. Register by visiting onesoccerschools.com. Call 805-845-6801 for information.

Soccer at Sagewillow Farms

Youth soccer camps with innovative coaching methods are offered by the Sun Valley Community School summer program, too.

One.Soccer provides a five-day soccer camp for ages 9-16, this one July 22-26 from 8:30 a.m. to 3:30 p.m. at the Dumke Family Community School Sagewillow Farms fields in Elkhorn at Sun Valley.

The timeframe, camp objectives and pricing are the same as the earlier Hailey camp. Junior sessions for ages 5-9 and Jett camp for ages 3-4 are also scheduled that week for the Sagewillow fields.

One.Soccer high school pre-season program and college prep week for ages 13-18 is set for the Sagewillow fields July 29 to Aug. 2. Register by visiting onesoccerschools.com.

Atkinson Park soccer camp

Ketchum's Atkinson Park Summer Youth Program is hosting the United Kingdom International Soccer camp Monday through Friday, Aug. 12-16 at the city park.

Two sessions using the UKIS Inspire curriculum are offered by the reputable company headquartered in Redlands, Calif.

The UKIS Classic morning camp for ages 4-14 is held from 9 a.m. to noon. Cost is \$120 per person. UKIS Classic Full Day Camp for ages 7-14 also runs five weekdays, from 9 a.m. to 3 p.m. Cost is \$175.

Visit uksoccer.com or call 855-UK SOCCER or 909-793-7759 to sign up. Get a free special-edition soccer jersey by registering online for weeklong camps by April 30.