THURSDAY, JANUARY 14, 2021

VOL. 138 NO. 3 www.MoraMinn.com \$1.00

### MLK: His birth name and 9 other things you might not know about Dr. Martin Luther King, Jr. P13

## Bang, shake or rattle — young students learn how to jam

MORA COMPREHENSIVE ARTS PLANNING PROGRAM

Mora Elementary students in grades pre-K-12 had the opportunity to experience a free online ARTS residency and a live performance and jam session by Mike Arturi.

Arturi is a teaching artist from COM-PAS - a non-profit education organiza-

tion that teaches through art. Arturi is a lifelong professional drummer, educator and entrepreneur. From his unique vantage point on thousands of stages, Arturi has witnessed the power of rhythm and its ability to connect with hearts and souls. He shares the power of rhythm through hand drums and drum circles to spark learning and create a sense of community with all

Mora students were invited to participate in six 10-17 minute online drumming sessions at their own pace—on

Students started out learning how to play the two basic tones of low and high along with a simple alternating right

SEE RHYTHM, PAGE 6



Professional drummer Mike Arturi taught Mora students how to jam via live video.

Car chase ends

with discovery

of drugs, stolen

property

STAFF REPORT

NEWS@PINECOUNTYNEWS.COM

Blake Lee Hanson, 25 of Ogilvie

faces multiple charges after alleged

ly attempting to flee law enforce-

sion of drugs and stolen items.

ment in Pine City while in posses-

According to the criminal com-

plaint filed in Pine County Court,

on Tuesday, Jan. 5 a Pine County

investigator was traveling on Poke gama Lake Road when he observed

a rusty red Ford Fusion automobile

pass in the opposite direction at a

The investigator said he had

entered his lane of traffic. He made

a U-turn but the vehicle was traveling so fast that he was unable to

A deputy recalled that the Fu-

sion matched the description of a

recently stolen vehicle and located

traveling at a high rate of speed in

Another deputy observed the

speeding venicie run a red light. He activated his lights and siren

in an attempt to initiate a traffic

Johnson Avenue in Pine City as

stop. The Fusion turned west onto

the deputy turned east on Johnson

squad head on, and both vehicles

The driver of the vehicle, later

jumped out of the red car and ran

identified as Hanson, allegedly

away while the deputy pursued

The deputy said he drew his

department-issued handgun and

yelled "Sheriff's Office! You're un-

der arrest!" multiple times. Hanson

Avenue. The Fusion hit the deputy's

the vehicle on Pokegama Lake Road

to pull over because the Fusion

high rate of speed.

catch up with it.

stopped.

the opposite direction.

## City steps up bike path snow removal providing more options for winter walks

EDITOR@MORAMINN.COM

Mora residents continue to utilize area trails and paths to enjoy the outdoors —this winter the city has made it a little easier.

The city of Mora has begun plowing the westernmost sections of the city's paved bike trail; most years it

Mora City Administrator Lindy Crawford said, "The City Council discussed the possibility and decided that for this year, due to the uncertainty of COVID-19 and the closures the pandemic has brought to our community, city staff will clear sections of the trails to promote good health and wellness.

Sections of the trails that will be cleared are from Fair Avenue heading north past the Kanabec County History Center and east to South Grove Street, continuing from 7th Street to the north and around to the Wellness Center parking lot.

Crawford said the decision also supported the city motto: "A city for

"To me, 'A city for all seasons' means that we have year-round outdoor opportunities for everyone to utilize. Whether it's canoeing, biking or walking on trails, ice fishing, playing on the playgrounds, snowshoeing, or cross-country skiing, we've got something for everyone to enjoy outside in Mora," she said.

Samantha Rushmeyer, her husband Bryce, son Quinn (3) and daughter Teddy (1) live a short distance from the Kanabec History Center and are frequent users of both the center's wooded trail system and the city's paved bike trail.

"I love the decision to clear the trail," she said. "Since I live so close to the trail, I see how often it is utilized all year round."

In the summer, the Rushmeyer family uses the trail system five times or more per week. In the winter, they still get out as often as two to three times per week.

SEE TRAIL PAGE 14



Bryce Rushmeyer carries his son, Quinn (3), during one of the family's regular walks along the Mora bike path. While not typical for the city, Mora began removing snow from portions of the trail this winter to provide a safe recreational activity for residents during the pandemic.

slipped on the snow and the deputy SEE CHASE, PAGE 6

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## Make a tasty twist on traditional everything bagels

Individuals who adhere to grain-free, dairy-free or nut-free diets due to health issues or other preferences may find themselves periodically craving foods that are off-limits. While people might not be able to enjoy forbidden foods in their original incarnations, an alteration here or there to a recipe can make otherwise forbidden foods fair game.

That is the thinking behind "Everything Bagels" from "Eat What You Love" (Ten Speed Press) by Danielle Walker. These bagels recreate the mouthwatering taste of traditional bagels, but with ingredients that accommodate grain-free diets. Slather with your favorite topping, such as dairy-free cream cheese.



#### EVERYTHING BAGELS

#### Makes 6

#### **Ingredients Bagels:**

1/2 cup full-fat coconut milk

2 tablespoons finely ground golden flaxseeds

1 tablespoon raw honey

1 tablespoon gluten-free active dry yeast 4 eggs

1/4 cup melted ghee or virgin coconut oil1 teaspoon apple cider vinegar

11/2 cups arrowroot powder

1/3 cup coconut flour

11/2 teaspoons grain-free baking powder

1 teaspoon fine sea salt

#### Everything seasoning:

1 teaspoon poppy seeds

1 teaspoon dried minced garlic1 teaspoon dried minced onion

1/2 teaspoon white sesame seeds

1/2 teaspoon black sesame seeds

1/2 teaspoon coarse sea salt

#### Directions

Pour the coconut milk into a small saucepan and heat it over low heat to 110 F. Place the warmed coconut milk, the flaxseeds, honey and yeast in the bowl of a stand mixer fitted with the beater attachment and mix on low speed to combine. Let the mixture sit for 4 to 5 minutes, until it begins to foam.

Add the eggs, ghee and vinegar to the bowl and mix on medium speed to combine. Add the arrowroot, coconut flour, baking powder and salt and mix again until fully incorporated. Cover the bowl with a kitchen towel and let it sit for 1 hour at room temperature.

To make the everything seasoning, combine all of the ingredients in a small bowl and stir to combine.

Preheat the oven to 350 F. Scoop the batter into a 31/2-inch silicone doughnut pan, filling each cavity two-thirds full. Sprinkle the tops with the seasoning and bake for 20 to 25 minutes, until the bagels are golden brown and a toothpick inserted into the center comes out clean. Cool the bagels in the pan on a wire rack for 20 minutes, then remove them from the pan and cool completely on the rack.

Store in an airtight container in the refrigerator for I week, or





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## OUTABOUT

#### UPCOMING EVENTS AND ACTIVITIES

#### **JAN. 15-23**

#### Vasaloppet Fundraiser

Jan. 15: 4-8 p.m. Raffle and Preview Night. Bob's Clothesline and Light the Night Lantern raffles and in-person preview of online auction items (if state COVID restrictions allow)

Jan. 16-23: Online Auction beginning at 6 a.m. Bid on a wide range of merchandise and gift baskets at vasaloppet.us

#### **JAN. 26**

#### Inventors and Entrepreneurs Club

The January club meeting will be held at 6 p.m. online. Speakers will be Kim Erickson, president of Cambridge State Bank and John Norris, president of Atscott Manufacturing and Tower Solutions. Meetings are free to attend. To attend register online at www. ecmnbusiness.com.

#### **JAN. 29**

#### **Blood Drive**

From noon until 6 p.m. there will be a blood drive at Braham Area High School, 531 Elmhurst Ave. S., Braham. Masks and reservations are required. For reservations contact the Red Cross at redcross.org or call 1-800-733-2767.



KIRSTEN FAURIEJ TIMI

The Miniloppet (photo from the 2020 event) gives children an early ski race experience.

#### FEATURED EVENTS: MORA AND MINILOPPET FEB. 6

#### Moraloppet Ski for the Cause

The annual Moraloppet Ski for the Cause will be held Feb. 6 at the Nordic Center at 10:30 a.m.

Registration is online only and is currently open until 10:15 a.m. race day. Bib pick up begins at 9:30 a.m. for 21km and 10.5km race distances, plus the 5km tour.

Overall winners, male and female, will be awarded pink Dala Horses. No age class ribbons will be awarded, but race results will be available.

The Moraloppet Ski for the Cause is a fundraising event benefiting the Dr. Susan Love Research Foundation. For more information and to register go to vasaloppet.us

#### Miniloppet

The Vasaloppet children's race, ages 13 and under, will be held on a new day and date. Due to COVID-19 guidelines, space to hold the Miniloppet was no longer available during Vasaloppet's race weekend.

New Date: Saturday, Feb. 6, following the Moraloppet Ski for the Cause event. Both events will be held entirely at the Vasaloppet Nordic Center.

Registration is online only, and is currently open until 1:15 p.m. race day for distances of 1.5km, 4km, and 7km. Bib pick up begins at 12:30 p.m., with race start at 1:30 p.m.. Completion medals will be awarded at the finish line. Visit vasaloppet.us to register

#### **RECURRING EVENTS**

#### **MONDAYS**

#### **KCAA Zoom Meetings**

All artists are invited to join the Kanabec County Art Association for its weekly Zoom meetings at 11 a.m on Mondays. Please email Barb Orstad at purplefroggye47@yahoo.com to be added to our Zoom invitation.

#### Mindful Presence: Compassionate Care for Self and Others

Will meet from 6-7:30 p.m. Mondays Jan. 4-Feb. 8, 2020. This six-week workshop focuses on two parts: personal stress management and compassionate care.

This workshop is offered via Zoom by Whitney Senior Center and Central MN Council on Aging. To register go to https://form.jotform.com/whitneysc/ MindfulPresence.

For more information contact Paula. woischke@ci.stcloud.mn.us or call 320-255-7265.

#### **TUESDAYS**

#### **TOPS Meets**

TOPS will be meeting every Tuesday at 10:00 a.m. at Mora United Methodist Church. For information call Linda Skramstad at 679-4733.

#### **WEDNESDAYS**

#### Just for teens mental health support group

Virtual or in-person meetings will take place at 3 p.m. This is a small group setting for 14-17 year olds with the intention to offer support for one another by sharing experiences with current events friendships, grief, depression, isolation and other topics that participants would like to discuss. Registration is required. Call Recovering Hope Treatment Center at 844-314-4673 to learn more.

#### **NEWS BREIFS**

#### Increase in food benefits to help hungry Minnesotans

All Minnesotans on the Supplemental Nutrition Assistance Program and other food assistance programs who are currently receiving the maximum amount will soon see a 15% increase in their monthly food benefits. They do not need to do anything additional to receive this increase

Through the federal Consolidated Appropriations Act, Congress increased the maximum SNAP benefit amount by 15% for Jan. 1 through June 30, 2021.

Food assistance is in high demand due to the economic impacts of the COVID-19 pandemic, so the Minnesota Department of Human Services and its partners have worked to increase food support and make it more accessible during this time.

More information about SNAP and other hunger resources is available on the department's COVID-19 emergency food support webpage, or via the Minnesota Food HelpLine, 1-888-711-1151 or www.mnfoodhelpline.org.

### USDA loans available help low-income families buy or repair homes

USDA Rural Development is accepting applications for very low- and low-income individuals and families seeking to purchase or repair a home in a rural area.

The Direct Home Loan program offers financing to qualified very-low and low-income applicants that are unable to qualify for traditional financing. No down payment is required, and the interest rate could be as low as one percent with a subsidy. Applicants must meet income and credit guidelines and demonstrate repayment ability. The program is available in rural communities of generally 35,000 people or less.

The maximum loan amount is \$20,000 at a one percent interest rate, repayable for a 20-year term and can be used to improve or modernize homes and do essential repairs. Grants of up to \$7,500 are available to homeowners 62 and older and must be used to remove health or safety hazards, such as fixing a leaking roof, installing indoor plumbing, or replacing a furnace.

Contact a USDA Rural Development Housing Specialist at 763-689-3354, (ext 4) to see if you qualify.

For more information, visit www.rd.usda.gov/mn.

#### To place an obituary in the Kanabec County Times you may visit our website at

#### www.moraminn.com

Click on 'site forms' at the bottom of the home page, then click on 'obituary announcement'.

After filling out the form you will be contacted with the cost before placement. We accept most major credit cards.

If more information is needed, you may email:

front desk@moraminn.com

or call

320-679-2661





#### **CORRECTIONS**

CORRECTION: The Jan. 7 issue of the *Kanabec County Times* contained an error on page 6.

The story "Winter sports practice begins" incorrectly spelled the name of coach Kevin Nolt. The correct spelling is "Nolt" not "Knolt" as originally reported.

The Kanabec County Times apologizes for this error. The Times is committed to accuracy. If you have a correction or clarification, please contact the editor either by phone at (320) 225-5128 or via e-mail at editor@moraminn.

#### **Attention Customers:**

We ask that you please consider doing things like placing your advertisements, renewing your subscriptions or sending a letter to the editor via the phone or email. We are doing our best to protect our associates while continuing to remain open for business.

Our email address is: frontdesk@moraminn.com. Our phone number is: 320-679-2661.

Thank you, Staff of Kanabec Publications, Kanabec County Times and Advertiser JANUARY 14, 2021

## This isn't US

I pledge allegiance to the Flag of the United States of America, and to the Republic for which it stands, one Nation under God, indivisible, with liberty and justice for all.

The Pledge of Allegiance is well-known among American citizens. Most of us grew up reciting this pledge at school and our local governments from township boards to city councils convene each meeting with the same pledge.

The pledge swears no loyalty to an individual or position. The pledge asks us to devote ourselves not to a person, but to our nation: the United States of America.

While a person is fallible, our nation is us. Our ideals. Our values. Our hopes for what our country can become. No single person or group of people can own that. The insurrection in our nation's capitol on Wednesday, January 6, 2021 demonstrates the dangers of believing they can.

American democracy is at a fragile point in its history, but we as American people are strongest when we come together to build — not to tear apart.

We are heartbroken and frustrated over the events of Jan. 6. We are also hopeful we can and will do better when we remember what, not who, we are doing this for.

> I pledge allegiance to the Flag of the United States of America, and to the Republic for which it stands, one Nation under God, indivisible, with liberty and justice for all.

THIS MESSAGE created in collaboration from editorial staff of Northstar Media and Kanabec Publications newspapers: the Pine City Pioneer, Moose Lake Star Gazette, Kanabec County Times, Pine County Courier, Askov American, Hinckley News and Isanti-Chisago County Star. The publisher is Jeff Andres who may be contacted at jeff@northstarmedia.net.

#### **LETTER GUIDELINES**

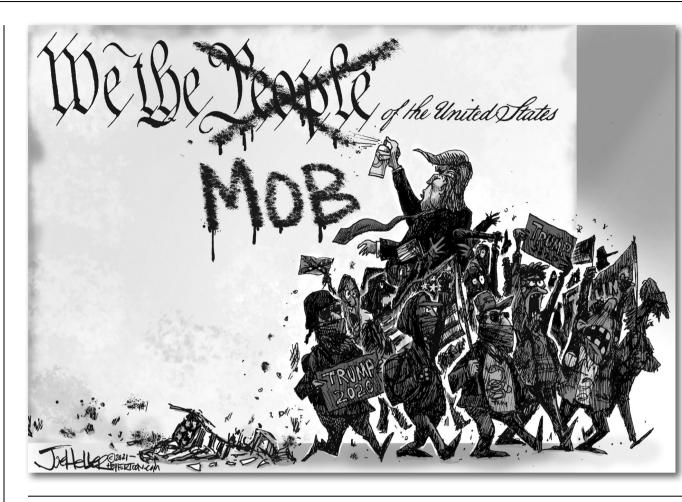
The Kanabec County Times encourages readers to share their viewpoints of community issues by writing Letters to the Editor. Publishing decisions are made on questions of free speech, good taste, public interest and public sensitiv-

The Times reserves the right to edit for accuracy, clarity, libel, and civility and reserves the right not to publish a letter. Personal complaints or attacks, plagiarized material, religious treatises or submissions from organized letter-writing campaigns will not be published.

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- Letters must be submitted by 5 p.m. Mondays to editor@ moraminn.com or via mail to 107 S Park St., Mora, MN
- Letters to the editor must be 400 words or less.
- Each letter writer may have one letter published every 30 days, or four print cycles (exceptions made for rebuttals).
- Anonymous letters will not be published. Letter signatures must include the writer's first and last name, community of residence and phone number. Phone numbers will not be published.
- Only letters originating from writers who live, work or have some other relevance to the *Times* circulation area will be published.
- An identification line may be added to the writer's letter identifying his or her occupation or title as it applies to the topic of the letter.
- Special rules apply during election season.

For questions about the *Times'* policies on letters contact the editor at 320-225-5128 or editor@moraminn.com.



## Commissioners must consider county's values in public land policy predicament

very few years the Kanabec County Board of Commissioners finds itself in this same predicament: What to do with a landowner's request to give their land over to public use.



Kirsten Faurie

A man named Shaun Fiedler owns 226 acres of land, including 90 acres of cropland, abutting the Rice Lake Wildlife Management Area in Grass Lake Township. In November, he approached the county board with a plan: The local

Pheasants Forever chapter would purchase the property, convert the cropland to native prairie, then donate the land to the DNR. The property would then become part of the Rice Lake WMA where it would be open to public hunting.

Minnesota Statutes allows the DNR to ask the commissioners to authorize acquisitions like this.

While this sounds like great news to conservationists, some of the county commissioners have expressed concern about what this means for their revenues since state lands are not subject to local property taxes.

In January 2011, the board of commissioners approved a policy that dramatically calls these acquisitions "the DNR's inexorable takeover of Kanabec County."

Losing your tax base would be a worthy concern, except the state understands counties would never embrace these transactions if they weren't somehow being compensated. So, for the last 41 years, the state has made annual payments to counties for this land called PILT (Payment In Lieu of Taxes). Kanabec County has over 20,000 acres in state-owned, natural resource lands for which it received \$134,363 in PILT payments in 2020.

The parcel currently in question paid \$2,536 in property taxes in 2020. The estimated PILT payment for this parcel is \$5,925.

Still, the board's policy (Policy: A-105) guides the board to deny DNR land acquisitions unless the property is entirely surrounded by state-owned land and without legal road access.

Even though the board has had this policy for a decade — the board doesn't consistently follow it. In eight years, I've witnessed the board approve the DNR's acquisition of at least two other properties even though they alan t

meet the policy requirements. In 2017, the board passed an additional resolution establishing a "No Net Gain" policy, demanding that no new lands may be acquired by the DNR unless an equal amount of property is sold back to private ownership.

This does happen. In the last two years, two WMA parcels in Kanabec County were sold back to private ownership.

Hung up on these policies, the commissioners haven't come to a conclusion on Mr. Fiedler's request. Instead, they've decided they will revisit their policies, perhaps to add clarity.

I hope the county board can move in the direction of less government control and ditch their policies altogether.

While I believe it is important for our commissioners to keep an eye on the health of their tax base, is development of our wild areas a Kanabec County value? Development is good for our community in the appropriate places, but Kanabec County has always embraced a rural way of life that includes hunting, fishing and enjoying the outdoors.

Let our local property owners do what state statute allows with their acreage. The county board would still need to approve new DNR acquisitions, but instead of letting it be decided by policy, the elected board members can make decisions on each acquisition's individual merit.

KIRSTEN FAURIE is the editor of the Kanabec County Times. She can be contacted at editor@moraminn. com or by calling 320-225-5128.



Community Information"

HOW TO REACH US: Our offices are located at 107 Park St. S., Mora, MN 55051. We are open from 8 a.m. to 5 p.m. M-Th and 8 a.m.- 4 p.m. Fridays. Call: (320) 679-2661, or fax at (320) 679-2663.

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LETTERS TO THE EDITOR: editor@moraminn.com The Times provides an open forum for opinions and publishes many of the letters it receives. Letters must

be in our office by 4 p.m. Mondays to be considered for publication. They are subject to editing for length and

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At the Dollar General, Ogilvie, Jan. 10, we asked the following question:

### What subjects should be taught in school but are not?



**Jessica Knoll Mora**More every day life type
subjects.



Elli Schroeder
Ogilvie
American Sign Language
needs to be taught
more, especially to the
teachers who work
with special needs kids
and in high school, life
preparedness classes.



**Darren Fuller Ogilvie**Biblical foundation principles.



Ed Fuller
Ogilvie
The correct creation from the Bible, not evolution.



Missy McLevis
Ogilvie
Life skills, balancing
a checkbook, tax
preparation etc.



Caleb Cihak Ogilvie Manners, respect for elders, how to treat a lady...

#### **LETTERS TO THE EDITOR**

#### Show respect for our everyday heroes To the editor:

I recently had the opportunity to see the workings of our Ogilvie First Responders at a vehicle accident scene. They arrived at the scene "First," stabilizing the situation to prevent any additional impact or injury. They worked as a collaborative unit, checking for any personal injuries, setting up equipment to warn other travelers, and communicating with each other to make sure nothing was overlooked.

I also witnessed some highway drivers' disrespect and disregard for the responders' warnings – warnings meant to protect them and others from driving too fast through the area of glass and vehicle debris on the highway. Some drivers even 'flipped them off' as they were told to "slow down!"

These Ogilvie First Responders are everyday (no matter the time of day) heroes in our community, risking their own safety. In my opinion, they don't get thanked enough for being ready to serve, wanting to serve, and so very needed to serve.

So, thank you to those of you drivers who do slow down when coming onto an accident scene – for your safety and the safety of others. Thank you, Ogilvie First Responders, your dedication and selfless service is so very appreciated.

Thank you,

To the editor:

**President Trump** 

In a few days a new president

will be sworn into office in

Washington D.C. Along with

our hello to our new, incoming

president, I think it is appropri-

ing president. I received a letter

to the president from one of my

sons-in-law which adequately

expresses my sentiments and

Kanabec County Times readers.

I want to take a minute to say

thank you. Regardless of the out-

come of this election, you deserve

I would like to share it with

Dear President Trump,

The letter reads:

ate for a goodbye to our out-go-

rated. Kathy Belsheim

## my gratitude. Thank you for not plunging the U.S. into another war. Thank you for walking through hell and back for the American people. Thank you for doing it for free.

Thank you for working through the night while my family was tucked safely in bed. Thank you for standing strong and staring adversity in the face. Thank you for keeping God in the country I love. Thank you for not backing down when the weight of the world was against you. Thank you for putting your family in the line of fire when you didn't have to. Thank you for standing up for women.

Thank you for not being a politician. Thank you for not being a politician. Thank you for being raw and even sometimes too much. Thank you for standing up for the unborn. Thank you for caring about the little guy. Thank you for working harder than any president in my lifetime ever has. Thank you for your service to this country. You were part of some of the greatest days of my life. Thank you.

Win or lose I am a fan. You have fulfilled every promise you have made to me and for that I am thankful. May God always bless you and your family. From a grateful nation, thank you.

Thank you *Kanabec County Times* for printing this letter and thank you, the two thirds of Kanabec County voters who voted for Donald Trump and thank you Donald Trump for everything in the letter above.

Arthur Kottke Mora

### Give us choice for we are capable

#### To the editor:

It is overdue time to open up the state of Minnesota. Let's not toss our masks because they are a healthy thing, but a year of executive orders is not good for a free society, our overall health, and the economy of our town. I am thankful for CDC education but feel government has over stepped its authority by months. We are not a free society anymore. Limitless government interference is more dangerous than police brutality.

When is government going to give "we the people" credit for having some intelligence?

Governor Walz, if you want to close down businesses pay them something to survive. If our state government cannot compromise on small businesses needed earnings, don't shut them down. Corporations are the businesses that can most afford to be closed down, but were not. Small businesses in Mora are our livelihoods and a tax base.

I sympathize with businesses that have had to shut down for more than a month. I trust business owners and customers to make smart decisions regarding COVID without any more government intervention.

Small businesses could have come up with their own safe guidelines if given the chance. Some may have chosen to shut down. Also, patrons have the option of choosing where and when they want to go.

Enforce mask wearing, not business closures anymore.

Mora School District has been pretty much shut down since March. Residents finally backed a school bond, just to be shut out of the gyms and fitness center. Most of our neighboring towns have opened up their indoor sports facilities occasionally. Now Mora School District has their bonding money and

the heck with the rest of us.

Most care about their neighbors and will stay home if they are sick. Some will choose not to take the risk of participating. It should be a respected personal decision to make.

Give us choice, we are capa-

After all this time of being shut out, it seems our school district has no consideration or appreciation of the people in this town that help pay for the school. These same people elect and support the school and board members. This kind of decision making and abuse of power, makes me wonder if Mora is such a great community to live in after all.

Rule by fear, suppress and control the people.

I will not let the governor tell me how many people are allowed at my house. Suggestions are fine. Education is welcome and should be forthcoming.

Governor Walz and Mora School District, I'm deeply disappointed.

Jamie Voelk Brook Park

## Protest is how we talk to ourselves as a nation — but violence isn't protest

ssembling to protest is our right under the First Amendment — it's how we talk to each other as a nation. Sometimes politely. But often not. Occasionally at the top of our lungs. Frequently with brutally frank messages. And often in ways that spark counterprotests.

Just as the nation's founders intended — and it is still a good thing that we do.



Amendment Center Gene Policinski

What happened Wednesday when a mob stormed the U.S. Capitol was not a protest protected by the First Amendment. It was a criminal act. A stain upon the fabric of democracy. Freedom of speech and press, as well as to

Freedom of speech and press, as well as to assemble and to petition for change, provide the real means to speak to each other across the nation's deepest divides. Those freedoms are the way we give voice to those who feel ignored by the powerful.

One aspect of those freedoms is to provide a kind of national safety valve for the normal frustrations built into democracy — where elections and legislative decisions by their very nature are a form of majority rule until the next election.

We have been doing a lot of talking lately. Mostly peaceably. But when mobs replace protest with chaos, it betrays the core principles on which the United States was founded and the role it has played for more than two centuries as a worldwide beacon of freedom and the rule of law. There is no First Amendment shield for violence, no matter the motive.

Yes, we are intently discussing and debating some of the most important challenges that the nation faces, from Black Lives Matter protests over racial bias and racial dignity, to COVID-19 demonstrations for and against pandemic health restrictions. Waiting in the wings are the demonstrations, marches and protests over ongoing issues such as abortion, gun laws and voting rights. The venues will range from the web to public meetings to city sidewalks and rural byways and, yes, the steps of the Capitol.

As differing as the subjects, points of view and mediums may be across 330 million citizens, there are some fundamental facts for all to acknowledge — and in the wake of Wednesday's violence, reaffirm:

- A democracy is only as strong as those willing to exercise their freedoms in the service of a better nation;
- We sometimes must hear voices and messages that challenge our fundamental beliefs, if only to be better prepared to defend our own positions.

To be sure, there is no provision in the First Amendment's 45 words for universal agreement or quick solutions to what ails the republic. The First Amendment is a constitutional starting point, not a finish line.

The very real tension of the First Amendment's promise to produce positive change is this: Sometimes it doesn't. The pace of change is often too slow for advocates and too fast for opponents. Perhaps that's why assembly and petition lag behind the other First Amendment freedoms in public understanding. But as many as a third of our fellow citizens have trouble even naming one of the First Amendment freedoms (which also include religion, speech and press).

While we tend today to choose speech as the most

#### SEE **PETITION.** PAGE **16**

#### OGILVIE SCHOOL BOARD BRIEFS

The next meeting of the Ogilvie School Board is 6 p.m. Jan. 25, 2021, in the Ogilvie Schools Board Room. Meetings are also recorded and posted to the school's YouTube channel: Ogilvie Public Schools - School Board.

#### Student enrollment dropping

Ogilvie Schools Superintendent Kathy Belsheim informed the school board that student enrollment is declining significantly as more families choose to homeschool children during the coronavirus pandemic.

This hurts the schools budgets as public schools receive funds based on the number of students enrolled at the school.

"This is one of the biggest issues that school districts across the state are facing," Belsheim said, and there is uncertainty from the state if school funding will be increased to make up for enrollment losses.

Board Chair Gerald DeBoer reminded families and the board that the school offers in-home learning options for students if they choose. Students using those in-home learning options are still considered enrolled with the Ogilvie School District; homeschooled students are not enrolled with the district.

#### **MORA SCHOOL BOARD BRIEFS**

The next meeting of the Mora School Board is 6:30 p.m. Jan. 28, 2021, at the Mora Elementary School Commons area. Meetings are also recorded and posted to the school's YouTube channel:

#### Board sets salaries; selects chair

The Mora School Board set their annual salaries at \$3,500 for board members, \$4,000 for the board chair during their organizational meeting Jan. 4, 2021. Scott Moe was selected as the chair; Bob Woods as vice chair.

### **CHASE:** Ogilvie man charged with assault of peace officer

#### FROM PAGE 1

tackled him. He said Hanson had a bloody nose and refused to provide his name.

The investigator saw that the Fusion's airbag had deployed and that it appeared Hanson was not wearing his seatbelt. There was a crack in the windshield. Based on this, the investigator suspected Hanson had hit the windshield when he crashed into the deputy's squad.

The officers reported that Hanson was non-cooperative with law enforcement's instructions and struggled with deputies. The deputy said he hit Hanson with a hard hand technique and they were able to handcuff him, but he continued to be belligerent with law enforcement, spitting at the deputy and getting blood spray on the hood of the deputy's car.

Officers said a search yielded a baggie containing a white crystalline substance consistent with methamphetamine, a baggie containing a green leafy substance, and two glass pipes with burnt residue. The crystalline substance and pipes later tested positive for methamphetamine.

A search of the Fusion found a USPS bag containing mail and checks belonging to numerous people.

JANUARY 14, 2021

A laundry basket in the backseat contained a large ball of keys and two iPads. The iPads' serial numbers matched the serial numbers of iPads that were stolen in a burglary that had taken place earlier in the day.

Hanson faces charges including felony assault of a peace officer, felony possession of stolen items and felony fleeing a police officer. The maximum charge is 10 years in prison, a \$20,000 fine or both.

### **RHYTHM:** Mora students play in virtual jam session

#### FROM PAGE 1

hand—left hand pattern. From this starting point, a world of rhythm unfolded.

Everyone then had the opportunity to learn the basics of playing percussion starting with three kinds of percussion instruments:

- 1. Stuff to Bang: drums, trash cans, pots 'n pans
- 2. Stuff to Shake: maracas, shakers, pasta boxes
- 3. Stuff to Rattle: tambourines, bells, glass jar with coins or marbles

These percussion sessions were followed up with games, easy to follow drum circle moves, and jam

sessions full of drumming, shaking, and rattling.

This activity was funded through a grant from the East Central Regional Arts Council thanks to an appropriation from the Minnesota State Legislature with money from the state's general fund.

The activity was initiated by the Mora Comprehensive ARTS Planning Program.

Anyone who has a passion for the ARTS is welcome to participate in Mora CAPP. Contact Richard Thomas rthomas@ moraschools.org or Kelly Gams kgams@moraschools.org for more information.



KELLY GAMS | SUBMITTED

Mora Elementary students found percussion instruments at their homes as they learned how to create rhythm.

Raymond Z. Deanna R.

## Kanabec County Times would like to thank its new and continuing subscribers during the month of December 2020

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#### RECENT ACTIVITY BY REPRESENTATIVES



Video from the Minnesota House of Representatives shows Sondra Erickson (Bottom row, center) taking the oath of office remotely.



Video from the Minnesota House of Representatives shows Nathan Nelson (Bottom row, center) taking the oath of office remotely.

#### Representatives swear oaths

The 2021 Legislative Session officially began Jan. 5, 2021. In the Minnesota House of Representatives, Sondra Erickson (Dist. 15A) and Nathan Nelson (Dist. 11B) were among 134 state representatives who took the oath of office during a ceremony at the State Capitol. Most representatives participated remotely via video.

Minnesota Supreme Court Associate Justice Paul Thissen gave the oath of office:

Do you solemnly swear or affirm that you will support the Constitution of the United States and the Constitution of the State of Minnesota, and that you will faithfully discharge the duties of the office to which you have just been elected to the best of your ability, so help you God?

#### Representative Erickson speaks against Walz' emergency powers

On Wednesday, Jan. 6, Governor Tim Walz announced a loosening of restrictions on businesses and events.

Representative Sondra Erickson (Dist. 15A) wrote, "This is good news for struggling businesses in our communities. Nevertheless, I will continue working to end the Governor's peacetime emergency powers and restore the legislature as a constitutional co-equal branch of government."



Senator Andrew Mathews (R-Princeton) hands in his election certificate to Supreme Court Justice G. Barry Anderson during the opening day of the 2021 legislative session Tuesday, Jan. 5, 2021.

#### Senators swear oaths

The 2021 Legislative Session officially began Jan. 5. In the Senate, Andrew Mathews (Dist. 15) took the oath of office during a ceremony at the State Capitol. Most senators participated remotely via

Minnesota Supreme Court Justice G. Barry Anderson gave the oath of office:

Do you solemnly swear or affirm that you will support the Constitution of the United States and the Constitution of the State of Minnesota, and that you will faithfully discharge the duties of the office to which you have just been elected to the best of your ability, so help you God?

#### Mathews encourages Walz' to bring back normalcy to Minnesota

On Wednesday, Jan. 6, Governor Tim Walz announced a loosening of restrictions on businesses and events.

Senator Andrew Mathews released a statement in reaction to the announcement, condemning the Governor's use of emergency powers. "The Governor does not have the constitutional authority to repeatedly shut down the lives of Minnesotans with no respect for the legislative process, and this has gone on for far too long," Mathews stated.

#### Rarick encourages bipartisans decisions on COVID-19 restrictions

Senator Jason Rarick praised a loosening of restriction on Minnesota's businesses.

Rarick wrote in a statement, "I'm glad to see the Governor loosening the restrictions and putting Minnesota on a path that will allow us to open up.

"That said, the Governor continues to implement broad COVID-19 restrictions as if the same rules that are needed in Minneapolis are necessary for Pine City and countless other communities across Greater Minnesota.

'The Governor's prolonged shutdowns have put numerous Minnesotan families and businesses in grim economic situations...

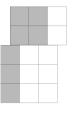
"With the legislature back in session, I am calling on the Governor to work with us, reach across the aisle, and develop collective solutions that allow Minnesotans to safely return to school, work, and their regular lives.'

#### **CONTACT YOUR REPRESENTATIVES**



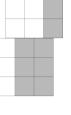


**Andrew Mathews** Minnesota Senate District 15 (651) 296-8075 sen.andrew.mathews@ senate.mn





Sondra Erickson Minnesota House of Representatives District 15A 651-296-6746 rep.sondra.erickson@ house.mn







**Nathan Nelson** Minnesota House of Representatives District 11B 651-296-0518 rep.nathan.nelson@ house.mn

#### **Erickson to serve 4 committees**

Representative Sondra Erickson (Dist. 15A) was appointed to serve on the following committees:

- **Higher Education Finance and Policy**
- **Education Finance**
- **Education Policy**

#### Rarick to serve 4 committees

Senator Jason Rarick (Dist. 11) was appointed to serve on the following committees:

- Labor and Industry Policy Committee
- Higher Education Finance and Policy Committee
- Energy and Utilities Finance and Policy Committee
- Jobs and Economic Growth Finance and **Policy Committee**

#### Mathews to serve 3 committees

Senator Andrew Mathews (Dist. 15) was appointed to serve on the following committees:

- Civil Law and Data Practices Policy
- Energy and Utilities Finance and Policy
- Judiciary and Public Safety Finance and

#### Nelson to serve 3 committees

Representative Nathan Nelson (Dist. 11B) was appointed to serve on the following committees:

- Agriculture Finance and Policy
- Environment and Natural Resources Finance and Policy
- Legacy Finance



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## Grant-funded health services support independent living for seniors

KANABEC COUNTY COMMUNITY HEALTH

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Toenail trimming, mental health screening, medication management these services and others that may help seniors live independently for longer are being offered in Kanabec County with the support of an annual grant.

Kanabec County Community Health recently received \$36,193 in Title III funds from the Central MN Council on Aging to provide services through the Older Americans Act.

The services provided with these funds enable an older person to continue living in their home with some assistance rather than face premature residence in a longterm care facility. The services provided through funding enable seniors to continue living in their homes - independently.

The following services will be offered in Kanabec County this year:

**Public Health Nurse Clinics:** In Mora, clinics are held every

Wednesday and every other Thursday each month by appointment. Services include assessment, vitals check, foot care, mental health screening, cognitive screening toenail trimming, and medication review.

**Medication Management and** Screening services

This service is offered by appointment on Wednesdays in Mora. Services include assessment, setting up of medications with a doctor's order. INR testing can also be done with a doctor's order to the Public Health Nurse Clinic.

These services allow the elderly population to live a higher quality and more independent life within the community.

If you or anyone you know may benefit from the services listed above, please feel

Kanabec County Community Health for information on the Public Health Nurse Clinic by calling 320-679-6330.



Setting up of medications with a doctor's order is one of the services offered by Kanabec County Community Health that enables an older person to continue living independently in their home.

guide

#### **Braham Evangelical Lutheran** Church (ELCA)

320-396-2755. West Central Drive & County Road 4, Braham. Pastor Julie Beck Sunday: 9:30 a.m. Worship Service on KBEK 95.5 FM; 10:15 a.m. Live Worship Service on Facebook; 10:15 a.m. Worship Service at Braham Lutheran.

Office hours - Tues. - Fri. 9:00 a.m. to Noon.

#### **Calvary Lutheran Church** (ELCA)

414 S. Wood St., Mora 320-679-1706 www.calvarymora.org Pastor Dean Oelfke Deacon Susan Williams Sunday: 9 a.m. Worship; Holy Communion celebrated on first and third Sundays of each month. Wednesday: 6 p.m. Youth Check-in; 6:30 p.m. Keeping Connected.

#### **Emmanuel Baptist Church**

536 Union St. S., Mora Mike Rue, Senior Pastor David Everson, Associate Pastor Jeanine Kitterman, Children's Director Sunday: 9 a.m. Sunday School (all ages); 10:30 a.m. Worship Service. Wednesday: 6-7:30 p.m.: AWANA Pre K-6th grade and Youth Group

#### First Presbyterian Church, Mora

551 Wood St. South Pastor vacancy, pulpit supply 320-679-1969 9:00 a.m. Sunday School; 10:00 a.m. Worship Service. Handicapped accessible.

#### Fish Lake Chapel

7th-12 grade.

Non-denominationa 1602 Jade St., Ogilvie Just off Fish Lake Road Pastor Dale Clifton 320-982-1017 Services posted on: https://www. facebook.com/fishlakechapel/ Sunday: 10 a.m. Morning Worship Service.

#### Friendship Church of the Nazarene

525 2nd St., Mora Micah Rogers, Pastor Church: 320-679-1125

#### **Generation Church**

300 E. Forest Ave., Mora Lead Pastor Randy Mitchell Associate Pastor Bob Herder Church: 320-679-1708 www.generationchurchmora.com Wednesday: 7 p.m. Bible Study. Sunday: 10:30 a.m. Worship Service. Children's Church and Nursery provided.

Sunday: 10 a.m. Worship Service.

#### Grace Lutheran Church (ELCA)

301 E. Forest Ave., Mora Church Office: 320-679-1062 www.gracechurchmora.com Please join us for worship Sundays on KBEK 95.5 F.M. at 10 a.m. or @gracechurchmora on Facebook

#### **Henriette Community Church** (Free Methodist)

One mile North of Henriette on HWY 107. 320-679-4875 Pastor Jack Droste Sunday School, 9 a.m.; Sunday morning worship, 10:15 a.m.

#### **Hillman Baptist Church**

2748 Jade Street, Mora 320-679-1756 Randy Strom, Pastor www.hillmanbaptist.org Sunday: 9:30 a.m. Sunday School, 10:30 a.m. Worship Service. Piecemakers - 1st & 3rd Monday of each month, 1 p.m.

#### **Hope Lutheran Church**

Grasston, 320-396-3925 Dean Oelfke, Pastor hopelutherangrasston.org 11 a.m. Sunday Worship Service: Holy Communion first and third Sundays and festival days

#### **Immanuel Lutheran Church** (ELCA)

Brunswick, 320-679-2015 Pastor Sierra Westerman 2088 Highway 70, Mora 9:00 a.m. Worship; 9:00 a.m. Sunday School. Communion held every week

#### Lewis Lake Covenant Church

1030 Grand St., Ogilvie 320-396-3293 www.lewislake.org Sunday: 8 a.m. Social Hour/Coffee. 9 a.m. Worship Service, 10 a.m. Fellowship and Refreshments, 10:30 a.m. Sunday School and Confirmation for ages 4-adult. Nursery for ages birth-2 years provided during Worship and Sunday School.

#### **Living Hope Church**

East Hwy. 23 and N. County Rd. 11, Mora 320-679-2586 Steve Ekholm, Pastor Sunday: 9 a.m. Adult Class: 10:15 a.m. Worship Service; 7 p.m. Youth

#### **Maple Ridge Free Church** 801 401st Ave. NW, Stanchfield

10:45 a.m. Worship.

320-396-2246 or Rick Eichholz -763-412-9397 Wednesday: 7 p.m. Prayer Meeting. Sunday: 9:30 a.m. Sunday School;

#### **Mora United Methodist Church**

500 Clark St., Mora, MN 55051 320-679-2713 Pastor Debra Schaffran debraschaffran@gmail.com 952-240-3836 Sunday: 10:30 a.m. Online Worship Handicapped Accessible. moraumc.org

#### **Ogilvie United Methodist** Church

201 W. Bragg St., Box 257, Ogilvie, MN 56358 320-272-4255 Pastor Debra Schaffran debraschaffran@gmail.com 952-240-3836 9 a.m. Worship. Handicapped accessible.

#### Open Arms Church of God

406 Pine St., Grasston 320-396-3373 www.openarmscog.org Pastor Gene Sherrod Spirit Filled Worship Sunday Worship 10 a.m. Children's ministry.

#### **Pomroy Chapel**

2700 320th Ave., Brook Park 320-679-3925 A Non-denominational, Christian Fellowship Sunday Services: 9:30 a.m. Prayer. 10 a.m. Sunday School, 11 a.m. Fellowship following Worship.

#### **Quamba Baptist Church**

26340 Whited Ave., Quamba 320-679-5365 Ivan Fiske, Senior Pastor Joel Ostrom, Associate Pastor Sunday: 9:30 a.m. Worship Service; 11:15 a.m. Christian Education. Wednesday at QBC: 6:30 p.m. AWANA and Prayer & Study.

#### **Riverside Fellowship And Mission Center**

A spirit-filled Church Service at the True Vine Lutheran Church 130 S. Park St., Mora 320-679-4076 Saturday: 6 p.m. Worship Service.

#### St. Kathryn's Area Catholic Community

318 S. Hill Ave., Ogilvie. 320-679-1593 Father Derek Wiechmann Tuesday: 7 a.m. Mass. Saturday: 6 p.m. Mass.

#### St. Mary's Area Catholic Community

201 East Forest, Mora. 320-679-1593 Father Derek Wiechmann Friday: 7 a.m. Mass. Sunday: 10 a.m. Mass.

#### St. Paul Lutheran Church

(The Lutheran Church Missouri Synod) 301 Church Ave., Ogilvie 320-272-4352 Vacancy Pastor Vernon Dorn Sunday: 9 a.m. Divine Worship, 10:15 a.m. Bible Study. Second and fourth Wednesday: 6 p.m. Divine Worship.

#### St. Stephen's Lutheran Church

(Missouri Synod) 400 SE 8th Street, Braham, 320-396-3103 Pastor Tim Renstrom www.ststephensbraham.org Sunday: 9:30 a.m. Sunday School and Adult Bible Study; 10:30 a.m.

#### Trio Community Church Trio Community Center,

111 E. Maple Ave., Mora www.triochurch.com Wednesday: 7:00 p.m. Youth Ministry. Sunday: 10 a.m. Worship Service; nursery and children's ministry available.

#### True Vine Lutheran Church (AFLC)

130 Park St. S., Mora, 612-559-2886 Pastor Marlin Harris www.truevinelutheran.org 9 a.m. Sunday School and Adult Bible Study; 10 a.m. Worship with Communion.

#### **Zion Lutheran Church**

(Missouri Synod) and Preschool 401 S. Hwy 65, Mora 320-679-1094 Rev. Anthony Cloose Susan ScheerDhein, Preschool Teacher/Director Sunday: 9:30 a.m. Worship Service; 10:45 a.m. Christian Education

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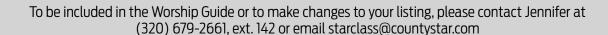




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RY 14, 2021 KANABEC COUNTY TIMES



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# Vasaloppet Fundraiser Covid-style

**Online Auction: Jan. 16-23** 

Raffle & Preview night: Jan. 15

4-8pm Nordic Center

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Jan. 16-23

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## Raffle & Preview night: Jan. 15, 4-8pm Nordic Center Two favorite traditional Fundraiser raffles--Bob's Clothesline and Light the Night Lantern raffles-- will be held outdoors at the Nordic Center. Purchase raffle tickets for some great prizes. Tickets are \$20 and \$10 respectively. (Must be present to win)

**Auction Preview:** In-person preview (if state Covid restrictions allow) of all the Online Auction items.

#### Please continue your support

The annual Vasaloppet Fundraiser provides critical funding for the race, Nordic Center and snowmaking operations. 10 KANABEC COUNTY TIMES

JANUARY 14, 2021



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Recovering Hope Treatment Center is excited to usher in the New Year. While 2020 has been challenging, we have continued to grow as an organization and provide safe, effective, and quality treatment programs.

Our Outpatient Clinic continues to expand with individual mental health counseling services, support groups, substance use co-occuring intensive outpatient programming, substance use assessments, psychiatric medication management, anti-craving, smoking cessation, and Vivitrol medical services. In the coming year, we look forward to continued growth with additional services.

Despite the challenges this year has brought, we are proud to have served over 450 families and helped our expecting mothers welcome 15 healthy babies.

We are grateful for your support and partnership throughout the past year. We wish you health, peace, and happiness in 2021.

## THANK YOU

Our program and our clients success would not be possible without the support of our local businesses and community groups.

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KANABEC COUNTY TIMES 11 JANUARY 14, 2021



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## RICK'S APPLIANCE & HOME FURNISHINGS

**12** KANABEC COUNTY TIMES

## Don't miss these opportunities!

Resiliency Grants for the arts are \$600 and you can apply anytime before June 30.

#### Other Art Grant Deadlines are February 1st

Applications are now open for all ECRAC art grants. These are awarded to individuals and organizations in our region -- Chisago, Isanti, Kanabec, Mille Lacs and Pine counties in east central Minnesota.

ECRAC funds any art project such as performing, visual, media, creative writing, theater and other art classes and projects. Think creatively to ensure that art still happens here even during the pandemic.

Grants to artists are from \$1,000 up to \$2,500. Project grants for arts & other organizations range from \$500 to \$15,000. If you miss this deadline, no problem! The next one will be April 1, 2021.

To apply for these art grant programs or to learn how to get assistance go to:

http://www.ecrac.org/grants

## You can also call

320-591-7034 East Central Regional Arts Council 540 Weber Ave S (Tobies Mill Place)

Hinckley, MN 55037-4511



These activities are made possible by the voters of Minnesota thanks to a legislative appropriation from the arts and cultural heritage fund and also by The McKnight Foundation.





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## things you might not know about Dr. Martin Luther King, Jr.

Well respected, honored and appreciated for his civil rights activism, Dr. Martin Luther King, Jr. rightfully earned his place as one of the most influential figures in American and world history. Through his religious teachings and social activism, Dr. King played a key role in the American Civil Rights Movement of the 1950s and 1960s.

While Dr. King lived a good portion of his life in the public eye, many facts of his life are not widely known. In honor of Martin Luther King Jr. Day on Monday, Jan. 18, the following are some interesting and less publicized facts about Dr. Martin Luther King, Jr.

Martin Luther King, Jr.'s birth name was not "Martin," but "Michael." Dr. King's father traveled to Germany and became inspired by Protestant reformer Martin Luther and thus changed his name while also changing the name of his then 5-year-old-son.

Dr. King was a prodigious student. Not only did he skip two grades and start college before formally graduating high school, but Dr. King also earned a bachelor's degree at age 19, graduating from Morehouse College in 1948 with a degree in sociology.

Though not a singer, Dr. King earned a posthumous Grammy Award nonetheless. In 1971, Dr. King was awarded Best Spoken Word album for "Why I Oppose the War in Vietnam."

Although people cannot readily find photographs of Dr. King smoking, he was a regular smoker and even hid the habit from the public and from his children so they wouldn't take up smoking. It was believed Dr. King was smoking a cigarette when he was fatally shot.

While Dr. King is remembered as an enthralling public speaker, he actually scored poorly in public speaking during his first year at seminary. He received a "C" in the class but earned straight "As" by his final year.

Dr. King was a "Star Trek" fan. He convinced actress Nichelle Nichols, who played the role of "Uhura" on the show, to continue working with the series. Nichols was considering leaving, but Dr. King told her she was breaking boundaries by playing a character who didn't conform to black stereotypes.

Dr. King narrowly escaped an assassination attempt on Sept. 20, 1958. On that day, Dr. King was in Harlem signing copies of his new book, "Stride Toward Freedom," when he was approached by a woman who stabbed him with a letter opener. He barely survived.

Dr. King's speech in Memphis in April 1968 may have prophesied his death. Speaking to an audience at Mason Temple Church, King said, "Like anybody, I would like to live a long life. Longevity has its place. But I'm not concerned about that now ... I've seen the Promised Land. I may not get there with you. But I want you to know tonight, that we, as a people, will get to the Promised Land."

Dr. King's birthday is now observed as a national holiday in the United States. President Ronald Reagan signed the bill in 1983. The only other American to earn this honor is George Washington.

## County Board sets their salaries, debates per diem decision

BY KIRSTEN FAURIE

EDITOR@MORAMINN.COM

Salaries of the Kanabec County Board of Commissioners members were set at \$23,095 for the year 2021 —a \$1 decrease from 2020. The pay amounts to approximately \$12.69 per hour.

This pay is similar to commissioner pay of other similarly sized Minnesota counties.

While salary remained the same, Commissioner Craig Smith fought to increase commissioner per diem pay for their service on other committees and boards.

Some committees and boards, but not all, pay their members a per diem for each meeting they attend. Kanabec County's previous per diem policy established that per diem pay did not go to the individual commissioners, but were paid directly to the county.

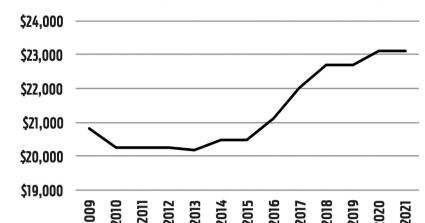
## 'My time is worth something, and I'm not giving my time away for free anything anymore. Period.'

#### **Craig Smith**

Kanabec County Commissioner, District 5

The majority of 49 committee and board positions in which the Commissioners serve as part of their Commissioner duties, not including the Board of Commission-

#### **Kanabec County Commissioner Annual Salary**



ers, do not pay a per diem. Those that do pay a per diem include Kanabec County Economic Development Advisory Board, East Central Solid Waste Commission, and East Central Regional Development Commission.

Commissioner Nielsen countered Smith noting that many of these committees are small and do not allocate money in their budget to pay commissioners for their time; the time served on these committees are considered volunteered as part of their service.

Smith held his position. "My time is worth something, and I'm not giving my time away for free anything anymore. Period," he said.

Nielsen moved a resolution establishing that county commissioners may receive per diem pay of \$75 per meeting for paid meetings; but does not require commissioners to receive per diem pay for committees that don't offer per diem pay.

The motion passed with commissioners Gene Anderson, Rickey Mattson, Dennis McNally and Nielsen in favor; Craig Smith voted opposed.

#### **SALARIES FOR ELECTED POSITIONS SET**

The Kanabec County Board of Commissioners set 2021 annual salaries for elected positions as follows:

- County Sheriff Brian Smith: \$122,969
- County Attorney Barb Mc-Fadden: \$132,808
- County Auditor/Treasurer Denise Snyder: \$113,089
- County Recorder Lisa Holcomb: \$83,678



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#### TRAIL:

## Families enjoy city trails all year long

FROM PAGE 1

Sam described the history center trails as a bit more "off road" but "wonderful." The wooded trails are not paved. Along the path are exercise stations like parallel bars, platforms for jumping and ramplike benches for ab exercises. Rushmeyer said her family frequently uses the installa-

As much as she enjoys the trails, she said they could be improved. Some of the exercise stations are in rough shape, and the history center trails could use consistent mowing and trimming.

"It's a big benefit to the area and it would be nice to see it kept in better shape," she said.

Ideally, Sam hoped the city's bike trail would make a complete loop, with fewer road crossings.

Sam may soon get her wish. There have been long-term plans to form a complete loop of the city's bike trail.



In the fall, Samantha Rushmeyer and her two young children walk the wooded trails near the Kanabec History Center, stopping to play at an installation of parallel bars.

The city of Mora has been actively working with the Minnesota Department of Transportation to include a pedestrian crossing that loops under the Snake River bridge, providing a safe route to walk

across Highway 65.

Crawford said this year will serve as a trial run for the city to see if removing snow from the bike trail is sustainable in the future.

"It will depend on staff and

equipment availability because in the winter months our first priority is clearing streets for pedestrian and vehicular safety" she said.

More information about city parks and trails is available at



SAMANTHA RUSHMEYER | SUBMITTED

Brvce Rushmever totes his kids down a wooded Kanabec History Center trail.

www.ci.mora.mn.us.

Information about the Kanabec History Center and its trails can be found at www. kanabechistory.org

**EXPLORE MINNESOTA — BIRDING UPDATE** 

### Irruption of winter finches offers unique viewing opportunity



AL BATT | SUBMITTED

A pine siskin is one of the finch species that has irrupted and bird watchers are more likely to see this winter.

**CONTRIBUTED EXPLORE MINNESOTA** 

While January can be gray and drab, our resident and returning birds add uplifting color to our landscapes and backyards. This year should be even brighter as a greater number of boreal birds descend from the north.

The reasons for this season's influx of birds are last year's ideal conditions to the north for producing and raising healthy broods, followed by a lack of food in late fall due to overconsumption by greater numbers of birds. To locate adequate amounts of food. large numbers of birds headed south. This unusual influx of birds is called an irruption.

Birders will want to watch for eight finch species: pine siskin, common redpoll, hoary redpoll, purple finch, pine grosbeak, evening grosbeak, red crossbill and white-winged crossbill. Greater numbers of red-breasted nuthatch may also be seen.

Since natural food sources are high in demand, birds will be drawn to our backyard feeders. Black oil sunflower and nyjer (thistle seed) are ideal choices for these birds. Using a heated water dish to provide a source of drinking water will make your backyard even more desirable.

If you're eager to see borear birds and rare winter finches, consider the Sax-Zim Bog, which draws birders from

all corners of the globe. This world-class birding haven is located an easy 50-mile drive northwest of Duluth, and birding can be done from the warmth of your car along the many paved and dirt roads.

The Sax-Zim Bog is located in one of the southernmost portions of boreal forest, and it is one of the most accessible areas of boreal forest to view birds which are generally found in more secluded areas to the north.

As of late December, just some of the birds sighted were pine and evening grosbeak, white-winged crossbill, common and noary reapon, bohemian waxwing and boreal chickadee.

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## We Bring the News to You.

**U OF M RESEARCH BRIEF** 

## Wolves alter wetland creation by killing beavers

BY UNIVERSITY OF MINNESOTA

UNEWS@UMN.EDU

Beavers are some of the world's most prolific ecosystem engineers, creating, maintaining and radically altering wetlands almost everywhere they live. But what, if anything, might control this engineering by beavers and influence the formation of North America's wetlands?

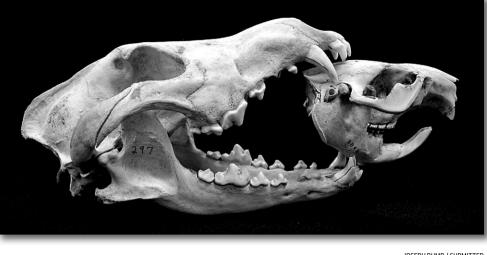
In a new paper published in the journal Science Advances, researchers with the University of Minnesota's Voyageurs Wolf Project and Voyageurs National Park observed and demonstrated that wolves affect wetland ecosystems by killing beavers leaving their colonies to create new ponds.

Beavers are important ecosystem engineers that create wetlands around the world, storing water and creating habitat for numerous other species. This study documents that wolves alter wetland creation when they kill beavers that have left home and created their own dams and ponds.

Juvenile beavers disperse alone and often create new ponds or fix up and recolonize existing, old ponds. By studying pond creation and recolonization patterns along with wolf predation on beavers, project biologists and co-authors Tom Gable and Austin Homkes found that 84% of newly-created and recolonized beaver ponds remained occupied by beavers for more than one year. But when a wolf kills the beaver that settles in a pond, no such ponds remain active.

This relationship between wolves and dispersing beavers shows how wolves are intimately connected to wetland creation across the boreal ecosystem and all the ecological processes that come from wetlands.

"How large predators impact ecosystems has been a matter of interest among scientists and the public for decades," said Gable, project lead of the Voyageurs Wolf Project. "Because



JOSEPH BUMP | SUBMITTED

New research suggests wolves may have a longer-term impact on wetland creation than scientists originally believed. The photo above shows a wolf skull (left) and beaver (right).

wolves are the apex predators in northern Minnesota and beavers are ecosystem engineers, we knew there was potential for wolves to affect ecosystems by killing beavers."

Researchers found that wolves can have this impact on wetlands without necessarily changing the abundance or behavior of beavers. This newly supported link between wolf predation, dispersing beavers and wetlands may have long-lasting impacts for boreal landscapes and habitat for other species. The Voyageurs Wolf Project is investigating the long-term effects of this relationship.

"In 2015, we documented a wolf killing a dispersing beaver in a newly-created pond," said Homkes, a field biologist with the Voyageurs Wolf Project. "Within days of the wolf killing the beaver, the dam failed because there was no beaver left to maintain it. The wolf appeared to have prevented the beaver from turning this forested area into a pond. This initial observation was fascinating and we realized we needed to figure out how wolves were connected to wetland creation in the

Greater Voyageurs Ecosystem."

After five years of intensive fieldwork, Gable, Homkes and colleagues have estimated that wolves altered the establishment of about 88 ponds per year and the storage of over 51 million gallons of water annually in the Greater Voyageurs Ecosystem. The pond observed in 2015 still has not been colonized by another beaver, said Gable, who visited the site in mid-September 2020.

"Our work hints at the possibility that wolves might have a longer-term impact on wetland creation and generate habitat patchiness that supports many other species across the land-scape, but we need to study this mechanism further," said Joseph Bump, study co-author and associate professor in the University's Department of Fisheries, Wildlife, and Conservation Biology.

Wolves and large predators are usually thought to have outsized ecological effects primarily by reducing the abundance of their prey or by altering the behavior of their prey through fear of predation, both of which allow predators to indirectly impact lower parts of the food chain such as vegetation, song-

birds and other wildlife. Some research has even claimed wolves impact river ecosystems through trophic cascades, but this has been met with substantial skepticism and remains hotly debated among scientists.

"The fact that we have convincingly shown wolves can impact wetlands without necessarily changing the abundance or behavior of beavers is a really exciting finding," said co-author Sean Johnson-Bice, a project collaborator from the University of Manitoba.

"The Greater Voyageurs Ecosystem sits within a flat landscape that is dominated by water and trees, creating the perfect conditions that currently support some of the highest beaver densities in North America," said Voyageurs National Park wildlife researcher and co-author Steve Windels.

"Though we don't have evidence that wolves are limiting the size of the beaver population in Voyageurs, understanding the nuanced and complex ways that predators and prey affect one another and their environment is critical to fulfilling the National Park Service's mission to protect and preserve our resources for future generations."

This study identified a novel and unique way by which predators influence ecological processes, which ultimately enriches our understanding of the diverse roles predators play in ecosystems.

"There are a number of good reasons to maintain and restore healthy predator populations and this study should be helpful for understanding the full role and therefore value of predators, especially when they eat ecosystem engineers," Bump said.

For more information on the Voyageurs Wolf Project, check out their website (www.voyageurswolfproject. org) and follow their Facebook, Instagram, and Twitter accounts for regular project updates.

## DNR prioritizes wolf conservation

## 3 wolves illegally shot, killed in 2020

#### MN DNR

WWW.DNR.STATE.MN.US

Although federal Endangered Species Act protections for wolves end on Jan. 4, Minnesota laws have and will continue to protect wolves and ensure the responsible stewardship of this important wildlife species.

Minnesota has the largest wolf population in the lower 48 states and is home to an estimated 2,700 wolves across nearly 40,000 square miles of northern and central Minnesota. Through the efforts of federal, state and tribal partners, the wolf population is well established in all parts of its suitable range.

"Our wolf population is a reflection of all the management efforts of federal, state and tribal partners, and includes a strong monitoring program here in Minnesota that enables us to make sound decisions," said Dave Olfelt, Department of Natural Resources Fish and Wildlife Division director.

Olfelt said changes in the wolf's legal status have occurred multiple times since 2007, but the future of Minnesota's wolf population is secure and the DNR commitment to active and effective wolf management will continue.

#### HUMAN VS. WOLF CONFLICTS

"Because of the success of wolf conservation in Minnesota and the fact that wolves and humans share the same landscape, there is also the potential for conflict," Olfelt said. "Management balances a robust wolf population with effective tools for addressing conflicts with livestock and pets."

The DNR recorded three illegally shot wolves in 2020:

- 1. April 5 in Pine County
- 2. April 10 in Lake County
- 3. April 16 in Aitkin Coun-

Eight other wolf deaths were recorded by the DNR with either unknown causes or were killed by a vehicle.

On Jan. 4, per existing state law, Minnesota will recognize two management zones. Zone A, the northeastern part of the state, has more protections for wolves, while Zone B, which represents the southern two-thirds of the state, has more flexibility for people to manage wolves to protect livestock and pets.

In the core range (Zone A), state law allows owners of livestock, guard animals, or domestic animals to shoot or destroy wolves that pose an immediate threat to their animals, on property they own or lease, in accordance with local statutes. "Immediate threat" means the owner observed a wolf in the act of stalking, attacking, or killing livestock, a guard animal, or a domestic pet under the supervision of the owner.

In all cases, a person shooting or destroying a wolf under these provisions must protect all evidence, and report the taking to a DNR conservation officer within 48 hours. The wolf carcass must be surrendered to the conservation officer.

In the southern two-thirds of the state (Zone B), a person may shoot a wolf at any time to protect livestock, domestic animals or domestic pets on land they own, lease, or manage. The "immediate threat" circumstance does not apply. The owner must notify a DNR conservation officer within 48 hours of taking the wolf and must surrender the wolf carcass to the conservation officer. People in Zone B also may employ a state certified wolf predator controller to trap wolves on or within one mile of land they own, lease or manage.

State statute also allows harassment of wolves that are within 500 yards of people,



buildings, livestock or domestic pets to discourage wolves from contacting people and domestic animals. Wolves cannot be attracted or searched out for purposes of harassment and harassment cannot result in physical harm to the wolf(ves).

Similar to federal regulations, state statute allows anyone to take a wolf to defend human life. Any wolves taken

in the course of defending human life must be reported to a DNR conservation officer within 48 hours, and evidence must be protected. These details are available on the DNR wolf management page.

The DNR intends to complete its wolf plan update process before considering any adjustments to wolf management in Minnesota.

#### **KEEP UP WITH THE TIMES**

Last week's most read stories



Below are last week's most read stories on the Kanabec County Times website, www.MoraMinn.com.

1. Florist gives back to those who serve: . "Everyone needs light," said Kelsey Yankowiak, who has found a touching way to shine light on area military personnel—those on active duty and veterans. She has been delivering floral bouquets to thank them for their service through a program she started called Project Salute. Working in a local floral shop for eight years gave her the training to strike out on her own this fall when she opened Bloom Barn Floral. Encouraged to begin her own business by fiance Kim Carroll, Yankowiak's shop is located south of Ogilvie in a garage on the farm they purchased together. Carroll is renovating the building for her. (611

2. Kanabec County Court Report Dec. 21-23, 2020: (136 pageviews)

3. Kanabec County Court Report Dec. 14-17: (104

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### 1896: Team of horses take off without driver

#### 125 YEARS AGO (1896)

The frame work of the Brunswick creamery is now up and enclosed. The main building is 40 feet long by 20 wide with an addition of an engine house.

The county commissioners and county surveyor have been busy this week surveying and laying out a road between Knife lake and

Hillman town.

Quite an exciting runaway occurred on our streets Tuesday. The bus team of the Conger hotel started during the absence of their driver, to make quick time around the town. They ran around one block and were coming up the right-of-way,

when in front of the drug store one slipped and fell taking the other to the ground also. No damage except a few scratches on the horses.

Yesteryear

Matt Anderson

Wood will be received in exchange for the TIMES.

#### 100 YEARS AGO (1921)

"Quamba Cheese Company Meets:" At the annual meeting of the Quamba Cheese Company held Tuesday afternoon, Jan. 11, the following officers were elected for the year 1921:

Gust Stromberg, pres; P. H. Peterson, sec.; A. O. Edstrom, treas.; Eric E. Edlund, John E. Youngdahl and Louis Peterson were chosen directors P. C. Peterson was elected cheese and butter maker. About \$1000 worth of stock was sold at the meeting.

#### 75 YEARS AGO (1946)

"Ogilvie Bank Holds Annual Meeting:" The stockholders of the Ogilvie State Bank held their annual meeting on Friday, Janu-

This institution opened for business November 29 and the cashier, G. G. Klatt, reported to the stockholders the deposits as of January 11 amount to \$155,000. The bank has 35 stockholders, most of the residents of the Ogilvie community and the majority present for the

#### 50 YEARS AGO (1971)

"Household of Faith organizes school:" Students from Christ's Household of Faith are no longer attending the Mora public schools. The students began classes Monday morning but about 9:30 that morning, the Rev. Donald Alsbury, head of the Household of Faith,

and other leaders of the group, arrived at the school and announced that all would leave classes.

The members of the Household of Faith have been holding services in the former Masonic

Temple on south Union street.

#### 25 YEARS AGO (1996)

"Snowmobile, bicycle access through city is discussed:" Access through the city for recreational vehicles, specifically snowmobiles and bicycles, was discussed at length during the Mora City Council meeting of Jan. 2. All five members of the council -- Mayor Mary Schwartz, Wendy Gorham, Rich Rasmusson, Greg Ardner and newly-elected member Bob Jensen -- were present.

"We were promised the use of the old railroad bed through town as a trail," said Marge Gaul of the East Central Riders snowmobile club," but this isn't working out very well."

**THE NEWS** From Yesteryear is compiled by Matt Anderson from the Times historical editions housed by the Kanabec History Center. The "News from Yesteryear" contains articles published in historic issues of the Times. The articles may contain language with ethnic and racial prejudices that were once common but are no longer acceptable in today's society. These articles are being presented as they were originally

#### **PETITION:** Right to protest doesn't promise change day matters like school policies or And we must resist resorting to FROM PAGE 5

important freedom among those five, petition was the keystone for many of our nation's founders. Protecting the right to speak the truth as each of us sees it, they reasoned, would protect the other four freedoms in law and democracy in practice.

If we want our ideas to be heard, we must encourage the rights of our opponents to speak also. We must disavow those on the right and left who would demonize dissent, discourage debate or deny a platform for all to be heard.

violence when conversation lags or fails to produce the results we

Our nation's history shows us that when we talk to each other, and when we listen, we are making progress at solving problems, correcting wrongs and admittedly, often imperfectly, making better the lives of ourselves and our fellow citizens.

That applies whether we are gathering in the nation's capital city over election results or in our hometowns where we are free to publicly express views on everystreets that need to be paved.

Those difficult conversations are worth having, despite the frustrations. Those contrary views are worth expressing, peaceably, no matter the tensions of the moment.

And those rights are worth preserving, no matter our divisions and no matter the actions of a mob

**GENE POLICINSKI** is a senior fellow for the First Amendment at the Freedom Forum. He can be reached at gpolicinski@freedomforum.org, or follow him on Twitter at @genefac.

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#### **CLUES DOWN**

- 1. Used in treating bruises
- 2. One who cultivates a small estate
- 3. One who supports the Pope
- 4. Annuity
- 5. Geological period
- 6. Grab onto tightly
- 7. Kept
- 9. Chinese city
- 10. The most direct route
- 12. Type of tooth
- 14. \_\_ kosh, near Lake Winnebago
- 15. Popular veggie
- 17. Supervises interstate commerce
- 19. Foolish behaviors

20. Witness

- 23. Gives
- 24. Expression of creative skill
- 25. A way to prop up
- 26. Midway between northeast and east
- 27. Winter melon
- 28. Supernatural power
- 29. Target
- 30. Threes
- 31. A type of poetic verse
- 32. They make some people cry 33. Kindest
- 34. Forman and Ventimiglia are two
- 36. A way to liquefy

#### **CROSSWORD PUZZLE - JANUARY 14 CLUES ACROSS**

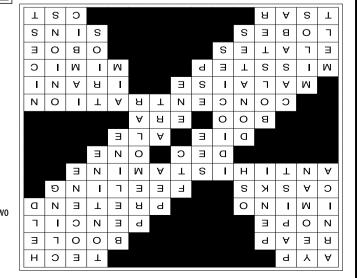
- 1. Adequate yearly progress (abbr.)
- 4. Silicon Valley's specialty
- 8. Gather a harvest
- 11. No (slang)
- 12. Students use one
- 13. Type of molecule
- 15. Play make-believe 16. Large barrel-like containers

10. Famed mathematician

- 17. Touching 18. Treats allergies
- 21. Calendar month
- 22. Single 23. Cease to live

- 24. Brew
- 25. What ghosts say 26. Geological time
- 27. Focus 34. Discomfort
- 35. A citizen of Iran
- 36. Trip 37. Imitate
- 38. Makes happy
- 39. Double-reed instrument
- 40. Body parts 41. Transgressions
- 42. One-time emperor of Russia
- 43. Time zone

#### **SOLUTION**



# 40

#### **Edwin J. Moss**

Dec. 27, 1929 — Jan. 8, 2021

Edwin Junior Moss died Friday, Jan. 8, 2021 at the Golden Horizons Assisted Living in Sandstone, surrounded by all his children. He was 91 years old.

He was born Dec. 27, 1929 in Waubay, South Dakota to Eddie and Lorraine (Murschel) Moss. He was



raised in Webster, South Dakota until enlisting in the United States Army on Dec. 17, 1948 at the age of 17. The majority of his service was in Alaska in the AAA Gun Battalion. He was united in marriage to LaVonne (Peterson) in Minneapolis, on July 19, 1952.

The couple had six children and moved to the Mora area in 1970. He commuted to the cities for work for many years. In later years

they owned a bar in Grasston, and then in Bock. They worked very hard and met many wonderful people during those years. He was an easy going man with a heart of gold who loved his wife and children dearly.

He was a member of the St. Mary's Catholic Church in Mora. He participated in a bowling league, loved watching boxing, enjoyed fishing and hunting with his sons, remodeling their homes with his wife, playing cribbage and cards.

The family thanks the staff of Golden Horizons for the wonderful loving care they provided to him during his time there. He will be dearly missed by family and friends.

He was preceded in death by his parents, Eddie Moss and Lorraine Kapphahn; wife, LaVonne; brother, Gerald Moss; and sister, Karen Wallskog.

He is survived by his children, Mike (Bonnie) of Sandstone, Kathie (Mark) Schneider of Grasston, Allen (Laurie) of Pine City, Laura (Lester) Noack of Milaca, Mark of Isanti, Annette Nelson of Princeton; 16 grandchildren; and many great and great-great-grandchildren.

Mass of Christian Burial will be held at 11 a.m. Thursday, Jan. 14, 2021, at St. Mary's Catholic Church in Mora with Fr. Derek Wiechmann officiating. Music is being provided by Patty Paul. Casket bearers are his children, Mike Moss, Kathie Schneider, Allen Moss, Laura Noack, Mark Moss and Annette Nelson. Visitation will take place one hour prior to the service at the church on Thursday. Military Honors are being provided by Mora American Legion Post 201. Burial will be at St. Mary's Catholic Cemetery.

Arrangements by Dresser-Methven Funeral and Cremation Services.

ion services.

#### Mary J. Nordlund

May 3, 1939 - Dec. 29, 2020

Mary Jane Nordlund, died on Tuesday, Dec. 29, 2020 at the Essentia Health- St. Joseph's Medical Center in Brainerd. She was 81 years old.

She was born May 3, 1939.

She was preceded in death by her parents; sons,



George, Allen and Scott LeBlanc; daughters, France LeBlanc and Terry Limper. She is survived by her children, Paul Davidson,

Christine Clark, John LeBlanc, Duane LeBlanc and Tracy DeVries; and 19 grandchildren.

A memorial service will be held at 1:30 p.m. on Sunday, Jan. 17, 2021 at the Akkerman Ingebrand Funeral Home in Mora. Memorial visitation will be

held one hour prior to the service; as well as after the service until 3 p.m.

Condolences may be posted online at www.aifuneralhome.com

#### David A. Lindquist

Oct. 25, 1948 - Dec. 29, 2020

David A. Lindquist, of the Brunswick area, died peacefully at his home Tuesday, Dec. 29, 2020. He was 72 years old.

Arrangements are by the Akkerman Ingebrand Funeral Home of Mora. The full obituary is available at www.aifuneralhome.com.

#### **Ardel V. Anderson**

Jan. 26, 1941 — Dec. 30,2020

Ardel "Andy" Verle Anderson, of Mora, died on Wednesday, Dec. 30, 2020 at Abbott Northwestern Hospital. He was 79 years old.

He was born Jan. 26, 1941 at his family's home in Starkweather, North Dakota to parents Earl and Carrie



Anderson. He grew up on the family farm and attended Starkweather High School where he was active in sports. Following high school he enlisted in the U.S. Navy and served aboard the USS Kepler.

Upon his return to the States, he met his future wife while out in Minneapolis with friends. He was united in marriage to Elizabeth Ann Johnson in St. Mary's Catholic Church in Mora on July

30, 1966. Together they raised their children to love the outdoors, camping, baseball, reading and each other.

He spent most of his career in the field of data processing. However, when times got hard he found new jobs as needed to provide for his family, working as an insurance salesman, storage facility manager and security guard. Most recently, he was a proud volunteer grandparent working to support the youth at the local elementary school. He was also a member of Emmanuel Baptist Church.

His hobbies included cribbage, a love of reading, golf, collecting coins and coming up with amazing one-liners (During a high school play in Starkweather, he is on record for having said, "I'm a pretty petunia in an onion patch.").

He was preceded in death by his parents and infant sister

He is survived by his wife, Elizabeth Anderson, of Mora; children, Theresa Borchardt of Minneapolis; Angela (Rory) Hunt of St. Cloud, Blaze Anderson of Dallas and Morgan (Amber) Anderson of Denver; grandchildren, Danika Hunt, Ema Hunt, Evi Anderson, Kendyl Anderson, Emmry Anderson, Vivian Anderson and Stella Anderson; as well as loving sistersin-law and brothers-in-law; nieces, nephews, and other relatives and friends. The Cremation Society of Minnesota will handle all arrangements, and his memorial service will take place in the spring.

#### Robert G. Johnson

March 26, 1944 - Jan. 6, 2021

Robert "Bob" G. Johnson, of Mora, died Wednesday, Jan. 6, 2021 at his home. He was 76 years old.

He was born on March 26, 1944 in St. Paul. He was a true Scandinavian gentleman and was known by many as the tall guy with the silver-blue 1958 Impala.



He graduated from Murray High School in St. Paul and the College of Associated Arts on Summit Ave. He also earned the C.S.M. (Certified Shopping Center Manager) accreditation.

He loved the family cabin on Knife River where he and his wife spent the last 22 years since retiring. He had so many interests; skiing, hunting, fishing, winter spearing, he was a pilot and was meticulous with wood-

working and photography. With roots in Braham, he loved his Farmall tractor and anything related to the outdoors.

He was preceded in death by his parents, Sylvia Thorsten and Arnold Johnson and his only brother, Jerry.

He is survived by his wife, Pat; sisters-in-law, Lynn and Colleen; and special nephews and nieces, Rob, Chris, Marc (Janice), Tyler, Blake, Paul (Claudia), Eric, Jane, Joy (Tim), Grace, Anne ~ (the Johnson's, Danner's and Lehman's).

He had so many wonderful friends, some since grade school. Please know that Bob thought of you as family, God bless the memories. He was a lifelong member of Como Park Lutheran Church. His life was about his faith, his friends and his family all surrounded by the beauty of nature.

A gathering of family and friends will be held from 3-6 p.m. on Friday, Jan. 15, 2021 at the Akkerman Ingebrand Funeral Home in Mora. If you want to remember Bob with a memorial donation, please choose your favorite wildlife or veterans organization. Condolences may be posted online at www.aifuneralhome.com.

#### Clayton H. Nelson

Dec. 4, 1935 — Jan. 5, 2021

Clayton Harold Nelson, of Baxter, died Tuesday, Jan. 5, 2021 at the Essentia Health – St. Joseph's Medical Center, Brainerd, due to COVID – 19. He was 85 years old.

He was born on Dec. 4, 1935 at Braham, son of Carl



T. and Elsie (Soderstrom)
Nelson. He grew up and received his education at rural Ogilvie. He worked as a carpenter in the Twin Cities with a company building residential homes. The company later transitioned to commercial building under the name BOR-son and he continued to work as a carpenter until his retirement after 40 years with the company.

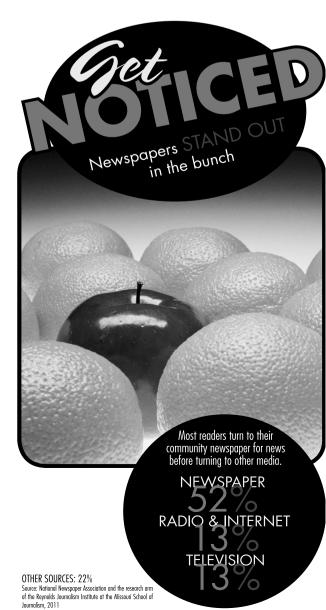
He was united in marriage to Charlene (Char) Bement in 1981 at Coon Lake. He farmed the home farm south of Ogilvie with his brother, Carl. They built a house in Circle Pines, where they lived from 1983 to 1993, before buying a 40-acre farm north of Ogilvie in 1990. Between 1990 and 1995, they built some outbuildings and their home there, moving into the home in 1995. They sold the farm in 2015 and moved to Baxter, where they lived on Firewood Drive.

He was preceded in death by his parents, Carl and Elsie; brother, Carl; sister, Donna Stromberg; and stepson, Ronald Bement.

He is survived by his wife of almost 40 years: Char Nelson of Baxter; children, Vickie (William) Nyberg of Harris, Kevin Nelson of Las Vegas, Cheryl Ertel of Las Vegas, Ricky Nelson of Monroe, Michigan and Scott Nelson of Tyndall, South Dakota; stepson, Randy (Gail) Bement of Pillager; nine grandchildren; eight great-grandchildren; siblings, Donald "Corky" Nelson of North Branch, Janice (Jack) Gallmeier of White Bear Lake, Judy (Marvin) DeBoer of Ogilvie and Marlene Beeuwseart of Milaca; as well as many, many nieces and nephews and many friends.

The family would like to thank the staffs at Edgewood Senior Living in Baxter and also St. Joseph's Medical Center of Brainerd for their care and attention to Clayton and his family.

No services will be held at this time. Burial will be at the Siloa Lutheran Cemetery, rural Braham. Arrangements have been entrusted to the Brenny Family Funeral Chapel of Baxter. www.brenny.com



**18** KANABEC COUNTY TIMES

#### JANUARY 14, 2021

#### **PROBATE**

#### STATE OF MINNESOTA COUNTY OF KANABEC DISTRICT COURT TENTH JUDICIAL DISTRICT

Court File No.: 33-PR-20-45 In Re: Estate of Norman R. Nelson. Decedent.

AMENDED NOTICE OF AND ORDER FOR HEARING ON PETITION FOR DETERMINATION OF DESCENT

Bruce A. Nelson ("Petitioner") has filed a Petition for Determination of

It is Ordered that on February 2021 at 1:45 p.m. a hearing will be held via zoom technology on the petition. Contact Court Administration at 320-679-6400 to obtain information to attend the virtual hearing.

The petition represents that the Decedent died intestate more than three (3) years ago leaving property in Minnesota. The petition requests the Court determine the descent of such property, and assign the property to the persons entitled.

Any objections to the petition must be raised at the hearing or filed with the Court prior to the hearing. If the petition is proper and no objections are filed or raised, the petition will be granted.

Notice shall be given by publishing this Notice and Order as provided by law and by:

Mailing a copy of this Notice and Order to each interested person by United States mail at least 14 days before the time set for the hearing.

Publishing this Notice and Order in accordance with Minn, Stat. § BY THE COURT

Dated: December 29, 2020 Stoney L. Hiljus Judge of District Court /s/ Tracy Gullerud Court Administrator LINDBERG LAW OFFICE, P.A. Grant W. Lindberg MN# 0347644 100 Buchanan St. N., Suite 2 Cambridge, MN 55008 Telephone: (763) 689-6896 Facsimile: (763) 689-6819 e-mail: grant@lindberglawoffice

ATTORNEY FOR PETITIONER **Published in the Kanabec County** 

#### **REQUEST FOR BID**

#### **OGILVIE SCHOOL DISTRICT** ADVERTISEMENT FOR BIDS INTRODUCTORY INFORMATION

FROM: InGensa, Inc. on behalf of Ogilvie Public Schools ISD#333 PROJECT: 2021 Ogi Public Schools Ventilation Ogilvie Dehumidification Improvements KEY DATES:

1. Publication Date: December 29, 2020

2. Pre-Bid Meeting: January 11,

2021 at 10:00 a.m. local time 3. RFI Cutoff Date: January 15, 2021 at 5:00 p.m. local time 4. Bid Due Date: January 21,

2021 at 2:00 p.m. local time

METHOD OF DELIVERY: Owner has selected InGensa as an Agency Construction Manager to administer the Project.

1. Project scope involves Mechanical systems (HVAC air handling units, chiller, ductwork, piping, plumbing, fire protection sprinkler system modifications); Electrical systems (power, systems, lighting, fire alarm); general construction (structural, carpentry, cabinetry, concrete, ceilings, flooring, finishes) and BAS temperature controls system.

WORK INCLUDED IN THIS OFFERING: We are soliciting competitive "Prime Contract Bids"

- for the following portions of work:

  1. General Construction Package
- 2. Mechanical Package 3. Electrical Package
- 4. BAS Temperature Controls Package

PRE-BID MEETING LOCATION: Optional pre-bid meeting will be held at Ogilvie Public Schools, 333 School Drive, Ogilvie, MN 56358 at the date and time noted above. Meeting will convene at High School entrance Door#1. Face coverings and temperature checks will be required.

BID LOCATION: Sealed bids will be received in duplicate at the Ogilvie Public Schools District Office Board Room, 333 School Drive, Ogilvie, MN 56358 then publicly opened and read aloud. Please enter Door#2. Face coverings will be required and bid opening may have to be staggered to allow for social distancing depending upon how many bidders attend.

BID DATE AND TIME: Bids will be received until 2:00 p.m. local time, on Thursday, January 21, 2021. Bids received after the deadline will not be accepted and will be returned unopened to the submitter. Email and facsimile bids will not be accepted. Clearly mark outside of the bid envelope with the Project

BID SECURITY: Each bid is required to be accompanied by the Responsible Contractor's Affidavit and a Bid Security in the form of a certified check, cashier's check, or bid bond in the amount of five (5) percent of the Bid Amount submitted. Bid bond shall be payable to Owner, as guarantee that Bidder will, awarded, enter into a Contract in accordance with the Construction Documents and submitted Bid.

**FROM** QUESTIONS PROSPECTIVE BIDDERS

POINT OF CONTACT FOR INQUIRIES: Questions shall be submitted to the InGensa, Inc. representative noted below on or before the date indicated above.

Gary Lovitz Phone: 952-258-9737

Email: glovitz@ingensainc.com 1.3 BIDDING DOCUMENTS

AVAILABILITY OF THE BIDDING DOCUMENTS: Electronic Bidding Documents (Project Manual Drawings, and other Documents) will be made available

on Publication Date noted above through the sources indicated below for review and examination. Bidders may obtain printed sets at their own expense.

1. Office of the Construction Manager: InGensa, Inc. Please contact Gary Lovitz at (952)258-9737 or glovitz@ingensainc.com to receive bid documents.

EXAMINATION DOCUMENTS: Bidders shall carefully examine the entire contents of the Contract Documents and Reference Documents prepared for the Work to become thoroughly familiar with all requirements.

EXAMINATION OF SITE: Bidders wishing to review the construction site to obtain first-hand knowledge of existing conditions, including existing utilities and services, obstacles which may be encountered and all other conditions relative to the Work to be performed shall make arrangements with the Program Manager. No unscheduled visits will be allowed

#### 1.4 OTHER CONDITIONS

TIME OF COMPLETION: Refer to the Project Manual - Bids shall reflect all costs necessary to meet this schedule requirement.

OWNERS RIGHT TO REJECT BIDS: Owner reserves the right to reject a Bid which is in any way incomplete, irregular, or to waive informalities or irregularities in the Bid received. Owner also reserves the right to reject or accept a bid within the Owner's judgement if in the Owner's best interests.

ADDITIONAL COMPENSATION: Suppliers and Contractors shall not receive additional payment for conditions which can be determined examining the site and Construction Documents.

PERFORMANCE AND PAYMENT BONDS: The successful Contractor will be required to provide a Performance Bond and Labor and Material Payment Bond in the amount of one hundred (100) percent of the Contract Sum.

SALES TAX: The Owner intends to purchase qualifying types of materials, equipment, and supplies directly and to assert Owner's exemption from sales and use taxation on those purchases pursuant to Minn. Stat. Chapter 297A. As an alternative, the Owner may at its option elect to appoint the bidder as a purchasing agent for the Owner for such materials. To obtain the sales exemption, the State of Minnesota Department of Revenue requires that the bids for qualifying materials be separated from the bids for the rest of the work and that these bids can be accepted

#### separately. 1.5 PUBLICATION

ADVERTISEMENT: advertisement for bids will be published in the Kanabec County Times between December 31, 2020 and January 28, 2021, or the nearest date of issue thereafter.

**Published in the Kanabec County** Times Dec. 31, 2020, Jan. 7, 14, 21, 2021

#### **NOTICES**

#### **GRASS LAKE TOWNSHIP BOARD OF SUPERVISORS** 2021 MEETING SCHEDULE

The Board of Supervisors of Grass Lake Township will hold its regularly scheduled meeting on the first (1) Monday of each month at 7:00 p.m. at the Grass Lake Town 2406 Hwy 70, Braham MN 55006.

January 4, 2021 February 1, 2021 BOARD OF AUDIT will meet first then, regular meeting

March 1, 2021 March 09, 2021 Annual Meeting April 5, 2021 May 3, 2021 June 7 2021 July 5, 2021

August 2, 2021 September 13, 2021 \*\* Due to Labor Day Holiday October 4, 202

November 1, 2021

December 6, 2021 **Published in the Kanabec County** Times Jan. 7, 14, 2021

#### **GRASS LAKE TOWNSHIP AUDIT**

The annual audit of the 2020 financial records of Grass Lake Township will be held on Monday ebruary 2, 2021, at 7:00 p.m The regular board meeting will immediately follow. Both meetings will be held at the Grass Lake Town Hall, 2406 Hwy 70, Braham, MN. Published in the Kanabec County

Times Jan. 14, 21, 28, 2021

#### **COMMUNICATIONS TOWER PUBLIC COMMENT**

Tillman Infrastructure, proposes to build a 345-foot Guyed Communications Tower at the approx. vicinity of SE of intersection of 250th Ave and 247th Ave, Mora, Kanabec County, MN 55051; Lat: 45-56-48.59, Long: -93-15-46.78. Public comments regarding potential effects from this site on historic properties may be submitted within 30 days from the date of this publication to: Trileaf Corp, Camille Neitzel, c.neitzel@trileaf. com, 1821 Walden Office Square, Suite 500, Schaumburg, IL 60173 -630.227.0202.

**Published in the Kanabec County** Times Jan. 14, 2021

#### **ASSUMED NAME**

#### OFFICE OF THE MINNESOTA SECRETARY OF STATE CERTIFICATE OF ASSUMED NAME MINNESOTA STATUTES, CHAPTER 333

The filing of an assumed name does not provide a user with exclusive rights to that name. The filing is required for consumer protection in order to enable customers to be able to identify the true owner of a business

ASSUMED NAME: Codee Rose

Photography PRINCIPAL PLACE

BUSINESS: 2032 233rd Ave Mora MN 56004 USA

NAMEHOLDER(S):

Revenues

1 PROPERTY TAXES

2 TAX INCREMENTS

Name: Codee Rose Kamrowski Address: 532 W Wheeler Ave North Mankato MN 56003 USA

By typing my name, I, the undersigned, certify that I am signing this document as the person whose signature is required, or as agent of the person(s) whose signature would be required who has authorized me to sign this document on his/ her behalf, or in both capacities. I further certify that I have completed all required fields, and that the information in this document is true and correct and in compliance with the applicable chapter of Minnesota Statutes. I understand that by signing this document I am subject

to the penalties of perjury as set forth in Section 609.48 as if I had signed this document under oath.

SIGNED BY: Codee Kamrowski MAILING ADDRESS: 532 W Wheeler Ave North Mankato MN

56003 EMAIL FOR OFFICIAL NOTICES:

a.codee@yahoo.com Work Item 1201374600025 Original Number File 1201374600025

STATE OF MINNESOTA OFFICE OF THE SECRETARY OF STATE

**FILED** 12/17/2020 11:59 p.m.

Steve Simon Secretary of State Published in the Kanabec County

Times Jan. 14, 21, 2021

Budget

889,442

12.000

Budget

12,000

1,076,635

#### **NOTICES**

#### 2021 SUMMARY BUDGET DATA FOR THE CITY OF MORA For the General Fund, Debt Service Funds, & Special Revenue Funds Adopted by the City Council on 12/15/2020 2020 Original 2021 Origina

3	OTHER TAXES	311,000	311,000
4	SPECIAL ASSESSMENTS	24,925	25,603
5	LICENSES AND PERMITS	90,100	100,050
6	FEDERAL GRANTS	90,000	
7	STATE GENERAL PURPOSE AID	991,149	1,011,225
8	STATE CATEGORICAL AID	143,978	144,478
9	GRANTS FROM COUNTY & OTHER LOCAL GOV'TS	116,426	202,482
10	CHARGES FOR SERVICES	213,490	219,320
11	FINES & FORFEITS	16,000	14,000
12	INTEREST ON INVESTMENTS	56,550	41,797
13	MISCELLANEOUS REVENUES	261,491	103,412
_	Total Revenues	3,216,551	3,262,002
14	PROCEEDS FROM BOND SALES	-	-
15	OTHER FINANCING SOURCES	-	
16	TRANSFERS FROM OTHER FUNDS	617,070	696,363
_	Total Revenues and Other Financing Sources	3,833,621	3,958,365
		2020 Original	2021 Original
	Expenditures	2020 Original Budget	2021 Original Budget
1	Expenditures GENERAL GOVERNMENT	-	-
_	•	Budget	Budget
2	GENERAL GOVERNMENT	<b>Budget</b> 537,774	<b>Budget</b> 540,822
2	GENERAL GOVERNMENT PUBLIC SAFETY	537,774 1,037,022	<b>Budget</b> 540,822 999,008
2 3 4	GENERAL GOVERNMENT PUBLIC SAFETY STREETS & HIGHWAYS	537,774 1,037,022	<b>Budget</b> 540,822 999,008
2 3 4 5	GENERAL GOVERNMENT PUBLIC SAFETY STREETS & HIGHWAYS SANITATION	537,774 1,037,022	<b>Budget</b> 540,822 999,008
2 3 4 5 6	GENERAL GOVERNMENT PUBLIC SAFETY STREETS & HIGHWAYS SANITATION HUMAN SERVICES	537,774 1,037,022	<b>Budget</b> 540,822 999,008
2 3 4 5 6 7	GENERAL GOVERNMENT PUBLIC SAFETY STREETS & HIGHWAYS SANITATION HUMAN SERVICES HEALTH	Budget 537,774 1,037,022 525,382 - -	540,822 999,008 520,006
2 3 4 5 6 7 8	GENERAL GOVERNMENT PUBLIC SAFETY STREETS & HIGHWAYS SANITATION HUMAN SERVICES HEALTH CULTURE & RECREATION	Budget 537,774 1,037,022 525,382 - -	540,822 999,008 520,006
2 3 4 5 6 7 8	GENERAL GOVERNMENT PUBLIC SAFETY STREETS & HIGHWAYS SANITATION HUMAN SERVICES HEALTH CULTURE & RECREATION CONSERVATION OF NATURAL RESOURCES	Budget 537,774 1,037,022 525,382 475,892	8udget 540,822 999,008 520,006 474,350
2 3 4 5 6 7 8	GENERAL GOVERNMENT PUBLIC SAFETY STREETS & HIGHWAYS SANITATION HUMAN SERVICES HEALTH CULTURE & RECREATION CONSERVATION OF NATURAL RESOURCES URBAN DEVELOPMENT, & HOUSING	Budget 537,774 1,037,022 525,382 475,892 - 46,191	8udget 540,822 999,008 520,006 - - - 474,350 - 40,410
2 3 4 5 6 7 8 9	GENERAL GOVERNMENT PUBLIC SAFETY STREETS & HIGHWAYS SANITATION HUMAN SERVICES HEALTH CULTURE & RECREATION CONSERVATION OF NATURAL RESOURCES URBAN DEVELOPMENT, ECONOMIC DEVELOPMENT, & HOUSING MISCELLANEOUS CURRENT EXPENDITURES	Budget 537,774 1,037,022 525,382 - 475,892 46,191 337,329	8udget 540,822 999,008 520,006 474,350 - 40,410 302,347
2 3 4 5 6 7 8 9 10	GENERAL GOVERNMENT PUBLIC SAFETY STREETS & HIGHWAYS SANITATION HUMAN SERVICES HEALTH CULTURE & RECREATION CONSERVATION OF NATURAL RESOURCES URBAN DEVELOPMENT, ECONOMIC DEVELOPMENT, & HOUSING MISCELLANEOUS CURRENT EXPENDITURES TOTAL CUrrent Expenditures	Budget 537,774 1,037,022 525,382 - 475,892 46,191 337,329 2,959,590	8udget 540,822 999,008 520,006 474,350 - 40,410 302,347 2,876,943

Note: the complete budget is available for public inspection on the City Hall bulletin board or at

Published in the Kanabec County Times Jan. 14, 2021

#### PHONE: 320-679-2661 | FAX: 320-679-2663

www.MoraMinn.com

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05 Mercury Monterey MiniVan \$999. (612)-816-8544.

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eastcentraldiesel.net 106 HOME **IMPROVEMENT** 

Cambridge Handyman All home repairs Call or text

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turning the stuff you don't want into something you do want: CASH! Advertiser 320-679-2661 or www.moram

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**Deb's Tiny Tots** experience. Infant thru school ages. Certified CPR/First Aid. Braham. 763-333-4990.

#### 355 HOUSEHOLD

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Oak Firewood: Heap-Outdoor boiler wood, delivery. 320-241-Place an ad today!

Call 320-679-2661 or go to www.moraminn.com - click

on Classifieds, place an ad!

For Sale: Recondi-

ing pickup load, \$130. \$180/cord. Free local

#### 362 MISC.

Looking for that perfect gift for an anniversary or birthday? Think about giving a subscription to the Kanabec County Times. Call our office today (320)679-2661 to start delivery - we accept Visa or Mastercard!

NEON Signs repaired. Free testing, custom ones built. 612-366-3297

#### **366 GUNS**

PISTOL S.S. 243 Savage Striker 516 fluted adj. 795

#### **369 WANTED**

Home Every Weekend. Looking for Class A Driver with 2 years experience. Starting and finishing each week in Mora, MN. **Gray Transportation** has over 4 decades of safe driving and 140 trucks in fleet. No touch/ dry van freight. Call 319-529-3470 or www.graytran.com.

Wanted to Buy: Used Toro 42-inch zeroturn mower with my ride suspension. 320-679-3375.

PLACE A CLASSIFIED TODAY. 320-679-2661

#### 451 RENTALS **COMMERCIAL**

14 CAPITAL OUTLAY

15 OTHER FINANCING USES

16 TRANSFER TO OTHER FUNDS

**Total Expenditures and Other Financing Uses** 

Increase (Decrease) in Fund Balances

**Mora Apartments:** Available immediately \$695-795/month, plus utilities. No smoking, no pets. Denny at 507-269-7639.

For Rent in Mora: Townhouse with garage. No smoking, no pets. 507-269-7639.

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or **320-629-6771** 

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erties.

506

I have buyers looking to purchase land. 218-831-0804, Eddie Odendahl, Land Specialist: Whitetail Prop-

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400,950

150,308

3,910,758

(77,137)

311,000

313,312

lot, cabin or commercial building to Sell your stuff sell? We'll buy when quickly in the you want, as-is, no fees. Call Micah at Classifieds. (651) 400.0530 It's simply the best way!

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TO PLACE AN AD, STOP IN AT KANABEC **PUBLICATIONS OR** CALL 320-679-2661 OR GO TO www.moraminn.com CLICK ON CLASSIFIEDS, PLACE AN AD PHONE: 320-679-2661 | FAX: 320-679-2663

www.MoraMinn.com

KANABEC COUNTY TIMES 19 JANUARY 14, 2021



Progressive Living Solutions is a local North foster care provider supporting high functioning adults with mental illness

Looking for kind and caring staff to assist us in our fun and laid-back social environment, by providing supervision and other supports to our residents. No physical cares or restraining actions required. Offering a competitive hourly wage, paid training, annual bonus, and a \$500.00 new hire bonus

Now hiring for Full Time & Part Time positions! PM Direct Care Staff 3:00pm – 10:15pm and Awake Overnight Staff 10:00pm -7:30am with rotating weekends Please call to discuss these opportunities!

**Now Hiring Direct** 

North Branch, Harris, Stanchfield, Pine City, Brook Park, Stillwater, Woodbury, and

Starting wages range \$12.55 to \$15.50/hr.

· Weekend differentials, Overnight differentials

Forest Lake

Pay Raise after 90 Days

(651) 277 – 7777 or apply online at www.PLSMN.net/Jobs

#### VELDER NEEDED! **POSITION AVAILABLE NOW.** Competitive wages and paid holidays and vacations. Hours are 6am-4:30pm M-Th. 320-310-7491. 205 North Hill Ave. Ogilvie, MN

#### Nursing Superheroes **Support Professionals** Homes in Hugo, Dellwood, White Bear, Stacy, needed at

ECUMEN North Branch

#### **NOW HIRING** LPN, RN, CNA & RA

FT and PT positions available. FREE NAR CLASSES and a SIGN ON BONUS. Offering competitive wages and benefits.

Please see website for more information and job descriptions www.ecumen.org/careers or call Amy @ 651-237-3055

AA/EOE/Vets/Disabled



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the Classifieds Put the Classifieds to work for you, and inch even closer to your

Kanabec County Times 320-679-2661

primary focus

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\$4,000 SIGN-ON BONUS! \$4,000 SIGN-ON BONUS! \$4,000 SIGN-ON BONUS!

Now Hiring Now Hiring Refuse Route Drivers We have added new routes & need

more local drivers for our Ramsey Team!

We want CDL Drivers that can drive LOCAL routes & be HOME every night. SAFETY focused work environment.

STABLE industry=stable work. 52 hrs. average per week.

We have added new trucks & need

more mechanics for our Ramsey Team! We want mechanics that can perform preventive maint DOT inspections and repairs on hydraulic and electrical systems. SAFETY focused work environment. STABLE industry=stable work. 8-10 hour work days Monday-Friday. 2+ years of Diesel Mechanic experience or 1+ year of experience combined with Diesel Tech Degree. Must have own tools. We offer excellent benefits including: medical, dental, vision, flexible spending account, long term disability, life insurance, 401(k) retirement, 2 weeks vacation during your first year.

Apply online at www.WasteConnections.com Waste Connections is an Affirmative Action/Equal Opportunity Employer (Minority/Female/Disabled/Veterans) \$5,000 SIGN-ON BONUS! \$5,000 SIGN-ON BONUS! \$5,000 SIGN-ON BONUS!

*Neighborhood* UNIVERSAL BANKER SUPERVISOR (E\JLL-TIME)

**POSITION** Universal Banker Super is to provide excellent functions. Will be res addition to coordinating

**FILLED** 

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procedural changes and the knowledge and the ability to perform all frontline tasks or the capacity to learn them, detail-oriented, able to multi-task, and have excellent communication and organizational skills. Bachelor's degree or higher in a Business or Finance related program. Minimum of 2-5 years of experience in a management role preferred.

Send resumes to:

Kassie Besser, HR Officer, at kassie.besser@neighborhood.bank



#### **UNIVERSAL BANKER II (FULL-TIME)**

Neighborhood National Bank has an excellent opportunity for a full-time Universal Banker II at our Mora Coborn's location. The primary focus is to provide excellent customer service while performing a variety of banking functions. Will be responsible for cash handling, opening of personal and commercial accounts and cross selling deposit products. The successful candidate will be detail-oriented, able to multi-task, and have excellent communication and organizational skills. High School Diploma or GED required. Minimum of 2 years' experience in a Universal Banker or Customer Service Representative role preferred.

Send resumes to:

Kassie Besser, HR Officer, at kassie.besser@neighborhood.bank

#### **Apartment Maintenance Technician**

The Maintenance Department at the HRA is accepting applications for a part-time Apartment Maintenance Technician. Applicants must have skills nd knowledge with plumbing, electrical, appliance repair, painting, snow removal, lawn care, drywall and carpentry, communicate effectively, possess a valid drivers license, and be able to bend, stoop, reach, climb, carry, push, pull, lift, walk, and stand. Wage range is \$15-16 per hour depending on qualifications.

For more information and required application packet contact: City of Mora, 101 Lake St. S, Mora, MN 55051. Website — ci.mora.mn.us; Telephone — (320) 225-4806; E-mail: l.crawford@cityofmora.com. Position open until filled. Applications received by Friday, January 29, 2021, will receive **priority consideration.** The HRA is an equal opportunity employer.





#### **UNIVERSAL BANKER I (PART-TIME)**

Neighborhood National Bank has an excellent opportunity for a part-time Universal Banker I at our Mora Coborn's location. The primary focus is to provide excellent customer service while performing a variety of banking functions. Will be responsible for cash handling and cross selling deposit products. The successful candidate will be detail-oriented, able to multi-task, and have excellent communication and organizational skills. High School Diploma or GED required. Minimum of 2 years' experience in a Universal Banker or Customer Service Representative role preferred.

Send resumes to:

Kassie Besser, HR Officer, at kassie.besser@neighborhood.bank



#### **Media Marketing**

#### Consultant

We have a great opportunity for a media marketing consultant with NorthStar Media, Inc. This person would use consultative selling techniques to partner with businesses for advertising in newspapers and by using the website and social media platforms for those products. Good pay and benefits available.

> Please contact Jeff Andres, **Group Publisher**

763-350-3540 or jeff@northstarmedia.net



Depression isn't something that's "all in your head." It's a serious brain illness. Left untreated depression can lead to suicide. By knowing the signs of depression you may be able to save the life of someone you care about.

To learn more call 1-888-511-SAVE today.

#### SAVE.

Suicide Awareness Voices of Education™ www.save.org

#### **Symptoms of Depression:**

Change in sleep • Low energy Indecisiveness • Weight change Lack of interest • Loss of focus Thoughts of death • Low self esteem Slowed/agitated behavior

**20** KANABEC COUNTY TIMES

JANUARY 14, 2021



## Free Training in 2021 for Kanabec County Licensed Family Child Care Providers

The Kanabec County Childcare Capacity Builders are offering 16 hours of free training to licensed family child care providers in 2021. These classes will be offered online by Pine Technical & Community College (PTCC) via Zoom. PTCC offers specialized training through Child Care Aware of Minnesota. For direct registration links for each class, please contact the Kanabec County EDA at heidi.steinmetz@co.kanabec.mn.us or 320-209-5031. For general registration questions or issues, please call Child Care Aware of Minnesota (Northeast office) at 320-629-5164.

Classes already scheduled are listed below. Classes will be offered in October, November and December with dates and topics to be determined.

Thursday, Jan. 21st, 6:30-8:30 pm

KCF: 1

Creativity and Play in Early Childhood

Tuesday, March 2nd, 6:30-8:30pm

KCF: I

Creating and Supporting Trauma Sensitive Care: Environments

Tuesday, March 30th, 6:30-8:30pm

**Active Supervision: Out of Home Safety Issues** 

Tuesday, April 27th, 6:30-8:30pm

KCF: III

Introduction to Cultural Consciousness: Considering Cultural

**Dynamics** 

Monday, May 17th, 6:30-8:30pm

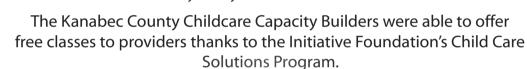
KCF: IVa

**Authentic Observations** 

The CCB group is a volunteer committee of the Kanabec County EDA. The group exists to support existing & new licensed family child care businesses in Kanabec County. To request help from the CCB group or if you are interested in joining the group, please contact the Kanabec County EDA at 320-209-5031.

For information about becoming a licensed family child care provider in Kanabec County, please contact

Kanabec County Family Services at 320-679-6350.

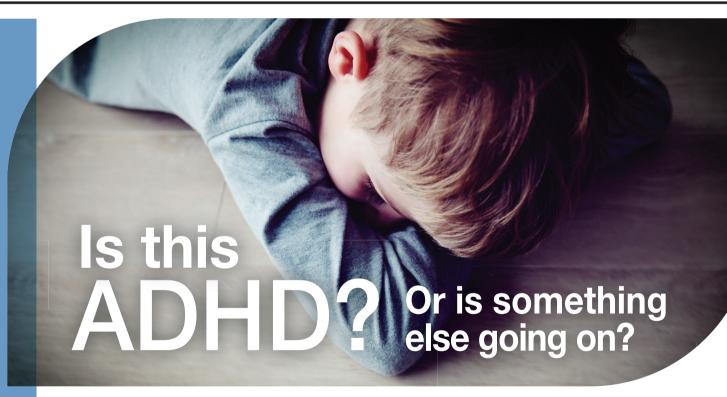






- Fidgeting
- Daydreaming
- Trouble paying attention
  - Interrupting
  - Frequent mistakes due to a failure to follow directions
    - Losing things
- Unable to play quietly
- Lack of organizational skills
- Avoidance of tasks needing sustained mental effort
- Incomplete tasks such as chores or homework
- Difficulty recognizing the needs or desires of others
  - Trouble waiting for a turn
  - Outbursts of anger at inappropriate times

Common symptoms above can indicate ADHD – however, there are other health and neuropsychological conditions that can cause these problems as well. Obtaining a proper diagnosis is critical for effective treatment.



## One of the most important reasons for ADHD testing is to rule out other potential causes for your child's symptoms.

A self- or parent-reported checklist like the one at left is helpful, but it is not sufficient as the only tool used to diagnose ADHD. Welia Health utilizes testing to clarify the diagnosis, inform treatment and evaluate response and progress.

If your child is diagnosed with ADHD, there is help available and every reason to be optimistic for the future. Most individuals respond positively to treatment and are able to thrive despite being challenged with ADHD. Don't hesitate to get the help your child deserves. Call Welia Health at 320.679.1313 to schedule an appointment with Dr. TenNapel.



Dr. Scott TenNapel, Psychologist



Live life well.

Mora • Hinckley • Pine City WeliaHealth.org

Welia Health is an equal opportunity provider and employer.