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"The Shopper Brothers" - Steve & Bill Helenthal

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BREAKTHROUGH RELIEF FOR BACK PAIN AND SCIATICA

If you suffer from low back pain and sciatica, you are one of the over 20 million adults in the US with this, often crippling, spinal condition.

Shooting, stabbing and burning pains from the lower back, sometimes with the additional pain through the buttocks and down the legs are all symptoms of a pinched nerve, often called "sciatica."

In severe cases, it can lead to muscle wasting, numbness, and constant tingling down to the tip of the toes. Left untreated, the intense pain can rapidly wear you down and drain the joy out of life.

That is until now...

Recent advances in the treatment of sciatica and lower back pain have led to the development and huge success of a non-surgical integrated approach for this condition.

In Keokuk, you can now receive this integrated care in the office of **James Healthcare & Associates**. The James Healthcare team has helped many patients find relief with agonizing lower back pain and sciatica.

According to Dr. Jason James *"We use a combination of advanced medical, chiropractic and functional movement evaluations, along with diagnostics, to precisely diagnose the cause, or causes, of a patient's lower back pain and sciatica. Once we know the cause, we can then create a unique program for treating and rehabilitating the damaged area causing the pain. This typically results in fantastic long-term results for patients."*

Because the treatment is non-surgical, safe and easy, most patients report very rapid relief from their pain, even when they have suffered for many months or years and tried numerous traditional treatments.

To find out if **James Healthcare & Associates** can help you, you can call to schedule a comprehensive examination. They have a limited number of comprehensive examinations each month, so call now so you can be seen soon. The number is **319-524-3339**.



Don't suffer from the pain and immobility any longer. Discover the treatment that can eliminate the cause of your problem and give you the safe, lasting relief you deserve.

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They accept most major health insurances, including **Medicare** and **BCBS**, which covers care in their office.

We offer a
\$37 Comprehensive Exam
319-524-3339

Limited to the first 10 people. Expires 6/2/23



JAMES HEALTHCARE & ASSOCIATES INC. AND MEDICAL WEIGHT LOSS CLINIC

Now Accepting NEW PATIENTS!

Ashley Neuweg, ARNP • Dr. Jason James, D.C. • Dr. Mack Kohnke, D.C.

612 MAIN ST. • KEOKUK, IA 52632 • www.jameshealthcareiowa.com