

Healthy Me!

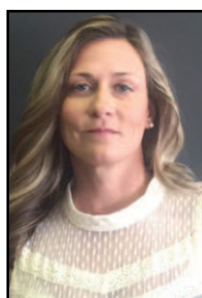


committed to improving the lives of area students

Summer fun at Owensboro parks

*Amanda Rogers, CPRP,
Director of Parks &
Recreation, City of
Owensboro*

Look out summer, here we come! As director of Parks & Recreation for the citizens of Owensboro, this is my favorite time of year – walking trails trampled by sneakers, slides and swings full of smiles, little t-ball fingers drawing circles in the dirt and families outdoors together. Our fantastic team is busy getting parks, facilities, programs, spray parks, leagues and pools ready for summer. We realize the important role parks and recreational play in the physical and mental health of our community and are pleased to provide these opportunities.



Amanda Rogers

Our elected officials acknowledge the value of quality, safe and fun facilities, parks and events. If you are looking for ways to recreate, you do not have to look hard. Just get out to Legion, Moreland, Smothers, Chautauqua or Kendell-Perkins Park. Many of our recreational facilities also offer family specific programming such as:

- Family Fun Days at the Edge Ice Center. Check it out every Sunday during the months of June and July from 1 to 4 p.m. Admission and skate rental is just \$5 for up to four family members.
- Rather be outside? Then Hoola by the Poola at Combest Pool on June 16 from 5:30 to 7:30 p.m. Enjoy a Hawaiian themed party full of games, prizes and dinner. If you miss this event, join us at Combest Pool on July 14 from 5:30 to 7:30 p.m. for Pirates & Mermaids for a treasure hunt, games, prizes and dinner. Cost is \$8 per person.

- Sports-oriented families who like healthy competition can come to Hillcrest or Ben Hawes golf courses for the Parent Child Scramble on Father's Day weekend, June 16 and 17. Trophies will be awarded for the top three scores in each division. Cost is \$20 - \$35 per team depending on the age of the child.

- If you are looking for a more relaxed day on the golf course, take advantage of our Family Days on the Ben Hawes Par 3 Course every Sunday starting at 1 p.m. For just \$10 you can enjoy as many rounds of golf or Footgolf as you can play!

Recreating with family and friends can strengthen family ties and create unforgettable memories.

Being part of a family outing or a team also builds self-esteem, strengthen relationships, develops positive behavior and keeps parents and children connected.

Owensboro Parks & Recreation is committed to improving the quality of life for all residents by providing a wide variety of leisure activities and facilities that encourage health, fitness, enjoyment and learning, as well as community involvement and appreciation and care of the natural environment. We have 27 separate locations with more than 953 acres available for your use, including 55 basketball, tennis, and volleyball courts; 36 holes of golf; 35 sports fields; 32 miles of trails; 27 holes of Footgolf; 15 shelters or pavilions; 14 playgrounds; an archery range; and a street soccer court. We hope you take advantage of all of these great locations and amenities, and most of all enjoy them with family and friends! For more information, visit our website at owensborparks.org or call 270-687-8700. Hope to see you at the park!

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