



FIT FOR THE Long Run

FITGirl, Inc.

Go Girl 5K Run/Walk

When: September 7, 2020

Where: Peak Performance-The Running Store, 78th and Cass Streets

Why: Benefit for FITGirl, Inc.

Special Guests: Cheri Dickmeyer, FITGirl, Inc. Founder

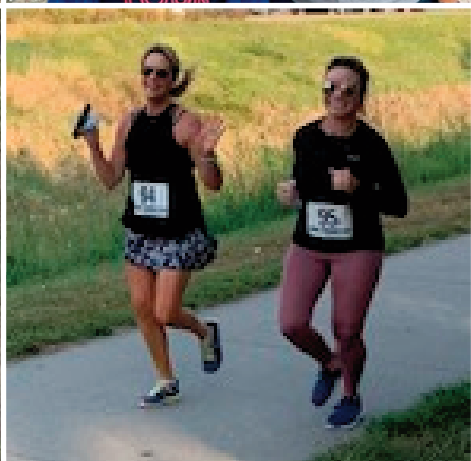
Sponsors: Heartland Audio, Hy-Vee, Lawlor's Sporting Goods, Trader Joe's, metroMAGAZINE

Attendance: 96

Amount Raised: \$1,000

Event Summary: Almost 100 participants turned out for the 23rd annual Go Girl 5K presented by the Omaha Running Club to benefit FITGirl, Inc. The organization encourages and motivates women and girls to maintain a healthy, active lifestyle through running. Girls who stay active are more likely to develop positive coping skills, increased self-worth and increased confidence.

For more information:
(402) 980-1701, www.omaharun.org



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