

Northwest produces 20 Indoor All-Americans

NEW ORLEANS — All-Americans for the 2020 NCAA Division II Indoor Track & Field season were announced on Tuesday by the U.S. Track & Field and Cross Country Coaches Association (USTFCCCA).

Under the direction of second-year head coach Brandon Masters, the Northwest Missouri State University indoor men’s and women’s indoor track and field teams totaled 20 All-America honorees. Northwest is one of seven NCAA Division II schools to record at least 20 All-Americans in 2020.

“This season was set up to be really special for Northwest track and field,” Masters said. “It was unfortunate that we could not compete for a

national championship, but it is nice to see our student-athletes rewarded with All-America honors. To be one of only seven programs in the country to have 20 All-Americans is reflective of where we are on the national level. We will continue to strive to produce on the national level and we look forward to the upcoming year and the chance to perform again.”

Normal policies dictate that All-America honors are awarded based on classifications of performance at the NCAA Championships.

Due to the cancellation of the NCAA Division II Indoor Track & Field Championships, the Executive Committee adopted the following criteria:

Based on the posted startlist for the national championships announced by the NCAA, the following will be recognized as All-America for the 2020 indoor track & field season:

Individual events: ALL student-athletes listed on the startlist for the anticipated event.

Relay events: The four student-athletes per anticipated relay who produced the performance that was declared and accepted into their event.

There will not be a distinction of “first-team” or “second-team” to these recognitions.

A total of 716 honors were handed out to 117 different institutions on Tuesday.

NORTHWEST INDOOR ALL-AMERICANS		
The Northwest women had eight student-athletes capture 12 USTFCCCA All-America honors.		
Moe Bianchi	So.	4x400 Relay
Jordan Hammond	Sr.	60 Meter Hurdles
Jordan Hammond	Sr.	4x400 Relay
Jordan Hammond	Sr.	Pentathlon
Mercedes Isaacson-Cover	Sr.	Triple Jump
Alex Koschel	Sr.	Pentathlon
Hiba Mahgoub	Sr.	200 Meters
Hiba Mahgoub	Sr.	400 Meters
Hiba Mahgoub	Sr.	4x400 Relay
Addie Palser	So.	4x400 Relay
Jada Shanklin	Fr.	High Jump
Audrey Wichmann	Sr.	High Jump
The Bearcat men were represented by eight USTFCCCA All-Americans.		
Karim Achengli	Sr.	5,000 Meters
Omar Austin	So.	400 Meters
Jhordan Ccope	Jr.	5,000 Meters
Caelon Harkey	Jr.	4x400 Relay
Marcus Klein	Sr.	Long Jump
Tyrell Maddox	Sr.	4x400 Relay
Abdelrahim Mahgoub	So.	4x400 Relay
Gavyn Monday	Fr.	4x400 Relay

Guinness continues to crown record holders during crisis

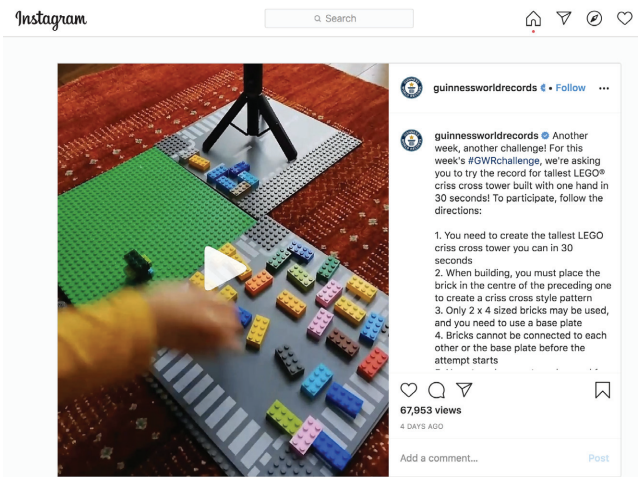
By PAT GRAHAM
AP Sports Writer

Usain Bolt ran the 100 meters in 9.58 seconds. Dr. Vikas Saini recently put on 10 socks in an official time of 9.23.

Both have the same title: world record holder.

From sock feats to fancy footwork using rolls of toilet paper, records are still being set even with many sports on hold due to the coronavirus pandemic. Guinness World Records receives about 1,000 applications each month from would-be record breakers throughout North America. The company has long been known as the keeper of accomplishments ranging from the fascinating (longest fingernails) to the far-out (most body piercings) and of course the “give-it-a-whirl” possibilities (walking on hands, anyone?).

But their recent online challenges have been soar-



GUINNESS WORLD RECORDS

This screenshot of the Guinness World Records' Instagram shows one of the new challenges instituted by the record keepers during the COVID-19 health crisis: “Create the tallest LEGO criss cross tower you can in 30 seconds.

ing in popularity with many sheltering at home. Wind up as the top leapfrogger, pyramid can-stacker or one-handed, crisscross LEGO builder and, if adjudicated, earn the label: “Guinness World Records title holder.”

“We’re inside, but we still want to be able to inspire creativity, lift people’s spirits and just continue to provide an outlet for people to learn about and explore world records,” said records manager Chrissy Fernandez.

The online challenges are designed to be performed with minimal equipment and in a way to adhere to stay-at-home mandates. There are also kid-friendly contests.

As for the book, who didn’t scroll through the pages growing up in search of records to possibly attempt?

The Guinness database contains more than 50,000 unique marks. A sampling:

- The fastest hole of golf by an individual is listed at 1 minute, 29.62 seconds.
- The quickest time to run the 100-meter hurdles while wearing swim fins is 14.82 seconds for a male and 18.523 for a female.
- The most basketball bounces in one minute: 656 (using two basketballs).

The notion of collecting intriguing records was put in motion by Sir Hugh Beaver in the 1950s when he was managing director of Guinness Brewery. As the story goes: He was attending a shoot-

ing party in Ireland when he and his companions began to squabble over Europe’s fastest game bird. There was no quick way to solve the dispute.

He asked twins Norris and Ross McWhirter, who were fact-finding researchers, to compile a record book featuring topics that would help solve bar debates.

The first volume was published in 1955 and by 1964 a million copies had been sold. Later, a TV series was added.

Guinness also features a Hall of Fame. Among the inductees was Robert Wadlow, the world’s tallest man who was measured at 8 feet, 11.1 inches in 1940. Another Hall of Famer is Lee Redmond, whose fingernails famously measured more than 28 feet.

In a typical year, Guinness receives about 47,000 record inquiries from 178 countries. Of those, around 8,000 are approved.

David Rush of Boise,

Idaho, recently became the record holder through the online challenge in the category of “fastest to put on 10 T-Shirts.” His winning time was 15.61 seconds. He practiced so much he bruised his wrist from knocking it against his head.

Rush is no stranger to world records. He already holds many marks, including most juggling catches on a unicycle while blindfolded (30), longest duration balancing a bicycle on his chin (6 minutes, 1.07 seconds) and most baseball bat spins in a minute (94).

“I loved watching the specials on TV and thumbing through the book occasionally,” said Rush, who’s a senior product manager at a technology company.

Since the COVID-19 outbreak, Guinness officials have noticed more record attempts from homes and gardens.



FORUM FILE PHOTO

Brian Nebel follows through on a swing with one of the Spoofhounds' new VICIS helmets at last year's Spoofhound Football Backers Golf Tournament on No. 5 at The Sechrest 18 at Mozingo Lake Recreation Park.

Webb

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“It is critical,” Webb said of holding the tournament. “Our football program has benefited greatly from people supporting our golf tournament.”

There will be two tee times available, 7:30 a.m. and 1 p.m. Lunch will be served between the two tee times.

“We wanted to create something for alumni, after you graduate, you have an opportunity to come back and enjoy and remember times in high school,” said Webb, who has coached the Spoofhounds for the past eight years. “For me personally, I enjoy it. I’m an alum from Maryville in the early 1990s. I know how much I enjoy it, seeing old classmates and teammates that I played with. Again, personally, I like this event.”

Webb noted that last year more than 40 four-person teams competed in the event. There is no cap on how many teams can enter. The deadline to enter will be July 10.

A shuttle will be available to and from the course,

while prizes will be awarded to each flight.

Current football players, donning their jerseys, will welcome golfers to the course and carry their bags to golf carts.

“The current football players are around and what is important to see is developing relationships,” Webb said. “Sometimes you never know who you will meet on a golf course. Maybe a junior or senior might meet someone that will give them their first jobs. You can develop relationships that can help you in the future. There are always added benefits.”

There are three sponsorship levels for the tournament: yellow, white and green. Each will include a hole sponsorship. Green and white sponsors will get special recognition on the course. New for 2020, for those sponsorship levels, is recognition in home game programs (white and green) or special recognition at homecoming (green).

For more information contact Jon Gustafson at 660-853-2087 or email spoofhoundFBacker@gmail.com.

Ewing leaves hospital after being treated for COVID-19

‘My father is now home and getting better. ... I hope everyone continues to stay safe and protect yourselves and your loved ones.’

— Patrick Ewing Jr.
Son of NBA's Patrick Ewing

Associated Press

Georgetown basketball coach and former NBA great Patrick Ewing has been released from the hospital and is recovering from COVID-19 at home, his son said Monday.

The 57-year-old Hall of Famer, who played for the Hoyas in college and the New York Knicks in the NBA, announced Friday that he had tested positive for the coronavirus and was being treated at a hospital.

Patrick Ewing Jr. said three days later on Twitter that his father was getting better after receiving treatment and thanked the doctors and nurses who looked after him during his hospital stay. He also thanked fans for their thoughts and prayers after his father’s announcement.

“My father is now home and getting better,” Ewing Jr. wrote. “We’ll continue to watch his symptoms and follow the CDC guidelines. I hope everyone continues to stay safe and protect

yourselves and your loved ones.”

As a player, the 7-foot Patrick Ewing helped Georgetown win the 1984 NCAA men’s basketball championship and reach two other title games. During his four years playing, Georgetown went 121-23, a winning percentage of .840.

He was taken with the No. 1 overall pick in the 1985 draft after the Knicks won the NBA’s first lottery. Ewing wound up leading New York to the 1994 NBA Finals, where they lost to Hakeem Olajuwon and the Houston Rockets.

Ewing played 17 seasons in the NBA, 15 with the Knicks.

After retiring as a player, he spent 15 years as an assistant or associate coach with four teams in the pros. In April 2017, he returned to Georgetown for his first job as a head coach at any level.

In his first three seasons at his alma mater, Ewing’s teams went a combined 49-46, with zero trips to the NCAA Tournament.

In 2019-20, Georgetown finished the season with seven consecutive losses and a 15-17 record.