

SUMMER Directory

YOGA & PILATES & BARRE STUDIOS

Malibu

■ 5 POINT YOGA

23410 Civic Center Way
310.455.6681
5pointyoga.com

■ MALIBU BEACH PILATES

22917 PCH
310.456.7721
malibubeachpilates.com

■ MALIBU BEACH YOGA

29169 Heathercliff Road
malibubeachyoga.com

■ MALIBU FITNESS

29575 PCH
310.457.5220
malibufit.net

■ PILATES PLUS MALIBU

22601 PCH
310.317.4849
pilatesplusbylagreefitness.com

■ PURE BARRE MALIBU

23410 Civic Center Way
310.456.2134
purebarre.com/ca-malibu

Agoura Hills

■ AGOURA POWER OF YOGA

30315 Canwood St.
818.735.9907
agourapowerofyoga.com

■ CENTER BARRE

28878 Roadside Drive
818.852.7273
centerbarre.com

■ SECOND STORY PILATES

28811 Canwood St.
818.456.5030
secondstorypilates.com

■ TEAGUE CLASSICAL PILATES

29020 Agoura Road
818.991.9405
pilates-fitness.com

■ YOGA UPSTAIRS

5308 Derry Ave.
818.889.8018
yogaupstairs.com

Calabasas

■ SPN PILATES

26799 Agoura Road
818.878.9982
spnpilates.com

■ WUNDABAR PILATES

22255 Mulholland Hwy.
818.222.2171
wundabar.com

Pacific Palisades

■ BAY CLUB PACIFIC PALISADES

17383 Sunset Blvd.
310.459.2582
bayclubs.com

■ NOELLE ROX PILATES

860 Via De La Paz
310.454.8778
pilatesrox.com

■ PACIFIC COAST PILATES

1515 Palisades Drive
310.459.1036
pacificcoastpilates.com

■ PALISADES/MALIBU YMCA

821 Via De La Paz
310.454.5591
ymcala.org

Santa Monica

■ BHAKTI YOGA SHALA

207 Arizona Ave.
310.804.9290
bhaktiyogashala.com

■ BRYAN KEST'S POWER YOGA

1410 2nd St.
310.458.9510
poweryoga.com

■ CARDIO BARRE

3009 Lincoln Blvd.
310.450.0720
cardiobarre.com

■ SANTA MONICA YOGA

1640 Ocean Park Blvd.
310.396.4040
santamonicyoga.com

■ YOGA WORKS

2215 Main St.
310.272.5641
yogaworks.com

Westlake Village

■ CHEA'S PILATES EVOLVED

3625 Thousand Oaks Blvd.
805.418.1777
pilatesevolved.com

■ PILATES PLUS

2845 Thousand Oaks Blvd.
805.778.1514
pilatespluswv.com

■ PRO'ACTIVE PILATES

860 Hampshire Road
805.557.1524
proactivepilates.com

■ PURE BARRE WESTLAKE

2806 Townsgate Road
805.990.9582
purebarre.com/ca-westlakevillage

■ YOGAWORKS

2475 Townsgate Road
805.371.3030
yogaworks.com

Venice

■ PILATES PLATINUM

1907 Lincoln Blvd.
323.466.0309
pilatesplatinum.com

■ STUDIO SURYA YOGA

1501 Main St.
310.699.4479
studiosuryayoga.com

■ THE DAILEY METHOD VENICE BARRE STUDIO

1327 Abbot Kinney St.
310.396.1500
thedaileymethod.com

■ THE YOGA COLLECTIVE

512 Rose Ave.
310.392.2000
theyogacollective.com

Topanga

■ YOGA DESA

120 Topanga Cyn. Blvd.
310.455.9551
yogadesa.com

Malibu

■ **AMBIENCE SKIN & BODY**
23410 Civic Center Way
310.456.3088
ambienceskinandbody.com
medical spas, day spas,
skin care

■ **OCEANNE SALON AND DAY SPA**
29169 Heathercliff Road
310.457.5262
oceannesalon.com
skin care, hair salon, day spa

■ **VERONICA SKIN & BODY CARE CENTER**
24955 PCH
310.456.8883
veronicaskincare.com
skin care, day spa, medical
spa, acupuncture

Agoura Hills

■ **LA CHIRO SPA MALIBU**
28047 Dorothy Drive
818.707.4488
lachirospa.com
holistic health center for
massage, acupuncture

■ **THERAPEUTIC SKIN CARE**
29397 Agoura Road
818.879.0686
tskincare.com
facials, massage packages,
cellulite treatments

Beverly Hills

■ **LIFTIQUE**
436 Bedford Drive
844.484.4487
liftique.com
skin tightening procedures

Calabasas

■ **KILA'S OASIS SPA**
26560 Agoura Road
818.878.9141
kiloasisspa.com
Swedish, deep-tissue,
prenatal massages

■ **KOKIN HEALING CENTER**
23603 Park Sorrento
818.456.4393
kokinhealingcenter.com
Thai yoga, prenatal,
therapeutic massages

■
22263 Mulholland Hwy.
818.222.9797
ultimateskin.com
facials, massage, body
treatments

Pacific Palisades

■ **OASIS PALISADES**
16704 Bollinger Drive
310.454.5855
oasispalisades.com
herbal dermatology,
acupuncture

Santa Monica

■ **BEAUTY PARK MEDICAL SPA**
1511 Montana Ave.
310.587.3502
beautyparkspa.com
medical spa treatments
and non-surgical
beauty solutions

■ **BURKE WILLIAMS DAY SPA**
1358 4th St.
310.587.3366
burkewilliamsspa.com
luxurious full spa, skin
and nail care

■ **CHOCOLATE SUN**
2431 Main St.
310.450.3075
chocolatesun.com
all-natural, organic sunless
tanning

■ **EXHALE**
101 Wilshire Blvd.
310.319.3193
exhalespa.com
spa therapies, yoga and
core fusion classes

■ **THE RAVEN SPA**
208 Pier Ave.
310.399.4747
theravenspa.com
Thai massages, body work
and a healing center

■ **TIKKUN HOLISTIC SPA**
1460 4th St.
310.319.1111
tikkunspa.com
“restore, relax, renew and
repair” treatments

■ **WILLOW SPA**
3127 Santa Monica Blvd.
310.453.9004
willowspa.com
Willow Enzyme Bath, an
“Athlete’s Menu”

Westlake Village

■ **ELEMENTS MASSAGE**
Westlake Village
2281 Thousand Oaks Blvd.
805.379.3800
elementsmassage.com
variety of massages

■ **IN TOUCH MASSAGE & SKIN CARE**
2955 Hillcrest Drive
805.778.1771
intouchspa.net
massage therapy, skin care
and spa treatments

■ **THE SPA AT FOUR SEASONS HOTEL**
2 Dole Drive
818.575.3000
fourseasons.com
many luxurious treatments

Venice

■ **I SABAI THAI SPA**
2490 Lincoln Blvd.
310.821.3818
isabaithai.com
hot stone, Thai massages

■ **MESSAGE PLACE**
245 Main St.
310.399.5566
themessageplaces.com
Swedish and deep tissue
massages, reflexology

■ **SPA SOPHIA**
1027 Abbot Kinney Blvd.
310.564.6676
spasophia.com
skin care, hair removal

SUMMER Directory

HIKES

Malibu

■ MALIBU CREEK—ROCK POOL

This is a lovely shaded hike that takes you past some serene pools and ends at a volcanic rock wall. If the wall looks familiar, it was part of the background for the first “Planet of the Apes” film. 3 miles r/t. Easy.

■ THE GROTTO

Considered one of the best waterfall hikes in Southern California, the Grotto has it all: wildflowers, magnificent sandstone formations and a subterranean waterfall. 3 miles r/t. Easy.

■ BACKBONE TRAIL

This hike lets you choose how little or far you want to go. With the Mediterranean ecosystem, found in only five locations in the world, plant and animal life are abundant. 67 miles in total. Varies.

■ MISHE MOKWA

A round-trip will lead you to Sandstone Peak and Inspiration Point, with scenic views and the highest point reaching 3,100 feet. 6.1 miles r/t. Moderate.

■ SOLSTICE CANYON

This dog-friendly trek takes you through some of Malibu’s oldest history, with the trail ending at the ruins of the Roberts Ranch House and waterfall. 2.6 miles r/t. Easy.

■ WINDING WAY

This trail starts at the intersection of PCH and Winding Way and leads to Escondido Falls—a multi-tiered, 150-foot waterfall, which is the tallest in the Santa Monica Mountains. 4 miles r/t. Easy.

Agoura Hills

■ RANCHO SIERRA VISTA

A moderate hike that traverses a Native American reserve. Besides the nice ocean breezes that blow in, you’re also rewarded with an epic waterfall for your efforts. 3 miles r/t. Moderate.

■ CHEESEBORO CANYON

Described as a heavily trafficked loop, this dog-friendly trail has an elevation gain of 1,122 feet and views of wild flowers. 10.4 miles r/t. Moderate.

■ PARAMOUNT RANCH

Perfect for movie buffs, Paramount Ranch served as a Hollywood filming location and outdoor studio for Paramount Pictures, including a Western Town. 4 miles r/t. Easy.

Calabasas

■ CALABASAS PEAK TRAIL

Great mountain and canyon views, unusual tilted rock formations with a great view along the way. You can even do some scrambling on the rock formations if you are careful. 3.6 miles r/t. Moderate.

■ AHMANSON RANCH—LASKY MESA

Formally known as the Ahmanson Ranch, this hike takes you through gently rolling hills dotted with huge, spectacular oak trees. After a loop around Lasky Mesa, the hike heads northwest to Las Virgenes Canyon. 9.5 miles r/t. Easy.

Pacific Palisades

■ TEMESCAL CANYON LOOP

With great views of the ocean, a small seasonal waterfall and a densely wooded canyon make this hike a favorite. Extend this basic hike by an additional mile to see the eerie “Skull Rock” formation. 4-6 miles r/t. Moderate.

■ LOS LIONES TRAIL

This trail weaves through a lush canyon just a mile from the Pacific Ocean. Have a seat on the bench at the top and enjoy the stunning view. 3 miles r/t. Moderate.

■ SANTA YNEZ FALLS TRAILS

A great hike into the dense and somewhat wild Santa Ynez Canyon. Look closely as you hike as you just might see deer feeding. The last couple of hundred yards to a waterfall requires some climbing over boulders and one large slippery boulder has a rope to help you over. 2.4 miles r/t. Strenuous.

Santa Monica

■ PALISADES PARK, SANTA MONICA PIER

Palisades Park is perched on the eroding 100-foot bluffs above the Pacific Coast Highway, overlooking Santa Monica State Beach, the Santa Monica Pier and the entire bay. The gorgeous landscaped grounds are filled with palm, oak and eucalyptus trees lining the paved and natural paths. 3 miles r/t. Easy.

■ INSPIRATION LOOP POINT WILL ROGERS STATE PARK

Explore what once was the ranch of actor/humorist Will Rogers and hike to Inspiration Point for spectacular views. 2.5 miles r/t. Easy.

Westlake Village

■ CONEJO NATURE WALK

A short, shady walk along a stream through a botanic garden, this hike is great for young children. Highlights along the trail include a wide variety of lush vegetation, butterflies and lizards. 1 mile r/t. Easy.

■ CHINA FLAT AND SIMI PEAK

This hike takes you up a somewhat steep trail to the lovely China flat, an open area with clusters of oak trees and perfect for a picnic lunch. 5.5 miles r/t. Moderate.

■ OAK CANYON PARK

This is a great family hike, particularly for younger kids. There is a great pond with ducks, a lovely forested creek and enough easy puddle jumper stream crossings to make it exciting for the kids. 1.5 miles r/t. Easy.

Malibu

■ POINT MUGU STATE PARK

The trails are absolutely beautiful, and there is plenty to explore within the park. Not to mention the extraordinary amount of wildlife you may encounter while riding these trails. 28 Miles r/t. Easy.

■ SYCAMORE CANYON

This is a classic Southern Californiatrail with exceptional views of the Pacific and Channel Islands. This route gets you onto the two sweetest sections of singletrack the area offers. 16 miles r/t. Intermediate.

Agoura Hills

■ CHEESEBORO/PALO COMADO CANYON

Because of the variety it offers, this is one of the favorite trails. It is a mix of doubletrack and singletrack. Some parts of the trail have quite a bit of climbing, and some are fairly flat. 20 miles r/t. Advanced.

Pacific Palisades

■ KENTER FIRE ROAD/WHOOP-DE-DOOS

An ideal ride for those who don't have much time, but want to have a lot of fun. This ride is easy to reach, short and full of amusement park thrills. 3.7 miles r/t. Moderate.

■ TRIPPET RANCH/EAST TOPANGA LOOP

This ride has plenty of climbing for intermediate to expert cyclists. 19.5 miles r/t. Moderate.

■ PASEO MIRAMAR/ TOPANGA LOOP

A steep ride with incredible views from the Parker Mesa Overlook. Enjoy the rugged scenery as you spin by pinkish-colored volcanic boulders high above wooded Santa Ynez Canyon. 18.6 miles. Moderate.

Westlake Village

■ BIG SYCAMORE CANYON

If you're seeking a medium length ride, with a moderate to intense aerobic workout, this is the place for you. This trail is fun to ride. There is nothing too technical. It's not uncommon to run into deer, bobcat, coyote and rattle snakes along the way. 12 miles r/t. Easy.

■ HUMMINGBIRD

This trail is definitely black-diamond technical, and is best done as a shuttle if you're riding a bike with a lot of suspension. On the plus side, it can easily be looped with some paved road. 6 miles r/t. Advanced.

■ LOS ROBLES TRAIL (WESTERN SECTION)

A great trail if you want to get out and get away from it all. The Los Robles Trail system is in the Conejo Open Space and encompasses nearly 2,000 acres. It traverses several other open space areas. 16 miles r/t. Moderate.

Malibu

■ DRILL SURF & SKATE

30745 PCH
310.457.7715
drillsurfskate.com
surf and skate apparel, board and wetsuit rentals

■ MALIBU SURF SHACK

22935 PCH
310.456.8508
malibusurfshack.com
surfboard, kayak, paddleboard and wetsuit rentals

■ ZUMA JAY'S

22775 PCH
310.456.8044
kayak, surfboard and wetsuit rentals, apparel, boogie boards, beach supplies

Santa Monica

■ PERRY'S CAFÉ AND BEACH RENTALS

2600 Ocean Front Walk
310.584.9306
14800 PCH
310.459.1639
perryscafe.com
rollerblades, trikes, tandems, kiddy karts, boogie boards, beach accessories, surfboards, paddleboards and protective gear

■ BLAZING SADDLES

320 Santa Monica Pier
310.393.9778
santamonica.com
guided bike tours

■ BIKE ATTACK SANTA MONICA

2904 Main St.
424.744.8148
bikeattack.com
repairs and accessories

■ SEGWAY LOS ANGELES

1431 Ocean Ave.
310.395.1395
segway.la
segway tours and rentals

■ PEDEGO SANTA MONICA

214 Pier Ave.
310.917.1111
pedegoelectricbikes.com
electric bike sales, rentals, tours, accessories and services

Westlake Village

■ WIN'S WHEELS

30941 Agoura Road
818.597.1574
winswheels.com
repairs and accessories

SUMMER Directory

HIKING & BIKING SAFETY 101

Malibu and the Santa Monica Mountains share the land with critters—and bicyclists share the road with cars: *MTM* shares some safety tips.

HIKING 101

Ticks

The Center for Disease Control and Prevention warns that ticks can cause several types of diseases, therefore:

- Avoid overgrown trails.
- To remove a tick, use finely tipped tweezers to grasp the critter and pull it out as quickly as possible, then immediately wash the area using soap and water.

Avoiding ticks:

- Use repellent and spray it on your clothing as well as your skin.
- Wear long sleeves and pants; tuck pants into your socks.
- Wear bright colors so it is easier to spot the ticks if they attach to your clothing.
- Be sure to tick proof your dog if he/she goes along on the hike.

Coyotes

Coyotes have adapted to life with humans, which makes them more likely to approach and possibly harm someone. Don't leave pets or children unattended.

CoyoteSmarts notes that if a coyote approaches you, make it known that you are competition.

- Shout in a deep voice, wave arms around, throw objects and look animal directly in the eye.
- If seated, then stand up.
- Walk backwards away from a coyote but never turn your back.

If bitten:

- Wash area with soap.
- Seek medical attention to avoid the possibility of rabies.

Rattlesnakes

If you see or hear a rattlesnake, stay away from it. Do not step over it; make distance and go around it. The California Department of Fish and Wildlife suggests:

- It is best to walk on wide roads and trails.
- Don't walk alone and always bring a cell phone.
- Wear sturdy boots and loose-fitting long pants. Never go barefoot or wear sandals when walking through brushy, wild areas. Startled rattlesnakes may not rattle before striking defensively.
- Avoid tall grass, weeds and heavy underbrush where snakes may hide during the day.
- Keep your dog on a leash; dogs are at risk because they keep their noses on the ground while smelling.

If bitten:

- Stay calm but quickly remove all jewelry, watches and rings, which may constrict swelling.
- Find medical attention immediately.

Mountain Lions

Mountain lion attacks are rare, but do occur. It is best to avoid hiking when they are most active, which is dawn, dusk and at night. Backcountry Attitude recommends:

- Do not hike alone.
- Keep small children close.
- Do not approach the mountain lion, but do not run away either; it is best to face the animal, make noises, throw rocks and other objects, and wave your arms in attempt to make yourself appear as bigger.

- Pick up small children, but don't bend down and appear "small."

BIKING 101

Bicyclists often are subjected to the same laws as cars, as well as additional cycle-specific rules. According to the LA Department of Transportation Bike Program:

- It is against the law to ride a bicycle while under the influence of alcohol or drugs.
- Bicyclists are required by law to stop at all red lights and stop signs.
- Always travel on the right side of the roadway in the direction of traffic. Bikes lanes are mandatory, except when making a left turn, passing or avoiding hazardous conditions.
- Use proper signals for turning and stopping.
- When stopping to enjoy the view or rest, step aside to let fellow cyclists pass.
- Bicyclists or passengers under the age of 18 must wear a helmet while riding. (But recommended for all ages.)
- It is not permitted to wear earplugs covering both ears.
- Check signage before riding on freeways and sidewalks.
- Night cycling must include a white headlight visible from the front, a rear red reflector, and white or yellow pedal reflector.
- Do not text and ride. If a bicyclist is involved in an accident due to being distracted by text messaging, they may be found negligent for failing to operate their bike in a safe manner, leading to various fees, fines and other penalties.

Malibu■ **K9 ADVENTURES**

28401 PCH
310.621.0833
k9adventures.org
boarding for dogs and
doggy day care

■ **MALIBU COAST
ANIMAL HOSPITAL**

23431 PCH
310.317.4560
malibuvets.com
medical, grooming and
boarding for dogs, cats
and birds

■ **MALIBU VET CLINIC**

28990 PCH
310.457.6453
malibuvetclinic.com
grooming and boarding
for dogs and cats

Agoura Hills■ **AGOURA ANIMAL CLINIC**

28282 Dorothy Drive
818.991.1036
agourahillsvet.com
grooming and boarding for
dogs and cats

■ **CAMP BOW WOW**

29348 Roadside Drive
818.889.2267
campbowwow.com
boarding for dogs and doggy
day care

■ **RANCHO PET KENNELS**

27201 Canwood St.
818.889.1600
ranchopetkennels.com
boarding for dogs, cats,
rabbits and birds

Calabasas■ **ALL ANIMALS
VETERINARY HOSPITAL**

23815 Ventura Blvd.
818.600.1838
allanimals-veterinary.com
grooming and boarding for
dogs, cats, exotic animals and
birds; pick-up and delivery

■ **CALABASAS
ANIMAL CLINIC**

4937 Las Virgenes Road
818.880.0888
calabasasanimalclinic.com
grooming and boarding for
dogs and cats, doggy day
care, pet food and supplies

Santa Monica■ **FITDOG SPORTS CLUB**

1712 21st St.
310.828.3647
fitdogsportsclub.com
grooming and boarding for
dogs, doggy day care and
webcam

■ **LUCKY'S PET CARE**

2709 Santa Monica Blvd.
310.582.8800
luckypetcare.com
grooming for dogs and
cats and doggy day care

■ **OMAR'S EXOTIC BIRDS**

3301 Wilshire Blvd.
310.571.2473
omarsexoticbirds.com
grooming and boarding for
birds, parrot parties and
bird rentals

Westlake Village■ **IT'S PAWFECT**

31143 Via Colinas
818.991.3310
itspawfect.com
grooming and boarding
for dogs and cats, and hair
coloring available for dogs

■ **THE BARKLEY PET
HOTEL & DAY SPA**

31166 Via Colinas
818.889.2275
westlakepet.com
grooming and boarding for
dogs, cats, birds and other
exotic pets, doggy day care,
pick-up and delivery of
animal and live webcam

■ **WESTLAKE PET MOTEL**

800 Carlisle Road
805.497.8669;
westlakepetmotel.com
grooming and boarding for
dogs and cats

Venice■ **VENICE DOG
BOARDING**

1748 Washington Way
213.270.5578
dogboardingvenice.com
boarding for dogs and
doggy day care

Malibu■ **CROSS CREEK FARM**

3661 Cross Creek Road
310.909.3883

Calabasas■ **ACRES WEST**

23200 Mulholland Hwy.
888.447.993

■ **FAR WEST FARMS**

5155 Old Scandia Lane
818.591.2180

Agoura Hills■ **MIKE EDRICK STABLES**

2848 Triunfo Canyon
818.590.0715

**Lake View
Terrace**■ **BROOKWAY STABLES**

located at Middle Ranch
11700 Little Tujunga
Canyon Road
310.753.6538

Topanga■ **MILL CREEK**

1881 Old Topanga
Canyon Road
310.455.1116

Westlake Village■ **FOXFIELD RIDING**

ACADEMY
1250 East Potrero Road
805.495.5515

SUMMER Directory

WINE BARS & NIGHT LIFE

Malibu

■ CAFE HABANA

3939 Cross Creek Road
310.317.0300
cafehabana.com
Cuban cuisine, happy hour
and karaoke

■ CORNELL WINERY & TASTING ROOM

29975 Mulholland Hwy.
818.735.3542
cornellwinery.com
locally made wines

■ DUKE'S MALIBU BAREFOOT BAR

21150 PCH
310.317.0777
dukesmalibu.com
mai tais and hula dancers
on the beach

■ MALIBU WINES

31740 Mulholland Hwy.
818.865.0605
malibuwines.com
estate bottled wines, wine
tasting and entertainment
on Friday and Saturday;
safari tours

■ OLLIE'S DUCK & DIVE

29169 Heathercliff Road
310.589.2200
olliesduckanddive.com
local musicians, full bar and
happy hour menu

■ ROSENTHAL WINE BAR & PATIO

18741 PCH
310.456.1392
rosenthalestatewines.com
tastings of wine made in a
closeby vineyard

■ TAVERNA TONY

23410 Civic Center Way
310.317.9667
tavernatony.com
ouzo and belly dancing

■ THE BLUE LOUNGE AT MOONSHADOWS

20356 PCH
310.456.3010
moonshadowsmalibu.com
lounge and dinner
overlooking the Pacific

Agoura Hills

■ BLUE TABLE WINE AND CHEESE BAR

28912 Roadside Drive
818.597.2583
bluetable.net
wine flights, by the glass
and bottles, and gourmet
deli fare

■ BOAR DOUGH TASTING ROOM

5015 Cornell Road
818.889.2387
boardoughtastingroom.com
tasting room, wine store,
artisan-crafted fare, beers,
ciders and cold pressed
juices

■ LADYFACE ALE COMPANIE

29281 Agoura Road
818.477.4566
ladyfaceale.com
brews and ales made
on site, French Belgium
country fare, a full bar and
entertainment

■ SIP MALIBU GRAPES

2598 Sierra Creek Road
818.991.9909
sipmalibugrapes.com
estate grown and bottled
wines and premium
imported beers

■ TWISTED OAK TAVERN

30105 Agoura Road
818.735.0091
twistedoaktavern.pub
house-crafted and guest tap
beers, full menu, cocktail bar
and live music on weekends

■ THE CANYON

28912 Roadside Drive
818.879.5016
canyonclub.net
concerts, dinner and full bar

Santa Monica

■ BODEGA WINE BAR

814 Broadway
310.394.3504
bodegawinebar.com
casual living room style,
wines available by bottle

■ HARVELLE'S

1432 4th St.
310.395.1676
harvelles.com
oldest live music venue
on the Westside

■ MALIBU DISCOVERY

1112 Montana Ave.
310.393.6555;
malibudiscovery.com

■ RUSTIC CANYON WINE BAR AND SEASONAL KITCHEN

1119 Wilshire Blvd.
310.393.7050
rusticcanyonrestaurant.com
boutique wine bar and a
seasonal kitchen

■ SONOMA WINE GARDEN

395 Santa Monica Place
424.214.4560
sonomawinegarden.com
Mediterranean-style wine
bar, full menu and outdoor
seating

■ THE BUNGALOW

101 Wilshire Blvd.
310.899.8530
thebungalow.com
outdoor lounge and bar

■ THE MISFIT RESTAURANT + BAR

225 Santa Monica Blvd.
themisfitbar.com
signature cocktails and
comfort food

■ WINE EXPO

2933 Santa Monica Blvd.
310.828.4428
wineexpo.com
Italian wines and light fare

Westlake Village

■ NONNA

951 Westlake Blvd.
805.497.8482
nonna.restaurant
wine and bar with Italian
cuisine

■ BOGIES

32001 Agoura Road
818.889.2394
bogies-bar.com
live musical performances
Thursdays

■ MALIBU SUNDOWNER

30961 Agoura Road
818.706.1807
local beers and a wine bar
during weekly tasting events

■ THE STONEHAUS

32039 Agoura Road
818.483.1152
the-stonehaus.com
coffee and winebar,
indoor/outdoor seating
and light fare

■ WADES WINES

30961 Agoura Road
818.597.9463
wadeswines.com
large selection of wine and
beer during tasting events

Venice

■ TOWNHOUSE

52 Windward Ave.
310.392.4040
townhousevenice.com
oldest bar in Venice

Malibu

■ **MALIBU WINES**
31740 Mulholland Hwy.
818.865.0605
malibuwines.com
offers live music Saturday
and Sunday

Agoura Hills

■ **THE CANYON**
28912 Roadside Drive
818.879.5016
canyonclub.net
offers live music,
comedians and more

Calabasasa

■ **SAGEBRUSH
CANTINA** 23527
Calabasas Road
818.222.6062
sagebrushcantina.com
live music Wednesday
through Sunday

Santa Monica

■ **HARVELLE'S**
1432 4th St.
310.395.1676
harvelles.com
oldest live music venue on
the Westside

Westlake Village

■ **BOGIE'S**
32001 Agoura Road
818.889.2394
bogies-bar.com
offers live musical
performances Thursdays

Venice

■ **HINANO CAFE**
15 Washington Blvd.
310.822.3902
hinanocafevenice.com
live L.A. bands Friday
through Sunday night

■ **THE DEL MONTE
SPEAKEASY**
52 Windward Ave.
310.392.4040
townhousevenice.com
live music and DJs
throughout the week

LIVE MUSIC

Vintage Grocers Summer Series

Spend the summer outside with **VINTAGE GROCERS**. Sit underneath stars with friends and family, and catch a movie or a concert outside of the local market. Movie nights begin on Thursday, June 13 and live music kicks off Friday, June 14 with Lenny Goldsmith's New Old. For more information, visit vintagegrocers.com.

Located at Trancas Country Market
30745 Pacific Coast Hwy. 310.457.2828

MOVIES

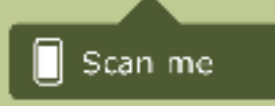
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SUMMER Directory

JUICES

Malibu

■ **SUNLIFE ORGANICS**
29169 Heathercliff Road
310.457.6161
3835 Cross Creek Road
310.456.7070
sunlifeorganics.com

■ **VINTAGE GROCERS**
30745 PCH
310.457.2828
vintagegrocers.com

Calabasas

■ **EREWHON MARKET**
26767 Agoura Road
818.857.3366
erewhonmarket.com

Pacific Palisades

■ **JUICE CRAFTERS**
15324 Antioch St.
310.459.4200
juicecrafters.com

Santa Monica

■ **REJUICE**
3238 Pico Blvd.
310.399.0001
rejuicela.com

■ **RENOVO**
2200 Colorado Ave.
310.828.7267
myrenovo.com

Topanga

■ **TOPANGA LIVING CAFE**
1704 Topanga Cyn. Blvd.
310.455.9888
topangalivingcafe.com

Westlake Village

■ **THE NUTRITION FIX**
3900 Thousand Oaks Blvd.
805.379.5476
thenutritionfixwestlake.com

SWEETS

Malibu

■ **GROM**
3888 Cross Creek Road
310.456.9797
Italian gelato

■ **DIANE KRÖN
CHOCOLATIER**
3835 Cross Creek Road
310.317.0400
dianekronchocolates.com
super premium chocolates

■ **SWEETBU CANDY CO.**
30745 PCH
866.379.3382
old-fashioned candy shop

■ **MALIBU YOGURT**
23755 Malibu Road
310.456.3522
malibuyogurtonline.com
yogurt pies, guilt-free "BU-
YO" and ice cream

Agoura Hills

■ **CARRARA PASTRIES**
28914 Roadside Drive
818.661.9006
carrarapastries.us
Italian pastries

■ **SWEET XO**
5825 Kanan Road
818.889.9696
candy and yogurts with
toppings (vegan and sugar-
free varieties, too)

TIFA CHOCOLATE & GELATO

28888 Roadside Drive
818.879.0685
tifachocolate.com
fine chocolates and gelatos

Calabasas

■ **SUSIECAKES**
23653 Calabasas Road
818.591.2223
susiecakes.com
from-scratch desserts

Pacific Palisades

■ **K BAKERY**
17338 Sunset Blvd.
310.573.9900
thebakery.com
savory sweets

■ **THE YOGURT SHOPPE**
873 Swarthmore Ave.
310.459.0088
theyogurtshoppe.com
desserts, ice cream and
frozen yogurt

■ **TOPPINGS YOGURT**
872 Via De La Paz
310.454.8228
yogurt with every topping
imaginable

Santa Monica

■ **CHOCOLATE
OPULENCE**
2011 Sawtelle Ave.
310.473.0430
chocolateoppulence.com
build your own box with
candy and macarons

■ **HUCKLEBERRY CAFE**
1014 Wilshire Blvd.
310.451.2311
huckleberrycafe.com
artisan breads, pastries and
cafe dining.

■ **SWEET LADY JANE
BAKERY**
1631 Montana Ave.
310.254.9499
sweetladyjane.com
custom cakes and pies

■ **SWEET ROSE
CREAMERY**
826 Pico Blvd.
310.260.2663
sweetrosecreamery.com
small batches of happiness

■ **VIENNA PASTRY**
1215 Wilshire Blvd.
310.395.6728
viennapastry.com
old World treats

Venice

■ **KIPPY'S ICE CREAM**
245 Main St.
424.387.8765
kippysicecream.com
organic, non-dairy
ce cream shop

■ **N'ICECREAM**
619 Ocean Front Walk
310.581.0650
nicecreamusa.com
all flavors made fresh daily

■ **SINNERS & SAINTS
DESSERTS**
2547 Lincoln Blvd.
310.970.2332
sinnersandsaintsdesserts.
com
gluten-free and the
other, sinful kind

■ CASA ESCOBAR

The flavors of Mexico come alive at Casa Escobar, which claims the best margarita in town with colorful Latin ambiance. Enjoy meals with traditional recipes straight from the Escobar family kitchen. *22969 Pacific Coast Hwy.; 310.456.1999*

■ CORAL BEACH CANTINA

The meals at Coral Beach Cantina, which offer an array of authentic Mexican dishes, are so good they taste home cooked. From salads to nachos, each diner can satisfy their every craving. *29350 Pacific Coast Hwy.; 310.457.5503*

■ D'AMORE'S PIZZA

This Boston-style pizza joint is famous for its flavor and Italian authenticity. Who doesn't enjoy pizza made with water imported from the Alps? *22601 Pacific Coast Hwy.; 310.317.4500*

■ DUKE'S MALIBU

Nothing says Malibu like fresh fish tacos and a cold beer at Duke's Barefoot Bar. A local favorite, it's also known for beachfront dining and serving Hawaiian-influenced seafood and steaks. *21150 Pacific Coast Hwy.; 310.317.0777*

■ GEOFFREY'S MALIBU

Magnificent ocean views and tropical plants create a one-of-a-kind vibe at this restaurant. The California-style cuisine includes your new favorite brunch, lunch and dinner specialties. *27400 Pacific Coast Hwy.; 310.457.1519*

■ GRAVINA MALIBU

If fresh Italian fare is what you're seeking, Gravina has the answer. With dishes like risotto with wild mushrooms and white truffle-infused oil, as well as a selection of homemade desserts, you'll be sure to come back for seconds. *28925 Pacific Coast Hwy.; 310.457.0711*

■ KAISHIN

Kaishin features a selection of modern Chinese cuisine, with traditional flavors and sensible, healthier dishes. Lunch specials and a gluten-free menu keep diners coming back for more. *23715 Malibu Road; 310.317.9777*

■ KRISTY'S VILLAGE CAFE

Kristy's and Le Village Cafe have combined forces to deliver something delicious. This western Malibu spot offers something for every appetite, with brunch and dinner items to please any palate. *30745 Pacific Coast Hwy.; 310.457.1018*

■ LE CAFE DE LA PLAGES

Serving up fresh juices, croissants, cookies, coffee and ice cream, a sweet taste of France is just a short drive to this western Malibu cafe. *29169 Heathercliff Road; 310.457.3380*

■ MALIBU FARM

Located at the front of the iconic Malibu Pier, soak in the sun and watch surfers catch waves as you enjoy fresh fare and specialty cocktails, espresso and juices. *23000 Pacific Coast Hwy.; 310.456.1112*

■ MALIBU SEAFOOD

Offering the 'freshest seafood on the coast,' this local staple will quickly become a family favorite. *23000 Pacific Coast Hwy.; 310.456.1112*

■ NEPTUNE'S NET

Established in 1958, iconic Neptune's Net offers an array of fish, and also serves burgers and sandwiches. *42505 Pacific Coast Hwy.; 310.457.3095*

■ NOBU

Known for its exquisite cuisine, including fresh fish, sushi and vegetarian fare, breathtaking views can be seen from nearly every seat in the house. *22706 Pacific Coast Hwy.; 310.317.9140*

■ OLLO

Enjoy locally sourced, farm-to-table dining amid a host of creative craft cocktails and fresh fare for breakfast, lunch and dinner. *23750 Pacific Coast Hwy.; 310.317.1444*

■ REEL INN

A local seafood staple, Reel Inn offers an authentic ocean feel without cramping your style. Enjoy the smells, tastes and rich history in one of Malibu's oldest buildings. *18661 Pacific Coast Hwy.; 310.456.8221*

■ SADDLE PEAK LODGE

For more than 100 years, this woodsy retreat has offered meat lovers a great brunch, killer chili and an atmosphere you won't want to leave. *419 Cold Canyon Road, Calabasas; 818.222.3888*

■ THE SUNSET RESTAURANT

Whether you're looking for a secluded casual dinner or festive bar chat, this seaside spot offers a little bit of everything. *6800 Westward Beach Road; 310.589.1007*

■ TRADI NOI

Italian sophistication at its finest, Tra di Noi offers exceptional dining in a prime location. Stop in with the family or have a romantic dinner for two that will leave an impression. *3835 Cross Creek Road; 310.456.0169*

■ TRAMONTO

Enjoy a variety of Southern and Northern Italian dishes, like homemade pastas, raviolis and pizzas, or try one of the many unique Italian flavor combinations at the gnocchi bar. *22235 Pacific Coast Hwy.; 310.317.6769*

■ V'S RESTAURANT + BAR

V's restaurant + bar stands for living life to the fullest with good food, good drinks and good times. With fresh food and handcrafted cocktails, each trip is memorable and delicious. *22821 Pacific Coast Hwy.; 310.456.3828*

■ ZOOMA SUSHI

Coupling the relaxed Malibu seaside ambiance with exotic seafood dishes, the skilled Japanese sushi chefs of Zooma Sushi perfectly evoke the flavors of the ocean in every bite. *29350 Pacific Coast Hwy.; 310.457.4131*

SUMMER Directory

BEACH SAFETY



PHOTO BY ROXANNE MCGANN

Following these steps will help you stay safe and keep the beaches clean this summer.

Have Fun, Be Safe

Toneata Morgan, Miss Malibu Teen USA 2014, takes in the beauty of the tidepools. She is careful not to harm any sea life as she stands on the bare rock and sand. Adhering to the advice of conserveca.com, she never disturbs or takes home anything, as tempting as it might be.

MTM wants to share some safety tips to truly enjoy the Malibu coastline.

Safety tips for the open water:

- Don't ever swim alone.
- Enter into shallow water feet first—no diving.
- Not all beaches have lifeguards, so swim wisely. Lifeguard towers are open from sunup to sundown, and lifeguards recommend swimming near their stations.
- Bodyboarders should use swim fins and a leash.
- Surfers should follow the golden surfing rules.
- Obey posted warning signs and be sure to keep a safe distance from piers and rocks.
- Do not litter—leave the beach cleaner than you found it.
- Use sunscreen and a hat to protect yourself from the sun.
- Respect other beach patrons and remember your beach manners.
- Fireworks, open fires, glass bottles and alcohol are not permitted on any Los Angeles County beach.
- If you find yourself at a tidepool, many of the animals you will see are defenseless; keep them alive by stepping on bare rock and sand only. Do not poke the critters, pry them off rocks or remove them from the water. Keep an eye out for waves.
- If you find a marine mammal in distress, such as a seal, stay at least 50 feet away from it and either notify a lifeguard or call the California Wildlife Center hotline at 310.458.WILD.

Websites with Malibu beach information:

lacounty.gov: A comprehensive beach guide with a map, showing available facilities at each beach

healthebay.org: A nonprofit environmental organization whose mission is to make local waters safe, healthy and clean

fire.lacounty.gov/lifeguard:

The official County of Los Angeles website with a lifeguard section
@LACoLifeguards: Lifeguards on Twitter with tips

Los Angeles County Fire Department, Lifeguard Division:

Offers suggestions on Facebook