

Burley Physical Therapy

thank you
for voting once again

*Burley Physical Therapy and Rehabilitation
as the best rehabilitation provider for the Mini-Cassia
area & also Elite Fitness as the best Health Club.*

LOCALLY
OWNED & OPERATED

**Burley Physical Therapy &
Elite Fitness are proud to be partnered
together to bring you a
lifetime of health.**



We proudly offer community support in a variety of areas and offer comprehensive services to include-

- ✔ Physical Therapy
- ✔ Occupational Therapy
- ✔ Speech Therapy
- ✔ In-house Aquatic Therapy
- ✔ Massage Therapy
- ✔ Sports Injury Prevention Program
- ✔ Certified Dry Needling for Pain Management
- ✔ Certified Blood Flow Restriction Training for Strength Improvement
- ✔ Specialized Vertigo Treatment
- ✔ In-house Orthotic and Prosthetic Services

Come work out in a welcoming environment!
We're excited to offer gym based Physical Therapy 3 days a week and are available to help progress your routine, tweak an exercise, or address questions and concerns. Bridging the gap to keep you active, safe, and on the right track toward achieving your fitness goals.

- ✔ Personal Training
- ✔ Nutrition Counseling
- ✔ Yoga Trapeze
- ✔ Free Group Fitness Classes including- Silver & Fit, Yoga, Barre, Tabata, RIP:60, HIIT, Strength & Sculpt, High Fitness, and Zumba
- ✔ Boot Camps
- ✔ Daycare now available
- ✔ Open 24 Hrs
- ✔ Visit 12 times a month & membership is \$15.60/mo
- ✔ Ask us about our Adult & Kids MMA Classes!

BURLEY PHYSICAL THERAPY

(208) 678-1191 www.BurleyPhysicalTherapy.com

1263 Bennett Ave #2, Burley, ID 83318.

ELITE FITNESS

(208) 678-2155 1200 Oakley Avenue, Burley, ID 83318.