



to moving more, eating better, and connecting with others when you engage with Blue Zones Project – Dodge County.



## UPCOMING EVENTS

### Potluck Moai

Every Wednesday through August 14

11:30 a.m. – 1:00 p.m.

Blue Zones Project Office

138 Front Street, Beaver Dam

### National Night Out

Tuesday, August 6

5:00 p.m. – 8:00 p.m.

Swan City Park, Beaver Dam

### Celebrate Beaver Dam

Life here is good

Thursday, August 29

5:00 – 5:30 p.m. Reception with appetizers and activities

5:30 – 6:30 p.m. "Celebrate Beaver Dam" Program

Beaver Dam Middle School

108 4th Street, Beaver Dam

## FIND MORE WAYS TO STAY ENGAGED:

 /BlueZonesProjectDodgeCounty

bluezonesprojectdodgecounty@sharecare.com



BLUE ZONES PROJECT®

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Dodge  
County by:



A member of Marshfield Clinic Health System