

**OPEN HOUSE**  
 186 Main Street, Kalona \$339,900  
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 Sunday, Oct. 13 • Noon-1:30 p.m.

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**KALONA  
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**INSIDE**  
 Lone Tree  
 homecoming  
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# The News

Volume 127 • No. 41 KALONA, WASHINGTON COUNTY, IOWA 52247 • THURSDAY, OCTOBER 10, 2019 \$1.25

**WEEK  
 6**

**FOOTBALL**

Williamsburg	28
Mld-Prairie	6

**FOOTBALL**

Highland	25
Pekin	24

**FOOTBALL**

Lone Tree	62
WMU	32

## RENEGADE RUN



JAMES JENNINGS/THE NEWS

A group of intrepid runners slosh through a water obstacle during Saturday's Renegade Run on the Shiloh church property. Runners had to maneuver a number of obstacles along the course. The Renegade Run was a Washington YMCA fundraiser for the Relay For Life.

## Kalona seeks grant for ADA playground

BY JAMES JENNINGS  
 The News

**KALONA**

The city of Kalona is hoping to add an Americans With Disabilities Act (ADA) compliant playground to the city's park.

At Monday's meeting, the City Council approved seeking a \$30,000 grant from the Washington County Riverboat Foundation (WCRF).

"It's inclusive equipment," City Administrator Ryan Schlabaugh said. "It's ADA and non-ADA. It's designed so kids can interact."

The total price tag of the proposal is \$40,000.

Schlabaugh said that \$30,000 would come from the WCRF grant, \$5,000 would come from local option sales tax funds and another \$5,000 would come

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## Kalona OKs \$4,500 for senior dining

BY JAMES JENNINGS  
 The News

**KALONA**

With data showing that Kalona residents regularly utilize the senior dining program in Wellman, the Kalona City Council agreed Monday to subsidize the program.

The council voted unanimously to subsidize the program with \$4,500 this year.

"In our discussions with Wellman, it's become pretty apparent that we've got residents who are taking advantage of the wonderful program they've got over there," City Administrator Ryan Schlabaugh said.

Schlabaugh said that data from the past two years shows that the Goodwin Senior Dining program serves between 7,500 and 8,500 meals a year, and about 12% of those meals are served to Kalona residents.

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## Compassus Hospice has a shortage of volunteers

BY JAMES JENNINGS  
 The News

**WELLMAN**

Compassus Hospice is rather shorthanded at the moment when it comes to area volunteers.

Jill Venden, volunteer coordinator for Compassus, said that the organization is actively seeking volunteers in the Wellman and Kalona area.

"Here in Wellman, I have people on services, but I don't have any volunteers right now," Venden said. "I think a good safe number would be three or four volunteers in this area."

"It would be nice to find someone who is retired or has one day a week where they have a little time in the afternoon."

Venden explained that the one volunteer Compassus has in the area is currently having to take some time off from volunteering because of medical reasons.

Volunteers spend time with hospice patients, usually just visiting with them in some manner.

"I would say 90% of my volunteers give the gift of presence, just being there," Venden said. "Maybe it's sitting and talking. Maybe it's reading scripture. Maybe it's watching an old movie or playing music."

Volunteers help by providing companionship, a listening presence, emotional and spiritual support, and sometimes even relief for patient caregivers.

Volunteers, however, can-

not do things like feed or transfer or give medications.

The process to become a hospice volunteer begins with an application and an interview.

"We would talk to them about why they want to become a volunteer," Venden said. "There's a background screening that has to be done. We want to make sure our clients are safe."

The next step is training. Venden said that the state of Iowa requires 14 hours of training for hospice volunteers.

"For those who have access to a computer, I have PowerPoints that I can send," she said. "There are modules that go over everything from the history of hospice to the different types of things we see often."

Some of those subjects include family dynamics and Alzheimer's disease.

Hospice patients are managed by a team of professionals that include a doctor, nurses and social workers.

"Our social workers find out a little about our clients before I get them a volunteer," Venden said. "Not everyone wants a volunteer. That's determined by the social worker."

She added that visits can range from 15 minutes to even longer times. She said that visits tend to get longer as volunteers and patients get to know each other more.

Venden said that being a hospice volunteer can be personally rewarding.

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## Mid-Prairie East students pay a visit to the Kalona Fire Station

BY JAMES JENNINGS  
 The News

**KALONA**

With this week being National Fire Prevention Week, the Kalona Fire Station has been a busy place.

Fire Chief Steve Yotty has been spending his time giving tours of the station and presentations to students from Mid-Prairie East Elementary School.

"It's a really busy week," Yotty said following one tour by a pair of first-grade classes Monday morning. "I've got quite a few classes coming through here."

Students gathered in the training room to hear Yotty give a fire safety presentation.

He spoke to the children about the importance of checking smoke alarms, not playing with lighters or matches and having a meeting spot outside

of their homes if they have to escape because of a fire.

He also asked the students if they knew what to do if their clothes caught on fire.

"Stop, drop and roll," several students enthusiastically exclaimed.

Lt. Larry Hershberger dressed up in full fire gear so the students could see what a firefighter would look like when responding to a fire.

"They look scary," Yotty said. "But the firefighters are your friends."

Following a short fire safety video, the students toured the fire station and climbed through a pumper truck.

Afterwards, they returned to the training room to ask any questions they might have.

Questions included "When was the fire station built?" (1974); and "How many people do you have here?" (29 firefighters, right now).



JAMES JENNINGS/THE NEWS

Kalona Fire Chief Steve Yotty (right) shows a group of first graders from Mid-Prairie East Elementary School where firefighters store their gear at the Kalona Fire Station Monday.