If you are six months, or more, out from your initial Covid-19 vaccination series, get boosted this week to start 2022 with a full-load of protection. It’s important, and that serious.

**Vaccination + booster provides strong defense** from viral loads trying to get into your nose, throat and lungs - including the Omicron variant.

A **boosted** community, combined with layered protection through **masking** and appropriate **distancing** protects you, the vulnerable and our hospitals’ ability to care for heart attacks, strokes, those needing surgery and emergency and trauma victims.

Go to your local pharmacy or Lincoln Lancaster County Health Department and get your booster this week.

Thank you.

*The Medical Staff, nurses and entire team at Bryan Health*