

Give the Gift of Confidence, Beauty & Joy!

It's our biggest sale of the year – just in time to treat yourself or others on your holiday gift list. Purchase now with significant savings; use by June 30, 2026.

Look and feel your best with services provided by licensed healthcare/aesthetics providers.

View all full range of sale offerings at

AdvancedSkinBody.com



Not sure what's best for you?

No problem! Set up a free consultation with our specialists.

Don't miss out! Purchase by December 31 at 2 p.m.

Call: 402-484-4231

Stop by: 230 Lyncrest Drive

Holiday Sale

Save Big on Products & Treatments

- \$100 gift card for \$75 (limit 1 per person)
- Botox, \$9.25 per unit
- Hair removal, from \$48-\$105
- Tattoo removal, starting at \$70
- All skin care products 20% off
- And more!

advanced skin
+ body aesthetics



Bryan
PHYSICIAN
NETWORK

Take Action to Prevent Diabetes

If you have prediabetes or are at risk for diabetes, the Bryan Diabetes Prevention Program is for you! Led by a trained lifestyle coach, this yearlong program gives you the support and skills to prevent diabetes. Plus, it's covered by Medicare and other insurance plans.

“*This program is so encouraging, and life changing. I've lost 30 pounds and lowered my A1c from 6.4% to 5.4%. The best part – I still enjoy my favorite foods, just in moderation thanks to new skills I learned in the class.* **”**

– Holly, class participant

Join us for an Information Session

Learn more, ask questions and find out if this program is right for you! **Registration required.**

**Wednesday, January 21,
2-3 p.m.**

Bryan Medical Plaza • 1500 S. 48th St.

Register Today!

Call: 402-481-6322

Online: Scan QR code or visit
BryanHealth.org/DiabetesInfo



Bryan
MEDICAL
CENTER