

How Healthy is Your Heart?

Find out with these simple tests.

Heart Health lab tests for only \$43.

No doctor's order or appointment needed

The Heart Health Panel includes two important tests to provide a comprehensive assessment of your heart health.

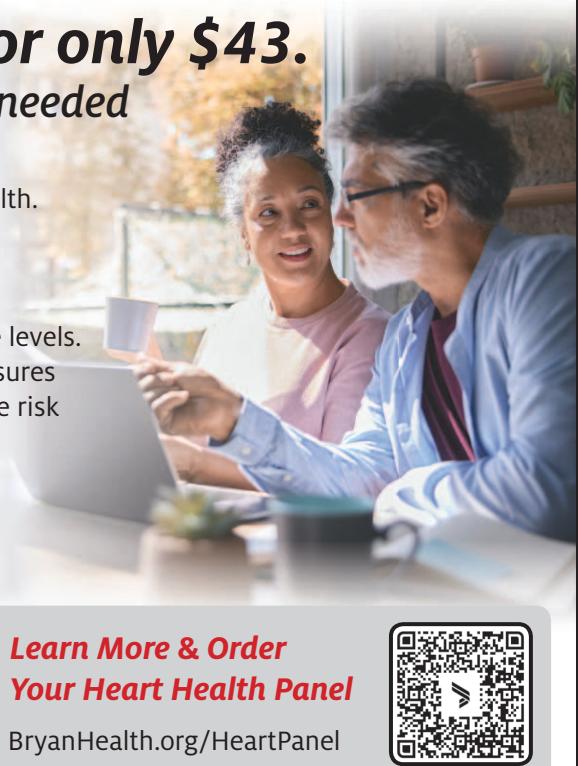
It's easy, convenient and comprehensive.

The panel includes:

- **Cholesterol** – You'll receive HDL, LDL and triglyceride levels.
- **C-Reactive Protein (High Sensitivity)** – This test measures inflammation in the blood vessels that can predict the risk of heart attacks, strokes and cardiovascular disease.

**Order your Heart Health Panel with
On-Demand Lab!**

- Order online – \$43
- Go to our Ashland or Lincoln locations to receive your test within 30 days of purchase
- Walk in at your convenience
- Get fast, reliable results on MyChart



**Learn More & Order
Your Heart Health Panel**

BryanHealth.org/HeartPanel



Prevent a Heart Attack with this Simple Test

Your heart beats about 100,000 times a day, but plaque can stop it in its tracks. When plaque builds up in your arteries, it restricts blood flow and can cause a heart attack.

**Identify your risk before life-threatening
symptoms occur.**

A coronary calcium CT scan can tell you if plaque is building up in your arteries and catch potential heart problems early.

It's fast, painless and could save your life.

Talk to your provider about a referral for a coronary calcium CT scan. Then call 402-481-5121 to schedule your test at Bryan. You can prevent a heart attack for \$125.



**Learn More & Take Steps
for Your Health Today**

BryanHealth.org/CoronaryCalciumCT



Bryan Health