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HEARSWELL

THURSDAY, SEPTEMBER 26, 2019
VOL. 113 NO. 39 COUNTYSTAR.COM

UNWELCOME HOMECOMING: Bluejacket spirits tempered by Wildcats win. **PAGE 10**



BILL STICKELS III | COUNTY STAR

Desperate housewife

“Ole” (Bruce Danielson, right) reacts in agony to “housewife” Sue Hupfer’s incessant whining as he tries to sell her cleaning supplies. The problem was, after making a mess of Hupfer’s house, Ole realized he had switched to selling encyclopedias during a skit at the Senior Activity Center’s annual “Lawrence Welk” fundraiser held at City Center Mall last Friday and Saturday, Sept. 20 and 21.

County now requires permit for larger fireworks displays

BY JENNIFER KOTILA
NEWS@COUNTYSTAR.COM

After a public hearing on the matter, the Isanti County Board approved an ordinance regulating the use and display of fireworks in the unincorporated areas of the county at its Sept. 18 meeting.

The ordinance sets forth the need to acquire a permit for the display of fireworks in unincorporated areas of the county, along with the rules for the display of fireworks. There will be a \$50 fee to obtain the permit.

Some of the parameters of the approved ordinance include only allowing fireworks between the hours of 6 p.m. and 11 p.m.; only one permit may be issued to any entity or organization per year without board approval; and only aerial fireworks or aerial shells may be used, with fireworks designed to explode on the ground or underground being prohibited.

Although no members of the public were present at the hearing to make comment, county residents Michael and Lucinda Lundell sent a letter stating they thought the ordinance “would be greatly improved by the inclusion of the requirement to notify

FIREWORKS ORDINANCE

Fireworks allowed only between hours of 6-11 p.m.
One permit only per entity or organization per year without board approval
Only aerial fireworks or shells allowed; fireworks are prohibited that are designed to explode on the ground or underground
Cost of permit is \$50

residents and or landowners in a specified distance from planned fireworks displays.”

A notification would allow area residents and landowners to prepare for the display if it would affect themselves or their animals.

The Lundell letter shared the story of a fireworks display earlier this summer which spooked their horses, causing the horses to damage a portion of fence and injuring two of the horses. The letter stated if the Lundells had proper notification, they would have been able to move their horses to a location farther away from the display and in a better

SEE FIREWORKS, PAGE 8

Iggy loves life at Farmaste Animal Sanctuary

CONTRIBUTED
FARMASTE ANIMAL SANCTUARY

One year ago, a white goat with impressive horns captivated the people and police department of Inver Grove Heights. He peeked into windows – startling families as they ate dinner – and explored construction sites. His antics led to multiple calls to the IGHPD, a flood of social media posts, and coverage on all of the local news networks.

Finally, after IGHPD’s former Chief Paul Schnell promised an all-you-can-eat pizza party for the officers that managed to nab him, he was captured Sept. 13, 2018. He was caught humanely – alive and uninjured.

Chief Schnell was so pleased that he had been safely brought into custody that he hand-delivered Iggy into Farmaste Animal Sanctuary’s care at the University of Minnesota Large Animal Veterinary Medical Center.

For the last year, Iggy has been living peacefully at Farmaste Animal Sanctuary, a nonprofit farm sanctuary located approximately 10 miles southeast of North Branch.

Iggy quickly integrated into a herd of three elderly dairy goats who moved to Farmaste in their retirement. He loves to play with his goat friends – and occasionally he will even challenge a cow to a friendly duel.

When Iggy first arrived, he was very skittish and rarely allowed

humans to get close. Over time, he learned to trust his caregivers and now will regularly give them a gentle nudge for attention.

With a larger-than-life personality, he also continues to captivate the public. Iggy, known for posing dramatically for photos, is one of Farmaste’s most popular social media subjects. He also regularly charms guests during Farmaste’s weekly farm tours and events, including a large following of Inver Grove Heights residents.

A woman from Inver Grove Heights recently attended a public tour armed with photos of Iggy wandering her backyard last summer.

SEE IGGY, PAGE 8



CONTRIBUTED

Iggy recently celebrated one year at Farmaste Animal Sanctuary, about 10 miles southeast of North Branch.

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North Branch FALL HARVEST FESTIVAL Sept. 25 - 29, 2019



WEDNESDAY, SEPTEMBER 25
10AM DAILY: TREASURE HUNT
 Clues posted at NorthBranchChamber.com until treasure is found

FRIDAY, SEPTEMBER 27
5:30PM-8PM: BEER, WINE & SPIRITS TASTING
 Dinner & live music @ the Chisago County Senior Center

SATURDAY, SEPTEMBER 28
 8AM Registration: **CLASSIC CAR SHOW**
 2pm Trophies - concessions by North Branch Lioness Club. Sponsored by and located @ Anderson & Koch Ford

9AM-4PM: ART, CRAFT & COMMERCIAL FAIR
 Food, crafts, silent auction, games & more!
 @ North Branch Central Park

9AM-4PM: KODY'S KIDS CORNER
 FREE activities during the fair dedicated to kids in memory of Kody Roettjer.

9AM-12PM: PET EXPO
 Pet services, expert advice, products, special guests, pet rescue & more! Sponsored by Nutrisource & Peterson's North Branch Mill

9AM REGISTRATION: SHINE KODY SHINE 5K RUN/WALK
 Preregister online. Fund raiser for Kody Roettjer Memorial Scholarship. 10am - Walk/Run starts @ NBA High School.

7PM (DUSK): MOVIES IN THE PARK
 Featuring the movie "Sing" @ North Branch Central Park

SUNDAY, SEPTEMBER 29
8AM-12:30PM: OMELET BREAKFAST
 Hosted by Sons of the American Legion @ American Legion Post 85

10:30AM-1PM: ST. GREGORY'S BOOYA
 Fun & games! @ 38725 Forest Boulevard, North Branch

10AM-2PM: SHINE IT UP FOR THE TROOPS CAR SHOW (SUPPORTING CSOAF)
 Proceeds go to deployed troops and their families - sponsored by North Branch Chevrolet @ Members Coop Credit Union parking lot

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North Branch Area Chamber of Commerce
 Fall Harvest Festival

Hosted by:
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Food and refreshments available on grounds will be provided by North Branch Lioness Club. Wellness Van will be there for free health screenings.

Classic Car Show

Saturday, September 28, 2019

EVENT HELD RAIN OR SHINE
 Registration gates open at 8:00 a.m.
 This is a free show!

FREE lunch for ALL car show entries

Best of Show Trophy
 Original 1900-1939
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 Original 1950-1959
 Original 1960-1965
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 Original 1970-1979
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 Street Machines
 1949-Present

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Let us know about your church or nonprofit's kid-friendly **HALLOWEEN EVENT** by Oct. 17 to be included in a full-page ad! Email info to: editor@countystar.com.

SEP 25-29 North Branch Fall Harvest Festival

The annual Fall Harvest Festival will be held Sept. 25-29 at locations in North Branch with an art, craft and commercial fair in Central Park, Kody's Kids Corner with free activities, food for purchase, pet expo, movie in park; Sunday omelet breakfast, booya lunch, car show. For schedule visit NorthBranchChamber.com.

SEP 27 Donate Blood

Take the opportunity to donate blood from 12:30-6:30 p.m. at New Hope Community Church, 114 Dahlin Ave. NE, Isanti. To make an appointment, visit www.redcrossblood.org or call 1-800-733-2767.

Parent's Night Out

Parents are invited to drop their children off for a free night of fun while they enjoy a date between 5-9 p.m. at Common Ground: A United Methodist Community, 404 Cypress St. N, Cambridge. Suggested child age 1-12. For info call 763-689-2071.

Beer+Wine+Spirits Tasting Event

The annual Beer+Wine+Spirits Tasting Event will be held from 5:30-8 p.m. at Chisago County Senior Center, 38790 6th Ave., North Branch, with dinner, live music and endless tastings. \$25 advance tickets/\$30 at door from Chamber office and North Branch Liquors or northbranchchamber.com.

Princess Prom

The Cambridge Ambassador program will hold its annual Princess Prom from 6-8 p.m. at Cambridge Middle School, 31374 Xylite St., with grand march, dancing with Sound Patrol DJ, for any age girl and dad/grandpa, etc. Advance ticket \$32 per couple by Sept. 18; \$42 at door. For info call Laurie Solle at 612-991-1687.

SEP 28 Shine Kody Shine 5k

The Kody Roettjer 5k Memorial Walk/Run will be held 9 a.m. registration/10 a.m. run at North Branch Area High School. \$25 by Sept. 23, \$30 after. Register at shinekodyshine.redpodium.com/2019 or call Community Ed at 651-674-1025.

Women's Empowerment Luncheon

Family Pathways will hold its third annual Women's Empowerment Luncheon titled "Making Fearless Choices" from 11:30 a.m.-1:30 p.m. at Maranatha Church, 24799 Forest Blvd., with Kat Perkins, "The Voice" finalist. Event is free, but registration required at www.familypathways.org.

Fall Fest

The public is invited to South Isanti Baptist Church's annual Fall Fest from 1-4 p.m. at 3367 County Road 5, Isanti, with food, games, bounce house, pony rides and more. No charge. For information call 763-444-5860.

Friends of NRA Fundraiser

A fundraising dinner for the East Central MN Friends of NRA will be held at 5 p.m. at Lent Town Hall, 33155 Hemingway Ave., Stacy, with gourmet dinner, beverages, raffles and auctions. Tickets \$40 at Full Draw Outdoors, Stacy, or friendsofnra.org/event or 651-253-2875 or brian-o@q.com.

Movie in the Park

A free Movie in the Park – the animated musical "Sing" – will be shown at 7:15 p.m. in Central Park, North Branch. Bring own blanket, lawn chair. In case of rain, event will move to North Branch Area High School.

SEP 29 Omelet Breakfast

Sons of the American Legion will hold their Omelet Breakfast 9 a.m. to 4 p.m. at North Branch American Legion, 6439 Elm Street.

Fall Booya and Festival

St. Gregory's Church will hold their annual Fall Booya and Festival from 10 a.m.-2:30 p.m. with games, prizes, variety booth, silent auction at 38725 Forest Blvd., North Branch. Seating/serving and takeout begin at 10:30. For info call 651-674-4056.

Shine It Up for the Troops Car Show

The Shine It Up for the Troops Car Show, hosted by Citizens Supporting Our Armed Forces will be held 10 a.m.-2 p.m. at Members Co-op Credit Union, North Branch, with 50/50 raffle benefiting deployed troops and their families. For info visit csoaf.com.

Turn Off Stress, Turn on Relaxation

The public is invited to Turn Off Stress, Turn on Relaxation class from 4:30-6 p.m. at Fairview Lakes Medical Center, classroom B, with Sue Flannigan. Freewill donation. For info email flanniganmindfulness@gmail.com.

SEP 30 Holy Rocka Rollaz at North Branch Library

The '50s rock 'n' roll group Holy Rocka Rollaz will perform at 6:30 p.m. at North Branch Area Library, 6355 379th St., followed by an open house for ECRL 60th anniversary. Free for all ages. For info call 651-674-8443.

OCT 1

Dancing Light Concert
Dancing Light, a duo offering a fusion of folk, classical, rock and pop,

will perform at 6:30 p.m. at Rush City Public Library, 240 W. 4th St., followed by an open house until 8 p.m. for ECRL's 60th anniversary. For info call 320-358-3948.

History of Rush City Fire Department

The North Chisago Historical Society will offer "The History of the Rush City Fire Department," presented by Dave Schroeder, at 7 p.m. at Rushseba Town Hall, 51533 Forest Blvd., Rush City. Guests invited to bring photos and stories of fire department. For info call Carl at 320-358-4525.

OCT 2

Keyboardist Presentation

Minneapolis-based musician and former keyboardist for Jonas Brothers Ryan Liestman will speak noon-1 p.m. at Anoka-Ramsey Community College, 300 Spirit River Dr. S, Cambridge, on how he uses mass communication in his career and will perform original music. For info call 763-433-1100.

Everyone's Birthday Party

Marie Grundberg will entertain at "Everyone's Birthday Party" at the We R Able meeting at 1 p.m. at Chisago County Senior Center, 38790 6th Ave., North Branch. Open to all. \$1 suggested donation. Questions 651-674-4642.

OCT 3

Free Computer Class

A free computer class taught by Dave Larson called "Introduction to Windows" will be held from 10 a.m. to 1 p.m. at Joy Lutheran Church, 1155 Joy Circle, Cambridge. No charge, but registration required by calling 763-689-5912. Class on Intermediate Windows Oct. 17.

Friends of Libraries Joint Meeting

The Friends of the Cambridge Public Library will host a joint meeting of Friends from Isanti, Braham, Mora and Milaca at 4 p.m. in the lower level of the Cambridge Public Library, 244 Birch St. S. All are welcome. For info

call 763-689-5388.

OCT 4

Senior Dance

A senior dance will be held 1-4 p.m. at East Bethel Senior/Community Center, one mile east of Hwy. 65 on 221st Ave., with music by Dick Szypinski. \$6 includes lunch. For info call 763-434-9652.

OCT 5

Donate Bikes for Kids

Allina and Free Bikes 4 Kidz will accept new or gently used kids' and adults' bikes from 9 a.m.-1 p.m. at Cambridge Medical Center, 701 Dellwood St. S, Cambridge. Bikes will be given away at later date. For info visit FB4K.org or allina-health.org.

Harvest Howl

Wildlife Science Center will offer its annual Harvest Howl at 22830 Sunrise Rd. NE, Stacy, from 11 a.m.-4 p.m. with Remarkable Reptiles, Native American dancing and wild ricing, DNR raptor presentation, kids' activities, animals of the WSC, food truck, vendors and artisans. Adults \$15, children \$10, 4 and under free. For info visit wildlifesciencecenter.org or call 651-464-3993.

Oktoberfest

Christ the King Catholic Church will hold its annual Oktoberfest fall festival from 4-8 p.m. at their parish hall, 315 Fern St. N, Cambridge, with a pork chop dinner and sides, bingo, silent auction, bake sale, cash raffle and German beer garden. For more information call 763-689-1221.

Tribute to Joe Pass & Ella Fitzgerald

A tribute concert to Joe Pass & Ella Fitzgerald with Sam Miltich and Charmin Michelle will be held at 7 p.m. at the Hardy Performing Arts Center, 430 8th Ave. NW, Cambridge. Tickets \$20 at c-ischools.org/schools/ community-ed or call 763-689-6189.

OCT 6

Turkey Dinner

The 27th annual Turkey Dinner with roast turkey, sides and pie will be held 11 a.m.-1:30 p.m. at First Lutheran Church, 1000 Jay Ave., Rush City, with gospel service at 9 a.m.; silent auction 8 a.m.-2 p.m., plus dollar store bargains and bake sale. Tickets \$10 (\$11

SENIOR DINING

CAMBRIDGE

Friendship Cafe
140 Buchanan St N #164,
Cambridge

Monday, Sept. 30 - Chicken Kiev

Tuesday, Oct. 1 - Chef's Choice

Wednesday, Oct. 2 - Tator Tot Hot Dish

Thursday, Oct. 3 - Goulash

Friday, Oct. 4 - Chef's Choice

Breakfast:

Mon.-Thur. - 8:30-10:30 a.m.

Friday - 7:30-9:30 a.m.

Lunch:
Mon.-Fri. 11 a.m.-1:30 p.m.

Cost: \$4.50-7.00
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NORTH BRANCH & ISANTI

Chisago County Senior Center
38790 6th Avenue
North Branch

Isanti Senior Center
208½ 1st Ave. NW
Isanti

Monday, Sept. 30 - Chicken chili, crunchy Romaine salad, veggie sticks w/ranch, wheat bread, pineapple

Tuesday, Oct. 1 - Baked potato topped w/BBQ pork & cheese, broccoli, wheat bread, Rice Krispie bar

Wednesday, Oct. 2 - Oriental chow mein, Oriental vegetables, Mandarin oranges, pie

Thursday, Oct. 3 - Sloppy Joe on a bun, tator tots, baked beans, cinnamon applesauce

Friday, Oct. 4 - Broccoli cheese egg bake, oven-roasted potatoes, orange & pineapple slices, fruit muffin square

North Branch Lunch:
Mon.-Fri. 11:45 a.m.-1:30 p.m.

Suggested Contribution:
\$4.25-8.00

For info and reservations call: 651-674-1956

Isanti Lunch:
Mon.-Fri. Serving at noon

Suggested Contribution:
\$4.25 - \$8

Reservation REQUIRED by 12:30 p.m. day before visit:
Call 763-444-7539

at door), \$4 children 5-11, 4 and under free. For info call 320-358-4076.

Submit information for upcoming events to:
editor@countystar.com

Turkey Dinner & Silent Auction

Sunday, October 6th, 2019
11 am - 1:30 pm

Roast turkey & dressing, mashed potatoes & gravy, squash, green beans, home baked pie and more.

Adults \$11 (\$10 in advance) Children 5-11 years \$4
Children 4 & under are free

Advance tickets are available at the church office (320-358-4076), Fabric, Fashions & More, and Hairdo or Dye

~Carryout meals are available~

First Evangelical Lutheran Church

1000 S. Jay Ave., Rush City, MN

Gospel Service @ 9:30 am

Silent Auction 8 am - 2 pm

Bargains in our Dollar Store and home baked goods at the Bake Shop.



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"So you want to be a cowboy, well, you know it's more than just a ride. Guess you got to know the real thing, if you want to know the other side. Ain't nobody riding shotgun in the world tonight. And when you spit, you better mean it. You got to make 'em all believe it if you're gonna be the one."



Worth a Thousand Words

Bill Stickels III

Now, if you had just read those words without knowing anything about their origins, you might think this is advice from some wrinkly-skinned grandfather to some youngster, but it's not. It's from someone I have come to consider one of the great philosophers.

This person has written many inspirational sayings over the years. Here's his take on getting up there in years:

"I like the bed I'm sleeping in; it's just like me, it's broken in. It's not old, just older. Like a favorite pair of torn blue jeans, this skin I'm in it's alright with me. It's not old, just older."

Several of his writings are about living life to the fullest on your own terms.

"Oh, if there's one thing I hang onto that gets me through the night, I ain't gonna do what I don't want to - I'm gonna live my life. Shining like a diamond, rolling with the dice. Standing on the ledge, I show the wind how to fly. When the world gets in my face, I say 'Have a nice day.'"

Along the same lines, but far less veiled is:

"It's my life, it's now or never. I ain't gonna live forever. I just want to live while I'm alive. My heart is like an open highway. Like Frankie said, 'I did it my way.' I just want to live while I'm alive. It's my life."

Some of his writings can get rather edgy to prove a point.

"This ain't no game; I play it hard. Kicked around, cut, stitched and scarred. I'll take the hit but not the fall. I know no fear, still standing tall. You can call it karma, call it luck. Me, I just don't give a...Bounce, bounce, nothing's gonna keep me down. Bounce, bounce, stand up, shout it out. Bounce, bounce, I play hard, I play to win. Count me out, count me in, I'll be bouncing back again."

Sure, sometimes the writings can get a little melancholy:

"Hey God, tell me what the hell is going on? Seems like all the good sh--s gone. It keep on getting harder hanging on. Hey God, there's nights you know I want to scream. These days you're even hard to believe. I know how busy you must be, but hey God, do you ever think about me?"

Luckily, those moments are few and far between.

Still don't know who I'm talking about? This next one will give it away. It's about overcoming whatever life hands you with the right attitude. It's told in the form of a story about two people - Tommy and Gina - and it begins with "Once upon a time, not so long ago."

"We've gotta hold on to what we've got. It doesn't make a difference if we make it or not. We've got each other, and that's a lot. For love we'll give it a shot. Whoa, we're halfway there; whoa, livin on a prayer. Take my hand and we'll make it, I swear. Whoa, livin' on a prayer."

That's right, the great philosopher who wrote all of this is none other than Jon Bon Jovi. Not too shabby for someone who even called himself "just a singer in a long-haired rock-n-roll band."

Bill Stickels III is editor of the Isanti-Chisago County Star. He can be reached at 763-689-1181 ext. 107 or editor@countystar.com.



LETTERS TO THE EDITOR

Kwik Trip should locate west of Cambridge

To the editor,

There are Kwik Trip station/stores in Isanti, St. Francis, Princeton and Mora, and two (two!) in North Branch. The hiring office is in Cambridge, but there are no Kwik Trips in Cambridge.

The southwest corner of Highway 95 and County 14 is a perfect place for a gas station/convenience store. With Grapepointe Crossing townhomes, apartments, assisted living, Care Center, all the employees, the community college at the south side of Highway 95, and a proposed housing development, there are currently more than 300 people living, working and going to school here, with the possibility of many more.

We have been hoping for a convenience store/gas station to be located here for a long time. West of the river is going to develop sometime, why not now? If not Kwik Trip, then who?

Kathryn Wilson
Cambridge

Immigration requires planning, management

To the editor,

In the September 5th issue of the Star Doylene Voligny wrote an interesting letter about jobs and immigrants.

I found it interesting because basically she made a true statement: the USA needs immigrants. All countries need immigrants.

I have read her short note

several times, and the unsaid message I perceived has bothered me. I got the impression she stated unrestricted, open migration.

Immigration is an item that requires very close management and planning - planning and management - to set a quota for the skills there is an existing or expected shortage of.

Management - because no country can allow an unfettered flow of people into its borders. No matter how wealthy a nation may be, that wealth can rapidly disappear if too many are draining its resources.

John von Lange
North Branch

We are slaves to government taxation

To the editor,

We have significantly less freedom than our parents had or we had just a few short years ago. Disregarding the endless stream of new laws and regulations pouring out of St. Paul and Washington D.C., our huge tax burden is a significant loss of freedom. At a minimum, nearly half of our incomes are confiscated as state and federal income taxes, payroll taxes, real estate taxes, fuel taxes, sales taxes, excise taxes, liquor taxes, tobacco taxes, etc., that we pay directly.

Buried in the price of everything we purchase are taxes paid by the product manufacturer, distributor and retailer: state and federal corporate income taxes, payroll taxes, unemployment taxes, property taxes, sales taxes and fuel taxes. Corpora-

tions do not pay taxes, we do.

One dictionary definition for slave is: "a person who has lost control of himself and is dominated by something or someone." We have "lost control" of more than half of our incomes and are clearly "dominated by something or someone."

With the huge deficits being generated in Washington D.C., our children, grandchildren and even great-grandchildren have "lost control" before they ever had any.

Without exception, Democrats' solution for budget deficits in St. Paul and Washington D.C. is to raise taxes, never to reduce spending and control of our money.

David Greer
Cambridge

Thanks to many for Water Fest success

To the editor,

The 17th annual Chisago County Children's Water Festival was a great success due to the help and support of our presenters, volunteers and sponsors.

Over 600 fifth grade students attended the festival on Thursday, Sept. 19. During the past 17 years, over 11,800 students have attended the festival. Many of the students who attended the first festival in 2003 are now college graduates.

The mission of the festival is to provide youth and classroom teachers with an innovative, quality, hands-on learning

SEE LETTERS, PAGE 5

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Your Best Source for Community Information



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TALKING WITH THE EXPERTS

Marathon training includes mental as well as physical preparation

BY UNIVERSITY OF MINNESOTA
UNews@UMN.EDU



UNIVERSITY OF MINNESOTA

With the Twin Cities Marathon weekend set for Oct. 4-6, racers of all ages and skill levels will gather to run distances ranging from 3.1 to 26.2 miles. Chris Lundstrom, Ph.D., a School of Kinesiology lecturer who specializes in endurance training and performance, exercise physiology and sports science, answers questions about how to prepare for and enjoy a marathon.

Q: Do you have any advice for first-time marathoners?

Prof. Lundstrom: Your first marathon is something you'll never forget. There will be ups and downs — knowing that going in will help you be prepared to deal effectively with whatever the marathon throws your way. If something goes wrong, don't panic. Just figure out how to best deal with it, and then keep moving forward.

Most importantly, try not to get too caught up in the excitement of the event during the first few miles. Many people make the mistake of starting out at a faster pace than they have done on their long runs. This leads to premature fatigue, and a very long last few miles.

Use the excitement of the crowds and the atmosphere to fuel you over the last few miles, where you will really need it.

Q: What kind of training does it take to successfully run a marathon and, for amateur runners, what should a typical marathon training plan look like?

Prof. Lundstrom: There is a pretty wide range of marathon training plans depending on the goals and experience level of the runner. At a minimum, I would recommend running three to

Preparing to run a 26.2-mile marathon requires months of graduated running preparation, and can be supported with mental skills of imagery, self-talk and relaxation techniques.

four days per week consistently for the three to four months prior to the marathon. One of those days per week should be a long run, which may start at only five to six miles, but will increase gradually to 20 miles.

In addition, doing some muscular strengthening exercises at least once per week is important for marathon runners.

Q: What are common injuries associated with marathon running and how can they be prevented?

Prof. Lundstrom: There are many common running injuries, including runner's knee, iliotibial band syndrome, shin splints, plantar fasciitis, stress fractures and Achilles tendonitis.

There's no surefire way to prevent running injuries, but there are a few things you can do to reduce the incidence. The first is to use proper running shoes that are the right type for your foot and biomechanics. Some runners need additional support and stability in their shoes, and others are better off in a neutral shoe.

The second is to increase training in a gradual manner, avoiding large jumps in mileage or intensity of training.

Q: How much of marathon running is mental? Are there methods to prepare your mind as well as your body?

Prof. Lundstrom: Obviously, you can't neglect the physical training and be prepared for the

marathon, but I would say the same is true of the mental side of running. Runners have a wide range of mental skills and tools that they can use to help navigate the challenges of an event like the marathon. Those skills should be practiced throughout training.

Some of the most commonly used mental skills for runners are imagery, self-talk and relaxation

Imagery involves seeing oneself running the marathon and mentally rehearsing the event prior to race day. Self-talk is a means of taking the inner dialogue that we all experience and harnessing it for more productive purposes. Focusing on specific phrases at different times during the race allows a runner to redirect thought patterns away from potentially damaging, negative thoughts to more helpful and productive ones. Relaxation is critical before and during the marathon. Being able to find a state of both mental and physical calm can spare energy for when it is needed most, later in the marathon.

Q: What is your current research in exercise focused on?

Prof. Lundstrom: Some of my current research is focused on the energy cost of running, particularly in marathoners. It is my hope to gain a better understanding of how and why some runners are able to cover the same distance while utilizing less energy than other runners. This has important implications in marathon training and preparation, as well as in helping to understand the limits of human performance.

Chris Lundstrom is a lecturer in the College of Education and Human Development's School of Kinesiology. His research interests center on endurance exercise training and performance. More specifically, he is interested in running economy, aerobic capacity, metabolic substrate utilization and heart rate variability.



Snowflake Parade entry forms now available

CONTRIBUTED
CAMBRIDGE AMBASSADOR PROGRAM

The 23rd Annual Lighted Snowflake Parade is set for Saturday, Nov. 23, in downtown Cambridge.

The parade route will be the same as last year, starting at the intersection of 2nd Avenue and Fern Street and heading north on Main Street near First Baptist Church, and ending in front of City Center Mall.

The start time for the parade is 5:30

p.m. so there is no conflict for those wishing to attend both the parade and the Cambridge-Isanti High School musical production.

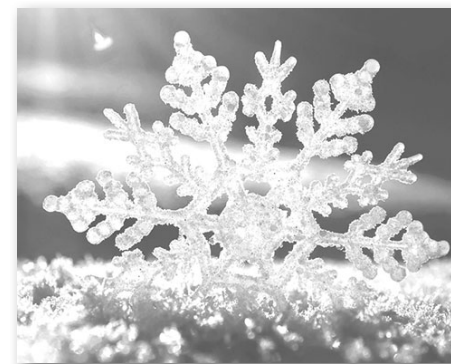
Registration forms for businesses and organizations desiring to enter this year's line-up are available on the North 65 Chamber of Commerce website at www.north65chamber.com. Click on the Cambridge Ambassador Program icon in the bottom right corner to access the form.

Only the first 80 completed entries

will be accepted in order to keep the parade length to less than one hour.

The Lighted Snowflake Parade is funded completely by donations and profits from the Community Chili Feed, which will be held from 4-7:30 p.m. the night of the parade in the area of SAC's Enrichment Center at Cambridge City Center Mall.

To support this year's event, checks can be made out to "Snowflake Parade" and sent to Laurie Solle, 28626 Drake St. NW, Isanti, MN 55040.



NORTH 65 CHAMBER

LETTERS: Continued from page 4

opportunity highlighting the relationship and interdependence of water to all living things. Students learn about stream health, fish and water mammals, aquatic invasive species, watersheds, erosion and why our lakes, rivers and ground water are such treasured resources.

They sing songs, watch a play, try on a beaver costume, and hear from a professional meteorologist. But most of all, the students learn that the quality of our water is determined by what we do on both the land and water.

The Children's Water Festival would not be possible without generous donations of time and resources from a variety of sources. The Festival Planning Committee recognizes their efforts to provide quality water education for today's youth through the festival. Their interest in protecting our valuable water resources is evident through their support.

This Festival would not have been possible without the dedication of the

Festival Planning Committee. Their devotion to this educational experience for the fifth graders of Chisago County is at the heart of this event. Thanks to: Janine Kohn (DNR Project WET); Susan Humble (Chisago Soil & Water Conservation District); Chisago County's Paul Dennison, Monica Kinny, Julia Narow, Jerry Spetzman and Susanna Wilson Witkowski; Timothy Buttles (University of Wisconsin River Falls); and Claudia Alm (Wild Mountain Recreation Area).

Please let Festival Planning Committee members know if your organization is interested in supporting the festival in 2020.

For more information, please contact Susanna Wilson Witkowski, Water Resource Manager, Chisago County, at 651-213-8380 or susanna.wilson@chisagocounty.us.

Susanna Wilson Witkowski
Chisago County
Water Resource Manager



FARM – ESTATE AUCTION • SATURDAY, OCTOBER 5, 2019 10:00 AM
Thames Ave – Stacy (Linwood) MN

Farm/Estate Auction, over 50 years of accumulated farm and household items to sell. Highlights: Silverado Plow Truck, Allis Chalmers tractor, garden tractors, trailers, JD Hay rake, JD parts, car/motorcycle parts, wheels, motors, car dolly, car ramps, snowmobile, snow blower, antiques, collectibles, vintage, brass & wrought iron, toys, Big Chief smoker, furniture, sporting goods, hand/power tools & so much more. Way too much to list.

Two rings so bring a friend. Check our website for pictures & more details.

Directions: From I-35, take the Stacy Exit (#139- Fawn Lake Drive) and go west approx. 5 miles to Thames Ave.

Left (south) on Thames 2 blocks to auction. Follow Signs.

Terms of sale: Cash or good check. No credit cards for this auction. 10% buyers premium. Driver's License/ID required to register.

www.gregschnellerauctions.com

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OBITUARIES

James L. Swanson

James Levon Swanson, age 79, died on Saturday, Sept. 21, 2019, at Abbott Northwestern Hospital, surrounded by his family.

Jim was born in Fish Lake township on July 19, 1940, to Levon and Esther (Forslund) Swanson. He was a life-long resident of the Cambridge area.

In the early years, he helped on his dad's farm, driving the tractor and taking care of the animals.

He graduated from Cambridge High School in 1958, where he met the love of his life, LaDonna Jean Packer. He started working at Hobart Manufacturing in Minneapolis.

Jim and LaDonna were married on July 1, 1961, at the Cambridge Methodist Church. They went on to have three beautiful children.

Jim then went on to work at Basic Industries as shop superintendent.

In 1981, he and John Kipping opened Ideal Industries, Inc. in Princeton.

Jim was an avid golfer and curler. He also loved to fish and deer hunt. He spent many years organizing the annual deer hunting camp and loved being the camp cook.

He had a great sense of volunteerism and was actively involved as a Mason/Shriner, was a past patron of the Eastern Star, served as President of the Cambridge Curling Club board and the Isanti County Fair Board.

Jim also sponsored the Ideal men's softball team for many years and was always in the stands cheering them on.

Jim and LaDonna bought their house on Green Lake in 1994, and his family and friends spent 25 years enjoying the beach, the lake, their wonderful neighbors and many campfires on summer nights.

He retired at the age of 58, after which Jim and LaDonna enjoyed seven years in Mesa, Arizona, on Desert Sands golf course.

His greatest delight was following his four grandchildren in their many sports and activities. He also had the privilege of watching his great-grandson, Gavin, play baseball for the last few summers.

Jim was preceded in death by parents, Levon and Esther Swanson; father and mother-in-law Lee and Dee Packer, brother Dean Swanson and nephew Ronnie VanSickle.

Jim is survived by LaDonna, his wife of 58 years, children Bradley (Linda) Swanson, Michael (Mel) Swanson, Randa (Todd) Urness; grandchildren Tyler (Graci Enerson) Swanson, Derek (Gloria) Swanson, Mackenzie (Joe) Ramberg, Morgan Urness; great-grandchildren Gavin, Tucker, Odessa and Riley; sister Janice (Don) VanSickle; sister-in-law Lynne Swanson; brother-in-law Gary Packer; along with nieces, nephews, cousins and friends.

Funeral services will be held at 11 a.m. Friday, Sept. 27, 2019, at Cambridge Lutheran Church with Rev. Keith Kolzow officiating. Pallbearers will be Tyler, Derek, Doug and Dean Swanson, Joe Ramberg, and Dan VanSickle. Visitation is Thursday 5-8 p.m. at Carlson-Lillemoen Funeral Home in Cambridge and one hour prior to the service at the church. Online condolences at www.carlsonlillemoen.com.



Jeanette E. Emmons

Jeanette Elaine Emmons, age 94, of Cambridge, Minn., passed away Thursday, Aug. 29, 2019.

She was born Nov. 16, 1924, in Taylors Falls, Minn., to Edward B. Gustafson and Luella Nelson Gustafson.

She was preceded in death by her husband Leonard D. Emmons DC.



She is survived by her children Marcy (Wayne) Overby, Judy (Mel) Paich, Michael (Cheryl) Emmons; grandchildren Kelli (Nicholas) Danger, Jill (Shawn) Overby, Philip and Clair Emmons; great-grandchildren Elise, Alexander and Andrew Overby; nieces and nephews.

Jeanette was a loving and devoted wife and mother. She loved spending time with family and friends, gardening, watching birds, fishing, and spending time at the cabin with winter trips to Texas and Mexico.

She was a charter member of the Cambridge United Methodist Church, and Past Worthy Matron of the Order of the Eastern Star.

No public services will be held. Memorials preferred to donors' choice.

Leslie C. Juusola, Sr.

Leslie Craig Juusola, Sr., age 68, of Cambridge, Minn., passed away on Oct. 4, 2018.

He was preceded in death by a son, Leslie Craig Juusola, Jr.



He is survived by his siblings: Sue Hunter, Todd Juusola (Wendy), Scott Juusola (Johna), Vicki Smith (Tony); grandchildren Emma, Henry and Tommy; long-time companion Noreen Krause, and many other loving family and friends.

Leslie was a U.S. Navy veteran, retired from Ace Solid Waste Management.

A celebration of life will be held at Fort Snelling National Cemetery on

Friday, Oct. 4, 2019, at 12:30 p.m. with a luncheon to follow at Everett McClay VFW Post 1296, 311 W. 84th St., Bloomington MN 55420.

Send your business news, accomplishments and awards to editor@countystar.com.

BIRTHS



Bennett Dale Clemons

Bennett was born on Sept. 6, 2019, at Cambridge Medical Center, and weighed 6 pounds 3.8 ounces. Parents are Jennifer Cordes and Joshua Clemons of Cambridge. Grandparents are Steven and Sandy Clemons of Princeton; Brian Cordes of Coon Rapids. Great-grandparents are Robert and Marjorie Wherley of Preston.

NAMES IN THE NEWS

Koran appointed to Opioid Advisory Council

CONTRIBUTED
MN SENATE



Senator Mark Koran

Senator Mark Koran (R-North Branch) was recently appointed to the Opioid Epidemic Advisory Council which was created to develop solutions to the opioid crisis.

This new council is comprised of a variety of members including tribal leaders, legislators, healthcare professionals and more. They will utilize their unique backgrounds to collaborate and create a plan to fight the crisis.

"Families are impacted by this epidemic every day," said Senator Koran. "The members of this council realize we have a great responsibility to the people of Minnesota to end this cycle of pain and loss."

The council will make recommendations which will be funded by the Opioid Epidemic Response Fund that is made up of fees collected from opioid prescribers and drug manufacturers. They will meet for the first time on Sept. 27, and will make their final recommendations in March 2020.

NAMES IN THE NEWS

Chisago County youth win 4-H awards for horsemanship

CONTRIBUTED
CHISAGO COUNTY 4-H

Claire Grube and Lauren Olson, both of Chisago County 4-H, were honored with the Dan Patch Youth Leadership Award and Dan Patch Top Ten Award at the State 4-H Horse Show held at the Minnesota State Fairgrounds Sept. 13-16.

Every year since 1966, 4-H Horse Project members can apply for a Dan Patch award. Recipients exhibit a broad base of Learning, Leadership, and Service within the 4-H Horse project, other 4-H project areas, and within their community.

There are two divisions for the Award: 6-9th grade is called Youth Leadership (Claire's award) and 10-12th grade is called Dan Patch (Lauren's award).

In order to apply, participants must have been enrolled at least

two years in the MN 4-H Horse or Horseless Horse Project and have participated in at least one horse-related leadership role. All applicants submit a two-page resume and an eight-page portfolio, in which they are judged on three components: Learning, Leadership and Service.

The top six scorers in Youth Leadership and the top 10 in Dan Patch earn a State Show Trip where they can compete in any event in which they earned a blue ribbon at the county level. They get to stall in the center aisle of the horse barn. They receive an embroidered shirt, a plaque and a name badge. Grand Entry is held on Saturday evening of the show with every county represented. These youth, along with their parents, are welcomed into the Coliseum and formally presented their awards.



CONTRIBUTED

Claire Grube received 4-H's Dan Patch Youth Leadership Award given to students in 6-9th grade.



CONTRIBUTED

Lauren Olson received 4-H's Dan Patch Top Ten Award for students in 10-12th grade.

guide

Assembly of God

Access Church

4359 392nd St. North Branch, MN 55056 Sundays at 9am & 10:30am. www.accesschurchonline.org 651-674-7531. Kevin Haseltine, Lead Pastor

Baptist

First Baptist Church

304 S. Main St., Cambridge, 763-689-1173. Call the church office or visit our website for current service times and programs. firstbaptistcambridge.org

North Isanti Baptist Church

Lead Pastor: Travis Blake 2248 313th Ave. NE, Cambridge, MN 55008. www.nibchurch.com Email: nibchurch@msn.com 763-689-3576. 8:30am Worship Service (traditional style) 10:45am Worship Service (contemporary style)

Springvale Baptist Church

5-1/2 miles NW of Cambridge at Jct. of Cty Rd 14 & 6. 763-689-1373. Pastor Charles Kieffer. Sunday School 9:30am from Sept. to May. Morning Worship 10:30am. Second Sunday Potluck Dinner; Wednesday 7:15pm Adult Study

South Isanti Baptist Church

3367 Cty. Rd. 5 NE, Isanti. 763-444-5860, Pastor Bob Venneman. Sunday Worship 9:30am. Wednesday "Life & Light" Bible studies for all ages. Adults & children. For info call or go to southisantibaptist.org.

Sunrise Bible Church

41300 Second St., North Branch, Pastor David Stertz. Sunday school for all ages 9:30am, Sunday morning Worship 10:30am, Sunday evening 6pm, Wed. Kids 4 Truth & Bible studies for all ages 6:30pm. More info at sunrise bible church.org or 651-674-4107.

Catholic

St. Elizabeth Ann Seton

207 Whiskey Rd NW, Isanti, MN. 763-444-4035 Email: annseton76@gmail.com. Mass: Tues. & Wed. 7:30am. Sun. 8:30am. stelizabeth-isanti.org.

Evangelical Free

Dale Evangelical Free Church

45268 Brunswick Rd, Harris, MN 763-689-5817 Pastor/Teacher Dr. Harvey Martin. Sunday School – all ages 9am. Sunday Service 10:25am. www.daleefc.com

Kost Evangelical Free Church

37405 Kost Trail, North Branch, MN 55056. Jct. of CR 11 & CR 72, SE of North Branch. 651-583-3281. Pastor, Josh Jensen Kost Student Ministries Mondays 6:30pm. Worship Service Sundays 9:30am. More info: www.kostefc.org

Oxlip Evangelical Free Church

9am Worship Service. 10:15am Coffee Fellowship. 10:45am Sunday School. Mon. 6pm Sr. High Youth. Wed. 6:25pm AWANA/ Jr. High Youth. Tues/Thurs. 9am Bone Builders. Pastor Leroy Scheumann. 29237 Roanoke St. NW, Isanti 55040. www.oxlip.org Email: oxlip@oxlip.org. 763-444-5134

Lutheran

Braham Evangelical Lutheran Church (ELCA)

320-396-2755. West Central Dr. & Cty Rd 4 in northwest Braham. Pastor Julie Beck. Sunday 9:00am Worship Service. Office hours 9am-Noon Tuesday-Friday. Radio service Sunday at 9:30am (KBK 95.5 FM)

Calvary Evangelical Lutheran Church Of Rush Point (ELCA)

Pastor Vicki Vandervegt. 320-358-4829, 600 Rush Point Dr. 10am Worship with nursery available. 11am Fellowship my.calvaryofrushpoint.org. Office: calvaryrushpoint@gmail.com

Cambridge Lutheran Church (ELCA)

621 Old North Main Street, Cambridge. 763-689-1211 8:45am Traditional (Sanctuary). 9:00am & 10:30am Contemporary (Commons). KidZone Kids' Ministry dismissed from all services. cambridgelutheran.org. Facebook: Cambridgelutheran

Christ Ev. Lutheran Church (WELS)

32962 Vickers St. NE, Cambridge, 763-689-5333 Pastor Samuel L. Biebert. Sunday Worship 9am, Sunday School/Bible Class 10:30am www.christcambridge.com

Faith Lutheran Church (ELCA)

2nd & Main, downtown Isanti 763-444-9201 Interim Pastor John Kerr Sunday Worship 9:30am Home of Heavenly Sunshine Preschool. During school year: Sunday School 8:30am (starts Sept. 15), Kingdom Kids Wednesdays 6pm, grades 1-6 faithlutheranisanti.com

First Lutheran Church (ELCA)

43779 Gates Ave., Harris. 651-674-4498. Handicapped accessible. Pastor Caroline Harthun-Wooldridge. Sunday Worship 9:30am, with Sunday School 10:30am coffee and fellowship. Email: firstlutheran@q.com www.firstlutheranharris.org

Joy Lutheran Church (Missouri Synod)

1155 Joy Circle, Cambridge. 763-689-4355. Pastor Daniel Lewis. Sunday Services: 8:00am Traditional. 10:30am Contemporary. Sunday School 9:15am. www.joylutheran.net

Long Lake Lutheran Church (ELCA)

3921 277th Ave NW Isanti, MN 55040, 763-444-5315. Pastor Sue Olson Worship at 8 & 9:30am. Sunday School Education hour 9:30am. Wednesday Worship and Childrens Church 6pm. longlakeluth.org

Salem Lutheran Church

4638 381st Ave. NW, Dalbo, MN 55017. 763-689-1687 Join us for worship every Sunday at 10:30am, Sunday school for 3 yrs to 6th gr. begins at 10:30am. Coffee fellowship after worship www.salemlutherandalbo.com

Spring Lake

Lutheran Church (ELCA)

8440 Erickson Road, PO Box 958, North Branch, MN 55056 (9 mi. E. of Cambridge on Hwy. 95, North one block on Erickson Road). 651-674-4606. Pastor Vicki VanderVegt. slchurch.org Email: slchurch@gmail.com.

Thurs., Sept. 26 9:00am Men's Coffee at County Market

7:00pm Women of Grace Bible Study

Fri., Sept. 27 6:00pm Friday Night Fellowship

Sun., Sept. 29 8:30am Worship

9:30am Fellowship

9:45am Kid's Time for all ages

Tues., Oct. 1 7:00pm Council meeting

Wed., Oct. 2 6:30pm Confirmation at Spring Lake

St. John Lutheran Church (Missouri Synod)

28168 Jodrell St. NE, North Branch Located 6 mi. E. of Isanti on Co. Rd. 5; (or 7 mi. W. of North Branch on Co. Rd. 5); then 1-1/2 mi. S. on Co. Rd. 12. 763-444-5988, Paul Anderson, Pastor; Sunday 9am Worship; 10:20am Adult Bible Study; Thursday 6:30pm Bible study. Email: stjohnlutheran@att.net

St. John's Evangelical Lutheran Church (LCMC)

31075 Genesis Ave., Stacy, MN 55079 651-462-5115. Pastor Ben Hollingstead. 8am and 9:30am Services, Sunday School during 9:30am Service. Email stjohns@midconetwork.com. Website - stjohnlutheranchurch-stacymn.org

St. John's Lutheran Church (Missouri Synod)

980 West 4th Street, Rush City, Pastor Tim Renstrom 320-358-3623, Sunday 8:45am Worship, 7:30am Rise & Shine Bible Study, Monday 10am Longer Look Bible Study. stjohnrushcity.org

St. Stephen's Lutheran Church (Missouri Synod)

400 SE 8th St., (Isanti #4 E.), PO Box 37, Braham. 320-396-3103. Tim Renstrom, Pastor. 9:00am Sunday School & Adult Bible Study. 10:15am Worship. ststephensbraham.org

Trinity Lutheran Church (ELCA)

38460 Lincoln Trl, North Branch. 651-674-7047. Pastor Jon Yurk. Worship Sundays 8am & 10am, Coffee Hour 9am, Sunday School 9am. Email: office@trinitynorthbranch.org or visit www.trinitynorthbranch.org

Methodist

Common Ground - A United Methodist Community

404 North Cypress St. North, Cambridge. 763-689-2071. Pastors Amelia & Andrew Buschena. Sunday 9:30am Worship. Livestream of services and more info at commongroundumc.org. Everyone Counts!

Main Street Church

6500 Main St., North Branch, MN, 55056. 651-674-4090 Pastor Ralph Holbrook Worship Service and Nursery 10:00am www.mainstreetfamily.org

Spirit River Community A United Methodist Church

1321 Heritage Blvd. NE, Isanti, MN 612-888-4255. Reverend Pastor Guy E. Sederski. Sunday Worship Service and Christian Education 10:30am. spiritrivcomm.org

Non-Denominational

Bethesda Church

38180 Hemingway Ave., North Branch, MN 651-674-5873. Pastor Mark Huber. 9am Worship Service. 10:30am Sunday School and adult Bible studies. bethesdachurchnb.com

Lakeside Christian Church

32393 Rendova Cir. N.E., Cambridge (3 mi. E of Cambridge just off Hwy. 95). 763-689-3649. Ministry Coordinator Jeff Bonkoski. Administrative Assistant Sharon Dahl. Sunday 9:30am Worship. Retreat house & personal retreat cabins available. Call for reservation. Email: lakesideseccretary@gmail.com. lakesidechurchcambridge.org

Journey of Faith

Bible based worship. 651-600-9878. faiththroughaction777@gmail.com. Sunday fellowship 9am Worship & Youth Ministry 10am Come as you are. All welcome. Junction Bowl. 123 Cajima Street, NE, Isanti. Refreshments served.

NorthBrook Church

Meeting at North Branch Area High School Auditorium. Church Office: 651-277-0100 Frank Gomes, Pastor. Come join us at 10am Worship Service – nursery provided – children's church (2 yrs old-2nd gr.); Mon. - Fri.: (call for details) "Life Groups", Bible Studies, Youth Ministry. Email us at office@nbchurchmn.org or visit us on the web at nbchurchmn.org

River of Life Church

Meeting at 150 Birch St. N., Ste 170, Cambridge. (Across from Minnco Credit Union) Mark Radeke, Pastor. 763-689-5115. Sundays 10:15 am. riveroflifehome.com

River Valley Christian Church IHS

"Allowing the Holy Spirit to Transform Lives" 37126 Hwy 65 NE, Stanchfield MN (just North of Grandy on the West side of 65). Sunday Morning Worship & Children's Church 10am, Sunday Night Believers Service 6pm, Wed. Night Worship & Bible Study 6:30pm. Pastor Tom Bakke (763) 689-6987 Church Office – 34006 Petersburg St NE; Cambridge, MN 55008. We are a "Real Family, Loving Jesus, Loving Each Other, Loving the World." Visitors ARE Expected!

Pentecostal

The Journey New Life Church

601 Heritage Blvd NE, Isanti Pastor David L. Willis. Sunday 10am Worship & the Word & Kids' Church. Sunday 6pm Family Worship. Wednesday 7pm Family Breakout Classes. 763-689-4471. Thejourneynlc.org

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CONTRIBUTED

Custom bike rack donated to Isanti schools

Metal Coatings and Manufacturing Company, of Isanti, donated a new bike rack to Isanti Middle School/Minnesota Center. The custom rack includes the words "Isanti Middle School" and "Minnesota Center," plus large C-I cutouts on the ends. The school has seen a large number of students riding their bikes to school and is thankful for the gift to help accommodate the bikes. Pictured (from left) are Kelsey Merry, John Lindberg, Rylee Volk, Marc Volk and Mike Rosnow.



CONTRIBUTED

Author Juliet Cutler will speak on her memoir about life in East Africa at Scout & Morgan Books on Oct. 17 at 6:30 p.m.

Author will speak on time spent among Maasai in East Africa

CONTRIBUTED
SCOUT & MORGAN BOOKS

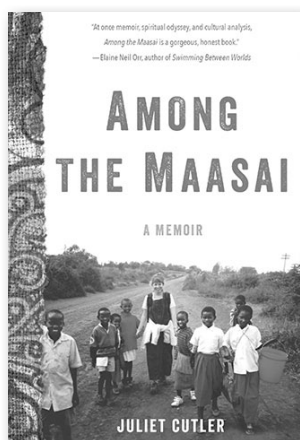
Scout & Morgan Books in Cambridge will welcome national author, educator and designer Juliet Cutler on Thursday, Oct. 17, at 6:30 p.m. Cutler will share her memoir, "Among the Maasai," which describes her life in East Africa.

A synopsis states, "In 1999, Juliet Cutler leaves the United States to teach at the first school for Maasai girls in East Africa. Captivated by the stories of young Maasai women determined to get an education in the midst of a culture caught between the past and the future, she seeks to empower and support her students as they struggle to define their own fates. Cutler soon learns that behind their shy smiles and timid facades, her

Maasai students are much stronger than they appear. For them, adolescence requires navigating a risky world of forced marriages, rape, and genital cutting, all in the midst of a culture grappling with globalization. In the face of these challenges, these young women believe education offers hope, and so, against all odds, they set off alone – traveling hundreds of miles and even forsaking their families – simply to go to school."

"Among the Maasai" is the 2019 Living Now Book Award bronze medal winner for an inspirational memoir by a woman.

Juliet Cutler is a writer, an educator, and a designer of award-winning exhibits for museums, parks, and cultural centers throughout the world. Her teaching ca-



reer began in Tanzania in 1999, and since that time she has been an activist for girls' education worldwide.

Cutler holds an MA in English from Colorado State University and a BS in education from the University of North Dakota. She currently lives near Atlanta.

Proceeds from the sale of this book support education for at-risk Maasai girls.

IGGY: Animal sanctuary also home to pigs, cows, sheep that can be visited

FROM PAGE I

She was delighted to see him living his best life.

Iggy is so popular with his fans, he is the only animal at Farmaste to receive his own mail. A recent package addressed to "Iggy the Goat" included a small brush to better scratch Iggy's favorite spot – right between his horns.

Iggy recently welcomed another "street" goat from the south metro into his herd. Buffy was found wandering the streets of South Saint Paul – she is believed to have escaped from a nearby live market.

Just like Iggy, she started out wary of her human caregivers, but with patience and Iggy's encouragement, she too is learning that humans are kind and Farmaste is a good place to call home.

In total, Farmaste is home to 22 rescued goats, sheep, cows, pigs, and one feisty barn cat. With continued community support, Farmaste will increase the number of resident animals to provide a safe and caring home for many more animals in need.

Farmaste's mission is to offer rescue, rehabilitation and a lifelong safe haven to abused and neglected animals. They also seek to educate the community through their public events, where visitors are able to see the animal residents as individuals with unique personalities.

Visit www.farmaste.org to meet the animal residents and learn more about Farmaste's planned events or follow the farm on Facebook at www.facebook.com/FarmasteAnimalSanctuary.

Farmaste Animal Sanctuary

12812 347th Street, Lindstrom

(651) 409-1309

Email: ktope@farmaste.org

Web: farmaste.org

Facebook: Farmaste Animal Sanctuary

TOURS AND WORK DAYS

Two public farm tours are held Saturdays through October at 11:30 a.m. and 3 p.m. to meet the farm's animal residents and tour the property.

Farm tours last 60-90 minutes.

The associated \$10 donation per adult and \$5 donation per child under 12 (maximum of \$30 per family regardless of number of children) will go directly to the ongoing care of the animal residents.

Reservations are not needed, simply come to the farm for 11:30 a.m. or 3 p.m.

Children under the age of five must remain in close proximity to their parents during the visit and will not be allowed in the pig and cow enclosures. Children who do not remain close to their parents may be asked to leave. Children under 16 must be accompanied by an adult.

Youth aged 16-18 must be with a parent or have a release signed by their parent prior to the tour.

This is for the safety of the animal residents and visiting children.

Private / Large Group Farm Visits can be scheduled for a \$100 fee. Contact the farm for information.

Private Work Days are available for a group of colleagues or service group to help around the farm.

Work day volunteers must be at least 12 years of age (those 12-16 years old must be accompanied by an adult; all volunteers under age 18 must have a waiver signed by a parent or guardian).

FIREWORKS: Residents may learn by email who gets fireworks permits

FROM PAGE I

enclosure.

After some discussion, it was decided that the logistics of notifying people of a fireworks permit was simply not feasible, and any distance chosen would be arbitrary.

County Attorney Jeff Edblad noted that residents in the county can sign up on the county's website for notifications via text message or email regarding numerous items, including the issuance of permits by the county. Therefore, if someone were concerned about fireworks taking place near their property, they can sign up to receive notifications from the county.

The county notification is free, and if anyone has problems signing up, they can contact the county auditor's office for assistance.

TRUTH IN TAXATION MEETING SET; PRELIMINARY LEVY AND BUDGET APPROVED

Once again this year, Isanti County, Cambridge-Isanti School District and the city of Cambridge will hold a joint Truth in Taxation meeting. The board approved a meeting date, time and location of Tuesday, Dec. 3, at 6 p.m. at the Richard G. Hardy Performing Arts Center (located at Cambridge-Isanti High School).

The preliminary levy approved by the board is \$23,225,583; an increase of 6.3%, and the preliminary budget is \$50,487,367.

"This is the preliminary – we are

setting the ceiling," commented Commissioner Susan Morris. "We can come down from here, and we had the conversation at the committee of the whole meeting that we will continue to try to find savings and ways we can bring it down before we set the final levy."

TWO PUBLIC HEARINGS SCHEDULED

The board scheduled two public hearings for upcoming board meetings.

The first would be a public hearing regarding the rezoning of two lots that were incorrectly zoned as water-oriented commercial, but should be shoreland residential.

The mistake was discovered when one of the property owners of the incorrectly zoned lots requested a permit to build a garage. The building of structures is not allowed in water-oriented commercial zones.

The public hearing will take place Wednesday, Oct. 2, at 9:30 a.m. in the county board room.

The second public hearing scheduled by the board relates to the county's feedlot ordinance. After a previous public hearing regarding the ordinance, the board sent the ordinance back to the planning commission to attempt to alleviate some of the issues raised during the public hearing. However, the planning commission does not recommend any changes at this time.

The public hearing regarding the feedlot ordinance will take place Wednesday, Nov. 6, at 9:30 a.m. in the county board room.



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Two-for-two: Class of 2020 recaptures 'Bluejacket Bowl' trophy



BILL STICKELS III | COUNTY STAR

Players from both the senior and junior teams react as the juniors score a touchdown just before getting "tackled" during the second-annual "Bluejacket Bowl" Powder Puff game held on Friday, Sept. 20, as part of Cambridge-Isanti High School's homecoming festivities.



BILL STICKELS III | COUNTY STAR

Senior Brooklyn Terwilliger (left) eludes getting her flag pulled as she makes her way to the endzone during the (not-so) competitive game. Terwilliger was easily the MVP of the game as she scored three touchdowns for the seniors, enabling the Class of 2020 to repeat as champions.

Donation of Thanksgiving food will yield Gopher tickets, MyPillow

CONTRIBUTED
THRIVENT FINANCIAL

Open houses at 13 Thrivent offices in and around the Twin Cities will kick off Thrivent's "Heart For Hunger" campaign on Oct. 1 in which donors can receive Gophers football tickets and MyPillows by making donations of food or cash to Union Gospel Mission Twin Cities' 62nd annual Thanksgiving food distribution.

The Cambridge Thrivent Financial office will host an Open House from 9 a.m. to 6 p.m. on Monday, Oct. 7, at 145 2nd Avenue SW. Donors are encouraged to bring a full grocery bag of designated Thanksgiving food items or \$35.

Each donor will receive a MyPillow and two University of Minnesota Gopher football tickets for the Oct. 26 game against the University of Maryland Terrapins at TCF Bank Stadium.

"Thrivent Open Houses and 'Heart For Hunger' are a perfect match for the food drive," said Kari Canfield, manager of Community Engagement for the Twin Cities Region of Thrivent Financial. "People want to make a difference, and they can do it directly at a Thrivent Office."

The Thanksgiving Grocery Bag list includes white rice, gravy mix, boxed stuffing and instant potatoes, brownie mix, canned green beans, whole kernel corn, peas and cranberry sauce.

Cub Foods gift cards for \$10 are also needed for recipients to purchase tur-



keys. For details on what to purchase for a Thanksgiving Grocery Bag visit ugmtc/heart4hunger or call 651-222-4949 or email thanksgiving@ugmtc.org.

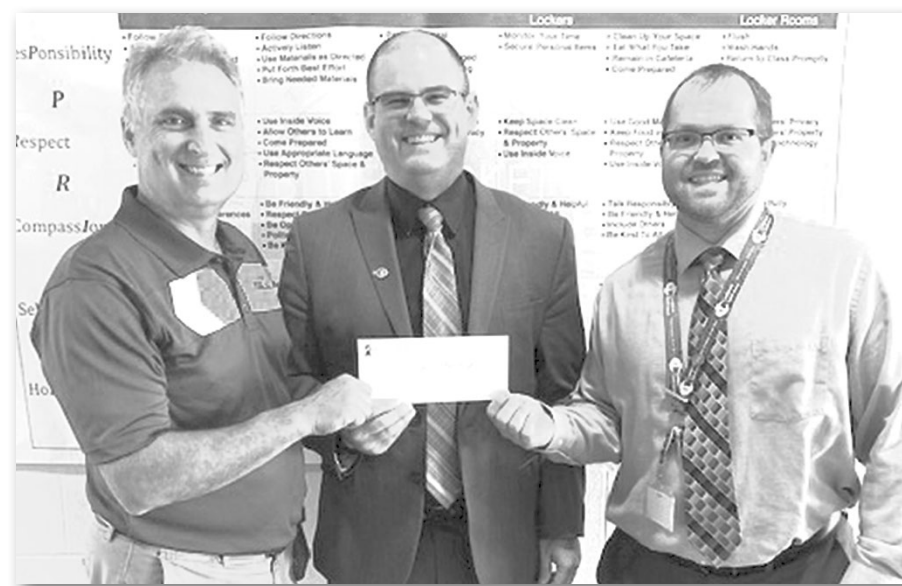
A cash donation of \$35, the approximate value of the groceries, can also be made.

"This partnership helps us make it a great Thanksgiving for families in need," said Dan Furry, communications and marketing manager at the Union Gospel Mission. "The open houses make it convenient for community members to contribute. Our goal is 60,000 meals for 2019."

Participating Thrivent offices include: Andover, Blaine, Bloomington, Burnsville, Cambridge, Cottage Grove, Edina, Golden Valley, Lino Lakes, New Hope, Roseville, Oakdale and Hudson, Wis.

Union Gospel Mission Twin Cities provides Christ-centered, discipleship-oriented programming, shelter and food to transform the lives of those experiencing homelessness, poverty and addiction.

Last year's Thanksgiving food distribution provided over 58,647 meals to families in need.



CONTRIBUTED

A donation from First Bank & Trust has enabled Cambridge-Isanti middle schoolers to hear the story of Columbine shooting victim Rachel Joy Scott in a program called "Rachel's Challenge," which encourages acceptance and compassion in students. Pictured are (from left) Isanti Middle School assistant principal Shawn Kirkeide, First Bank & Trust president Eric Wilttrout and Cambridge Middle School principal Chad Gerlach.

'Rachel's Challenge' event to remember Columbine victim, promote compassion

CONTRIBUTED
CAMBRIDGE-ISANTI SCHOOL DISTRICT

Isanti Middle School/Minnesota Center and Cambridge Middle School are teaming with the nonprofit "Rachel's Challenge" to enhance academic achievement and social-emotional learning by focusing on strengthening the connections between students, faculty and staff.

A donation by First Bank & Trust has allowed the middle schools to bring an event to the area on Monday, Oct. 7, at 6:30 p.m. at Cambridge-Isanti High School's Hardy Performing Arts Center, to positively impact students and staff in the areas of compassion and acceptance of others.

Rachel's Challenge is based on the life and writing of Rachel Joy

Scott, who was the first victim of the Columbine school-shooting tragedy in 1999.

Through the presentation and follow-up programming, students will be challenged to:

1. Look for the best in others
2. Dream big
3. Choose positive influences
4. Speak with kindness
5. Start their own chain reaction

The aim is to turn the ideals of kindness and compassion into actionable strategies which help promote safe and productive learning environments.

The public is invited to the event. For more information on the program visit <https://rachelchallenge.org> or call Melissa at 763-691-8602.

Senior exercise classes offered

CONTRIBUTED
COMMON GROUND: A UNITED METHODIST COMMUNITY

Faithfully Fit 2 is a faith-based, Christ-centered fitness class for men and women 55+. Classes are designed to help build the heart, bones, muscle strength and endurance and flexibility.

Starting Monday, Oct. 14, classes will meet Monday, Wednesday and Friday,

7:30-8:30 a.m. at Common Ground United Methodist Church, 404 Cypress Street N, Cambridge (enter at the back door). First class is free.

Class fees may be covered by insurance; if not, a donation is appreciated.

For more information, call Linda Mathias at 612-419-6560 or just show up the first day.

BLUEJACKET SOUNDBITES

BY CHRISTIAN BIEN
NEWS@COUNTYSTAR.COM

GIRLS TENNIS

The Jackets faced a pair of tough opponents last week, falling to both of them.

The first action for the week was on Tuesday, Sept 17, against Chisago Lakes at home. The Jackets lost all four singles matches and all three doubles matches for a rare 7-0 shut-out loss for C-I.

On Thursday, Sept 19, the Jackets took on Becker at home to redeem themselves. The Jackets would go on to lose all but one singles match in falling 6-1 to the Bulldogs. Ashley Ladd at second singles would be the only girl to get it done in a close match against Anna Ritchie of Becker.

The team's tournament at Elk River on Saturday, Sept. 21, got rained out.

BOYS SOCCER

The boys took on Chisago Lakes at home on Tuesday, Sept 17. Coming off a win against Zimmerman, the guys were looking to start a winning streak. They ended up losing to Chisago 1-0, but not without a fight. Tahtan Kassa saved 16 shots while also allowing only one goal throughout the game.

Their next game, on Thursday, Sept 19, against Becker was a nail-biter as well. Both teams were held scoreless going into the second half when Nate Larson scored the lone goal in regulation for the Jackets. Becker answered right back and sent the game into overtime. Becker would come out with the win in double OT. The final score was 2-1 in favor of Becker.

Their last game of the week was on Saturday, Sept 21, in a rare morning game time against Hope Academy. The game would wind up having to be halted midway through the first half due to a thunderstorm. The Jackets would score in both halves to win 2-0, courtesy of goals from Nate Larson and Erik Kindem.

GIRLS SOCCER

The girls soccer squad got their first bit of action last week on Tuesday, Sept 17, against Chisago Lakes. The team got picked apart, losing 0-9 to the still-undefeated Wildcats.

After losing by almost double digits, the Jackets looked to get redemption against Becker on Thursday, Sept 19. C-I took a commanding lead by going up 3-0 at halftime. Even with a small surge from Becker, the Jackets still took home a victory by winning 4-2 with three of those goals coming from Jordan Hillstrom.

CROSS COUNTRY

The only cross country meet this week was on Thursday, Sept 19, at Cold Spring.

For the guys Jaxon Jones (19th) and Henry

Abraham (20th) both broke the top 20. Jordan Merwin was the only girl to break top 20 with 17th. As a team, the boys took 6th and girls took 8th.

SWIM AND DIVE

For the second time in a week, the Jackets cruised to a home victory over a conference opponent, with this one over rival Princeton by a score of 99-79.

The Jackets took first place in seven of the first nine events, with the team swimming the remaining three events as exhibition only. Just like last week, the Jackets were paced by sweeping the top three spots in the individual medley race.

Since the team was favored to win going into the meet, the Jackets took the opportunity to give several girls valuable varsity experience, resulting in no one Jacket taking first in multiple individual events.

VOLLEYBALL

On Tuesday, Sept 17, the volleyball squad took on Becker. C-I was on a two-game losing streak heading into this contest. C-I fell to the Becker Bulldogs 3-2 in very close sets. After going down 2-1, the Jackets battled back in the fourth set to force a deciding fifth set, which they lost by a score of 11-15.

Makenzie Coplan and Ada Schlenker led the team, collecting 25 and 17 kills, respectively.

Their next match was on Thursday, Sept 19, where they traveled to Monticello in an attempt to break their losing streak. The results against the Magic were just the opposite as two nights before. This time, the Jackets held a 2-1 lead before allowing the Magic to even things up and force a deciding fifth set, with the Jackets this time prevailing by a score of 15-13.

Abbie Higley was a defensive standout in the win, collecting 25 digs. Setter Faith Nelson added 25 assists.

FOOTBALL

The Bluejackets had homecoming on Friday, Sept 20, facing former section foe Chisago Lakes.

C-I dominated the first quarter with two touchdowns from Gaven Ziebarth, including a 66-yard gallop on the first offensive play of the game.

However, it was downhill from there. C-I went scoreless in the next three quarters and fell 48-16. C-I couldn't stop the Wildcats' run game while Chisago's relentless defense held the Jacket offense in check.

Quarterback Connor Braaten went 15-23 for 111 passing yards. Gaven Ziebarth had 19 carries, 165 yards, and two touchdowns, with a majority of those coming in the first quarter.



BILL STICKELS III | COUNTY STAR

After running through the Chisago Lakes defense for big yards and two touchdowns, C-I running back Gaven Ziebarth was mostly stymied the rest of the game.



BILL STICKELS III | COUNTY STAR

Sophomore Zoey Pisula took first place in the 200 individual medley during the Princeton meet, helping the Jackets take an easy win over the Tigers on Thursday, Sept. 19.

BOMBER SOUNDBITES



SARA ANDERSON | COUNTY STAR

Luke Bendickson makes a leaping catch between two Deer River defenders during Braham's game against the Warriors.

BY BILL STICKELS III
EDITOR@COUNTYSTAR.COM

FOOTBALL

The Braham Bombers suffered their first defeat of the season at the hands of visiting Deer River by a score of 20-12.

Braham took an early lead in the game, scoring on a 1-yard touchdown run by Hayden Lee. After the two-point conversion was unsuccessful, Braham led Deer River 6-0 just 18 seconds into the game.

After that, though, Deer River took over, scoring three consecutive touchdowns to make the score 20-6 at the end of the third quarter. Braham would narrow the gap with just over five minutes left to play on a 58-yard touchdown pass from Lee to Reed Riesing. But once again, the two-point conversion was no good.

Braham couldn't get one last score in order to possibly tie the game up, making the final 20-12.

The Deer River defense held the Bombers, and specifically primary rusher Luke Bendickson in check, only yielding a total of 172 yards of offense.

The Bombers will look to bounce back as they travel way up north to take on North Woods this Friday.

VOLLEYBALL

Braham lost twice last week, but followed it up with a solid win to close it out.

On Tuesday, Sept. 17, Braham made the short trip to rival Rush City, falling to the Tigers 3-0. Braham couldn't quite get any momentum going in the three sets, losing 15-25, 17-25, 20-25.

Two days later, Braham made a slightly longer trip, this time to Pine City to take on the Dragons. While the Bombers still wound up on the short end of the score, it was a much closer match-up as Braham took the Dragons to a deciding fifth set. Each of the five sets were decided by four or less points, with Braham taking the first two sets, but then allowing Pine City to rally for the win.

Back home against Oglivie on Tuesday, Sept. 24, Braham quickly dispensed of the Lions, winning 25-11, 25-11, 25-9.

Braham currently sits at a 6-9 overall record.

CROSS COUNTRY

The Bombers headed over to the Milaca Mega Meet last Saturday, Sept. 21, competing as individuals in the massive race. Alison Shockman was the top finisher for the girls, coming in 86th among all freshman. For the boys, Kevin Laman came in 174th in the Division 4, small schools race.

C-IATHLETE OF THE WEEK Connor Braaten | Junior | Football

Sponsored by: Minnco www.minnco.com



From the coach: Connor is a great athlete and leader. Anything we need done, he is willing to do. He has shown tremendous growth as our QB this year. We are excited to see his growth this season.

Favorite thing about sports: It keeps me active and gives me a great challenge competing against other schools and athletes.

Person who has influenced you: My parents, because they have pushed me to be the best that I can be. My dad has especially assisted me in my growth by coaching me in three sports (football, basketball, baseball) from the age of 6.

How do you prepare for a game or meet?: Watch hours of film on my opponents to give my team the best advantage to win.

Highlight of athletic career: Being undefeated during my 7th, 8th, 9th and 10th-grade years.

Future goals: Taking my high school team back to state and to become the leading passer at Cambridge-Isanti.

NB ATHLETE OF THE WEEK Gavyn Jensen-Schneider | Junior | Football

Sponsored by: Lampert Lumber www.lampertlumber.com



From the coach: Gavyn continues to be a model student athlete for this football team. His work ethic in practice translates to his play on Friday, and his ability to remain positive is an asset to our team! Along with that, he is one of our leading tacklers as well as a solid blocking and receiving TE. We feel he is certainly deserving of Athlete of the Week!

Favorite thing about sports: I enjoy being on the team and being out there working with the guys. We've created some great bonds and memories!

Person who has influenced you: My older brother Lucas is the person that has most influenced me! I think in part because I'm super competitive, which always motivated me to try and beat him at everything. It was great when I reached a goal of playing varsity with him when I was a freshman and he was a senior.

How do you prepare for a game or meet?: I watch film and mentally prepare for what the opposing team is going to do.

Highlight of athletic career: I have two. The first one is my brother Lucas kicking an extra point vs. Hibbing my freshman year. The second one is my first drive playing as a freshman on varsity as an outside linebacker slapping the ball out of the TE's hand to prevent the first down.

Future goals: I'm not sure yet, but I do know that I'll be going to college.

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Isanti County
Sheriff's Office



2019 Fall Home Improvement

Things to consider before warming up next to your first fire this winter

There are many options for you to choose from, but the right options can often depend where you want to put your fireplace. Creating a plan and researching your options is the smart way to start.

ELECTRIC FIREPLACES

- Do not require venting as there is no source of combustion and no heat loss through a chimney.
- Many decorative styles to fit your needs and room.
- Great for supplemental heat.

LP & NATURAL GAS

- Great source of supplemental heat.
- Provide the look of a wood burning fireplace or wood stove without the mess or work.
- Can be either vented or vent free.

WOOD FIREPLACES

- Helps to lower your heating bills.
- The ambiance, romance and scent of a wood fire are other great reasons to install one in your home.

VENT FREE FIREPLACES

- Typically cost less than vented fireplaces to operate

and install. Have a 99.7% efficiency rating, and utilize the air already in the home. The burner in the gas heater is designed to burn and produce virtually no carbon monoxide or other hazardous fumes that need to be vented outside the home.

- Vent free products are not recommended for use in elevations over 5,000 feet.
- There are more limitations on vent free fireplaces due to local codes.

DIRECT VENT FIREPLACES

- Direct vent fireplaces are gas operated and heat rated.
- Vented needs a specific vent system to bring in and introduce fresh outside air and vent the exhaust from the unit outside the home.
- High efficiency and convenient installation are two of its features.
- Can be used practically anywhere
- Low cost installation due to compact and easy install
- Due to the sealed combustion technology, no full chimney is needed
- Glass panel provides extra safety assurance

- Always check with the local code authority to get a list of acceptable types of units that may be installed in your homes or garages

OUTDOOR FIREPLACES

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- Portable fireplaces
- Fire rings



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Fall Home Improvement

Roof Maintenance

Roofs get more abuse from the elements than any other part of the building, and preventive maintenance is a key element to saving money on your roof by providing a longer service life. It's important to inspect our roofs surface after any severe storm or day of excessive winds. At least 95% of leaks occur at points of flashing.

• **Clean all debris from the surface of the roof.**

This includes debris that has gathered behind HVAC units, pipes and pitch pans, and any other roof penetrations. Debris has a tendency to hold water, and water will expedite roof deterioration, especially if your roof is asphalt based.

• **If your roof has a gravel surfacing and there are some bare spots present, clean the bare spot thoroughly using a broom and a wire brush if necessary.**

Be sure to remove all loose dirt generated from brushing and sweeping. Blow on the area if need be. Spread a thin layer of asphalt roof cement over the bare area about 1/8 inch thick. Gather some loose gravel from other areas of the roof and embed it in the roof cement.

• **Check all flashings.**

Make sure that the flashings are not deteriorated and there are no holes in them. Routine inspections need to be performed on your roofing and your flashings. Lots of homeowners fail to properly check their flashing. But flashing that is poorly attached due to wind and poor weather conditions can cause open seams and laps. This can lead to blow-offs of roofing material, leaks and reduced puncture resistance. Flashing protects the most vulnerable part of the roof; it protects and provides a water-proof barrier between the actual roof's material and the structure beneath. If you find your flashing is in need of repair, it's best to do it immediately; if you wait- it can create more problems.

• **Keep all gutters free of debris.**

Make sure that the downspouts are draining properly by water testing them. Trim back any overhanging tree branches.

• **Check all caulking and sealants on flashings and copings.**

Scrape and remove any caulking that is weather cracked and damaged. Clean the area thoroughly. Use a wire brush if necessary. Reapply a polyurethane caulking.



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Walker Levande celebrates the fall harvesting season



BILL STICKELS III | COUNTY STAR

A variety of vintage tractors of all sorts of shapes, sizes and ages were on display during the first annual Fall Harvest Festival and Open House at Walker Methodist Levande senior living center in Cambridge on Tuesday, Sept. 24.



BILL STICKELS III | COUNTY STAR

The Wyoming Wanderers entertained the audience with their unique blend of music during the event, which also featured seasonal refreshments.

Church offers annual turkey dinner Oct. 6

CONTRIBUTED
FIRST LUTHERAN CHURCH

Roast turkey, dressing, mashed potatoes and gravy, squash, green beans, pies and more will be served at the 27th annual Turkey Dinner from 11 a.m. to 1:30 p.m. on Sunday, Oct. 6, at First Lutheran Church, 1000 Jay Avenue, Rush City.

A gospel music service begins at 9 a.m., and a silent auction will be open from 8 a.m. to 2 p.m. Bargains are available at the Dollar Store and home-baked goods are available at the Bake Shop.

Advance tickets are \$10 (\$11 at the door) for adults; the cost for children 5-11 is \$4, kids 4 and under eat free. Carryout meals are available.

Advance tickets are available at the church office (320-358-4076), Fabric Fashions and More and at Hair Do or Dye in Rush City.



BILL STICKELS III | COUNTY STAR

Confidence Clothes officially opens in North Branch

Amy Gavit, owner of Confidence Clothes Boutique (with scissors) cuts the ribbon to officially open her store located at 6372 Main Street, Suite C, in North Branch. The store, which offers unique clothing options for all ages, is located between Prism Design and Monarch Flooring. Joining Gavit for her grand opening are friends, representatives of the North Branch Chamber of Commerce, the city and customers.



CONTRIBUTED

Dancing Light will perform at Rush City Library on Oct. 1 at 6:30 p.m.

Duo fuses folk, classical, rock at library concert

CONTRIBUTED
EAST CENTRAL REGIONAL LIBRARY

The community is invited to East Central Regional Library's 60th anniversary program beginning with a musical performance by Dancing Light, followed by an open house reception on Tuesday, Oct. 1, at the Rush City Public Library, 240 W. 4th Street.

Set to perform at 6:30 p.m., Dancing Light members Greg and Kiki Carter fuse folk, classical, rock and pop genres to produce a musical blend that has been called cosmic acoustic. Greg's approach to acoustic guitar supports a gripping vocal blend, occasionally peppered with Kiki's percussion. Kiki is a classically trained musician influenced by folk, rock and musical theater.

"If we do our job well," Kiki said, "we transport ourselves and the audience to a place where the vibe is a little lighter, and the world shines a bit brighter."

The anniversary program continues with an open house from 7:15-8 p.m. All ages are welcome for the entire evening, and no registration is necessary. Don't forget to bring your 60th Anniversary Passbook, and get it stamped.

This program is funded with money from Minnesota's Arts and Cultural Heritage Fund.

For information call 320-358-3948. Keep informed of library events by visiting the events calendar at eclib.org and following East Central Regional Library on Facebook.

Seniors can laugh, learn and linger at Age Well Expo

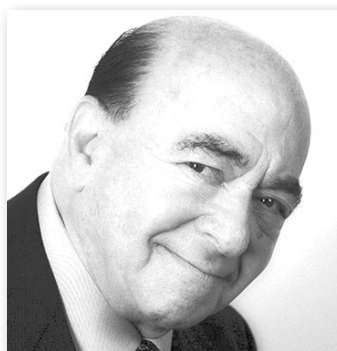
CONTRIBUTED
CHISAGO AGE WELL COALITION

The Chisago Age Well Coalition and Chisago Lakes Community Education invite the community to attend the first-ever Age Well Expo on Friday, Oct. 18, at Chisago Lakes High School in Lindstrom.

What is an Age Well Expo? "Call it a golden opportunity for people to enjoy themselves while taking advantage of free health screenings and exploring the multitude of resources available for older adults in the community," explains Natalie Matthewson, lead for the Age Well Coalition.

Doors open at 10 a.m. and close at 3 p.m. Throughout the day, guests can visit nearly 50 booths, sign up to win door prizes, and enjoy hot lunch and light refreshments with proceeds benefiting school student organizations.

Health screenings and information will be available on blood pressure, memory



Barry ZeVan

loss, balance, diabetes, aging safely at home, sleep solutions and an anti-inflammatory diet.

Michael Eichler, MD, of Total Eye Care, will offer several brief table talks on cataracts and cataract surgery. Stop by the Total Eye Care booth for time schedule.

Flu shots will be offered by Thrifty White. Bring a Medicare/insurance card.

SPECIAL SPEAKER AND FEATURES

A Sweet Adeline quartet will perform at 10:30 a.m.

At 11 a.m. enjoy a touch

of humor and nostalgia as Barry ZeVan speaks on "Age is Just a Number" in the performing arts center auditorium.

Remembered best as KSTP-TV's "peek-a-boo weatherman" in the 1970s, ZeVan says his talk will illustrate his personal examples "of not giving up just because ageism tries to dictate what we are supposed to do at an advanced age. I relate one of my favorite sayings by female author George Eliot, 'It's never too late to be who you might have been.'"

A hula demonstration will be offered at 12:30 p.m.

At 1 p.m. a five-member panel will speak on "Dementia: Diagnosis and Care" - from making a diagnosis to tips for self-care, support for family members and caregivers, and palliative care, and will conclude with a question and answer session.

Panel members include Terry Kopp, MD, Fairview

Chisago Lakes Clinic; caregiver Sheila Albrecht; Bill Walsh, MD, author of "Retaining the Mind: How the Foods We Eat Affect the Brain;" Allison Slipka, MN, RN, PHN, clinical manager, Fairview Senior Services; and Kelsey Bibeau, RN, clinical manager, Ecumen North Branch.

Admission is free. Guests should use the performing arts center entrance.

For more information on the Chisago Age Well Coalition and the Expo, find Chisago Age Well on Facebook or visit chisagoagewell.org.

FREE BUS RIDES TO EXPO AVAILABLE

Residents of Chisago County who need transportation to the Expo can call Heartland Express at 651-213-5790, mention the Age Well Expo, and ride for free compliments of Chisago Age Well Coalition.

Riders should call by Wednesday, Oct. 16, to schedule a ride.

Kids will enjoy animals, food and fun at 'Harvest Howl'

CONTRIBUTED
WILDLIFE SCIENCE CENTER

The Wildlife Science Center will celebrate the harvest season in their new location between Wyoming and Stacy with its annual Harvest Howl event on Saturday, Oct. 5, from 11 a.m. to 4 p.m. The address is 22830 Sunrise Road NE, Stacy.

Share family fun with live and educational demonstrations including Remarkable Reptiles, Native American dancing and wild ricing, raptor presentation by Chris Cold of the Wisconsin DNR, face painting, kids' games and a chance to meet animals of the Wildlife Science Center.

Guests can also enjoy Pharaoh's Gyros food truck and other vendors and artisans selling items.

Admission is \$15 adults, \$10 children, and 4 and under are free. All proceeds benefit the Wildlife Science Center, a 501(c)(3) nonprofit organization.

The Wildlife Science Center offers programs focused on education about the importance of conservation of natural resources and survival of endangered predators. The sanctuary is home to many wild animals such as foxes, cougars, owls and other raptors, lynx, bears and the largest resident wolf population in the United States.

For more information visit www.wildlifesciencecenter.org or call 651-464-3993.



CONTRIBUTED

Face painting is among the kids' activities at Harvest Howl.



BILL STICKELS III | COUNTY STAR

Annual golf tourney raises funds for veterans

The Cambridge American Legion presents the colors for the National Anthem prior to the start of the annual Beyond the Yellow Ribbon golf tournament held at Purple Hawk on Friday, Sept. 20.



BILL STICKELS III | COUNTY STAR

Unlike last year, the weather was almost perfect for this year's golf tournament, allowing participants ample opportunities to try out some of the traditional challenges such as the closest putt and chip to the hole. Proceeds from the fundraiser will support Isanti County military members and their families before, during and after deployment.



COUNTY STAR ARCHIVES

The annual Hayride for Food offers horse-drawn wagon rides, plus more family activities.

Free hayride to benefit Salvation Army

STAFF REPORT
NEWS@COUNTYSTAR.COM

The 10th annual Hayride for Food Drive fundraiser will be held on Sunday, Oct. 13, from 1-5 p.m. at 2675 377th Ave. NE, Cambridge (north of Cub Foods), with handicap accessible hayrides, kids' games, face painting, crazy

hair, baked goods, silent auction and a raffle to benefit the Salvation Army. Attendees should bring a nonperishable food item for the local food shelf. To donate supplies, baked goods or other items or for more information call 612-209-4469 or email FP_annual-hayride4fooddrive@yahoo.com.



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FIVE STAR STORIES

Here are the five most-read stories on our website from Sept. 15-21.

1. Cambridge repeats plea to alleviate railroad congestion
2. Frandsen offers all Braham seniors 2 years free at Pine Tech
3. Ask a Trooper: What is legal when it comes to ATVs?
4. North Branch delays road construction project
5. City of Isanti: CBD, okay. Toys and pipes? No way.

Go to countystar.com to see these stories and more from previous issues.



Movie event to raise addiction awareness

CONTRIBUTED

ISANTI COUNTY SUBSTANCE ABUSE PREVENTION & RECOVERY COALITION

A free public showing of the movie “Beautiful Boy” will be offered on Tuesday, Oct. 8, at 6 p.m. at the Braham Event Center, 655 8th Street SW, Braham, hosted by the Isanti County Substance Abuse Prevention and Recovery Coalition.

Based on the best-selling pair of memoirs from father and son, David and Nic Sheff, the movie chronicles the heartbreaking and inspiring experiences of survival, relapse and

recovery in a family coping with addiction over many years. “Beautiful Boy” stars Steve Carell, Timothée Chalamet and Maura Tierney. Chalamet was nominated for a number of awards, including a Golden Globe for Best Supporting Actor.

Parents should be advised the movie is rated R and is not appropriate for younger viewers.

Local resources will be available from treatment providers, law enforcement and recovery groups. Bottled water and popcorn will be provided.

For more information contact Deb N. or Michelle L. at 763-689-1711.



BILL STICKELS III | COUNTY STAR

The Healthy Hideaway officially opens in Isanti

Flanked by the Isanti Ambassadors, representatives of the city of Isanti, the North 65 Chamber of Commerce and friends and coworkers, Tammie Chelberg (with scissors) cuts the ribbon during The Healthy Hideaway’s grand opening on Friday, Sept. 20. The shop, which offers meal-replacement treats, along with yoga classes and other healthy-living activities, is located at 303 Credit Union Drive, Suite 2, Isanti.

Learn about ‘Father of the Green Revolution’ at meeting

The public is invited to a talk by Dr. John Haugo on the “Father of the Green Revolution” – Dr. Norman Borlaug (1914-2009) at the Vennelag 1-546 of Sons of Norway meeting on Tuesday, Oct. 15, at 7:00 p.m. at the Lindstrom Community Center, 13292 Sylvan Avenue, Lindstrom.

Borlaug has been called “the mild-mannered maverick who fed a billion people.”

Growing up on an Iowa farm and attending the University of Minnesota, Borlaug was responsible for developing new wheat varieties that helped feed millions of people throughout the world, particularly in Mexico, India, Pakistan and Africa.

For his work Borlaug was awarded the Nobel Peace Prize and is regarded as one of the world’s top three humanitarians, as well as the University of Minnesota’s most notable alum.

Dr. John Haugo’s presentation will highlight Borlaug’s Norwegian-American roots, his boyhood and education, his career and his many honors.

A short business meeting will be held at 6:30 p.m. followed at 7 p.m. by the presentation and then coffee and treats will be served.

Guests are always welcome at Vennelag meetings. For more information email smstrehlo@gmail.com.

Boyd Huppert to visit Cambridge

CONTRIBUTED

EAST CENTRAL REGIONAL LIBRARY

The community is invited to East Central Regional Library’s 60th anniversary celebration on Thursday, Oct. 10, beginning with a special visit by television personality Boyd Huppert at 6:30 p.m. and concluding with an open house reception at the Cambridge Public Library, 244 S. Birch Street.

Huppert got his start in broadcasting as a 16-year-old announcer at his hometown radio station in River Falls, Wisconsin. He majored in journalism and political science at UW-River



Boyd Huppert

Falls and began his television career in 1984 in Wausau, Wisconsin. Boyd worked at two more TV stations before joining KARE 11 in 1996.

Today, Huppert produces and hosts KARE 11’s weekly “Land of 10,000 Stories” segment. His writing and reporting have been recognized with 16 National Edward R. Murrow Awards. He was also entered into the Emmy Silver Circle for career contributions to the television industry.

Following his visit, people are encouraged to stay for an open house event until 8 p.m.

All ages are welcome for the entire evening, and no registration is necessary. Don’t forget to bring and have stamped your 60th Anniversary Passport.

This program is funded with money from Minnesota’s Arts and Cultural Heritage Fund.

For more information call 763-689-7390. To stay informed of all library events and programs, visit the events calendar at eclib.org and follow East Central Regional Library on Facebook.

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Random Facts About CARS

The Volkswagen Beetle was originally called “Kraft durch Freude Wage” (“Strength Through Joy Car”). The small car was named after an organization within the Third Reich. After World War II, Volkswagen chose to change the name.

Ask A Trooper: What is good advice for driving in dense fog?

Question: Can you give some advice on driving in fog? The fog became one car-length dense the other day, and it became a dangerous situation.



Ask a Trooper
Sgt. Neil Dickenson

Answer: Driving when the weather limits your visibility can be a challenge for all of us on the road. You can reduce your chances of being involved in a crash by following a few safety tips.

Minnesota law says that every vehicle on a roadway shall display lighted headlamps, lighted tail lamps, and illuminating devices from sunset to sunrise. The law also applies when it's raining, snowing, sleeting or hailing and at any time when visibility is impaired by weather or insufficient light, at a distance of 500 feet ahead.

Basic automatic headlights work through sensors which detect how much light is outside. These sensors

are located on the dash of the vehicle. The headlights turn on when the sensors detect a certain level of darkness or the level of ambient light.

The problem is there are limitations to automatic headlights. Sometimes they do not turn on during heavy rain, snow or fog, as the light sensor still detects some light.

I see many drivers that fail to physically turn on their headlights, which will also activate the rear taillights and marker lights. Drivers might assume the sensors will activate all of the vehicle's lights in reduced visibilities, but that is not always the case.

We also recommend what's called the 3-second-plus following distance rule. Watch the vehicle in front of you. When that vehicle gets past an object such as a sign, pole, bridge, etc., then count off three seconds. You should not arrive at that spot sooner than your count to three. If you do, then you are following too close!

Also, you must add one second for every hazard that exists. Hazards include but are not limited to heavy traffic, rain, snow, fog, driving into the

sun, etc. In some cases you might have to allow six, seven seconds (or even more) to be safe because of existing hazards.

If you eliminate all distractions while driving, you might be able to see a hazardous situation in time to avoid it or reduce the severity of a crash.

We recommend when driving in dense fog, heavy rain or snow to drive in the right lane of a two-lane roadway going in the same direction. In the event that a vehicle is traveling the wrong way, chances are that they will be in your left lane as they approach and pass by you.

When visibility is reduced, slow down, increase your following distances, manually turn on your lights and eliminate all distractions.

Sgt. Neil Dickenson is Minnesota State Patrol Public Information Officer for the state's northeast region. Send questions concerning traffic-related laws or issues to neil.dickenson@state.mn.us or by mail to Minnesota State Patrol, 1131 Mesaba Ave., Duluth MN 55811. Follow Dickenson on Twitter at @MSPPIO_NE.

ISANTI COUNTY COURT REPORT

The following felony charges were filed in Isanti County Court on Sept. 9-20, 2019. All individuals are presumed innocent until proven guilty.

Joshua William Behrends, (DOB 04/29/1986), of Bemidji, was charged Sept. 9 with DWI - traffic - operate motor vehicle under influence of alcohol; DWI - traffic - refuse to submit to chemical test; blood or urine as required by search warrant.

Matthew Wayne Kidd, (DOB 02/17/1989), of Brooklyn Center, was charged Sept. 13 with 5th degree drugs - possess schedule 1, 2, 3, 4 - not small amount marijuana.

Derek James Schwartz, (DOB 04/02/1984), of St. Francis, was charged Sept. 16 with check forgery - offer/possess w/intent to defraud.

Lance Michael Sauder, (DOB 03/03/1987), of Isanti, was charged Sept. 16 with 5th degree drugs - possess schedule 1, 2, 3, 4 - not small amount marijuana.

Dana Marie Henderson, (DOB 05/21/1997), of Cambridge, was charged Sept. 17 with theft - take/use/transfer movable property - no consent.

Mark Lee Odegard, (DOB 12/14/1967), of Pine City, was charged Sept. 17 with 5th degree drugs - possess schedule 1, 2, 3, 4 - not small amount marijuana.

Shane Martin Kristiansen, (DOB 01/20/1978), of Foley, Alaska, was charged Sept. 20 with 5th degree drugs - possess schedule 1, 2, 3, 4 - not small amount marijuana.

Sage Dedorian D. Wade, (DOB 11/24/1988), of Brooklyn Center, was charged Sept. 20 with possess ammo/any firearm - conviction or adjudicated delinquent for crime of violence.

CHISAGO COUNTY COURT REPORT

The following felony charges were filed in Chisago County Court on Sept. 9-20, 2019. All individuals are presumed innocent until proven guilty.

Kristopher Daniel Schwabe, (DOB 08/25/1978), of North Branch, was charged Sept. 16 with 5th degree drugs - possess schedule 1, 2, 3, 4 - not small amount marijuana.

Debra Ann Edwards, (DOB 04/17/1968), of Monticello, was charged Sept. 16 with receiving stolen property.

Michael Dennis Callais, (DOB 11/30/1961), of Cottage Grove, was charged Sept. 18 with two counts of check forgery - make or alter a check.

Monthly women's luncheon will feature teacups

CONTRIBUTED
CAMBRIDGE-ISANTI WOMEN'S CONNECTION

The Cambridge-Isanti Women's Connection (CIWC) will hold its monthly luncheon on Monday, Oct. 14. This month welcomes Bonnie Neisess from Milford, Iowa, with the message: "The Ultimate Treasures: Valued Teacups". The special feature will be Evie Danielson with "Tea

Time" and Jenni Thyng will provide special music.

The group is now able to provide nursery care during the luncheon by calling Trudy Hervey at 763-228-3805 for reservations. Please note: each child will need to bring a bag lunch.

The Cambridge-Isanti Women's Connection monthly luncheon takes place the second Monday each month from 11 a.m. to 1 p.m. at Common Ground: A United

Methodist Community, 404 N. Cypress, Cambridge. The Friendship Café from the Senior Activity Center caters the luncheon.

CIWC is associated with Stonecroft Ministries whose mission is to help women connect with each other, their community and to God. It is open to all women and all faiths.

Cost of the event is \$14 (payable at the door). Make reservations by calling Trudy Hervey at 763-228-3805 by noon on Oct. 11.



METRO CREATIVE GRAPHICS

dy Hervey at 763-228-3805 by noon on Oct. 11.

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WEEKDAY MORNING

	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
BROADCAST STATIONS												
2 KTCA	Peg & Cat	Arthur	Ready Jet Go!	Nature Cat	Wild Kratts	Molly of Denali	Curious George	Let's Go Luna!	Daniel Tiger	Daniel Tiger	Sesame Street	Pinkalicious
4 WCCO	WCCO 4 News This Morning at 6		CBS This Morning				WCCO Mid-Morning		The Price Is Right		The Young and the Restless	
5 KSTP	5 Eyewitness News at 6am		Good Morning America				Live with Kelly and Ryan		The View		5 Eyewitness News Midday	
9 KMSP	FOX 9 Morning at 6AM		FOX 9 Morning at 7AM		FOX 9 Morning at 8AM		FOX 9 Buzz		The Jason Show		FOX 9 News at 11 a.m.	
11 KARE	KARE 11 News Sunrise		Today				Today 3rd Hour		Today With Hoda & Jenna		KARE 11 Today	Daytime Jeopardy
23 WUCW	The Doctors		Paid Program	Paid Program	Paid Program	Paid Program	The Steve Wilkos Show		Judge Judy	Injury Court	Paternity Court	Couples Court
29 WFTC	The Real		Paid Prog.	Wommack	Dateline		Protection	Protection	Access Daily		Divorce	Divorce
41 KPXM	Varied Programs											

WEEKDAY AFTERNOON

	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
BROADCAST STATIONS												
2 KTCA	Dinosaur Train	Cat in the Hat	Sesame Street	Splash-Bubbles	Pinkalicious	Let's Go Luna!	Nature Cat	Wild Kratts	Molly of Denali	Arthur	Odd Squad	Odd Squad
4 WCCO	News	Bold/Beautiful	The Talk		Let's Make a Deal		Dr. Phil		The Ellen DeGeneres Show		News	CBS Evening News
5 KSTP	GMA3: Strahan, Sara & Keke		General Hospital		The Kelly Clarkson Show		Twin Cities Live		Twin Cities	5 Eyewitness News	News Live at 5	ABC World News
9 KMSP	The Wendy Williams Show		The Real		TMZ Live		The Dr. Oz Show		Judge Judy	Judge Judy	FOX 9 at 5p	FOX 9 at 5:30p
11 KARE	Days of our Lives		Rachael Ray		Daily Blast Live	Daily Blast Live	Inside Edition	Ent. Tonight	KARE 11 News	Jeopardy!	KARE 11 News at 5	Nightly News
23 WUCW	Judge Mathis		The People's Court		Justice for All	Judge Jerry	Jerry Springer		Maury		Daily-MailTV	Family Feud
29 WFTC	Providence	Providence	Hot Bench	Hot Bench	Wendy Williams Show		The Jason Show		America	America	Jdg Judy	Jdg Judy
41 KPXM	Varied Programs											

MONDAY PRIME TIME **SEPTEMBER 30, 2019**

	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
BROADCAST STATIONS												
2 KTCA	PBS NewsHour (N) (cc)		Antiques Roadshow "Salt Lake City" (cc)		Antiques Roadshow "Virginia Beach" (cc)		Minnesota Experience (cc)		POV "The Silence of Others" Victims and survivors seek justice.		On Story (cc)	
4 WCCO	News	Wheel of Fortune (N)	The Neigh-Bob Hearts borhood Abishola		All Rise "Long Day's Journey into ICE" (N)		Bull An entrepreneur is accused of fraud. (N)		News	The Late Show With Stephen Colbert (N)		James Corden
5 KSTP	News	News	Dancing With the Stars (Live) (cc)		"Movie Night" (N)		The Good Doctor "Debts" (N) (cc)		News	Jimmy Kimmel Live (cc)		Nightline (N) (cc)
9 KMSP	FOX 9 at 6p (N)	FOX 9 at 6:30p (N)	9-1-1 A tsunami hits the Santa Monica Pier.		Prodigal Son "An-nihilator" (N) (cc)		FOX 9 at 9p (N)		FOX 9's 10 at 10 (N)	Modern Family	TMZ (N) (cc)	Access Hollywood
11 KARE	KARE 11 News at 6	Breaking The News	The Voice "The Blind Auditions, Part 3" The coaches seek America's best voice. (N) (cc)		Bluff City Law (N) (cc)		News		The Tonight Show Starring Jimmy Fallon		Seth Meyers	
23 WUCW	Family Feud (N)	Family Feud (N)	Penn & Teller: Fool Us "Virtual Reality" (N)		Whose Line Is It?	Whose Line Is It?	Family Feud (cc)	Two and a Half Men	Two and a Half Men	Extra (N) (cc)	Funny You Ask	Daily-MailTV (N)
29 WFTC	Big Bang	Mod Fam	News	News	25 Words	25 Words	Big Bang	Big Bang	Law & Order: SVU		Law & Order: SVU	
41 KPXM	Criminal Minds (cc)	Criminal Minds (cc)	Criminal Minds (cc)	Criminal Minds (cc)	Criminal Minds (cc)	Criminal Minds (cc)	Criminal Minds (cc)	Criminal Minds (cc)	Criminal Minds (cc)	Criminal Minds (cc)	Criminal Minds (cc)	Criminal Minds (cc)

TUESDAY PRIME TIME **OCTOBER 1, 2019**

	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
BROADCAST STATIONS												
2 KTCA	PBS NewsHour (N) (cc)		American Masters (cc)		Frontline "The Crown Prince of Saudi Arabia" The murder of Jamal Khashoggi. (N) (cc)		NOVA Potential profitability of asteroids.		Secrets of the Dead (cc)			
4 WCCO	News	Wheel of Fortune (N)	NCIS A possible terrorist plot is revealed. (N)		FBI "The Lives of Others" (N) (cc)		NCIS: New Orleans (N) (cc)		News	The Late Show With Stephen Colbert (cc)		James Corden
5 KSTP	News	News	The Con-ners (N)	Bless This Mess (N)	mixed-ish (N)	black-ish (N)	Emergence (N) (cc)		News	Jimmy Kimmel Live (cc)		Nightline (N) (cc)
9 KMSP	FOX 9 at 6p (N)	FOX 9 at 6:30p (N)	The Resident "Flesh of My Flesh" (N)		Empire Cookie confronts Damon. (N)		FOX 9 at 9p (N)		FOX 9's 10 at 10 (N)	Modern Family	TMZ (N) (cc)	Access Hollywood
11 KARE	KARE 11 News at 6	Breaking The News	The Voice "The Blind Auditions, Part 4" (N)		This Is Us "The Pool: Part Two" (N)		New Amsterdam "The Big Picture" (N)		News	The Tonight Show Starring Jimmy Fallon		Seth Meyers
23 WUCW	Family Feud (N)	Family Feud (N)	Pandora Jax encounters a surprising ally.		Pandora "Simple Twist of Fate" (N) (cc)		Family Feud (cc)	Two and a Half Men	Two and a Half Men	Extra (N) (cc)	Funny You Ask	Daily-MailTV (N)
29 WFTC	Big Bang	Mod Fam	News	News	25 Words	25 Words	Big Bang	Big Bang	Chicago P.D. (cc)		Chicago P.D. (cc)	
41 KPXM	Criminal Minds (cc)	Criminal Minds (cc)	Criminal Minds (cc)	Criminal Minds (cc)	Criminal Minds (cc)	Criminal Minds (cc)	Criminal Minds (cc)	Criminal Minds (cc)	Criminal Minds (cc)	Criminal Minds (cc)	Criminal Minds (cc)	Criminal Minds (cc)

WEDNESDAY PRIME TIME **OCTOBER 2, 2019**

	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
BROADCAST STATIONS												
2 KTCA	PBS NewsHour (N) (cc)		Nature Octopus behavior. (N) (cc)		NOVA Exploring the megafire threat.		Wild Metropolis Wildlife living in cities. (N)		Gorongosa Park -- Re-birth of Paradise (cc)		Nature's Miracle Orphans	
4 WCCO	News	Wheel of Fortune (N)	Survivor (N) (cc)		SEAL Team "Welcome to the Refuge" (N)		S.W.A.T. "Fire in the Sky" (N) (cc)		News	The Late Show With Stephen Colbert (cc)		James Corden
5 KSTP	News	News	The Gold-bergs (N)	Schooled (N)	Modern Family (N)	Single Par-ents (N)	Stumptown Dex and Grey's history unfolds.		News	Jimmy Kimmel Live (cc)		Nightline (N) (cc)
9 KMSP	FOX 9 at 6p (N)	FOX 9 at 6:30p (N)	The Masked Singer		Almost Family Julia receives shocking news.		FOX 9 at 9p (N)		FOX 9's 10 at 10 (N)	P.J. Fleck Show	TMZ (N) (cc)	Access Hollywood
11 KARE	KARE 11 News at 6	Breaking The News	Chicago Med "We're Lost in the Dark" (N)		Chicago Fire "A Real Shot in the Arm" (N)		Chicago P.D. Atwater goes undercover. (N)		News	The Tonight Show Starring Jimmy Fallon		Seth Meyers
23 WUCW	Family Feud (N)	Family Feud (N)	iHeartRadio Music Festival Night 1 Highlights of the event in Las Vegas. (N) (cc)		Highlights of the event in Las Vegas. (N) (cc)		Family Feud (cc)	Two and a Half Men	Two and a Half Men	Extra (N) (cc)	Funny You Ask	Daily-MailTV (N)
29 WFTC	Big Bang	Mod Fam	News	News	25 Words	25 Words	Big Bang	Big Bang	Dateline (cc)		Dateline (cc)	
41 KPXM	Blue Bloods	Blue Bloods	Blue Bloods	Blue Bloods	Blue Bloods	Blue Bloods	Blue Bloods	Blue Bloods	Blue Bloods	Blue Bloods	Blue Bloods	Blue Bloods

THURSDAY PRIME TIME **OCTOBER 3, 2019**

	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
BROADCAST STATIONS												
2 KTCA	PBS NewsHour (N) (cc)		The This Old House Hour (N) (cc)		The Doctor Blake Mysteries (cc)		Shetland The search for Zezi intensifies.		East-Enders	East-Enders	East-Enders	East-Enders
4 WCCO	News	Wheel of Fortune (N)	Young Sheldon	The Unicorn (N)	Mom (N) (cc)	Carol's-Act	Evil A teenage girl comes back to life. (N)		News	The Late Show With Stephen Colbert (cc)		James Corden
5 KSTP	News	News	Grey's Anatomy "Back in the Saddle"		A Million Little Things "Grand Canyon" (N)		How to Get Away With Murder (N) (cc)		News	Jimmy Kimmel Live (cc)		Nightline (N) (cc)
9 KMSP	Vikings Live	NFL Pre-game	NFL Football Los Angeles Rams at Seattle Seahawks. (N) (Live) (cc)						FOX 9 News (N)	TMZ (N) (cc)	Access Hollywood	
11 KARE	KARE 11 News at 6	Breaking The News	Super-store (N)	Perfect Harmony	The Good Place (N)	Sunnyside (N)	Law & Order: Special Victims Unit (N)		News	The Tonight Show Starring Jimmy Fallon		Seth Meyers
23 WUCW	Family Feud (N)	Family Feud (N)	iHeartRadio Music Festival Night 2 Highlights of the event in Las Vegas. (N) (cc)				Family Feud (cc)	Two and a Half Men	Two and a Half Men	Extra (N) (cc)	Funny You Ask	Daily-MailTV (N)
29 WFTC	Big Bang	Mod Fam	News	News	25 Words	25 Words	Big Bang	Big Bang	Law Order: CI		Law Order: CI	
41 KPXM	Chicago P.D.	Chicago P.D.	Chicago P.D.	Chicago P.D.	Chicago P.D.	Chicago P.D.	Chicago P.D.	Chicago P.D.	Chicago P.D. (cc)	Chicago P.D. (cc)	Chicago P.D. (cc)	Chicago P.D. (cc)

TV LISTINGS

FRIDAY PRIME TIME		OCTOBER 4, 2019											
		6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
BROADCAST STATIONS													
2	KTCA	PBS NewsHour (N) (cc)	Almanac (cc)	Great Continental Railway Journeys (cc)		Great Performances (N) (cc)		William Shatner Presents: Chaos		Red Green Show		Red Green Show	
4	WCCO	News	Wheel of Fortune (N)	Hawaii Five-0 "Kuipeia E Ka Makani Apaa"		Magnum P.I. "Honor Among Thieves" (N)		Blue Bloods A retired mobster is recruited.		News		The Late Show With Stephen Colbert (cc)	
5	KSTP	News	News	American Housewife	Fresh Off the Boat	20/20 (N) (cc)		News		Jimmy Kimmel Live (cc)		Nightline (N) (cc)	
9	KMSP	FOX 9 at 6p (N)	Kickoff Show	Friday Night SmackDown From Staples Center in Los Angeles. (N) (Live)		FOX 9 at 9p (N)		Enough Said (N)		Sports Now		Modern Family (cc)	
11	KARE	KARE 11 News at 6	Breaking The News	The Blacklist "Louis T. Steinhil" (N) (cc)		Dateline NBC (N) (cc)		News		The Tonight Show Starring Jimmy Fallon		Seth Meyers	
23	WUCW	Family Feud (cc)	Family Feud (cc)	Masters of Illusion	The Big Stage	Peaking (N) (cc)	Peaking (N) (cc)	Family Feud (cc)	Two and a Half Men	Two and a Half Men	Extra (N) (cc)	Funny You Ask	Daily-MailTV (N)
29	WFTC	Big Bang	Mod Fam	News	Enough	25 Words	Viking	Big Bang	Big Bang	CSI: Miami (cc)	CSI: Miami (cc)		
31	KPXM	NCIS: Los Angeles	NCIS: Los Angeles	NCIS: Los Angeles	NCIS: Los Angeles	NCIS: Los Angeles	NCIS: Los Angeles	NCIS: Los Angeles	NCIS: Los Angeles	NCIS: Los Angeles	NCIS: Los Angeles		

SATURDAY		OCTOBER 5, 2019												
		6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
BROADCAST STATIONS														
2	KTCA	Woodsmith Shop (cc)	American Woodshop	Project Fire	Project Fire	Nick Stel-lino	Simply Ming (cc)	Martha Bakes	Mexican Table	Mexico/Bayless	Kevin Bel-ton's New	Joanne Weir	Lidia's Kitchen	
4	WCCO	CBS This Morning: Saturday (N) (cc)				WCCO 4 News Satur-day Morning (N) (cc)		Lucky Dog (N) (E)	Innovation Nation	Mission Unstop	Pet Vet-Team	Paid Program	Paid Program	
5	KSTP	5 Eyewitness News AM (N) (cc)		Good Morning America (N) (cc)		5 Eyewitness News AM (N) (cc)		Jack Hanna	Ocean Treks	Hearts of Heroes (N)	oh baby! (N) (cc)	College Football Teams TBA. (N) (cc)		
9	KMSP	Xploration Space	Awesome Planet	FOX 9 Morning Saturday (N)				FOX 9 Gopher Pre-Game		Big Noon Kickoff (N) (Live)		College Football Teams TBA. (N) (Live)		
11	KARE	Today (N) (cc)		A New Leaf (N)		KARE 11 News Saturday (N) (cc)				Earth Odyssey	Earth Odyssey	Vets Sav-ing Pets	Premier Soccer	
23	WUCW	Paid Program	Paid Program	Wild Amer-ica (E)	Teen Kids News (N)	Hanna Into the Wild	Hanna Into the Wild	Hanna Into the Wild	This Old H.	Animal Tales (E)	Did I Men-tion	Luther Auto Show	Paid Program	
29	WFTC	Hollywood	Heartland	Live Life	Sports	Paid Prog.	Paid Prog.	LifeLock	Grill	The Jason Show (cc)		The Jason Show (cc)		
31	KPXM	Paid Prog.	SoClean	LifeLock	Paid Prog.	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		

		12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
BROADCAST STATIONS													
2	KTCA	Sara's Weeknight	Test Kitchen	Kimball's Milk Street	Cook's Country	R. Steves' Europe	Antiques Roadshow	Wonderful World of Puppies and Kittens		Great American Rail-road Journeys (cc)		The This Old House Hour (cc)	
4	WCCO	Paid Program	Paid Program	Paid Program	Paid Program	College Football	College Football (N) (Live) (cc)						
5	KSTP	(11:00) College Football Teams TBA. (N) (Live) (cc)		Coll. Football	College Football Teams TBA. (N) (Live) (cc)								
9	KMSP	(11:00) College Football Teams TBA. (N) (Live)		College Extra	College Football Teams TBA. (N) (Live)								
11	KARE	Premier League Soccer: Ham-mers vs Eagles		IAAF World Champi-ionships		College Football Bowling Green at Notre Dame. From Notre Dame Stadium in South Bend, Ind. (N) (Live) (cc)							
23	WUCW	Paid Program	Paid Program	Paid Program	Paid Program	Movie: ** Clue (1985) (Eileen Brennan, Martin Mull)		Paid Program	Paid Program	Game Time	Funny You Ask		
29	WFTC	The Jason Show (cc)		The Jason Show (cc)		The Jason Show (cc)		Movie: ** In Dreams (1999) (Annette Bening)		FOX 9 at 5p			
31	KPXM	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU	

		6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
BROADCAST STATIONS													
2	KTCA	Antiques Roadshow "Indianapolis" (cc)	Father Brown	Death in Paradise (cc)	Midsomer Murders "The Sicilian Defence"	Midsomer Murders "The Sicilian Defence"	Wallander on Masterpiece Decades-old submarine mystery.						
4	WCCO	WCCO 4 News	Wheel of Fortune	To Be Announced		To Be Announced		48 Hours (N) (cc)	WCCO 4 News	WCCO 4 News	Paid Program	Paid Program	
5	KSTP	Coll. Football	College Football Teams TBA. (N) (Live) (cc)										
9	KMSP	College Football	College Extra	College Football Teams TBA. (N) (Live)									
11	KARE	KARE 11 News at 6	Minnesota Bound	The Voice "The Blind Auditions, Part 4"		Dateline NBC (cc)		Saturday Night Live (cc)	News	Saturday Night Live Phoebe Waller-Bridge; Taylor Swift. (N)			
23	WUCW	Family Feud (cc)	Family Feud (cc)	Family Feud (cc)	Family Feud (cc)	Two and a Half Men	Two and a Half Men	Carbonaro Eff.	Street Magic (N)	World's-Weather	Sheriffs-Dorado	Ring of Honor Wres-tling (N) (cc)	
29	WFTC	Major Crimes (cc)	Major Crimes (cc)	Chicago P.D.		Chicago P.D.		Movie: *** The Spiderwick Chronicles					
31	KPXM	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU	

SUNDAY		OCTOBER 6, 2019											
		6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
BROADCAST STATIONS													
2	KTCA	Pinkali-cious	Let's Go Luna! (E)	Wild Kratts (E)	Curious George	Game On: Women Can Coach (cc)		Washing-ton Week	Almanac (cc)	To the Con-trary	Nature's Miracle Orphans		
4	WCCO	WCCO 4 News Sunday Morning at 6 (N)		Hope in the Wild	Best Friends	CBS News Sunday Morning (N) (cc)		Face the Nation (N) (cc)		News	The NFL Today (N) (Live) (cc)		
5	KSTP	5 Eyewitness News AM (N) (cc)		Good Morning America (N) (cc)		5 Eyewitness News AM (N) (cc)		This Week W/ George Stephanopoulos		At Issue	Paid Program	Paid Program	Paid Program
9	KMSP	Weird but True	Xploration DIY Sci	FOX 9 Morning Sunday (N)		FOX News Sunday With Chris Wallace (N)		FOX 9 Morning Sunday (N)		Vikings GameDay LIVE (N)	FOX NFL Sunday (N) (Live) (cc)		
11	KARE	Open House	Grace for Living	Consumer 101 (N)	Champ Within	Sunday Today With Willie Geist (N) (cc)		Meet the Press (N) (cc)	Joel Osteen (cc)	Paid Program	IAAF World Champi-ionships		
23	WUCW	Paid Program	Midnight Cry Minis.	Mountain Faith	Paid Program	Christian Worship Hour (cc)	Pastor's Study	Catholic Mass	Meatsauce and Monty	Sharyl Attkisson	Paid Program	Paid Program	
29	WFTC	Paid Prog.	Hall	Paid Prog.	Paid Prog.	Big World	Biz Kid\$	Paid Prog.	Paid Prog.	FOX NFL Kickoff (N)	Paid Prog.	Paid Prog.	
31	KPXM	Jeremiah	Youseff	Paid Prog.	Paid Prog.	NCIS: Los Angeles	NCIS: Los Angeles	NCIS: Los Angeles	NCIS: Los Angeles	NCIS: Los Angeles	NCIS: Los Angeles	NCIS: Los Angeles	

		12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	
BROADCAST STATIONS														
2	KTCA	MN Hockey: Land of 10000 Rinks	Jackie Robinson "Part One" Baseball player Jackie Robinson. (Part 1 of 2) (cc)	Jackie Robinson "Part Two" Robinson speaks out against injustice. (cc)				American Masters (cc)						
4	WCCO	Paid Program	Paid Program	Paid Program	Paid Program	PBR Bull Riding (cc)		NFL Football Denver Broncos at Los Angeles Chargers. (N) (Live) (cc)						
5	KSTP	Rock the Park (E)	oh baby! (N) (cc)	World of X Games (cc)		2019 WNBA Finals Game 3: Teams TBA. (N) (Live) (cc)						ABC World News	News	
9	KMSP	NFL Football Minnesota Vikings at New York Giants. (N) (Live) (cc)												
11	KARE	(11:00) 2019 IAAF World Champi-ionships Day 10: Evening Session.		2019 Rugby World Cup New Zealand vs Na-mibia. From Tokyo Dome in Tokyo. (N) (cc)		Horse Racing Breeders' Cup Chal-lenge Series. (N) (Live) (cc)		KARE 11 News at 5		Nightly News				
23	WUCW	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Movie: ** Bullseye! (1989) (Michael Caine, Roger Moore)				
29	WFTC	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Chicago P.D.	Chicago P.D.	FOX 9 at 5p (N) (Live)				
31	KPXM	NCIS: Los Angeles		NCIS: Los Angeles		NCIS: Los Angeles		NCIS: Los Angeles		NCIS: Los Angeles		NCIS: Los Angeles		

		6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
BROADCAST STATIONS														
2	KTCA	Home Fires on Mas-terpiece (cc)	The Durrells in Corfu on Masterpiece (N)		Poldark on Master-piece (N) (cc)		Press on Masterpiece "Death Knock" (N)		MN Original (N) (cc)	The Wrong Mans	The Tunnel: Ven-geance (cc)			
4	WCCO	60 Minutes (N) (cc)	God Friended Me "The Lady" (N) (cc)		NCIS: Los Angeles "Decoy" (N)		Madam Secretary "Hail to the Chief" (N)		WCCO 4 News	WCCO 4 News	Joel Osteen (cc)	Turning Point		
5	KSTP	America's Funniest Home Videos (N)		Kids Say the Darnd-est Things (N)		Shark Tank (N) (cc)		The Rookie "The Night General" (N)	5 Eyewitness News at 10 (N) (cc)		On the Road	Graham Bensinger		
9	KMSP	NFL Football	The OT (N) (Live) (cc)	The Simp-sons (N)	Bless the Harts (N)	Bob's Burgers	Family Guy (N)	FOX 9 at 9p (N)	FOX 9's 10 at 10 (N)	Sports Now	Modern Family	Modern Family		
11	KARE	Football Night in America (N) (cc)		NFL Football Indianapolis Colts at Kansas City Chiefs. (N) (Live) (cc)						News	Minnesota Bound	Tonight Show		
23	WUCW	Two and a Half Men	Two and a Half Men	Batwoman Kate Kane returns to Gotham. (N)	Supergirl "Event Horizon" (N) (cc)	Paid Program	Paid Program	Extra (N) (cc)		Jack Van Impe		Paid Program		
29	WFTC	Chicago P.D.		Big Bang	Big Bang	Big Bang	Big Bang	Mod Fam	Mod Fam	Movie: Road to the Well (2016) (Micah Parker)				
31	KPXM	NCIS: Los Angeles		NCIS: Los Angeles		Chicago P.D. (cc)		Chicago P.D. (cc)		Chicago P.D. (cc)		Chicago P.D. (cc)		



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PUBLIC NOTICES

CITY

SUMMARY PUBLICATION OF THE PROCEEDINGS OF THE CAMBRIDGE CITY COUNCIL

The complete minutes are available for public inspection at the office of the City Administrator, 300 3rd Ave. NE, Cambridge, Minnesota.

Regular City Council Meeting September 3, 2019

Members Present: Mayor James Godfrey; Council Members Kersten Conley, Marlys Palmer, Lisa Iverson, and Bob Shogren. All present, no absences.

- Meeting called to order at 4:00 pm.
- Approved amended agenda.
- Approved consent agenda items A-F as presented.
- Agreed to leave the ordinance concerning ATV/UTV usage on city streets as is.
- Agreed to leave the residential street speed limits at 30 mph.
- Discussed City Development Fees and the League of Minnesota Cities Committee working to address the legislation that could put caps on the fees cities charge.
- Approved the Temporary Consumption and Display Permit for Christ the King Catholic Church for October 5, 2019.
- Approved removal of the damaged tree at Honeysuckle Park as soon as is practical.

Meeting adjourned at 5:11 pm.
Published in the Isanti-Chisago County STAR on Sept. 26, 2019

COUNTY

SUMMARY PUBLICATION OF THE PROCEEDINGS OF THE ISANTI COUNTY BOARD OF COMMISSIONERS ISANTI COUNTY, MINNESOTA

Per Minnesota Statutes 375.12 Publication of Proceedings.

Meeting held on Wednesday, September 4, 2019, at 9:15 a.m. – Government Center Boardroom

A detail of the entire minutes are available for public inspection in the Isanti County Administrator's Office or by visiting our website at www.co.isanti.mn.us

Members Present: Chairperson Mike Warring; Commissioners Greg Anderson, Susan Morris, Dave Oslund
Members Absent: Commissioner Terry Turnquist

Others Present: K VanHooser, J Edblad, J Benting, C Struss, and T MacMillan; (Reporter: J Kotila, N Olson)
OOo Chairperson Warring called the meeting to order and led the assembly in the Pledge of Allegiance.
OOo Public Comment Session. There was no Public Comment.

19/09-01 Morris/Anderson, to approve the September 4, 2019, County Board Agenda. Carried. Absent: Turnquist.

19/09-02 Oslund/Anderson, to approve the August 21, 2019, County Board Meeting Minutes. Carried. Absent: Turnquist.

19/09-03 Motion by Morris, seconded by Oslund, to approve the Community Health Board Actions. Motion carried. Absent: Turnquist.

19/09-04 Morris/Warring, to approve the request of the Personnel Committee to authorize filling the vacancy of the GIS Specialist, keeping the position within the Information Technology department. Carried. Absent: Turnquist.

19/09-05 Anderson/Oslund, to approve the request of the Personnel Committee to authorize filling the vacancy of the County Assessor following normal county process and publishing both internally and externally. Carried. Absent: Turnquist.

19/09-06 Oslund/Anderson, to approve the request of the Personnel Committee to authorize appointing

the Deputy County Administrator as Interim County Administrator (Step 1 Grade 32) effective October 1, 2019, until the vacancy has been filled. Carried. Absent: Turnquist.

19/09-07 Anderson/Morris, to approve the following Personnel Action Items (on file). Carried. Absent: Turnquist.

19/09-08 Anderson/Morris, to authorize approval of DDA Human Resources, Inc. for the executive search for the County Administrator vacancy. Carried. Absent: Turnquist.

19/09-09 Morris/Oslund, to approve the following resolution: LEASE AGREEMENT EXTENSION/REDUCTION BETWEEN ISANTI COUNTY AND THERAPEUTIC SERVICES AGENCY, INC (TSA) (on file). Carried. Absent: Turnquist.

19/09-10 Anderson/Oslund, to set a Judicial Ditch #3 (JD3) meeting on Wednesday, October 16, 2019, at 11:00 a.m. in the Board Room of the Isanti County Government Center, 555 18th Avenue SW, Cambridge, MN. This is a joint meeting with the Mille Lacs County Joint Ditch Authority to discuss Judicial Ditch #3. Carried. Absent: Turnquist.

19/09-11 Oslund/Anderson, to approve the following Utility Permits (on file). Carried. Absent: Turnquist.
OOo Commissioners provided various committee reports.

19/09-12 Morris/Anderson, to approve the following claims and warrants:

Shah Software Inc.	\$32,850.00
WaterGuards LLC	\$13,015.00
Total Claims & Warrants	\$45,865.00

Carried. Absent: Turnquist.

19/09-13 Anderson/Oslund, to approve advertising for snow removal bids for the 2019-2020 winter seasons. Carried. Absent: Turnquist.

19/09-14 Morris/Anderson, to approve the final plat of Nascene Addition (Steven & Sharon Nascene), Section 25, Range 23, Township 35, Isanti Township. Carried. Absent: Turnquist.

19/09-15 Oslund/Anderson, to approve the following resolution: RESOLUTION APPROVING PRIVATE SALE OF TAX-FORFEITED LAND LIST AND TERM SALE (on file). Carried. Absent: Turnquist.

19/09-16 Morris/Oslund, to authorize the Probation department to request the reduction of beds with East Central Juvenile Center to one bed. Carried. Absent: Turnquist.
OOo Tim MacMillan, Probation Director, reviewed the East Central Juvenile Center Annual Report.

19/09-17 Oslund/Morris, to adjourn (10:10 a.m.). Carried. Absent: Turnquist.

Kevin VanHooser, County Administrator
By: Halee Turner, Administrative Assistant II

Published in the Isanti-Chisago County STAR on Sept. 26, 2019

FORECLOSURE

NOTICE OF MORTGAGE FORECLOSURE SALE

THE RIGHT TO VERIFICATION OF THE DEBT AND IDENTITY OF THE ORIGINAL CREDITOR WITHIN THE TIME PROVIDED BY LAW IS NOT AFFECTED BY THIS ACTION.

NOTICE IS HEREBY GIVEN: That Default has occurred in the conditions of the following described mortgage:

DATE OF MORTGAGE: 06/23/2017
ORIGINAL PRINCIPAL AMOUNT OF MORTGAGE: \$129,548.00
MORTGAGOR(S): Kara L. Weeks, a single person

MORTGAGEE: Mortgage Electronic Registration Systems, Inc., as nominee for Lake Area Mortgage, a division of Lake Area Bank

DATE AND PLACE OF FILING: 06/27/2017 as Document: A467482 in the Office of the County Recorder in Isanti County, Minnesota.

The mortgage was assigned for value as follows:

Assignee: Caliber Home Loans, Inc. Assignment dated: 11/13/2017
Assignment recorded: 11/16/2017
Assignment recording information: Document: A471233

All in the records of the County Recorder in Isanti County, Minnesota.
TAX PARCEL I.D. NO.: 02.048.0130
LEGAL DESCRIPTION OF PROPERTY: LOT 14, CHI-GAK-WA SHORES 4TH ADDITION, ACCORDING TO THE PLAT THEREOF ON FILE AND OF RECORD IN THE OFFICE OF THE COUNTY RECORDER, ISANTI COUNTY, MINNESOTA

Abstract Property
STREET ADDRESS OF PROPERTY: 2580 Paradise Trail NW, Isanti, MN 55040

COUNTY IN WHICH PROPERTY IS LOCATED: Isanti
LENDER OR BROKER AND MORTGAGE ORIGINATOR: Lake Area Mortgage, a division of Lake Area Bank

RESIDENTIAL MORTGAGE SERVICER: Caliber Home Loans, Inc.
THE AMOUNT CLAIMED TO BE DUE ON THE MORTGAGE: \$155,620.51 AS OF 09/13/2019.

THAT no action or proceeding has been instituted at law to recover the debt secured by said mortgage, or any part thereof; that there has been compliance with all pre-foreclosure notice and acceleration requirements of said mortgage, and/or applicable statutes. Pursuant to the power of sale contained in said Mortgage, the Mortgage will be foreclosed, and the mortgaged premises will be sold by the Sheriff of Isanti County, Minnesota at public auction as follows:

DATE AND TIME OF SALE: 10/15/2019 at 10:00 AM

PLACE OF SALE: Isanti County Sheriff's Office, 2440 S Main St, Cambridge, MN 55008 to pay the debt then secured by said mortgage and taxes, if any actually paid by the mortgagee, on the premises and the costs and disbursements allowed by law. The time allowed by law for redemption by said Mortgagor(s) or Mortgagor's personal representatives or assigns is six (6) months.

TIME AND DATE TO VACATE PROPERTY: If the mortgage is not reinstated under Minn. Stat. §580.30 or redeemed under Minn. Stat. §580.23, the mortgagor must vacate the mortgaged property by 11:59 p.m. on 04/15/2020, or the next business day if 04/15/2020 falls on a Saturday, Sunday or legal holiday.

MORTGAGOR(S) RELEASED FROM FINANCIAL OBLIGATION ON MORTGAGE: NONE
THE TIME ALLOWED BY LAW FOR REDEMPTION BY THE MORTGAGOR, THE MORTGAGOR'S PERSONAL REPRESENTATIVES OR ASSIGNS, MAY BE REDUCED TO FIVE WEEKS IF A JUDICIAL ORDER IS ENTERED UNDER MINNESOTA STATUTES, SECTION 582.032, DETERMINING, AMONG OTHER THINGS THAT MORTGAGED PREMISES ARE IMPROVED WITH A RESIDENTIAL DWELLING OF LESS THAN FIVE UNITS, ARE NOT PROPERTY USED IN AGRICULTURAL PRODUCTION, AND ARE ABANDONED.

Publication to begin the week of: 08/18/2019 - 08/24/2019
Caliber Home Loans, Inc., Mortgagee/Mortgagee Assignee
The Sayer Law Group, P.C., By Brian G. Sayer, Attorney for Mortgagee/Mortgagee Assignee

925 E 4th St., Waterloo, IA 50703
THIS IS A COMMUNICATION FROM A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE.

Published in the Isanti-Chisago County STAR on Aug. 22, 29, September 5, 12, 19, 26, 2019

NOTICES

PUBLIC NOTICE

The Cambridge Economic Development Authority has developed its Annual PHA Plan for Fiscal Year beginning 2020 in compliance with the Quality Housing and Work Responsibility Act of 1998. It is available for review at the Authority's Office located at 121 South Fern St., Cambridge, MN. The Authority's hours of operation are Monday through Friday between 8 AM and 1 PM. A public hearing will be held at 5:30 PM on November 18, 2019 at the Cambridge City Hall located at 300 Third Avenue NE.

Published in the Isanti-Chisago County STAR on Sept. 26, 2019

PUBLIC NOTICE

This is notice to sell property in unit N56 at Isanti Self Storage. If Marti Virkus does not pay the balance in full by October 10, 2019 at 9:00AM CST, auction will be held at www.storageauctions.net on October 14, 2019 at 10:00AM CST. This unit contains household items.

Published in the Isanti-Chisago County STAR on Sept. 26, Oct. 3, 2019

NOTICE OF SALE OF STORED PROPERTY

Notice is hereby given that the contents in the following storage unit will be sold to the highest bidder to satisfy charges due for rent plus incurred costs by Braham Mini Storage:

Christopher Thompson - \$325.00
Contact Braham Mini Storage at 320-980-3267 for more information.

Published in the Isanti-Chisago County STAR on Sept. 19, 26, 2019

PUBLIC HEARINGS

NOTICE OF PUBLIC HEARING ISANTI COUNTY BOARD OF COMMISSIONERS

NOTICE IS HEREBY GIVEN that the Isanti County Board of Commissioners has rescheduled a public hearing on Wednesday, November 6, 2019, at 9:30 a.m. in the County Board Room of the Isanti County Government Center to amend the Isanti County Zoning Ordinance, Section 2, Definitions, Subdivision 2 and Section 6, Agriculture/Residential District, Subdivision 1, Purpose, Subdivision 2, Permitted Uses and Subdivision 3, Conditional Uses for Feedlot language. A full copy of this proposed ordinance can be viewed on the county website @ <http://www.co.isanti.mn.us> and/or the County Auditor's Office.

By order of the Isanti County Board of Commissioners this 18th day of September, 2019.
Kevin VanHooser
County Administrator

Published in the Isanti-Chisago County STAR on Sept. 26, 2019

NOTICE OF PUBLIC HEARING

The Isanti County Planning Commission will hold a public hearing on **Thursday, October 10, 2019 at 7:00 p.m.** in the County Board Room of the Isanti County Government Center, 555 - 18th Avenue SW, Cambridge, MN 55008 to consider the following requests:

1. The request of John Hass, 3724 305th Avenue NW, Isanti, MN 55040, to present a preliminary plat of Xenia Addition. Legal description is the E 1/2 of the W 1/2 of the SW 1/4 of Section 17, Township 35, Range 24, Bradford Township.
2. The request of Larry Mariette, 30151 Feldspar Street NW, Princeton, MN 55371, to present a preliminary plat of Feldspar Addition. Legal description is the N 1/2 of the NE 1/4 fct. of Section 22, Township 35,

Range 25, Spencer Brook Township.
3. The request of NEB Farm, LLC, 1896 397th Avenue NE, Stanchfield, MN 55080, to present preliminary plat of Wickheams Bluff Plat 2. Legal description is the NE 1/4 of the SE 1/4 of Section 18, Pt E 1/2 of the SW 1/4 of Section 12 and Lots 1 & 2 Block 1 & Outlot A Wickheams Bluff of Section 3, Township 37, Range 23, Stanchfield Township.

4. The request of Thomas & Samantha Goetze, Tony & Kristina Streng, 10523 Pierce Street NE, Blaine, MN 55434, (Property Address: 33163 Helium Street NW, Cambridge, MN 55008), for an interim use permit for a short term rental. Legal description is Lot 7 Block 1 Buckhorn Resort Addition of Section 35, Township 36, Range 25, Wyanett Township.

5. The request of Joan Schafer, 6561 401st Avenue NW, Dalbo, MN 55017, for an interim use permit for an extended home occupation for a coffee roasting business. Legal description is Pt. SE 1/4 of the NE 1/4 of Section 15, Township 37, Range 25, Dalbo Township.

6. To discuss amending the language in the Isanti County Zoning Ordinance as it relates to billboards.

Trina Bergloff
Isanti County Zoning Administrator
Published in the Isanti-Chisago County STAR on Sept. 26, 2019

PUBLIC HEARING

The Isanti County Board of Adjustment will hold a public hearing on **Thursday, October 10, 2019** at 9:00 a.m. in the County Board Room of the Isanti County Government Center, 555 - 18th Avenue SW, Cambridge, MN 55008 to consider the following requests:

1. The request of Andrew and Julie Fenderbosch, 7674 253rd Avenue NE, Stacy, Minnesota 55079 & Blue Horizon Energy LLC, 171 Cheshire Lane Suite 500, Minnetonka, MN 55305, to install a solar energy ground mount exceeding the maximum height restriction. Legal description is Pt. of the NE 1/4 of the NW 1/4 lying southerly of the Centerline of Isanti County State Aid Highway No. 20 of Section 22, Township 34, Range 22, Oxford Township.
2. The request of Eva Olson, 3759 Fanny Lake Road NE, Cambridge, MN 55008, to construct an addition, a deck and an attached garage with less than the required setback from the ordinary high water mark of the lake and with less than the required setback from the road right of way of a Township Road and to exceed the impervious surface coverage of the lot. Legal description is Lots 4, 5 and 6 of East Cambridge Lakeview Acres of Section 35, Township 36, Range 23, Cambridge Township.

3. The request of Daniel Engnell, 6466 Highway 95 NW, Princeton, MN 55371, to construct a detached garage with less than the required setback from the road right of way of State Highway 95. Legal description is Pt. NE 1/4 of the NE 1/4 of Section 27, Township 36, Range 25, Wyanett Township.

4. The request of Peter & Jill Pouliot, 19369 Baldwin Circle NW, Elk River, MN 55330, to construct a single family dwelling with an attached garage and deck with less than the required setback from the ordinary high water mark of lake and with less than the required setback from the road right of way of the Township Road and to install a septic tank and drainfield with less than the required setback from the single family dwelling and with less than the required setback from the ordinary high water mark of the lake and to construct a detached garage with less than the required setback from the ordinary high water mark of the lake and with less than the required setback from the road right of way of a Township Road and to install another holding tank for the detached garage with less than the required setback from the ordinary

high water mark of the lake. Legal description is Lot 14 & 15 Vista Point of Section 30, Township 35, Range 25, Spencer Brook Township.

5. The request of Jeremy Walizer, 12060 Porter Drive Champlin, MN 55316 (Property Address: 9155 305th Avenue NW, Princeton, MN 55371), to construct a non-farm dwelling unit with less than the required setback from an existing feedlot and to construct a dwelling on a lot created after the lot of record date of February 10, 1982. Legal description is W 1/2 of the NE 1/4 of Section 18, Township 35, Range 25, Spencer Brook Township.

6. The request of Brent and Sarah Zarbok, 7631 285th Avenue NE, North Branch, MN 55056, to vary the Isanti County Zoning Ordinance, Section 6, Agriculture/Residential District, Subdivision 2 Permitted Uses #19 a – To allow more than four (4) parcels for single family dwellings unit per quarter-quarter section. Legal description is W 1/2 of the SE 1/4 of the SW 1/4 of Section 27, Township 35, Range 22, North Branch Township.

Trina Bergloff
Isanti County Zoning Administrator
Published in the Isanti-Chisago County STAR on Sept. 26, 2019

SCHOOL BOARD

CAMBRIDGE-ISANTI SCHOOLS SUMMARY PUBLICATION OF THE PROCEEDINGS OF THE CAMBRIDGE-ISANTI SCHOOLS BOARD OF EDUCATION

The complete minutes are available for public inspection at the Education Services Center, Cambridge-Isanti Schools, 625A Main Street North, Cambridge, MN, or at our website, www.c-ischools.org.

The Regular School Board Meeting of Cambridge-Isanti Schools August 22, 2019.

Member Present: Chair Tim Hitchings, Vice Chair Gary Hawkins, Clerk Lynn Wedlund, Treasurer Heidi Sprandel, and Directors, Aaron Berg, Nikki Johnson, Carri Levitski, and Ex Officio, Superintendent Dr. Ray Queener.

Absent: none
· Chair Tim Hitchings called the meeting to order at 6:30 p.m.
· Revised Agenda and Revised Consent Agenda were approved.
· Approved the Treasurer's Report subject to audit.

· Resolved to accept gifts and donations from the following individuals and businesses:
First Bank & Trust, Cambridge Family Dental, Comprehensive Health Clinics, PA, Scout and Morgan Books, Chilson Jewelers, and Minn-Co Credit Union

· Approved Policy 613 – Graduation Requirements
· Approved Policy 615 – Testing Accommodations, Modifications, and Exemptions for IEPs, Section 504 Plans and LEP Students

· Approved Policy 618 – Assessment of Student Achievement
· Approved Policy 619 – Staff Development for Standards
· Approved 2019-2021 Custodial Contract

· Approved 2019-2021 Admin/Director/Management Contract
· Approved Contract for Dr. Nathan Rudolph
· Approved Nathan Rudolph and Sunday Klonecz as Designation of Identified Official with Authority for MDE

· Approved 2019-20 Athletics Agreement between Cambridge-Isanti Schools and Cambridge Christian School
· Approved 2019-20 Athletics Agreement between Cambridge-Isanti Schools and Art and Science Academy

· Adjourned at 7:12 p.m.
Published in the Isanti-Chisago County STAR on Sept. 26, 2019



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recycleminnesota.org

CLASSIFIEDS

16
Lost & Found
We can help! Place a LOST & FOUND line ad FREE for 1 week! Call us today: Kanabec County Times 320-679-2661 Pine City Pioneer 320-629-6771 Isanti-Chisago County Star 763-689-1181 ext 101

58
Trucks/Vans/SUVs
For Sale: 1998 Chevrolet 2500 4-wheel drive regular cab, less than 70,000 actual miles. Comes with 2016 8-foot Boss straight blade plow. \$4250 with plow. 320-384-7901.

102
Services
Our newspaper has end rolls for sale! These 33" tall end rolls of blank news- paper are great for: Artwork, coloring paper for kids, wrapping packages for mailing, packing material for shipping, creating banners. Lining pet cages and so much more! **Cost is .45 cents per pound.** (rolls average 15-25 pounds) **Call 763-689-1181 x 100 to find out what is in stock.** Can be picked up in our Cambridge office. 930 Cleveland St.

112
Tree Service
Tree Fellers Tree Service Insured arborist with 20+ years of experience. Free estimates – trimming, removal, and consultations. 763-227-8709

201
Child Care
Deb's Tiny Tots experience. Infant thru school ages. Certified CPR/First Aid. Brahm. 763-333-4990.

361
Lawn & Garden
Black rotted manure. lg load, fast delivery. Also firewood. 320-241-6983 or 479-244-6952.

369
Want to Buy
Want to Buy all kinds of silver objects. Please call Mike at 763-843-0867

404
Garage Sales
9/26-9/29 - Toys, household, Blizzak tires, Ranger Honeycomb grill, books – adult and kids, costume jewelry, small formal dresses, VCR tapes, scrap metal, man stuff, misc. 44875 Deerwood Tr. Harris

451
Rentals/Commercial
House for rent in Ogilvie, MN. 2,000 square foot house, 400 square foot heated double garage and 2,000 square foot basement. 4 bedrooms, 3 bathrooms. Washer, dryer and refrigerator included. \$1,500/month plus utilities. Utilities include electric, gas, wood, snow plow, mowing and lawn upkeep. 949-572-4730

52
Cars
1983 Chevrolet Suburban. 2WD, 1/2-ton. Rebuilt drive train 350/350. \$2700. Call or text 612-239-3288

102
Services
Alterations and clothing repairs, 25 years experience. 320-396-4152 Contact Rosemary. Brahm

108
Landscaping
Home site prepping and pond excavation. Call, text, message Jon at 320-279-0753.

151
Business Opportunities
Restaurant for lease. Great terms! Great location! 651-339-1608 (Glen)

301
Farm Misc
Custom Harvesting Wanted: Northwest of Brahm. 36 inch rows and narrow equipment required to access fields. Call 612-280-0648.

362
Miscellaneous
Estate Garage Sale: older snowmobiles, juke box, tools, toolbox, 2008 mini Cooper- as is, pop machine, much miscellaneous. 9/28-29, 9am-5pm. 2326 Whitetail Drive, Brook Park.

401
Auctions
September 28 10:00 a.m. Linden Storage Auction. Located at Hwy 65/Fish Lake Road, Mora. Two units. No reserve. Cash only. Tools, construction supplies, lawn and garden, collectibles, household and much more.

408
Senior Living
Senior Housing – subsidies available. Northern Oaks, North Branch and Meadow's Edge, Isanti. Units available soon. 952-935-6256

502
Real Estate For Sale by Owner
3 Bedroom, 2 bath home w/2 car garage, fenced in yard in Hinckley: \$78,000 O.B.O. Call for appointment 320-216-5880.

55
Motorcycles
For Sale: 2009 Honda Goldwing. 47,000 plus miles. 320-679-4868.

102
Services
Roof problems? We can save you money. 320-674-0755.

159
Health Care
East Central Audiology Audiology and hearing aid care. Cambridge 763-689-2121.

351
Antiques
We buy sterling silver and gold jewelry, coins, and records. Call Manuel 651-775-3930, or visit the store Thursday-Sunday. Rose's Collectibles, 12815 Lake Blvd, Lindstrom.

355
Furniture
Bedroom set and appliances. Best offer. 763-280-2284.

362
Miscellaneous
For Sale: Storage shed, 8x10, vinyl siding, shingled roof, \$800 obo; Generac 5500 generator, used once, \$500 obo; air conditioner; electric lawnmower, chainsaw, polesaw; 20-foot step ladder. 320-679-4543.

404
Garage Sales
4-H Annual rummage sale. At 4-H Building in Kanabec County Fairgrounds. \$5 per bag. Books are 25 for \$1. 8-5 Sept 19-20, Sept 26-27, Oct 3-5.

404
Garage Sales
Priced to sell, rain or shine. 4-family sale. September 26-27, from 8am-6pm. East of Mora on Quamba (Mud) Lake, follow signs. Too much to mention. Karen's Day-care.

502
Real Estate For Sale by Owner
Place an ad today! Call 763-689-1181 or go to countystar.com - click on Classifieds, place an ad!

The smart way to sell your stuff!
Call 763-689-1181 or
www.countystar.com - click on Classifieds, place an ad!

355
Furniture
For Sale: Reconditioned washers, dryers, ranges, refrigerators. Rick's Home Furnishings 320-679-4047.

362
Miscellaneous
Looking for that perfect gift for an anniversary or birthday? Think about giving a subscription to the Kanabec County Times. Call our office today (320)679-2661 to start delivery – we accept Visa or Mastercard!

404
Garage Sales
Priced to sell, rain or shine. 4-family sale. September 26-27, from 8am-6pm. East of Mora on Quamba (Mud) Lake, follow signs. Too much to mention. Karen's Day-care.

SAVE AFFORDABLE COURT PLANS
We accept payments – No co-signer required!
Bankruptcy \$965* • Divorce/Custody \$570*
DUI/Civil/Other starts \$330*
*court fees additional • debt relief agency
612-326-3300 or 218-828-4483

GREEN THUMB FAVORITES
Your Lawn and Garden Guide

Fall pruning

The advice by many experts regarding fall pruning is "DON'T DO IT" as it can cause more harm than good.

- Pruning in the fall would stimulate new growth when a plant should be trying to go dormant.
- New growth weakens the plant which is not what a plant needs when it is heading into winter.
- Fall pruning creates a wound that can result in a more severe winterkill

Good time to prune

- Middle of winter or early spring if you absolutely can't stop yourself.
- When it is sunny and dry as pruning while it is wet/damp outside will cause diseases to spread. Damp weather promotes mold and bacteria.
- In the spring once a plant has finished flowering.

Pruning too much

- Most plants don't require

pruning-Fruit trees and overgrown shrubs are really the only thing that requires it and helps them to produce more fruits and flowers.

Pruning focus

- Dead or dying branches
- Low hanging branches
- Prune back to the main stem

Leaving a stub sticking out opens your tree or shrub up to bacteria or gives insects a home.



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29905 State Hwy. 65 NE, Isanti, MN 55040
www.northland-landscaping.com

EMPLOYMENT

SEPTEMBER 26, 2019



www.countystar.com



ISANTI-CHISAGO COUNTY STAR 23

On-site caretaker/ maintenance person for Northern Oaks senior housing. 952-935-6256

Organist/pianist, part-time at Cambridge Lutheran Church. Contact Mary Chapman at 763-689-1211 ext. 6004.

Wanted: Semi-truck drivers and tractor operators for October sugarbeet harvest. Primarily auto-shift semis. No CDL required. Great housing and meals included. 320-875-4525, leave message.

PLACE A CLASSIFIED TODAY!! CALL 763-689-1181 or visit www.countystar.com, click on Classifieds, place an ad.



NOW HIRING!

We are looking for employees to support people with special needs in a fast paced dynamic environment. Daytime hours M-F No Weekends!
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Get more info at clachieve.com or call 651.257.6709

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ECUMEN
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LPN, RN, CNA & RA

FT and PT positions available.
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Please see website for more information and job descriptions www.ecumen.org/careers or call Amy @ 651-237-3055

AA/EOE/Vets/Disabled

PROGRESSIVE LIVING SOLUTIONS

Progressive Living Solutions is a local North Branch residential adult foster care provider supporting high functioning adults with mental illness and other disabilities.

Looking for kind and caring staff to assist us in our fun and laid-back social environment. No physical cares or restraining actions required. Offering a competitive hourly wage, paid training, annual bonus, and a \$500.00 new hire bonus. Now hiring for AM Shifts 7:30am – 3:00pm and PM Shifts 3:00pm – 10:15pm with rotating weekends.

Please call to discuss these opportunities!
(651) 277 – 7777 or apply online at www.PLSMN.net

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651-484-2726

Chisago COUNTY FINANCIAL ASSISTANCE SUPERVISOR II FULL TIME

Chisago County has an opening for a full time Financial Assistance Supervisor II. Duties include: supervising staff in the income maintenance unit; assisting the Family and Support Services Division Manager in developing policy; assessing policies, rules, and regulations; assuming responsibility for the maintenance of standards within the Income Maintenance program; other duties as assigned. Desired Qualifications: Graduation from accredited four year college with major in social work, psychology, sociology, business administration, public administration or related and 3 years' experience as a Financial Assistance Supervisor I OR experience as Financial Assistance Supervisor I may be substituted for college coursework OR Master's Degree in related field may be substituted for experience. \$30.06 - \$41.23 DOQ. Apply online at Minnesota Merit System at governmentjobs.com/careers on Job ID 928-OC Financial Assistance Supervisor II by September 27, 2019.

NorthStar
Printers • Publishers

NorthStar Media has a PT/FT position open in our mailroom/inserting department.

Willing to work flexible hours; requires some heavy lifting. Starting wage \$11/hr.

Send resume/application to **NorthStar Media**
930 S. Cleveland St.
Cambridge, MN 55008

CLO

Now Hiring Direct Support Professionals

Homes in Hugo, Dellwood, White Bear, Wyoming, North Branch, Harris, Stanchfield, Pine City, Brook Park
\$250 Sign on Bonus

Starting wages range \$12.00 to \$17.00/hr. Weekend differentials, Overnight differentials
Year-end bonus
Paid training
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We have full-time, part-time, and relief positions available
Community Living Options provides 24-hour residential care and supervision to adults and children with intellectual developmental disabilities, mental health and medical challenges.

For interview call Polly @ 651-237-1087 or email: Trainer@clomail.com
Apply online at CLO-MN.com

Pressman Apprenticeship Program Opening!

PRESS HELPER/PRESSMAN TRAINEE

Duties include, but are not limited to: jogging, roll tending (moving and loading paper rolls using a cart), filling ink fountains, setting ink keys, hanging plates, maintenance, and training to become a pressman.

REQUIRED SKILLS: mechanical aptitude, stand for 100% of shift, be able to bend and twist, climb ladders, moderate carrying and pulling, and the ability to lift up to 60 pounds.

Starting Hours: 32-40 hours a week • Shift: varies daily - starting (earliest) 5:30am; finish approx. 3:30pm
Benefits: health, dental, vision, life, disability, 401K, paid time off, holidays off, NIGHTS & WEEKENDS OFF!
Starting Wage: \$12/hour + depends on experience

Apply in person or mail/email your resume to the info below.

Northstar Media Printing
930 S Cleveland • Cambridge, MN
printing@northstarmedia.net

Chisago COUNTY SOCIAL WORKER/CASE MANAGER FULL TIME

Chisago County has an opening for a full time Social Worker/Case Manager. Duties include: providing case management, care coordination, and employment support; utilizing competencies in mental health, child welfare, addiction, vocational readiness and rehabilitation, and disability services. Position will focus on mental health. Desired qualifications: Bachelor's or Master's degree in social work or related field plus supervised field placement or 1-3 years in human services setting. Must participate in minimum 15 hours per year of continuing education/training. Mental Health Professional licensure is not required but is preferred. \$21.64-\$33.18 DOQ.

Apply online at governmentjobs.com/careers at **County Agency Social Worker – Chisago County Job ID 011-13 by Monday, October 7.**

WANTED: TEMPORARY OFFICE EMPLOYEE

The Kanabec County FSA Office is accepting applications for a temporary office employee. The successful applicant will assist in general day-to-day operations along with some computer operations. Also, will assist with 2018 Farm Bill Program signups. This appointment is not to exceed 12/31/2019.

Applications can be obtained by contacting the Kanabec County FSA Office, 2008 Mahogany St., Suite 1, Mora, MN 55051 or calling 320-679-2080 Ext #2. Applications will be accepted through COB Wednesday, Oct. 2.

Candidates will be considered without discrimination for any non-merit reason such as race, color, national origin, sex, religion, age, disability, political beliefs, sexual orientation, and marital or family status or membership or non-membership in any employee organization. This agency provides reasonable accommodation to applicants with disabilities. The decision on granting reasonable accommodation will be on a case by case basis.

POWERSPORTS TECHNICIAN

Olson Power and Equipment is seeking a full time, experienced Powersports Technician. Qualified applicant must be able to troubleshoot and perform service and repair ATV's, SxS's, snowmobiles & PWC's. The preferred candidate will have BRP certification. Olson Power and Equipment services Kubota, Can-Am, Ski-Doo, Sea-doo, Ferris, Simplicity, and Grasshopper. Benefits include health insurance and paid time off plus profit sharing.

Responsibilities and Duties

- Set up snowmobiles, SxS's, ATV's & PWC's
- Provide prompt, dependable, high quality, service to customers.
- Provide clear documentation of service.
- Complete repair work within the scheduled time.
- Request parts for the job as early as possible when needs become known.
- Perform Service repair work in accordance to factory specifications.
- Provide own tools
- Focus on quality and ensuring issues are fixed on the first visit.
- Install accessories
- Problem solving

Olson Power & Equipment

38560 14th Ave. Across I-35 from North Branch Outlets North Branch MN
651-674-4494
800-657-5198
www.olsonpower.com

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Yard/Warehouse Loader

- Hours available: 15-25, flexible
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COME CHECK US OUT!

Apply in person at:
21380 Forest Blvd, Forest Lake, MN 55025

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MECHANIC/SHOP TECH NEEDED

DUTIES INCLUDE:

- Planning maintenance schedules
- Small engine diagnostics, troubleshooting & repair including gas, diesel, hydraulic & electrical systems
- Documenting repairs
- Trade school training helpful, but not necessary

Part-time, 15-25 hours per week, flexible.

Apply in person
21380 Forest Blvd
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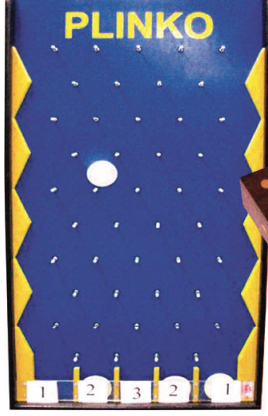


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\$20 ENTRY

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