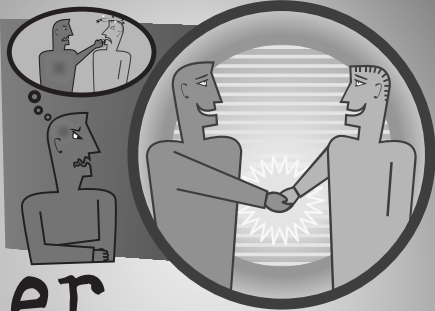


Act Not In Anger



“You shall not take vengeance, nor bear any grudge against the children of your people, but you shall love your neighbor as yourself: I am the Lord.”
Leviticus 19:18
(NKJV)

Have you ever become so angry with someone that you vowed to cut off ties with them and started plotting your revenge only to realize a few hours later how foolish you were behaving? If you answered yes to this question, you are not alone. Many people react angrily when they are wronged and carry a grudge for a few days as they consider ways to get even. Anger is a natural, healthy response. However, acting on that anger by carrying out revenge or bearing a grudge against someone forever is not. As children of God, it is our responsibility to keep our anger in check and forgive others as God forgives us. The path to forgiveness starts with love. We should love others as we love ourselves and treat them as we want to be treated. None of us wants to be the object of revenge or a grudge, so why should we do that to others. We should strive to be the loving individuals that God wants us to be, and when someone makes a mistake, ask God to help us forgive them rather than make them pay for

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