THEN

Celebrating Seniors in the Coachella Valley & Morongo Basin

Escape The Heat During Summer At The Palm Springs Aerial Tramway



By Alison Elsner

The summer season at the Palm Springs Tram offers special hours to beat the heat, with exciting programs for the entire family. The mercury at the top of the Tramway is typically 30-40 degrees cooler than on the valley floor, with tram cars taking riders from the valley station up to the mountain station at an elevation of 8,526 feet.

The summer pass includes unlimited Tram admissions for the passholder, a 10 percent discount on additional admissions (limit 4), a 10 percent discount at Peaks Restaurant and Pines Café, free parking, and stunning views from the Mountain Station, stretching from the Salton Sea to the San Gorgonio Pass..

The world's largest rotating tram cars travel over two-and-one-half miles along the breathtaking cliffs of Chino Canyon, transporting guests to the pristine wilderness of the Mt. San Jacinto State Park. During the 10-minute journey, the tram cars rotate slowly, offering picturesque vistas of the valley floor below. Passholders can enjoy over 50 miles of hiking trails, picnic areas and campgrounds in the 14,000-acres of Mount San Jacinto State Park.

Hungry hikers can visit Peaks Restaurant for a fine dining experience, stop into Pines Café for cafeteria options or grab a cocktail in the Lookout Lounge. Visitors can also explore the gift shop, natural history museum, and two documentary-style films about the Tramway and Mount San Jacinto State Park.

Guided nature walks by State Park volunteers continue Sundays through September 1, featuring a choice of two easy trails including the Desert View Trail, a 1.5 mile walk that begins at 11 a.m., and the Long Valley Nature Trail, a .75 mile loop beginning at 1:30 p.m. Guests are also welcome to tour Desert View Trail and/or Long Valley Nature Trail on their own. There are other more adventurous hikes such as the Round Valley hike which offers a five-mile roundtrip trail that leads to picture que Round Valley, with fairly level trails and short climbs (moderately strenuous).

Get your hiking shoes dusted off, and don't forget your jacket.

The Tramway is located at 1 Tram Way in Palm Springs. Summer pass cost is &87 for adults and seniors, \$47 for kids ages 3-10. Regular admission is \$34.95 adults, \$31.95 seniors, \$20.95 kids 3-10. Visit pstramway.com or call 760-325-1391 for more information.

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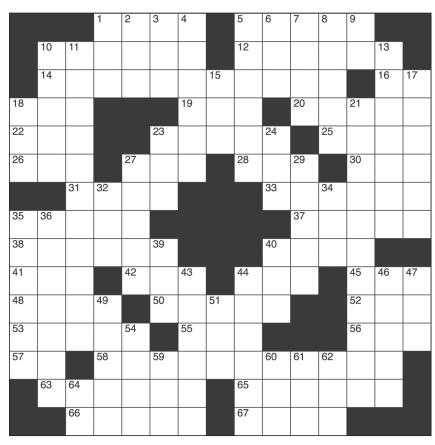
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By Luci Winborne

- The longest road in the United Arab Emirates is the Sheikh Zayed Road. It stretches more than 300 miles, from Abu Dhabi through Dubai, and is home to Burj Khalifa, the tallest building in the world.
- Americans spend more than a year of their lives flipping channels.
- · Jazz musician Louis Armstrong wore a Star of David necklace even though he wasn't Jewish. Armstrong grew up in severe poverty but found a loving second home with the Jewish Karnofsky family, who employed him in the family business. In their honor, he decided to wear a Star of David for the rest of his life.
- From 1869 until her death in 1906, Susan B. Anthony petitioned Congress annually for a women's suffrage amendment.
- Students, take note: Studies have found that comfortable clothing can have a strong effect on academic performance, with a correlation between formal/uncomfortable clothing worn during exams and lower than expected grades.
- The wood frog can hold its urine for up to eight months.
- Piet Mondrian's abstract masterpiece "New York City I" hung upside down in a museum for 77 years before experts finally noticed the error. However, they opted to keep it in that position for fear of damaging the piece.
- In 1998, a Georgia student was suspended for wearing a Pepsi shirt to "Coke in Education Day."

THE CROSSWORD



ACROSS

- **1.** Type of bread
- **5.** Range of mountains
- 10. Ended
- **12.** Musical forms with a recurring theme
- **14.** On the nature of being
- **16.** Law enforcement agency
- **18.** Australian flightless bird
- 19. Subway rodent
- **20.** More dried-up

- **22.** A beaver might build one
- **23.** Suggestive of the supernatural
- **25.** Art __, around 1920
- **26.** American rocker Snider
- **27.** Not or
- **28.** Earliest human: -Magnon Man
- **30.** Firearm
- **31.** Tough outer skin of fruit
- **33.** Alternative form of a gene
- **35.** Low shrub some call "fat pork"

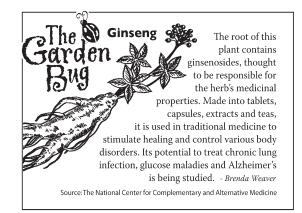
- **37.** Plants in the chamomile tribe
- **38.** Revolutionary War era spy
- **40.** Portion of a book
- 41. Hoover's office
- 42. Title of respect
- 44. Tax collector
- **45.** Cool!
- 48. Real estate
- **50.** Boy's name
- **52.** Airborne (abbr.)
- **53.** Strongly recommends
- **55.** Hit lightly
- **56.** Bar bill

- **57.** Atomic #54
- 58. Devotes again
- **63.** Fish sauce
- 65. French stock market
- **66.** Things that consist of two elements or parts
- **67.** Tense

DOWN

- **1.** Retired game show host Sajak
- 2. Equal (prefix)
- **3.** Israeli city Aviv
- 4. Loved
- 5. A type of analyst
- **6.** Ad
- **7.** Gasteyer and de Armas are two
- 8. Ran without moving
- **9.** Opposite of yes
- **10.** Diffuse clouds of gas
- **11.** Mentioning one by one
- **13.** Instruments used to dilate
- 15. Freshwater fish
- **17.** Remotely-manned flying objects
- **18.** Doctor of Education

- 21. Renews
- 23. Not the start
- 24. Pitching stat
- 27. Small water buffaloes
- 29. Ceramic jars
- **32.** I (German)
- **34.** Something to toss on a fire
- **35.** The process of flowing in
- **36.** A series of acts at a night club
- **39.** Egg of a louse
- **40.** Inquire too closely
- 43. Travelers
- 44. Drink
- **46.** Behave in a way that degrades
- **47.** Electronic music style
- 49. Northern Ireland city
- **51.** Upset
- **54.** Stiff structure resembling a hair
- 59. Father
- 60. North Atlantic fish
- **61.** 8th month (abbr.)
- 62. Make an effort
- 64. Commercial



THENEWS

Celebratina Seniors in the Coachella Valley & Morongo Basin

Published Monthly by Gold Mountain California News Media Inc.

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760-365-3315 • desertmobilehomenews.com

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Fun Fact



The fluffy white clouds overhead might look weightless, but they are surprisingly heavy. Scientists estimate that a cumulus cloud measuring 1,000 meters holds approximately 131,894 gallons of water, which translates to an impressive weight of 1.1 million pounds.

Source: Library of Congress (loc.gov)

Games For Your Next Backyard Bash

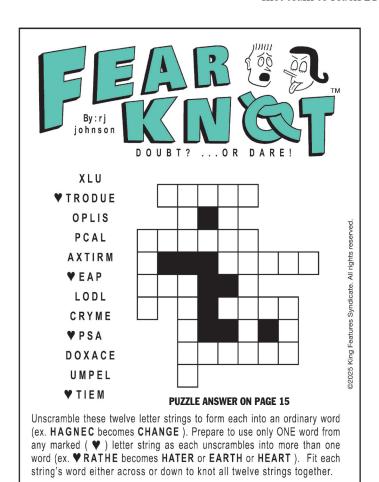
ames can enhance any outdoor function. Activities can keep guests entertained in between the food and other refreshments. And the good news is that most games designed for these types of functions are appropriate for players across a wide range of ages.

The following are games that can add to the excitement of any outdoor gathering.

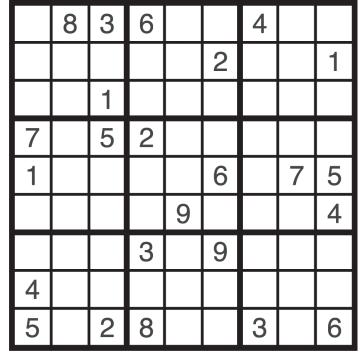
- **1. Ladder toss:** Also known as ladder golf, this game requires players to toss string-attached balls onto a ladder-shaped target. Points are awarded depending on which rung the ball lands on.
- **2. Kubb:** This Swedish lawn game believed to have originated during the era of the Vikings and is best described as a blend of bowling and horseshoes. Two teams compete to knock over their opponents' wooden blocks by throwing batons.
- **3. Cornhole:** Many people have played cornhole, which involves tossing bean bags at the cornhole board, The objective is to get the bag into the hole or on the board to score points. The game can be played as singles or doubles. The first team to reach 21 points wins.

- **4. Spikeball:** This two-on-two sport is played by hitting a ball off a net with the goal of preventing the opposing team from returning the ball within three touches.
- **5. Ring toss:** This is another game that tests hand-eye coordination. Players take turns tossing the rings onto the target pegs. Each peg is worth a different number of points. The first player to reach the agreed-upon amount of points wins.
- **6. Connect four in a row:** Giant versions of familiar tabletop games also are available for yard use. With this game, players need to get four chips in a row, either up and down or diagonal.
- **7. Kan Jam:** Kan Jam features two teams of two that alternate between throwing a frisbee and trying to deflect it. The goal is to get the frisbee into the can.
- **8. Rollers:** Goals are placed 25 feet apart and then players roll wooden discs to try to get closest to the goal. Each side of the disc has a different number to determine the point value.

Backyard events can be enhanced with some game play. There are plenty of fun options for your next gathering.



THE NEWS SUDOKU ANSWER ON PAGE 15



Calendar of events and performances

WEEKLY

Palm Springs Power Baseball Catch the thrill of summer baseball with \$3 Bud and Bud Light drafts on Tuesdays, \$4 Spicy Watermelon Margaritas every Wednesday, and free admission for kids 12 and under on Saturdays—plus cool misted nights and fireworks to light up the season. *Palm Springs Stadium*, 1901 E. Baristo Road, Palm Springs. 760-778-4487, palmspringspowerbaseball.com

JUNE 13

Jose "Hoozay" Velasquez This unapologetically Salvadoran comedian serves up razor-sharp wit, cultural swagger, and jokes about immigrant parents that hit just right—plus, plenty of laughs to go with your pupusas. 8 p.m. Spotlight 29 Casino, 46200 Harrison Place, Coachella. 760-775-5566, spotlight29.com

Los Tigres Del Norte: This legendary band delivers unforgettable performances of iconic hits like "Jefe de Jefes," "La Puerta Negra," and "Contrabando y Traición." It continues to shape the legacy of regional Mexican music with powerful storytelling and award-winning sound.8 p.m. The Show at Agua Caliente Casino, 32250 Bob Hope Drive, Rancho Mirage. 800-514-3849, aguacalientecasinos.com

JUNE 14-15

Big Gay BBQ Celebrate summer with mouthwatering BBQ, refreshing drinks, live music, and fun backyard games—all in a welcoming, feel-good vibe where friends gather for a finger-lickin' good time. Free community event, 3 p.m. *Arenas District, Arenas Road between Indian Canyon Drive and Calle Encilia. Downtown Palm Springs. pspride.org/biggaybbq*

JUNE 14

The Fab Four Experience the ultimate Beatles tribute with flawless, note-for-note performances of classics like "Hey Jude," "Yesterday," and "Twist and Shout," complete with authentic costumes and show-stopping energy that will transport you back in time. 8 p.m. *The Show at Agua Caliente Casino, 32250 Bob Hope Drive, Rancho Mirage. 800-514-3849, aguacalientecasinos.com*



Freda Payne An intimate evening of timeless jazz and R&B classics, including a tribute to Ella Fitzgerald and unforgettable hits like "Band of Gold" and "Bring the Boys Home," accompanied by Josh Nelson on piano. 7 p.m. *Oscar's 125 E. Tahquitz Canyon Way, Palm Springs. 760-325-1188, oscarspalmsprings.com*

JUNE 16-20

Native American Arts Festival A vibrant week-long celebration showcasing Native American art, culture, music, and cuisine—featuring exhibitions, performances, lectures, film screenings, and family-friendly activities honoring tribal resilience and traditions. *Idyllwild Arts*, 52500 Temecula Road, *Idyllwild*. 951-659-2171, *idyllwildarts.org*

JUNE 20

Kathleen Madigan With a sharp wit and decades of experience, this powerhouse comedian delivers side-splitting stand-up on her Potluck Party Tour, featuring laughs about everything from family life to hunting Bigfoot, as seen on Netflix, Comedy Central, and Amazon Prime. 8 p.m. *The Show at Agua Caliente Casino, 32250 Bob Hope Drive, Rancho Mirage. 800-514-3849, aguacalientecasinos.com*

Ne-Yo Get ready for a night of smooth grooves, slick dance moves, and nonstop hits like So Sick, Miss Independent, Closer, Because of You, Sexy Love, and Champagne Life—all wrapped in signature R&B style and swagger. 8 p.m. *Morongo Casino Resort,* 49500 Seminole Drive, Cabazon. 800-252-4499, morongocasinoresort.com

JUNE 21

Silversun Pickups Catch an electrify-

ing live show filled with atmospheric anthems and alt-rock favorites as the band behind "Lazy Eye," "Panic Switch," and "Nightlight" delivers fresh sounds from their latest album Physical Thrills, blending dreamy textures with signature intensity. 8 p.m. *The Show at Agua Caliente Casino, 32250 Bob Hope Drive, Rancho Mirage.* 800-514-3849, aguacalientecasinos.com

JUNE 24-30

Palm Springs International Short-Fest Hundreds of powerful short films from over 60 countries light up the screen in one of the world's top showcases for bold storytelling, global talent, and award-worthy cinema. *Palm Springs Cultural Center, 2300 E. Baristo Road, Palm Springs. psfilmfest.org/shortfest-2025*

JUNE 26

Wayne Newton An unforgettable night of timeless hits like "Danke Schoen," "Daddy, Don't You Walk So Fast," and "Red Roses for a Blue Lady" from a legendary entertainer known around the world as Mr. Entertainment. 8 p.m. *The Show at Agua Caliente Casino, 32250 Bob Hope Drive, Rancho Mirage.* 800-514-3849, aguacalientecasinos.com

JUNE 28

80's Fest Break out the neon and tease up that hair—this blast-from-the-past bash brings the bold energy of the '80s to life with live sets from Loverboy ("Working for the Weekend"), The Smithereens ("A Girl Like You"), and Vixen ("Edge of a Broken Heart"). 6 p.m. *The Show at Agua Caliente Casino, 32250 Bob Hope Drive, Rancho Mirage.* 800-514-3849, aguacalientecasinos.com

JUNE 28-30

Hot Wheels Monster Trucks Live: Glow-N-Fire Get ready for an explosive showdown as your favorite Hot Wheels Monster Trucks, including Bigfoot's 50th Birthday bash, roar into action with fiery stunts, a new Skelesaurus debut, freestyle motocross, and a one-of-a-kind interactive Pre-Show Party for the whole family. Acrisure Arena, 75702 Varner Road, Palm Desert. 760-835-8778, acrisurearena.com



The month of June has been home to many historical events over the years. Here's a look at some that helped to shape the world in June 1925.

- Twenty-one-year-old New York Yankee Lou Gehrig is inserted as a pinch hitter for Pee-Wee Wanninger in a game versus the Washington Senators on June 1. Gehrig's appearance begins what would become a streak of 2,130 consecutive games played.
- An Independence Tribunal orders the closure of Turkey's Progressive Republican Party on June 3. The order is issued on the grounds that the party had supported the protection of Islamic religious customs that had spurred the Sheikh Said rebellion.
- The Rentenmark becomes obsolete in Germany on June 5. The currency had initially been issued in 1923 to combat hyperinflation in the Weimar Republic. The Reichsmark replaced the Rentenmark.
- Walter P. Chrysler incorporates the Chrysler Corporation on June 6 after acquiring the assets of the defunct Maxwell Motor Company.
- Norway sends out two planes to search for Roald Amundsen and his crew on June 6. The explorers had been on the North Pole seaplane expedition but were missing for two weeks before the planes were sent. Amundsen and his crew would land safely in Norway on June 16.
- On June 7, the Beaumont-Hamel Newfoundland Memorial is unveiled on the grounds where the Battle of the Somme had taken place in France in July 1916.
- Seventeen people are killed as a result of a coal mine explosion in Sturgis, Kentucky, on June 8.
- Eddie Gaedel is born in Chicago on June 8. Despite his career lasting just a single plate appearance, the 3-foot-7 Gaedel is remembered as the shortest player in Major League Baseball History.
- Various churches merge to form the United Church of Canada on June 10. The merger takes place during a meeting of church leaders and representatives at the Mutual Street Arena in Toronto, and the Church of Canada immediately becomes the largest Protestant denomination in the country.
- On June 11, the Republic of China agrees to assist the Empire of Japan and Japanese soldiers with the removal of Korean immigrants from China's northeastern provinces, where Korean indepen-

dence agitators had established a foothold.

- The Southern Branch of the University of California, now known as the University of California, Los Angeles, awards its first Bachelor of Arts degrees on June 12. Ninety-eight of the 128 degrees are awarded to women.
- Charles Francis Jenkins publicly demonstrates the synchronized transmission of pictures and sound in Washington, D.C. on June 13.
- Hawaiian surfer Duke Kahanamoku, a gold medal-winning swimmer at the 1912 Olympic Games, saves eight people off the coast of Newport Beach, California, on June 14. Kahanamoku's heroics were prompted by the capsizing of the fishing yacht Thelma.
- The Philadelphia Athletics score 13 runs in the eighth inning of a game versus the Cleveland Indians on June 15. The thirteen-run outburst erases a 14-2 deficit, and the comeback from 12 runs down remains a record today. The 1925 Athletics share the record with the 1911 Detroit Tigers and the 2001 Indians.
- Thirty-eight nations sign the Geneva Protocol on June 17. The protocol establishes a general prohibition on the usage of chemical and biological weapons in international armed conflicts.
- Italian Prime Minister Benito Mussolini launches "La battaglia del grano" ("The Battle for Grain") on June 20. The campaign aspires to decrease Italy's reliance on imported grain and advocates for the consumption of rice and ricebased substitutes for traditional Italian foods.
- The Vietnamese Revolutionary Youth League is formally established on June 21. The organization is considered the beginning of communism in Vietnam.
- The Irish Free State holds elections on June 23. The elections are the first local elections since Ireland gained its independence.
- General Theodoros Pangalos leads a bloodless coup d'etat to overthrow the government of the Second Hellenic Republic on June 25. Pangalos installs himself as the leader of Greece a day later.
- "The Gold Rush" starring Charlie Chaplin premieres at Grauman's Egyptian Theatre in Hollywood on June 26. The film remains one of the most celebrated works of Chaplin's career.
- After a speech by Helen Keller at its international convention in Ohio, the Lions Club formally launches its signature mission of assistance to the blind and the visually impaired on June 30.



1. AD SLOGANS:

Which retail chain urges consumers to "Expect More. Pay Less"?

2. MATH:

What is an obelus?

3. U.S. PRESIDENTS:

Which president was the last to own slaves?

4. LITERATURE:

Author Ian Fleming's Jamaican estate has the same name as which James Bond movie?

5. TELEVISION:

How many seasons of "Wheel of Fortune" did Pat Sajak host?

6. SCIENCE:

What are cordyceps?

7. MOVIES:

Which actor/comedian/ filmmaker made his film debut in the movie "Donnie Darko"?

8. ACRONYMS:

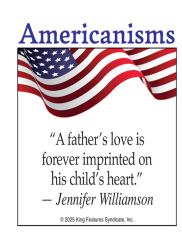
What does the acronym BBC stand for?

9. ANIMAL KINGDOM:

What is the only bird that can fly backward?

10. FOOD & DRINK:

What is a mirepoix?



Senior News Line Summer Heat Safety



Before we know it, we'll need to move into hot weather mode and take steps to stay healthy and safe in the heat.

For me, most important is keeping the house cool, since that's where I spend most of my time. The air conditioning will be set at 76 to 78 degrees, depending on the humidity.

Very soon I'll need to put up the insulated sun-blocking blackout drapes on the sunny side of the living room where the afternoon heat can bake the outside wall. Each morning I'll close those drapes before the sun moves around to that side of the house.

Next on my daily list will be to fill my

water bottles -- a half-dozen 8-ounce bottles that I can periodically grab during the day. With the little bottles, it's easy to keep track of how much hydration I'm getting.

But we can't always stay home. If you have to go out in the heat, wear light, loose clothing and a hat with a wide brim.

Ask your doctor to clarify what your water intake should be during the summer.

Keep an eye on the weather news so you'll know what to expect.

Ask your town if they've set up any cooling centers, or head to the library or mall during the hottest part of the day.

Keep track of how you feel in the summer heat. If you have weakness, nausea, dizziness or headache, it could be heat exhaustion or even lead to heat stroke. Get help -- don't delay.

If you're afraid to run the air conditioner for fear it will increase your electric bill, see if you can get some financial help from LIHEAP (Low Income Home Energy Assistance Program) at 866-674-6327. Churches and town halls are other possible sources of assistance.

For more tips on how to stay safe in the summer heat, see www.ready.gov/heat.

Skin damage builds up over time, beginning with a person's very first sunburn

According to the Skin Cancer Foundation, skin damage builds up over time, beginning with a person's very first sunburn. The more a person's skin burns, the greater his or her risk for skin cancer becomes. The SCF notes that the same ultraviolet (UV) rays that damage skin alter a tumor-suppressing gene. That alteration gives injured cells a smaller

window to repair before a tumor becomes cancerous. Five or more sunburns in a lifetime doubles a person's risk for melanoma, which can be deadly. That cumulative effect underscores the need to emphasize skin protection methods, such as wearing sunscreen and avoiding exposure to the sun between the hours of 10 a.m. and 4 p.m.

SPARKLING WORD SEARCH

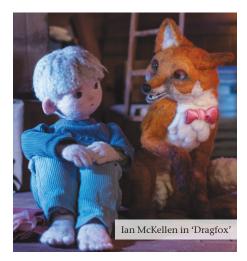
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N	M	Ü	0	S	D	U	W	G	G	M	R	Ā	D	H	R	D	D	0	I	BARRAGE	FIRECRACKERS			
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Palm Springs ShortFest

The Palm Springs International ShortFest is set to return for its 31st edition, running June 24–30, 2025, at the Festival Theaters. Sponsored by the City of Palm Springs, this year's event will feature 311 short films from 64 countries, selected from a staggering 6,200 submissions. The lineup includes 45 World Premieres, 10 International Premieres, and 94 California Premieres across 51 curated programs.

Artistic Director Lili Rodriguez praised the diverse voices and creative storytelling on display, saying the festival "embraces the fresh voices shaping the future of this industry" and highlights short films that "push boundaries, spark conversations, and entertain."

Notable shorts include appearances by major film and TV stars such as Ian McKellen, Pauline Chalamet, John C. Reilly, Haley Joel Osment, Emma D'Arcy, and Bella Ramsey. The festival will also



feature a special screening of Hulu's Paradise, directed by ShortFest alum Hanelle M. Culpepper and starring Sterling K. Brown.

Beyond the screenings, ShortFest will host panels, forums, and networking

events aimed at connecting emerging talent with industry professionals. The festival has long been recognized as a nurturing ground for new voices in film, offering filmmakers a platform to share ideas, gain exposure, and spark collaborations.

The awards ceremony, scheduled for Sunday, June 29, will highlight outstanding achievements in animation, documentary, comedy, student films, and more, including the prestigious Vimeo Staff Pick Award. Audience favorites will also be recognized, with selected winners returning for the Best of the Fest screening on June 30. With a history of spotlighting future Oscar contenders, ShortFest 2025 promises another exciting year of discovery and celebration in the heart of the Coachella Valley.

Tickets go on sale Thursday, June 5, and the full lineup can be viewed at ps-filmfest.org.













Dezart Performs Announces New Playhouse at Historic Palm Springs Church

ezart Performs is set to open the NEW Dezart Playhouse in fall 2025, transforming the historic First Church of Christ, Scientist at 605 Riverside Drive into a state-of-the-art theatre. Originally designed in 1957 by renowned architects Robson Chambers and Albert Frey, the building will retain its mid-century modern character while being adapted for modern theatrical use.

Designed by Architect Susan Secoy Jensen with TheatreDNA's Michael Ferguson and Landscape Architect JC Miller, Phase One debuts with Season 18 in November 2025, featuring a 131-seat theater, multipurpose rehearsal/event room, cast dressing rooms, and concessions.

Phase Two will launch in Season 19, adding new seating, indoor/outdoor bars, a box office, upgraded restrooms, and a full season of plays and performances.

In collaboration with the City of Palm Springs and preservation groups, Dezart is pursuing Class 1 Historical Landmark sta-



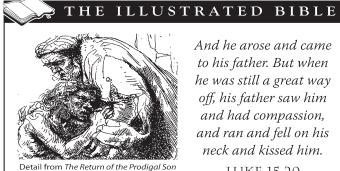
tus for the building while maintaining its architectural legacy.

To support the project, Dezart has launched the "Have a Seat" Campaign, offering naming opportunities for customdesigned theater chairs: Platinum (\$2,500), Premium (\$1,000), and Preferred (\$500). Each includes an engraved plaque and an invitation to the Season 18 launch. For more information, contact Gailya Brown

at gailya.brown@dezartperforms.org.

The transformation of the church marks a milestone not only for Dezart Performs but for the Palm Springs arts community at large. As the city's only Equity theatre, Dezart continues to champion bold, thought-provoking productions while investing in the preservation and adaptive reuse of one of Palm Springs' most iconic mid-century buildings.





to his father. But when he was still a great way off, his father saw him and had compassion, and ran and fell on his neck and kissed him.

And he arose and came

LUKE 15:20



29 Brews Wins California Brewery of the Year Again

oachella Valley's own 29 Brews, proudly owned and operated by the ✓Twenty-Nine Palms Band of Mission Indians, has once again claimed top honors as "California Brewery of the Year" at the prestigious 2025 New York International Beer Competition. This marks the second consecutive year the Coachellabased brewery has won this coveted title, competing against breweries from over 15 countries with more than 700 entries.

The competition, now in its 14th year, is judged exclusively by industry professionals, including beer cicerones, importers, distributors, and top restauranteurs, all tasting blindly to ensure fair judgment. This year, 29 Brews took home multiple medals, showcasing the craftsmanship behind its award-winning lineup brewed at Spotlight 29 Casino's Taproom 29.

Highlighting the wins were Gold Medals for Chairman's Blonde and Chairman's Mexican Lager. Chairman's Blonde, a smooth and lightly toasted blonde ale brewed with a single malt and two hop varieties, secured gold for the second year in a row. Chairman's Mexican Lager, an



authentic Mexican-style lager with a crisp, balanced profile, also earned a Gold Medal, solidifying its place as a favorite among Coachella Valley beer lovers. Together, these Chairman brands poured over 44,000 pints last year at the Tribe's Spotlight 29 and Tortoise Rock Casinos.

Other medal-winning beers include Silver Medals for Rez Rage Red, Hoppin' Aussie Hops (an Australian Pale Ale introduced just last year), and Tipsy Tortoise, as well as a Bronze Medal for Mad Bison Stout. Brewmaster Jacob Jimenez leads the brewery's precise, handcrafted approach to beer across eight distinct styles, fueling 29 Brews' rapid rise to craft beer prominence in California.

29 Brews can be enjoyed at the two casinos, the Red Falcon Lounge, the Chairman's Club inside Acrisure Arena, and at major Coachella Valley sporting events like the American Express Golf Tournament and BNP Paribas Open.

For more info on 29 Brews and where to enjoy their award-winning beers, visit 29brews.com.

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Interesting Facts About The World's Oceans

ceans cover more than 70 percent of the Earth's surface. According to the National Oceanic and Atmospheric Administration, oceans contain nearly all of the Earth's water, which is just one reason why studying oceans and ways to protect them is so important. Oceans attract billions of visitors and vacationers each year, and learning about them can instill an even greater appreciation for these vast and vital bodies of water. The following are some interesting facts about the world's oceans that might surprise even the most devoted sea lovers.

- Ocean water is constantly moving. Many people love being near an ocean because of its calming effects, but even when waves aren't crashing onto the shore water is never sitting still. According to the U.S. Geological Survey, the water cycle guarantees that the Earth's water supply is constantly on the move.
- Oceans affect the climate. The USGS notes that oceans affect and regu-

late the Earth's climate by circulating vital heat and moisture around the globe. That's why processes like the Gulf Stream in the Atlantic Ocean can affect the climate across the planet and not just in Atlantic coastal regions.

- Oceans feature incredible biodiversity. The World Wildlife Federation reports that the oceans are home to more than 240,000 known species. But that incredible biodiversity only tells a portion of the story of the world's oceans, as the WWF notes studies have suggested there are millions of undiscovered species in the deep sea, which remains largely unexplored.
- Oceans make human life possible. The WWF notes oceans absorb more than 25 percent of human-induced carbon emissions and store as much heat as Earth's entire atmosphere, making these bodies of water vital to maintaining human life.
- Oceans contain critical minerals that fuel the economy and bolster

national security. The USGS defines critical minerals as non-fuel minerals that are essential to economic or national security and have a supply chain that is vulnerable to disruption. The ocean contains 37 of 50 critical minerals, including cobalt, lithium, manganese, and titanium. Without this supply, life as humans know it would be vastly different, and considerably less safe and economically secure.

• Less than 10 percent of the world's oceans have been mapped. Sea exploration has existed for millenia, but that doesn't mean humans know all there is to know about the layout of the world's oceans. The USGS notes just 10 percent of the world's oceans have been mapped as of 2025, which leaves a lot more to learn about these vast bodies of water.

The world's oceans are vital to human life and a healthy planet Earth. More information about the oceans can be found at usgs.gov and wwf.org.

Out on a Limb







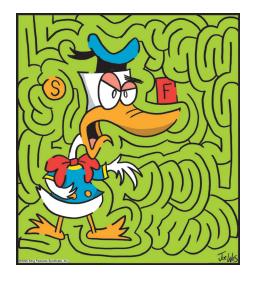


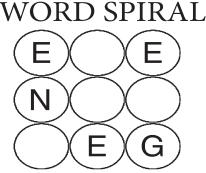
Friendly Finnish football fans find fun in fall sports besides football. For example, of all the outdoor sports (including fishing on frosty mornings), they enjoy fencing, even though it is an off-season activity and is held indoors. Fun for all!

How many times does the letter "F" appear in the above paragraph?

PUZZLE ANSWERS ON PAGE 15

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Fill in the missing letters to reveal the nine-letter word that starts at one of the four corners and moves clockwise around the perimeter before ending in the center.

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The Sweet Truth About Fruit And Sugar

Tresh fruit is a delicious treat that can be enjoyed any time of year, but consumption seems to heat up as the mercury rises. Many fruits come into season in spring and summer. Cherries, melons, plums, nectarines, and blueberries are just some of the tasty fruits that are typically enjoyed during warm months. But for those who are trying to eat healthy, they may wonder if fruit — which tends to be high in sugar — aligns with their diet and exercise plans.

People long have been advised to monitor their sugar consumption. Harvard Health reports that the effects of too much sugar intake can result in elevated blood pressure, inflammation, weight gain, diabetes, and fatty liver disease. Yet fruits are listed on the USDA's Dietary Guidelines for Americans, with experts saying adults should aim for 1.5 to two cups of fruit per day, or about two servings. That's because not all sugar is created equal. Fruit contains naturally occurring sugar (fructose) rather than the added sugar that is in many foods,



baked goods and candy. According to the Cleveland Clinic, the body processes natural sugars differently than it would sugar in cookies and cakes. Healthline indicates that fructose is only harmful in large amounts, and it is difficult to get excessive amounts of fructose from fruit. That means for most people, the amount of sugar in fruit is safe to eat.

Fruits tend to be loaded with fiber and water, which can help a person feel fuller, longer. And the high fiber content means fruits will take a while to digest and the fructose will be processed by the liver slowly, which should not cause a sugar spike like added sugar would.

That isn't to say that all forms of fruit are the same. Eating whole fruit is the best type because of the fiber and the protective nutrients, including antioxidants. Fruit juice is a more concentrated source of fructose that doesn't have the fiber to moderate sugar absorption. Excessive fruit juice intake can cause fat deposition in the liver, obesity, and insulin resistance since juice is stripped of the fiber and often nutrients during

Those who want to avoid the fruits with the highest sugar concentration should skip mangoes and apples, which have 46 and 25.1 grams of sugar in one piece of fruit, respectively. However, unless a person has diabetes or another health condition where blood sugar levels need to be monitored, individuals shouldn't fret about the fruit in sugar, as most don't eat enough for the sugar to be a concern.

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: A equals C

YWBFJ JNNFXDE GLDIWSUJ WDBO WY YWWI JSAG LJ AGNIILP, AWBCO, CPXN LDI YNUL: AGNNJN-CNEELPJ.

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cryptoQuote

AXYDLBAAXR is LONGFELLOW

One letter stands for another. In this sample, A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each week the code letters are different.

CG DUYDVU ICI FYS VYWU YFU KFYSOUH, C HUKVVB IYF'S RUU POKS NRU SOUHU PYNVI EU CF OKWCFT RDHCFT. - WCASYH ONTY

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Amber Waves

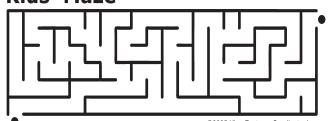








Kids' Maze



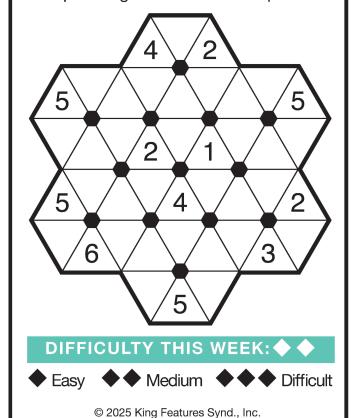
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NOMELIARE

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



How Flag Day Got Its Start



lag Day is commemorated each year in the United States on June 14. Though Flag Day is not an official federal holiday, the day remains significant nonetheless, as it traces its origins all the way back to 1777.

The Second Continental Congress formally adopted the flag of the United States on June 14, 1777. That resolution noted certain characteristics of the new flag, including the alternating red and white stripes that remain part of the flag that is celebrated each June 14.

Flag Day is one of various notable events and holidays commemorated in June, a list that includes Father's Day, Juneteenth and the summer solstice. That can make it easy for Flag Day to get lost in the proverbial shuffle, but the Farmer's Almanac notes it is customary for the sitting president of the United States to encourage Americans to display the flag outside of their homes and businesses each June 14. The flag is flown from all public buildings on Flag Day, which the Farmer's Almanac reports is another rich tradition that dates back 1877 and the centennial of the flag's adoption.

President Woodrow Wilson issued a presidential proclamation on June 14, 1916, that designated the day as Flag Day going forward. Thirty-three years after President Wilson's proclamation, the U.S. Congress officially established June 14 as National Flag Day.

One notable tidbit Americans can consider this Flag Day is the connection between the flag and seamstress Betsy Ross. Many American schoolchildren were taught that Ms. Ross designed and sewed the first American flag, but historians have since discredited that legend. The Farmer's Almanac notes that many historians now believe George Washington already had a design for a flag with 13 red and white alternating stripes and 13 six-pointed stars set in a circle when he visited Ms. Ross in Philadelphia. And while historians do not doubt that Ms. Ross sewed a flag reflecting the design George Washington brought with him when visiting the seamstress, it's hard to confirm if she in fact sewed the first flag.





- J.D. of Massachusetts writes: "Mix 1/2 cup vinegar and a chamomile tea bag in a pan of medium hot water. Let cool slightly and soak feet for up to 10 minutes. Follow up with foot powder or deodorant."
- Cucumber is a speedy diuretic. Try snacking on slices of it for a cool treat. Or deseed slices and slip a few in your glass of cold water.
- If you keep a couple of crackers in your sugar jar, they will keep the sugar from caking.
- "When we go to the doctor with our youngest, we bring

Just Like Cats & Dogs

a few crayons. She will lie down on the exam table paper, and we draw her outline. Then she can fill in her face and other details. This usually calms her while she is waiting. The doctor even has used the outline to talk about her body to her." -- E.S. in Georgia

- Boost your metabolism by drinking green tea hot or cold. Try it over ice with honey and a sprig of mint.
- "In older houses, you might have a problem with cracking drywall when trying to hang pictures. You can solve this by placing a bit of clear tape over the spot where you are going to drive in a nail. It goes right in. If your are nailing into wood, you can drag your nail through some soap (bar soap is fine) before striking and it does the same thing, keep the wood from splitting." -- P.K. in New Jersey



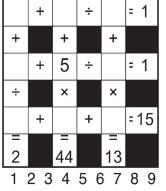


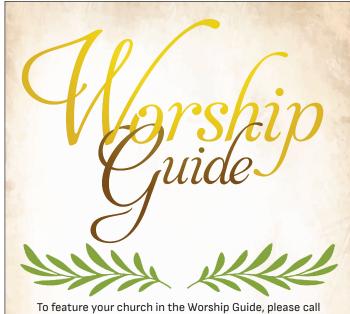
GO FIGURE!

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

	+		÷		- 1
+		+		+	
	+	5	÷		- 1
÷		×		×	
	+		+		= 15
=		=		=	
= 2		= 44		13	

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Palm Springs Cooling Centers Now Open

s summer temperatures soar in the Coachella Valley, the City of Palm Springs has activated its cooling centers to offer residents and unhoused individuals a safe, air-conditioned place to escape the heat. These centers are open when temperatures hit 100°F or higher and will operate through the end of September.

Two main locations are available for the general public. The James O. Jessie

Desert Highland Unity Center, located at 480 W. Tramview Road, is open Monday through Friday from 9 a.m. to 5:30 p.m. The Palm Springs Public Library, at 300 S. Sunrise Way, welcomes visitors Monday and Thursday from 10 a.m. to 6 p.m., Tuesday and Wednesday from 10 a.m. to 8 p.m., and Friday and Saturday from 10 a.m. to 5 p.m. Pets are also welcome—dogs must be on a leash and cats in a carrier.

For unhoused individuals, Martha's Village and Kitchen operates a dedicated cooling center at the Palm Springs Access Center, located at 225 El Cielo Road (across from the airport). This facility is open daily, with overnight shelter available at the Palm Springs Navigation Center for those in need of additional support.

Stay safe, stay hydrated, and stay informed. For more details and updates, visit EngagePalmSprings.com.

Lakers Make Triumphant Return to the Desert

et ready, Coachella Valley — the Los Angeles Lakers are coming back to the desert for another thrilling preseason showdown! The Lakers have announced four home games for their 2025-26 preseason schedule, with an electrifying opener against the Phoenix Suns at Acrisure Arena in Greater Palm Springs on Friday, October 3. This game marks the Lakers' third

straight preseason visit to the Coachella Valley, following sold-out crowds in both 2023 and 2024. The return celebrates the franchise's deep and storied connection to the region, which once served as the Lakers' training camp home during the iconic Showtime era. After a 26-year absence, the Purple and Gold re-energized their fans in the desert with a triumphant sold-out appearance

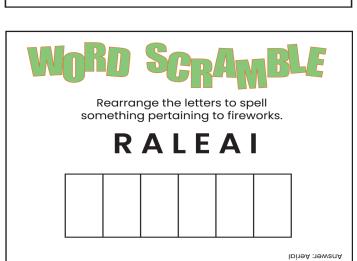
in 2023, and this year's return promises even more excitement.

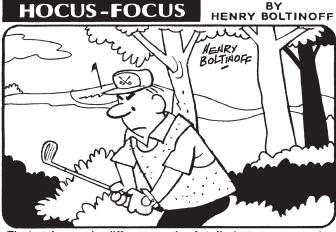
Fans eager to catch the Lakers in Greater Palm Springs can purchase individual tickets at www.ticketmaster.com. Spectrum SportsNet will broadcast all preseason games, kicking off its 14th season as the exclusive regional TV home for the Lakers. Radio fans can tune in to 710 AM ESPNLA or Spanish broadcasts on KWKW 1330 AM.

GUESS WHO?

I am an actor born in Kentucky on June 9, 1963. I dreamed of being a musician and dropped out of school at 15 to perform with my band. In the 1980s, I rose to stardom on a popular TV show about undercover cops. But it was leading roles, many of them quirky characters, that solidified my fame.

Ψυενκει: 1ομυυλ Depp





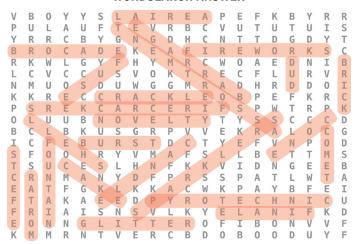
Find at least six differences in details between panels.



Differences: 1. Club is longer. 2. Tree trunk is thinner. 3. Vest neckline is different. 4. Cap is larger. 5. Cloud is lower. 6. Leaves are missing from tree.

SERVICE DIRECTORY

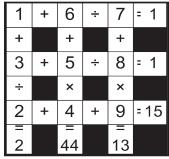
WORDSEARCH ANSWER



FEAR KNOT ANSWER



GO FIGURE ANSWER



TRIVIA TEST ANSWER

- 1. Target.
- 2. The division sign.
- 3. Ulvsses Grant.
- 4. "GoldenEye."
- **6.** A type of fungus or mushroom.
- 7. Seth Rogen.
- 8. British Broadcasting Corp.
- 9. Hummingbird.
- 10. A recipe base of onion, celery and carrots.

STICKLER ANSWER

Seventeen times. Did you count the "F" in the word "of"? It also needs to be counted twice in the word "off."

CRYPTOQUIP ANSWER

Folks seeking handouts only of food such as cheddar, colby, brie and feta: cheese-beggars.

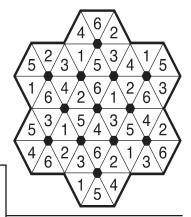
CROSSWORD ANSWER

			Р	1	Т	Α		С	Н	Α	1	N		
	С	Е	Α	s	Е	D		R	0	N	D	0	s	
	0	Ν	Т	0	L	0	G	1	С	Α	L		Р	D
Е	М	U				R	Α	т		s	Е	R	Е	R
D	Α	М			Е	Е	R	1	Е		D	Е	С	0
D	Е	Е		Α	Ν	D		С	R	0		G	U	Ν
		R	1	Ν	D				Α	L	L	Е	L	Е
1	С	Α	С	0						L	0	N	Α	s
Ν	Α	т	Н	Α	Ν				Р	Α	G	Е		
F	В	1		s	1	R		1	R	s		R	Α	D
L	Α	Ν	D		Т	1	М	М	Υ			Α	В	N
U	R	G	Е	S		D	Α	В				Т	Α	В
Х	Е		R	Е	D	Е	D	1	С	Α	Т	Е	s	
	Т	Α	R	Т	Α	R		В	0	U	R	s	Е	
		D	Υ	Α	D	s		Е	D	G	Υ			

SUDOKU ANSWER

2	8	3	6	5	1	4	9	7
9	5	4	7	8	2	6	3	1
6	7	1	9	4	3	2	5	8
7	4	5	2	1	8	9	6	3
1	2	9	4	3	6	8	7	5
3	6	8	5	9	7	1	2	4
8	1	7	3	6	9	5	4	2
4	3	6	1	2	5	7	8	9
5	9	2	8	7	4	3	1	6

SNOWFLAKE ANSWER



CRYPTOQUOTE ANSWER

If people did not love one another, I really don't see what use there would be in having any spring. - Victor Hugo

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