

Daily Herald



Life hacks for the lunchbox

These tips are sure to make your child the envy of the cafeteria **LIFE & STYLE, B8**

Queens of the (volleyball) court

Lone Peak, Pleasant Grove look dangerous again **SPORTS, B1**



SUNNY 91 • 58 FORECAST, A6 | **TUESDAY, AUGUST 27, 2019** | heraldextra.com | 75 cents

LDS leaders: Guns not permitted in church

BY BRADY MCCOMBS
Associated Press

SALT LAKE CITY — Most members of The Church of Jesus Christ of Latter-day Saints already knew they were discouraged from taking their guns to church on Sunday, but it is making sure that message is crystal clear by tweaking the policy to prohibit all “lethal weapons.”

The previous policy called it “inappropriate” to have weapons on church property. It still includes

an exception for law enforcement officers.

The clarification comes one year after a fatal shooting inside one of its churches in rural Nevada and as religions around the country grapple with how to deal with gun violence that has spread to places of worship.

Daniel Woodruff, a spokesman for the Utah-based faith, confirmed Monday that the church policy handbook had been changed

after it was first discovered Saturday by a website that tracks church happenings. The prohibition also applies to concealed weapons holders.

“Churches are dedicated for the worship of God and as havens from the cares and concerns of the world,” it says. “With the exception of current law enforcement officers, the carrying of lethal weapons on church property, concealed or otherwise, is prohibited.”

Woodruff didn’t immediately answer questions about why the change was made now and how it would be communicated to members.

The handbook where the language was changed isn’t commonly read by church members so how this is disseminated will affect how much impact it has at the congregational level, said Matthew

“Churches are dedicated for the worship of God and as havens from the cares and concerns of the world. With the exception of current law enforcement officers, the carrying of lethal weapons on church property, concealed or otherwise, is prohibited.”

Please see **GUNS**, Page A6

— **LDS Church policy handbook**



ISAAC HALE, DAILY HERALD

Preston Mower, 4, of Spanish Fork, finds a superhero during a scavenger hunt as part of a program Thursday in the children’s section of the Spanish Fork Library.

TURNING THE PAGE

Spanish Fork planning for new library, hoped to be completed by 2022

BY KATIE ENGLAND
Daily Herald

Spanish Fork has been looking into getting a new library for years, but now the city is hoping to get it done by 2022.

The current library was built in 1965, and remodeled in the mid-90s. The population of

Spanish Fork at that time was approximately 6,800, said Scott Aylett with Spanish Fork City. Spanish Fork’s current population is over 40,000.

Discussions about building a new city library have been ongoing for probably the last eight years, said city manager Seth Perrins.

A life center proposal that combined a new library with a recreation center and senior center was voted down by Spanish Fork residents in 2015, but the city council continued to discuss how to make the library portion happen.

The current Spanish Fork Library is 12,000 square feet, which Perrins said is significantly undersized for a community the size

of Spanish Fork.

The library only has one program room.

“If there’s one program going on, no other activities can be had because there’s no space,” Perrins said. Even the shelf space for books is low, meaning books are being pulled off shelves more quickly than a standard would recommend, Perrins said.

The current library also has only on-street parking, rather than a full-sized parking lot.

Future growth will also be factored in the feasibility study for how much space will be needed in the facility.

Please see **LIBRARY**, Page A6

UVU

Researchers observing runner during 500-mile race

BY BRALEY DODSON
Daily Herald

When Ben Light takes off with one foot in the Mediterranean Sea for an eight day, 497-mile attempt at two world records, it will be with seven bags stashed along the trail, eight pairs of shoes and a crew of three Utah Valley University researchers studying the impacts of extreme exercise on his body.

“It blew my mind that there is this college that isn’t BYU or U of U, that they are really pushing the edge of understanding the body and the mind, and what makes endurance athletes able to do what they do,” Light said.

Light, an ultrarunner, will start running at midnight Sunday across the Pyrenees Mountain Range on the borders of France, Spain and Andorra on the Haute Randonnée Pyrénéenne route. He’s attempting to have the fastest self-supported crossing of the route and be the fastest human who has crossed the Pyrenees Mountains.

To do so, he’ll need to average about 60 miles a day through more than 42,000 feet of rugged elevation gain. He plans to complete the route in less than eight days and seven hours.

Along the way will be Andy Creer, an associate professor of exercise science at UVU, Taran Bailey, a UVU senior studying exercise science, and Brigham Dunford, a UVU junior studying digital media production.

Dunford will film the experience while Creer and Bailey meet Light at his drop bag locations to study the impact of the extreme distance on his body. They’ll study his bloodwork, monitoring his weight, put him through a series of math

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LDS apostle encourages Christlike atmosphere in BYU talk

BY BRALEY DODSON
Daily Herald

Brigham Young University’s employees should be a cheerful, empathetic example to students, a leader of The Church of Jesus Christ of Latter-day Saints told the university’s faculty and staff Monday.

“You have more than a job,” Dale G. Renlund, a member of the church’s Quorum of the Twelve Apostles, told them from a pulpit in the Marriott Center. “You are fulfilling one of the important purposes of the gathering of Israel.”

Renlund and BYU President

Kevin Worthen addressed the university’s employees Monday morning as the kickoff to

BYU’s annual University Conference. Students will return to campus for the beginning of the fall semester next week.

Renlund said it is the university’s responsibility to help students gain intelligence and knowledge that they will

bring beyond their lifetime.

He warned employees against being cynical, skeptical or sowing the seeds of doubt among students. He said no student should be uncertain if an employee is devoted to Christ, the church or the

“You have more than a job. You are fulfilling one of the important purposes of the gathering of Israel.”

— Dale G. Renlund, member of the Quorum of the Twelve Apostles

church’s leaders.

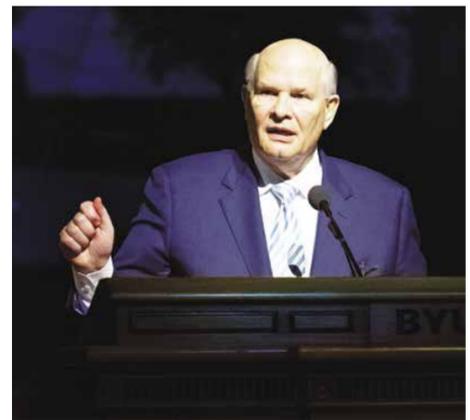
Renlund used the example of a laser being shone through a lens,

stating that if the laser hits the center, it will hit its target, but if it hits at an angle, it is refracted farther away from the target.

“Like the light and the lens of your attitude, your speech and your empathy create a being that can center on the savior or miss the master altogether,” Renlund said.

The Marriott Center went dark for another analogy as he shone both a pen light and a laser pointer to illustrate how a concentrated light will be visible at a larger distance.

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Elder Dale G. Renlund uses stories and analogies to illustrate principles in his address on Monday at the BYU Marriott Center.

MICHAEL SCHNELL, SPECIAL TO THE HERALD.

DISCOVER DIGITAL



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- Which Utah County schools have the earliest, latest start times?
- 10 events happening this week in Utah County

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