

FOOD PRICE INFLATION

(groceries and
dining out)

2020: 3.5%

2021: 3.9%

2022: 9.9%

2023: 5.8%

2024: 2.3%

2025: 2.1%*

Total: 27.5%

** projected*

SOURCE: USDA

GAS PRICES PER GALLON

June 2025: \$3.22

June 2024: \$3.60

June 2023: \$3.71

June 2022: \$5.06

June 2021: \$3.15

June 2020: \$1.99

SOURCE: AAA, ST. LOUIS FED

HOUSEHOLD DEBT

\$18.2 trillion Q1 2025

\$14.3 trillion Q1 2020

SOURCE: NEW YORK FED