













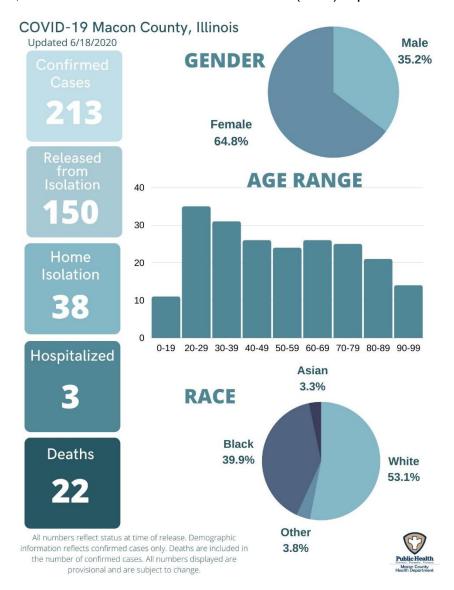


FOR IMMEDIATE RELEASE

June 18, 2020

Crisis Communication Team Press Update

As of today's release, the Joint Crisis Communication Team (CCT) reports the following numbers:



Since yesterday's release, we have had zero newly-confirmed cases of COVID-19. Therefore, our overall number is still 213 confirmed COVID-19 cases in Macon County.

We encourage all community members to implement social distancing and face covering best practices to limit the spread of COVID-19. <u>People with COVID-19 have reported a wide range of symptoms</u>. If you experience symptoms of COVID-19 with which you are concerned, please call your primary care physician first. Do not show up at a hospital emergency room or doctor's office unless it is a true emergency.

Individuals without a primary care physician can call:

DMH Medical Group: (217) 876-2856

HSHS Medical Group Patient Advocate: 844-520-8897

Crossing Healthcare: (217) 877-9117

• SIU: (217) 872-3800

For COVID-19 screening, please call one of the following:

Crossing Healthcare: (217) 877-9117

HSHS St. Mary's Hospital 24/7 COVID-19 Hotline: (217) 464-2966

 HSHS Medical Group offers free virtual assessments for COVID-19 at www.anytimecare.com.

Anyone entering healthcare facilities should be prepared to be screened before entering.

PSA: Make Your Home Safer

Housing conditions can significantly affect your health and safety. Take a few minutes to make your home healthy and safe.

- Remove hazards that increase the chance for falling, such as rugs, loose cords, and objects on the floor.
- Check or change the batteries on your carbon monoxide alarm at least twice a year.
- Test smoke alarms monthly to ensure they work properly. For smoke alarms that use regular alkaline batteries, replace the batteries at least once a year. For smoke alarms that use lithium (long-life) batteries, replace the entire alarm unit every 10 years or sooner if it chirps or stops working.
- Keep cooking areas free of flammable objects, such as potholders and towels.
- Keep candles, medicine, household cleaners, and other chemicals out of children's reach, in locked or child-proof cabinets.
- Don't use a gasoline or charcoal-burning device near a window, door, or vent, or inside your home, basement, or garage.
- Test your home for radon (a radioactive gas linked to lung cancer). You can purchase a
 kit at your local hardware or home improvement store. If testing shows levels higher
 than 4 pCi/L, seal or vent your basement, and monitor your radon levels to make sure
 they lessen.
- Make your home smoke-free.
- Keep medicines in their original bottles or containers.

For more information, please contact:

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