













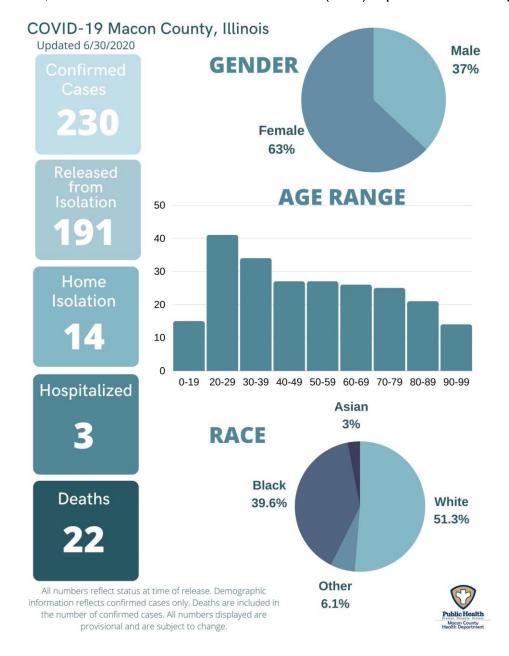


FOR IMMEDIATE RELEASE

June 30, 2020

Crisis Communication Team Press Update

As of today's release, the Joint Crisis Communication Team (CCT) reports the following numbers:



Please note that the number of tests performed will be reported each Monday and Friday. Since the previous release, we have had two newly-confirmed case of COVID-19. Therefore, our overall number is 230 confirmed COVID-19 cases in Macon County.

We encourage all community members to implement social distancing and face covering best practices to limit the spread of COVID-19. <u>People with COVID-19 have reported a wide range of symptoms</u>. If you experience symptoms of COVID-19 with which you are concerned, please call your primary care physician first. Do not show up at a hospital emergency room or doctor's office unless it is a true emergency.

Individuals without a primary care physician can call:

DMH Medical Group: (217) 876-2856

HSHS Medical Group Patient Advocate: 844-520-8897

• Crossing Healthcare: (217) 877-9117

• SIU: (217) 872-3800

For COVID-19 screening, please call one of the following:

Crossing Healthcare: (217) 877-9117

- HSHS St. Mary's Hospital 24/7 COVID-19 Hotline: (217) 464-2966
- HSHS Medical Group offers free virtual assessments for COVID-19 at www.anytimecare.com.

Anyone entering healthcare facilities should be prepared to be screened before entering.

PSA: Keep Foods Safe

Foodborne diseases are largely preventable. To help protect yourself and others from foodborne illness, take a few minutes to ensure foods are safe.

- Wash hands, utensils, surfaces, and cutting boards after contact with raw meat or poultry and before touching other food.
- Wash produce before you eat it.
- Take a few extra minutes to make sure meat, poultry, and eggs are cooked thoroughly.
- Don't drink raw (unpasteurized) milk or eat soft cheeses made from it.
- Make sure to check the "Storage Times for the Refrigerator and Freezer."
 - o https://www.foodsafety.gov/food-safety-charts/cold-food-storage-charts
- Report suspected foodborne illnesses to your local health department.
- Check CDC's food safety website and foodsafety.gov, your gateways to federal food safety information.

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For more information, please contact:

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