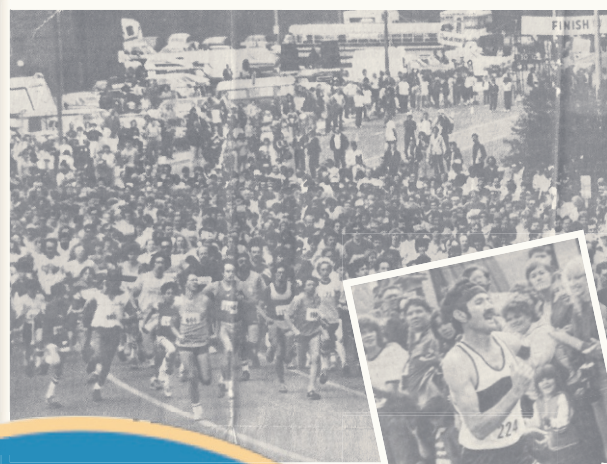


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A Special Publication of the **Independent Record**



# EVENT SCHEDULE

## FRIDAY, JUNE 7, 2024

### 10 a.m. – 6 p.m. – Packet Pickup and Late Registration

DoubleTree by Hilton Helena Downtown

### 5:30 p.m. – Mile Fun Run and Kids Marathon Final Mile

Centennial Park by the Helena YMCA

### 6:30 p.m. – Governor's Cup Celebrating 50 Years

Windsor Ballroom on Front Street

## SATURDAY, JUNE 8, 2024 – NO RACE DAY REGISTRATION

### 4:15 – 5:45 a.m. – Marathon/Half Marathon/Marathon Relay bus loading

301 S. Park Ave., Buses will leave promptly at 4:45 a.m. (marathon/marathon relay) and 5:45 a.m. (half marathon)

### 6 a.m. – Marathon and Marathon Relay Start – Must take bus to starting line.

Buses will leave from Lewis and Clark County Library at 4:45 a.m.

### 7 a.m. – Half Marathon Start – Must take bus to starting line.

Buses will leave from Lewis and Clark County Library at 5:45 a.m.

*\*Please note there is NO out-of-town packet pickup the morning of the race for the marathon and half marathon.*

### 7-7:45 a.m. – 10K Out-of-town Packet Pickup

Packet pickup for out-of-town 10K participants. Out-of-town packet pickup location is at the Holter Museum of Art, located at 12 East Lawrence Street. It is right next to the 5K/10K starting line..

### 8 a.m. – 10K Start

Behind the Holter Museum on Cruse Avenue.

### 8:45-9:45 a.m. – 5K Out-of-town Packet Pickup

Packet pickup for out-of-town 5K participants. Out-of-town packet pickup location is at the Holter Museum of Art, located at 12 East Lawrence Street. It is right next to the 5K/10K starting line..

### 10 a.m. – 5K Start

Behind the Holter Museum on Cruse Avenue.

### 11 a.m. – Awards Ceremony

*\*Schedule is subject to change.*

# 5K Race Route



GOVERNOR'S CUP

- START – Cruse Avenue** (Near Chamber of Commerce)
- South on **Cruse Avenue** to Lawrence
  - East on **Lawrence** to 9th Avenue
  - East on **9th Avenue** to Washington
  - South on **Washington** to 6th Avenue
  - East on **6th Avenue** to Roberts
  - South on **Roberts** to 5th
  - East on **5th Avenue** to Sanders
  - South on **Sanders** to Lockey
  - West on **Lockey**, across Montana Ave. to Breckenridge
  - West on **Breckenridge** to Hoback
  - North on **Hoback** to 6th Avenue
  - West on **6th Avenue** to Cruse Avenue
  - North on **Cruse Avenue** to Lawrence
  - West on **Lawrence** to Last Chance Gulch
  - South on **Last Chance Gulch** to Wong Street
  - **Wong Street Finish** (Anchor Park)

# The Governor's CUP 5K

The Governor's Cup 5K course starts in downtown Helena near the Holter Museum on Cruse Avenue and finishes on the Capital City's historic Last Chance Gulch, where gold was first discovered in 1864. The challenging course features stunning views of Mount Helena, the State Capitol and other historic sites in the Capital City

## Packet Pickup

Friday, June 7: 10 a.m. to 6 p.m. at DoubleTree by Hilton Helena Downtown.

Saturday, June 8: Out-of-town runners can pick up their packets the morning of race day from 8:45-9:45 a.m. at the Holter Museum of Art.

## Start Time

The Governor's Cup 5K will start at 10 a.m. in downtown Helena near the Holter Museum on Cruse Avenue.

## Important Rules

**Starting Line-Up:** All participants are asked to line up according to their anticipated finishing times. Slower runners, please start toward the end of the line to allow elite racers a smooth start.

**Facilities:** Portable restrooms will be located at the start, finish and along the 5K course.

**Water Stations:** Water stations are available throughout the course. We highly encourage all participants to hydrate before, during, and after the race.

Dogs, bicycles, skateboards, and roller blades are not allowed on the courses. Watch for vehicles on the road at all times.

Baby joggers are allowed, but we ask that participants using a jogger start toward the back

# The Governor's CUP KIDS MARATHON

The Kids Marathon program partners with elementary schools in Helena and the surrounding area. Kids in grades K-5 at participating schools log 120 minutes of running/walking during a six-week training period and run/walk a 1-mile lap at 5:30 p.m. on June 7 at Centennial Park.

This non-competitive, non-timed event is about having fun and making it to the finish line.

Every Kids Marathon training program participant will be rewarded with tokens for meeting time goals and a T-shirt for completing the training program, free of charge. Those who participate in the final event will also earn a finisher's medal. Children from non-participating schools will not receive a training program T-shirt, but are invited to participate in the non-timed lap free of charge and will receive a finisher's medal.

## Start Time

5:30 p.m. at Centennial Park.

## Important Rules

**Facilities:** Portable restrooms will be located at the park. **Water Stations:** Water will be provided at the finish line.



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# The Governor's CUP 10K

The Governor's Cup 10K course starts in downtown Helena near the Holter Museum on Cruse Avenue and finishes on the Capital City's historic Last Chance Gulch. The challenging course features stunning views of Mount Helena, the State Capitol, and other historic sites in the Capital City.

### Packet Pickup

Friday, June 7: 10 a.m. to 6 p.m. at Double-Tree by Hilton Helena Downtown.  
Saturday, June 8: Out-of-town runners can pick up their packets the morning of race day from 8:45-9:45 a.m. at the Holter Museum of Art.

### Start Time

The Governor's Cup 10K will start at 8 a.m. in downtown Helena near the Holter Museum on Cruse Avenue.

### Important Rules

**Starting Line-Up:** All participants are asked to line up according to their anticipated finishing times. Slower runners, please start toward the end of the line to allow elite racers a smooth start.

**Facilities:** Portable restrooms will be located at the start, finish and along the course.

**Water stations** are available throughout the course. We highly encourage all participants to hydrate before, during, and after the race.

Dogs, bicycles, skateboards, and roller blades are not allowed on the courses. Watch for vehicles on the road at all times.

Baby joggers are allowed, but we ask that participants using a jogger start toward the back.

## 10K Race Route



#### START – Cruse Avenue (Near Holter Museum)

- South on **Cruse** to Lawrence
- East on **Lawrence** to 9th Ave.
- East on **9th Ave.** to Lamborn
- South on **Lamborn** to 5th Ave.
- West on **5th Ave.** to Carson St.
- South on **Carson** to Lockey Ave.
- East on **Lockey Ave.** to California St.
- North on **California St.** to Colonial Dr.
- Southwest on **Colonial Dr.** to Broadway
- West on **Broadway** to Sanders St.

- North on **Sanders St.** to Lockey Ave.
- West on **Lockey Ave.**, across Montana Ave. to Breckenridge
- West on **Breckenridge** to Hoback
- North on **Hoback** to 6th Ave.
- West on **6th Ave.** to Cruse Ave.
- North on **Cruse Ave.** to Lawrence
- West on **Lawrence** to Last Chance Gulch
- South on **Last Chance Gulch** to Wong St.
- **Wong St. Finish** (Anchor Park)



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# HISTORY OF THE GOVERNOR'S CUP

COURTESY OF DAVID CURD

This coming weekend is the 50th annual Governor's Cup.

The Cup had its start at the Montana State Capitol building in 1973 when the new governor, Thomas L. Judge, created the Governor's Council on Physical Fitness, Recreation and Lifetime Sports.

Clayton Linebarger was the director and sole employee of the Council. His main job was to visit all 126 incorporated towns of Montana and help start, improve, or advise on recreational opportunities for the citizens.

The Governor's Cup began as a way to involve many people at one event at one time.

The first Cup was held on Memorial Day in 1974 in Bozeman near Montana State University. The races included the 3-mile, 7-mile, 13-mile and full marathon. The long races went up Hyalite Canyon. Sixty-eight people signed up for the races. The winner of each race received a gold cup.

The next year, 1975, the Cup moved to Missoula during the first weekend in June and had 150 runners. The marathon course went from the University of Montana campus to Milltown, then Bonner, and then returned on the same course.



The following year, 1976, the Cup moved to Helena. With help from the Last Chance Runners Club (LCRC), a marathon course was set from Vigilante Campground, through York, over the Trout Creek Bridge, into town, and ended at Capital High School. That year, 225 runners signed up for the races.

The first four Cups were sponsored by the Council. In 1977, those funds were cut from the budget.

With state funding gone, the LCRC kept

the race going in 1978. At this time, it appeared the races would be limited as the LCRC couldn't handle more entries.

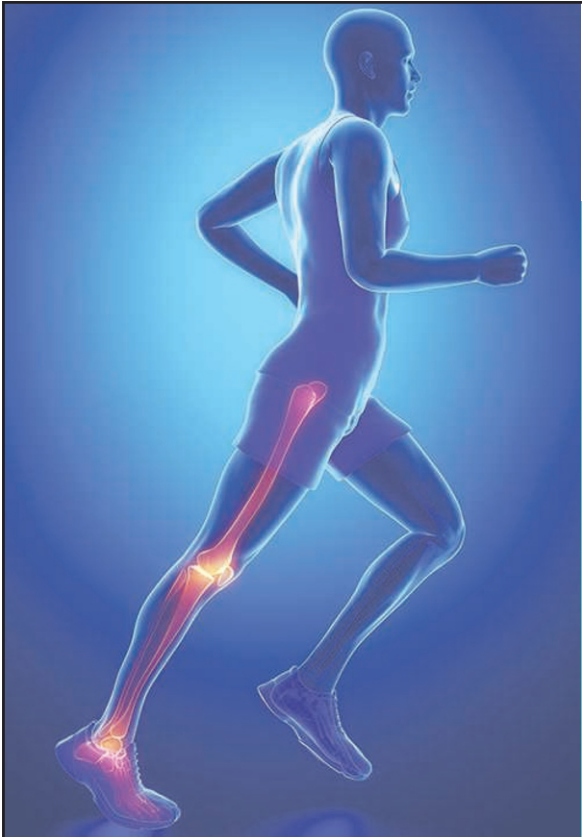
Then, fate smiled when Blue Shield of Montana asked to sponsor the race, beginning in 1979.

From their associates in Spokane, Wash., Blue Shield of Montana was encouraged to become a race sponsor of the Governor's Cup. The Spokane group was sponsoring the Lilac Bloomsday Race, which was

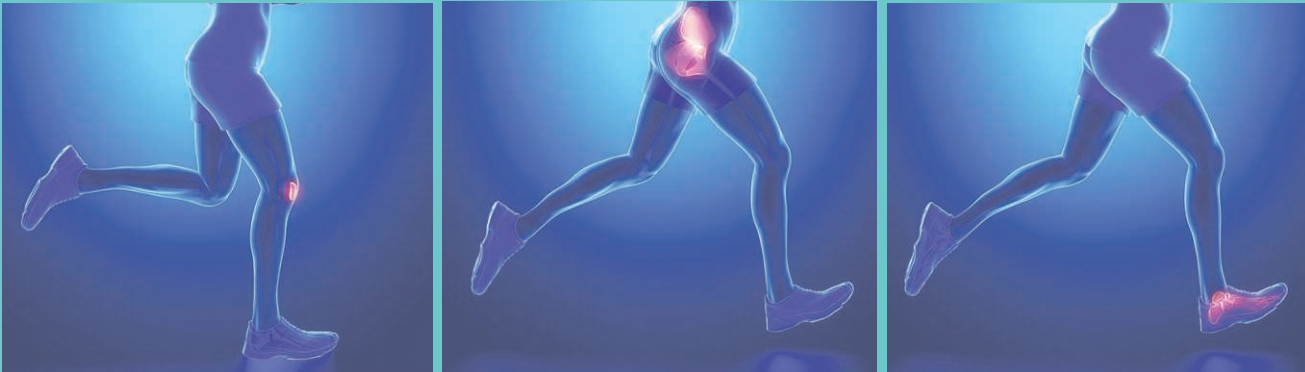
started in 1977.

With Blue Shield's involvement, which became support from Blue Cross and Blue Shield of Montana, the races kept going and growing. And by 1995, there were 6,831 entries.

The upcoming race is an exciting historical event, a time to remember the old days, be thankful for the community it has become, and look forward to many, many more Governor's Cups.



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## Half Marathon Race Route

**START** – Clancy Creek Road (Near Clancy Schools)

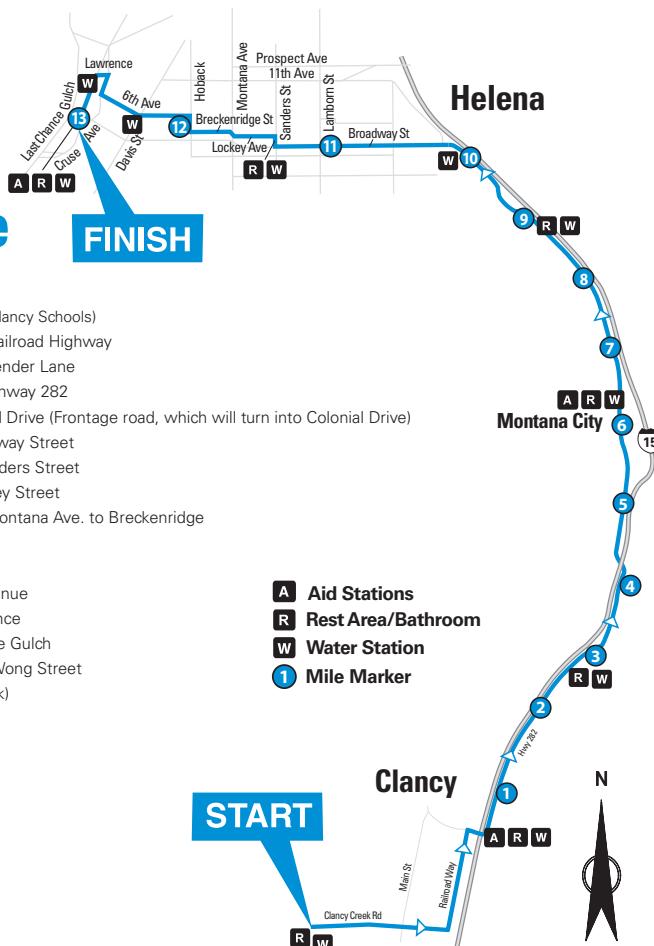
- West on **Clancy Creek Road** to Railroad Highway
- North on **Railroad Way** to Legal Tender Lane
- East on **Legal Tender Lane** to Highway 282
- North on **Highway 282** to Colonial Drive (Frontage road, which will turn into Colonial Drive)
- North on **Colonial Drive** to Broadway Street
- West on **Broadway Street** to Sanders Street
- North on **Sanders Street** to Lockey Street
- West on **Lockey Street**, across Montana Ave. to Breckenridge
- West on **Breckenridge** to Hoback
- North on **Hoback** to 6th Avenue
- West on **6th Avenue** to Cruse Avenue
- North on **Cruse Avenue** to Lawrence
- West on **Lawrence** to Last Chance Gulch
- South on **Last Chance Gulch** to Wong Street
- Wong Street **FINISH** (Anchor Park)

Get race results online  
at [govcupmmt.com](http://govcupmmt.com)

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# HALF MARATHON

## Race Information

### Packet Pickup

Friday, June 7: 10 a.m. to 6 p.m. at DoubleTree by Hilton Helena Downtown.

Saturday, June 8: There will be no packet pickup on race day.

### Race Starting Time

The marathon starts at 7 a.m. in front of the Clancy School.

### Bus Schedule

Bus loading begins at 5:15 a.m. and buses will leave promptly at 5:45 a.m. Write your name and phone number on the gear bag provided at packet pickup. Bags will be returned to the finish area and must be picked up by 1 p.m.

### Course Information

**Starting Line-Up:** All participants are asked to line up according to their anticipated finishing times. Slower runners, please start toward the end of the line to

allow elite racers a smooth start.

**Facilities:** Portable restrooms will be located at the start, finish and every 3 miles on the marathon course.

**Water Stations:** Water stations are available every three miles. Hammer Nutrition Heed sports drink and Hammer Gel will also be available.

### Important Rules

Dogs, bicycles, skateboards, and roller blades are not allowed on the courses. Watch for vehicles on the road at all times.

Baby joggers are allowed, but please be advised that all participants are required to take a bus to the start and we ask that participants using a jogger start toward the back.

There will be no official time for anyone taking longer than six hours. Aid stations, traffic control, volunteers, etc. will relinquish their posts based upon the six-hour time window.

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# MARATHON

## Race Information

### Packet Pickup

Friday, June 7: 10 a.m. to 6 p.m. at DoubleTree by Hilton Helena Downtown.

Saturday, June 8: There will be no packet pickup on race day.

### Race Starting Time

The marathon starts at 6 a.m. on Wickes Road, roughly three miles southwest of Jefferson City.

### Bus Schedule

Bus loading begins at 4:15 a.m. and buses will leave promptly at 4:45 a.m. Write your name and phone number on the gear bag provided at packet pickup. Bags will be returned to the finish area and must be picked up by 1 p.m.

### Course Information

**Starting Line-Up:** All participants are asked to line up according to their anticipated finishing times. Slower runners, please start toward the end of the line to allow elite racers a smooth start.

**Facilities:** Portable restrooms will be located at the start, finish and every 3 miles on the marathon course.

**Water Stations:** Water stations are available every three miles. Hammer Nutrition Heed sports drink and Hammer Gel will also be available.

### Important Rules

Dogs, bicycles, skateboards, and roller blades are not allowed on the courses. Watch for vehicles on the road at all times.

Baby joggers are allowed, but please be advised that all participants are required to take a bus to the start and we ask that participants using a jogger start toward the back.

There will be no official time for anyone taking longer than six hours. Aid stations, traffic control, volunteers, etc. will relinquish their posts based upon the six-hour time window.



GOVERNOR'S CUP

## Marathon Race Route

**START – Wickes Road** (Near Montana Tunnels Road)

- North on **Wickes Road** to Corbin Road
- East on **Corbin Road** to Heidi Way
- South on **Heidi Way** to turnaround, then north to Highway 282 overpass (out and back)
- East on **Highway 282** overpass to Highway 282 (Cross the bridge over I15)
- North on **Highway 282** to Colonial Drive (Frontage road, which will turn into Colonial Drive)
- North on **Colonial Drive** to Broadway Street
- West on **Broadway Street** to Sanders Street
- North on **Sanders Street** to Lockey Street
- West on **Lockey Street**, across Montana Ave. to Breckenridge
- West on **Breckenridge** to Hoback
- North on **Hoback** to 6th Avenue
- West on **6th Avenue** to Cruse Avenue
- North on **Cruse Avenue** to Lawrence
- West on **Lawrence** to Last Chance Gulch
- South on **Last Chance Gulch** to Wong Street
- **Wong Street FINISH** (Anchor Park)

Get race results online  
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# MARATHON RELAY Race Information

## The Governor's Cup Marathon Relay

The marathon relay will start at 6 a.m. and will follow the marathon course from Jefferson City to Helena with exchange zones located conveniently to allow teams to easily navigate between exchange zones using a single vehicle.

## Relay Breakdown

Each team's No. 1 runner will take a marathon bus to the start. All other runners will travel to the first exchange in Jefferson City using the team car (one car allowed per team). From that point, teams will shuttle runners to and from each exchange zone until they arrive at the finish. For safety reasons, team cars are required to travel between exchanges using Interstate 15, which runs adjacent to the course on Highway 282. Teams using Highway 282 will be disqualified. This will keep our runners safe and allow teams to arrive at each exchange zone in an efficient manner. Please use the interactive map below to become familiar with the course and individual legs.

■ Leg 1: Marathon start to Jefferson City (Runner must take marathon bus to the start)

About 8 miles, gentle downhill with a moderate climb from miles 3 to 5.5

■ Leg 2: Jefferson City to Clancy

About 6 miles, gentle downhill with no hills

■ Leg 3: Clancy to Montana City

About 6 miles, rolling hills with two substantial climbs – one midway through the leg and the other toward the end

■ Leg 4: Montana City to Helena

About 7 miles, rolling hills with two substantial climbs – one at the start of the leg and the second midway through mile 5

## Divisions

Open Divisions (four runners required)

Men's (can include 1 woman) – Women's – Coed (at least 2 women)

Master's Divisions (four runners required, all runners age 40 and older)

Men's (can include 1 woman) – Women's – Coed (at least 2 women)

## Packet Pickup

Friday, June 7: 10 a.m. to 6 p.m. at the DoubleTree by Hilton Helena Downtown.

## Starting Time

The marathon relay starts at 6 a.m. on Wickes Road, roughly three miles southwest of Jefferson City.

## Bus Schedule

Bus loading begins at 4:15 a.m. and buses will leave promptly at 4:45 a.m. Write your bib number on the gear bag provided at packet pickup. Bags will be returned to the finish area and must be picked up by 1 p.m.

## Course Information

**Starting Line-Up:** All participants are asked to line up according to their anticipated finish times. Slower runners, please start toward the end of the line to allow elite racers a smooth start.

**Facilities:** Portable restrooms will be located at the start, finish, and every 3 miles on the marathon course.

**Water Stations:** Water stations are available every three miles. Hammer Nutrition Heed sports drink and Hammer Gel will also be available.

## Important Rules

Dogs, bicycles, skateboards, and roller blades are not allowed on the courses. Watch for vehicles on the road at all times.

Baby joggers are allowed, but please be advised that all participants are required to take a bus to the start and we ask that participants using a jogger start toward the back.

There will be no official time for anyone taking longer than six hours. Aid stations, traffic control, volunteers, etc. will relinquish their posts based upon the six-hour time window.



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# CHAMPIONS

Below is a list of Governor's Cup champions, dating back to the first event in 1974. For nearly 50 years, Montanans and many others have celebrated fun and fitness through running and walking at the annual event in the Treasure State's capital city. Presented by Blue Cross and Blue Shield of Montana and made possible by many other businesses and individuals in the Helena community, the Governor's Cup remains unique in its composition of races designed for the young and old, elite and recreational.

## 2023

### MEN

**Marathon:** Layne Ryerson, Manhattan, 2:32:09  
**Half Marathon:** Will McGonigal, Haley (ID), 1:13:26  
**10K:** Carter Heggem, Sidney, 37:34  
**5K:** Luke Mest, Clancy, 17:54

**WOMEN**

**Marathon:** Alison FitzSimmons, Canyon Creek, 3:16:26  
**Half Marathon:** Mandy Fellenz, Helena, 1:39:56  
**10K:** Abby Rodseth, Power, 38:35  
**5K:** Rachel Robnett, Henderson (NV), 19:53

## MARATHON RELAY

**Men's Open:** Beef Cows, 2:43:44  
**Women's Open:** Sole Sisters, 3:02:09  
**Coed:** Townsend and Brady, 3:46:01

## 2022

### MEN

**Marathon:** Layne Ryerson, Helena, 2:39:49  
**Half Marathon:** Micah Drew, Kalispell, 1:12:39  
**10K:** Sam Read, Spokane, 36:26  
**5K:** Justin Morgan, Thompson Falls, 16:42

### WOMEN

**Marathon:** Alison FitzSimmons, Canyon Creek, 3:26:15  
**Half Marathon:** Jonna Schwartz, Clancy, 1:31:12  
**10K:** Riley Crissman, Butte, 39:13  
**5K:** Nicole Murray, Missoula, 19:53

## MARATHON RELAY

**Men's Open:** Team Photos, 2:48:37  
**Women's Open:** Wish We Were Cheetahs, 3:53:04  
**Coed:** Scott's Tots, 3:26:53

## 2021

### MEN

**Marathon:** Keith Miller, Missoula, 2:37:03  
**Half Marathon:** Micah Drew, Kalispell,

1:12:26  
**5K:** Justin Morgan, Thompson Falls, 16:33

**WOMEN**

**Marathon:** Heather Lieberg, Helena, 2:47:14  
**Half Marathon:** Elizabeth Wasserman, Columbia Falls, 1:21:37  
**5K:** Nicole Murray, Missoula, 19:30

## 2019

### MEN

**Marathon:** Mike Kaiser, Clancy, 2:38:22  
**Half Marathon:** Mark Messmer, Missoula, 1:07:48 (record)  
**10K:** Cesar Mireles, Richey, 35:15  
**5K:** Ismael Arzola, Lemmon, S.D., 15:46

### WOMEN

**Marathon:** Betsy Ross, Helena, 3:07:16  
**Half Marathon:** Heather Lieberg, Helena, 1:18:35  
**10K:** Allison Barnwell, Missoula, 41:10  
**5K:** Samantha Mundel, Helena, 18:57

## MARATHON RELAY

**Men's Open:** Team Biceps, Helena, 2:59:15  
**Men's Masters:** Vigilante Masters, Helena, 2:50:07  
**Women's Open:** Not It, East Helena, 3:44:36

**Women's Masters:** N/A  
**Coed:** Team Gramer, Illinois, 3:18:11  
**Coed Masters:** 2 Fraus & 2 Hares, Butte, 3:36:48

## 2018

### MEN

**Marathon:** Nico Composto, Missoula, 2:39:04  
**Half Marathon:** Mark Messmer, Missoula, 1:09:02  
**10K:** Sam Read, Bozeman, 33:07  
**5K:** Ismael Arzola, Lemmon, S.D., 16:15

### WOMEN

**Marathon:** Marisa Ruhter, Kent, Wash., 3:06:53  
**Half Marathon:** Keely Baker, Great Falls, 1:21:58  
**10K:** Heather Lieberg, Helena, 37:51  
**5K:** Nicole Murray, Whitehall, 18:56

## MARATHON RELAY

**Men's Open:** Select Stars from SoFi, 3:27:06  
**Men's Masters:** Montana City Fitness 1, 3:40:20  
**Women's Open:** Montana City Fitness 2, 3:25:05  
**Women's Masters:** Class of 80s Ladies, 4:37:19  
**Coed:** Jogging Out of Excuses, 3:27:48

**Coed Masters:** 2 Fraus & 2 Hares, 3:37:38

## 2017

### MEN

**Marathon:** Mark Messmer, Missoula, 2:33:46  
**Half Marathon:** Silas Talbot, Bozeman, 1:14:44  
**10K:** Sam Read, Bozeman, 33:46  
**5K:** Ismael Arzola, Lemmon, SD, 16:34

### WOMEN

**Marathon:** Jenny Wolfe, Bozeman, 3:16:31  
**Half Marathon:** Keely West, Great Falls, 1:23:02  
**10K:** Julie Ackerlund, Helena, 44:13  
**5K:** Heather Lieberg, Helena, 17:45

## MARATHON RELAY

**Men's Open:** Chafing the Dream, Clancy, 4:20:20  
**Men's Masters:** Montana City Fitness, Clancy, 3:38:46  
**Women's Open:** More Fun Than A Full, Helena, 3:06:43  
**Coed:** Worst Pace Scenario, Helena, 3:29:14

More Champions, PAGE 12N

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GOVERNOR'S CUP

JUNE 2024 | N11



# Champions

continued from Page 11N

## 2016 MEN

**Marathon:** Jason Delaney, Polson, 2:35:26  
**Half Marathon:** Bryce Thomas, Helena, 1:27:15  
**10K:** Daniel Jackson, Bozeman, 34:04  
**5K:** Daniel Jackson, Bozeman, 16:33

**WOMEN**  
**Marathon:** Mary Owen, Billings, 3:01:04  
**Half Marathon:** Cynthia Arnold, Polson, 1:25:06  
**10K:** Katrina Fehr, Missoula, 39:49  
**5K:** Heather Lieberg, Helena, 17:34

## 2015 MEN

**Marathon:** Mike Knutson, Baker City, Ore., 2:34:17  
**Half Marathon:** Collin Fehr, Missoula, 1:10:08  
**10K:** Dontae Baker, Helena, 35:33  
**5K:** Matthew Choquette, Butte, 16:49

**WOMEN**  
**Marathon:** Sarah Hallas, Santa Rosa, Calif., 2:57:15  
**Half Marathon:** Marilee Woyth, Great Falls, 1:31:52  
**10K:** Heather Lieberg, Helena, 35:24 (record)  
**5K:** Nicole Hunt, Warm Springs, 18:24

## 2014 MEN

**Marathon:** Collin Fehr, Missoula, 2:33:41  
**Half Marathon:** Jim Walmsley, Black Eagle, 1:10:48  
**10K:** Jacob Bradosky, Great Falls, 34:13  
**5K:** Jim Walmsley, Black Eagle, 16:19

**WOMEN**  
**Marathon:** Mary Owen, Billings, 3:07:19  
**Half Marathon:** Heather Lieberg, Helena, 1:17:25 (record)  
**10K:** Lindsey Hintz, Bozeman, 39:51  
**5K:** Nicole Hunt, Warm Springs, 18:53

## 2013 MEN

**Marathon:** Christian Heck, Bozeman, 2:48:52  
**Half Marathon:** Bryan Johnson, Helena, 1:23:12  
**10K:** Aidan Reed, Helena, 35:28  
**5K:** Lyle Pocha, Helena, 16:05

**WOMEN**  
**Marathon:** Heather Lieberg, Helena, 2:45:59 (record)  
**Half Marathon:** Mandy Fellenz, Helena, 1:33:49  
**10K:** Sarah Kjorstad, Helena, 39:31  
**5K:** Nicole Hunt, Deer Lodge, 18:47

## 2012 MEN

**Half Marathon:** Collin Fehr, Missoula, 1:13:11  
**10K:** Jacob Bradosky, Great Falls, 33:40

**5K:** Jacob Bradosky, Great Falls, 16:09  
**WOMEN**  
**Half Marathon:** Heather Lieberg, Helena, 1:20:29  
**10K:** Katrina Drennen, Missoula, 39:15  
**5K:** Nicole Hunt, Deer Lodge, 19:08

## 2011 MEN

**Half Marathon:** Devin Cowan, Helena, 1:16:55  
**10K:** Patrick Judge, Helena, 34:37  
**5K:** Jacob Bradosky, Great Falls, 15:49  
**WOMEN**  
**Half Marathon:** Michele Bazzanella, Butte, 1:31:00  
**10K:** Lisa Minnehan, Billings, 39:59  
**5K:** Lisa Minnehan, Billings, 19:38

## 2010 MEN

**10K:** Thomas Jodoin, Helena, 33:17  
**5K:** Thomas Jodoin, Helena, 16:29  
**WOMEN**  
**10K:** Genevieve Hanson, Helena, 38:50  
**5K:** Nicole Hunt, Deer Lodge, 18:01

## 2009 MEN

**10K:** Thomas Jodoin, Helena, 32:53  
**5K:** Michael Fisher, Ronan, 16:04  
**WOMEN**  
**10K:** Genevieve Hanson, Helena, 40:38  
**5K:** Nicole Hunt, Deer Lodge, 19:00

## 2008 MEN

**Marathon:** Brian Glass, Normal, IL, 2:37:44  
**Half Marathon:** Everett Whiteside, Pensacola, FL, 1:18:11  
**10K:** John Ricardi, Pocatello, ID, 33:20  
**5K:** John Ricardi, Pocatello, ID, 16:11

**WOMEN**  
**Marathon:** Heather Lieberg, Helena, 3:00:10  
**Half Marathon:** Dani Salois-Shahan, Bozeman, 1:24:44  
**10K:** Holly Walker, Bozeman, 40:17  
**5K:** Lois Ricardi, Pocatello, ID, 18:18

## 2007 MEN

**Marathon:** Scott Creel, Bozeman, 2:34:17  
**Half Marathon:** Brad Dolesh, Bozeman, 1:18:57  
**10K:** Greg Wirth, Helena, 35:10  
**5K:** Michael Fisher, Ronan, 16:49

**WOMEN**  
**Marathon:** Heather Lieberg, Helena, 3:07:49  
**Half Marathon:** Nikki Kimball, Bozeman, 1:28:05  
**10K:** Holly Walker, Bozeman, 41:43  
**5K:** Vaia Errett, Whitehall, 20:09

## 2006 MEN

**Marathon:** Mark Tarr, Columbia Falls, 2:52:05  
**Half Marathon:** Brian Wieck, Helena, 1:22:03  
**10K:** Greg Wirth, Helena, 33:10

**5K:** Kurt Michels, Kalispell, 15:50  
**WOMEN**  
**Marathon:** Marie Boyd, Missoula, 3:08:05  
**Half Marathon:** Dani Salois-Shahan, Bozeman, 1:24:22  
**10K:** Nicole Hunt, Deer Lodge, 37:45  
**5K:** Jennifer Thomas, Helena, 20:08

## 2005 MEN

**Marathon:** Dan Campbell, Bozeman, 2:55:23  
**Half Marathon:** Justin Easter, Bozeman, 1:11:33  
**10K:** Josh Ricardi, Gardiner, 32:56  
**5K:** Josh Ricardi, Gardiner, 16:03

**WOMEN**  
**Marathon:** Jamie Schuster, Plains, 3:11:04  
**Half Marathon:** Dani Salois-Shahan, Bozeman, 1:21:55  
**10K:** Nicole Hunt, Deer Lodge, 36:10  
**5K:** Lois Ricardi, Gardiner, 19:44

## 2004 MEN

**Marathon:** Christopher Tobiason, Missoula, 2:44:22  
**Half Marathon:** Jeb Myers, Brown-ing, 1:15:06  
**10K:** Steve Weber, Helena, 35:42  
**5K:** Matt Nelson, Colstrip, 15:36

**WOMEN**  
**Marathon:** Michelle Flenniken, Bozeman, 3:25:37  
**Half Marathon:** Kathy Peterson, Dillon, 1:32:37  
**10K:** Nicole Hunt, Deer Lodge, 40:47  
**5K:** Ann Sorenson, Bozeman, 18:54

## 2003 MEN

**Marathon:** Brett Riley, Houston, TX, 2:41:00  
**Half Marathon:** Jeb Myers, Brown-ing, 1:16:27  
**10K:** Josh Ricardi, Gardiner, 32:51  
**5K:** Matt Nelson, Colstrip, 15:48

**WOMEN**  
**Marathon:** Kara Neil, Bozeman, 3:16:49  
**Half Marathon:** Kathy Aragon, Billings, 1:26:39  
**10K:** Dani Salois-Shahan, Bozeman, 38:37  
**5K:** Nicole Hunt, Deer Lodge, 17:11 (record)

## 2002 MEN

**Marathon:** Mark Tarr, Columbia Falls, 2:56:16  
**Half Marathon:** Jeb Myers, Brown-ing, 1:14:53  
**10K:** Vance Twitchell, Helena, 33:06  
**5K:** Kurt Michels, Kalispell, 15:51

**WOMEN**  
**Marathon:** Valor Hopes, Missoula, 3:00:20  
**Half Marathon:** Kathy Aragon, Billings, 1:28:10  
**10K:** Holly Walker, Bozeman, 40:24  
**5K:** Mariann Foster, Lodge Grass, 18:34

## 2001 MEN

**Marathon:** Harry Johnson, Bozeman, 2:45:31  
**Half Marathon:** Rich Hanna, Sacramento, CA, 1:13:05  
**10K:** Scott Creel, Bozeman, 33:35  
**5K:** Kurt Michels, Kalispell, 16:09

**WOMEN**  
**Marathon:** Jennifer White, Bozeman, 3:08:14  
**Half Marathon:** Kathy Aragon, Billings, 1:25:22  
**10K:** Dani Salois-Shahan, Bozeman, 39:00  
**5K:** Sabrina Monro, Clancy, 17:28

## 2000 MEN

**Marathon:** Harry Johnson, Bozeman, 2:43:13  
**Half Marathon:** Dave Houck, Missoula, 1:18:15  
**10K:** Greg Wirth, Helena, 34:05  
**5K:** Ray Hunt, Deer Lodge, 16:10

**WOMEN**  
**Marathon:** Dani Salois-Shahan, Bozeman, 3:21:53  
**Half Marathon:** Kathy Aragon, Billings, 1:24:54  
**10K:** Emily Nay, Helena, 38:18  
**5K:** Nicole Hunt, Deer Lodge, 17:13

## 1999 MEN

**Marathon:** Pat Judge, Helena, 2:40:22  
**20K:** Brian Wieck, Foundation Hills, AZ, 1:15:43  
**10K:** Monte Still, Bozeman, 33:38  
**5K:** Josh Ricardi, Gardiner, 16:59

**WOMEN**  
**Marathon:** Maura Gonsior, Silver City, NM, 3:17:10  
**20K:** Kitty Marcroft, Hailey, ID, 1:19:46  
**10K:** Holly Stanish (Walker), Bozeman, 38:36  
**5K:** J. Phillips, Bozeman, 19:49

## 1998 MEN

**Marathon:** Richard Hooper, Westtown, PA, 2:59:46  
**20K:** Louie Van Duzer, Columbia Falls, 1:11:00  
**10K:** Lyle Weese, Dillon, 35:44  
**5K:** Jesse Zentz, Missoula, 16:00

**WOMEN**  
**Marathon:** Megan Holden, NY, 3:08:03  
**20K:** Kathy Aragon, Billings, 1:21:29  
**10K:** Sabrina Monro, Clancy, 38:23  
**5K:** Nicole Hunt, Bozeman, 17:25

## 1997 MEN

**Marathon:** Mark Heaphy, Missoula, 2:44:00  
**20K:** Pat Judge, Helena, 1:09:00  
**10K:** Gary O'Donnell, Bozeman, 34:07  
**5K:** Tony Banovich, Billings, 15:55

**WOMEN**  
**Marathon:** Joan Jilka, Broadus, 3:04:51  
**20K:** Nicole Murray (Hunt), Bozeman,

1:16:00 (record)  
**10K:** Kiersten Black, Bozeman, 40:22  
**5K:** Kitty Marcroft, Hailey, ID, 18:39

## 1996 MEN

**Marathon:** Jerry Rief, Cheyenne, WY, 2:40:43  
**20K:** Ray Matteson, Butte, 1:13:11  
**10K:** Tony Banovich, Billings, 34:39  
**5K:** Ray Hunt, Warm Springs, 16:17

**WOMEN**  
**Marathon:** Joan Jilka, Broadus, 3:02:57  
**20K:** Karen Sanford-Gall, Billings, 1:16:30  
**10K:** Rene Coppock, Billings, 39:17  
**5K:** Nicole Murray (Hunt), Warm Springs, 18:14

## 1995 MEN

**Marathon:** Dave Coppock, Billings, 2:43:20  
**20K:** Val Murray, Missoula, 1:09:25  
**10K:** Willy Hicks, Bozeman, 35:21  
**5K:** Josh Pallister, Clancy, 16:05

**WOMEN**  
**Marathon:** Joan Jilka, Broadus, 3:07:12  
**20K:** Rene Coppock, Billings, 1:17:26  
**10K:** Karen Sanford-Gall, Billings, 38:29  
**5K:** Laurie Adams Sax, Missoula, 18:54

## 1994 MEN

**Marathon:** Tony Banovich, Billings, 2:37:03  
**20K:** Val Murray, Missoula, 1:09:43  
**10K:** Adam Herr, Bozeman, 32:12  
**5K:** Adam Herr, Bozeman, 15:47

**WOMEN**  
**Marathon:** Marni Ryti, Newport Beach, CA, 3:18:35  
**20K:** Karen Sanford-Gall, Billings, 1:21:15  
**10K:** Rene Coppock, Billings, 39:09  
**5K:** A. Hamik, Missoula, 19:40

## 1993 MEN

**Marathon:** Roberts Sowers, Huson, 2:41:01  
**20K:** Keifer Hahn, Missoula, 1:08:24  
**10K:** Pat Judge, Helena, 33:10  
**5K:** Tony Banovich, Billings, 15:22

**WOMEN**  
**Marathon:** Kathy Easley, Billings, 3:13:49  
**20K:** Anne Seifert, Helena, 1:20:13  
**10K:** Karen Sanford-Gall, Billings, 37:10  
**5K:** Tracy Clinch (Chisolm), Helena, 17:53

## 1992 MEN

**Marathon:** Dave Coppock, Billings, 2:43:13  
**20K:** Tony Banovich, Billings, 1:06:21  
**10K:** Troy Kinnunen-Skidmore, Bozeman, 35:56  
**5K:** Clint Morrison, Missoula, 15:08

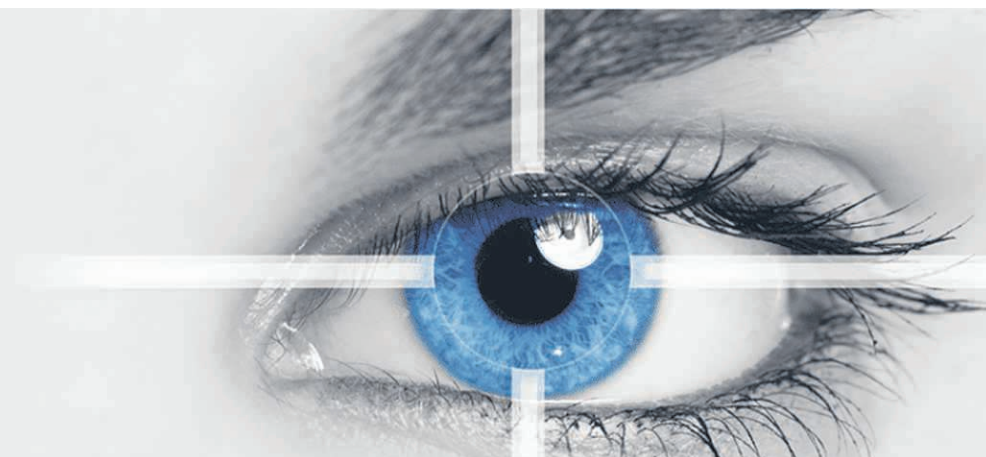
**WOMEN**  
**Marathon:** Kathy Easley, Billings, 3:09:11  
**20K:** Becky Clairmont, Billings, 1:19:24  
**10K:** Nicole Murray (Hunt), Missoula, 39:53



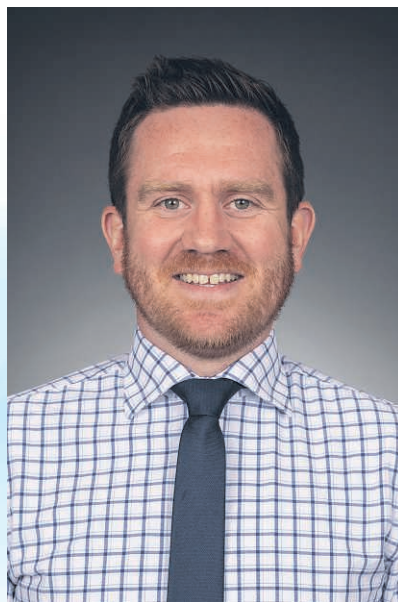
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Champions

continued from Page 12N

|                                                           |
|-----------------------------------------------------------|
| <b>5K:</b> Emily Nay, Helena, 18:47                       |
| <b>1991</b>                                               |
| <b>MEN</b>                                                |
| <b>Marathon:</b> Matt Rothermel, Plains, 2:24:10          |
| <b>20K:</b> Bill Brist, Bozeman, 1:07:30                  |
| <b>10K:</b> David Morris, Eagle River, AK, 30:49 (record) |
| <b>5K:</b> Gerard Ostheimer, Bozeman, 15:11               |
| <b>WOMEN</b>                                              |
| <b>Marathon:</b> Karen Sanford-Gall, Billings, 2:53:29    |
| <b>20K:</b> Becky Clairmont, Billings, 1:22:33            |
| <b>10K:</b> Debbie Magilke, Billings, 38:19               |
| <b>5K:</b> Debbie Magilke, Billings, 18:08                |
| <b>1990</b>                                               |
| <b>MEN</b>                                                |
| <b>Marathon:</b> Dave Coppock, Billings, 2:29:26          |
| <b>20K:</b> B. Anthonline, Greendale, WI, 1:09:09         |
| <b>10K:</b> Ray Hunt, Whitehall, 32:40                    |
| <b>5K:</b> Steve Simpson, Helena, 15:52                   |
| <b>WOMEN</b>                                              |
| <b>Marathon:</b> Kathy Easley, Billings, 3:10:52          |
| <b>20K:</b> Becky Clairmont, Billings, 1:18:47            |
| <b>10K:</b> Debbie Magilke, Billings, 38:10               |
| <b>5K:</b> Karen Sanford-Gall, Billings, 17:43            |
| <b>1989</b>                                               |
| <b>MEN</b>                                                |
| <b>Marathon:</b> Matt Rothermel, Bozeman, 2:25:21         |
| <b>20K:</b> Tom Raunig, Bozeman, 1:01:33 (record)         |
| <b>10K:</b> Mike Lynes, Camas, WA, 32:43                  |
| <b>5K:</b> Bob Boland, Great Falls, 15:53                 |
| <b>WOMEN</b>                                              |
| <b>Marathon:</b> Sue Vogel, Billings, 3:10:59             |
| <b>20K:</b> S. Stetler, Missoula, 1:26:08                 |
| <b>10K:</b> Edie Van Buskirk, Missoula, 40:20             |
| <b>5K:</b> Lauri Sax (Adams), Pocatello, Id, 18:20        |

|                                                    |
|----------------------------------------------------|
| <b>1988</b>                                        |
| <b>MEN</b>                                         |
| <b>Marathon:</b> Dave Coppock, Billings, 2:38:48   |
| <b>20K:</b> Kenneth Mcchesney, Missoula, 1:09:56   |
| <b>10K:</b> David Knoop, Salt Lake City, 32:15     |
| <b>5K:</b> Shannon Butler, Eureka, 14:47 (record)  |
| <b>WOMEN</b>                                       |
| <b>Marathon:</b> Bobbie Dixon, Helena, 3:21:47     |
| <b>20K:</b> Debbie Magilke, Billings, 1:18:47      |
| <b>10K:</b> Jen Foster, Livingston, 40:28          |
| <b>5K:</b> Joan Downey, Butte, 19:03               |
| <b>1987</b>                                        |
| <b>MEN</b>                                         |
| <b>Marathon:</b> Dave Coppock, Billings, 2:32:31   |
| <b>20K:</b> Mike Lynes, Camas, WA, 1:08:22         |
| <b>10K:</b> Bill Brist, Kalispell, 32:44           |
| <b>5K:</b> Steve Simpson, Helena, 15:19            |
| <b>WOMEN</b>                                       |
| <b>Marathon:</b> Bobbie Dixon, Helena, 3:17:01     |
| <b>20K:</b> Diedre Eitel, Missoula, 1:19:22        |
| <b>10K:</b> Missy Orr, Bozeman, 40:58              |
| <b>5K:</b> S. Kennedy, Glendive, 19:16             |
| <b>1986</b>                                        |
| <b>MEN</b>                                         |
| <b>Marathon:</b> Matt Rothermel, Missoula, 2:22:30 |
| <b>20K:</b> Daug Darko, Great Falls, 1:06:24       |
| <b>10K:</b> Kirk Keller, Gallatin Gateway, 32:40.1 |
| <b>5K:</b> Bill Brist, Kalispell, 15:32            |
| <b>WOMEN</b>                                       |
| <b>Marathon:</b> Molly Tritle, WA, 3:05:42         |
| <b>20K:</b> Mariah Teitsch, Bozeman, 1:18.03       |
| <b>10K:</b> Debbie Magilke, Billings, 37:50        |
| <b>5K:</b> Heidi Valentine, Bozeman, 19:03         |
| <b>1985</b>                                        |
| <b>MEN</b>                                         |
| <b>Marathon:</b> Matt Rothermel, Missoula, 2:24:07 |
| <b>20K:</b> Doug Darko, Great Falls, 1:03:04       |
| <b>10K:</b> Kirk Keller, Billings, 31:17           |

|                                                                |
|----------------------------------------------------------------|
| <b>5K:</b> Bill Brist, Kalispell, 15:16                        |
| <b>WOMEN</b>                                                   |
| <b>Marathon:</b> June Freedman, Bozeman, 3:08:53               |
| <b>20K:</b> Ann Danzer, Helena, 1:18:37                        |
| <b>10K:</b> Debbie Magilke, Billings, 37:46                    |
| <b>5K:</b> Kathy Gibson, Bozeman, 19:15                        |
| <b>1984</b>                                                    |
| <b>MEN</b>                                                     |
| <b>Marathon:</b> Jim Hatcher, Helena, 2:22:00                  |
| <b>20K:</b> Doug Darko, Great Falls, 1:05:05                   |
| <b>10K:</b> Kirk Keller, Bozeman; Bill Brist, Kalispell, 32:21 |
| <b>5K:</b> Stan Zezotarksi, Helena, 16:01                      |
| <b>WOMEN</b>                                                   |
| <b>Marathon:</b> Chris Keene, Billings, 3:06:17                |
| <b>20K:</b> Bridgette Marting, Colorado Springs, CO, 1:22:03   |
| <b>10K:</b> Kathie Roos, Helena, 40:50                         |
| <b>5K:</b> Brenda Wiklund, Great Falls, 18:21                  |
| <b>1983</b>                                                    |
| <b>MEN</b>                                                     |
| <b>Marathon:</b> Jim Hatcher, Helena, 2:21:59                  |
| <b>20K:</b> Gian Starinieri, Canoga, CA, 1:04:17               |
| <b>10K:</b> Kirk Keller, Bozeman, 31:24                        |
| <b>5K:</b> Jeff Clem, Bozeman, 14:49                           |
| <b>WOMEN</b>                                                   |
| <b>Marathon:</b> Debbie Raunig, Missoula, 2:54:10              |
| <b>20K:</b> Ellen Markarewicz, Kansas City, MO, 1:16:14        |
| <b>10K:</b> Kathy Jarvis, Havre, 39:01                         |
| <b>5K:</b> Kathy Gibson, Bozeman, 19:13                        |
| <b>1982</b>                                                    |
| <b>MEN</b>                                                     |
| <b>Marathon:</b> Jim Hatcher, Helena, 2:20:35 (record)         |
| <b>20K:</b> M. Doner, St. Paul, MN, 1:09:19                    |
| <b>10K:</b> Kirk Keller, Bozeman, 31:36                        |
| <b>5K:</b> Dave Phelps Jr., Great Falls, 15:08                 |
| <b>WOMEN</b>                                                   |
| <b>Marathon:</b> Ann Danzer, Helena, 2:53:38                   |
| <b>20K:</b> Jacqui Flores, Great Falls, 1:26:34                |
| <b>10K:</b> Lauri Sax (Adams), Bozeman, 38:36                  |
| <b>5K:</b> Kathy Gibson, Bozeman, 19:38                        |

|                                                                 |
|-----------------------------------------------------------------|
| <b>1981</b>                                                     |
| <b>MEN</b>                                                      |
| <b>Marathon:</b> Stan Zezotarski, Helena, 2:29:33               |
| <b>20K:</b> Scott Descheemaeker, Bozeman, 1:05:55               |
| <b>10K:</b> Tony Banovich, Butte, 35:54                         |
| <b>5K:</b> Mike Houlihan, Bozeman, 15:16                        |
| <b>WOMEN</b>                                                    |
| <b>Marathon:</b> Ann Danzer, Helena, 2:56:26                    |
| <b>20K:</b> Cheryl Johnson, Helena, 1:16:42                     |
| <b>10K:</b> Chris Hoth, Billings, 40:11                         |
| <b>5K:</b> Lynn Creek, Bozeman, 18:22                           |
| <b>1980</b>                                                     |
| <b>MEN</b>                                                      |
| <b>Marathon:</b> Stan Zezotarski, Helena, 2:24:55               |
| <b>20K:</b> Scott Descheemaeker, Bozeman, 1:05:53               |
| <b>10K:</b> Steve Bishop, Bozeman, 31:17                        |
| <b>5K:</b> Chuck Fred, Helena; Scott Brown-ing, Missoula, 15:40 |
| <b>WOMEN</b>                                                    |
| <b>Marathon:</b> Jennifer Tuthill, Bozeman, 2:58:34             |
| <b>20K:</b> Bridgette Baker, Missoula, 1:18:38                  |
| <b>10K:</b> Lauri Adams, Helena, 37:43                          |
| <b>5K:</b> Kathy Gibson, Bozeman, 19:57                         |
| <b>1979</b>                                                     |
| <b>MEN</b>                                                      |
| <b>Marathon:</b> Cyle Wold, Helena, 2:29:39                     |
| <b>20K:</b> Drake Dornfield, Billings, 1:05:19                  |
| <b>10K:</b> Doug Darko, Great Falls, 34:44                      |
| <b>5K:</b> Chuck Fred, Helena, 16:40                            |
| <b>WOMEN</b>                                                    |
| <b>Marathon:</b> Donna Dearborn, Boze-man, 3:12:56              |
| <b>20K:</b> Bridgette Baker, Missoula, 1:24:26                  |
| <b>10K:</b> Shelley Thompson, Helena, 40:09                     |
| <b>5K:</b> Karen Gibson, Bozeman, 20:27                         |
| <b>1978</b>                                                     |
| <b>MEN</b>                                                      |
| <b>Marathon:</b> Bill Hess, Deer Lodge, 2:36:25                 |
| <b>Half Marathon:</b> Orville Hess, Ennis, 1:10:45              |
| <b>7 Miles:</b> Jason Emmons, 36:46                             |

|                                                           |
|-----------------------------------------------------------|
| <b>3 Miles:</b> Phillip Dupaul, 17:32                     |
| <b>WOMEN</b>                                              |
| <b>Marathon:</b> Chris Shultis, Billings, 3:06:33         |
| <b>Half Marathon:</b> Marti McCracken, Whitefish, 1:35:12 |
| <b>7 Miles:</b> Lauri Adams, Helena, 45:29                |
| <b>3 Miles:</b> Karen Gibson, Bozeman, 22:11              |
| <b>1977</b>                                               |
| <b>MEN</b>                                                |
| <b>Marathon:</b> Orville Hess, Ennis, 2:34:27             |
| <b>7 Miles:</b> Stan Zezotarski, Helena, 39:07            |
| <b>3 Miles:</b> Bart Holt, Lolo, 15:39                    |
| <b>WOMEN</b>                                              |
| <b>Marathon:</b> Yvonne Reimer, Lander, WY, 3:34:00       |
| <b>7 Miles:</b> Debbie Raunig, Havre, 52:58               |
| <b>3 Miles:</b> Kathy Gibson, Bozeman, 21:10              |
| <b>1976 (HELENA)</b>                                      |
| <b>MEN</b>                                                |
| <b>Marathon:</b> Terry Ziegler, Billings, 2:27:32         |
| <b>13 Miles:</b> Branch Brady, Great Falls, 1:13:32       |
| <b>7 Miles:</b> Brad Burnett, Billings, 39:34             |
| <b>3 Miles:</b> Lyndon Meeks, Great Falls, 15:27          |
| <b>WOMEN</b>                                              |
| <b>Marathon:</b> Cheryl Johnson, Clancy, 4:39:34          |
| <b>13 Miles:</b> Martha McCafferty, N/A, 1:45:16          |
| <b>7 Miles:</b> Kathy Estes, Philipsburg, 50:37           |
| <b>3 Miles:</b> Debbie Raunig, Havre, 20:22               |
| <b>1975 (Missoula)</b>                                    |
| <b>MEN</b>                                                |
| <b>Marathon:</b> John Duffield, 2:56:46                   |
| <b>13 Miles:</b> John Hays, Missoula, 1:13:16             |
| <b>7 Miles:</b> Dave McDougall, Butte, 38:29              |
| <b>3 Miles:</b> Bart Holt, Lolo, 16:42                    |
| <b>Women</b>                                              |
| No Women's Division.                                      |
| <b>1974 (BOZEMAN)</b>                                     |
| <b>MEN</b>                                                |
| <b>Marathon:</b> Ian Christopherson, Mis-soula, 2:49:00   |
| <b>13 Miles:</b> Bill Lannon, Helena, 1:19:16             |
| <b>7 Miles:</b> Tom Faulkner, Helena, 44:31               |
| <b>3 Miles:</b> Dan Pelletier, Helena, 16:29              |
| <b>WOMEN</b>                                              |
| No Women's Division.                                      |

EVENT RECORDS

This is a list of all-time Governor’s Cup event records, dating back to the first event in 1974. For nearly 50 years, Montanans and many others have celebrated fun and fitness through running and walking at the annual event in the Treasure State’s capital city. Presented by Blue Cross and Blue Shield of Montana and made possible by many other businesses and individuals in the Helena community, the Governor’s Cup remains unique in its composition of races designed for the young and old, elite and recreational.

|                                                             |
|-------------------------------------------------------------|
| <b>MARATHON</b>                                             |
| <b>MEN</b>                                                  |
| Jim Hatcher, Helena, 2:20:35 (1982)                         |
| Masters: Dave Roberts, Helena, 2:33:42 (1991)               |
| <b>WOMEN</b>                                                |
| Heather Lieberg, Helena, 2:45:59 (2013)                     |
| Masters: Priscilla Flesch-Birtic, Glen-dive, 3:12:44 (1992) |
| <b>HALF MARATHON</b>                                        |
| <b>MEN</b>                                                  |
| Mark Messmer, Missoula, 1:07:48 (2019)                      |

|                                                  |
|--------------------------------------------------|
| Masters: Tony Banovich, Billings, 1:16:00 (2004) |
| <b>WOMEN</b>                                     |
| Heather Lieberg, Helena, 1:17:25 (2014)          |
| Masters: Kathy Aragon, Billings, 1:24:55 (2000)  |
| <b>10K</b>                                       |
| <b>MEN</b>                                       |
| David Morris, Eagle River, AK, 30:49 (1991)      |
| Masters: Bob Boland, Great Falls, 34:14 (1997)   |

|                                                    |
|----------------------------------------------------|
| <b>WOMEN</b>                                       |
| Heather Lieberg, Helena, 35:24 (2015)              |
| Masters: Debbie Magilke, Billings, 38:10 (1990)    |
| <b>MEN</b>                                         |
| Shannon Butler, Eureka, 14:47 (1988)               |
| Master’s Record: Jim Hatcher, Helena, 16:34 (1991) |
| <b>WOMEN</b>                                       |
| Nicole Hunt, Deer Lodge, 17:11 (2003)              |
| Masters: Nicole Hunt, Deer Lodge, 18:01 (2010)     |

|                                                             |
|-------------------------------------------------------------|
| <b>20K (NO LONGER CONTESTED)</b>                            |
| <b>MEN</b>                                                  |
| Tom Raunig, Bozeman, 1:01:33 (1989)                         |
| Masters: Louie Van Duzer, Columbia Falls, 1:11:00 (1998)    |
| <b>WOMEN</b>                                                |
| Nicole Murray (Hunt), Bozeman, 1:16:00 (1997)               |
| Masters: Priscilla Flesch-Birtic, Glen-dive, 1:26:09 (1991) |





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## JUNE 7-8 HELENA, MT

### FRIDAY, JUNE 7

PACKET PICKUP

**10 a.m. to 6 p.m.**

DoubleTree by Hilton Helena Downtown

22 N. Last Chance Gulch

*Near the Gov Cup Finish Line*

**5:30 p.m. – Mile Fun Run at**

Centennial Park next to the YMCA

### SATURDAY, JUNE 8

RACE DAY

START TIMES

**Marathon:** 6 a.m.

**Marathon Relay:** 6 a.m.

**Half Marathon:** 7 a.m.

**10K:** 8 a.m.

**5K:** 10 a.m.

For more information  
and registration,  
visit [govcupmt.com](https://govcupmt.com)  
or scan the QR Code.



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