GET OUT...VOLUNTEER TODAY!

This week’s opportunities:

Help teach a skill to a 4-H youth.
Lots of opportunity to volunteer with 4-H! From horses, aerospace, bicycling, baking and everything in between.

Office Cleaning, Organization and Outside Lot Care - during office hours M-F 8am-5pm

Looking board committee members – Campaign Cabinet and Human Resources and Policy Committee

Life Skills and Recreation Volunteers Needed – teach young families new life skills – anything from yoga to budgeting to baby massage to how to enjoy the outdoors.

Cleaner for Childcare/Preschool – reliable cleaning support for childcare center.

Helena Community Gardens – prepare plots, planting, and caretaking

American Red Cross – you can still donate at the Blood Donation Center at 3150 North Montana Avenue by appointment 1-800-733-2767 +Shelter Workers +Blood Donor Ambassador +Disaster Assistance Health Care Professionals +Blood Donor Screener +Ensure Military Family Needs are Met

Telephone Connection with Senior Citizens – Rocky Mountain Development Council Meals on Wheels – deliver meals to seniors 10:30am-1pm daily

Grocery Packing for Seniors – March 18 and 19

Helena Food Share – pantry assistance in Helena and East Helena

Volunteer District Leader – serve as an ambassador to legislative priorities.

Point in Time Survey – Assist with the yearly count of homeless area neighbors. Jan. 28

Free Tax Help – clinics, looking for volunteers to assist elderly and low income individuals with tax preparation

Become a Big Brother or Big Sister – one on one mentoring

Year Round Parenting from the Heart - Child care provider – Thursdays 6:30-8:30 pm

Tuesday Jan 19 and Wednesday Jan 20 6:30-11:30am – volunteers to help with traffic control, parking and other coordination for COVID-19 vaccine site at Lewis and Clark County Fairgrounds.

SIGN-UP ONLINE
VOLUNTEERHELENA.ORG
Your one-stop-shop to get out and get involved!