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### APRIL

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**DESIGNED AND PRINTED IN THE BAY AREA** 

#### WOODWORD'S CORNER

#### Dear Readers,

April is Earth Month and although many of us are at home, we can still celebrate this special season. Many of our pages this month relate to the environment, from energy and water sources to a new super hero. Let's all learn how to be good stewards of the earth, now and for the future.

Arbor Day is April 24 and we feature trees in our Spotlight pages on the **Mighty Oak.** And you can have some fun with the nature scavenger hunt on page 5 that will take you

on a **Walk in the Woods.** You can do the hunt on the page or take it with you on a walk and see if you can find the items in the open air!

My pals the **Bunny Buddies** are here to celebrate Easter on April 12. There's lots of fun activities on

pages 10 & 11 to do with a buddy and a mysterious egg that can talk! Read on!

And don't forget the important **United States Census 2020.** Take the quiz to learn more about it. Being counted helps plan for the future and the resources we will need.

Be sure to share **Kid Scoop News** with your family. It's something you can all enjoy together!

Until next time, keep washing your hands, stay safe and we will see you again in our next issue of Kid Scoop News in May.



Create a colorful heart. Sponsored by:

Petaluma

HEALTH CARE

DISTRICT

For possible publication in our May issue, email it to us no later

than **April 19, 2020. Mail to:** 

**KID SCOOP NEWS** 

**Sonoma, CA 95476** 

woodword@kidscoopnews.org

P.O. Box 1802

To send by email:

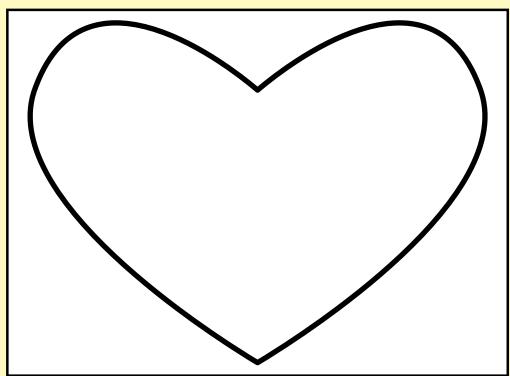
First Name:

City:

School:

Grade:

### SEE YOUR WORK IN KID SCOOP NEWS!



UNITED STATES CENSUS 2020

**Everyone Counts!** 



magine counting every person in the
United States! Could you do that by
yourself in a day? A week? A month?
A year?

United States®

Every 10 years, the United States government counts every

single person living in the country. They count citizens and non-citizens alike. This count is called the **United States Census**.

In the 2010 United States Census, 100,000 children in California were not counted! You can help make sure every child gets counted in 2020. Make sure YOU get counted!

Talk about the Census with your parents and friends this month. Remind them to watch for United States Census information in the mail, or ask them to visit **2020census.gov** 

### **2020 Census Timeline**

- March 12 20: Households will begin receiving official Census Bureau mail with detailed information on how to respond to the 2020 Census online, by phone, or by mail. It takes about 10 minutes to complete.
- April 1: Census Day is observed nationwide. By this date, every home will receive an invitation to participate in the 2020 Census. When your family responds to the census, you'll tell the Census Bureau where you live as of April 1, 2020.

The Census Bureau has temporarily suspended field operations and has pushed back deadlines because of the corona virus. Keep checking back at 2020census.gov for updated information and dates.

This page available in Spanish in our Parent Guide. Esta página está en español en nuestra Guía para padres. **kidscoopnews.org/parent-guide/** 



Read the article on this page. Then answer the questions below!

How often does the government count the number of people living in the U.S.?

Are both citizens and non-citizens counted?

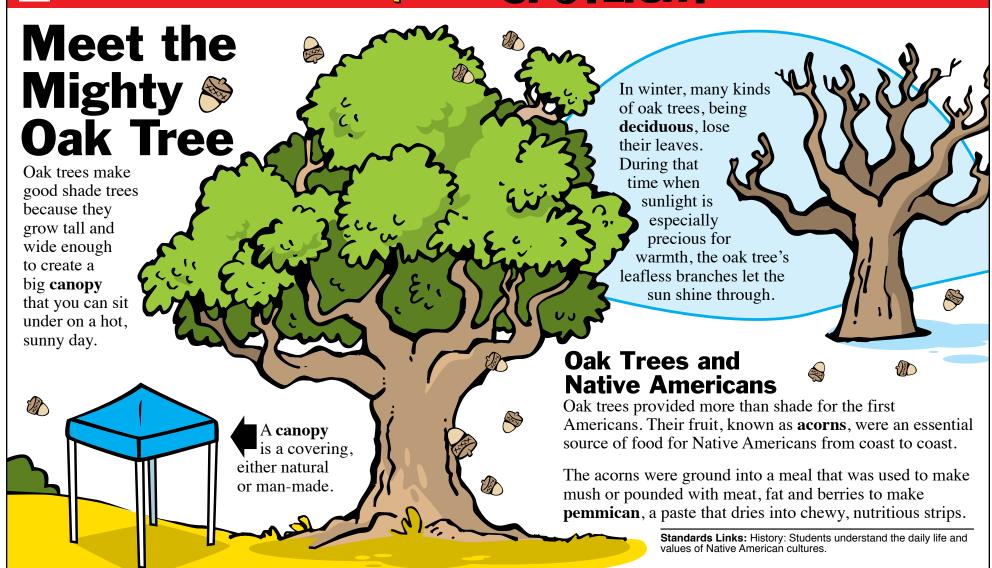
Whose homes will Census takers visit?

How long will it take to answer the Census questions?

When will the Census Bureau deliver the Census count to the President and Congress?

How old were you when the last Census happened?

### Kid Scoop News SPOTLIGHT



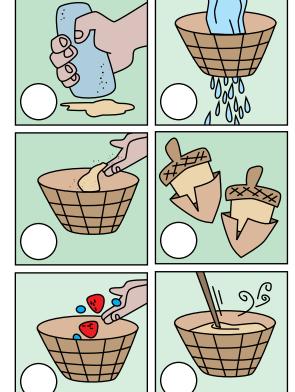
Standards Links: Science: Students know that living things in an ecosystem are independent for survival.

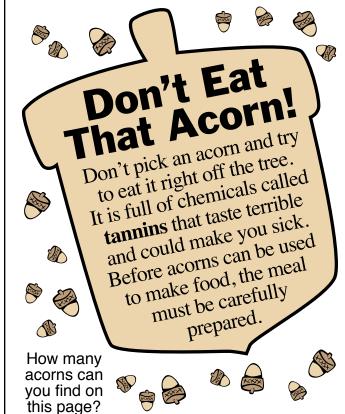


A B

Read the steps that Native Americans followed to remove tannins from acorns. Then number the pictures in the correct order.

- **1.** Shell the acorns by splitting the outer shell and removing the light-colored inner nut.
- **2.** Grind the shelled acorns into a fine meal.
- **3.** Scoop the pounded meal into a basket.
- **4.** Rinse the acorn meal with hot water to wash away the tannins. The meal must be rinsed at least ten times, or more if cold water is used.
- **5.** Add water to the leached meal and stir with a hot rock lodged into a looped stick.
- **6.** Add berries, seeds or dried meat for flavor.





# A Walk in the Woods

A forest is filled with some interesting things to see, hear, feel and do. But it isn't always possible to get to the woods. *Kid Scoop News* takes you on an adventure in the woods.

### **Animal Groups**

What do you call a group of these woodland animals? Circle every other letter under each animal to discover the answer!

PORCUPINES
RASPDRNI
RCZKTLME

A 1

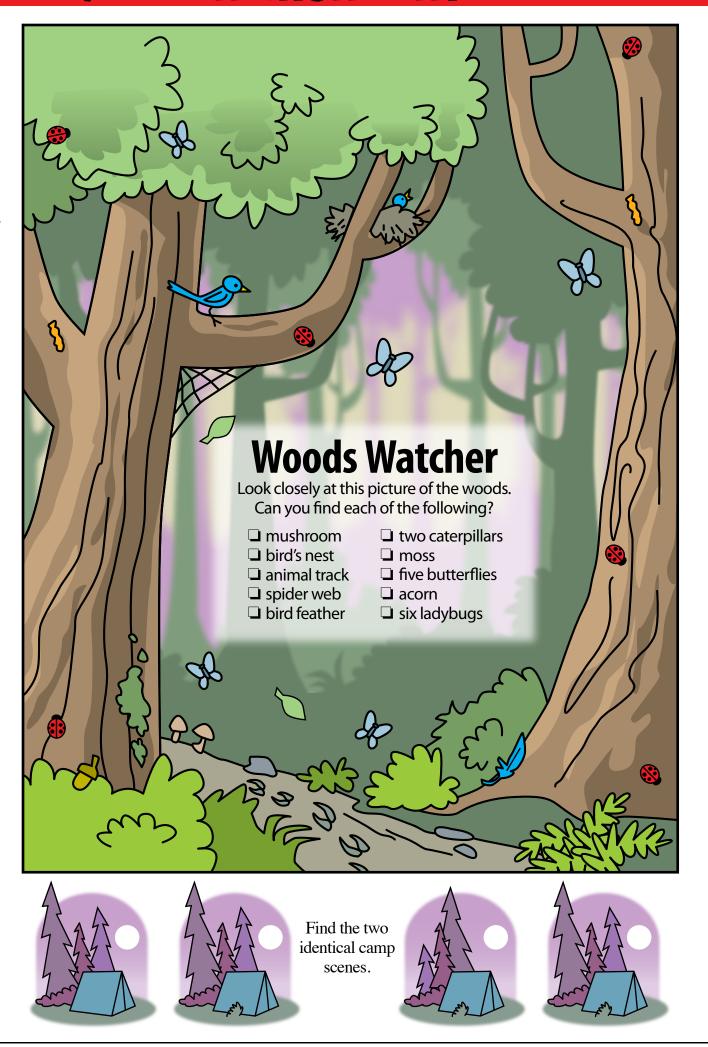
SQUIRRELS

DALSMCOU

YRKRTY

SKUNKS
JAFSMUWR
PFYEUIVT

FOXES
TAPLQEN
AKSVH



# Flowers Improve Your Mood

10-month \_\_\_\_\_ at Rutgers University showed that a gift of flowers has an on a person's happiness. immediate



Replace the missing words! FLOWERS PARTICIPANTS FEELING MOODS |

IMPACT STUDY

GIFT

in the study were All of the excited when surprised with a flower delivery. And that happy feeling lasted for two to three days after receiving the flowers.

As part of the study, participants also received gifts of fruit and candy. Each \_\_\_\_\_ lifted spirits. But of all the gifts, flowers had the most positive, longest-lasting impact on their \_\_\_\_\_.

People who received \_\_\_\_\_ \_\_ during the less depressed or study reported \_\_\_ worried when flowers had been delivered to them. That's why people have been giving each other the gift of flowers for centuries!











#### **SPRING WORDSEARCH**

BLOSSOMS **PUDDLES** TULIPS **KITES EASTER FLOWERS** RAIN NEST **BREEZY BIRDS EGGS BEES** 

SENVWKLTZF **BLOSSOMSNL** IWPVJKUS SREWOLFKR D A AEZTARSSBGTB ILUTGE XCAZNHB QSELDDUPRB **Colorful Meaning** Flowers come in a rainbow of colors.

But each color has a unique meaning. Do the math to draw a line from each color to what it means.

11 + 2 = RED15+2=PINK14 + 8 = YELLOW14 + 10 = ORANGE9+9=WHITE13 + 7 = GREEN

24 = Fascination

22 = Happiness and joy

13 = Love, beauty and respect

17 = Appreciation, gratitude

20 = Good health, harmony

18 = Purity, innocence, quiet



What's your favorite flower color? Write a poem about it and email it to woodword@kidscoopnews.org. We'll share some of the poems on the Kid Scoop News Facebook page!



FREE ice cream on your birthday at our **KIDS ONLY ICE CREAM COUNTER!** 

Surprise your mom with a FREE flower arrangement on her birthday specially designed by YOU!

FREE monthly newsletter filled with lots of cool craft and holiday ideas!

Join today at www.FremontFlowers.com **Fremont Flowers**, 4050 Alder Avenue, Fremont, CA (510) 797-1136 Kids under 12 only. Must have parent's permission to join. Please have a parent call Fremont Flowers for complete details.

# **Storm Water Starts Clean But Can End Up Polluted**

When it rains or snows, most of that water seeps into the ground. But what if the ground is covered with a paved surface like a sidewalk or parking lot? In that case, the water flows into gutters or storm drains.

Water picks up **pollutants** as it runs through city streets, gutters and storm drains. These pollutants can make water in our creeks unsafe for humans, plants and animals. This pollution is called *non-point source pollution*.

Draw a line to match a solution with each problem.

### POLLUTION PERIL

- A. Pet waste on streets and sidewalks can end up in storm drains. Gross!
- **B.** Soapy water from washing cars travels to storm drains.
- C. Fertilizer, pesticides and other garden chemicals can wash into storm water.
- D. When it rains, oil and gas that has dripped from cars washes into storm drains.
- E. Paint enters drains when brushes are cleaned outside.
- **F.** Trash in gutters and sidewalks.

### POLLUTION SOLUTION

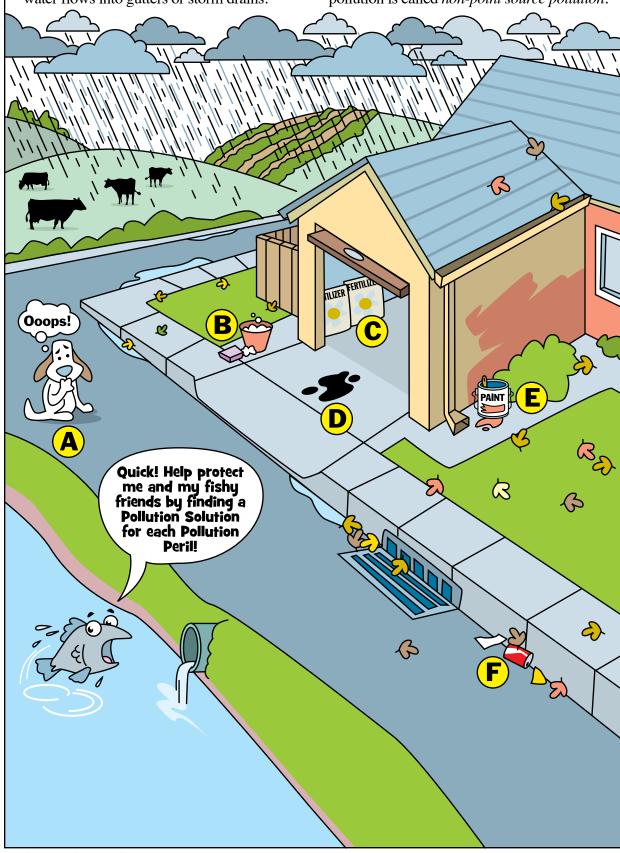
- 1. Purchase household detergents low in phosphorous. Reduce run-off by washing your car on a lawn or other *permeable* (able to absorb liquids) surface.
- **2.** Clean up after pets. Dispose of waste in the trash.
- 3. Keep litter, leaves and debris out of the street gutters and storm drains. These drain directly to lakes, streams, rivers and wetlands.
- **4.** Keep a drip pan under parked cars and dispose of used motor oil at an official recycling center.
- **5.** Apply lawn and garden chemicals sparingly and according to directions.
- **6.** Brushes and painting equipment soiled with water-based paint may be rinsed in a sink.

**VIC-5**, B-1, C-5, D-4, E-6, F-3

# It's up to everyone to help keep our waterways clean.

All of us play a part in keeping Sonoma County's storm drains and creeks clean. For more great tips on how to help, visit www.sonomawater.org





## **U.S. Census True or False Game**

#### A GAME TO PLAY WITH YOUR FAMILY.

The U.S. Census happens every ten years. Were you alive when the last Census happened? Were you counted?

Because the Census only happens every 10 years, it is hard for people to remember everything about it. Below are statements about the Census. We have written each statement in English and Spanish.

Read these with a family member and discuss whether it is TRUE or FALSE.

NOTE: Some Census information subject to change due to COVID-19 pandemic protocols.



Five million Latinos live in undercounted Census tracts in California.



The U.S. Constitution requires the federal government count everyone living in the country every 10 years. The count must include people of all races, and ethnic groups; all citizens and non-citizens; all adults and children — even babies.



SUSWER: All these statements are TRUE.

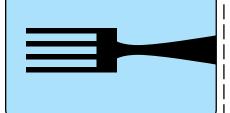
For the 2020 Census, the U.S. Census Bureau will generally visit homes that do not respond to the Census. Census takers, known as **enumerators**, will visit households that did not respond starting in May and continue through July 2020.



If you speak English, Chinese, Korean, Russian or Spanish you can answer the questions online or over the phone.



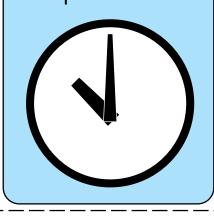
Because of the last Census count, low-income students in the United States received \$11.6 billion for free and reduced cost meals.



Communities get about \$1,800 per year in federal aid for every person counted by the Census.



It takes about 10 minutes to complete the Census.



The paper Census form is available in English and Spanish.



Every person in every house must participate in the Census.
This includes newborns, little kids, grandparents and roommates.



Funding to take care of roads is determined by Census data.



# Juego del Censo—¿Verdadero o falso?

#### UN JUEGO PARA JUGAR CON SU FAMILIA.

El censo de EE. UU. ocurre cada diez años. ¿Estabas vivo cuando ocurrió el último censo? ¿Te contaron?

Debido a que el Censo solo ocurre cada diez años, es difícil para las personas recordar todo sobre el censo. A continuación se presentan declaraciones sobre el censo. Hemos escrito cada declaración en Inglés y Español.

Léalos con un miembro de la familia y discuta si es VERDADERO o FALSO.

Nota: Parte de la información está sujeta a cambios debido a los protocolos de la pandemia de COVID-19.



La Constitución de los Estados Unidos requiere que el gobierno federal cuente a todos los que viven en el país cada 10 años. El recuento debe incluir personas de todas las razas y grupos étnicos; todos los ciudadanos y no ciudadanos; Todos los adultos niños y bebés.



La Repuesta: Todas estas afirmaciones son verdaderas.

Para el Censo 2020, la Oficina del Censo de EE. UU. Generalmente visitará hogares que no respondan al censo. Los encuestadores conocidos como **enumeradores** visitarán hogares que no respondieron a partir de Mayo y continuarán hasta Julio de 2020.



Si habla Inglés, Chino, Coreano, Ruso o Español, puede responder las preguntas en línea o por teléfono.

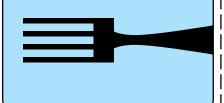


Debido al último recuento del censo, los estudiantes de bajos ingresos en los Estados Unidos recibieron \$11.6 mil millones para comidas gratis y de costo reducido.

Cinco millones de Latinos

viven en áreas difíciles de

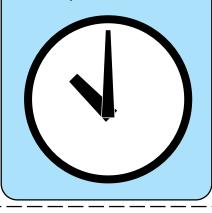
contar en California.



Las comunidades obtienen alrededor de \$1,800 por año en ayuda federal por cada persona contada por el Censo.



Solo se toma diez minutos para completar el censo.



El formulario del Censo en papel está disponible en Inglés y Español.



Cada persona en cada casa debe participar en el Censo. Esto incluye recién nacidos, niños pequeños, abuelos, inquilinos y compañeros de cuarto.



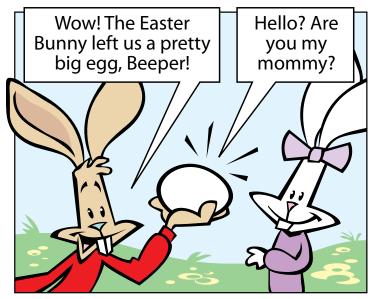
Los fondos para cuidar de las carreteras está determinada por los datos del censo.



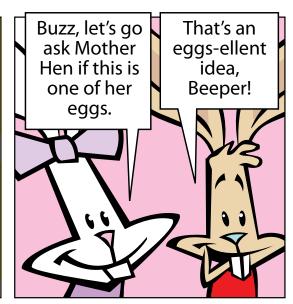
### Kid Scoop News BUNNY BUDDIES

# Bunny Buddies and

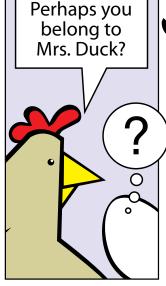
Find a buddy and do this page together! If the page looks easy, find "somebunny" younger to be your buddy. If the page looks hard, find "somebunny" older to help you.

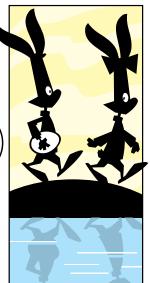




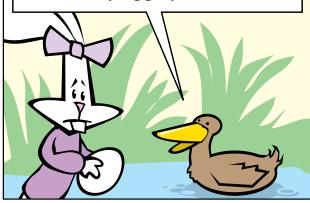






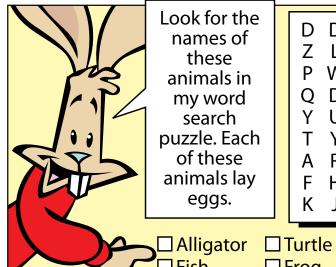


No, that isn't one of my eggs. But don't look so sad. Chickens and ducks aren't the **ONLY** animals that lay eggs, you know!



Egg-bert is hatching! What kind of animal do

you think is inside? Draw a picture of it.



Look for the names of these animals in my word search puzzle. Each of these animals lay eggs.

DFRTE Ε В L B T O R W A T N TΝ Ε DRAZIL UVGFJ Τ YOIAXW RSLUGKE H D L Z W Z KJHAIJID

□Toad

☐ Slug

Standards Link: Life Science: Students know organisms reproduce offsprings of their own kind; life cycles are different for different animals.

Frog

□Bee

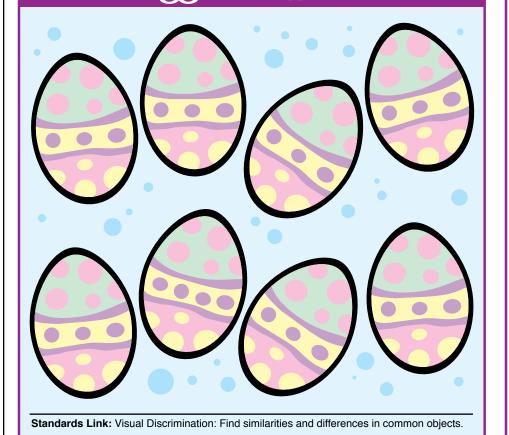
Lizard

### Eggs-tremely Silly Party

Buzz and Beeper are having a birthday party for Egg-bert. Can you find at least 10 things wrong in this picture?



### Which egg is different?



### Double Word Search

ANIMAL BIRTHDAY BUDDIES

BUNNY

DESCRIBE

**DUCKS** 

**EASTER** 

HATCHING

**MOTHER** 

NOUN

PAPER

PARTY

SILLY

**SYLLABLE** 

Find the words by looking up, down, backwards, forwards, sideways and diagonally.

D R T B U N N Y M L

R E S Y L L A B L E

E P S E I D D U B L

HATCHINGNA

Z P U T R E H T O M

 $P \quad A \quad R \quad T \quad Y \quad I \quad N \quad F \quad U \quad I$ 

SILLYSBWNN

B B N E A S T E R A

CASKCUDYXB

**Standards Link:** Letter sequencing. Recongized identical words. Skim and scan reading. Recall spelling patterns.



Each player needs 8 markers. Buttons, pebbles or even small squares of paper make good markers.

#### Goal:

Be the first person to get to the sum of 23.

#### How to Play:

- 1. The first player puts one marker on a number and says the number aloud.
- 2. The second player places a marker on another number, adds that number to the previous number and says the total aloud.
- **3.** Play continues until one player reaches exactly 23.

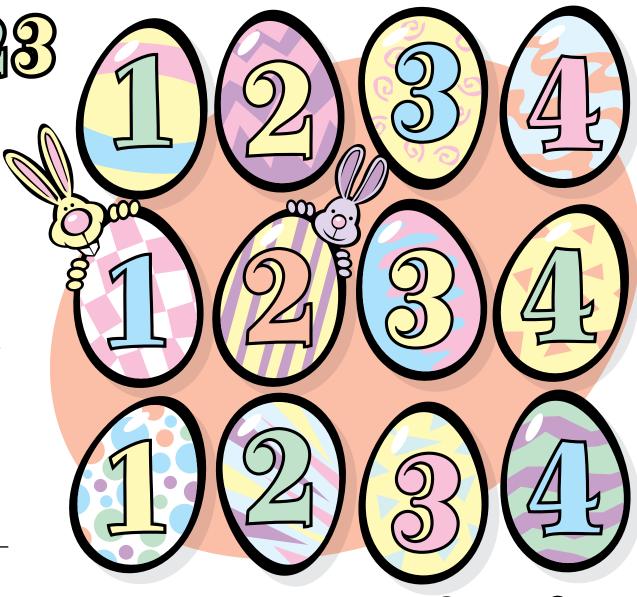
#### **Buzz's Eggs-tra Challenge:**

Change the numbers in each egg above, using the numbers 5 through 8.

#### **Beeper's Eggs-tra-ordinary Challenge:**

Begin with 23 and subtract the amounts to reach zero.

Standards Link: Mathematics: Subtract single digits from single and double digits.





























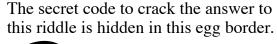






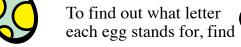








is the letter A.









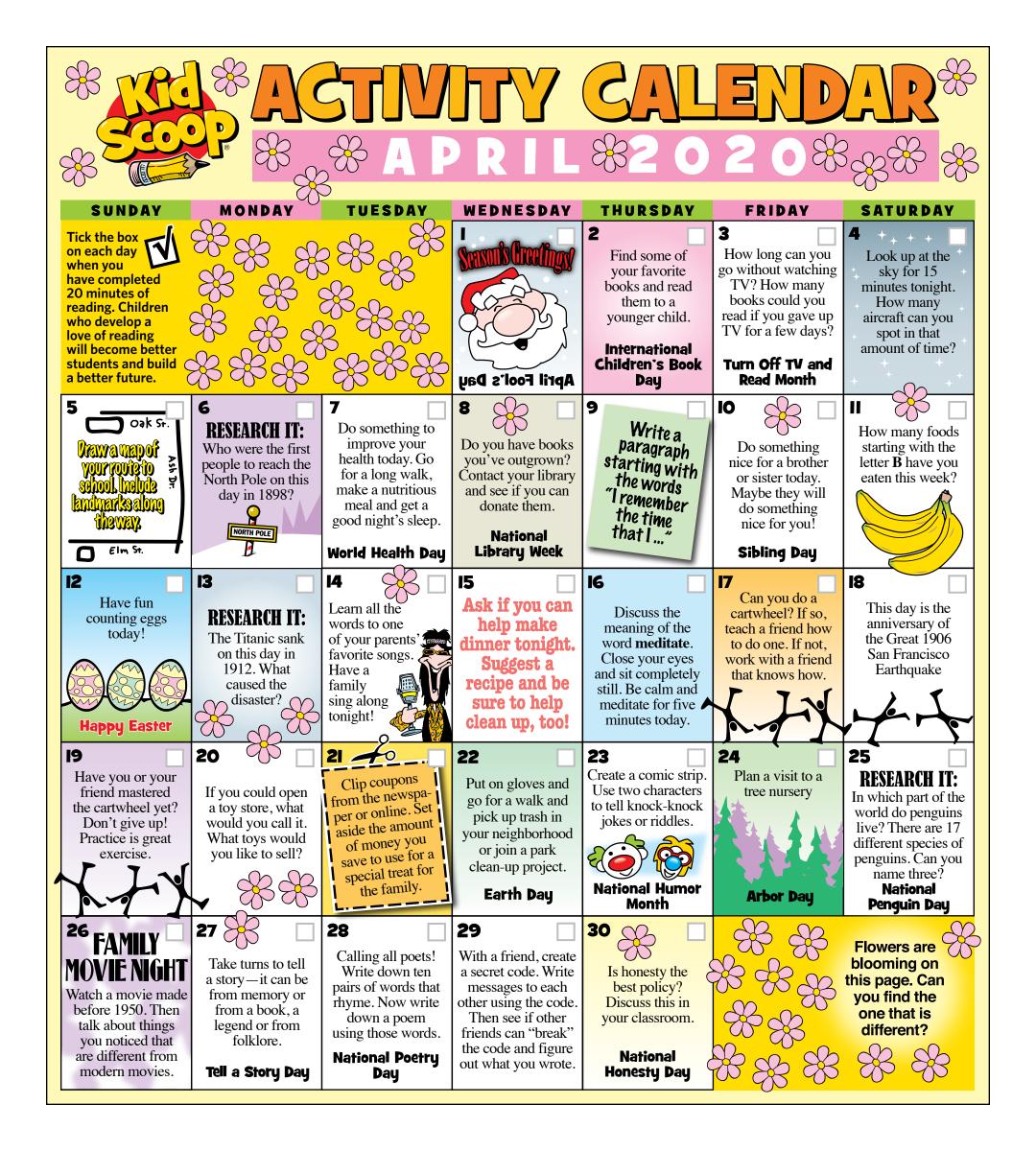
The alphabet follows in order by going clockwise around the border. Each egg stands for one letter of the alphabet.



Standards Links: Decoding: Recognize letters of the alphabet. Reading Comprehension: Follow simple written

Q: What's the greatest use of chicken feathers in the world?





### Kid Scoop News EARTH TIPS

# Beauty Queen Turned Super Hero: The Power to Reduce Waste!

EARTH

Presented by Altamont Education Advisory Board

n 2010, when Jessica Robinson of Alameda, California, became Miss Alameda, she saw it as an opportunity to teach kids about protecting our planet.



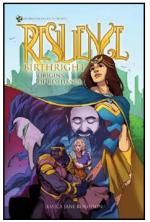
Ms. Robinson founded a program called, "Miss Alameda Says Compost!" to help the City of Alameda address its Climate Protection and Zero Waste Plan.

Over the last ten years her work has grown. Today she works with schools to help them set up Zero-Waste Programs.

In the Emeryville school district, she set up Young Lion and Young Lioness programs

where high school students work with elementary school students to set up school-based Green Teams. "The high school Lions and Lionesses are really zero-waste ambassadors," said Jessica. "They teach others how to reduce waste at school and at home."

"Kids are powerful," says
Jessica. "Give them the information and they really can change the world.
They are superheroes!"



#### **A New Hero Rises!**

Speaking of superheroes, Jessica created her own superhero, called **Resilience**. Jessica becomes Resilience and speaks to schools and community organizations. She has even created a video and a graphic novel about her superhero and the importance of protecting the planet. To learn more about Resilience visit **rbrorg.org** 

### Resilience Zero-Waste Plan

Start the Zero-Waste process with a Waste Audit Observation

- 1. Look in your waste bins. Take a good look at what your school or classroom is sending to the landfill.
- 2. Discuss with your classmates how to make less waste. Are there items in the landfill waste bin that could be replaced with something that could be replaced, composted, recycled, or re-used?
- 3. Make a plan of some
  Action Steps your
  school can take to divert
  waste from the landfill.
  Use the chart below to
  list which items will be
  replaced, composted,
  recycled or re-used.

Taking care of our world starts with each of us doing our part! And YOU can make a BIG difference in thinking about ways to work towards a zero-waste school!

	REPLACE	COMPOST	RECYCLE	RE-USE
	plastic bags	apple cores	paper	containers
V				
		60		
L		62	W	,

"Kids are powerful.
Give them the information and they really can change the world."

- JESSICA ROBINSON

PRESENTED BY



**Advisory Board** 

### Kid Scoop News COLOR IT!



Clara, Kindergarten, Wilson Elementary, Petaluma



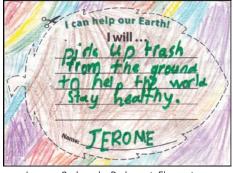
Abigail, 2nd grade, Eldridge Elementary, Hayward



Anahla, 2nd grade, West Side Elementary, Healdsburg



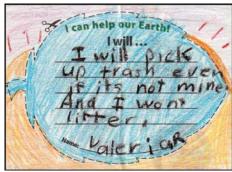
Bryn, 2nd grade, Cali Calmecac Language Academy, Windsor



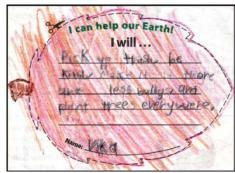
Jerome, 2nd grade, Parkmont Elementary, Fremont



Linda, 2nd grade, Parker Elementary,



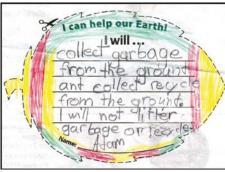
Valeria, 2nd grade, Jack London Elementary, Santa Rosa



Vika, 2nd grade, John Reed Elementary, Rohnert Park



Yareli, 2nd grade, Sheppard Elementary, Santa Rosa



Adam, 3rd grade, Blacow Elementary, Fremont



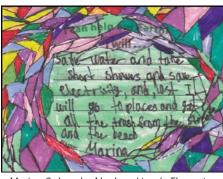
Genesis, 3rd grade, Southgate Elementary, Hayward



Josie, 3rd grade, Pleasant Valley Elementary, Novato



Julia, 3rd grade, Marguerite Hahn Elementary, Rohnert Park



Marina, 3rd grade, Abraham Lincoln Elementary, Santa Rosa



Olivia, 3rd grade, Meadow Elementary, Petaluma



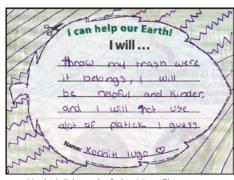
Samera, 3rd grade, Marguerite Hahn Elementary, Rohnert Park



Kimberly, 4th grade, El Verano Elementary, Sonoma



Zitlaly, 4th grade, Bellevue Elementary, Santa Rosa



Xochitl, 5th grade, Bahia Vista Elementary, San Rafael



Zuly, 5th grade, Lynwood Elementary, Novato

# EVERY DAY IS EARTH DA

s your local recycling, compost and garbage company, **Recology** believes that everyone can help keep the Earth healthy by doing little things every day.

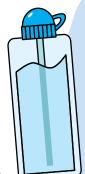
When you recycle or compost materials instead of putting them in the garbage bin (which gets buried in a landfill), those materials are able to live on. This helps save our Earth's natural resources.

Here are some simple tips to reduce waste and be more earth-friendly:



Some items can be reused for craft projects. For example, you can use an old glass spaghetti sauce jar as a pen and pencil holder. The possibilities are endless!

Remember, it's up to ALL of us to do our part!



Keep water or other drinks in a container that you can wash and reuse.

If you have clothes, toys, or anything in good condition that you don't want anymore, don't throw them in the garbage!

Instead, you can donate the items to Goodwill or the Salvation Army, give them to a friend or family member, have a yard sale, or even hold a swap at your school.

**Color It!** 



For lunch and snacks, don't store them in anything that has to be thrown away. Bring real silverware, carry food in a cloth bag or lunch box, and use a cloth napkin instead of a paper napkin.

**REDUCE REUSE** RECYCLE COMPOST **PLASTIC PAPER** 

www.kidscoopnews.org

WASTE **JARS TRASH TOYS EARTH LANDFILL WASH** 

**HEALTHY RESOURCES CRAFT FOOD CHANGES** 

Find the words in the wordsearch puzzle. Then find them on this page.

CHORJKLTHF OURC S ARSRCMAO Α  $\mathbf{E} \mathbf{W} \mathbf{I}$ D H US 0 SES 0 ACAEYA F W W L R W R GQCP C Y B VPCOMPOS H E EKNT RDSRYB DLANDF

### **Recology's Community and Education Programs**

**Attention Teachers:** Recology Sonoma Marin offers a variety of educational programs throughout Sonoma and Marin counties. Our school programs are designed to engage students on waste reduction, recycling and resource conservation. Please email RSMWasteZero@recology.com or call **1-800-243-0291** for more information.





What are taxes? What do they do? Why are they needed?



#### What are taxes?

A tax is money that is collected by the government to pay for such services as public schools, roads, fire and police departments, courts, parks, libraries and more.



	. T. T. D. T
	SALES RECEIPT
١	A Dama
١	Toys-U-Raina 123 Main Street, Mythical, Nebraska
١	
١	
ı	
	Baseball \$ 4.33   \$17.49
l	7/
	Batteries 670.06
	Subtotal \$49.00
١	50500 TAY (5.5%) \$ 2.85
	SALES TAX (5.5%) \$ 2.85 \$51.91
	TOTAL \$51.91
	101111

#### **Sales Tax**

When you buy certain things, the store adds a percentage of money called a sales tax. Sales tax money goes to the state and sometimes to the city or county in which the store is located.

The next time you want to buy something, do the following:

1. Add the tax to the price.

**Income Taxes** 

**MONEY A** 

WORKER

EARNS IS

'INCOME.'

CALLED

2. Check to see if you still have enough money.

NOTE: Not every state collects sales tax.

Everyone who earns

pays a percentage of

government in what is

called an income tax.

money by working

his earnings to the

# \$ \$ \$

#### **Penny Puzzler**

You've probably seen a penny many times. Only one of these images of a penny is correct. Which one do you think is it? Compare to a real penny to see if you are right.

# 2020 LIBERTY







Most of this tax is taken out of a person's paycheck a little at a time throughout the year. But, once a year, people have to list both the money they have earned and their expenses to see if they paid the right amount of taxes. Income taxes for 2019 are due by April 15, 2020.

If, when preparing your taxes, you find out you have not paid enough taxes, you need to pay the government what you owe for the previous year. If you discover that you have paid too much in taxes, the government will send you a refund.

### 17/07/EX 17/07/EX 17/17/17

About 300 years ago, Russian ruler Peter the Great made sweeping changes to make Russia a more modern, powerful country.

It was a very expensive task and to pay for it, he found unusual ways to tax the Russian people.

Among the goods he taxed were hats, boots, chimneys, stamps, basements and beehives. He taxed things like mustaches and beards. He even taxed birth, marriage and burial!

#### **Property Tax**

Each county collects taxes on the land, buildings and homes people own.

The taxes collected from property owners pays for government services.

Standards Link: Social Studies: Students demonstrate an understanding of the economy.



Learn how to save for your goals by joining Exchange Bank's MyCash youth account today!



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### Kid Scoop News HARVEST OF THE MONTH

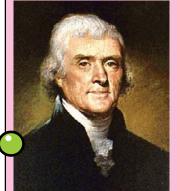


HARVEST OF THE MONTH

PEAS

#### Did you know...

- is the leading producer of snow peas the United States.
- Only 5% of peas are sold ✓. Over half are ✓ and most of the rest are ✓.



### Founding Father Loved His Peas!

Peas were one of the favorite vegetables of our third U.S. president. He grew more than 30 varieties in his garden at Monticello. Can you unscramble his name?

SAMHOT FREESONFJ

CRUNCHY PEA SALAD ½ cup plain yogurt or low-fat mayonnaise 1 tbsp vinegar 1 tsp sugar 1 10-ounce box of frozen peas 1 cup salted peanuts ½ cup grated red onion



Mix yogurt, vinegar, sugar, pepper and grated onion.



Gently stir in the peas and nuts.



Chill for about an hour. Then, munch with friends!



which produces \_\_\_\_\_ plant which produces \_\_\_\_ containing seeds or peas (that's us). We're \_\_\_\_\_ in the pod and either eaten \_\_\_\_\_ (pod and peas), or we're removed from the

pod before eating (shelled peas).

Snow peas can be eaten pod and all. Edible-pod peas, like the snow pea, were \_\_\_\_\_\_ so that the pods' fibers go in one \_\_\_\_\_ allowing them to be chewed.

DIRECTION SOLD WHOLE

BRED CLIMBING



#### A I/2 cup of cooked peas provides:

on excellent source of vitamin K

a good source of vitamin A, vitamin C, fiber, folate and thiamin

oprotein and iron

### SHOPPING LIST

**Market Math** 

Joanne, the owner of *The China* 

Room in Santa Rosa, likes to use

food. Look at Joanne's shopping

list. Then read the prices of the

much will it cost her to buy the

fruits and vegetables she wants?

produce at the market. How

lots for fresh vegetables in her

6 pounds of spinach

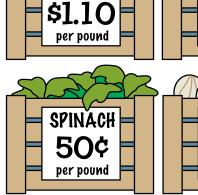
4 pounds of asparagus

5 pounds of cabbage

3 pounds of onions

2 pounds of broccoli 5 pounds of tomatoes

TOTAL:



ASPARAGUS



**TOMATOES** 

\$1.20

per pound





### Why Thiamin?

Thiamin is also called vitamin B1. It helps keep the body's nerves healthy. It also helps the body convert food into energy.

If a person doesn't have enough thiamin, he or she can be weak and tired. Low levels of thiamin can also cause nerve damage.



#### REMEMBER TO EAT AT LEAST FIVE SERVINGS OF FRUITS AND VEGGIES EVERY DAY!

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Human Services Department





To adopt a pet, donate or volunteer for Pets Lifeline please call 707-996-4577 or go to petslifeline.org

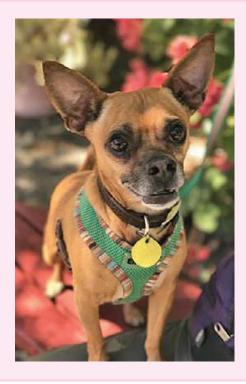


### Booster the Cat

Booster the Cat is a male adult. He is a Domestic Shorthair mix and is a black and white tuxedo. He is a small animal but is a big cat. He has small paws and ears. Booster has sweet green eyes. Booster is super cute!

Booster was taken to Pets Lifeline on May 8, 2019 because his owners were homeless and could not take care of him. Booster is altered and has not been declawed. He has no bite history. Booster has been through a lot lately.

Booster should be with calm people and should be with only a few kids. He should have a big house and he should have time to explore. Booster should not be left alone for a long amount of time. He should be a great pet.



### The Story of Chavo

Chavo is a short coat Chihuahua mix with a black coat. He weighs eleven pounds. His eyes are hazelnut and his ears are erect. He has a long tail. Chavo has no bite history which is good.

Chavo is four years old. He is at Pets Lifeline because the person who originally owned him had too many animals. He's been at Pets Lifeline for about one and one half years. The behavior of Chavo is relatively good.

Now Chavo is a Chihuahua and Chihuahuas are loud. He should have another playmate. They should live in the country in a medium sized house with a smallish yard. Chavo would like lots of belly rubs!

### Sweet Sadie

by August

Sadie is currently eight years old and is a female German Shepherd. She is a mix of black and brown. She has not bitten anyone and has no distinguishing marks. She is being fostered by a Pets Lifeline employee.

Sadie was found on 7th Street East near The Ranch roaming around the street. She has been at Pets Lifeline for seven months when I wrote about her in November. By the time this story is in the paper it could be longer.

Sadie loves exploring the outdoors and going on car rides with people. But she needs someone she can trust and someone who will walk her two or three times a day. These must be long walks. She hopes that you will have a big yard for her to run around in. Also, she hopes that you will like her and that she will like you and that you can take care of her in all ways possible so she can live a long and good life.



This page presented as a community service by



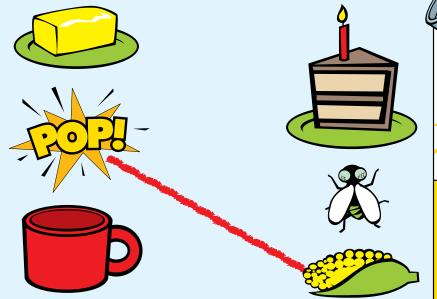


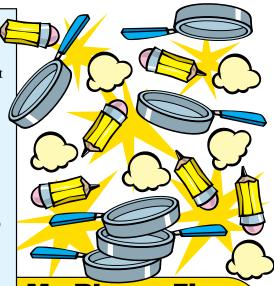
ROSE MARIE PIPER FOUNDATION

### Kid Scoop News EARLY LEARNERS

#### **Two Words Make One!**

Here are pictures of six little words that can make three new words. Look at the pictures and draw a line to connect each pair of words that can be combined to make one word. Popcorn is done for you!





#### **My Rhyme Time**

Six fat sausages sizzling in a pan, One went POP, the other went BANG! Five fat sausages sizzling in a pan One went **POP**, the other went **BANG!** 

Learning Buddies: Repeat this rhyme with your child until there are no fat sausages sizzling in the pan.

#### **My Letters**

P is for Popcorn **p** is for **popcorn** 



**Learning Buddies:** Read the two phrases aloud. Have your child read with you. Trace the uppercase and lowercase letter **P**. Say the letter as you trace it.

How many words or pictures can you find on this page that have the sound that the letter **P** makes in the word **popcorn**?

#### **My Numbers**

How many



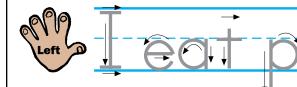
How many §

How many

Learning Buddies: Trace and say the number. Read the questions. Touch and count to find the answers.



My Sentence Learning Buddies: Read the first part of the sentence aloud. Ask your child to think of a way to finish the sentence. Write your child's words in the lines. Read the entire sentence to your child while pointing out that reading is done from left to right. Older children may want to trace all or some of the letters in the sentence.





#### Sunday

#### Letter Identification

With your child, look through the newspaper to find pictures of things that start with the same sound the letter P makes in the word popcorn.

#### **Monday**

#### **Math Play**

Point to the number **6** in the newspaper. Have your child say the number and, if it's large enough, have your child trace the number.

#### **Tuesday**

#### Pop, Hop, Top, Mop

Look through the newspaper and cut out the letters o and p. Glue these two letters onto a piece of paper as op. Cut out the letters p, t, and m from the newspaper. Show your child how you can spell the words pop, hop, top and mop.

#### Wednesday

#### Sort Snacks

Look through the newspaper for pictures of foods that your child likes to eat for snacks. Sort the snacks into two groups: salty snacks and sweet snacks.

#### **Thursday**

#### **Before** and After

Look at a picture in the newspaper. Ask your child, "What do you think happened before this picture was taken? What do you think happened after?"

#### **Friday**

#### **Hear the News**

Pretend you can see and hear the pictures in the newspaper! Look at the pictures that would be making noise. Ask your child, "What sound do you think this picture is making?

#### **Saturday**

#### **Popcorn Toss**

Wad up several sheets of newspaper and cover them with tape to make about six little "popcorn" balls.

Toss one ball back and forth with your child. Don't let it touch the ground! Try keeping two balls in the air, then three and so on.

#### **Domingo**

#### Identificacación de Letras

Junto con su hijo/a, busque en el periódico imágenes de cosas que empiecen con la letra P de palomitas.

#### Lunes

#### Juego de Matemáticas

Apunte al número 6 en su periódico. Pídale a su hijo/a que diga el número y que, si el mismo es lo suficientemente grande, lo trace en el papel.

#### **Martes**

#### Po, Ho, To, Mo

En el periódico busque y recorte la letra O. Péguelas en una hoja de papel. También del periódico recorte las letras p, h, t y m. Enséñele a su hijo/a a escribir las sílabas "Po, Ho, To, Mo".

#### **Miércoles**

#### **Botanas** y Aperitivos

Imagínese que usted puede ver y oír las fotografías del periódico. Observe las que se presume que hacen ruido. Pregúntele a su hijo/a cual sonido piensa que oiría.

#### **Jueves**

#### Antes y Después

Junto a su hijo/a, observe detenidamente una foto del periódico. Pregúntele a su hijo/a que es lo que piensa que ocurrió antes y después de realizarse la toma de la fotografía.

#### Viernes

#### **Escucha** las Noticias

Recorta del periódico imágenes de animales. Pídele a tu hijo/a que reúna estos recortes en tres grupos:

1. Animales con garras 2. Animales con pezuñas. 3. Animales con dedos.

#### Sábado

#### Lanzamiento de Palomitas

Con varias páginas de periódico, confeccione seis pelotas del tamaño de una palomita de maíz. Cúbralas con cinta adhesiva. Junto a su hijo/a, juegue a lanzar una pelota sin que toque el suelo. Intenten mantener dos, tres o más pelotas en el aire.

# Two Kinds of Energy: Renewable and Non-Renewable

here are two kinds of energy that create the electricity we use every day. One is **renewable** energy and the other in **non-renewable**.

#### This Energy is NOT Renewable

Oil, coal and natural gas are **non-renewable** sources of energy. Non-renewable means we can never use it again. When it's gone,

it's gone forever.

Think about it—when your family car uses up the gasoline in its tank, you have to get more gas. Gasoline is made from oil. Oil, natural gas and coal are burned to



make energy. Once they are burned, they are gone, and more is needed to make energy.

#### **Renewable Energy**

**Renewable** energy comes from sources that don't get used up in the process of making energy. Renewable

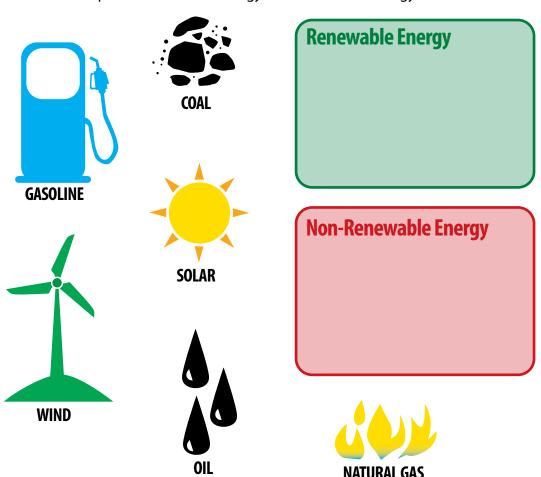


energy is made from resources that nature will replace, like wind and sunshine.

Renewable energy is also called "clean energy" or "green power" because it creates little or no pollution in the environment.

#### **Energy: Which is Which?**

Look at each picture of a kind of energy. List each kind of energy in the correct box.



#### **Choose Clean Energy**

People who want to have their homes and businesses powered by clean, renewable energy can now do that. **Sonoma Clean Power, Marin Clean Energy** and **East Bay Community Energy** all provide a clean power choice.

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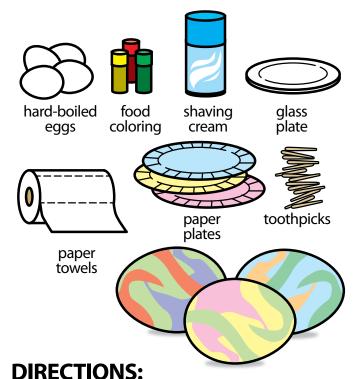






# EASTER CRAFT: Marbled Eggs with Shaving Cream

#### **STUFF YOU'LL NEED:**



- **1.** Spray the shaving cream in your dish making sure to cover the entire surface to a depth of about one inch.
- **2.** Using two or three colors, put drops of food coloring randomly on the shaving cream.
- **3.** Use a toothpick to drag the colors together to make swirls. Don't mix too much.
- **4.** Gently roll your egg through the colored shaving cream—you might want to wear kitchen gloves or use a stick or spoon here to avoid getting food coloring on your hands.
- **5.** When you've coated your egg, pick it up and place it carefully on a paper plate. Allow to dry for about 10 minutes.
- **6.** Using paper towels, gently rub off the shaving cream.

This page available in Spanish in our Parent Guide. Esta página está en español en nuestra Guía para padres. **kidscoopnews.org/parent-guide/** 

#### KIDS—SHARE THIS PAGE WITH YOUR PARENTS.

### **Question of the Month:**

# "How do I get my child to do more reading?"

Good question! Research shows that the more kids read, the better they read. So it is a great idea to look for ways to get your child reading more. Here are a few ideas:

#### 1. Write short notes for your child to read.

Write down a weekly chore list, put a note in a lunch bag or on the bathroom mirror.

#### 2. Enjoy doing activities that require reading.

Reading a recipe to cook something together or reading instructions to make a craft project are great ways to inspire your kids to read with you.

#### 3. Establish a reading time at home.

Even if it's only 10 minutes each day, set aside a reading time for both you and your children. Enjoy the quiet time together.

Make sure there is a good reading light.

#### 4. I read, you read.

Take turns reading a book with you reading one page and your child reading the next.

#### **EDITOR'S PICK** by Vicki Whiting, *Kid Scoop News*

# The Adventures of Little BK: Book 1



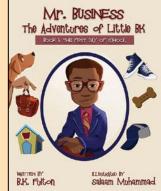
By BK Fulton

Author BK Fulton has had many adventures and earned a lot of awards as a filmmaker, philanthropist and entrepreneur.

Now he is the author of a seven-book series of children's books based on his life experiences. The first book tells about his first day at a new school in the third grade and how he got the name BK.

Read this book with your child to talk about the kinds of

everyday challenges a child can face. This series of books is written to be uplifting and entertaining.

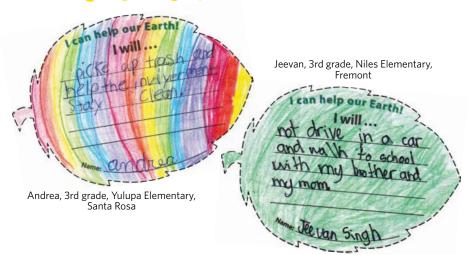


"Little BK's experiences show that it's okay to be in your own skin, and it's okay to choose your own style. His stories encourage children to be true to who they really are," explained Fulton.

Vicki

You can order this book online at **soulidifly.com/mrbusiness** 

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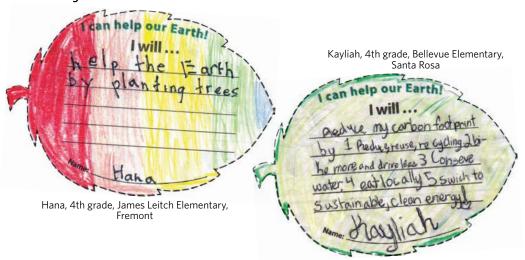
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# AWAKEN THE MAGIC OF READING



Students in Mrs. Scholl's 5th grade class at Glenshire Elementary School in Truckee, enjoy some time with *Kid Scoop News*.

Contact us today to discover how your business can join these sponsors in awakening the magic of reading at Bay Area schools.



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