

Gainesville

LIVING

SPRING 2022

From Ukraine to Texas:

meet Tatiana

FLY GAINESVILLE

**A NEW FACE IN
TOWN**

Jennifer Shumate

**NEW NATURE
FEATURE**

Ray Roberts
State Park

**SPRINGTIME
RECIPES**





GHS Band Earns UIL Sweepstakes

The GHS Band wins 6th consecutive UIL Sweepstakes for the 6th consecutive year. The outstanding performance ratings at each of the marching, concert, and sight reading contests earned sweepstakes. The Class of 2022 band students (pictured below) are the first in Gainesville history to earn sweepstakes all four years.



State Champions!

Gainesville High School is the proud home of THREE State Powerlifting Champions! Seniors Yovanni Juarez and Aaliyah Henry each won State for the 2nd consecutive year. Senior Carolanne Condie made her second appearance at State and won her first Championship. The girls team placed 3rd overall, with four finishing in the top 3 in their respective weight classes.



Choir State Qualifiers

Suger Green, Hayley Colwell, Jayelynn Graham, Desmond Pouncil and Drake Landrum qualified for State in Choir.



GHS CLASS OF 2022 Graduation Ceremony

Monday, May 23 @ 8pm
University of North Texas Coliseum

OAP Advances to Region!

Individual awards at Area were:
Haley Colwell (All Star Cast)
Desmond Pouncil (All Star Cast)
Rachel Edington (HM All Star Cast)
Debora Castillo (All Star Crew)



Next Level Six GHS athletes have signed letters of intent to play at the next level. Michelle Fernandez (soccer), Jayce Morgan (football), Harrison Dempsey (football), and Matthew Sebade (football), Aaliyah Henry (powerlifting), Yovanni Juarez (powerlifting).

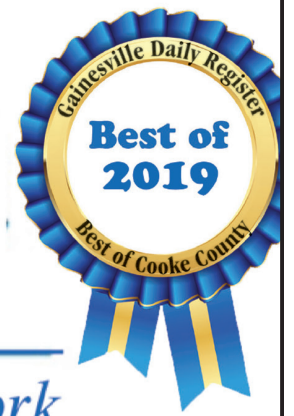


CALL 940-665-6091

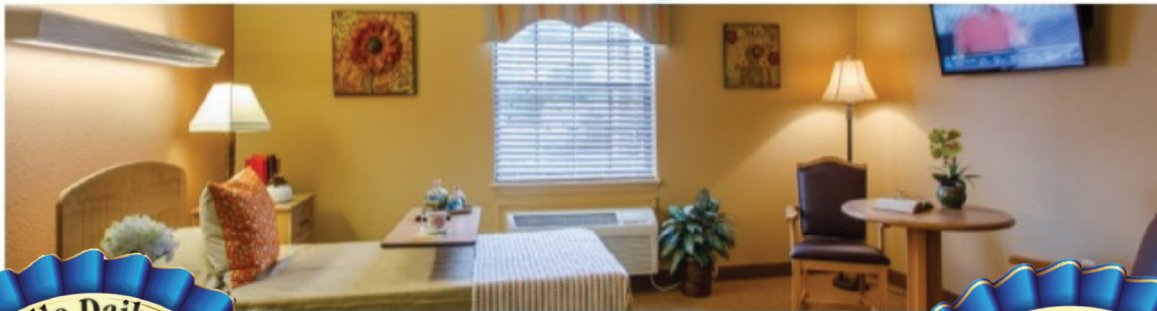
Students must be 5 (kinder), 4 (PreK), or 3 (Head Start) on or before September 1, 2022



RENAISSANCE CARE CENTER



by Cantex Continuing Care Network



Skilled Nursing Care and after
Hospital Stay Short-Term
Rehabilitation after Orthopedic
Surgery Outpatient Occupational and Physical Therapies Advance
Wound Care, IV Therapies Private Medicare Suites, Respite Care

**NOW HONORING MOST MANAGED CARE
INSURANCE POLICES**

940-665-5221 | 1400 Blackshill Dr. | Gainesville, TX 76240
(located across from NCTC)



Wesley House

ASSISTED LIVING

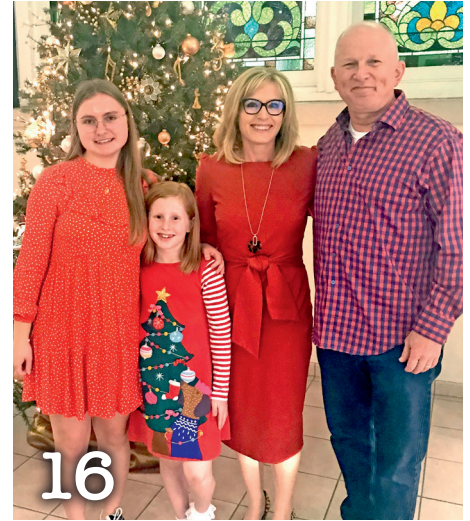


3291 E. Broadway
Gainesville, Texas 76240

940-301-4436

www.wesleyseniorliving.com

Contents



INSIDE

- 8 WARM WEATHER HACKS
- 9 SPRING CLEANING
- 26 RECIPES
- 29 CROSSWORD PUZZLE



FEATURES

7 JENNIFER SHUMATE
takes over as Executive Director of Gainesville chamber

10 FLY GAINESVILLE
Airport draws business from all over U.S. with cheap gas, good service

16 FROM UKRAINE TO TEXAS
Exchange student makes most of experience while keeping eye on home

22 NEW ATTRACTIONS
Nature Center attracts even more visitors to Ray Roberts State Park

On the Cover

Tetiana Shevchenko is getting a taste of American life as an exchange student at Gainesville High School. Read about the Ukrainian student's experiences on Page 16.

Photo by Editor Mike Eads



**COOKE
COUNTY'S**

#1

BROKERAGE*

Bill Hamilton

Owner/Broker

Cell: 940-727-1115

Kristi Hamilton

Owner/Agent

Cell: 940-902-1573

Kristi@Lakekiowa.com

**Highest sales volume per MLS 2021*

Three Locations to Serve You

PREMIERE
Real Estate

406 North Grand Avenue,
Suite 103
Gainesville, Texas 76240
Office: **940-665-8921**
Fax: 940-665-7489

P Lake Kiowa
PREMIERE
Real Estate

100 Kiowa Dr W, Suite 204
Lake Kiowa, Texas 76240
Office: **940-665-3300**
Fax: 940-665-3301
www.lakekiowarealestate.com



**LAKE KIOWA
REALTY**

6616 FM 902
Lake Kiowa,
Texas 76240
Office: **940-665-0724**
www.lakekiowa.com

JENNIFER SHUMATE

takes over as Executive Director of Gainesville chamber

Tell us a bit about yourself.

My name is Jennifer Shumate and I am 44 years old.

I am married to my best friend, Josh, and together we live in Cooke County with our three daughters Brooke, Emily, and Eden.

I would be remiss to exclude the other loves of my life which are my three dogs, Hershey, Dove, and Reece.

I graduated with an associates degree from North Central Texas College and am furthering my education by perusing a bachelors with a major in public administration and a minor in marketing from Stephen F. Austin University.

What in your background make you well-suited for this job?

I am going to go more to personality traits than background since my background has been in event planning for the entirety of my adult career.

I am a very level headed and even keeled person as a job. I am great at 'rolling with the punches' which is a very important trait when doing events as things tend to get thrown at you from all directions.

But my greatest asset – and my husband's biggest pet peeve – is my organization skills, although I hope no one is judging me on those today as I am jumping in with both feet to these duties!

I am overly organized with lists and follow-ups to the follow-ups and I always have a contingency plan for the contingency plan.

And if anyone is ever given the opportunity, please ask my family about the very detailed itineraries sent out weeks in advance of any vacation, family event, or even a busy weekend.

How did you come to be interested in the Gainesville Area Chamber of Commerce?

I really initially became interested in the community as a whole even more than the Chamber of Commerce.

I have been in the area my entire life, but it wasn't until we moved to Cooke County in 2019 that I really started spending copious amounts of time in Gainesville and the surrounding areas.

Once we spent some time here, I immediately fell in love with the vibe and the uniqueness of the town and decided then that it was time to start looking into ways to bring my

passion for events and civic engagement to Gainesville.

The opening that seemed the best fit for not only my expertise – but also my heart – was the Chamber of Commerce, where I can mix my experience in events along with my devotedness to local businesses and hopefully serve this community in a positive way – and to continue the chamber's long history of being a good steward for Cooke County as a whole.

Where did you work before Gainesville?

I was in Parks and Recreation the past 10 years for the city of Sanger primarily planning all of the recreative activities for the city, as well as serving on the Board of Directors for the Sanger Area Chamber of Commerce.

Prior to that, I was the corporate event planner in the private sector for just over 11 years.





Spring Hacks to Prep the Inside of Your Home for Warm Weather

With warmer weather on the way, it's time to deal with the associated household hassles of the season. Here are three hacks that will help you create a healthy, comfortable home during the months ahead:

Beat the Heat

Beyond having your HVAC unit serviced and changing your air filter regularly, you can beat the heat at home with a few smart strategies. One change you can make today that will also reduce your carbon footprint is to swap out your heat-emitting incandescent light bulbs for cool LEDs. Likewise, appliances that are not in use but plugged in could be generating unnecessary warmth, so unplug when you can. Finally, use shades and blinds strategically to block out the sun and prevent a greenhouse effect indoors.

Banish Flying Bugs

Fruit flies, gnats and flies tend to proliferate indoors in the warmer months. Not only do these creatures come with a serious ick factor, they can harm your houseplants and even put your family's health at risk by carrying germs from dirty surfaces to clean ones.

A safe and easy way to defend against buzzing invaders is to plug Zevo Bug Traps into outlets around your home, especially in areas where these bugs enter your home and gather, like garages, entryways, covered porches, trash cans, drain pipes and kitchens. Rather than relying on chemi-

cal insecticides, they use multi-spectrum light technology that bugs find irresistible. Once attracted, flying insects are trapped in a super-sticky adhesive backing. Each trap cartridge offers continuous defense for up to 45 days or until it's full. When you're done with a cartridge, simply throw it in the trash and slide a new one in, without ever having to touch the dead bugs. Pair these traps with Zevo home bug sprays, which are powered by essential oils, for whole home protection. To learn more about defending your home against insects, and for trapping tips, visit zevoinsect.com.

Master Mold

Thriving in warm wet environments, mold is something to watch out for at home, especially during spring and summer. Much more than an eyesore, mold is bad for your home's infrastructure and bad for you. Mold can cause a number of allergic reactions and can sometimes even be toxic. However, you can reduce the risk of mold forming by managing your home's humidity. Use fans and other ventilation in bathrooms and the kitchen when showering, running the dishwasher and doing other tasks that invite humidity. Test the humidity of various rooms in your home with a hygrometer and use a dehumidifier where needed. According to the EPA, the ideal indoor humidity is between 30 and 50%.

Employing warm weather hacks at home can help you maintain clean, comfortable spaces, all season long.



They could be some treasure hiding in your attic.

Spring Cleaning: Is Your 'Junk' Worth a Fortune?

If your family is like most, you have “junk” in your basement, garage or attic, such as sports cards, memorabilia and toys. Before you toss them out during spring cleaning, consider that the prices of sports cards, games and other ephemera are skyrocketing.

How can you determine if your stuff is valuable and, if it is, how can you sell it?

A widely accepted rule for sports cards, memorabilia and toys is that older items are worth more. However, these days even more recent items are also commanding high prices.

“Vintage sports cards from the early periods of a sport are almost always highly collectible, especially of Hall of Famers,” says Al Crisafulli, Auction Director at Love of the Game Auctions, an internet sports and memo-

abilia auction that helps families sell collectibles. “But don’t assume sports cards or other memorabilia have to be old to be valuable. Modern cards of such stars as Tom Brady, Mike Trout, LeBron James, Michael Jordan, Derek Jeter and others can sell for lots of money.”

He is offering tips to help determine if your belongings are valuable:

OLDER SPORTS CARDS

Cards from the 1960s and earlier are collectible, and those from before the 1940s can be extremely valuable. Big-name Hall of Famers like Babe Ruth, Ty Cobb, Lou Gehrig, Honus Wagner, Mickey Mantle and others bring high prices.

With old cards from the 1880s and early 1900s, look for tobacco and candy brands, such as Old Judge, Piedmont, Sweet Caporal or American

Caramel. Really old Sports memorabilia from the 19th and early 20th Century, such as photographs, postcards, bats, gloves and balls are also collectible.

When opting to sell sports items, consider a specialty auction, such as Love of the Game, which has the expertise to professionally research sports items and maintains lists of bidders specializing in this area, to get top dollar. More information is available at loveofthegameauctions.com.

MODERN CARDS

Prices on recent baseball, basketball and football cards have risen rapidly. The three keys are condition, star power and cards from early in player careers.

Do you have major current stars, like Mike Trout, Patrick Mahomes, Tom Brady and LeBron James? Or do you have greats from the recent past, like Michael Jordan, Kobe Bryant, Magic Johnson, Derek Jeter or Joe Montana?

Check if your cards are denoted as Rookie, Prospect, Draft Pick or other indicators they’re from a player’s first season. And condition is king, as cards that look pack fresh with sharp corners and a well-centered image command highest prices. Additionally, unopened packs and boxes from almost any year can be valuable.

MEMORABILIA

Do you have old advertising posters depicting sports stars or famous entertainment personalities together with food, tobacco or sporting goods brands. Many original signs, store displays and promotional items are collectible, especially those dating from the early 1900s into the 1960s. But low-quality reproductions aren’t. Look for memorabilia spotlighting sports heroes, superheroes, early Walt Disney characters and Star Wars subjects.

So, while you’re spring cleaning that attic, basement or garage, don’t rush to the garbage. Before throwing out old “junk,” determine if it’s valuable!



Fly Gainesville

Airport draws business from all over U.S. with cheap gas, good service

The Gainesville Municipal Airport began, as many others in Texas, as an Army Air Corps field in World War II, at one time had commercial airline service and now serves as a destination for planes criss-crossing the country and pilots across the Dallas/Ft. Worth Metroplex. Some come for the up-to-date facilities, others like the lighter traffic than other airfields in North Texas; however, they all love the cheap fuel.

The airport was recently honored with the 2022 Texas General Aviation Airport of the Year at the 40th annual Texas Aviation Conference. The Texas General Aviation Airport of the Year

Award reflects the recipient's importance to the air transportation system and the region it serves.

"I am very proud to have served on the airport board for the past six years," stated Cooke County Precinct 2 Commissioner Jason Snuggs in a press release. "I have watched Gainesville Municipal Airport grow leaps and bounds over my time on the board. I am very proud to see where we have been, where we are now and where we are headed in the upcoming years. Not many local people realize we have one of the nicest airports of our size for the United States, not just Texas."



MIKE EADS/Gainesville Daily Register
The Civil Air Patrol is a frequent user of the Gainesville Municipal Airport, conducting training sessions and refresher courses for pilots.

“

"I am very proud to have served on the airport board for the past six years. I have watched Gainesville Municipal Airport grow leaps and bounds over my time on the board. I am very proud to see where we have been, where we are now and where we are headed in the upcoming years. Not many local people realize we have one of the nicest airports of our size for the United States, not just Texas."

— Jason Snuggs
Precinct 2 Commissioner
Cooke County

”



MIKE EADS/Gainesville Daily Register

Cheap fuels draws lots of traffic to the Gainesville Municipal Airport. Director Dave Vinton said he usually sells at \$2 less per gallon than competitors and offers customers quick turnaround time to get them back in the air.



MIKE EADS/Gainesville Daily Register

The terminal building at the Gainesville Municipal Airport offers comfortable surroundings for business people to confer and catch up on their work while they wait to get back in the air.

Gainesville Mayor Tommy Moore stated, in the same release, that much of the credit rests with the guy who runs the place for the city.

“For any city to have an airport in their community is an incredible opportunity to do many things. It can provide a place for people to learn about aviation, provide industry a place to thrive, provide a connection point for aviation travelers and make their city a point of destination. Here in Gainesville, we offer all that and much more thanks to our Airport Director Dave Vinton.”

UPGRADES

In recent years, Airport Director David Vinton has overseen the construction of 32 new T-hangars and eight new box hangars, with additional pending contracts on additional hangars. With an eye to the future, infrastructure has been developed to accommodate future hangar development.

Over \$4.6 million has been spent on improving the runways – the most valuable assets an airport has – with the money coming from state and federal grants, as well as operating revenues generated by the self-sustaining airport operation.

There is also regular Civil Air Patrol traffic, training for pilots on active duty in the U.S. Air Force and reserves and three flight schools that have opened in the past five years. The flyovers for the annual Medal of Honor parade – always crowd favorites – all stage from the Gainesville airport.

Other events include:

- Hosting the Safran Family Fun Day that includes over 4,000 family members of the aviation company located on the field;
- Texas Antique Airplane Association Fly-In Host that draws over 150 airplanes;
- Various competitions.

MICHIGAN TO TEXAS TO MICHIGAN TO TEXAS

David Vinton can't say exactly why he also wanted to work in aviation; he just knows that it was on mind as a kid in Adrian, Michigan. He tried factory work after high school, but it didn't suit him. He went back to school to learn the aviation business. After 10 years of classes wrapped around his work schedule, he got his degree in 2001 and took a job at Midland International Airport, about five hours southwest of Gainesville.

That experience led him another job opportunity back home

in Michigan. His new bride, a native Texan, didn't take to living through 4-5 months of winter every year. Luckily for Vinton, Gainesville needed someone to run its airport.

"We went back up there for a year and a half, and the wife said either we go back to Texas or you find a divorce lawyer," Vinton joked. "... We came back and I'm definitely glad I did. It was during 2007 when the recession was starting to hit. Michigan got hit hard, but down here – I'm sure it's slowed some – but we were just busy."

So what is the director responsible for at the Gainesville airport? "Everything!" Vinton says with a smile.

That includes fueling up planes that pass through in search of the regionally-low prices Vinton charges, maintaining the runways, cutting the grass, cleaning the cozy terminal, looking for state and federal grants to help with maintenance, working with City Manager Barry Sullivan to keep the books in the black and being on call 24-hours-a-day. There are also "about 18" local, state and federal agencies he reports to for a wide range of things, including safety issues, groundwater runoff and police agencies on the lookout for human traffickers and drug smugglers.

"There's a lot of people who come in and tell me what I gotta do," Vinton sighed. "It's a lot of paperwork, a lot of governmental things; but I also welcome the guests in and we do catering ourselves. We don't cook the food here, but we order it and deliver to the clients. And, of course, we do all the accounting and budgeting for the airport."

The work is a source of pride to Vinton, nonetheless.

"When I got here, the airport wasn't self-sufficient and it is now self-sufficient," he said.

WHO USES THE AIRPORT?

"You've got the locals and we have a large Dallas/Fort Worth base of aircraft," Vinton explained. "An airplane is like a motorcycle or a boat. If you have a boat, you're going to take it out for a half hour, have some lunch and do whatever. With aircraft, of course, you can go a lot further – there's four guys that fly up (to Gainesville) once a week and they have breakfast and they buy fuel and then they fly back home."

There is a large number of retired Delta and Southwest Airlines'



ANNA BEALL

The Gainesville Municipal Airport was recognized for being named the 2022 Texas General Aviation Airport of the Year at the 40th Annual Texas Aviation Conference.

pilots in the Metroplex who have their own airplanes and fly out of Gainesville because it's more convenient than the more heavily-trafficked airports in and around Dallas and Fort Worth.

"We're a good fuel stop. I mean, you know, there's not too much between here and I guess the edge of Texas," Vinton said. "Wichita Falls has higher prices, but they've got the air force base there and other things. There's also a 30-mile (air traffic control) veil that wraps around DFW and we're just outside of that. If you get inside that veil, you gotta talk to Fort Worth center and a lot of people don't like doing that."

"... We always try to be one of the 10 cheapest, most inexpensive refueling stops in the United States or sales in the United States. There's a website that lists the deals in the U.S. and we're usually in their top 10," Vinton added.

Vinton said the airport doesn't have all of the bells and whistles of many of its competitors, but it does offer quick turnaround time for refueling and nice, up-to-date facilities for its users.

"We try to be efficient in what we're doing and we spend our money wisely," he said. "This year, we'll have over a \$1 million budget, but 90% of that is fuel costs. We produce some income here, but we're minimal in what we spend."



For any city to have an airport in their community is an incredible opportunity to do many things. It can provide a place for people to learn about aviation, provide industry a place to thrive, provide a connection point for aviation travelers and make their city a point of destination. Here in Gainesville, we offer all that and much more thanks to our Airport Director Dave Vinton.

— Tommy Moore
Greenville Mayor



Telehealth Visits Available

TEXOMACARE-WHITESBORO

Christopher L. Jones, MD

FAMILY MEDICINE SPECIALIST

IS ACCEPTING NEW PATIENTS

Christopher L. Jones, MD, Diplomate of the American Board of Family Medicine specializes in caring for the primary healthcare needs of your entire family at every stage of life.

He sees patients Monday through Friday and also offers same-day sick visits so that you can get back to good health as soon as possible.

Services Include:

- Preventive Medicine
- Men's Health
- Geriatric Medicine
- School and Sports Physicals
- Pulmonary Function Testing
- Minor Procedures
- Chronic Conditions
 - Diabetes Type II
 - Hypertension
 - High Cholesterol
- Seasonal Allergies
- Weight Loss



HOURS

MONDAY, TUESDAY & THURSDAY | 7:30 am to 4:30 pm

WEDNESDAY | 7:30 am to 1 pm

FRIDAY | 7:30 am to 1:30 pm



texomacare.com

308 Charlie Drive, East Suite | Whitesboro, TX 76273

To schedule an in-person or telehealth visit with Dr. Jones, call **903-416-1680**.

For language assistance, disability accommodations and the nondiscrimination notice, visit our website. 22731800-734151 3/22



Five Star Rated by medicare.gov

- Cooke County's ONLY Secured/Memory Care Unit
- Under New Management/ Same Great Staff
- Skilled/Rehab Facility
- Long Term Care
- Medicare, Medicaid, Most Insurance, Private
- Accepts Medicaid Pending

GAINESVILLE

Nursing & Rehab

Call 940-665-2826 for a tour

1900 Oneal Street
Gainesville, TX



Tania celebrated Christmas last year with Avery, Marlene and Martin Phillips, far from her home in eastern Ukraine.

STORY BY ANNA BEALL

From Ukraine to Texas

Exchange student makes most of experience while keeping eye on home

Tetiana Shevchenko is an exchange student from Ukraine spending her junior year at Gainesville High School. The change of scenery agrees with her, but the war in her native country is never far from her thoughts.

“It is wonderful. Everything is new: new people, new country, new continent!” said Shevchenko, who goes by Tania with her new American friends. “Everything is so different, but it’s pretty much wonderful. I like it.

“... Here and in Ukraine it’s like absolutely different things. There

are not so many things you can do. Here, some people say, ‘Oh, it’s not so big; there’s not much to do,’ but no, there’s so many things to do, like you can even just walk somewhere, you can go to the park to play football or soccer, you can go out to eat somewhere, you have shops, all this stuff. And back home is such a small town, it’s really just school, some shops, and that’s all; just houses. So you don’t really have anywhere to go just for some fun.”

And there is barbecue in Texas.

“Barbecue is so wonderful,” said Shevchenko. “Barbecue ribs with barbecue sauce: it’s in my heart.”

“

My experience in Texas is wonderful. It’s great because of the people around me. The experience is the people I’ve met, and I got real lucky with that. It’s really special. Texas is really special.

— Tetiana “Tania” Shevchenko

”

FLEX Program

Shevchenko came to the United States as part of the U.S. State Department's FLEX program, which stands for Future Leaders Exchange program.

"At first we just had to write essays about us, about why we wanted to do this, and all these different things, explained Shevchenko about how the application process worked. "After that we had English tests, a lot of things to fill out, interviews, again, more essays to write about what we wanted out of visiting the USA, challenges we've had to face before, and they had to choose five to be a part of the FLEX program. With that, they select people to come here to do like a culture exchange between countries and create a better relationship between countries, make it stronger."

After Shevchenko was chosen for the program, she still had to wait a bit before she knew where in America she was going.

"When they said, 'You are a finalist, you will come to the USA,' you just wait and you have no idea where you will end up; it is completely random where you will be," said Shevchenko. "And then a host family chooses you, and based on where they live, you will come."

Here and now

As far as things to do, Shevchenko has taken advantage of all the things GHS offers.

"It's different to have extra-curricular activities that I couldn't do before coming here, like usually I am playing tennis. In the Fall I was doing theatre, and I was helping with the musical," said Shevchenko. "Back home it is very little extracurriculars, so being able to do theatre, different sports, doing speech and debate: so many different things. It's cool to have so many options."

Tennis was one of the first things Shevchenko was excited to try.

"At home with my family when we are just hanging out, I like to play badminton, and I always thought tennis would be so fun to play because I like badminton when I was a kid," said Shevchenko. "But there wasn't anywhere in the close area like tennis courts, there were none in school, so it wasn't really possible for me, and when I came here



Submitted photo

Avery Phillips and Tania Shevchenko flank Martin Phillips, a retired U.S. Army officer who now serves on the Gainesville City Council. He and wife Marlene – a veteran of the U.S. State Department – opened their home to Tania last fall.

and saw there was a tennis court I was like, 'I want to do it. I have to do it.'"

Shevchenko has also dabbled in theater, as part of the Gainesville High School Fall musical, "James and the Giant Peach."

"I was so happy to join because I was kind of late, and they'd already chosen all the roles for the technical and all that, but I was able to join as prop master. I did have a lot of responsibilities and a lot of work to do, and in rehearsal I was enjoying seeing all the acting and how they were creating, and it was really wonderful," said Shevchenko. "Like it was so great to be a part of theatre because we don't have any theatre programs at school, so this was one of the incredible things that I've done here."

While the opportunity for extracurriculars was new and exciting, even the school system itself was different for Shevchenko.

"I came from a smaller school, and here is pretty much four times bigger than mine. Pretty much the entire education system is different. I was able to choose the subjects that I want, like which ones I want to study," said Shevchenko. "Before that, in Ukraine, I hadn't been able to choose what subjects that I wanted. It was just a list of every subject that you'd need to study in one year, and you would just do that, and you weren't able to choose any-

“

It was a worry that war would happen for, like, eight years, but not on such a big scale. It was a worry that it could happen but no one believed it would happen leading up to the invasion, so it was surprising when it happened, and it's terrible that it's still happening.

— Tetiana "Tania" Shevchenko

”





Avery Phillips is one of Tania's biggest tennis fans

Submitted photo



Tania has taken up tennis since coming to the States, competing for Gainesville High School

Submitted photo

thing for yourself other than what was suggested for you, so that was different.”

Even with the great food and new opportunities, Shevchenko attributes the best parts of the visits to the people.

“My experience in Texas is wonderful. It’s great because of the people around me,” said Shevchenko. “The experience is the people I’ve met, and I got real lucky with that. It’s really special. Texas is really special.”

Shevchenko is particularly close with her host family, the Phillips. They have become family.

“She’s great! I love Tania,” said Avery Phillips, a student at Chalmers Elementary School and the youngest in Shevchenko’s host family. “She’s the best big sister.”

“It’s really great to have Avery,” added Shevchenko. “We are sisters.”

Still connected to home

Tania arrived at the home of Gainesville City Council member Martin Phillips, wife Marlene and daughter Avery in the fall of 2021. She hails from Rudenkivka, a town of around 4,000 in east central Ukraine — about 110 miles from Kharkiv, one of the major cities now under attack from Russian troops.

When she came here last fall, the possibility of war seemed slim, but not nonexistent.

“It was a worry that war would happen for, like, eight years, but not on such a big scale,” said Shevchenko. “It was a worry that it could happen but no one believed it would happen leading up to the invasion, so it was surprising when it happened, and it’s terrible that it’s still happening.”

Shevchenko’s family is still in Ukraine, uncertain of what will happen.

“I am so lucky that I am able to talk with my family,” said Shevchenko, “and I can reach them and we have connection to talk.”

Martin and Marlene Phillips have travelled the world for work — he in the U.S. Army and she in the Peace Corps and State Department — and they’ve seen how war can effect people. They recognize that Tania’s situation is unique, being a teenager exploring a new place while her home is under attack. He said she has a place with them for as long as she needs it.

“I think she’s been handling it pretty well,” said Martin. “... We are her family here and we’re protective of her. We are trying to support her with love, and because of what we have seen I think we are able to help her in this unique situation. We try to protect her like we would our daughter, but we try to give her space, too.”

Given the situation in Ukraine, it is uncertain if Shevchenko will be returning at the end of the school year as planned or if she will stay in America longer due to the war.

“I have no idea! I have no idea what will happen,” Shevchenko said. “I hope to go back home soon, as it was planned, but who knows?”



**Sullivan
LAW FIRM**
ATTORNEYS AND COUNSELORS AT LAW
940-665-5481
209 S. Dixon * Gainesville, TX
WWW.SULLIVANTLAWFIRM.COM
Serving our community since 1950

CALL US TO GIVE YOU A
FREE ESTIMATE ON ANY OF
YOUR RESIDENTIAL OR
COMMERCIAL
ELECTRICAL NEEDS

940-726-1176

Veteran Owned & Operated

VALSTAR
TECL 33221 **ELECTRIC, LLC**

www.valstarelectric.com

THANK YOU FOR SUPPORTING
OUR BUSINESS!!!

SCOTTY + CHRISTY THURMAN



UNMATCHED
CAREER
DEVELOPMENT

COMPETITIVE
SALARY

FULL
BENEFITS

UNLIMITED
UPWARD
GROWTH

WE'RE MORE THAN JUST OUR TIRES!

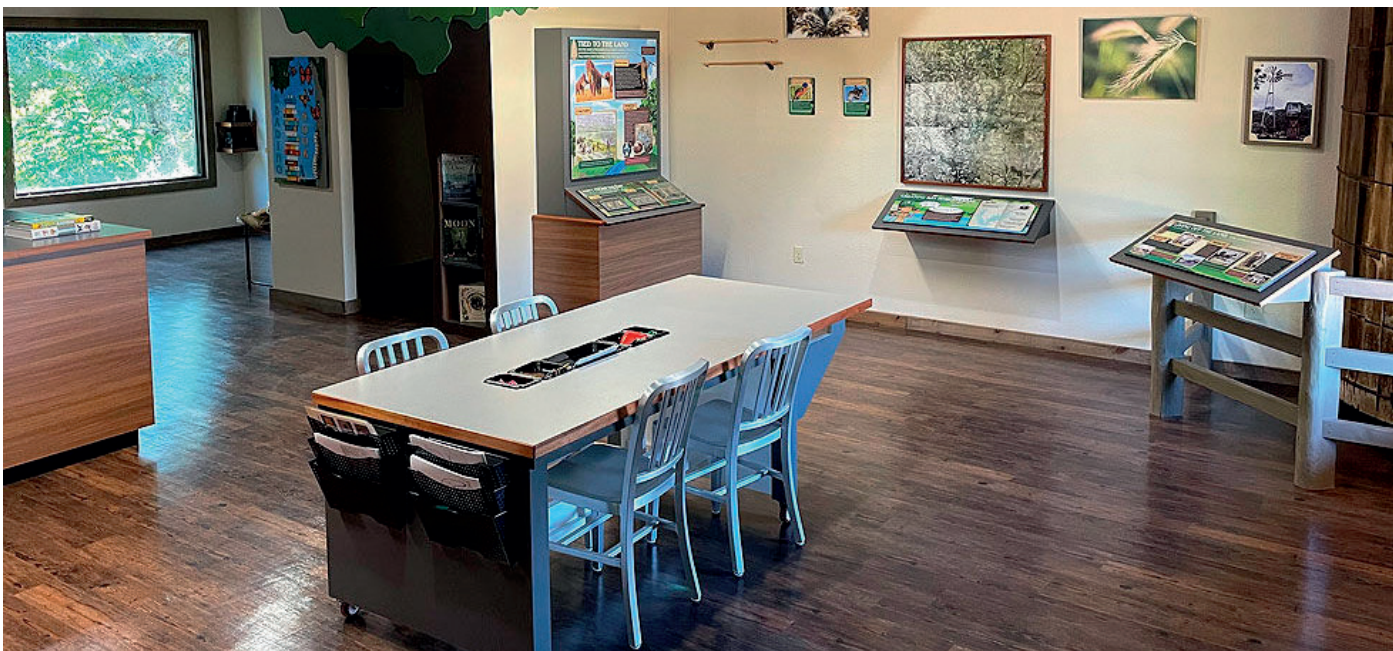


SCAN ME

Advance your career in design, engineering, quality,
finance, management, IS/IT and more!

jobs.michelinman.com





NEWEST ATTRACTION

Nature Center attracts even more visitors to Ray Roberts State Park

It took over six years, but it's finally here.

Ray Roberts State Park recently opened its new nature center on the lake at Johnson Branch. The unveiling drew over 200 campers and other park visitors to check out the center located next to the beach about a mile and a half inside Johnson Branch.

"So this is just going to be like the hub of the wheel," explained Scott Eager, one of the park's managers. "We have interpretive programs. We've had interpreters, but now we have a center. We can have classrooms in here wanting to do like remote classrooms as well.

"... We show the different Indian cultures that were here, the weapons that they used to hunt with. We also do archery, we do mountain biking, we do kayaking."

Johnson Branch also includes 168 campsites, which frequently sell out. Eager said the camping business has been solid since the COVID-19 outbreak, allowing the park staff to keep all of the sites open year-round for vacationers who stayed closer to home due to coronavirus restrictions.

The only drawback to camping at Johnson Branch is an outdoor burn ban in place across all of Cooke County now, which means no campfires at all.

IN MEMORY

The new center was funded by local naturalist Carlos Araoz, in memory of his late wife Eulalia. The couple were avid birdwatchers and lived near Ray Roberts Lake, so the gift to Johnson Branch seemed to be a natural move for Carlos.

"On the lake, you will see herons. Now, during the migration, you will see the red-tailed hawk. If you come out this way in the colder weather, you might see an Eagle nest by the lake. I saw one



two years ago," said Carlos, who was on hand for the unveiling. "... On a winter day, you can see at least 80 birds (species) here."

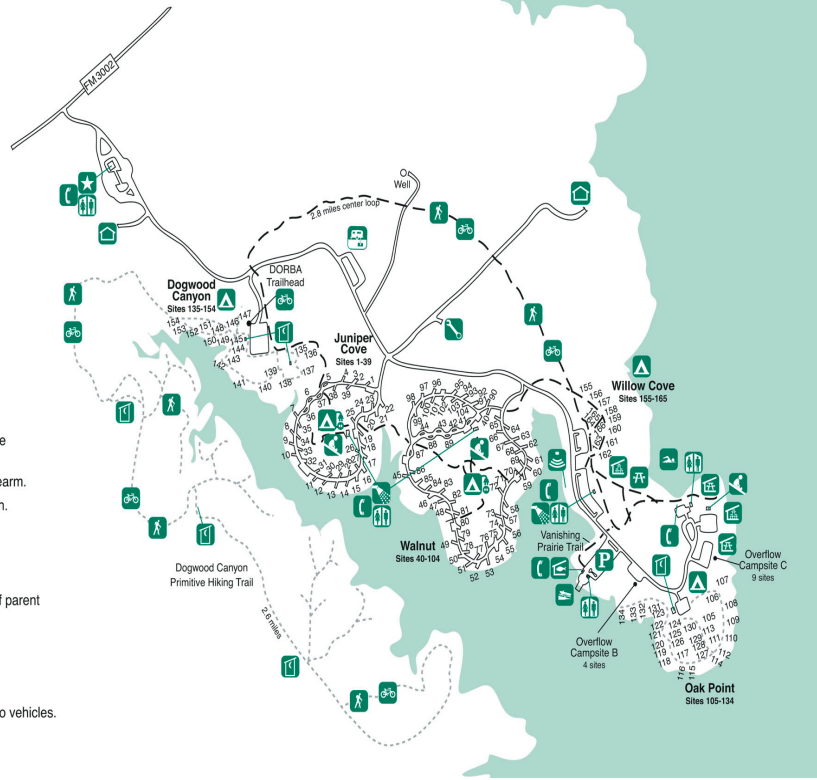
HIGHER PROFILE

Most of all, the new center will help to raise the profile of Johnson Branch, which sits north of Ile du Bois, which has been the more popular part of the state park due to its easier access from Interstate 35.

"Johnson Branch has kinda been a hidden gem, because if you're coming from the Metroplex, the first unit you see is Ile du Bois on the southside (of Ray Roberts Lake) and then slowly, as you get farther to the north side of the lake, you see us."

Johnson Branch is located 17 miles south of Gainesville near Valley View. It is open year-round to camping, hiking, fishing and other outdoor activities. It is staffed by 20 paid personnel and a small army of volunteers.

For more information, visit <https://tpwd.texas.gov/state-parks/ray-roberts-lake>.



LEGEND

- Headquarters
- Restrooms
- Showers
- Chemical Toilets
- Dump Station
- Tent Sites
- Water/Electric
- Residence
- Fish Cleaning
- Maintenance
- Hiking Trail
- Bike Trail
- Pay Phone
- Picnic Area
- Covered Picnic Table
- Playground
- Parking
- Boat Ramp
- Designated Swimming Area
- Group Picnic Pavilion
- Amphitheater and Kid Fish Pond
- Concrete Trail
- Dirt Trail

PLEASE NOTE

- Park hours 8 a.m. - 10 p.m.
- Campsite check-out - 2 p.m.
- Site selection based on availability.
- Maximum eight people per campsite.
- Renew overnight sites by 9 a.m.
- Discharge gray and black water at dump station.
- Public consumption or display of any alcoholic beverage is prohibited.
- It is an offense to possess, display or discharge any firearm.
- Pets must be on a leash not exceeding six feet in length.
- All vehicles must remain on pavement.
- Gathering firewood prohibited.
- Possession or discharge of fireworks prohibited.
- Minors must be supervised or furnish written consent of parent or guardian.
- Valid permit required on windshield of each vehicle.
- Numbered sites for overnight camping only.
- One unit per campsite may connect to utilities.
- Excess parking fee required for sites with more than two vehicles.

100 PW 4153
Valley View, TX 76272
(940) 637-2294

TREAT YOUR PET TO A SWEET RETREAT

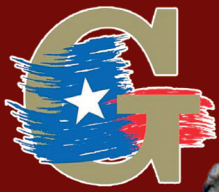
K-9 KLIPS & KOUNTRY KLUB

Full Grooming Service & Boarding

- Each A/C & Heated Suite Has A Private Run In The Sun
- Two Outdoor Play Areas

Resort: Open 7 Days A Week
Salon: Monday - Friday

940-665-8500 7450 E. HWY. 82 • GAINESVILLE



The Best Little Zoo in Texas



**Get out and enjoy
nature with family.**
Annual passes available

Visit our website
www.frankbuckzoo.com
for details and Covid protocols.



Gainesville, Texas
FrankBuckZoo.com



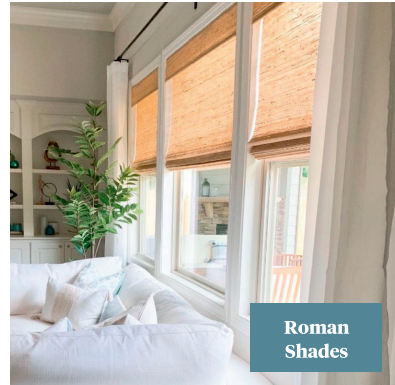
Tell us what you love, we'll make it happen

We're your local, neighborhood experts and when we say style and service for every budget, we really mean it!

Call North America's #1 provider of custom window coverings and get the style and personal service you deserve!



Request a free consultation:
903-771-2483
BudgetBlinds.com/Texoma-Tx



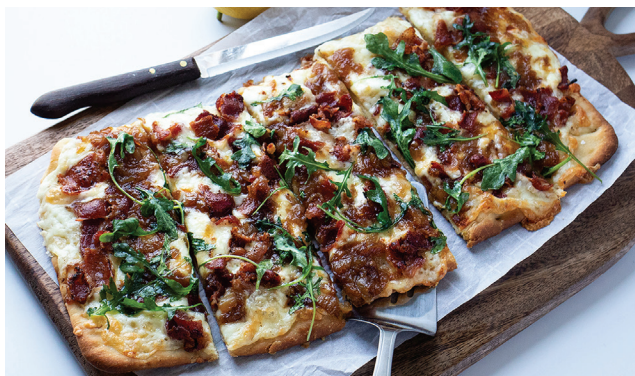
WE DO IT ALL FOR YOU:
BLINDS • SHADES • SHUTTERS • DRAPES • HOME AUTOMATION



Ages 5-9 ★ June 6th-10th ★ 9am-12pm
Ages 10-17 ★ June 6th-10th ★ 1pm-5pm
Advanced Ages 10-17 ★ Jun 13th-17th ★ 1pm-5pm
\$100 per camper - \$75 for additional siblings

To download a registration form visit our website or call for more information.
OFFICE 940-665-8152 WWW.BUTTERFIELDSTAGE.ORG

Recipes



FLATBREAD WITH CARAMELIZED ONIONS, BACON AND ARUGULA

Recipe courtesy of South Texas Onions
Servings: 2-3

INGREDIENTS

- 1 tablespoon butter
- 1/2 tablespoon olive oil
- 1 large sweet onion, sliced
- 1/2 teaspoon balsamic vinegar
- 1 naan flatbread (rectangular shape)
- 1 cup cheddar cheese, shredded
- 1 cup fontina cheese, shredded
- 4 slices bacon
- arugula
- olive oil (optional)
- lemon juice (optional)

INSTRUCTIONS

To make caramelized onions: In pan over medium-high heat, heat butter and olive oil. Add onions and let sit about 5 minutes. Once onions start sweating, turn heat to low and cover pan. Cook onions to deep golden brown, stirring every 10-15 minutes. With 10 minutes left, stir in balsamic vinegar.

To make flatbread: Preheat oven to 425 F.

On flatbread, layer cheese, bacon and caramelized onions. Bake 13-15 minutes, or until cheese is bubbly and edges are golden brown.

Toss arugula with olive oil and lemon juice, if desired, before placing on flatbread.

HOW TO *caramelize* SWEET ONIONS LIKE A PRO



Step 1:
Heat butter and olive oil in a large pan over medium/high heat. Add the onions to the pan, but don't stir them just yet. After the onions start sweating, turn the heat down to low and cover the pan.

Step 2:
Cook the onions until they are a deep golden brown, stirring every 10 minutes. The whole process should take about 40 minutes.

Optional Step:
During the last 10 minutes, stir in the Worcestershire or balsamic vinegar to add a savory taste!



EASY STRAWBERRY SHORTCAKE

Enjoy your summer with fresh fruit like strawberries in this Easy Strawberry Shortcake recipe.

Recipe courtesy of Pillsbury

Find more dessert recipes at Culinary.net.

INGREDIENTS

- 1 can (5-8) Pillsbury flaky buttermilk biscuits
- 2 tablespoons butter, melted
- 1/4 cup sugar

STRAWBERRY MIXTURE:

- 3 cups fresh strawberries, sliced
- 1/3 cup sugar

WHIPPED CREAM:

- 1/2 cup whipping cream
- 2 tablespoons sugar
- 1/4 teaspoon vanilla

INSTRUCTIONS

Heat oven to 375 F.

Separate biscuits. Dip tops and sides of biscuits in melted butter. Dip biscuits, covering tops and sides, in sugar. Place sugar-side up on ungreased baking sheet. Bake 13-17 minutes, or until golden brown.

To make strawberry mixture: In medium bowl, mix strawberries and sugar. Set aside.

To make whipped cream: In small bowl, beat whipping cream and sugar until soft peaks form. Add vanilla and beat into mixture.

On plate, split biscuits and put dollop of whipped cream mixture on bottom half of biscuit. Add strawberry mixture. Replace biscuit top and dollop with whipping cream.



ROSEMARY VEGETABLE SKEWERS

Looking for a quick side dish for your family meal? These Rosemary Vegetable Skewers cook in about 10 minutes under the broiler, so you can have kabobs even when the weather isn't perfect for grilling! This recipe also packs a sodium-free flavor punch by using rosemary and lemon juice as the heart-healthy seasoning.

Servings: 6

INGREDIENTS

- 1/2 pint cherry tomatoes rinsed
- 1 squash rinsed and sliced into 1/4 - 1/2 inch rounds
- 1 zucchini rinsed and sliced into 1/4 - 1/2 inch rounds
- 1 orange bell pepper rinsed and sliced into 3/4 inch squares
- 4-ounce mushrooms rinsed and wiped clean
- 1 tablespoon olive oil
- 1 lemon lemon juice and zest
- 1 tablespoon fresh rosemary chopped

INSTRUCTIONS

- Soak wooden skewers in water for 20 minutes.
 - Combine olive oil, lemon zest and juice, and rosemary. Set aside.
 - Heat oven broiler to high.
 - Remove wooden skewers from water and begin to alternate threading tomatoes, squash, zucchini, bell pepper, and mushroom.
 - Place vegetable skewers on rimmed baking sheet and brush with lemon-herb oil.
 - Place under broiler 5 minutes. Remove and carefully flip skewers (they will be hot). Place back in oven and broil another 5-7 minutes.
- NOTE: Carefully watch vegetables under broiler to avoid burning.



BREAKFAST BURRITOS

A little advance preparation makes for a quick, healthy breakfast for busy families. Our breakfast egg burritos can be made in advance for a quick healthy breakfast. Try making several servings in advance this weekend so you are ready for next week!.

INGREDIENTS

- 1 tablespoon canola oil
- 1/2 red bell pepper finely chopped
- 1/2 green bell pepper finely chopped
- 1/2 purple onion finely chopped
- 2 cups liquid egg whites
- 1/2 teaspoon garlic powder
- 1/2 teaspoon ground cayenne
- 1 15-ounce can low sodium black beans drained and rinsed
- 8 8-inch whole-wheat tortillas
- 1/2 cup cheddar cheese shredded

INSTRUCTIONS

- Heat oil in a non-stick or well seasoned skillet over medium heat.
- Add onion and bell peppers and cook for 6-7 minutes or until desired tenderness reached.
- Mix cayenne pepper and garlic powder with egg whites and add to skillet. Continue cooking on medium heat, stirring occasionally to promote even cooking and prevent sticking.
- When egg whites are set but still soft and moist, remove from heat. Transfer to a clean dish and allow to cool for 10-15 minutes before assembling burritos.
- Place each tortilla on a piece of plastic wrap.
- Add black beans to egg mixture and mix well. Divide egg mixture and cheese evenly among tortillas.
- Roll burritos, then wrap each in plastic wrap and place in freezer**.
- Once frozen, transfer burritos to a freezer bag or other container suitable for long-term freezer storage. For best quality, use within 3 months.
- When ready to eat, remove plastic wrap and loosely wrap in paper towel. Microwave on high for 2 to 2 1/2 minutes, or until internal temperature reaches 165° F.

Refinery Road Veterinary Clinic

1913 Refinery Road
Gainesville, TX 76240



(940) 665-4478

Willkommen



Fischer's

Since 1927

GERMAN SAUSAGE, HAM, BACON, GROCERIES

Beef From Our Feedlot

TURN RIGHT AT RED LIGHT

304 N. Main St. Muenster TX 76252

Market Hours

Excellent Quality, Fresh,
Original Meats &
Grocery Products.

Monday - Saturday: 6:00 am - 7:00 pm

Sunday: 9:00 am - 5:30 pm

1-800-259-7248 or 1-940-759-4211



DEF RECYCLING

2301 Foundry Rd. • Gainesville, TX

940-665-2800

def-recycling.com

Hours: Mon-Fri: 7:30-5pm Sat: 7:30-12pm



Gainesville Title
Company, Inc.



Professional Real Estate Transaction & Title Services

115 North Dixon S | Gainesville, Texas

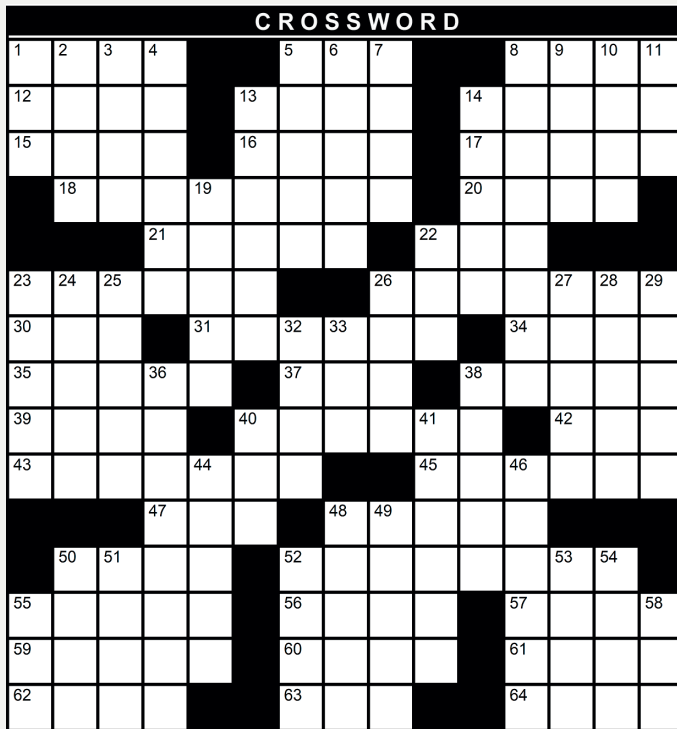
940-612-4824 | FAX 940-612-4825

www.gainesvilletitleco.com

Deanna McNeill
Robert Gleaton
Candy Crombie
Rachel Contreras
Kelli Wells
Brighton McGee
Erica Garcia

*THANK YOU COOKE COUNTY FOR YOUR
CONTINUED SUPPORT. WE APPRECIATE
YOU AND THIS COMMUNITY.*

Theme: Gardening



dish BRING EVERYTHING YOU LOVE TOGETHER!

Blazing Fast Internet! ADD TO YOUR PACKAGE FOR ONLY \$19.99*/mo. where available

2-YEAR TV PRICE GUARANTEE \$69.99 MO. for 12 Mos. America's Top 120 Package 190 CHANNELS Including Local Channels!

CALL TODAY - For \$100 Gift Card Promo Code: DISH100

1-888-416-7103 Offer ends 4/13/22

All offers require credit qualification, 24-month commitment with early termination fee and eAutoPay. Prices include Hopper Duo for qualifying customers. Hopper, Hopper w/Sling or Hopper 3 \$5/mo. more. Upfront fees may apply based on credit qualification.

© StatePoint Media

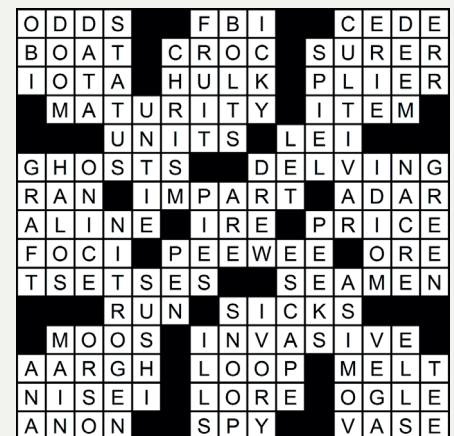
ACROSS

1. Betting probability
5. Once headed by J. Edgar Hoover
8. Formally surrender
12. Gravy holder
13. Nile dweller, for short
14. More certain
15. Tiny bit
16. a.k.a. Bruce Banner
17. One who plies one's trade
18. *"Days to ____," on a seed packet
20. Big-ticket ____
21. Apartments, e.g.
22. *Plumerias are often used in this Hawaiian greeting
23. Scrooge's visitors
26. Digging into
30. What Carl Lewis did
31. Bestow
34. Month before Nisan
35. Dress with a flare
37. Cholera
38. On a store tag
39. Central points
40. Paul Reubens' Herman
42. Mother lode stuff
43. African bloodsucking pests
45. Salty dogs
47. Current tense of #30 Across
48. Retches
50. Bovine cries
52. *Like an aggressive weed
55. Frustration, in a comic book
56. *Holds a plant stem to a support
57. Type of hot sandwich
59. One born to Japanese immigrants
60. Urban legends, e.g.
61. Check out
62. Shakespeare's "at another time"
63. "The ____ Who Loved Me"
64. *Flower's location after a garden?

DOWN

1. Kimono closer
2. Banish to Hades
3. Crunched numbers
4. Facebook's update feature
5. *Seed plant's harvest
6. *Goes to seed
7. Rotten and stinky
8. *Plant variety
9. Famous canal
10. Hold as a conviction
11. Make a blunder
13. Church service oil
14. Salesman's speech, e.g.
19. Loosen laces
22. Tennis do-over
23. *Splice, to a gardener
24. Nimbi on ikons
25. In the cooler (2 words)
26. Former Saint Brees
27. "Pulling my leg," e.g.
28. Mother-of-pearl
29. *Kind of thumb
32. Pizzeria output, pl.
33. "____ you kidding?"
36. *N in N-P-K
38. Sneaked glances
40. Slammer
41. "The Shawshank Redemption" theme
44. Served raw
46. Isaac of science fiction
48. This Dogg can rap
49. What Elton John tickles, sing.
50. Street in Anytown, USA
51. Guesstimate phrase (two words)
52. Bodily disorders

53. Lope de ____, Spanish playwright
54. Building extensions
55. Nurses' org.
58. ____ time in golf



Gainesville OBGYN

Obstetrics & Gynecology

Women's Health • Aesthetics

Dr. Amy Klein, D.O.
Regina Chisum, WHNP, BC

Obstetrics, Gynecology and Aesthetics

“Women Taking
Care of Women”

Vampire Facial
Fillers
Microneedling
Botulinum Toxin (Botox, Xeomin)
Laser Hair Removal and much more!

- Minimally invasive robotic surgery (laparoscopic hysterectomy, ovarian and tubal surgery)
 - Endometrial Ablation
 - Incontinence surgery
- Women's healthcare for all ages, adolescence through menopause
- Prenatal, delivery and postpartum care

gainesvilleobgyn.net
940-665-6679

Gainesville Housing Authority serving the needs of low-income families in Cooke County.

Our properties are **Turner Apartments, Pecan Creek Village and Washington Court/Walnut Lane.** We also administer the Section 8 Housing Choice Voucher program.



P.O. Box 1359/715 E. California, Ste. A.,
and Gainesville, TX 76421
940.665.1747 Fax: 940.665.2928
www.gainesvilletxhousingauthority.com

The Housing Authority is an Equal Housing Provider.





WILSON'S FARM

- POTTSBORO -

903-786-3479



306 Geis Rd. Pottsboro, TX 75076

2 miles west of Pottsboro on FM 120



- Alyssum
- Begonia
- Celosia
- Dianthus
- Dusty Miller
- Impatiens
- Annual Salvia
- Marigolds
- Petunias
- Portulaca
- Snapdragons

Assorted Annuals
 18 count flats
ONLY \$13⁸⁰ and up



Ground Cover
\$16⁸⁰
 and up



Tropicals
\$21⁸⁰
 and up



Shrubs
\$15⁸⁰
 and up



Perennials \$7⁰⁰ and up
Great Plants At Great Prices

MAY IS BETTER HEARING MONTH

Hear the evolution in
Sound Processing

IT'S A
GAME CHANGER

WIDEX MOMENT™

THIS SOUND CHANGES EVERYTHING



We call it PureSound. Others just call it Natural.

- Fastest sound processing ever in a digital hearing aid
- Eradicates the annoying problem of delay-based distortion
- Artificial intelligence condensed into a simple app you control
- Streaming capacity for high-quality calls, video and music
- Personalized sound to match listening intent & lifestyle
- Even the sound of your own voice is natural & clear!

YOU'LL LIKE WHAT YOU HEAR!



HEARCARE, INC. & ASSOCIATES

It's worth your time. It's about your life.



Jill Sheppard, B.S., SLP/Audiology,
Kenneth Sheppard, Jr., LFDHI

**2-Week Free
In-Home Trial**

\$500 Off

a set of premium
digital hearing instruments.

Some restrictions apply.

Expires June 17, 2022



1800 N. Travis St., Suite D • Sherman, TX 75092 • 903.868.2650
800 E. California, Suite 4 • Gainesville, TX 76240 • 903.868.2650

www.hearcareinc.com

