



Coloring is one of many activities at the Fremont Friendship Center.

TRIBUNE FILE

# Health and SENIOR LIVING

**M**ethodist Fremont Health is a full-service hospital.

In addition, there is a wide range of medical offices to diagnose, treat and rehabilitate almost any ailment.

Additionally, Fremont also has a wide variety of services to assist senior citizens.

Several locations offer assisted living options, both in-home and on-site residences.

## Methodist Fremont Health Medical Center

Wherever your healthcare journey leads – Methodist Fremont Health is with you every step of the way.

For more than 75 years and no matter the name, our local hospital has been leading the way by delivering community-centered care in unexpected ways, utilizing the most advanced technology

and medical practices, while delivering compassionate care.

Methodist Fremont Health brings together the combined resources of a healthcare system that includes a medical center, primary care and specialty clinics, as well as specialized physicians and services.

Methodist Fremont Health believes that healthy people help to build healthier communities. That's why they also focus on keeping you well – with health fairs and screenings that detect disease and conditions at their earliest stages, educational classes that introduce you to healthy habits and programs that help you manage chronic conditions like diabetes and heart disease.

The Medical Center offers the latest in robotic surgery and its Imaging Center utilizes leading technology, including MRI, digital mammography, ultrasound, DEXA bone densitometer, nuclear medicine, PET and CT, and more, to diagnose

and treat a variety of conditions.

From comprehensive cardiac diagnostics to a state-of-the-art cardiovascular catheterization lab and more, Methodist Fremont Health cardiologists treat a full range of heart and vascular diseases and conditions with specialized monitoring and testing, rehabilitation, critical care, implants and surgery.

Methodist Fremont Health Medical Center offers all-private rooms, an electronic medical record system, online access to your medical records (after visiting our Emergency Department or were a patient at our Medical Center), and the only emergency department in Dodge County, which provides 24-hour service.

In 2015, then-Fremont Health completed a \$42 million renovation project that included all-new patient rooms and an in-patient behavioral medicine unit. In Dunklau Gardens, the hospital's nursing home facility, all resident rooms are new, and a short term rehabilitation unit was added. The final phase of the project includes two Healing Gardens, a new sleep center, and two more hospice suites.

Fremont Health became Methodist Fremont Health in 2018 and still provides services from money generated from operations and donations made through the Fremont Health Foundation – without taxpayer or county funding.

Whether you need to schedule a routine check-up, plan the birth of a child or battle a life-threatening disease, Methodist Fremont Health is here for you.

For a complete listing of programs, services, medical staff, educational offerings and other information visit its website, fremonthealth.com, or call the public relations department at 402-727-3844.

## Emergencies

Fremont has two rescue squad services that transport patients to Methodist Fremont Health Medical Center:

The City of Fremont: Paramedics provide emergency rescue squad services at the advanced life support level. Call 911.