In memoriam

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December 2020





In Memoriam

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Aerni - Bills



Joann Aerni Sept. 14, 1936 - Nov. 12, 2020



Donald E. Bader OMAHA March 2, 1929 - Oct. 31, 2020



Jane Barr May 2, 1943 - Oct. 28, 2020



Joy Lynn Bechtel Born April 25, 1963



Richard D. Andersen March 15, 1936 - Nov. 1, 2020



Hilda Bakenhus COLUMBUS Dec. 25, 1927 - Oct. 13, 2020

Lars Barcel

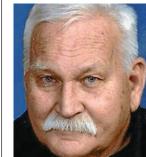
COLUMBUS

Dec. 7, 1992 - Oct. 17, 2020

Lars Barcel Jr.

COLUMBUS

June 2, 2020 - Oct. 17, 2020



Marvin L. Barry CEDAR BLUFFS Dec. 26, 1948 - Oct. 17, 2020



Doug Barton Nov. 15, 1931 - Oct. 26, 2020



Dorothy Bean FREMONT Feb. 5, 1924 - Nov. 22, 2020



Elizabeth "Betty" Bender July 6, 1940 - Oct. 31, 2020

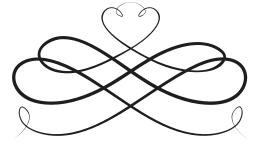


Gary Blessen CRESTON Feb. 6, 1946 - Oct. 8, 2020



Richard Bills Jr. Died Nov. 13, 2020

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ABOUT THIS SECTION

In Memoriam started in June 2019 and publishes six times a year. The section honors the memories of the community members we've lost during the prior twomonth period. This edition includes those whose obituary appeared between September 28 and November 29.



William "Bill" George Arnold II FREMONT Nov. 12, 1946 - Oct. 12, 2020



Jerald M. "Harold" Asche NORFOLK June 11, 1957 - 2020

IN MEMORIAM **Bohline - Crabb**



Jane M. Bohline (Walvatne) FREMONT Dec. 23, 1949 - Nov. 20, 2020



Lorraine J. Brightweiser FREMONT Nov. 26, 1922 - Oct. 3, 2020



Bonnie Lee Mosness Brown May 6, 1936 - Nov. 15, 2020



Sharon Caley Feb. 25, 1938 - Nov. 6, 2020



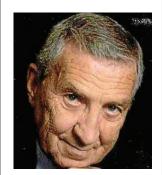
Deborah Kay (Maas) Clausen Feb. 5, 1949 - Oct. 1, 2020



Boyd Warren Conklin Aug. 21, 1942 - Nov. 18, 2020



Elaine Bonk COLUMBUS Died Nov. 3, 2020



Ronald Lee Brock LAKE WACONDA June 26, 1938 - Nov. 18, 2020



Marvene Bruner COLUMBUS April 20, 1932 - Nov. 10, 2020



Gustavo Lopez Cano NORFOLK Feb. 25, 1951 - Oct. 12, 2020



Isabelle Clausen COLUMBUS Died Oct. 21, 2020



Daniel Boss COLUMBUS Jan. 3, 1937 - Oct. 3, 2020

Dean Brabec

CLARKSON

July 21, 1945 - Sept. 25, 2020



David "Dave" L. Brohimer FREMONT Oct. 6, 1968 - Sept. 30, 2020



Duane A. Burch Dec. 11, 1938 - Nov. 11, 2020



Barbara Louise (Claussen) Carlson OMAHA March 30, 1933 - Sept. 20, 2020



Lyle E. Christensen April 5, 1928 - Nov. 8, 2020





Elaine M. Colitzas COLUMBUS Died Oct. 29, 2020



Patricia J. Comte DAVID CITY Died Sept. 25, 2020



Michael Emery Coolman March 12, 1949 - Oct. 7, 2020



Robert P. Cothern III COLUMBUS May 12, 1939 - Nov. 21, 2020



James A. Crabb COLUMBUS Nov. 1, 1953 - Nov. 17, 2020



Charles Bronson COLUMBUS April 28, 1954 - Oct. 12, 2020



Mary M. Butterfield FREMONT Died Nov. 21, 2020

04 | DECEMBER 2020 **Cuda - Freudenburg**



Allen J. Cuda HOOPER March 29, 1934 - Nov. 15, 2020



Carl LeRoy Davis Sr. MARSHFIELD, MO Feb. 1, 1941 - Oct. 30, 2020



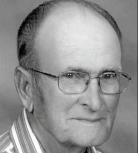
Dorothy Dush DUNCAN Dec. 1, 1929 - Nov. 24, 2020



Dennis D. Einspahr FREMONT Jan. 29, 1945 - April 9, 2020



Niel Fred Eraas PLATTSMOUTH Dec. 2, 1946 - Oct. 22, 2020



Donald Herman Figgner ALBION Feb. 22, 1932 - Nov. 5, 2020



Janet D. Custer COLUMBUS July 11, 1937 - Nov. 7, 2020



David Bruce Dickerson OMAHA June 24, 1947 - Nov. 3, 2020



Bernard A. Dzingle ALTAMONT, NY Sept. 7, 1951 - Sept. 28, 2020



Clarence Henry Eikmeier DODGE



Charles Elliott Jan. 20, 1924 - Nov. 1, 2020



Betty Jo (Nielsen) Elsasser MONROE Dec. 4, 1946 - Oct. 1, 2020



Sharon M. Pannier Erickson FREMONT



Joan H. Evans OMAHA/FORMERLY OF COLUMBUS Dec. 15, 1932 - Oct. 3, 2020



Patricia A. Evans-Austin ELKHORN Dec. 13, 1931 - Nov. 11, 2020



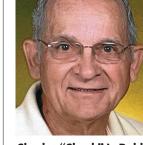
Lorraine "Kay" Finn MARION, IA March 28, 1940 - Oct. 11, 2020



George "Billy" William Freeman III ARLINGTON Aug. 2, 1951 - Oct. 25, 2020



Elaine M. Freudenburg NORFOLK Died Nov. 6, 2020



WEEPING WATER

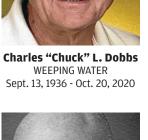


Carol Ann Czapla

GENOA

July 31, 1938 - Nov. 10, 2020

Elwood L. Dahl Jr. July 16, 1931 - Nov. 20, 2020





James Spelbring Donelan M.D. FREMONT Oct. 9, 1933 - Oct. 1, 2020



Wilma Echtenkamp HARTFORD Sept. 5, 1928 - Sept. 24, 2020



John F. Ehlers FREMONT Jan. 25, 1930 - Nov. 14, 2020





IN MEMORIAM Frey - Hinze

Gloria Jean (Anderson) Frey FREMONT Nov. 16, 1932 - Sept. 29, 2020



Mary Elizabeth Hall George FREMONT July 3, 1925 - Oct. 2, 2020



Jerold R. Gress Dec. 1, 1942 - Oct. 22, 2020



Ayla Guvenoz-Dickey MADISON, WI Aug. 1, 1966 - Nov. 19, 2020



FREMONT Feb. 28, 1980 - Nov. 13, 2020



DECEMBER 2020 | **05**

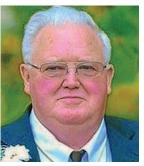
Duane "Bud" Henke CRESTON June 24, 1941 - Sept. 29, 2020



Robert "Bob" **Charles Furstenau** July 5, 1946 - Oct. 6, 2020



Allan K. Graham Sept. 30, 1962 - Oct. 14, 2020



Larry Groene Feb. 24, 1942 - Oct. 29, 2020



Derek J. Hack April 24, 1980 - Nov. 1, 2020



Harry Hartley Dec. 22, 1928 - Oct. 29, 2020



Debra Kay Hill FREMONT March 28, 1953 - Oct. 15, 2020



Shirley Jeanne Hinze RISING CITY Jan. 1, 1932 - Oct. 21, 2020



Betty "Bert" Lee Gardipee Sept. 28, 1928 - Oct. 24, 2020



Opal Mae Greene COLUMBUS May 26, 1922 - Sept. 29, 2020



Martin Grotelueschen COLUMBUS March 27, 1933 - Oct. 14, 2020



Robert "Red" **Edson Gaston** LINCOLN Feb. 26, 1929 - Oct. 21, 2020

Mary Ellen Greenlee COLUMBUS Jan. 19, 1931 - Nov. 5, 2020



Sarah Groteluschen MARYVILLE, MO Died Nov. 16, 2020



Richard Haiar LINDSAY Died Oct. 19, 2020



Tom Haiar NORFOLK June 28, 1957 - Nov. 7, 2020



Keith Junior Hasemann SCRIBNER June 18, 1951 - Oct. 3, 2020



Charles "Charlie" William "Bill" Heath COLON July 3, 1945 - Oct. 2, 2020













06 | DECEMBER 2020 Hoffman - Kielian



Benjamin "Bennie" G. Hoffman FREMONT Jan. 11, 1929 - Oct. 12, 2020



llse K. Howard FREMONT Sept. 8, 1928 - Nov. 21, 2020



Dorothy Janousek CLARKSON April 7, 1930 - Oct. 6, 2020



Jeanette S. Jeppesen FREMONT Dec. 19, 1962 - Oct. 10, 2020



Alma Juzek FORMERYL OF SCHUYLER/ CLARKSON Died Oct. 12, 2020



Reinhardt "Rhine" Kelsey Dec. 2, 1967 - Nov. 9, 2020



Bennie G. Hoffman FREMONT Oct. 2, 1951 - Nov. 5, 2020



Marlene Kay Iles PLATTSMOUTH Aug. 14, 1951 - Nov. 10, 2020



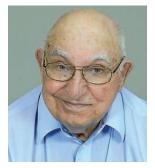
Ron Jarecke ARLINGTON Died Nov. 25, 2020



Emery D. Johnson June 21, 1924 - Oct. 24, 2020



Lucille Karges



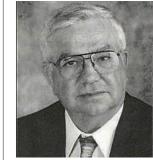
Joseph "Joe" Keiter COLUMBUS Jan. 8, 1927 - Oct. 10, 2020



Nancy Lee Hopper FREMONT Aug. 14, 1932 - Oct. 6, 2020

Helen Hough

Aug. 16, 1926 - Nov. 21, 2020



Wendell J. Ita COLUMBUS Sept. 1, 1934 - Oct. 11, 2020



Agatha J. Iwan FORMERLY OF SPALDING Dec. 26, 1928 - Nov. 24, 2020



Kevin Lee Jarecki Oct. 12, 1954 - Oct. 20, 2020

Richard Jenkinson

Jan. 2, 1947 - Nov. 8, 2020



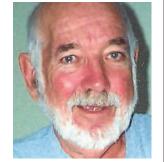
Kay Johnson Feb. 11, 1942 - Oct. 28, 2020



Francisco Juan COLUMBUS Aug. 29, 1943 - Oct. 3, 2020



Florene Kass MADISON July 30, 1927 - Oct. 26, 2020



James A. "Jim" Keeler FORMERLY OF FREMONT Nov. 19, 1942 - Oct. 30, 2020



Albert "Al" F. Kersten May 22, 1936 - Nov. 22, 2020



Dollie R. Kielian Sept. 30, 1937 - Nov. 18, 2020

IN MEMORIAM **Kitt - Leander**

Terry I. Kitt NORTH BEND June 7, 1951 - Oct. 16, 2020



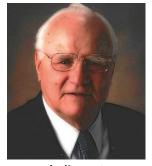
Carolyn Korecky SCHUYLER Nov. 22, 1941 - Oct. 19, 2020



Lucy Kruse Nov. 27, 1931 - Nov. 7, 2020



Barbara A. Kuhr FREMONT Jan. 18, 1938 - Sept. 27, 2020



Virgil T. Kuta Dec. 20, 1926 - Nov. 11, 2020



DECEMBER 2020 | **07**

Janet Lange COLUMBUS May 5, 1952 - Nov. 6, 2020



Janeeta Kline COLUMBUS Oct. 23, 1934 - Oct. 6, 2020



Helen Grace (Knoell) Kracl Oct. 13, 1924 - Nov. 7, 2020



Peggy Kruse Dec. 3, 1949 - Nov. 4, 2020



Monica "Minnie" M. Kula FORMERLY OF COLUMBUS May 2, 1932 - Nov. 11, 2020



Gregory Lee Labens March 1, 1963 - Nov. 19, 2020



Eugene "Gene" Labenz HUMPHREY Aug. 25, 1931 - Nov. 22, 2020



Natasha Lambrecht COLUMBUS Jan. 18, 2014 - Oct. 17, 2020



UEHLING





Leander Sr. Aug. 9, 1932 - Nov. 15, 2020



Fern Kiuntke ST. EDWARD Aug. 26, 1922 - Nov. 6, 2020



Ethan C. Knoell FREMONT July 15, 1994 - Nov. 18, 2020



Dorothy "Polly" Krumland COLUMBUS Nov. 27, 1931 - Nov. 23, 2020



Donna Jean Eleanor Kruse Nov. 7, 1950 - Nov. 22, 2020



James W. Krzycki NORFOLK/FORMERLY OF COLUMBUS July 26, 1939 - Sept. 30, 2020



Donald D. Kubr FREMONT July 18, 1934 - Oct. 11, 2020



Esther Kummer Dec. 22, 1929 - Oct. 1, 2020



Mary Lou Kunneman COLUMBUS Died Nov. 10, 2020









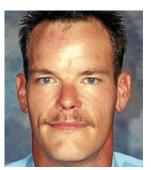


08 | DECEMBER 2020 **Lenser - Mills**

Ronald Arthur Lenser DALLAS Oct. 4, 1932 - Oct. 9, 2020



Evelyn M. Lightbody FREMONT March 1, 1941 - Nov. 2, 2020



Dale L. Lueschen FREMONT March 22, 1968 - Nov. 23, 2020



Edsel James Matousek CLARKS Jan. 2, 1930 - Nov. 17, 2020



Lorene Anna (Bruckner) Mick COLUMBUS March 24, 1926 - Sept. 27, 2020



Gene L. Miller April 29, 1942 - Nov. 4, 2020



Earl Raymond Levey Died 2020



Norma Lindgren FREMONT Dec. 26, 1929 - Oct. 12, 2020



Lawrence "Larry" J. & Margaret "Marty" A. Mach WESTON Nov. 22, 1948 - Sept. 25, 2020, March 24, 1954 - Sept. 25, 2020



Philip A. Mausbach



David Miller CLARKS



Janelle Miller

COLUMBUS

Roberta "Bobbie" J. Miller FREMONT Dec. 29, 1927 - Nov. 22, 2020

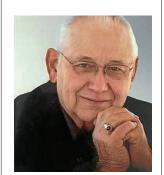


Rob "Trigger" Mills March 10, 1962 - Nov. 10, 2020

Veronica L. Levos FORMERLY OF COLUMBUS Feb. 11, 1933 - Sept. 21, 2020



Todd Ligenza COLUMBUS June 10, 1967 - Oct. 7, 2020



Donald C. Loseke SUN CITY WEST, AZ Died Sept. 6, 2020



Leonard L. Lowe July 3, 1918 - Nov. 6, 2020

Carolyn Anderson Macklin FREMONT June 17, 1935 - Nov. 11, 2020



Elaine M. Markytan July 29, 1927 - Nov. 4, 2020



Geraldine McKown April 25, 1927 - Nov. 2, 2020



Eleanor McPhillips LINDSAY Jan. 9, 1925 - Sept. 30, 2020





WAKEFIELD Sept. 27, 1927 - Oct. 30, 2020



Floyd Harold Miller WICHITA FALLS, TX Aug. 3, 1938 - Nov. 12, 2020

IN MEMORIAM

IN MEMORIAM **Morris - Poeschi**



Eline M. Morris BELGRADE March 19, 1932 - Nov. 24, 2020



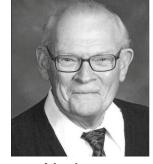
Eilene Marie Taylor Myers Dec. 20, 1926 - Nov. 19, 2020



Goodman "Gary, GG" Nelson COLUMBUS Aug. 1, 1952 - Nov. 17, 2020



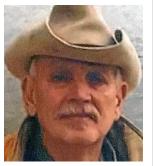
Carol Mae Oerman FREMONT/FORMERLY OF FONTANELLE July 8, 1932 - Oct. 1, 2020



Richard J. Penas COLUMBUS Jan. 6, 1940 - Nov. 20, 2020



Veldon "Phil" L. Phillips March 14, 1932 - Oct. 20, 2020



Rilev David Morton FREMONT April 4, 1943 - Nov. 8, 2020



Christine Ann Nadrchal UTICA Nov. 25, 1959 - Oct. 7, 2020



Beulah "B" May Nichols MANOR, TX Aug. 8, 1926 - Sept. 19, 2020



Ezio "Rocky" Ognissanti OMAHA June 28, 1961 - Oct. 8, 2020



Steven M. Peterson July 15, 1950 - Oct. 22, 2020



Lance Ronald Pfeifer STROMSBURG



Mary Alice Pfeifer July 16, 1934 - Oct. 28, 2020



Josephine "Jo" Placzek Oct. 6, 1940 - Oct. 21, 2020



Donald G. Moseman FREMONT Aug. 22, 1927 - Nov. 13, 2020



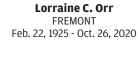
William "Bill" Neal July 5, 1943 - Nov. 10, 2020



Bernard A. Nitsch Jan. 20, 1931 - Nov. 10, 2020

June 5, 1936 - Oct. 31, 2020







Wayne L. Parker FREMONT March 27, 1949 - Nov. 20, 2020



Feb. 1, 1968 - Oct. 31, 2020



COLUMBUS

Aug. 2, 1940 - Sept. 26, 2020

Lonnie Poeschl SCRIBNER March 22, 1962 - July 3, 2020



Donna Ranee (Maller) Mulliken FORMERLY OF FREMONT March 3, 1935 - Oct. 17, 2020



Barbara J. Nelson March 31, 1936 - Nov. 18, 2020



010 | DECEMBER 2020 **Porter - Sand**

Rolan D. Porter NEW BRIGHTON Nov. 27, 1928 - Nov. 13, 2020



Kurtis Alan Prokupek July 15, 1954 - Oct. 26, 2020



Bonnie L. Ranslem FREMONT Sept. 14, 1927 - Oct. 7, 2020



Verna Mae Retland FREMONT Nov. 2, 1932 - Oct. 20, 2020



Evelyn Rinkol SILVER CREEK March 24, 1942 - Nov. 20, 2020



IN MEMORIAM



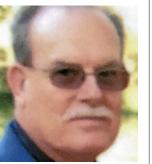
Emmy L. Pribnow SCRIBNER March 29, 1940 - Nov. 18, 2020



Ronda M. Priestley FREMONT Oct. 7, 1940 - Oct. 14, 2020



SHELBY



David L. Proctor Dec. 9, 1946 - Nov. 24, 2020

Sharilyn "Sherry" Sue Quick HORDVILLE March 30, 1938 - Nov. 14, 2020



Robert "Bob" Dean Rafert May 30, 1930 - Sept. 27, 2020



Edwin F. Ramaekers LINDSAY Sept. 6, 1936 - Nov. 8, 2020

Andrew "Andy" **Michael Reichart** Dec. 13, 1964 - Nov. 4, 2020



Frank J. Reichmuth Jr. Dec. 30, 1933 - Nov. 13, 2020



Evelyn L. Repschlaeger FREMONT April 29, 1924 - Nov. 7, 2020



Mary B. Rhoades FORMERLY OF COLUMBUS/BOLIVIA, NC Oct. 7, 1923 - Oct. 13, 2020



Ann (Ewert) Richards FLORESVILLE, TX Jan. 5, 1958 - Oct. 25, 2020



Corrine Rickner COLUMBUS Aug. 3, 1939 - Oct. 9, 2020



Edward T. Robinson Jr. March 13, 1924 - Oct. 15, 2020



Julie Ross FREMONT July 13, 1970 - Nov. 14, 2020



Jay H. Rowland Jr. FREMONT Feb. 23, 1922 - Nov. 13, 2020



William "Bill" D. Sacco FREMONT Dec. 29, 1935 - Nov. 22, 2020



Dario Juarez Sanchez FREMONT Oct. 26, 1957 - Sept. 28, 2020



Carol Ann (Luetkenhaus) Sand March 2, 1945 - Oct. 18, 2020

IN MEMORIAM Saravia - Thies

Ana B. Saravia FREMONT Died Sept. 1, 2020



Ruth A. Schumacher LINDSAY Sept. 22, 1923 - Nov. 12, 2020



Elizabeth "Betty" T. Siemek FREMONT July 8, 1937 - Oct. 18, 2020



Shirley "Cookie" A. Spangler FREMONT/ FORMERLY OF OMAHA June 4, 1945 - Oct. 5, 2020





Beverly "Jean" Sudduth FREMONT Dec. 29, 1934 - Oct. 15, 2020



Charmain Lucille Satree LINCOLN Feb. 2, 1953 - Nov. 6, 2020



David Sedlacek Dec. 3, 1951 - Oct. 21, 2020



Katherine Smith July 27, 1932 - Oct. 28, 2020



Charles "Chuck" Boardman Speice





Martin Taylor 1932 - 2020



Helen Marie Schollmeyer CEDAR BLUFFS Sept. 24, 1939 - Nov. 5, 2020

Willard H. Schulz

FREMONT

Dec. 30, 1926 - Nov. 22, 2020



Carol Starostka Seim VIRGINIA BEACH, VA Jan. 11, 1942 - Oct. 2, 2020



Darlene Shrader CRETE Oct. 22, 1927 - Nov. 8, 2020

MaryLee Smith OMAHA May 17, 1934 - Nov. 1, 2020



Jane A. Soukup FREMONT Sept. 29, 1940 - Oct. 23, 2020



Harrison "Bud" M. Spidle YORK Feb. 3, 1939 - Oct. 5, 2020



Eugene "Gene" D. Starmer June 18, 1948 - Oct. 4, 2020



Joseph Stehno

CLARKSON

March 7, 1934 - Oct. 25, 2020

Dr. Denita Renèe **Steinbach-Drees** Nov. 28, 1964 - Sept. 29, 2020



Sister M. Charlene (Rosemary) Stuczynski Oct. 15, 1930 - Oct. 30, 2020

Charles E. Thew FREMONT Dec. 5, 1930 - Oct. 10, 2020



Linda L. Thies March 22, 1948 - Nov. 17, 2020







012 | DECEMBER 2020 **Timm - Wiysel**

Roger L. Timm SCRIBNER April 21, 1951 - Oct. 13, 2020



Elizabeth "Betty" Louise Torson FRIEND June 26, 1933 - Oct. 27, 2020



Deloris M. Vanek PRAGUE March 15, 1938 - Nov. 21, 2020



Dennis "Butch" Ray Ward Born Oct. 23, 1947



Joe Weitzel NEWMAN GROVE July 1, 1944 - Nov. 17, 2020



Colleen A. (Johnson) Wild FREMONT April 25, 1928 - Oct. 30, 2020

Clyde Gerne Wilkie

FREMONT



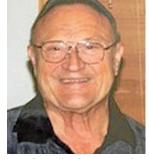
Rachel L. Timme FREMONT Nov. 30, 1921 - Oct. 14, 2020



Michael Tresler OMAHA Died Sept. 27, 2020



John Vanek PRAGUE July 20, 1933 - Oct. 27, 2020



Robert "Bob" L. Ward FREMONT July 9, 1934 - Oct. 13, 2020



Michael "Redball" Westphal Feb. 16, 1949 - Oct. 22, 2020



Arno F. Will BRADSHAW July 23, 1935 - Nov. 25, 2020

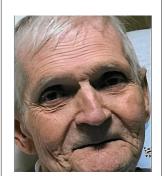


Thelma M. Wiysel PLATTSMOUTH July 1, 1924 - Nov. 15, 2020

Celestine "Sally" **D.** Timmons May 30, 1924 - Oct. 28, 2020



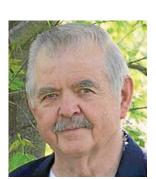
Anna C. Tonjes SCRIBNER Dec. 31, 1924 - Nov. 24, 2020



Dick Tschantre Nov. 25, 1941 - Nov. 14, 2020



Lorraine Vacha CLARKSON Jan. 1, 1930 - Nov. 9, 2020



Dan W. Vaughn PLATTSMOUTH/ FORMERLY OF WICHITA, KS Died Oct. 10, 2020



Virginia M. Vrbka Died Oct. 22, 2020



Ramon "Ray" W. Waterman SCOTTSDALE, AZ Feb. 24, 1933 - Sept. 25, 2020



Catherine L. Weinmeister COLUMBUS March 5, 1966 - Oct. 12, 2020





GRAVOIS MILLS, MO Sept. 30, 1921 - Oct. 29, 2020



Donald Wiebold COLUMBUS Oct. 19, 1946 - Sept. 9, 2020





Glorian "Mick" Wickham



DECEMBER 2020 | **013**

IN MEMORIAM Wolff - Ziethen



Doris Maxine Wolff Jan. 12, 1944 - Nov. 10, 2020



GARRISON Died Nov. 15, 2020



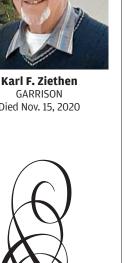
Thomas Lewis Wollen WASHINGTON April 29, 1936 - Aug. 3, 2020



Herbert Eugene Wuelling Sr. JACKSONVILLE, AR March 27, 1939 - Sept. 13, 2020



John Newton Yocum Feb. 25, 1929 - Nov. 21, 2020





How to choose a grief support group

rief support groups help people overcome depression and loneliness. Whether because of the loss of a loved one or another major life change, a support group can be a big help in working through some of life's most difficult moments. Especially in scenarios involving unexpected loss of life, experts say support groups can help the bereaved overcome tremendous pain and regain a sense of self after sustaining a difficult loss.

What is a grief support group?

Grief support groups around the country meet every day to talk about how to cope and deal during the grieving process.

People from all walks of life come together, united by the loss of a loved one, to share feelings and thoughts with one another.

Trained professionals from the mental health field are often on hand to moderate the groups. Counselors, psychologists and social workers have the skills to assist, gained from years of training and experience. The mourning process is often filled with pain and uncertainty. They will guide participants through the stages of grief.

Benefits of a grief support group

Mental, emotional and spiritual connections are the glue that bind these support groups. Each person in the group can help another since they are sharing the experience. There is a special bond that comes from people who help each other through grief.

Participants listen to each other without judgment. Each person gets a chance to share feelings or memories. Sometimes, members may simply need

to express what they feel at the present moment. All meetings are confidential.

A support group is the best place to feel and express strong emotions. Everyone in attendance understands what the survivor is going through.

Members also assist each other in moving forward. Some groups plan events and activities as a way to ease the loneliness.

Through attendance at these groups, members are assured that their thoughts and feelings are normal. The support group reinforces the idea that everyone deserves respect.

Types of support groups available

There are also support groups for grieving individuals dealing with special circumstances. Some groups may focus specifically on military families, while other groups will concentrate on helping wives, children or husbands deal with losses in the immediate family.

Sometimes groups may limit membership to people of the same gender. There are also teen, children or adult groups. Elderly grief support groups help survivors who have lost their spouses or entire families.

How to choose a grief support group

There are plenty of places to find a grief support group. Hospitals and hospices have information on local meetings. Religious institutions, including churches and synagogues will also have a list of groups. Funeral homes are another place to find information.

It is important to choose a group in which you feel comfortable and respected. There is no shame in talking about your feelings during this difficult time. **John R. Adler** Dec. 29, 1960 - Oct. 26, 2020

Frank Aerts June 5, 1928 - Nov. 23, 2020

L. Ray Alcott Jan. 19, 1949 - Oct. 31, 2020

Priscilla M. Arthur April 15, 1930 - Nov. 15, 2020

John Atkins COLUMBUS Oct. 13, 1943 - Nov. 4, 2020

Isabella Audrey Rose Baustian Jan. 27, 2020 - Oct. 15, 2020

Jo Ann Beldin Aug. 2, 1929 - Oct. 16, 2020

Merlyn Bell Dec. 23, 1930 - Oct. 5, 2020

Viola M. Bibow Feb. 21, 1928 - Nov. 7, 2020

Judith A. Blasig May 13, 1946 - Oct. 3, 2020

Melvin H. Brokaw FREMONT Jan. 22, 1931 - Sept. 25, 2020

> Laurel Bruckner 1933 - Sept. 11, 2020

> Frankie Charipar 1938 - 2020

Betty L. Coates FREMONT May 10, 1927 - Sept. 26, 2020

Jeffrey "Jeff" Michael Davis May 31, 1960 - Sept. 30, 2020

Mary A. Dickenson July 20, 1931 - Nov. 26, 2020

Ima Jean Dinslage WEST POINT July 8, 1932 - Nov. 14, 2020

Arnold James Divis FORMERLY OF SCHUYLER Aug. 14, 1931 - Oct. 30, 2020

James S. Donelan Oct. 9, 1933 - Oct. 1, 2020

William D. Ehlers 1940 - 2020 **Eileen M. Fangmeyer** YORK Sept. 21, 1959 - Sept. 26, 2020

Randy Flagle May 13, 1963 - Oct. 9, 2020

Herman Junior Gerdes STROMSBURG Died Oct. 19, 2020

Ivan L. Groothuis Oct. 5, 1941 - Nov. 13, 2020

Darrel D. Grothe Sept. 20, 1936 - Nov. 2, 2020

Ernest "Ernie" Madison Gruber Oct. 18, 1919 - Sept. 25, 2020

Kevin Hamling April 1, 1962 - Nov. 14, 2020

Karen Kay Pollock Hansel HICKMAN 1956 - Aug. 29, 2020

Christian Hernandez Jan. 1, 2009 - Oct. 7, 2020

Brian Matthew Hirz OMAHA May 18, 1964 - Sept. 23, 2020

Darlene Kay Hobbs July 11, 1944 - Oct. 31, 2020

> Mary M. Horak SCHUYLER Died Oct. 16, 2020

LeRoy "Lee" Iwanski Died Oct. 1, 2020

Larry Janak April 17, 1956 - Sept. 30, 2020

Kevin Lee Jarecki Oct. 12, 1954 - Oct. 20, 2020

> Victor Jarosz Died 2020

Aloysius Johnson Jan. 28, 1929 - Aug. 9, 2020

Terry Lee Kellison Feb. 4, 1948 - Oct. 6, 2020

Carol S. Kilgore March 16, 1939 - Nov. 9, 2020

Morris "Bud" F. Knake SYRACUSE July 31, 1933 - Nov. 18, 2020

Text Tributes

Norma J. Konwinski YUTAN March 4, 1951 - Oct. 6, 2020

Leander Koza June 2, 1940 - Oct. 13, 2020

Margaret "Peggy" Kruse Dec. 3, 1949 - Nov. 4, 2020

Goldie B. Kubo Feb. 17, 1943 - Oct. 2, 2020

Kevin Michael "Mike" Leitschuck July 4, 1956 - Nov. 8, 2020

James "Jim" K. Lewis April 18, 1942 - Oct. 28, 2020

Joyce Fay Louderback PLATTSMOUTH June 28, 1940 - Nov. 13, 2020

Johanna McMahan Aug. 3, 1956 - Nov. 25, 2020

Gail Mead COLUMBUS May 10, 1936 - Nov. 20, 2020

Roderick "Rod" James Meyer Sept. 20, 1952 - Oct. 29, 2020

Greg Meysenburg Feb. 2, 1945 - Oct. 2, 2020

Doris Arlene Milks Dec. 17, 1931 - Nov. 16, 2020

Charles D. Miller July 19, 1936 - Nov. 16, 2020

Penny Marie Morin Sept. 21, 1960 - Nov. 5, 2020

Dale D. Muckey March 26, 1932 - Nov. 9, 2020

Mary A. Nevius FREMONT March 11, 1934 - Oct. 5, 2020

Kay Lorraine Strong Nicolas Aug. 29, 1947 - Oct. 7, 2020

Annette Nickels March 21, 1936 - Oct. 8, 2020

Carolee A. (Smith) Parsons HOOPER Feb. 14, 1955 - Nov. 2, 2020 Lucille Pickhinke HOWELLS Died Oct. 14, 2020

LeRoy E. Robb Dec. 7, 1934 - Oct. 31, 2020

Dolores Lucille Rozell Dec. 31, 1931 - Oct. 23, 2020

Richard Dale Santee PLATTSMOUTH Aug. 7, 1938 - Nov. 3, 2020

Gilbert Wayne Schwarze Sept. 15, 1952 - Oct. 4, 2020

Connie Jo Shields

Jan. 17, 1957 - Nov. 17, 2020 **Ron Shipley**

Aug. 18, 1943 - Nov. 11, 2020 **Norma Sjuts** April 9, 1937 - Nov. 12, 2020

Marie J. Sloup March 19, 1928 - Nov. 25, 2020

Marguerite E. Smith May 28, 1920 - Oct. 12, 2020

Mary J. Smith June 20, 1958 - Oct. 25, 2020

Linda S. Spain Sept. 28, 1956 - Oct. 21, 2020

Sheila Kaye Speck Dec. 24, 1940 - Nov. 19, 2020

Ruth Stalp FORMERLY OF WEST POINT/VALLEY Feb. 6, 1948 - Oct. 13, 2020

> Linda M. Stone LINDSAY Died Oct. 24, 2020

Marvin Eugene Suhr FREMONT Nov. 7, 1923 - Sept. 26, 2020

Ellis "Hap" DeVere Thomas MURRAY Jan. 1, 1934 - Oct. 23, 2020

Jean E. Thomassen Nov. 25, 1939 - Nov. 7, 2020

Michael R. Timerman PLATTSMOUTH May 13, 1955 - Nov. 3, 2020 **Larry Dean Trout** Oct. 27, 1954 - Oct. 8, 2020

James Joseph Waterman Oct. 29, 1944 - Oct. 5, 2020

Sherri Wegner May 1, 1963 - Oct. 12, 2020

> Bradley Wesely 1954 - 2020

John Wesely Wilson July 8, 1931 - Oct. 12, 2020

Wayne L. Wilson Feb. 28, 1934 - Oct. 22, 2020

Marianne Wimer CROWELL Dec. 24, 1942 - Nov. 12, 2020

Richard Ziemba



When to update your will

There are many occurrences that require an update to estate-planning documents.

A will is your ironclad way to disperse your assets to loved ones as you wish. Here are a few of the top reasons you may need to update this important document.

Changes in financial situation

There may come a time where you decide to increase or decrease the inheritance you are leaving behind for loved ones.

For instance, if you receive a large sum of money, it's possible to alter your will to add a new beneficiary or make an increase towards those currently on your list.

On the other hand, if you experience financial misfortune, it's necessary to adjust the document to pay out less and ensure your estate's obligations can still be met.

Changes in tax laws

It can be hard to stay up to date on constantly changing tax laws, but it's necessary to keep your final document in good legal standing. Especially if your will takes actions to address estate tax issues, it's a good idea to receive periodic reviews by a professional attorney.

Ask for advice

Don't be afraid to ask your legal expert for advice on other moments that may benefit your last will and testament. Remember, this document is incredibly important to keep accurate as it articulates your vision and solidifies your legacy.

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Estate planning tips and advice

E state planning is for everyone. Don't make the mistake of believing estate planning is only for the rich.

Making a plan for how your affairs will be handled after death is the best thing you can do for your loved ones, regardless of your financial standing.

Document how you want your property and other assets handled to help your family avoid legal difficulties, inconvenience, unnecessary taxation and family arguments. An estate planning professional can have a lasting impact on your legacy.

Estate planning isn't just about protecting heirlooms; it also provides security for your family. Consider these tips for creating a sound, logical estate plan.

Seek legal counsel

Some people use online forms to draft a will, most people will benefit from consulting with an estate planning attorney. This experienced professional can create legal documents with your specific circumstances in mind.

It's true everyone should have a will, regardless of age. But that is only the first step in developing a solid estate plan. You should also create a living will, power of attorney and possibly a trust.

Consult an attorney who has experience in developing estate plans for those whose situations are similar to yours. Do not try to do it alone.

Life insurance policies

Life insurance policies provide for your loved ones in the event of your death.

There are a wide range of options, and only a few will make sense for your situation. A professional can guide you through the possibilities and help you make appropriate choices.

Term life insurance policies are generally less expensive than other types of coverage. But whole life policies, annuities and other insurance products may be more appropriate for your circumstances.

Understand what you might be buying. In some cases, a policy may benefit the salesperson more than it does the customer.

It is essential you take all the time you need to learn about a particular policy before purchasing it. If you have any hesitation or confusion, ask another professional or keep researching. You should feel certain that you are choosing the best policy for your needs.

Funeral expenses

Funerals are very expensive, sometimes up to \$10,000. You don't want to leave your family with large bills. That's why you should plan ahead to cover the cost of your own funeral.

Pre-paid funeral plans are a popular option, or you can simply buy a burial plot in advance so that one major task will be handled before your death.

It may be uncomfortable and even frightening to consider, but it is something that must be addressed as part of a solid estate plan. Visit funeral homes in your area to discuss prepayment options.

Communication is key

Communicate with your family in general terms about your estate plan. Talking to them about what they can expect could head off estate disputes and heartache.

A good estate planner can help you navigate complicated family dynamics and concerns that may accompany this process. The right estate plan and experienced professionals can make your legacy a blessing that your heirs will treasure for the rest of their lives.

Buying funeral insurance

Ensuring the cost of a funeral is covered before the time of death will guarantee your family is not left with the financial burden. If your life insurance policy doesn't cover the service expenses, it's refreshing to find a third party who does. Check with your insurance agent.

According to the National Funeral Directors Association, the average cost of a funeral with viewing and burial services was \$7,360 in 2017. Consider the burden loved ones face if there is no policy in place to cover the cost. This expense can cripple the financial security of family members, especially if they are responsible for other unresolved debts.

Burial insurance

This important type of insurance can sometimes be offered by licensed funeral homes in your area. However, the Insurance Information Institute says that under most state laws, a policy must be acquired through a broker or agent at an insurance agency. Be sure to shop around for the best policy available based on your age, health conditions and coverages.

Burial life insurance

immediately pays your beneficiary at the time of death. They are free to disperse the money as they wish. Most find peace of mind by covering funeral expenses, medical bills or outstanding debts which may be owed.

Pre-need funeral insurance

Much like burial insurance, this policy is in place to prepay for foreseen costs like burial or cremation services, funeral arrangements and church donations. The main difference in pre-need insurance is that the available funds are given to the funeral service provider you choose. Understanding the finances are directly going toward the right outlets is an important aid for family members who are grieving. When shopping for policies, look for services who offer a locked in price. This protects you against the rising costs of expenses by guaranteeing your service will be priced at today's standards.

Discussing with family

Talking about death with loved ones is never easy. However, being honest about your final service expectations helps everyone be prepared when the time comes.

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Organize your finances

Your debts don't disappear at the time of death. In many cases, your family may be held responsible for any outstanding obligations. When planning your estate, spend time organizing your finances to ensure an executor knows what you owe and how to make the payments.

A life insurance policy means more than leaving something behind for your loved ones, it should also cover funeral expenses and fund your financial responsibilities. Determine the amount you owe and adjust your plan with an insurance agent.

Your family members will be dealing with grief at the time of your death, what you do to ease the stress before the fact, can make it easier for them to adjust.

Important documents

You should print out clear documentation of life insurance policies and retirement plans, including pensions and annuities. Keep them in a safe place and disclose the location with loved ones. At the time of death, they will require these forms to ensure your contribution is dispersed to the right person, rather than going unclaimed and ending up with the state.

It's a good idea to give copies to your estate planner, attorney or even in a

safe-deposit box. These documents should be easily accessible when they are needed.

Gathering debts

Another set of documents you will need to disclose with your estate executor is a list of your financial responsibilities. These include mortgages, vehicle commitments and credit card debts. Keep your account information in a secure and organized portfolio to make payments easier.

Don't forget to update balances regularly to keep numbers accurate.

A great expert to have when gathering your debts is a financial advisor. Together, you can set up beneficiaries for retirement plans, allow family to access accounts and even create savings strategies for your surviving family and finances.

Leave clear instructions

Modern technology makes bill paying easy with services like autopay. Make sure your loved ones know how and what comes out of your bank account.

It's easy to forget small charges like subscriptions and utilities.

They should know how to opt out of these fees as every dollar can be crucial when meeting final financial obligations.

LEAVING A LEGACY

• General will I be remembered after I'm gone?" There comes a time in our lives when we begin to ask ourselves this question.

It's important for us to feel that we are leaving behind a strong example for our family members and friends to carry on. We want our work to continue and our spirit to remain strong.

One of the best ways to achieve these important goals is through proper legacy planning. Working with a local attorney to determine what you want your legacy to be is the first step. You will need to answer questions about what is most important to you and how you want to leave it behind.

Legacy planning goes beyond estate planning because of the creative aspect. You can build various parts that form one main legacy, such as setting up multiple scholarship funds to be doled out at your high school alma mater, or a sizable donation to the charity of your choice.

How you want to leave your legacy is your choice. You can either talk it over with your family members or keep your decisions under wraps until the time comes to unveil them.

Fund a Scholarship

One way to positively impact your community for years to come is to set up a college scholarship program with some of your financial savings. Coordinate doing so with your target high school and an attorney who specializes in wills, trusts and estates.

Once the details are set on the legal end, this can be a fun project because you can choose specific eligibility requirements for the scholarship.

Let's say you've been interested in the music arts for many years. Your scholarship can be offered only for students who wish to pursue a career in music.

You can make the application process require an original recorded piece for consideration for the scholarship. Don't forget to set up a collection of friends or school officials as the scholarship board, which will be entrusted with keeping the legacy going and selecting the winning students.

Making a Difference

You don't need a substantial amount of financial savings to make a difference in your community. In fact, acts such as donating books to your local library or funding the development of a new bench at a local park are small yet meaningful ways to establish a legacy.



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Are there certain organizations in which you firmly believe? Maybe you've devoted large chunks of time to advancing their goals and missions. A lawyer can help you set up a will that lays out how your estate will be split among the groups for which you are most passionate.

Building a Nonprofit or Foundation

One way to positively impact your community for years to come is to set up a nonprofit organization or a foundation with some of your savings. This can be an enjoyable project because you will be able to visualize how your contribution will make a positive impact on society.

Your new entity can perhaps fund initiatives such as feeding the hungry in your community or providing coats to children who need them during the winter. Think of the causes that are important to you and talk with your attorney about the proper ways to structure and build your plan.

Talk it Over

Many people have a difficult time deciding how they'll divvy up their savings and possessions when they pass away. Emotions may run high if one of your family members feels they aren't receiving equal amounts of your estate.

That's why talking about making a large charitable donation is so important. Trustworthy, loving family members will respect your wishes to contribute some of your financial savings, property or even possessions to a charitable organization.

Others may have negative feelings toward your decision. It's critical that you have an open discussion with your closest family members to get feelings out on the table to achieve an honest dialogue.