



Your Hearing Aids Can Talk to Your Phone—Here's What That Means for You

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Remember when hearing aids were just about making things louder? Those days are gone. Modern hearing aids connect directly to your smartphone, transforming how people with hearing loss communicate, stream media, and

navigate daily life. If you're considering hearing aids or already wear them, understanding this technology can change your entire experience.

Direct Streaming Changes Everything

Today's hearing aids function as wireless earbuds, streaming phone calls, music, podcasts, and videos straight into your ears. No intermediary devices. No neck loops. Just clear, direct sound.

When someone calls, the audio routes directly to both hearing aids. Your voice gets picked up by your phone's microphone or, in some models, by microphones built into the hearing aids themselves. The result? Phone conversations that feel natural again, without the feedback squeal or muffled sound that plagued older hearing aid technology.

The Apps That Put Control in Your Hands

Smartphone apps have become the remote control for modern hearing aids. Audiologists can program these apps to let you adjust volume, switch between listening programs, and modify treble or bass—all from your phone screen. Some apps go further. They provide battery status

updates, help you locate lost hearing aids, and even allow your audiologist to make remote adjustments without requiring an office visit. For patients managing tinnitus, many apps include sound therapy features that stream soothing sounds directly through the hearing aids.

Which Phones Work Best?

Compatibility depends on your hearing aid brand and smartphone operating system. Most modern hearing aids work with recent iPhone models through direct Bluetooth connectivity. Android compatibility has improved significantly, though it varies more by phone manufacturer and model.

Before purchasing new hearing aids, discuss your current phone with your audiologist. They can verify compatibility and explain any limitations specific to your device.

Practical Benefits Beyond Phone Calls

The phone connection extends far beyond conversations. You can stream GPS directions while driving, making it easier to hear turn-by-turn navigation. Video calls with grandchildren become clearer. Audiobooks and podcasts stream directly, eliminating background noise that would otherwise compete for your attention.

Some hearing aid apps include "Find My Hearing Aid" features using your phone's GPS, helping locate misplaced devices. Others offer hearing aid usage statistics, showing your audiologist how often you wear them and in what environments—information that helps fine-tune your settings.

What to Ask Your Audiologist

Not all hearing aids offer the same smartphone features. During your hearing evaluation, ask specific questions: Does this model stream to both ears simultaneously? Can I adjust settings through an app? Will

my audiologist be able to make remote adjustments? What happens if I upgrade my phone?

At Heartland Audiology, Dr. Laci Namken can walk you through smartphone connectivity options during your comprehensive hearing evaluation, ensuring the hearing aids you choose match both your hearing needs and your technology preferences.

Getting Started

If you're experiencing hearing loss and want to explore how modern hearing aids can integrate with your smartphone, schedule a hearing evaluation. Dr. Laci at Heartland Audiology provides thorough assessments and can demonstrate how different hearing aid models connect with your specific phone.

The clinic is located at 1900 E. Military Ave, Suite 216, in Fremont, NE. Call (402)-459-2530 to schedule your appointment, or visit ([heartlandaudiology.com](https://www.heartlandaudiology.com)) (<https://www.heartlandaudiology.com>) to learn more about their comprehensive hearing healthcare services.

Office hours are Monday through Thursday, 9:00 AM to 4:00 PM, and you can reach them by email at (info@heartlandaudiology.com) (<mailto:info@heartlandaudiology.com>). For updates and hearing health tips, follow them on (Facebook) (<https://www.facebook.com/heartlandaudiology/>) and (Instagram) (<https://www.instagram.com/heartlandaudiology/>). Your hearing aids should work with your life, not against it. Modern smartphone connectivity makes that possible.

Lee Enterprises newsrooms were not involved in the creation of this content.

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