

FREE Breastfeeding Basics

Introduction Class

April 8, 2026

2465 Bonadent Drive, Suite 3, Waterloo, NY 13165

5:30pm - 7:30pm

Learn how to prepare for breastfeeding and gain the knowledge and confidence you need to successfully breastfeed your baby.

Class designed for pregnant moms in their 2nd and 3rd trimester + 1 support person!

Topics Covered:

- Feeding Positions
- Feeding Frequency
- Proper Latch
- Troubleshooting

Registrants will be eligible for a FREE car seat, diapers, wipes, onesie, and more upon completion of the class!

Registration is Required

(You do not need to reside in Seneca County for this class)

Please call 315-539-1920 or scan to register!



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