

2025 COLLEGES AND UNIVERSITIES GUIDE



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UVA Wise celebrates transformative fall of innovation, opportunity

CONTRIBUTED

The University of Virginia's College at Wise (UVA Wise) is making headlines this fall with a series of transformative developments that reflect its growing momentum in academic innovation, community engagement and student opportunity.

IPAD INITIATIVE WITH T-MOBILE PUTS CUTTING-EDGE TECHNOLOGY IN STUDENTS' HANDS

This semester, UVA Wise launched the latest phase of its innovate2elevate program, announcing a groundbreaking partnership with T-Mobile to provide every full-time undergraduate student with a cellular-connected iPad, Apple Pencil and smart keyboard.

Thanks to built-in access to T-Mobile's nationwide 5G net-

work, the initiative ensures students have 24/7 connectivity, both on and off campus, eliminating digital barriers and fostering seamless access to academic resources.

"This advancement in our innovate2elevate initiative reflects our deep commitment to student success, digital access and innovation in education," said Chancellor Donna P. Henry. "By partnering with T-Mobile to remove connectivity barriers, we are investing in our students' ability to thrive in and out of the classroom."

Launched in 2019, innovate2elevate continues to evolve. With this upgrade, students exchanged their previous iPads for new T-Mobile-connected devices, ushering in a new era of mobile learning and collaboration.

"This is more than an equipment swap," Henry added. "It's about access and preparing our students for success."

CAMPAIGN SUCCESS! UVA WISE RAISES \$103.8 MILLION TO HONOR THE FUTURE

UVA Wise also announced this fall that they surpassed a \$100 million fundraising campaign goal at their annual Benefactors Celebration. Fundraising efforts for the initiative totaled \$103,871,543.55 and will have an impact of \$131,275,796.51 thanks to the college's ability to secure matching funds from the University of Virginia's Bicentennial Scholarship program.

"Although we have reached our current goal, the work is not done! Your continued support guarantees the

College's remarkable story continues to transform and meet the needs of our future students for decades to come," said Chancellor Henry.

EXPANDING CAREER PATHWAYS

The college also opened its doors to national and regional leaders in the hospitality and gaming industry this fall. During a special panel titled "Beyond the Tables: Casino Management, Careers, and Community Impact," UVA Wise welcomed representatives from Hard Rock Hotel & Casino Bristol and the University of Nevada, Las Vegas (UNLV) to discuss the industry's growth and its relevance to Southwest Virginia and Appalachia.

Moderated by UVA Wise's Marcos Medeiros, the panel

included Allie Evangelista, president of Hard Rock Bristol, Shannon Wells, vice president of Human Resources at Hard Rock Bristol, and Scott Morrow, a gaming expert from UNLV who is set to teach a new Casino Management course at UVA Wise in spring 2026.

The event highlighted new educational and career opportunities for students, particularly in an industry gaining momentum in the region.

ADVANCING CYBERSECURITY RESEARCH IN APPALACHIA

In the realm of research and technology, UVA Wise earned a \$60,000 grant from the Commonwealth Cyber Initiative (CCI) to bolster cybersecurity research in Southwest

Virginia and Appalachia.

This funding positions UVA Wise at the forefront of critical cybersecurity work, with far-reaching implications for local communities and beyond.

A SEASON OF MOMENTUM

With cutting-edge technology in student hands, expanded academic programming and renewed investment in research, this fall marks a milestone season of success and growth for UVA Wise.

As the college continues to honor its mission, the fall of 2025 reflects a powerful commitment to preparing students not just for today, but for the ever-evolving challenges and opportunities of tomorrow.

Campus visits

One key step to choosing a college is visiting the potential campus.

Visiting the campus provides critical information about whether it is a good fit for you and whether the college or university is somewhere you want to spend the next several years of your life.

Educational institutes understand the importance of this and set up events where they can show off what they have to offer and answer questions that you have.

Many students start

making campus visits during their junior year, taking advantage of spring breaks or summer vacation.

PLANNING THE VISIT

Create a budget and set aside money for your trips. Calculate how much you will need to spend on transportation, food and other miscellaneous costs. This will help you determine how many campus visits you can do and set priorities for the most important ones.

Plan your trip so that you'll be able to take in

all you want to do. Research the college's website for available dates and times for campus tours and information sessions. The college may be able to help you with such things as transportation, lodging and meals or you may have to make all those reservations and ticket purchases on your own.

Find out whether there are programs at your high school that arrange group trips to colleges. You can also get together a group of friends and road trip to colleges you are all

interested in. You may want to make it a family trip to involve those who will be helping support you through your college career.

Get a map of the college campus before you go and highlight places you want to visit while there. If you are not attending a formal college-sponsored visit, contact the admissions office and see whether they can arrange a guided tour or suggest good times to visit. Some schools have virtual tours online that can give you a good introduction to the

campus and help you prepare for your visit.

DURING THE VISIT

Make the most of your time on campus. Attend an information session or meet with an admissions counselor. Walk around the campus and explore different buildings and facilities. Attend a class or meet with a professor in your area of interest. Indulge in the campus culture and talk with current students.

Ask about campus safety. Federal law mandates that educational

institutions provide information on crime in and around campus. Look at their annual security reports and ask the school about anything that concerns you.

Check out the gym or theater. Visit a dorm if possible. Make notes about your experience. Try to imagine yourself participating in different events. What places made you feel comfortable? What aspects didn't you like?

In addition to exploring the campus, spend some time in the local community.



Join in OUR MOMENTUM



www.uvawise.edu
#GOCAVSGO

At the University of Virginia's College at Wise, campus is bustling with possibility.

Participation in undergraduate research is soaring; the number of clubs and organizations climbs every semester and more students than ever are studying abroad.

There is opportunity at every corner for Highland Cavaliers.

JOIN US!



UVA WISE

UNIVERSITY of VIRGINIA'S COLLEGE at WISE



College entrance exams

Even the bravest of students may experience anxiety when it comes to taking college entrance exams.

The pressures are high. Test scores can make a difference between getting into a dream school or having to settle for a second or third choice. A high score can also open the door to scholarships or special programs at a university.

The most common standardized college entrance exams are the SAT and the ACT.

These aren't the only two college prep exams, however. The CLT—Classic Learning Test—is a newer alternative that some colleges accept. Other schools may require SAT subject tests or advanced placement tests. International students may be required to take a TOEFL—Test of English as a Foreign Language.

PREPARING FOR THE EXAMS

The University of Portland

advises students that the best way to prepare for college exams is to take challenging high school classes and apply yourself to your studies. The College Board agrees and also adds that you should read and write as much as you can.

However, that doesn't rule out specific test prep. Start early and stay consistent. Create a study schedule that fits your needs and stick to it. While there will be lots of people telling you what the "right" way is to prepare, find what works for you and fits your learning style.

Some preparation techniques include taking practice exams, using study guides or online resources and seeking assistance from a tutor or teacher.

When taking practice tests (and both major tests have free online versions), be sure to time yourself and create an environment that is like the test-taking one.

REVIEW THE TEST'S FORMAT

The SAT has two main sections—evidence-based reading and writing and math, with an optional essay. The ACT has four sections—English, math, reading and science with an optional writing section. This can help students decide which test they want to take.

If a student excels in math, the math portion makes up 50% of the SAT while it is only 25% of the ACT. The SAT allows for more time per question than the ACT does.

TAKING THE EXAMS

Get a good night's sleep the night before the exam and then eat a good breakfast.

If you are going to a testing center, arrive early to give yourself time to check in, find your seat and relax. Bring your admission ticket, photo identification and any necessary supplies such as a calculator and pencils. Bring a snack for breaks to help you keep your energy up.

Do not take any items that are forbidden and know what the policies are before you arrive.

Once the exam starts, manage your time wisely by pacing yourself and answering the easier questions first. Remember to read the directions carefully and check your work for errors.

AFTER THE EXAMS

You will receive a score report indicating your performance. If you are not satisfied with your score, you can retake the exams. However, keep in mind that while some colleges will use only your highest score, others may take an average of all your attempts.

When you are researching schools to apply to, knowing your score can be helpful. Some schools require specific scores while others use the score only as one factor among many. There are even schools that offer test-optional admissions.

Building a class schedule

An exciting part of college life is getting to choose your own classes.

College tends to offer far more options than high school ever did with opportunities to deeply explore academic topics. There is likely a wealth of extra-curricular activities to choose from. You'll also need to carve out time to study and you may even need to work while attending school.

A well-planned schedule can help you stay on track with your academic goals, manage your time effectively and balance your extra-curricular activities. Learning how to schedule early on can keep you on track and help you save valuable time. It can even make the difference in whether you graduate in four years or five.

SELECTING CLASSES

An academic advisor is a key partner to your academic success and can help ensure you plan a pathway to achieving your degree. Make a list of the courses you need to take and refer to it throughout your college career so that you can ensure you are on track to meet your graduation requirements.

Consider your learning style when selecting classes. Do you learn best through

lectures? Do you prefer more interactive classes? If there are choices available, research the class size and format. Will you excel taking online courses or do you prefer in-person classes?

Talk to your fellow students, especially those in your major, to find out how different professors teach so you can match their style to your needs.

When you can, make room in your schedule to take classes that you will enjoy, that will give you the opportunity to learn about something that you've always wanted to learn about, especially in your first few years of school. It may prompt you to change your major or to add a minor.

Consider the difficulty of the coursework when you are building your class schedule. Balance each semester so that you have some classes that are challenging with others that are less difficult. If you can, look at a syllabus before signing up for a class. Some classes will require more writing or projects. Figure out ways to spread these classes out.

Some classes you need to take to graduate will have prerequisites. Plan those carefully so you don't miss out on a class that is offered only once a year because you don't

meet the requirements.

SCHEDULING AIDS

Create a time management plan to help you balance your academic and personal obligations. Allocate time to study, work and other activities. Build your schedule around these priorities and avoid overloading your schedule with too many classes.

Most colleges and universities have online registration tools. Use them to help you search for classes, view available times and locations and register for classes. These can help you avoid signing up for classes with conflicting times or that are too far apart on campus for you to make it from one class to the next.

Don't hesitate to reach out to professors or teaching assistants during office hours or over email to get additional help or support. They can help to clarify concepts and answer questions about coursework.

Be flexible when building your schedule. Sometimes classes may be full or schedules may change and you'll have to adjust your plan. Be prepared to make changes. It's part of college life.

Milligan University freezing undergraduate tuition rate, bolstering academic merit scholarships in 2026-27

CONTRIBUTED

Milligan University is pleased to announce that undergraduate tuition will not increase for the 2026-27 academic year. Additionally, Milligan has significantly increased its academic merit scholarships for both first-time freshmen and transfer students.

“Our decision to keep undergraduate tuition rates flat for the upcoming academic year while increasing our academic merit scholarships underscores our commitment to ensuring an excellent Christian liberal arts

education remains attainable,” said Milligan President Dr. Stephen Waers. “The net price of a Milligan education is extremely competitive with both state and other private institutions, and we are taking steps to ensure that continues.”

Tuition at Milligan rose just 1% for the 2025-26 academic year, well below the 3.7% inflation rate projected by the Higher Education Price Index (HEPI). The decision to keep undergraduate tuition rates flat for the 2026-27 academic year signifies another step toward

keeping a quality education within reach for students and their families.

Milligan has also bolstered its academic merit scholarships for first-time freshmen and transfer students who achieve academic excellence. In addition to the university’s Jeanes Honors Scholarships – full-tuition scholarships that are awarded to two undergraduate students each year – Milligan has substantially increased multiple academic merit scholarships at the point of admission to qualifying students.

The university will

also continue to provide need-based grants and scholarships. Over 95% of all Milligan undergraduate students receive scholarships and/or need-based grants from the university.

Milligan is currently ranked No. 11 among the Best Value Schools in the South by U.S. News & World Report due to its strong academic quality and comparatively low cost of attendance. The university is also ranked among the top 25 Best Regional Universities in the South by U.S. News.

Among universities



CONTRIBUTED

located in Tennessee, Milligan is the second highest-ranked school in both the Best Value and Best Regional Universities categories. Milligan is the highest-ranking school in Northeast Tennessee on both lists.

Prospective undergraduates and their parents can learn more about how flat tuition rates and increased scholarship opportunities might affect their cost of attendance by visiting milligan.edu/netprice.

AFFORDABLE. EXCELLENT. CHRIST-CENTERED.

- **No tuition increase** for the 2026-27 academic year
- **Increased academic scholarships**
- Visit milligan.edu/netprice today to get your estimated cost.

MILLIGAN UNIVERSITY

Rooted in **CHRIST**. Empowered to **SERVE**.

Navigating the library

Even with the internet, the library remains a central part of college life.

Navigating a college library can be a daunting task, especially for first-year college students who are still getting used to the academic environment. However, with a little guidance and preparation, using it can become second nature.

LIBRARY LAYOUT

The first step is to familiarize yourself with the library layout. Take a tour and make note of where important areas are located, such as the reference desk, circulation desk, stacks and study areas. Learn where the restrooms are. If you already know your major, find out where most of the books in your subject area are shelved. Knowing where these areas are located will save you time.

Some libraries will have computer labs, archives and special collections.

Many university libraries will offer floor plans and maps. Also, large universities may have multiple

libraries, each with a different focus. Learn which libraries your campus has and where they are.

SEARCHING FOR BOOKS

Knowing how to search for books is an important skill when using a college library. You can search for books by author, title, subject or keyword.

A useful place to start is the library's online catalog or database. College libraries use a catalog system to organize their collection of books, journals and other materials. Ask a librarian for help if you're unsure of how to use the catalog system.

LIBRARIANS TO THE RESCUE

Speaking of librarians, they can be one of the heroes of your academic journey. Trained to provide a welcoming and inclusive environment for all students, their goal is to help you feel confident using library resources and to connect you to other campus resources.

Reference librarians are experts in

research and can help you find the resources you need. If you're struggling to find a specific book or article, don't hesitate to ask for help. They can also help you with citation formatting and other research-related questions. They'll have good information on developing research strategies, accessing scholarly sources and refining research topics.

Librarians can help you evaluate information sources, explaining the difference between scholarly and popular sources and demonstrating how to identify bias in information sources.

Today's librarian has a lot of technological know-how and can help explain how to access and use library technology such as databases, online catalogs and research tools.

STUDY SPACES

Most college libraries offer a variety of study spaces, including quiet areas, group study rooms and computer labs. Learn where these are and then find out what the rules

and etiquette of each room are.

Some spaces are first-come, first-served while others can be reserved. They are likely to fill up fast during midterms and finals.

ONLINE RESOURCES

Take advantage of online resources such as e-books, articles and databases. Many of these resources can be accessed from anywhere, making it a convenient option. Most college libraries subscribe to databases that provide access to newspaper, magazine and scholarly journal articles. Others offer streaming videos and online tools that you can log into with your student ID or password.

Find out whether there are 24/7 support resources available through your library where you can ask research questions via email, text or live chat.

Navigating a college library may seem overwhelming at first, but with a little practice and preparation, it can become a valuable resource for your academic success.

Extracurricular activities

College isn't all classes and studying. Learning takes many forms—including participating in campus organizations and activities.

These activities are an essential part of your college experience. They help you develop new skills, make friends and build a sense of community on campus. They're also a great way to form connections, identify mentors and network.

SELECTING ACTIVITIES

Take some time to identify your interests. Consider what hobbies or activities you enjoy and what skills you would like to develop. This will help you find an activity that is both enjoyable and beneficial.

While some people choose activities that will help build a resume or contribute to

future job skills, you can also benefit from something that is completely separate from your major. First, you never know what skills you might need in the future, but secondly, it is important to have mental breaks doing things that enrich your life.

Consider trying something you've never done before. College can be a great time to break out of old routines, experience new things and expand your boundaries.

Most colleges and universities offer a variety of extra-curricular activities, including clubs, sports teams and volunteer organizations. Research the options and identify ones that align with your interests and goals.

Club fairs are a great way to learn about the different extra-curricular activities

offered on campus. Attend the fair, talk to representatives from different clubs and learn more about what they have to offer.

Attend a meeting or two of the extra-curricular activity you are interested in. This will give you a better sense of what the activity is like and whether it is a good fit for you.

If you can't find an organization that focuses on your passion project, consider starting one. Seek out a faculty member who will support you and research whether your university has available funds that can be used to start new groups.

MANAGING PARTICIPATION

When selecting extra-curricular activities, be mindful of time commitments. Make sure you have

enough time to balance your academic responsibilities with your extra-curricular activities.

Figure out how you want to be involved. Attend meetings, participate in events and volunteer for leadership roles if possible and appropriate. This can help you get more out of the experience and make meaningful connections with your peers.

Extra-curricular activities can help you develop a variety of skills including leadership, teamwork, communication and problem solving. It can help you evolve social skills that will contribute to both your enjoyment of life and your future professional success. Be intentional about building these skills and leveraging them in your

academic and professional pursuits.

While extra-curricular activities are important, so is finding balance. Don't take on so many activities that it interferes with your studies or—just as importantly—time for self-care and relaxation. They should enrich your life, not cause you so much anxiety or stress that it becomes difficult to function. When you need to, take a step back.

Extra-curricular activities can provide for some of your most memorable college experiences, adding depth to your life, enriching your relationships and helping you learn life-long skills. They're also a great way for you to find "your people" and form long-lasting friendships.

Studying abroad

Studying abroad during college can be a life-changing experience.

Studies abroad offer students the opportunity to explore new cultures, learn new languages and gain a broader perspective on the world.

PLANNING

There are many different study abroad programs available ranging from year-long or semester-long programs to summer programs. Common study abroad formats include exchange, faculty led, third-party, internship, language immersion, research and volunteer programs. Research your options and choose one that aligns with your academic goals, language proficiency and budget.

You'll need to carefully plan. Research such things as visa requirements, health insurance and travel arrangements well in advance. Talk to an academic advisor about how credits earned abroad will transfer back to your home institution.

Studying abroad can be expensive. Budget carefully and explore available scholarships and financial aid options. Find out the cost of living in your host country and plan accordingly.

GETTING THE MOST OUT OF THE EXPERIENCE

This is an opportunity to immerse yourself in a new culture. Participate in local activities, explore the city and country and

interact with locals. If you are studying in a country where the primary language is different from your native language, take the opportunity to learn the language. This will help you navigate your host country and improve your language skills, which can be a valuable asset to you in the future.

Studying abroad can be challenging academically and culturally and you'll need to manage your expectations. Be prepared to adapt to a new academic environment, navigate cultural differences and manage homesickness.

Safety is always a concern when traveling abroad. Research the safety of your host country, take precautions to protect yourself and always be aware of your surroundings. Follow the advice of those who know the country well and pay attention to the rules of the host country.

Document your experience through photos, journaling and blogging. This will serve as a personal record of your experience and allow you to share it with others.

RESPECTING THE HOST COUNTRY

Respecting the culture of the host country demonstrates a willingness to learn and understand different cultures, promotes cultural exchange and helps to build positive relationships between individuals and nations.

Learn about the culture before you arrive by researching the history, customs and traditions of the country. Observe cultural norms and customs such as dress codes, greetings and social behaviors. If your host country has a dominant religion, be respectful of its practices and traditions.

Food is an important part of culture. Try local cuisine and be open to trying new foods.

Engage with the local community through volunteer work, attending cultural events and participating in local traditions.

Be aware of your own cultural biases and try to be open-minded and respectful of cultural differences. Avoid making assumptions or judgments about the local culture based on your own cultural norms.

Respect the laws and regulations of your host country, including following traffic laws, avoiding illegal activities and respecting cultural property.

Be humble and willing to learn from your host country, its culture and its people.

Depart with your sense of adventure intact and be ready for a life-changing experience that you'll remember for the rest of your days.



Go Beyond
etsu.edu

A Top Outdoor Adventure College
in the Southeast
Blue Ridge Outdoors Magazine

180+
ACADEMIC PROGRAMS

1000+
MILITARY-AFFILIATED STUDENTS

TOP 10% IN THE NATION
IN LEAST AMOUNT OF STUDENT DEBT
U.S. News and World Report

 **EAST TENNESSEE STATE UNIVERSITY**

ETSU Gatton College of Pharmacy celebrates 20 years

By JONATHAN ROBERTS and
STEPHEN WOODWARD

In the early 2000s, Northeast Tennessee faced a critical need: more pharmacists.

However, without financial support from the state, the challenge of building a college of pharmacy at East Tennessee State University fell squarely on the community's shoulders.

Dr. Larry Calhoun, the college's first dean and one of the key players in the college's founding, recalled that former Tennessee Gov. Phil Bredesen issued a challenge to raise \$5 million in private funding for the school within 90 days.

It was a tall order, and the community

delivered – a success story that can be attributed to the support from donors big and small, including the late Bill Gatton, for whom the college is named, and the elected officials who fought to make it a reality.

“This community raised \$5 million and surpassed that goal in just 58 days,” Calhoun said.

The idea for a local college of pharmacy originated with Guy Wilson, a community pharmacist who collaborated with university leaders to address the increasing demand for trained pharmacists in the region, especially in light of a nationwide pharmacist shortage.

ETSU President Emeritus Dr. Paul E. Stanton Jr., president of the university at that time, saw the need and championed the cause for a college of pharmacy at ETSU.

Two decades later, the college remains a powerful example of what's possible when a region unites for a common purpose.

Now celebrating its 20th anniversary in 2025, Gatton has grown into a nationally recognized institution, producing pharmacists committed to serving rural and underserved communities. Its mission is reflected in exceptional student outcomes and awards:

- The Class of 2023 ranked No. 2 in the

nation for their NAPLEX first-attempt pass rate; the Class of 2025 is on track for another record pass rate.

- In a 2024 survey by the American Association of Colleges of Pharmacy (AACP), 100% of alumni respondents said they would choose Gatton again.

- The college's American Pharmacists Association-Academy of Student Pharmacists (APhA-ASP) Operation Substance Use Disorders committee is once again No. 1 in the nation, making it the most nationally recognized group of its kind.

- In 2022, the college received the AACP



CHARLIE WARDEN/ETSU

Lawrence C. Weaver Transformative Community Service Award, a top national award for service to the community.

- Thousands of COVID-19 vaccines were administered by students, faculty and alumni during the pandemic.

“ETSU Bill Gatton College of Pharmacy was built by the people of this region, for the people of this region,”

said Dr. Debbie Byrd, dean of the college. “It's truly incredible to see the growth and impact this college has had in just 20 years, and it excites me to think of where we will be after the next 20 years.”

Applications are open and scholarships are available. Learn more and apply at etsu.edu/pharmacy.

READY. SET. IMPACT.

Become a **pharmacist** with
a servant's heart at ETSU.



BILL GATTON
COLLEGE of PHARMACY
EAST TENNESSEE STATE UNIVERSITY

20
YEARS

Scholarship deadline: Dec. 1, 2025
Early Admission Pathway available for
ETSU freshmen and high school seniors

etsu.edu/pharmacy

Dorm checklist

Moving out for the first time can be both exciting and terrifying. Once you're out on your own, you notice all sorts of the conveniences of home that you took for granted.

The first thing to do is to make sure of the rules and regulations pertaining to what you can and cannot have in the dorms. Also make note of what the dorm may provide for you (a mattress) and may not (a fridge).

Now let's run down the list of things you probably need to shop for.

BEDDING AND BATH



• Bedsheets, blankets and comforters, probably in a twin XL

• Mattress pads. Trust us on this one. Probably in a twin XL

• Pillows and pillowcases
• Ear plugs, if

you're a light sleeper
• Paper towels and toilet paper
• Towels, including hand and bath towels
• Under-bed storage bins
• Shower shoes for use in a communal shower
• Basket or shower caddy

PERSONAL CARE

You may have been used to the floss and your deodorant magically reappearing whenever you needed it. No more. Now it's up to you. Here's a list to get you started shopping for your own personal care needs.

• Bath soap or

shower gel
• Shampoo and conditioner
• Deodorant
• Brush, comb and other hair styling tools
• Toothbrush, toothpaste, mouthwash and floss
• Shaving kit
• Makeup box or kit, lotions and other cosmetics
• Cotton swabs
• First-aid kit
• Nail clippers and a file
• Handheld mirror
• Scale
• Shower mat
• Medicines

Finding the right roommate

One of the best experiences in college is living with a roommate or two or three or 10.

Some college roommates end up lifelong friends, some end up as stories we tell again and again. Here are some tips for finding the perfect college roommate.

MAKE A PLAN

Start out your roommate search by making a plan. Think about the people you hang out with and enjoy the most. Watch how those people live their lives and consider carefully what you like about them.

Think about your priorities in a living

environment and compare how those people tick those boxes. Do you prefer cleanliness? Are you messy? What are your sleep habits? Look at every facet of your life and write down the characteristics that are important to you.

GO ON A ROOMIE DATE

Don't be afraid to talk to potential roommates. Ask tough questions and remember they are just as nervous as you are about the whole thing. Don't rely on a parent, older sibling or your RA to help you with this, though, the final decisions are (as they should be) up to you.

You can ask for advice, but remember this is your life and your roommate. You're the one that will have to live with them.

POTENTIAL QUESTIONS FOR A ROOMMATE

Here are some questions you might ask someone you're considering for a roommate, courtesy of Dickinson College.

- Discuss your sleeping habits.
- Talk about what temperature you like in your room.
- Discuss your sense of humor.
- Discuss your schedules and what time you typically come home.

EMORY & HENRY UNIVERSITY

FOOTBALL & MORE
FALL 2025

Sat., October 18
vs. Wingate,
Homecoming

Sat., October 25
Admissions Open House
& Health Sciences Open House

Sat., November 8
vs. Shaw
Marching Band
& Color Guard Day,
Admissions Sat. Visit Day

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NCAA DII
SOUTH ATLANTIC CONFERENCE

Spotlight on Excellence: Tennessee College of Applied Technology Elizabethton

CONTRIBUTED

The Tennessee College of Applied Technology (TCAT) Elizabethton has long stood as a cornerstone of workforce development in Northeast Tennessee.

With a mission to provide high-quality, affordable technical training that equips students for immediate entry into high-demand careers, TCAT Elizabethton is consistently recognized for its excellence in education, community partnerships and student success.

At TCAT Elizabethton, programs are designed

with industry needs in mind, ensuring that graduates leave with the skills employers are actively seeking. The college offers more than 20 programs of study, ranging from traditional trades like building construction technology, welding and machine tool technology to modern fields such as computer information technology, industrial maintenance-integrated automation and practical nursing.

Each program combines classroom instruction with hands-on training in real-world environments, giving students

confidence and experience before they enter the workforce.

What truly sets TCAT Elizabethton apart is its commitment to student success and personalized support. Instructors bring decades of industry experience to the classroom, offering mentorship and guidance to help students achieve their goals. With small class sizes, students receive individualized attention and the opportunity to master their trade at their own pace.

Flexible scheduling and financial aid opportunities, including Tennessee

Promise and Tennessee Reconnect, make training accessible for both recent high school graduates and adult learners seeking career advancement.

The college's strong partnerships with local business and industry ensure that training aligns with workforce needs. Advisory committees composed of regional employers provide input into curriculum development, guaranteeing that TCAT graduates are prepared to contribute immediately on the job. Many students participate in work-based learning experi-



CONTRIBUTED

The Tennessee College of Applied Technology (TCAT) Elizabethton has long stood as a cornerstone of workforce development in Northeast Tennessee.

ences, bridging the gap between classroom training and full-time employment.

With a reputation for excellence and a proven record of preparing students for

rewarding careers, TCAT Elizabethton continues to change lives, strengthen communities and shape the future workforce of Tennessee.



A LEADER IN TECHNICAL EDUCATION AND INDUSTRY TRAINING

We're making higher education accessible to more Tennesseans.

Specialized Training for Business and Industry

The Tennessee College of Applied Technology in Elizabethton, the premier provider of workforce development in Carter, Johnson, Sullivan, Unicoi, and Washington Counties provides specialized training to business and industry.

TCAT Elizabethton offers training in the following categories:

- Heavy Equipment Operator
- Diesel Powered Equipment Technology
- Industrial Maintenance
- Machine Tool Technology
- Meat Processing Technology
- Off-Road Diesel Technology
- Patient Care Technology
- Practical Nursing
- Retail, Hospitality, Tourism Technology
- HVAC/Refrigeration
- Industrial Electricity
- Integrated Automation
- Millwright Skills
- Nutrition and Foodservice
- Online Programs
- Pipefitting and Plumbing Technology
- Truck Driving
- Welding

TCAT Elizabethton offers nationally recognized industry certifications taught by master industry instructors.

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King University strengthens campus–community partnerships

CONTRIBUTED

In addition to developing new degree programs that strengthen the regional workforce and expanding ties with local industry, King University is seeking to further cultivate the many relationships between campus and the greater Tri-Cities community.

“We know that a big part of student success comes from the conversations they have with members of the community and extracurricular activities they take part in,” said Andy Tooley, Ph.D., president of King. “Because of this, we want to thank and celebrate all those businesses and individuals who have invested and continue to invest in our students. We also know our university can return that investment by being a partner that not only offers lifelong educational opportunities but also provides a pipeline for emerging talent and a place that brings the community together.”

BUILDING COMMUNITY THROUGH SHARED CURIOSITY

One of the central offerings King shares with the local community is the opportunity to connect with nationally recognized artists, authors, performers and scholars through the King Institute for Faith &

Culture (KIFC). The goal of the KIFC is to create spaces where students and guests can gather, ask questions and take part in the wonder and inspiration that is part of a lifelong pursuit of learning.

Past KIFC speakers include winners of the National Book Award, the director of the Vatican Observatory, Emmy-winning investigative reporters, Grammy-winning vocalists and theologians addressing ethical issues in the workplace.

“We very purposefully host KIFC events on campus as well as at partner locations throughout Bristol,” said Martin Dotterweich, Ph.D., director of the KIFC. “We want our campus to feel open and accessible to guests while extending our reach into the community as we cultivate curiosity together. As a result, we often see guests who join us with the expectation they will simply enjoy listening to a presentation, but who find themselves engaged in conversation with our speakers and with others around them. Many go home equipped with long-sought answers, new ideas, and new friends.”

Thanks to the support of local philanthropists, KIFC events are presented free of charge. A full schedule is available at king.edu/events.



EARL NEIKIRK/NEIKIRK IMAGE

king.edu/events.

COMPETING AND CELEBRATING TOGETHER

Last fall, King completed the construction of a new outdoor track and field complex that offers local athletes a much-needed facility to practice and compete. King’s first day-long track meet was held earlier this year, with numerous teams joining from across the region. Work is now ongoing to make the complex more open and comfortable for guests with the addition of a new concession stand, restrooms and a walkway.

“As a campus nestled within a neigh-

borhood, we want our university to bridge the gap between downtown and our surrounding communities,” Tooley said. “We hope the new concession stand and other planned campus improvements will invite more guests to join us for athletic and family-oriented events, including our annual KingFest, a celebration featuring food, games, and music that will take place on Saturday, October 4, 2025.”

The new outdoor track also offers neighbors and guests a scenic, safe place to exercise when athletic events are not in session. Work on the additional facilities is

expected to be completed in time for fall athletic events. Tornado athletic calendars are available at kingtornado.com.

AN INVITATION TO PARTNER

King University’s story is one of partnership between students and mentors, campus and community, and today’s opportunities and tomorrow’s possibilities. As the university continues to invest in new facilities, programs and cultural initiatives, it also extends an open invitation to businesses, nonprofits, alumni and neighbors throughout the Tri-Cities.

Whether by attending a KIFC lecture, cheering on Tornado athletics, offering internships, or sharing professional expertise, community members play a vital role in shaping the next generation of leaders. A strong relationship between King and our community means a more educated workforce that drives economic growth and attracts other talented people to the area.

To learn more or explore ways to connect, reach out to vice president for advancement, Brian Shupe, at bshupe@king.edu or visit king.edu.

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