

Missourian

ATHLETE

OF THE WEEK PROGRAM



Name: Mia Lanemann

Sport: Golf

Grade: Senior

School: Washington HS

Reason for Nomination: Mia has led the Lady Jays all season on the course. She has been the medalist in every match but two all season. Her season average is the lowest in our area. Recently, she won medalist honors at the St. Clair Bulldog Invitational and Franklin County Cup. She also placed fourth in our conference tournament this season. As far as girls golf is concerned in our area, Mia has been the one to beat all year.

Reason for Nomination: At the Fort Zumwalt North Invitational, Gabe Rio made history. He was part of the JV medley relay that placed first and beat the meet record. He placed fourth in the individual medley and beat the school record. He placed fourth in the butterfly and got a personal best, and his 400 freestyle relay placed third overall. Gabe always has a "can do" attitude. He gives his 100 percent all the time and is a reliable swimmer and teammate.



Name: Gabe Rio

Sport: Swimming

Grade: Sophomore

School: SFB RHS

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