

Schedule your
mammogram
today.



LIVE Your
Healthiest **LIFE**

October is Breast Cancer Awareness Month, and there's no better time to schedule your mammogram. One in eight women will someday experience breast cancer. That's why preventive screening is a vital part of a healthy life. If you are 40 or older, a 3D mammogram can detect breast cancer early, when treatment is most effective.

Ask your provider if it's time for your mammogram — so you can live your healthiest life, this October and all year round.

Take our Breast Health Risk Assessment at NNRHospital.com/mammo
To schedule your mammogram, call **775.748.2243**

