



NOW is the time! Put health on your to-do list.

LIVE Your Healthiest **LIFE**

Use your healthcare benefits before the end of the year!

If you've met your insurance deductible this year, your cost for a check-up, screening or elective procedure could be minimal, or even zero. So, schedule an appointment with your provider today — before your benefits reset in January.

Which screenings or procedures are on your to-do list?

- Annual check-up
- Colonoscopy
- Immunizations
- Mammogram
- Wellness exam
- Hip or knee replacement
- Hernia repair
- Foot/ankle surgery
- Wound care

Make the most of your insurance benefits
with quality care, close to home.
We'll help you live your healthiest life.

To find a provider, visit [**NNRHospital.com/find-a-doctor**](https://www.nnrhospital.com/find-a-doctor)

